

DUMMY COVER LETTER

1 **Synaptic Activity Regulates AMPA Receptor Trafficking Through**
2 **Different Recycling Pathways**

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19 **Abstract**

20 Changes in glutamatergic synaptic strength in brain are dependent on AMPA-type
21 glutamate receptor (AMPA) recycling, which is assumed to occur through a single local
22 pathway. Here we present evidence that AMPAR recycling occurs through different
23 pathways regulated by synaptic activity. Without synaptic stimulation, most AMPARs
24 recycled in dynamin-independent endosomes containing the GTPase, Arf6. Few AMPARs
25 recycled in dynamin-dependent endosomes labeled by transferrin receptors (TfRs).
26 AMPA recycling was blocked by alterations in the GTPase, TC10, which co-localized
27 with Arf6 endosomes. TC10 mutants that reduced AMPAR recycling had no effect on
28 increased AMPAR levels with long-term potentiation (LTP) and little effect on decreased
29 AMPA levels with long-term depression. However, internalized AMPAR levels in
30 TfR-containing recycling endosomes increased after LTP, indicating increased AMPAR
31 recycling through the dynamin-dependent pathway with synaptic plasticity. LTP-induced
32 AMPA endocytosis is inconsistent with local recycling as a source of increased surface
33 receptors, suggesting AMPARs are trafficked from other sites.

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NMDA- and AMPA-type glutamate receptors (NMDARs/AMPARs) are the major excitatory synaptic receptors in brain. They are held at post-synaptic densities (PSDs) by scaffold proteins aligning the receptors with the presynaptic glutamate release sites. Changes in synaptic strength, such as long-term potentiation (LTP), long-term depression (LTD)[1] and homeostatic plasticity [2], largely reflect the number of functional synaptic AMPARs. AMPAR internalization and recycling regulates AMPAR levels at synapses. Other processes, including diffusion of extrasynaptic AMPARs outside PSDs, association and dissociation of AMPARs with PSDs and the number of “slots” that AMPAR can occupy in PSDs [1,3-6], also contribute to setting AMPAR levels at PSDs [7].

During synaptic stimulation, “constitutive” AMPAR recycling is increased several-fold to become “activity-dependent” AMPAR recycling [3]. AMPARs undergo endocytosis through clathrin-coated pits during activity-dependent recycling [8,9] and before exocytosis, traffic through the recycling endosomes identified by co-localization with transferrin receptors (TfRs) [3] and Rab11 [10]. During LTP, recycling endosomes move from the dendritic shaft into synaptic spines [11] from which regulated exocytosis of AMPARs appears to occur. It is uncertain whether AMPARs are exocytosed outside of the spines and traffic to PSDs via lateral diffusion [12-15] or are exocytosed at specific sites near PSDs [16]. A minimal model of AMPAR constitutive and activity-dependent recycling has emerged from these and other studies (Fig. 5a). First, a single recycling pathway is assumed that starts at clathrin-coated pits [17], moves through recycling endosomes and ends with exocytosis back at the plasma membrane. Second, it is assumed that AMPAR recycling occurs locally, that is, AMPAR endocytosis and exocytosis occur at sites within the same synaptic domain. The model predicts that during LTD AMPAR levels in recycling endosomes and/or lysosomes at PSDs increase because endocytosis increases without increasing exocytosis from recycling endosomes [3,18]. During LTP endocytosis is unchanged and AMPAR levels at PSDs are predicted to increase because of their exocytosis from recycling endosomes causing decreased levels of AMPARs in recycling endosomes [19,20].

Many factors specifically affect AMPAR activity-dependent recycling without affecting constitutive recycling [e.g., AP2 [21], Brag2 [22]] and vice versa [e.g., NSF [21], PIP3 [23]]. These studies suggest that AMPAR activity-dependent recycling is uncoupled from constitutive recycling and that separate processes underlie the two types of AMPAR recycling. Transmembrane AMPA receptor regulatory proteins (TARPs), such as Stargazin, interact with recycling AMPARs at synapses [24,25]. TARPs interact with neuronal isoform of PDZ-protein interacting specifically with TC10 (nPIST) [26], suggesting that the Rho small G protein, TC10, might be a regulator of AMPAR recycling. Here, we describe how TC10 knockdown and TC10 functional mutants reduce AMPAR surface levels and synaptic currents by altering AMPAR recycling. TC10 mutants do not alter the increases in AMPAR surface levels that occur during LTP and only partially alter

decreases in AMPAR surface levels and synaptic currents that occur during LTD. Overall, our findings indicate that TC10 mutants have differential effects on constitutive and activity-dependent AMPAR recycling because AMPARs traffic through different endocytosis pathways, and activity-dependent events alter the endocytosis pathway taken by AMPARs. Furthermore, our findings of increased AMPAR endocytosis with LTP are inconsistent with the assumption that AMPAR recycling occurs locally at synapses. Instead, AMPARs added to LTP-stimulated synapses may be trafficked into these synapses from outside the local synaptic pool.

Results

Disrupting TC10 expression or function reduced the number of AMPARs at the cell surface

We first examined whether the small GTPase, TC10, had a role in AMPAR trafficking by knocking down TC10 expression. Knock-down was achieved using a short hairpin RNA construct (shRNA) that expressed a GFP reporter to identify neurons with the shRNA. Using real-time PCR, we observed that endogenous TC10 mRNA was reduced by 90% in cortical neurons (Figure 1-figure supplement 1). Neurons were co-transfected with AMPAR subunits, GluA1, with a fluorescent mCherry tag at the extracellular N-terminus (mCherry-GluA1) to simultaneously monitor GluA1 surface fluorescence and total GluA1 mCherry fluorescence. We found that the ratio of cell surface to total mCherry-GluA1 was similar from neuron to neuron (SEM = 14%). With the TC10 knockdown, the surface/total mCherry-GluA1 ratio for neurons was significantly reduced by 79% (Fig. 1a, d) compared to control neurons that expressed GFP without the shRNA.

The surface levels of GluA1-containing AMPARs at somata were also reduced when we expressed TC10 mutants in the neurons. The T31N mutation or the “dominant-negative” mutant (TC10DN) keeps TC10 in its inactive, GDP-bound state. The Q75L mutation or the “constitutively-active” mutant (TC10CA) is kept in its GTP-bound state [25].

Expression of wild-type TC10 (TC10WT) did not significantly alter surface levels at somata assayed by mCherry-GluA1 transfection, whereas TC10DN and TC10CA mutants reduced GluA1-containing AMPAR surface levels by ~50% (Fig. 1a, b; statistical details in the legend; images of the corresponding whole neurons are displayed in Figure 1-figure supplement 2). While TC10 knockdown with shRNA did not alter somata morphology, dendritic morphology was altered and synapse numbers reduced (not shown). In contrast, TC10DN, TC10CA mutants and TC10WT did not alter dendrite morphology (not shown) or synapse number (Figure 1-figure supplement 3). In dendrites, GluA1 surface levels were again reduced ~50% by TC10DN and TC10CA and a small but significant increase of GluA1 surface levels (33% ± 10%) was observed with TC10WT expression (Fig. 1A). We obtained similar results in dendrites with TC10WT, TC10DN and TC10CA, when a GluA1-specific antibody that recognizes an extracellular epitope was

used to quantify the endogenous surface AMPAR levels (Fig. 1f).

We also performed paired whole cell recordings from synaptically coupled cultured hippocampal neurons to assay levels of functional AMPARs at the synapses. TC10DN and TC10CA reduced the synaptic AMPAR EPSC amplitudes by ~60% (Fig. 1g, h). Thus, the number of functional AMPARs at synapses was reduced to approximately the same extent as the total number of AMPARs on the cell surface as measured by immunostaining. Our findings with immunofluorescence and electrophysiology that expression of TC10DN and TC10CA in neurons caused the same effects on AMPAR levels in neurons are consistent with previous studies characterizing the role of TC10 in the secretory pathway. Assaying depolarization-Induced secretion of neuropeptide Y (NPY) in PC12 cells, both TC10DN and TC10CA reduced secretion in the range of 40-60% [27] similar to our findings with AMPARs (Fig. 1). Using a TC10 FRET sensor construct to assay the whether TC10 is in the GTP-TC10 or GDP-TC10 state, they concluded that the TC10 GTPase hydrolysis cycle is required for NPY secretion. TC10DN and TC10CA both reduced secretion by blocking the GTP hydrolysis cycle at different steps. Similar results were obtained assaying nerve growth factor (NGF)-induced neurite outgrowth in PC12 cells [28]. Both papers suggested that during exocytosis TC10CA allowed cargo to load into transport vesicles to be delivered to target membranes. TC10CA blocked exocytosis by preventing the GTP-TC10 to GDP-TC10 transition required for transport vesicle docking and/or fusion. In contrast, the results suggest that TC10DN blocked the GDP-TC10 to GTP-TC10 transition, which blocked a different step, cargo loading onto vesicles thus preventing vesicle delivery to target membranes.

Unexpectedly, in the paired whole cell recordings from synaptically coupled cultured hippocampal neurons TC10WT reduced synaptic currents by 51% (Fig. 1e, f) even though TC10WT increased cell-surface AMPARs by 33% (Fig. 1b, c). This differential effect of TC10WT suggests that TC10 function somehow distinguishes between AMPAR trafficking to and/or from synaptic sites compared to other sites on the cell surface of dendrites.

TC10 regulates AMPAR trafficking through an Arf6-containing endocytosis pathway in dendrites

To explore how perturbing TC10 function reduced AMPAR surface levels, we examined whether TC10 mutants altered endogenous GluA1 subunit levels. Lentiviral infection of ~90% of the cultured neurons with TC10WT or the TC10 mutants did not alter endogenous GluA1 subunit levels, indicating that TC10 mutants do not alter AMPAR subunit synthesis or degradation (Figure 1-figure supplement 4). Nor did the TC10 mutant expression appear to alter AMPAR trafficking through the secretory pathway in the soma (Figure 1-figure supplement 5). Previously, we had found that AMPAR loss in dendrites correlated with AMPAR accumulation in the Golgi, which blocked AMPAR

transport from somata to dendrites of cultured neurons [29]. Consistent with this possibility, TC10WT, TC10DN and TC10CA all strongly co-localized with the Golgi marker GM130 in somata (Figure 1-figure supplement 6a). However, little mCherry-GluA1 was found in the Golgi, and most GluA1 subunits co-localized with endoplasmic reticulum (ER) markers (Figure 1-figure supplement 5), as previously observed for newly synthesized AMPAR subunits [30]. We observed a similar distribution for the native GluA1 subunits in the ER (Figure 1-figure supplement 5) indicating that heterologous express of mCherry-GluA1 did not greatly increase levels of GluA1 in the ER. The small amount of mCherry-GluA1 that co-localized with the Golgi marker did not significantly change with TC10DN and TC10CA expression compared to that of TC10WT (Figure 1-figure supplement 6a,b). In fact, when TC10 mutants were expressed, there was a significant increase in mCherry-GluA1 levels in the shafts of dendrites (Figure 1-figure supplement 6c), suggesting that the TC10 mutants cause an accumulation of AMPAR intracellular levels in the dendritic shafts, but not in the somata, that results in the decreases in surface levels.

