# Predicting the risk of heart disease:

The 'heartdisease' dataset is a collection of patient data related to heart disease risk factors. It typically consists of 918 observations, each corresponding to a different patient. The dataset includes both numerical and categorical variables, with the target variable indicating whether each patient is at risk of heart disease or not.

### **Variables**

**Age:** The age of the patient.

**Sex:** The gender of the patient (M or F).

**RestingBP:** The resting blood pressure of the patient (in mm Hg).

**Cholesterol:** The cholesterol level of the patient (in mg/dL).

Fasting BS: Fasting blood sugar level (> 120 mg/dL or  $\leq 120 \text{ mg/dL}$ ).

**RestingECG:** Resting electrocardiographic results (normal, having ST-T wave abnormality, or left ventricular hypertrophy).

**MaxHR:** Maximum heart rate achieved by the patient. Angina: Exercise-induced angina (yes or no).

**HeartPeakReading:** A variable representing a measurement or reading related to the peak activity or performance of the heart during a specific event or condition.

**HeartDisease:** A binary categorical variable indicating the presence (1) or absence (0) of heart disease in patients.

Installing packeges and calling the data:

```
install.packages("MLDataR")
```

Installing package into '/cloud/lib/x86\_64-pc-linux-gnu-library/4.3'
(as 'lib' is unspecified)

```
library(MLDataR)
library(caret)
```

Loading required package: ggplot2

Loading required package: lattice

## data("heartdisease")

### Check the structure of the data:

## str(heartdisease)

```
tibble [918 x 10] (S3: tbl_df/tbl/data.frame)
                  : num [1:918] 40 49 37 48 54 39 45 54 37 48 ...
 $ Age
                  : chr [1:918] "M" "F" "M" "F" ...
$ Sex
$ RestingBP
                  : num [1:918] 140 160 130 138 150 120 130 110 140 120 ...
$ Cholesterol
                  : num [1:918] 289 180 283 214 195 339 237 208 207 284 ...
$ FastingBS
                  : num [1:918] 0 0 0 0 0 0 0 0 0 ...
$ RestingECG
                  : chr [1:918] "Normal" "Normal" "ST" "Normal" ...
$ MaxHR
                  : num [1:918] 172 156 98 108 122 170 170 142 130 120 ...
                  : chr [1:918] "N" "N" "N" "Y" ...
$ Angina
$ HeartPeakReading: num [1:918] 0 1 0 1.5 0 0 0 0 1.5 0 ...
$ HeartDisease : num [1:918] 0 1 0 1 0 0 0 0 1 0 ...
```

## Print summary statistics of data:

## summary(heartdisease)

Age	Sex	RestingBP	Cholesterol
Min. :28.00	Length:918	Min. : 0.0	Min. : 0.0
1st Qu.:47.00	Class :character	1st Qu.:120.0	1st Qu.:173.2
Median :54.00	Mode :character	Median :130.0	Median :223.0
Mean :53.51		Mean :132.4	Mean :198.8
3rd Qu.:60.00		3rd Qu.:140.0	3rd Qu.:267.0
Max. :77.00		Max. :200.0	Max. :603.0
FastingBS	RestingECG	MaxHR	Angina
Min. :0.0000	Length:918	Min. : 60.0	Length:918
1st Qu.:0.0000	Class :character	1st Qu.:120.0	Class :character
Median :0.0000	Mode :character	Median :138.0	Mode :character
Mean :0.2331		Mean :136.8	
3rd Qu.:0.0000		3rd Qu.:156.0	
Max. :1.0000		Max. :202.0	
HeartPeakReadin	g HeartDisease		
Min. :-2.6000	Min. :0.0000		
1st Qu.: 0.0000	1st Qu.:0.0000		
Median : 0.6000	Median :1.0000		

Mean : 0.8874 Mean : 0.5534 3rd Qu.: 1.5000 3rd Qu.:1.0000 Max. : 6.2000 Max. :1.0000

Splitting the data into train and test set: It allows us to train the model on one part and evaluate its performance on another, ensuring that the model generalizes well to new data and avoids overfitting.

```
index <- sample(1: nrow(heartdisease), round(nrow(heartdisease)*0.80))
train <- heartdisease[index,]
test <- heartdisease[-index,]</pre>
```

