***Curriculum Vitae***

**Name:** Dr.Alan James Watson B.Sc. (Hons), MBBS (Lond), Ph.D (Lond.), MRSB, FIBMS

**Gender:** Male (he/him) **D.O.B:** 11th August 1978

**Place of birth:** Dover,Kent

**Nationality:** British

**National Insurance number:** JK846800A

**Postal address:** 151 Huxley Road, Leyton, London, E10 5QX

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**Driving licence:** Full (manual) licence since September 1995.

**General Medical Council:** Registration number 7138449 (full licence to practise since August 2012)

**Medical indemnity insurance:** Medical Protection Society (membership number 396041)

**British Medical Association:** Membership number 8756090

**Fellow of the Institute of Biomedical Science (FIBMS):** since July 2023

**Member of the Royal Society of Biology (MRSB):** since June 2023

**Undergraduate University education:** Liverpool John Moore’s University (September 1998 to June 2001).

*B.Sc (Hons) Biomedical Sciences* – **2:1** (Institute of Biomedical Science and Health and Care Professions Council approved degree)

***Honours project title -*** *‘The effect of red wine on low-density lipoprotein oxidation’.*

**Postgraduate University education:** Cardiovascular Division, Guy’s King’s and St. Thomas’ School of Biomedical Sciences, King’s College London, University of London.

***Ph.D in vascular molecular physiology –*** *‘Redox status and antioxidant protein expression in foetal endothelial cells from normal and pre-eclamptic pregnancies’.*

**Date of award:** 18th September 2006.

**National and international oral and poster presentations undertaken during my Ph.D:**

Postgraduate Research Symposium, King’s College London, 2nd July 2004. **Poster presentation:** Induction of antioxidant stress proteins in human umbilical vein endothelial cells.   
  
The Physiological Society, King’s College London, 17th-20th December 2004. **Poster presentation:** Effects of homocysteine and 4-hydroxynonenal on antioxidant gene expression in human umbilical vein endothelial cells from normal and pre-eclamptic pregnancies.   
  
The Spanish Society for Physiological Sciences XXXIII Congress, Seville, Spain, February 2005. **Poster presentation:** Effects of 4-hydroxynonenal on expression of antioxidant stress proteins and cyclooxygenase-2 in human umbilical vein endothelial cells from normal and pre-eclamptic pregnancies. Watson A.J, Siow R.C.M, Ishii T, Mann G.E. J Physiol. Biochem. 61 (1) 123, 2005.   
  
Postgraduate research symposium, King’s College London, 5th July 2005, **oral presentation:** Comparison of the antioxidant status of human umbilical vein endothelial cells from normal and pre-eclamptic pregnancies.   
  
British Microcirculation Society & The Microcirculation Society Inc. 1st joint international meeting. University of New Hampshire, Durham, NH, USA, 11th-13th September 2005. **Poster presentation:** Redox status and antioxidant protein expression in foetal endothelial cells from normal and pre-eclamptic pregnancies.

**Review article published following my Ph.D:**

Nrf2/ARE regulated antioxidant gene expression in endothelial and smooth muscle cells in oxidative stress: implications for atherosclerosis and preeclampsia.   
  
Mann GE, Niehueser-Saran J, Watson A, Gao L, Ishii T, de Winter P, Siow RC.   
Sheng Li Xue Bao. 2007 Apr 25;59(2):117-27.   
  
PubMed ID: 17437032

**Undergraduate medical education:** Barts and the London School of medicine, University of London (2006-2011), Bachelor of Medicine Bachelor of Surgery (MBBS) degree (awarded July 2011)

**Medical elective:** (April to June 2011) **Lyon Martin Health Services, San Francisco, California, USA.** I spent a 6 week period working in a clinic for transgender people. A significant proportion of this work involved working with patients with HIV and cancer as well as outreach medicine for the homeless population within San Francisco. I also worked with patients with multiple drug addictions and a wide range of psychiatric issues.

