

Curriculum Vitae

Mr Matthew Forrest FdSc, BSc (Hons), NMP, PG Cert (Critical Care), NMP, MSc, MCPara
Advanced Clinical Practitioner – Emergency Medicine.

Credentialed Advanced Clinical Practitioner in Emergency Care in Adults and Paediatrics with
The Royal College of Emergency Medicine with interest in Pre-hospital Emergency Medicine.

Personal Information

Address: 35 John Corbett Drive, Amblecote, Stourbridge, West Midlands, DY8 4BJ
Email: matthew.forrest1@nhs.net
Home Telephone: 01384 624348
Mobile Telephone: 07854932090
Date of Birth: 7th February 1990
Place of Birth: Wordsley, United Kingdom
HCPC Number: PA32407
CoP Number: CP008472
RCEM Number: 14100

Memberships:

Full Member of the College of Paramedics
Associate of The Royal College of Emergency Medicine
Affiliate of the Faculty of Intensive Care Medicine
Member of BASICS
Practitioner member of Faculty of Pre-hospital Care Royal College of Surgeons

Educational Qualifications (For life support courses and CPD see below)

Date	Qualification Title	Place of Study	Grade
2021-2022	Community of Practice Leadership in Emergency Care	The Royal College of Emergency Medicine	Pass
7 th May 2022	Pre-hospital Advanced Cadaveric Trauma Skills Course- CARE Team – Nottingham City Hospital. Real time Cadaveric performing of: <ul style="list-style-type: none">• Front of neck access• Cut down IV line• Intraosseous insertion (atypical sites)• Lower and upper limb amputation• Bi-lateral finger Thoracostomy• Clamshell Thoracotomy• Resuscitative Hysterotomy• Lateral canthotomy• Le-Fort fracture facial stabilisation	West Midlands CARE Team (Nottingham City Hospital Campus)	Pass
2020-2021	Post Graduate Certificate in Critical Care <ul style="list-style-type: none">• Pathophysiology basis of Critical Illness• Supportive Care for Failing Organ Function	Queen Mary University London	Distinction

	<ul style="list-style-type: none"> Care of the Unconscious patient Neurocritical Care and Trauma Management 		
2018-2019	Independent and Supplementary Prescribing	Coventry University	Pass
2014-2017	MSc Advancing Practice 1 st year – Post Graduate Certificate Achieved 2015 <ul style="list-style-type: none"> Advanced Clinical Practice Advanced Clinical Health Assessment Advancing Practice / Advanced Practice 2 nd year – Post Graduate Diploma achieved 2016 <ul style="list-style-type: none"> Research Methodology, Design and methods Independent Study – Pain Management 3 rd Year MSc achieved 2017 <ul style="list-style-type: none"> Clinical Leadership Independent dissertation project Sedation in Emergency Care (Sheffield University) 	Coventry University	MSc with merit
2017	Sedation in Emergency Care Level 7 (15 Credits)	The University of Sheffield	75%
2011-2015	BSc (Hons) Emergency Practitioner <ul style="list-style-type: none"> Minor Injury Modules Minor Illness Modules SLAiP (Mentor and Assessors Course) Evidence based Practice and Research Emergency Care of the Sick Child 	Wolverhampton University Walsall Campus	2:1
2008-2010	FdSc Pre Hospital Unscheduled Emergency Care	Worcester University	PASS
2006-2008	Double A Level Award Health and Social Care	Stourbridge College	BC
2007-2008	AS Communication	Stourbridge College	B
2006-2007	AS Psychology	Stourbridge College	D
2004-2006 Secondary School	Media Studies	The Kingswinford School	A*
	Food Technology	The Kingswinford School	A
	English Language	The Kingswinford School	B
	Double Award Sciences	The Kingswinford School	CC
	Business Studies	The Kingswinford School	B
	Religious Education	The Kingswinford School	C
	French Language	The Kingswinford School	E
2004-2005	Mathematics	The Kingswinford School	B