We next examined whether the TC10 mutants caused AMPARs to accumulate during their recycling in dendritic shafts. It is well established that AMPARs enter recycling endosomes in dendritic shafts after synaptic stimulation with AMPA or NMDA [15,31]. To test for accumulation of AMPARs in recycling endosomes, we assayed whether TC10 mutants increased endogenous AMPAR co-localization with transferrin receptors (TfRs), which largely exist in recycling endosomes in dendritic shafts where they co-localize with GluA1-containing AMPARs [3,8]. Surprisingly, there was little co-localization, (4-6%), between endogenous GluA1 and TfR in dendrites under these conditions. The percentage of co-localization did not change for nontransfected neurons or for neurons expressing Venus-tagged TC10WT, TC10DN or TC10CA (Fig. 2a, b). TC10WT, TC10DN or TC10CA expression also did not alter the distribution of TfRs in the dendrites and did not significantly affect the recycling of TfRs (data not shown). To confirm the validity of TfRs as a recycling endosome marker, we tested another recycling endosome protein, Rab11, and found significant co-localization between mCherry-tagged Rab11 and TfRs confirming that TfRs are largely in recycling endosomes in dendrites (Figure 2-figure supplement 1).

Since few GluA1-containing AMPARs accumulated in TfR-labeled recycling endosomes, it is possible that AMPAR recycling occurs via a different endocytosis pathway not taken by TfRs. Several other endocytosis pathways exist [32]. In particular, one endocytosis pathway that utilizes the small GTPase, Arf6, occurs in dendrites [33,34] and may be involved in AMPAR endocytosis [22]. In contrast to the ~5% co-localization observed between GluA1 and TfR puncta, we observed a significantly higher degree of overlap (Pearson's correlation coefficient, PCC = 0.46) between endogenous GluA1 subunits and transfected HA-Arf6 (Fig. 2c, d), an established marker of endosomes in the Arf6,

clathrin-independent pathway [35]. Importantly, there was a high degree of co-localization between TC10WT and HA-Arf6 (PCC = 0.77), indicating that TC10 is largely found in Arf6 endosomes in dendrites (Fig. 2e).

Consistent with TC10 having a role in AMPAR recycling through Arf6 endosomes, the TC10 mutants caused significant changes in the distribution of AMPAR intracellular puncta that co-localized with Arf6 (Fig. 2c, d). TC10DN significantly increased GluA1 co-localization with Arf6, changing from a PCC of 0.46 to 0.66 (Fig. 2c, d). Increases in AMPARs co-localizing with Arf6 appeared to be at subdomains within Arf6 endosomes (Fig. 2c), consistent with TC10CA blocking AMPAR exit, and their accumulation in Arf6-endosomes. The TC10CA mutant had the opposite effect. TC10CA caused GluA1 co-localization with Arf6 to significantly decrease from a PCC of 0.46 to 0.31, consistent with increased AMPAR exit from Arf6 endosomes (Fig. 2c, d). Because TC10CA caused a ~50% decrease in surface AMPAR, similar to the effects of TC10DN (Fig. 1b, c and f), increases in AMPARs exiting from Arf6 endosomes were not inserted into the cell-surface. Expression of TC10CA changed the size and number of the GluA1-containing puncta in dendritic shafts. GluA1-containing puncta were much more numerous compared to TC10WT, with an increased number of smaller puncta and a loss of most of the larger puncta in dendrites (Fig. 2e). This result suggests that the AMPARs exiting from Arf6 endosomes remained in smaller transport vesicles because TC10CA blocked their exocytosis at the plasma membrane. These interpretations of the effects of the TC10DN and TC10CA mutants are supported by the conclusions of previous studies of the effects of the TC10 mutants on the distribution of different cargo during secretion [27,28]; specifically that TC10DN blocked the GDP-TC10 to GTP-TC10 transition and cargo loading onto the transport vesicle while TC10CA blocked the GTP-TC10 to GDP-TC10 transition and the transport vesicle exocytosis.

Constitutive AMPAR endocytosis is independent of dynamin

The clathrin-dependent endocytosis pathway taken by TfRs requires dynamin function while Arf6-dependent, clathrin-independent endocytosis is independent of dynamin function [32]. As another test of the AMPAR endocytosis pathway, we used the reagent, dynasore, to block dynamin activity in neurons and assayed TfR and AMPAR endocytosis. In these experiments, we performed two different sets of assays to quantitatively measure how dynasore affected AMPAR and TfR internalization. In the first assay, mCherry-tagged GluA1 was expressed as in Fig. 1 and an “antibody feeding” assay was used to label only the internalized mCherry-tagged, GluA1 AMPARs and TfRs (Fig. 3a, b). After dynasore treatment, we compared the distribution of internalized mCherry-GluA1 subunits to that of TfRs surface labeled with Alexa Fluor 647-conjugated transferrin (Tf-Alexa 647; Fig. 3a). Consistent with a block of its endocytosis, dynasore treatment appeared to cause TfRs to buildup at the plasma membrane (Fig. 3a). Tf-Alexa 647 uptake was inhibited by 70% ± 18% in the presence of dynasore (Fig. 3b, c). However,

dynasore treatment did not significantly alter the levels (Fig. 3c) or distribution (Fig. 3a) of internalized mCherry-GluA1 subunits.

In the second assay, endogenous AMPAR internalization was assayed by biotinylating cell-surface proteins with a cleavable biotinylation cross-linking reagent and treating intact neurons with glutathione, a membrane impermeable reagent after internalization. Dynasore treatment reduced the levels of internalized TfR by $61\% \pm 6\%$ (Fig. 3d, e), consistent with endocytosis predominantly through clathrin-dependent endocytosis pathway. In contrast, dynasore treatment reduced internalized GluA1 subunits by only $10\% \pm 9\%$ (Fig. 3d, e), consistent with endocytosis predominantly through a different endocytosis pathway. Based on these results together with previous data (Fig. 2), we conclude that TC10 has a role in AMPAR recycling through an Arf6-dependent recycling pathway that is different from the TfR recycling pathway.

Changes in synaptic activity alter the recycling pathway taken by AMPARs

Evidence that AMPARs are in recycling endosomes and clathrin-coated pits comes almost exclusively from studies examining AMPAR activity-dependent recycling. Our findings of AMPAR recycling via a TC10- and Arf6-dependent, dynamin-independent pathway occurred during constitutive AMPAR recycling. We therefore investigated whether the AMPAR endocytosis pathway changes under conditions where activity-dependent recycling occurs. First, we specifically tested how expressing TC10DN or TC10CA in neurons altered LTP and LTD. Chemically inducing LTP (cLTP) with glycine stimulation to activate synaptic NMDARs increased the AMPAR surface/total ratio by $39\% \pm 10\%$ ($p < 0.1$, $n=10, 14$), while chemically inducing LTD (cLTD) with acute NMDA treatment, decreased the AMPAR surface/total ratio by $62\% \pm 3\%$ (Fig. 4a and b).

Neurons expressing TC10DN or TC10CA showed increased AMPAR surface/total ratios with cLTP (Fig. 4a). The percent increase in surface AMPARs was even larger than controls (Fig. 4b). The larger percent increase may be explained by the fact that the cLTP-induced increases in surface AMPARs were about the same size as controls while the levels of surface AMPARs were reduced by TC10 variants (Fig.1). The finding that TC10DN or TC10CA expression had no negative effect on cLTP-induced increases but reduced surface AMPAR levels prior to cLTP is again consistent with AMPAR recycling occurring through multiple endocytosis pathways, one pathway providing AMPARs inserted during cLTP and the other pathway primarily involved in constitutive AMPAR recycling.

In neurons expressing TC10 mutants during cLTD, we observed only half the cLTD-induced decrease in AMPARs with TC10DN while TC10CA did not alter the cLTD-induced decrease (Fig. 4a, b). These results are different from what occurs during LTP and suggest that the TC10- and Arf6-dependent endocytosis pathway is involved to

some degree in the AMPAR trafficking during LTD that removes AMPARs from synapses. To more directly test how TC10DN and TC10CA affect the trafficking of synaptic AMPARs during LTD, we induced LTD by low frequency synaptic stimulation [36,37] (Fig. 4c). Similar to what we observed with cLTD, the AMPAR-mediated synaptic currents were reduced by $52.4\% \pm 0.5\%$ by LTD. During LTD, AMPAR EPSCs were reduced by $27.5\% \pm 1.0\%$ in the presence of TC10DN, and TC10CA had no effect on LTD (a $48.3\% \pm 1.0\%$ reduction) (Fig. 4c). We could not perform similar experiments with LTP because LTP cannot be induced by electrical stimulation in dissociated cultures [38,39]. However in a previous study, we found that the same cLTP protocol applied to dissociated hippocampal neuronal cultures caused a long-term potentiation of EPSC amplitudes [39].

Our results with TC10DN or TC10CA expression on AMPAR trafficking during cLTP suggest that constitutive and activity-dependent AMPAR recycling occur through different pathways. To further test this possibility, we assayed how cLTP altered the levels of internalized GluA1 subunit co-localization with TfRs or with Arf6-HA. We observed that $21\% \pm 2\%$ of the internalized AMPARs co-localized with TfR (Fig. 4d,e), consistent with a previous estimate of the amount of internalized AMPARs that co-localized with TfR during constitutive recycling (Park et al, 2004). 52% of the internalized AMPAR co-localized with Arf6-HA, and 27% of internalized AMPARs did not co-localize with TfRs or with Arf6-HA (Fig. 4e). This pool of internalized AMPARs is likely in a different endosomal pool such as early endosomes, late endosomes or lysosomes [18]. After cLTP induction, the distribution of internalized AMPARs in the different pools changed: cLTP increased the amount of internalized GluA1 that co-localized with TfR from 21% to 56% (Fig. 4e; Fig. 4 supplement 1a) while the internalized GluA1 that co-localized with Arf6 was unchanged (52% vs. 47%; Fig. 4e; Figure 4-figure supplement 1b). cLTP increased the total amount of internalized GluA1 by $24\% \pm 5\%$ (Fig. 4d) while the pool of internalized AMPARs that did not co-localize with TfRs or with Arf6-HA was no longer measurable. Our results are consistent with significant changes in AMPAR endocytosis and recycling that occurs during cLTP. During constitutive recycling AMPARs appear to be recycling primarily through a dynamin-independent, Arf6- and TC10-dependent pathway though some recycle through a dynamin-dependent, TfR-containing pathway. After cLTP, a much larger fraction of the AMPARs recycle through the dynamin-dependent pathway taken by TfRs. Our results further suggest that after LTP fewer AMPARs are trafficked for degradation via a late endosomal/lysosomal pathway as previously described [18].