**Medical employment history:**

**November 2017 to present:** Trainee general practitioner (ST3) – Whipps Cross General Practitioner Vocational Training Scheme (rotations to date: GP, acute assessment unit, geriatrics, obstetrics and gynaecology GP, paediatrics, ENT and GP)

**August 2015 to November 2017:** Locum (staff bank) SHO in ambulatory medicine, Whipps Cross University Hospital.

**July 2015 to August 2015:** Care UK NHS treatment centre, Ilford -Resident medical officer (day and short stay surgery), part-time locum position.

**April 2015 to June 2015:** Barts and the London School of Medicine. Part-time (temporary contract) clinical education fellow. My responsibilities include:

* Undergraduate (year 3 MBBS) curriculum development (prescribing skills station for year 3 mock OSCE)
* Clinical skills tuition (including breast examination & nasogastric tube insertion)
* Year 3 mock OSCE supervision

**November 2014 to November 2017:** Various locum SHO positions including acute medicine, elderly care medicine, stroke (including hyper-acute stroke) and rehabilitation medicine at The Princess Alexandra Hospital (Harlow), Homerton Hospital, Whipps Cross Hospital, The Royal Marsden Hospital and Charing Cross Hospital.

**August 2014 to November 2014:** Princess Alexandra Hospital, Harlow, Essex -Locum senior house officer in acute and diagnostic oncology. My responsibilities included:

* Dealing with emergency admissions related to cancer (including metastatic spinal cord compression, neutropenic sepsis, pain and nausea).
* Liaising and working with the palliative care team to ensure symptom control in patients with advanced cancer.
* Ensuring the safe and timely transfer of patients to North Middlesex Hospital for emergency radiotherapy.
* Managing side-effects in patients undergoing chemotherapy within the day unit.
* Seeing follow-up patients in the lung cancer clinic.
* Attendance and participation in the multi-disciplinary team for cancers of unknown primary origin.
* Emotional support of cancer patients and their families.
* Support of an FY2 doctor working within our team.
* Weekly attendance at grand round presentations, multidisciplinary team meetings and departmental teaching sessions.

**March 2014 to August 2014:** St Bartholomew’s Hospital, London – Clinical fellow in haemato-oncology (part time with particular focus on the care of patients with lymphoma and leukaemia). My responsibilities included:

* General day-to-day care of patients with a range of haematological malignancies
* Attendance and participation in multi-disciplinary team meetings
* Attending weekly departmental teaching sessions
* Support of the FY1 and FY2 doctors within our team

**August 2013 to March 2014:** The Royal London Hospital, Whitechapel, London – Specialist trainee registrar (ST1) histopathology (5 year run-through training). My responsibilities included:

* General cut-up of surgical specimens from all major organ systems (including cancer resections, biopsies and autopsy material)
* Autopsies & autopsy report writing
* Participation in cancer and non-cancer multi-disciplinary team meetings
* Reporting of a range of pathological slides from all major organ systems
* Reporting of specimens from gynaecological and non-gynaecological cytology cases
* Problem-based learning facilitation to second year undergraduate medical students
* Attendance at national and local teaching sessions for histopathology trainees

**August 2012 to August 2013:** Princess Alexandra Hospital Harlow – **Foundation year two (senior house officer) doctor.** My rotations included:

* Elderly care and acute medicine – 4 months
* General practice (with surgical on-calls) – 4 months
* Histopathology and acute oncology (with surgical on-calls) – 4 months

**August 2011 to July 2012:** Whipps Cross University Hospital – **Foundation Year One doctor.** My rotations included:

* General and vascular surgery – 4 months
* Gastroenterology and acute medicine – 4 months
* Cardiology – 2 months
* Stroke medicine (with rehabilitation medicine) – 2 months

**Anna Scher Theatre:** acting student May 2001-September 2006 and May 2023-present