Life Support Courses/ CPD

Date Course undertaken	Course Title and Location	Course Duration
February 2024	Novice Anesthetics – 3 months block for IAC sign off	3 months
6,7,8 th February 2024	European Trauma Course University Hospital of North Midlands (Stafford) Pass with Instructor Potential.	3 days
7 th May 2022	Pre-hospital Advanced Cadaveric Trauma Skills Course- CARE Team – Nottingham City Hospital. Real time Cadaveric performing of: <ul style="list-style-type: none"> • Front of neck access • Cut down IV line • Intraosseous insertion (atypical sites) • Lower and upper limb amputation • Bi-lateral finger Thoracostomy • Clamshell Thoracotomy • Resuscitative Hysterotomy • Lateral canthotomy • Le-Fort fracture facial stabilisation 	2 days
26 th November 2021	Emergency Department Thoracotomy Course Valid for 3 years	12 Hours online 6 Hours face to face
28 th June 2020	Joint injection Course – Medical Skills Courses	DL course.
10 th August 2019	Pre-hospital Emergency Anesthesia Assist Course West Midlands CARE Team	1 day
27 th August 2018	Ultrasound in the Resuscitation Room RCEM	1 day
January 2018	Advanced Trauma Life Support The Royal College of Surgeons Walsall Manor Hospital	3 days

February 2018	Level 1 Ultrasound Course The Royal College of Emergency Medicine RCEM HQ Octavia House	1 day
February 2018	Advanced Paediatric Life Support ALSG City Hospital Birmingham	2 days Passed with instructor potential recommendation
May 2017	Difficult Airway Course Russell's Hall Hospital	1 day
March 2017	Resuscitation Council Generic Instructors Course City Hospital Birmingham	2 days Instructor in ALS and ILS IC APLS
9 th and 10 th September 2015	Resuscitation Council Advanced Life Support (Adult) City Hospital Birmingham	2 days Passed with Instructor potential recommendation.
14 th & 15 th November 2014	Oxford University National Major Trauma and Pre-Hospital Emergency Medicine Conference Practical Skills taught and Practiced. Major haemorrhage Thoracotomy Chest drains Emergency tracheotomy RSI assistant Ultrasound in Pre hospital medicine.	2 days
13 th June 2014	Male Catheterisation and Super-pubic Catheterisation Technique and Management Sandwell and West Birmingham Hospitals NHS Trust	1 Day
14 th , 22 nd , 23 rd May 2014	Pre-Hospital Trauma Life Support (PHTLS) and Emergency Chest Drain Insertion Nottingham City Hospital	3 Days
11 th June 2013	Emergency Department Suturing Workshop Sandwell and West Birmingham Hospitals NHS Trust	1 Day
21-22 nd January 2013	RRV Advanced Driving Course West Midlands Ambulance Service	2 Days
11 th June – 6 th July 2012	West Midlands Ambulance Service Advanced Paramedic Course Advanced Health Assessment Applied Pathophysiology in Acute Care Assessment and Management of MSK injury	6 weeks

	Legal and Professional Issues in Advancing Practice	
2 nd May 2012	West Midlands Ambulance Service Trauma Update day Catastrophic haemorrhage Management Airway C-Spine Management Breathing Management Russell's Chest Seal Nightingale Dressing Circulation Management Pelvic Splints Triage EZ-IO Fluid Therapy Tranexamic Acid	1 Day
4 th October till 22 nd October	IHCD BTEC Level 3 Ambulance Emergency Driving West Midlands Ambulance Service	3 Weeks
5 th , 6 th , 7 th September 2007	IPMBA EMS Cyclist London Ambulance Service	PASS
Many other CPD courses undertaken, evidence can be seen upon request.		

Career Statement

Emergency Care Experience

I have been qualified as a HCPC Paramedic since 2010 graduating from Worcester University with a foundation degree in pre-hospital unscheduled emergency care. In 2012 I qualified with a BSc Emergency Practitioner Course from Wolverhampton University, and continued to complete with honours into 2014. I began working in 2012 at Sandwell Emergency Department as an Emergency Care Practitioner. As a practitioner, my role included seeing, assessing, investigating and discharging or admitting patient with array of illness and injury complaints. I was exposed to the Majors Illness and Injury area of the department. In addition to my normal practitioner work I also managed the Emergency Practitioner team for some time conducting rota management and sickness for the team and manage major incident preparation for the department.

During this time, I also worked for NEMS in a UTC at QMC Nottingham and conducting home visiting, telephone triage and consultation, out of hours appointments and UTC work, I completed this over a period of 18 months, coming to an end as my career moved on.

In June 2015, I moved to the sister facility at City Hospital, to support and manage poor performance within the Emergency Practitioner team, this exposed me to a huge expel of different patients and a different demand. The move was partially to make changes at City Hospital, but I also wanted to develop myself and my clinical exposure to a different ED setting. This provided me with many challenges, of which was enjoyable.