Discussion

Constitutive AMPAR recycling and TC10

The findings of this study are consistent with constitutive AMPAR recycling occurring largely through a pathway different from the clathrin-dependent pathway used by TfRs. The data in support of an alternative recycling pathway are that internalized AMPARs

co-localize much more with Arf6 than with TfRs (Fig. 2), and that inhibition of dynamin function blocks TfR endocytosis without significantly altering AMPAR endocytosis (Fig. 3). The features of the alternative AMPAR recycling pathway, e.g., presence of Arf6 and independence from dynamin function, are consistent with a clathrin-independent endocytosis pathway [32,35]. The Arf6-mediated, clathrin-independent pathway is a separate endocytosis pathway that exists in neurons, and mediates the endocytosis and recycling of a number of different receptors and transport proteins. These include the metabotropic glutamate receptors (mGluR) mGluR5 [40] and mGluR7 [33] and the potassium channel Kir3.4 [34]. AMPARs were shown to undergo a clathrin-independent recycling pathway, in addition to clathrin-mediated pathway in *C. elegans* [41]. Another study using electron microscopy (EM) [14] also suggests that constitutive AMPAR recycling occurs through a different pathway. The study found that all intracellular structures with the features of recycling endosomes were labeled for TfRs in dendritic shafts of cultured rat hippocampal neurons but only 28% of these recycling endosomes were labeled for AMPARs. If AMPAR endocytosis occurs through a single, clathrin-dependent pathway, AMPARs would all enter clathrin-coated pits during constitutive AMPAR recycling. Entry into clathrin-coated pits can only be unambiguously resolved at the EM level. EM studies assaying AMPAR subunit localization in clathrin-coated pits observed few AMPARs in clathrin-coated pits [14,42]. Tao-Cheng et al. found that 76% of the clathrin-coated pits contained TfRs but only 24% of the pits contained AMPAR subunits. Clathrin-coated pits near PSDs have been proposed to be specialized endocytic zones (EZs) [17,43] that mediate endocytosis of AMPA receptors for local recycling in spines [5,44,45]. Both EM studies failed to detect any AMPAR labeling in the EZs at synapses under conditions where constitutive AMPAR recycling was occurring [14,42].

In this study, we have also characterized in detail the role of the small Rho GTPase, TC10, in AMPAR recycling through the Arf6-mediated, clathrin-independent pathway. We found that altering TC10 expression and function in neurons reduced levels of cell-surface AMPARs. The TC10 mutants, TCDN and TC10CA, equally reduced cell-surface AMPARs by ~50%, but did not significantly affect AMPAR trafficking through the secretory pathway. Normal levels of AMPARs departed from the somatic Golgi and were transported to dendrites and synapses. However, the TC10 mutants had differential effects on where AMPARs accumulated in dendritic shafts. TC10DN reduced surface AMPARs by causing increased AMPAR accumulation in Arf6 endosomes apparently by blocking their exit from the endosomes. TC10CA reduced surface AMPARs by increasing their exit from Arf6 endosomes and blocking their exocytosis, thereby increasing what appear to be AMPAR transport vesicles in the dendritic shafts.

Results from a previous study suggest that the associations between TC10 and AMPARs are indirect, requiring an adaptor protein, nPIST, which interacts with the AMPAR TARP subunit [26]. nPIST, like TC10, primarily co-localizes with Golgi markers in the somata of

cultured hippocampal neurons. But it is also found in puncta in dendritic shafts, not in spines, and the puncta do not co-localize with Golgi membranes [46]. nPIST interactions with TC10 in dendrites, thus, are likely at the Arf6 endosomes where we observed most of TC10 in dendrites. One possibility is that TC10 acts to regulate interactions between nPIST and AMPAR TARP subunits when present together in Arf6 endosomes, and thereby, regulate the trafficking of AMPARs from Arf6 endosomes to dendritic exocytosis sites.

Activity-dependent AMPAR recycling

Our findings that AMPARs recycle through two different pathways provide new insights into how AMPAR recycling is altered in response to changes in synaptic activity. The increase in AMPARs in recycling endosomes after cLTP reflects a redistribution of trafficking AMPARs in dendrites such that AMPAR receptor recycling via recycling endosomes is increased while recycling via the Arf6-TC10-containing endosomes was unchanged. We also observed a third pool of endocytosed AMPARs that did not co-localize with either TfR or Arf6. This third pool, which should include AMPARs in early endosomes, late endosomes and lysosomes, decreased from 27% of the total to essentially 0%. A previous study suggested that during LTD an activity-dependent switch occurs such that more endocytosed AMPARs in early endosomes were routed to the Rab7-dependent pathway to lysosomes and less were routed to the recycling endosome pathway [18]. Our data suggest that the opposite is occurring during cLTP. That is, an activity-dependent switch occurs such that few to none of the endocytosed AMPARs in early endosomes are routed via the Rab7-dependent pathway to lysosomes. Instead, virtually all AMPARs in early endosomes are routed to the recycling endosomes. However, this switch can only explain part of the increase in AMPARs in recycling endosomes during cLTP because the total number of endocytosed AMPARs increased by an additional 24%. Thus, part of the increase in AMPARs in recycling endosomes during cLTP appears to be caused by an increase in AMPAR endocytosis, presumably at clathrin-coated pits

Expression of TC10DN increased AMPARs in Arf6-containing endosomes while TC10CA decreased AMPARs in these endosomes (Fig. 2c,d). The differential effects of TC10DN and TC10CA on AMPAR localization in Arf6-containing endosomes provide a potential explanation for the differential effects of TC10DN and TC10CA during LTD. It is possible that AMPARs excluded from Arf6-containing endosomes by TC10CA have access to the endosomal pathway used during LTD. The AMPARs added to the Arf6-containing endosomes with TC10DN expression do not have access to the endosomal pathway used during LTD.

Previous studies have found that synaptic stimulation increases dynamin- and clathrin-dependent AMPAR endocytosis [3,8,9,14,21,22]. In some of these studies,

blocking dynamin/clathrin-dependent endocytosis prevented LTD but did not alter constitutive AMPAR endocytosis. It was also found that blocking constitutive AMPAR endocytosis by interfering with NSF binding to GluA2 subunits does not alter LTD or activity-dependent AMPAR endocytosis [3,8,9,21]. Altogether, these studies demonstrate that activity-dependent and constitutive AMPAR recycling can be uncoupled and, thus, appear to be independently regulated, consistent with separate processes underlying activity-dependent and constitutive AMPAR recycling. Our results with TC10 mutants are also consistent with separate processes underlying activity-dependent and constitutive AMPAR recycling.

Why are there different AMPAR endocytosis pathways?

The results from this study suggest that the two different AMPAR recycling pathways serve different functions. The Arf6-dependent recycling pathway, also dependent on TC10 function, predominates during AMPAR constitutive recycling. Another recycling pathway, which is dynamin and clathrin dependent, increases during AMPAR activity-dependent recycling (cLTP and cLTD). The simplest model of AMPAR recycling based on our data is displayed in Fig. 5b. To explain the effects of dynamin inhibition, we propose that the two recycling pathways originate at separate endocytosis sites, either clathrin coated pits or clathrin-independent sites. As proposed by others [35] but not shown in the model, the two recycling pathways merge at early endosomes, where AMPARs would be sorted for trafficking into the various pools, either the recycling endosomes used by TfRs, the Arf6-dependent recycling endosomes or late endosomes for lysosomal degradation. As proposed in the model, the two recycling pathways end when AMPARs are exocytosed at separate sites at the cell membrane. The presence of two different AMPAR recycling exocytosis sites may help to explain recent data describing different AMPAR recycling exocytosis sites [45,47]. We envision that the Arf6/TC10-dependent recycling pathway has largely a caretaker role, delivering AMPARs to early endosomes where a decision is made to degrade internalized AMPARs or return them to the plasma membrane. The dynamin/clathrin-dependent recycling functions predominantly during synaptic activation and appears to have a different role than the Arf6/TC10-dependent recycling pathway (Fig. 5). Other receptors are regulated in a similar way by the same two recycling pathways. β 2-adrenergic and M3 muscarinic receptors undergo constitutive recycling when not activated by ligand via an Arf6-dependent, clathrin-independent pathway. After ligand activation, their recycling pathway switches and recycling occurs via the clathrin-dependent pathway [48]. The recycling pathway of α 1-integrin receptors also switches after their activation [49].

Our finding that AMPAR recycling through the dynamin/clathrin-dependent pathway increased during cLTP provides insights into the function of this pathway during AMPAR recycling. Previously, it was assumed that AMPAR recycling was largely confined to a single synaptic spine and the dendrite area nearby (Fig. 5a). Increases in synaptic

AMPARs during NMDAR-dependent LTP were thought to increase AMPAR exocytosis without increasing AMPAR endocytosis causing a decrease in the level of AMPARs in recycling endosomes [10,15,50-52]. However, we found that AMPAR levels in recycling endosomes increased after LTP, and endocytosis increased in parallel with increased AMPAR levels at synapses during cLTP. Our results suggest that AMPAR recycling is not limited to trafficking AMPARs into and out of the same synaptic spine. Instead, we suggest that AMPAR recycling has the additional function of transporting AMPARs to sites distant from where they originate. Increased AMPAR endocytosis during cLTP occurs through the dynamin-dependent recycling pathway starting at clathrin-coated pits at sites distant from synapses undergoing cLTP (Fig. 5c). Consistent with this idea, AMPARs were not found in clathrin-coated pits at spines but in clathrin-coated pits well outside spines along the dendritic shafts [14]. After endocytosis, we propose that AMPARs are trafficked in recycling endosomes outside the synaptic spine region (Fig. 5c). Consistent with this trafficking role are studies demonstrating that different kinds of endosomes, including recycling endosomes, travel long distances to new locations during recycling in dendrites and axons [53]. Furthermore, an EM study using three-dimensional reconstruction analysis found that in dendrites of rat hippocampal neurons independent recycling endosomes were not maintained at each spine. Instead, up to twenty spines shared a single recycling endosome [54]. In our model (Fig. 5c), AMPAR exocytosis sites for the dynamin/clathrin-dependent pathway during cLTP are placed within the spine to deliver the AMPARs within the diffusible pool near the PSD of the synapse. In short, we propose that the role for the dynamin/clathrin-dependent recycling pathway during cLTP is to move AMPARs from sites distant from synaptic activation to sites near the activated synapse.

During cLTD, we propose that AMPAR recycling via the dynamin/clathrin-dependent recycling pathway is also increased similar to what occurs during cLTP. Recycling AMPARs in TfR-containing recycling endosomes are trafficked in and out of synapses and along dendrites except in the opposite direction (Fig. 5d). This is consistent with many studies that have found that AMPAR endocytosis increases via the dynamin/clathrin-dependent pathway. However, it has been assumed that during LTD increased AMPAR endocytosis occurs without increased AMPAR exocytosis resulting in larger local endosomal stores of AMPARs. Instead, we suggest that during cLTD AMPARs are transported away from synapses. In support of this idea, Tao-Cheng *et al.* (2011) reported the appearance of AMPARs in clathrin-coated pits within synaptic spines, which was not observed during constitutive conditions or cLTP. This finding suggests that AMPARs near synapses are only removed locally via clathrin-coated pits during cLTD. In our model, AMPARs are trafficked during cLTD from clathrin-coated pits at activated spines via recycling endosomes to distant sites. Overall, AMPARs flow out of synaptic spines during cLTD and into synaptic spines during cLTP. The function of the dynamin/clathrin-dependent recycling pathway is, thus, to traffic AMPARs from regions of

low activity to regions of high activity and in this way the pathway underlies a Hebbian redistribution of AMPARs.

Our finding that TC10WT expression had opposite effects on synaptic AMPAR currents, a measure of functional synaptic AMPARs, and the cell-surface levels of dendritic AMPARs suggests that the Arf6/TC10-dependent recycling pathway traffics AMPARs out of synaptic spines. In this study, we conclude that TC10 regulates AMPAR recycling through the Arf6/TC10-dependent pathway. The simplest explanation for why TC10WT expression acts to increase cell-surface AMPARs levels is that it increases exocytosis from Arf6-dependent pathway recycling endosomes so that fewer AMPARs are in the Arf6 endosomes and more AMPARs are in the plasma membrane. The decrease in the levels of synaptic AMPARs with TC10WT expression can be explained if the Arf6-dependent recycling pathway acts to traffic AMPARs via endocytosis and exocytosis from synapses to distant plasma membrane sites. For this reason, in our model we have placed the endocytosis site of the Arf6-dependent recycling pathway near the PSD and the exocytosis site outside of the spine (Fig. 5b). During constitutive AMPAR recycling, if AMPAR recycling via the Arf6-dependent recycling pathway acts to move synaptic AMPARs out of the spine and away from the synapse, then counteracting processes must be bringing other AMPARs back to the synapse in order to keep the levels of AMPAR constant. During cLTD (Fig. 5d), we suggest that the Arf6/TC10-dependent recycling pathway acts together with the dynamin/clathrin-dependent pathway to traffic AMPARs away from synaptic spines. If the Arf6/TC10-dependent recycling pathway traffics AMPARs out of the spines then blocking it would act to reduce LTD, as we observed with TC10DN expression (Fig. 4a-c). As explained above, the differential effects of TC10DN and TC10CA during LTD may arise from the differences in how they act during the Arf6/TC10-dependent recycling pathway. During constitutive conditions (Fig. 5b) and during cLTP (Fig. 5c), the Arf6/TC10-dependent recycling pathway would act counter to the dynamin/clathrin-dependent pathway, which in our model would traffic AMPARs into synaptic spines under these conditions. This aspect of our model explains why blocking Arf6/TC10-dependent recycling pathway with the TC10DN expression may actually increase levels of LTP (Fig. 4a-c).

Materials and Methods

Antibodies

The following primary antibodies were used: anti-RFP (MBL, rabbit, #PM005), anti-GM130 (BD Biosciences, mouse, 1:500), anti-transferrin receptor (Zymed, Invitrogen, mouse, #13-6800, 1:300), anti-Synapsin (Chemicon, mouse, 1:500), anti-Bassoon (Synaptic Systems, Guinea Pig, 1:300), anti-GFP (Sigma, rabbit, 1:5000), anti-GluR1 (Millipore, mouse, and CalBioChem, rabbit). Dynasore was from Sigma (D7693);

502 Sulfo-NHS-SS-biotin was from Pierce.

503 **cDNA cloning and mutagenesis**

504 Human TC10 constructs were obtained from Dr. J. Marshall (Brown University), and then
505 subcloned into the pSP2 vector, containing a CMV promoter and Venus tag (a brighter
506 and more photostable YFP variant) to generate fusion proteins. mCherry-GluA1 construct
507 was obtained from Dr. C. Garner (Stanford University). Rat TC10, Cdc42 and Rab11
508 genes were cloned from mRNA of 20 DIV cortical neuron cultures by RT-PCR with the
509 following primers: TC10: FWD (with EcoRI) 5' –
510 CCTTACATAGAATTCATGGCTCACGGGCCC – 3', REV (with BamHI) 5' –
511 GGCCCAAGTGGATCCTCACGTAATCAAACAACAGTTTATAC – 3'; Cdc42: FWD (with
512 EcoRI) 5' – CGTTACTAAGAATTCATGGGCACCCGCGAC – 3', REV (with BamHI) 5' –
513 GGCCTCGACGGATCCTTAGATGTTCTGACAGCACTGC – 3'; Rab11: FWD (with EcoRI)
514 5' – CGTTACTAAGAATTCATGGGCACCCGCGAC – 3', REV (with BamHI) 5' –
515 GGCCTCGACGGATCCTAAGATGTTCTGACAGCACTGC – 3'. The genes were then
516 inserted into a customized vector (originated from pEYFP from Clontech) with a CMV
517 promoter and mCherry tag. The lentiviral vector, FUGW and the helper plasmids, Δ8.9
518 and VSVg were obtained from Dr. C. Garner (Stanford University) and were used to clone
519 all genes listed above for production of lentiviruses. The 3 candidate RNAi constructs for
520 TC10 were purchased from Sigma-Aldrich.

521 **Primary neuronal culture and transfections**

522 Rat E18 hippocampal neurons were cultured on poly-L-lysine treated coverslips in
523 Neurobasal medium supplemented with NS21 and GlutaMAX. At 14-17 DIV, neurons
524 were transfected by Lipofectamine 2000 with serum-free Neurobasal medium. The
525 amount of cDNA transfected ranges from 1-2 ug per coverslip (d = 12 mm) as needed.
526 Hippocampal cultures were prepared using Neurobasal Medium, 2% (v/v) B27, and
527 GlutaMax. Briefly, hippocampi from embryonic (E18–19) Sprague-Dawley rats of either
528 sex were dissected, dissociated in 0.05% trypsin (vol/vol, Life Technologies), and cells
529 were plated at a density of $\sim 4 \times 10^5$ cells/mL on poly-L-lysine-coated 12-mm coverslips.
530 Coverslips were maintained in Neurobasal medium containing B27 and GlutaMax (all
531 from Life Technologies).

532

533 Neuronal cultures were transfected at 14–17 DIV with the Lipofectamine 2000
534 transfection reagent (Life Technologies) according to manufacturer's recommendations,
535 with the exception that 1–2.5 μg of each cDNA in 62.5 μl of Neurobasal media and 2.0 μl
536 of Lipofectamine 2000 in 62.5 μl of Neurobasal media were mixed and added to
537 coverslips in 12-well plates.

538 **Production of lentiviruses and infection of neurons**

539 Freshly thawed HEK cells were cultured in DMEM + 10% FBS medium. Lentiviral plasmid
540 and the helper plasmids were transfected using $\text{Ca}_3(\text{PO}_4)_2$ method. ~50 hours after
541 transfection, supernatant containing the virus particles was collected. After a brief
542 centrifugation to remove cell debris, the virus solution was then mixed with PEG 8000 to
543 incubate at 4°C overnight, followed by centrifugation at 4000 rpm for 30 min at 4°C. The
544 virus pellet was then resuspended in cold PBS. At 0-1 DIV, neurons were infected with
545 high-titer lentiviruses, and 2 days post infection, culture medium was changed with fresh
546 Neurobasal, B27 and GlutaMax.

547 **Immunofluorescence staining and microscope imaging**

548 For surface labeling, primary antibody was added into the culture medium and incubated
549 at room temperature for 30 min, or for 20 min at 37°C. Cells were then washed with PBS
550 and fixed with 4% PFA/4% sucrose/PBS for 10 min, then incubated with Blocking Solution
551 (2% Glycine, 1% BSA, 0.2% Gelatin, 0.5M NH_4Cl , PBS) for 1 hour and secondary
552 antibody in blocking solution at room temperature for 1 hour. For internalized staining
553 (antibody feeding assay), primary antibody was added into the culture medium and
554 incubated at 37°C for 40 min, then cells were washed with Acid Wash Buffer (0.5M NaCl,
555 0.5% acetic acid, pH2) for 30s, and fixed. Cells were then incubated with Blocking
556 Solution and secondary antibody. For permeabilized staining, after fixation, the cells were
557 permeabilized in 0.1% Triton/PBS for 5-10 min, blocked and stained with primary and
558 secondary antibodies. The stained coverslips were mounted to glass slides with Prolong
559 Gold (Life Technologies) mounting media and left in dark to harden overnight.

560 For internalized staining of Tf-Alexa 647, Tf-Alexa 647 was added into the culture
561 medium and incubated at 37°C for 1 hour. Then cells were washed with Acid Wash Buffer
562 and fixed for imaging.

563 All images were taken on either an Olympus DSU, or Marianas Yokogawa type spinning
564 disk confocal microscope with back-thinned EMCCD camera. Z-stack slices were taken
565 with 0.2 μm step size, with 5-10 slices for each cell. For the surface staining experiments,
566 z plane limits for acquisition were determined by the surface staining on dendrites; for the
567 assay to measure changes in Golgi/endosomal/synaptic localization of GluA1, the z plane
568 limits were set according to organelle marker staining (GM130, transferrin receptor or
569 Arf6, and synapsin, respectively).

570 **cLTP and cLTD protocols**

571 To induce chemical LTP, DIV17 neurons were washed in Mg^{2+} free buffer (in mM: NaCl
572 150, CaCl_2 2, KCl 5, HEPES 10, glucose 30, strychnine 0.001, bicuculline 0.02) 3 times,
573 and incubated in Glycine buffer (Mg^{2+} free buffer with 0.2mM glycine) at 37°C for 15 min.

Then Mg^{2+} buffer (Mg^{2+} free buffer with 2mM $MgCl_2$) was added to block NMDARs and cells were incubated at 37C for 30 min before live surface labeling with anti-RFP.

To induce chemical LTD, 14 DIV neurons were washed in Mg^{2+} free buffer 3 times, and incubated in NMDA buffer (Mg^{2+} free buffer with 0.02mM NMDA) at 37C for 5 min. Then Mg^{2+} buffer was added and cells were incubated at 37C for 1 hour before live surface labeling.

Quantification of images and statistical tests

Image quantification was performed using NIH ImageJ software. To calculate the surface/total ratio for exogenously expressed GluA1, all images of the same channel were first background-subtracted using the same averaged value, which was measured manually across images (with variation < 0.5%). The sum of pixel intensity for the z-stack was calculated using the “sum of slices” and “histogram” functions, excluding zero-intensity pixels. The surface/total ratio was then calculated as the ratio of the intensity of surface channel to total channel.