In 2014 I began to work for an Out of Hours Services in Nottingham (NEMS) here I undertook the role as a ECP seeing urgent care in the primary care setting; this has taught me the importance of assessing patients without the investigative means and this has developed me as a practitioner. Undertaking a primary care role for some time was an important eye opener and gave me knowledge in long term condition management. In additional I provided support to the A&E department of Queens Medical Centre Nottingham, seeing an array of complaints streamed to urgent care.

In January 2015, I was lucky to be part of a new development within the Ambulance service and supported the start of a Specialist Paramedic car, of which was manned by practitioners from a paramedic background who have A&E exposure. We targeted Walsall and Wolverhampton as two areas in the West Midlands; This encouraged the management of patients with chest infection, UTI's, exacerbations of COPD, lower back pain plus abdominal pain, traumatic wounds and complex medical patients, to be focused within the patient's own home. Management included utilising antibiotics, analgesia and other medicines, as well as referrals to specialities, community pathways and other services. A success, the car completed twelve months and made a great impact in decreasing the number of patients conveyed to the A&E departments in the areas trailed.

In September 2014, I started my MSc Advancing Practice Emergency Care at Coventry University (now named MSc Advanced Clinical Practitioner) this course exposed me and taught me advanced level of clinical health assessment, the management of complex medical demanding patients. Due to the legality of prescribing within my profession I undertook independent learning upon acute pain management as my specialist interest module. In addition, I studied at master's level sedation in Emergency Care, offering me the knowledge and practical supervision of sedation to level 2. In my final year I further studied leadership and a conduct a project dissertation looking to address middle grade staffing crisis in ED with the use of ACP's and the training requirements around such intervention. I achieved my full masters in 2017.

In 2016 employed at Russell's Hall Hospital in Dudley. Here I worked upon the SHO Rota under the care of the medical team. There are no limitations that exist in patient

groups, one minutes to the next you can be seeing patients in resuscitation room, majors, minors, paediatrics, ED follow up clinic, ambulance assessment or in CDU. My knowledge and skill based has enhanced with clinical skills, clinical decision making and most defiantly has given me the exposure to manage all presentations of patients. I worked towards the deployment to the middle grade rota as the second senior on the shop floor on shift and with the role of running the floor or area of the department during the day shift; as well as providing senior support and care. I got my Band 8B and was the first employed Senior ACP, which came with managerial responsibilities and clinical responsibility also.

I have undertaken the lead ACP and was successful in making steps within the organisation to expand the role and continue to recruit with the intent to build a strong team.

In 2019 I moved to Walsall Manor Emergency Department, initially unsuccessful for the lead post, I took a band 8a role with the prospect of working in a department where change was ready to happen.

I became credentialed with The Royal College of Emergency Medicine in Adult and Paediatric Emergency Care, the first in the region to be dual trained and credentialed. I progressed to a Senior ACP role and have undertaken many projects and non-clinical work during this time, inclusive of initiating a clinical steering group, investigating serious incidents, mentorship and supervising and driving change through the COVID-19 pandemic.

I got the role of Senior APC Band 8b during this time and continued to work in the Emergency department to drive change.

In 2022 I was appointed as a Consultant Practitioner in Emergency Care at Gloucester Hospitals NHS Foundation Trust.

I took on the role in two folds, firstly working as a Consultant level practitioner in the Emergency Department, working on the consultant rota inclusive of a 1:6 weekend, offering Emergency Physician in Charge (EPIC) shifts, leading trauma teams within the resuscitation room and offering direct clinical care. Second fold, I line managed and lead teams across two hospitals for Advanced Clinical Practitioners, Emergency Nurse Practitioners in the Emergency Departments and further lead the Advanced Clinical Practitioner teams in AEC and Medical SDEC.

In 2022-2023 I was an interim Deputy Divisional Director of Quality & Nursing and then in 2023 took up Deputy Chief of Service for Medicine/ UEC as a sub leadership to the consulting post.

Critical Care

I studied Post Graduate Certificate in Critical Care at Queen Mary University London in 2020-2021, working on the Intensive Care Unit in a District General Hospital 20% of my time. This was general ITU with COVID holding much to the rotational experience I received.

During my study I opted to undertake the trauma management module, to which I confirmed my passion for critical care in the pre-hospital environment.