Surface expression of endogenous GluA1 was quantified using “sum of slice” z projections of images. Each field was background-subtracted and mean intensities were normalized to YFP control.

To measure the Golgi localization of GluA1, the images were background-subtracted with the same method described above, then the GM130 channel image was thresholded and transformed into a binary mask used to measure the pixel intensity of GluA1 in each slice of the stack. The average intensity of the processed z-stack image was then measured by selecting the cell-of-interest manually (if more than one cell was present in the image) and applying the “measure” function.

To measure the degree of colocalization of GluA1 with TfR-positive endosomes, images were assigned a random number and analyzed blindly. Analysis of the colocalization of endogenous GluA1 with TfR was carried out by background-subtracting and thresholding image fields so that only puncta that were twofold greater than background were selected. Co-localizing puncta were evaluated using the Analyze Particles function in ImageJ.

To measure the degree of overlap between endogenous GluA1 and Arf6 sub-compartments, we compared fluorescence signals above background in both channels along manually outlined segments of dendrites. Pearson’s correlation coefficients were generated for background-subtracted image pairs using the Intensity Correlation Analysis plugin in ImageJ. A similar approach was used to measure the degree of overlap between TC10 and Arf6. Thresholded GluA1 punctal size and density in dendritic shafts was analyzed using the Analyze Particle function in ImageJ.

Statistical comparisons were made using two-tailed Student's *t* tests or ANOVA/Tukey *post hoc* analysis as indicated. Statistical graphs were generated with Graphpad Prism or StatPlus software.

Whole-cell recording

Dual whole cell recordings were performed at DIV12–15 on primary dissociated hippocampal cultures transfected with Venus-TC10DN or Venus-TC10CA. Neurons were bathed in carbogen (95% O₂, 5% CO₂) bubbled ACSF (in mM: 120 NaCl, 3 KCl, 2 CaCl₂, 1.25 NaH₂PO₄, 2 MgSO₄, 20 D-(+)-glucose, 26 NaHCO₃). The internal solution consisted of (in mM): 120 K gluconate or Cs gluconate, 40 HEPES, 5 MgCl₂, 2 NaATP, 0.3 NaGTP). Recordings were performed at room temperature (21°C). Hippocampal cultures were mounted on an Olympus microscope (BX51WI) and visualized using differential interference microscopy (DIC). Transfected neurons were visualised via excitation at 530–550 nm. Electrode resistance was between 5–10 MΩ. Patch clamp recordings were obtained using a MultiClamp 700B Commander (Molecular Devices). Data acquisition and analysis was performed using AxoGraph X (AxoGraph Scientific) and pClamp 9 (Molecular Devices) software. Events were sampled at 10 kHz and low pass filtered at 2 kHz. Series resistance (R_s) was monitored throughout all experiments and results were not included if significant variation (> 20%) occurred during any experiment. Action potentials were induced in presynaptic neurons by a 20 ms current injection of 20–100 pA. AMPAR EPSCs in response to presynaptic action potentials were collected at 0.1 or 0.2 Hz. Statistical significance of changes in AMPAR EPSC amplitudes were tested using Student's *t* test with a level of significance set at *p* < 0.05.

Biotinylation and isolation of the internalized pool

Cortical neurons were pretreated with 80 μM Dynasore or 1% DMSO for 40 minutes at 37°C. Cells were then washed, and incubated with 0.5mg/mL Sulfo-NHS-SS-Biotin at 4°C for 30 min, and excessive Sulfo-NHS-SS-Biotin was washed off. Cells were then incubated at 37°C for 1 hour in the presence of 80μM Dynasore or 1% DMSO. Then Sulfo-NHS-SS-Biotin on the cell surface was cleaved with glutathione. Cells were then harvested and lysed; biotinylated proteins were pull-down using streptavidin-sepharose beads and were analyzed on Western blot.

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792 **Figure Legends**

793 **Figure 1. Disrupting TC10 level or function reduced AMPARs on the cell surface**

794 **(A)** Representative somata of cultured rat hippocampal neurons (E18) expressing
795 mCherry-tagged GluA1 subunits, free Venus (Control), shTC10RNA or Venus-tagged
796 TC10WT, TC10DN or TC10CA. Intact, live neurons (DIV18) were stained with anti-RFP
797 antibody to visualize surface AMPARs and then fixed and processed. Images of the
798 whole neuron for each of the shown somata are displayed in supplemental Fig. 2a. (Scale
799 bar = 10 μ m).

800 **(B)** Representative dendrites of neurons expressing mCherry-GluA1 without TC10 or with
801 TC10WT, TC10DN or TC10CA. Arrows indicate dendrites expressing TC10 mutants
802 (TC10DN or CA) with weak surface expression of GluA1; arrowheads mark dendrites
803 expressing mCherry-GluA1 without TC10 mutant expression and normal GluA1 surface
804 expression level. (Scale bar = 5 μ m).

(C) Representative dendrites of intact neurons expressing either free Venus (Control), TC10WT, TC10DN, or TC10CA and labeled with an N-terminal, anti-GluA1 mAb to visualize endogenous, surface GluA1 receptors. (Scale bar = 5 μ m).

(D) Quantification of the surface/total ratio of mCherry-GluA1 at the somata of transfected cells in (A). Data are shown as \pm SEM; control cells (YFP) 100% \pm 14%, n=32; TC10WT cells 118% \pm 22%, n = 17; TC10DN cells 53% \pm 9%, n = 23; TC10CA cells 47% \pm 9%, n = 14; and shTC10 cells 21% \pm 7%, n = 10. (**p<0.03 relative to TC10WT).

(E) Quantification of the surface/total ratio of mCherry-GluA1 in dendrites of transfected cells in (B). Data are shown as \pm SEM; control cells (YFP) 100% \pm 12%, n=23; TC10WT cells 133% \pm 11%, n = 23; TC10DN cells 53% \pm 5%, n = 23; and TC10CA cells 54% \pm 15%, n = 8. (*p<0.03 relative to YFP;**p<0.02 relative to TC10WT).

(F) Quantification of endogenous surface GluA1 on dendrites in (C). Data are shown as mean \pm SEM; control cells (YFP) 100% \pm 11%; TC10WT cells 130% \pm 17%; TC10DN cells 59% \pm 8%; and TC10CA cells 62% \pm 10% (n= 7-10 cells per group; **p<0.003 relative to TC10WT).

(G) Representative whole cell patch clamp paired recordings showing the evoked presynaptic action potential (top) and the postsynaptic AMPAR-mediated current response (below).

(H) Average AMPAR-mediated EPSC amplitudes of untransfected neurons (control) 365.2 \pm 67 pA, n=16 and neurons transfected with TC10WT 180.3 \pm 36 pA, n=8, TC10DN 144.5 \pm 42 pA, n=14, or TC10CA 139.2 \pm 24 pA, n=11. (*p<0.04 relative to control;**p<0.02 relative to control).

Figure 1-figure supplement 1. TC10 RNAi (shRNA) knocked down endogenous TC10 expression in neurons.

Cortical neurons were infected with lentivirus encoding FUGW empty vector or TC10 shRNA on DIV7 and lysed for real-time PCR on DIV11. shTC10 specifically knocked down TC10 mRNA level by 90%, but not the expression of Cdc42 and Rab11.

Figure 1-figure supplement 2. Low magnification images of cultured rat hippocampal neurons (E18) corresponding to the somata shown in Fig 1A.

Neurons express mCherry-tagged GluA1 subunits and either free Venus (Control), TC10WT, TC10DN, or TC10CA. Intact, live neurons (DIV18) were stained with anti-RFP antibody to visualize surface AMPARs and then fixed and imaged. (Scale bar = 10 μ m).

Figure 1-figure supplement 3. TC10 mutants do not change synaptic density.

838 The density of synapsin (SYN) puncta (number of puncta/um) remained unchanged when
839 TC10WT or TC10DN/CA mutants were expressed (n.s. = not significant).

840 **Figure 1-figure supplement 4. TC10 mutants do not change the expression level of**
841 **GluA1.**

842 **(A)** Cortical neurons were infected with lentivirus encoding Venus-TC10WT or
843 TC10DN/CA mutants on DIV1 and assayed for GluA1 expression with Western blot on
844 DIV18. The expression of GluA1 remained unchanged.

845 **(B)** Quantification of GluA1 expression level in (A), normalized to tubulin (n=3
846 experiments).

847 **Figure 1-figure supplement 5. A comparison of somatic ER and the distribution of**
848 **exogenous mCherry-GluA1 subunits and endogenous GluA1 subunits.**

849 Cultured neurons expressing mCherry-tagged GluA1 (top panel) were stained with an
850 antibody against the ER marker protein, protein disulfide isomerase (PDI) and compared
851 against endogenous GluA1 in untransfected cells (bottom panel). Both exogenous and
852 endogenous GluA1 exhibited similar distributions in somatic ER. (Scale bar = 10 um).

853 **Figure 1-figure supplement 6. The effects of TC10 mutants on AMPARs in the**
854 **somatic Golgi and in dendritic shafts.**

855 **(A)** Cultured hippocampal neurons expressing mCherry-GluA1 with Venus, TC10WT,
856 TC10DN or TC10CA were fixed and stained for the Golgi marker, GM130 on DIV18.
857 (Scale bar = 10 um)

858 **(B)** Quantification of the intensity of mCherry-GluA1 colocalizing with GM130 in the
859 somata. Expression of TC10 WT or mutants did not change its distribution: Control cells
860 (normalized) 100% \pm 2%, n=11; TC10WT cells 103% \pm 3%, n=6; TC10DN cells 109% \pm
861 10%, n=19; TC10CA cells 104% \pm 3%, n=15.

862 **(C)** Line profile of mCherry-GluA1 intensity along the dendrite when co-expressed with
863 Venus or TC10DN. TC10DN expression results in mCherry-GluA1 accumulation in the
864 dendritic shafts and not in the somata. (Scale bar = 5 um, n=4)

865 **Figure 2. TC10 regulates AMPAR trafficking through an Arf6-containing**
866 **endocytosis pathway in dendrites**

867 **(A)** Effects of TC10 constructs on the co-localization between endogenous GluA1
868 subunits and TfRs. Cultured neurons were transfected with Venus-tagged TC10WT or
869 TC10DN/CA mutants and permeabilized cells stained for total GluA1 and TfR (Tf-Alexa
870 647). GluA1 showed little colocalization with Tf-labeled endosomes in dendrites. (Scale

871 bar = 5 μ m).

872 **(B)** Quantification of GluA1 and TfR colocalization. Images in A were analyzed to
873 measure the percent of GluA1 puncta co-localizing with TfR puncta. Expression of TC10
874 constructs did not alter the degree of colocalization. Data are shown as mean \pm SEM;
875 control cells 4.6% \pm 0.3%, TC10WT cells 4.9% \pm 0.8%, TC10DN cells 4.2% \pm 0.8%,
876 TC10CA cells 5.6% \pm 1%, n=5 for all groups.

877 **(C)** Effects of TC10 constructs on the co-localization between GluA1 subunits and Arf6.
878 Neurons were transfected with Arf6-HA and Venus-TC10WT or TC10DN/CA mutants.
879 Cells were permeabilized and stained for Arf6-HA (Rb anti-HA) and total GluA1
880 (anti-GluA1 mAb). (Scale bar = 5 μ m).

881 **(D)** Quantification of the overlap between GluA1 and Arf6. Images in C were analyzed to
882 measure the Pearson's correlation coefficients (R_r) of GluA1 co-localization with Arf6.
883 Data are shown as mean \pm SEM; TC10WT 0.46 \pm 0.04; TC10DN 0.66 \pm 0.04; TC10CA
884 0.31 \pm 0.04 (n= 7-10 cells per group; *p<0.02 relative to TC10WT; **p<0.05 relative to
885 TC10WT).

886 **(E)** Effects of TC10 constructs on GluA1 puncta density (number of puncta per 10 μ m) in
887 dendrites of neurons expressing Venus-TC10WT or TC10DN/CA mutants. Data are
888 shown as mean \pm SEM; TC10WT 6.9 \pm 0.4; TC10DN 5.6 \pm 0.7; TC10CA 41.7 \pm 4.8 (n= 5
889 fields per group; *p<0.0002 relative to TC10WT). Inset, histogram showing the
890 distribution of small (diameter <200nm) and large (diameter 200-1200nm) GluA1 puncta
891 (n \sim 100 puncta per group).

892 **(F)** Quantification of the overlap (Pearson's correlation coefficients, R_r) between TC10
893 and Arf6 in (C). Data are shown as mean \pm SEM; TC10WT 0.77 \pm 0.03; TC10DN 0.60 \pm
894 0.02; TC10CA 0.84 \pm 0.02 (n= 7-10 cells per group; *p<0.0004 relative to TC10WT).

895 **Figure 2-figure supplement 1. Co-distribution of TfR staining and mCherry-Rab11.**

896 Hippocampal cultures were stained for TfR and Rab11 on DIV18. The two markers
897 showed extensive overlap. (Scale bar = 5 μ m).

898 **Figure 3. AMPARs undergo dynamin-independent endocytosis.**

899 **(A)** mCherry-GluA1 and TfR Internalization and block of dynamin function. Hippocampal
900 neurons were transfected with mCherry-GluA1, and 1 day post-transfection, treated with
901 1% DMSO (control group) or 80 μ M dynasore (to block dynamin function) for 30 minutes
902 at 37C. Neurons were then incubated with anti-RFP antibodies and Tf-Alexa 647 at 37C
903 for 40 minutes, acid washed to remove surface antibodies/dye, fixed, permeabilized and
904 imaged. With sham treatment (control), surface labeled GluA1 and TfR were both

internalized in the dendritic shaft (first row). Dynasore treatment had no effect on GluA1 internalization, but blocked TfR endocytosis (Tf-Alexa 647 labeling confined to surface and not present intracellularly, second row).

(B) Intensity plots of internalized TfR (Tf-Alexa 647) with and without (sham) dynasore treatment as in (A). Dynasore greatly inhibited TfR internalization.

(C) Quantification of GluA1 and Tf-Alexa647 internalization and block of dynamin function. Data are shown as mean \pm SEM; GluA1 endocytosis, sham 100% \pm 16%; dynasore 112% \pm 12%. For Tf-Alexa647 endocytosis sham 100% \pm 23%; Dynasore 30% \pm 18%, (n=5 for all groups; ***p< 0.001).

(D) Endogenous GluA1 and TfR Internalization and block of dynamin function. As an alternative approach to measure GluA1 and TfR Internalization, cortical neurons were sham-treated (with DMSO) or with dynasore as in (A). After, surface proteins were labeled with Sulfo-NHS-SS-biotin, and cultured for 40 minutes at 37C to allow for endocytosis. Biotin on proteins remaining on the cell surface was removed by glutathione treatment and cells solubilized. Internalized proteins were pulled-down with streptavidin beads and analyzed by Western blotting. Displayed are GluA1, TrR and actin bands (loading control) from whole cell lysates to estimate inputs for sham- or dynasore-treated neurons (left) and GluA1 and TfR bands from the streptavidin pull-downs to estimate internalized receptors for sham- or dynasore-treated neurons (right).

(E) Quantification of GluA1 and TfR internalization and block of dynamin function. The levels of GluA1 endocytosis were reduced to 90% \pm 9% vs. sham-treated by dynasore treatment. The levels of TfR endocytosis were reduced to 61% \pm 6% (n=3 experiments; ***p<0.01) vs. sham-treated by dynasore treatment. Total protein levels (inputs) for GluA1 and TfR were not affected by dynasore treatment.

Figure 4. Synaptic activity alters the endocytosis pathway taken by AMPARs

(A) Effects of TC10 constructs on cLTP and cLTD. Hippocampal neurons were transfected with mCherry-GluA1 plus Venus, TC10DN or TC10CA. 1 day post transfection, cells were stimulated with a mixture of the NMDA receptor agonist, glycine and GABA_A receptors antagonists, to induce LTP chemically in hippocampal cultures. Then surface exposed mCherry-GluA1 was stained live with anti-RFP antibody. In control cells, cLTP treatment caused a 39% increase in surface GluA1 (100% \pm 9%, n=10 to 139% \pm 10%, n=14). In cells expressing TC10DN and TC10CA, cLTP treatment also caused a 78% (37% \pm 7%, n=13 to 66% \pm 9%, n=12) and 54% (41% \pm 4%, n=21 to 63% \pm 6%, n=15) increase in surface GluA1 respectively. In parallel, transfected cells were treated with NMDA to chemically induce LTD as well. Control cells showed a 62% decrease of surface GluA1 (100% \pm 10%, n=10 to 38% \pm 3%, n=11), while TC10DN and TC10CA expressing cells showed a 31% (67% \pm 7%, n=13 to 46% \pm 3%, n=10) and 55% (60% \pm

5%, n=5 to $27\% \pm 4.2\%$, n=6) reduction respectively.

(B) Effects of TC10 constructs on cLTP and cLTD. Data in (A) replotted and normalized to respective sham values in order to compare the changes with cLTP and cLTD.

(C) Effects of TC10 constructs on synaptically-induced LTD. Left: AMPAR EPSC amplitudes, expressed as a percentage of baseline AMPAR EPSC amplitude (10 minutes), before and after the induction of LTD by electrical LFS for 5 minutes (gap). Right: Bar graph of the average AMPAR EPSC amplitude depression measured twenty minutes after LFS. Control cells showed a $52.4\% \pm 0.5\%$ reduction in AMPAR EPSC amplitude after LTD induction; TC10DN and TC10CA showed a $27.5\% \pm 1.0\%$ and $48.3\% \pm 1.0\%$ reduction in AMPAR EPSC amplitude respectively.

(D) mCherry-GluA1 internalization after cLTP. Neurons were sham or cLTP treated and imaged for internalized mCherry-GluA1 and either TfR or HA-Arf6. GluA1 internalization increased by $24\% \pm 5\%$ when treated with cLTP (n=6; $**p<0.01$).

(E) mCherry-GluA1 co-localization with TfR (left) and Arf6 (middle) after cLTP. Colocalization of internalized GluA1 with TfR increased with cLTP: sham-treated $21\% \pm 2\%$, n=15; cLTP $56\% \pm 2\%$, n=23 ($**p<0.0001$). Colocalization of internalized GluA1 with Arf6 did not significantly change: sham-treated $52\% \pm 2\%$, n=12; cLTP $47\% \pm 3\%$, n=5. Left panel displays the distribution of GluA1 co-localization with TfR, Arf6 or neither marker for sham-treated and cLTP conditions.

Figure 4-figure supplement 1. Synaptic activity alters the endocytosis pathway taken by AMPARs

Representative images for the quantification displayed in Fig. 4D, and E. Neurons were sham or cLTP treated and imaged for internalized mCherry-GluA1 and either TfR (A) or Arf6-HA (B). cLTP treatment caused an increase in the colocalization between internalized GluA1 and TfR, while colocalization with Arf6 didn't change (arrows indicate colocalizing puncta). (Scale bar = 5 μ m).

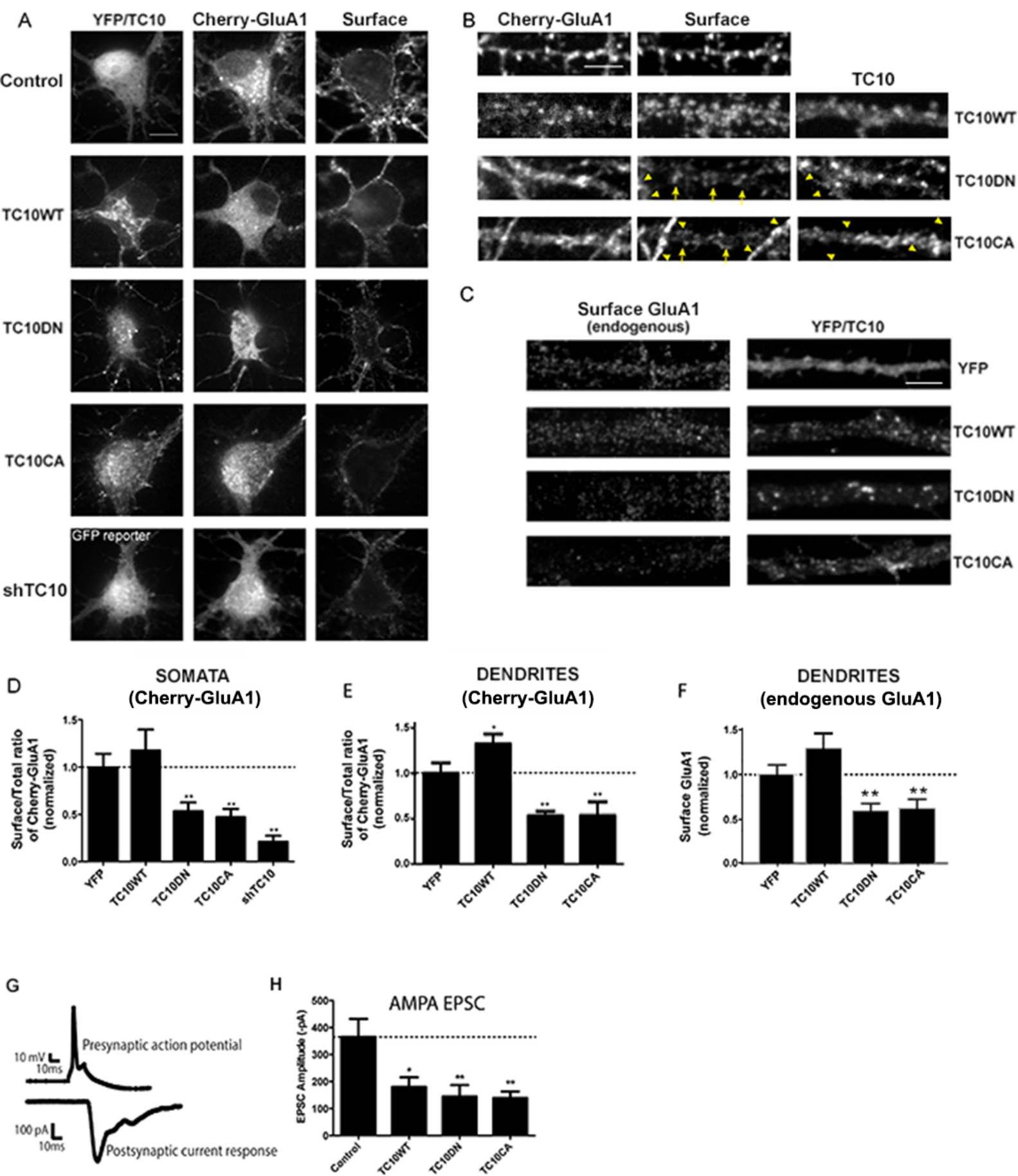
Figure 5. New model for AMPAR constitutive and activity-dependent recycling.