I continue to undertake Pre-Hospital Emergency Care with the West Midlands CARE Team, in a clinical support role, responding on behalf of West Midlands Ambulance Service as part of a team providing enhance care. I respond with the team frequently and undertake regular attendance as TEGS, and meetings to continue to develop. I have undertaken the PHACTS course and PHEA. I have worked many festivals, large scale events for over 20 years through a variety of voluntary and private sectors, leading further as the medical director for British Taekwondo competitions.

I furthermore, plan to undertake the DiplMC in the coming months.

Education and mentorship

In 2013 I became a visiting lecturer in Critical Care, Fire and Rescue and the Emergency Practitioner course for Wolverhampton University.

In 2016-2017 I also provide overseeing clinician and course directorship for the Ambulance Associate Practitioner role (AAP) which is a new course taking over the basic training for the ambulance service; this is with Lifeskills Medical UK. Here I provide teaching and provide guidance to the content of the course.

I continue to be an ALS, ILS, PILS and APLS instructor, also a ETC instructor candidate.

I have undertaken mentorship SLAiP as part of my BSc (Hons) Emergency Practitioner Course this seeing me mentor and supervise students from level 4 to Level 7 education across all professions.

I have supervised students in Masters education and prescribing as the DPS and DPS across organisations and for Midlands Air Ambulance Charity.

I am a named Educational Supervisor, Clinical Supervisor and panel assessor for ACPs for The Royal College of Emergency Medicine.

Regional and National work

I am sitting upon the College of Paramedics group for interest in medicine management (prescribing for paramedics).

I am a credentialed panel member for ACP Emergency Care for The Royal College of Emergency Medicine.

I am a Specialist Advisor in Emergency Care for the Care Quality Commission (CQC)

Setting me aside from my peers

I have achieved so much yet, have so much more to achieve. I am a driven individual and continue to seek for the next challenge.

Current Appointment

Advanced Clinical Practitioner in Community Emergency Medicine/ Pre-hospital Emergency Medicine – LIVES

Locum Advanced Clinical Practitioner – Urgent Treatment Centres, Emergency Department, Same Day Emergency Care/ Ambulatory Emergency Care, Acute Medicine

Previous Appointment

July 2022. Band 8B Consultant Practitioner Emergency & Unscheduled Care Gloucestershire Hospitals NHS Foundation Trust.

Educational Supervisor: Dr Luke Iddon, FRCER Consultant

November 2022 till February 2023

Interim Deputy Divisional Director of Quality & Nursing Unscheduled Care

July 2023 – June 2024

Deputy Chief of Service for Medicine, Urgent & Emergency Care

February 2019 – June 2020 – Band 8a Advanced Clinical Practitioner in Emergency Medicine.

June 2020 – Current – Band 8b Senior Advanced Clinical Practitioner in Emergency Medicine.

Walsall Manor Accident and Emergency Department, Moat Road, Walsall.

Specialist interest in Critical Care Medicine

Educational Supervisor: Miss Ruchi Joshi, MBBS, FRCER, FRCS, ED Consultant

Clinical Supervisors:

Dr Shahid Malik, MBBS, FRCER. Consultant in Emergency Medicine, department educator.

Mr Daniel O'Carroll, MBChB, MRCS, FRCER. Consultant in Emergency Medicine. TARN Lead.

Dr Atul Garg MBBS, FRCA, FFICM Consultant Anaesthetist and Intensivist.

Dr Aditya Kuravi, MBBS, FRCA, FFICM Consultant Anaesthetist and Intensivist.

Line Manager: Mr Gregory Markham, Consultant ACP Acute & Emergency Care

October 2018- February 2019 – Senior Advanced Care Practitioner in Emergency Medicine

January 2016 – October 2018 - Advanced Clinical Practitioner in Emergency Medicine

Russell's Hall Hospital Emergency Department, Dudley.

Educational & Clinical Supervisor: Mr Nicholas Stockdale, FRCER, MRCS, ED Consultant

Line Manager: Dr Joanne Taylor FRCER

January 2014 – June 2015 – Emergency Care Practitioner (BANK)

Nottingham Emergency Medical Services (NEMS)

Queens Medical Centre, Nottingham Emergency and Urgent Care Centre

November 2012 – February 2016 – Emergency Care Practitioner/ Trainee Advanced Clinical Practitioner

Sandwell and City Emergency Department

Educational Supervisor: Dr Jeremy Smith ED Consultant FRCER

Clinical Supervisors:

Dr Hema Patel ED Consultant

Dr Cliona Magee Consultant in Emergency Medicine and Intensive Care MBChB, FRCER, FICM