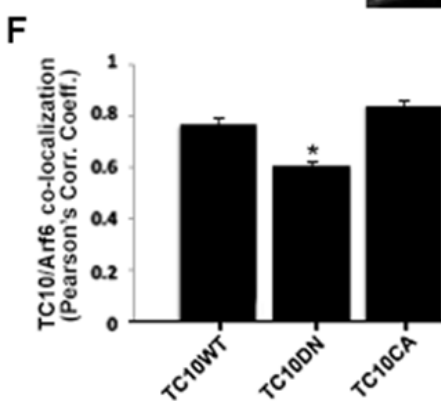
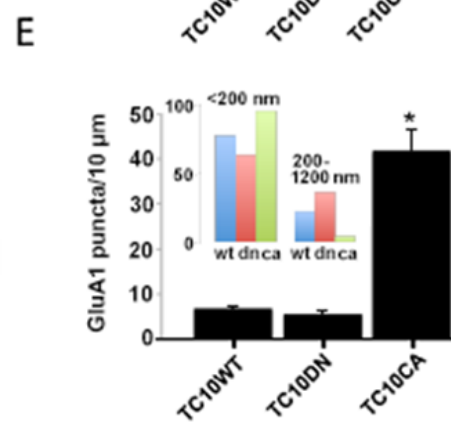
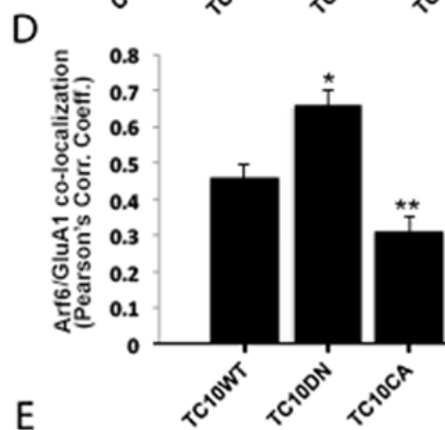
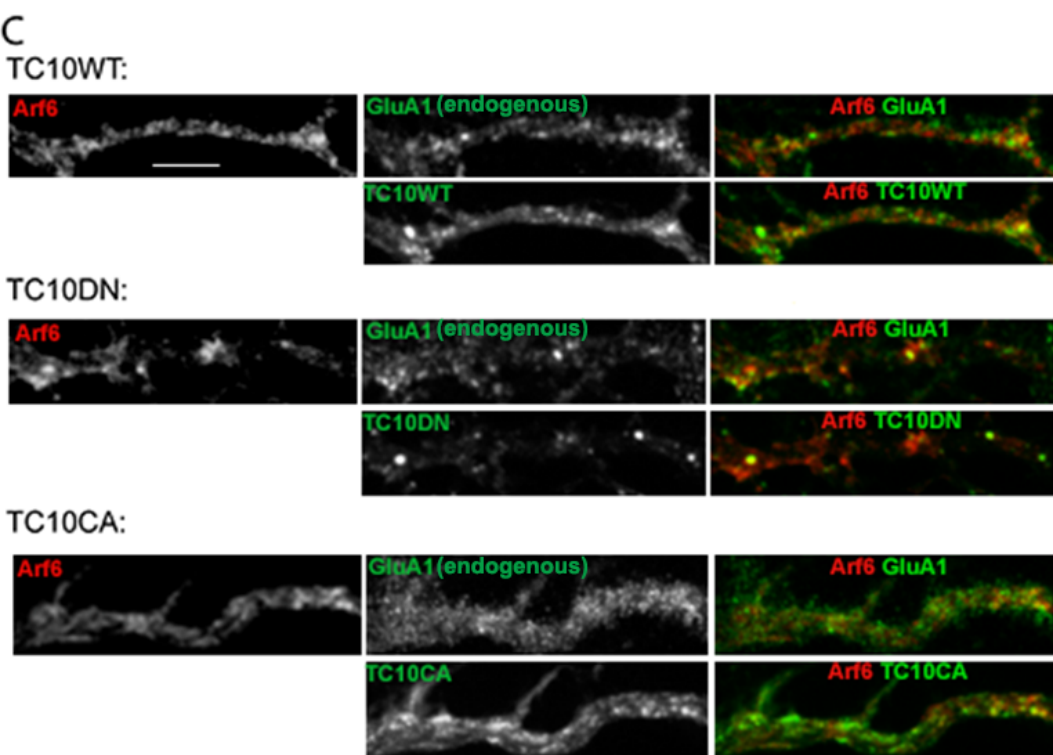
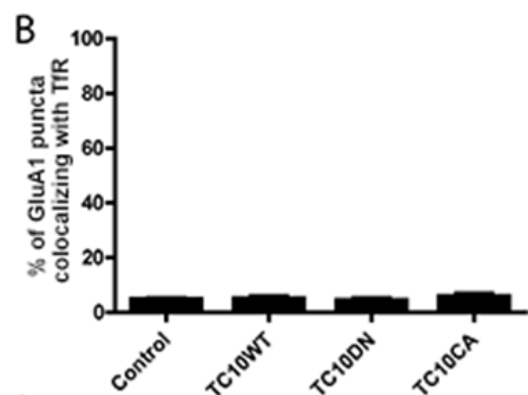
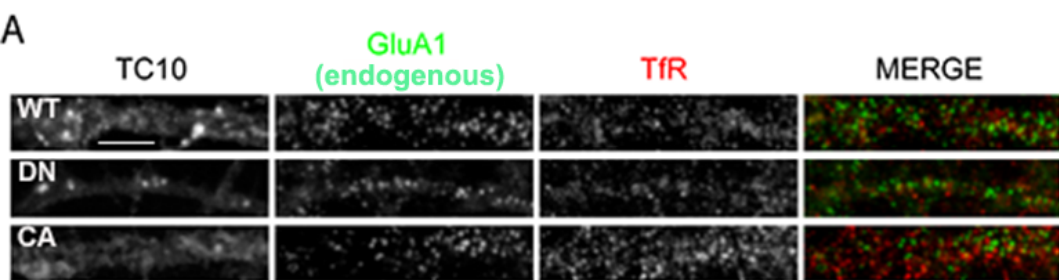
(A) Conventional "single-synapse" AMPAR recycling model. AMPARs exit PSDs by lateral diffusion and are endocytosed into clathrin-coated pits at sites near PSDs. After, endocytosed AMPARs are sorted into recycling endosomes (REs), the same pathway used by TfR for recycling back to the cell surface, where AMPARs diffuse to and could be trapped in PSDs. An underlying assumption of the model is that AMPAR recycling is restricted to single spines and the endosomal membranes in the spine and dendrite neighboring the spine. Activity during LTP increases AMPAR exocytosis and transport from REs without altering its endocytosis thereby decreasing AMPAR levels in REs.

979 **(B)** AMPAR recycling model with two AMPAR recycling pathways under constitutive
980 conditions. Based on evidence in this study, at least two different AMPAR recycling
981 pathways exist for AMPAR recycling. AMPARs largely recycle through the Arf6- and
982 TC10-dependent recycling pathway, which originates at sites near the PSD and
983 endocytose at clathrin- and dynamin-independent sites. This recycling pathway acts to
984 move AMPARs from sites near the PSD to sites distant from the synapse such that
985 AMPARs cannot return via membrane diffusion. Smaller numbers of AMPARs
986 endocytose at sites distant from the spine via clathrin-coated pits using dynamin.
987 Endocytosed AMPARs traffic into recycling endosomes in the same pathway as TfRs.
988 This recycling pathway acts to move AMPARs from distant sites to sites accessible to
989 PSDs so that AMPARs can diffuse into PSDs to balance the loss via the Arf6-dependent
990 recycling pathway.

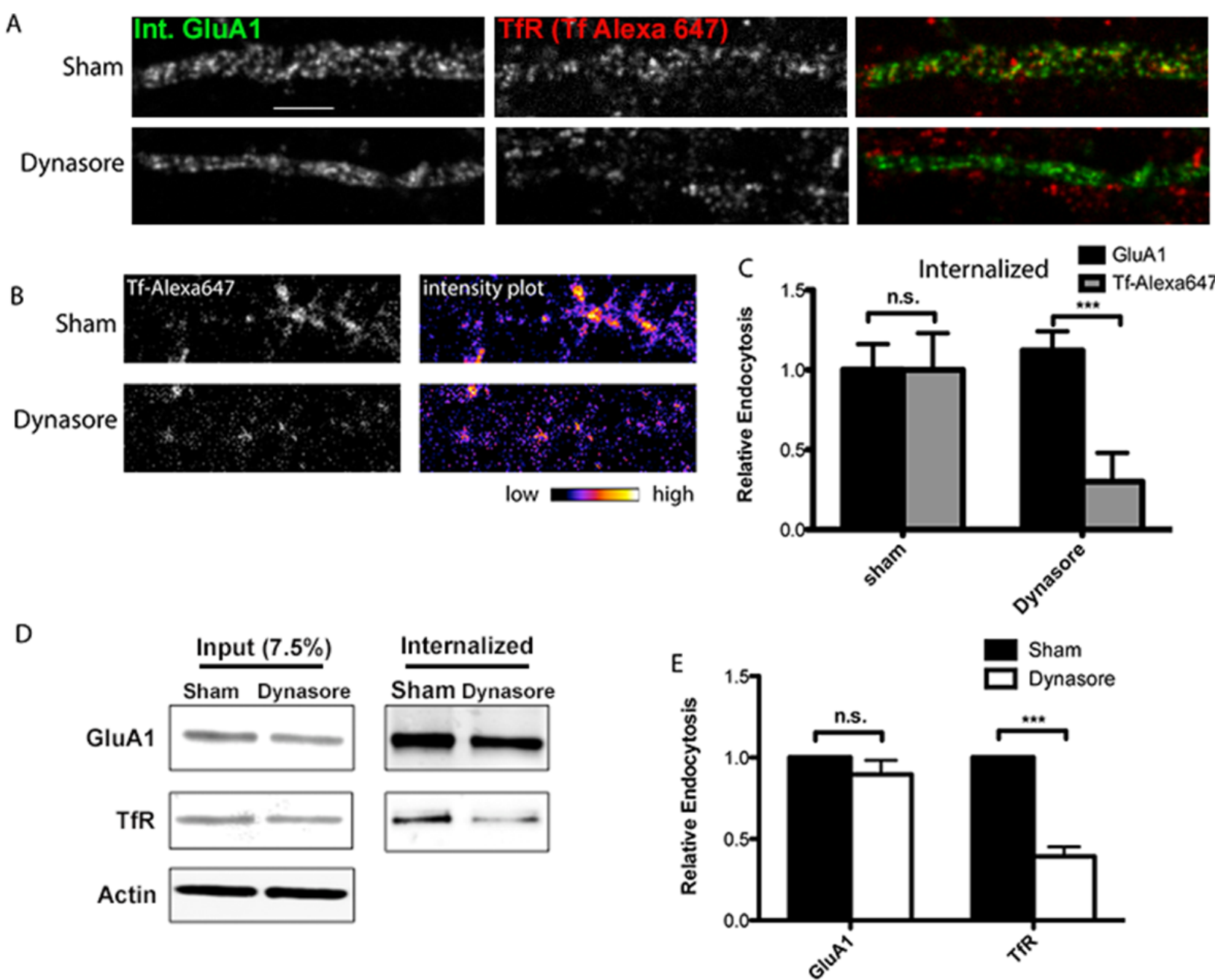
991 **(C)** AMPAR recycling after cLTP. Activity-dependent events during cLTP increase AMPAR
992 recycling through the dynamin-dependent pathway, trafficking AMPARs from
993 clathrin-coated pits distant from the stimulated synapse to sites accessible to the
994 stimulated PSD. Endocytosed AMPARs are transported in the recycling endosomes with
995 the net effect of trafficking more AMPARs into the stimulated PSD. AMPAR recycling
996 through the Arf6- and TC10-dependent recycling pathway continues unchanged after
997 cLTP.

998 **(D)** AMPAR recycling after cLTD. Similar to what is observed after cLTP,
999 Activity-dependent events during cLTP increase AMPAR recycling through the
1000 dynamin-dependent pathway except with the net effect of trafficking AMPARs out of
1001 PSDs and away from the stimulated spines. AMPAR endocytosis occurs at
1002 clathrin-coated pits near stimulated PSD and AMPARs transported in REs away from the
1003 cLTD spines and recycling to the cell surface at distant sites. The Arf6- and
1004 TC10-dependent recycling pathway shown in (B) is also unchanged during cLTD, and
1005 overall traffic AMPARs out of synaptic spines.

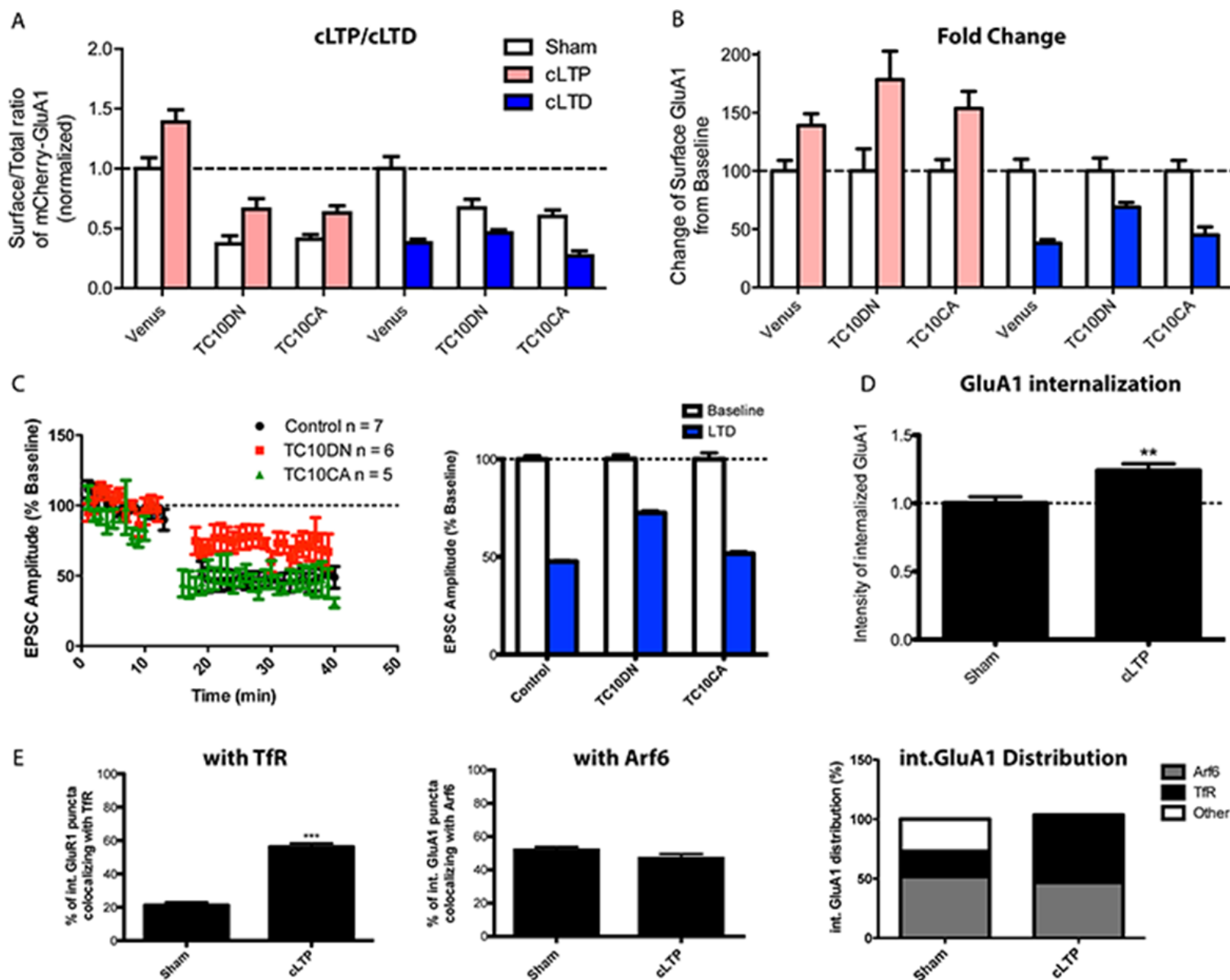




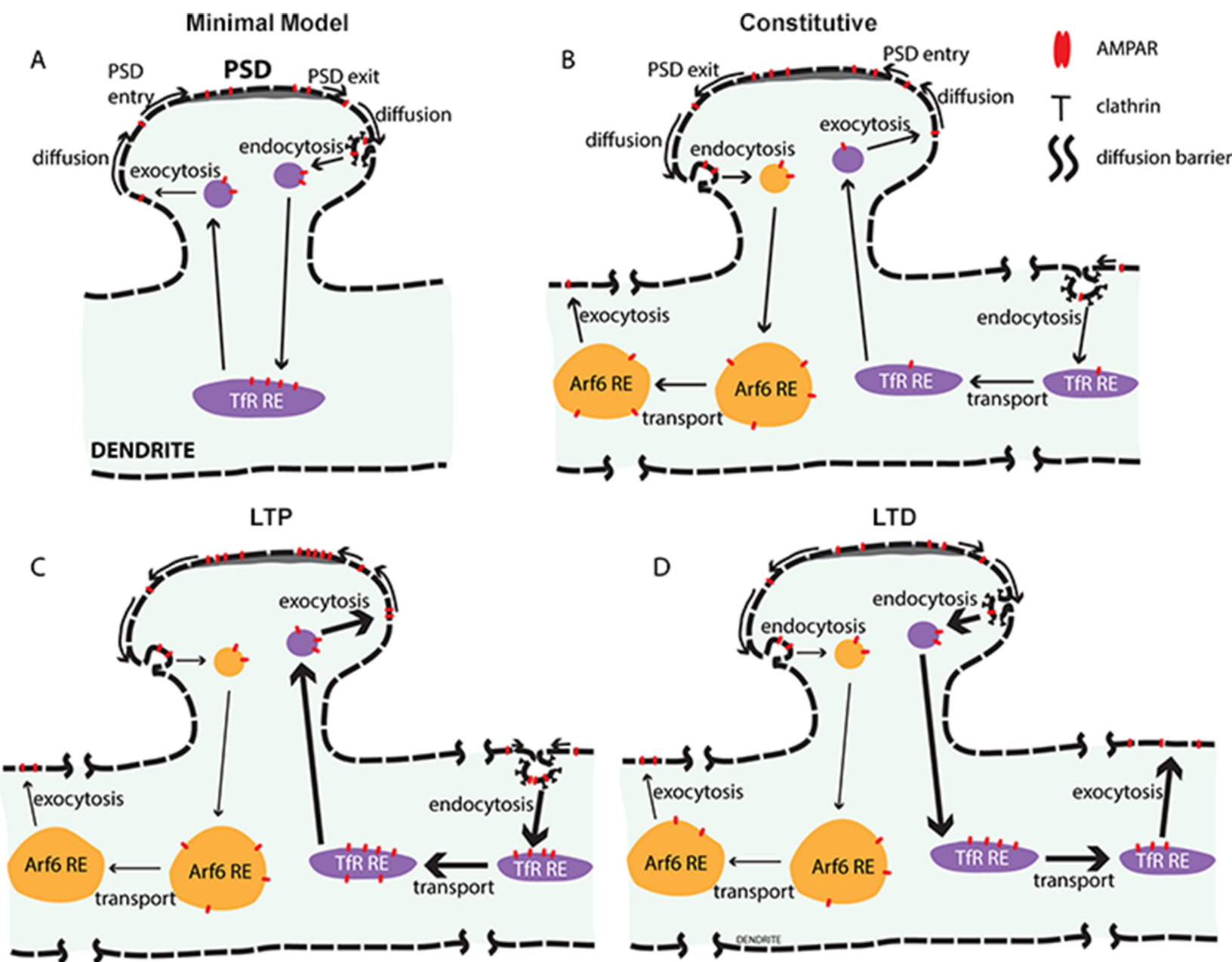
Green Figure-2



Green Figure-3



Green Figure-4



Green Figure-5