October 2010- March 2013 – HCPC Paramedic

(January 2015 – December 2015 – Specialist Paramedic in Emergency and Urgent Care)

West Midlands Ambulance Service University, NHS Foundation Trust

Manager: Stephanie Whitehouse

September 2008 – June 2010 – Student Paramedic

Worcester University with Hereford and Worcester Ambulance Service into West

Midlands Ambulance Service NHS Trust

Development courses and Emergency Medicine courses

Voluntary Roles

West Midlands CARE Team: ACP/ Paramedic (Present)

St John Ambulance: First Aider (2001-2010)

Publications

Title: Illness: Sore Throat

Author: Matthew Forrest, Steve Jefferies (2018)
Publication: College of Paramedics E-Learning Project

Title: Illness: Constipation
Author: Matthew Forrest, Steve Jefferies (2018)
Publication: College of Paramedics E-Learning Project

Title: English Karate Federation – Medical Guidelines
Authrors: Inman. D, Forrest M., Miles J., Bianchi J., Baker W., Burrell's J., Matthews A.
Publication: English Karate Federation

Title: British Karate Federation – Medical Guidelines
Authrors: Inman. D, Forrest M., Miles J., Bianchi J., Baker W., Burrell's J., Matthews A.
Publication: British Karate Federation

Working Group involvement

Walsall Manor Emergency Department Clinical Steering Group

Walsall Manor Emergency Department Sepsis working group

College of Paramedic – Medicines Specialist Interest Group & Independent Prescribing Paramedic Programme

Involved in the development of the ECP role in West Midlands Ambulance Service into specialist Paramedic role, writing scope of practice and development of Patient Group Directives

Involved in the working group of Facial Iliac Blocks for Neck of Femur Fractures in the Emergency department

Major Incident Management for Sandwell Emergency Department

Teaching Experience

- ALS Instructor
- APLS Instructor
- ETC Instructor Candidate
- ILS Instructor
- ILS Course director
- SLAiP Course
- Generic Instructors Course
- IC European Paediatric Advanced Life Support
- Faculty member for Critical Care Transfer study day Walsall Manor Hospital

- BSc (Hons) Fire and Rescue – Wolverhampton University
 - Traumatic Wound management
 - Management of burns
 - Smoke Inhalation
- BSc (Hons) Emergency Practitioner – Minor Injuries – Wolverhampton University
 - Head Injuries, Facial Injuries and Neck Injuries

- Airway anatomy, physiology, pathophysiology; common conditions that present in the ED and the nursing management of these conditions – Sandwell Emergency Department 9 sessions.

Management Experience

- Leading a team across Urgent & Emergency Care across 2 hospitals, managing a multi-million-pound budgetary across UEC, addressing key performance indicators, and workforce issues. Planning and strategically planning. Reporting directly to the Chief Operating Officer and Chief Executive
- Manager for Major incident and mass casualty management in Sandwell Emergency Department.
- Clinical lead of Paramedics for Immediate Care Medical, Birmingham & Elite EMS, Tamworth - Ensuring qualifications were up to date, auditing clinical management, development of mentorship, development of PGD's. Supporting new staff, writing policies and conducting disciplinary, and recruitment interviews.
- Assistant lead practitioner for the Specialist paramedic Car WMAS 2015
- Managing Director & Clinical Lead for Pre-Hospital Advanced Care Team and FLOW Mental Health Services.
- Line manager for Emergency Nurse Practitioners, Advanced Clinical Practitioners in the Emergency Departments of Gloucester Royal Hospital and Cheltenham General Hospital. Line Manager for Advanced Clinical Practitioners and Advanced Nurse Practitioners for Ambulatory Emergency Care at Cheltenham General Hospital and Medical Same Day Emergency Care at Gloucester Royal Hospital.

References

Miss Abigail Tomlins – Chief of Service Medicine/ UEC, Consultant Surgeon. Gloucestershire Hospitals NHS Foundation Trust, abigail.tomlins@nhs.net

Miss Ruchi Joshi – Deputy Divisional Director for Medicine, Clinical Director for Emergency Medicine, Consultant in Accident & Emergency - Walsall Manor Emergency Department, rushi.joshi@walsallhealthcare.nhs.uk

Mr Emir Battaloglu – Consultant Trauma & Orthopaedic, Major Trauma Service as a Co-ordinating Trauma Consultant, Deputy Medical Director for West Midlands CARE Team. Emir.battaloglu@uhb.nhs.net or emir.battaloglu@nhs.net