## Building logistic regression model:

```
lr_model <- glm(HeartDisease~.,data=train, family = "binomial")
lr_model</pre>
```

```
Call: glm(formula = HeartDisease ~ ., family = "binomial", data = train)
```

#### Coefficients:

(Intercept)	Age	SexM	RestingBP
1.392585	0.012494	1.266126	-0.002508
Cholesterol	FastingBS	${\tt RestingECGNormal}$	RestingECGST
-0.002444	1.405342	-0.288841	-0.432851
MaxHR	AnginaY	${\tt HeartPeakReading}$	
-0.022852	1.494141	0.636296	

Degrees of Freedom: 733 Total (i.e. Null); 723 Residual

Null Deviance: 1012

Residual Deviance: 636.2 AIC: 658.2

# Print the summary of the model:

```
summary(lr_model)
```

```
Call:
glm(formula = HeartDisease ~ ., family = "binomial", data = train)
```

#### Coefficients:

```
Estimate Std. Error z value Pr(>|z|)
(Intercept)
              1.392585
                       1.300017 1.071
                                       0.2841
              0.012494
                       0.012498
                                1.000
                                       0.3175
Age
SexM
                                4.906 9.29e-07 ***
              1.266126 0.258067
RestingBP
              -0.002508 0.005470 -0.459
                                       0.6466
Cholesterol
             -0.002444 0.001043 -2.343
                                       0.0191 *
FastingBS
              RestingECGNormal -0.288841 0.267098 -1.081
                                       0.2795
RestingECGST
             -0.432851 0.331862 -1.304
                                       0.1921
             MaxHR
                       0.230681 6.477 9.35e-11 ***
AnginaY
              1.494141
                       0.112762 5.643 1.67e-08 ***
HeartPeakReading 0.636296
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

(Dispersion parameter for binomial family taken to be 1)

Null deviance: 1012.30 on 733 degrees of freedom Residual deviance: 636.16 on 723 degrees of freedom

AIC: 658.16

Number of Fisher Scoring iterations: 5

## Calculate the probabilities and dividing the possibilities into two groups:

```
summary(lr_model)
```

```
Call:
```

```
glm(formula = HeartDisease ~ ., family = "binomial", data = train)
```

### Coefficients:

	Estimate	Std. Error	z value	Pr(> z )	
(Intercept)	1.392585	1.300017	1.071	0.2841	
Age	0.012494	0.012498	1.000	0.3175	
SexM	1.266126	0.258067	4.906	9.29e-07	***
RestingBP	-0.002508	0.005470	-0.459	0.6466	
Cholesterol	-0.002444	0.001043	-2.343	0.0191	*
FastingBS	1.405342	0.266197	5.279	1.30e-07	***
RestingECGNormal	-0.288841	0.267098	-1.081	0.2795	
RestingECGST	-0.432851	0.331862	-1.304	0.1921	

```
MaxHR
                             0.004590 -4.978 6.41e-07 ***
                 -0.022852
                                        6.477 9.35e-11 ***
AnginaY
                  1.494141
                             0.230681
HeartPeakReading 0.636296
                                        5.643 1.67e-08 ***
                             0.112762
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
(Dispersion parameter for binomial family taken to be 1)
    Null deviance: 1012.30 on 733
                                    degrees of freedom
Residual deviance: 636.16
                            on 723
                                    degrees of freedom
AIC: 658.16
Number of Fisher Scoring iterations: 5
predicted_probs <- predict(lr_model, test[, -10], type= "response")</pre>
head(predicted_probs)
         1
                    2
                               3
                                                      5
                                                                 6
0.35524898 0.81047220 0.07443053 0.52968708 0.25363737 0.43299045
```

```
1 2 3 4 5 6
```

0 1 0 1 0 0

head(predicted\_classes)

This code block is used to measure the performance of a classification model. The first four lines calculate the values of TP, FP, TN, and FN based on the model's predictions. The next line shows the class distribution in the training set. Finally, the confusionMatrix() function evaluates the model's performance by comparing predicted and actual classes, providing metrics such as accuracy, precision, recall scores.

predicted\_classes <- ifelse(predicted\_probs > 0.5, 1, 0)

```
confusionMatrix(table(ifelse(test$HeartDisease == "1", "1", "0"),
predicted_classes), positive = "1")
```

Confusion Matrix and Statistics

```
predicted_classes
    0  1
0  58  16
```

Accuracy : 0.8098

95% CI: (0.7455, 0.8638)

No Information Rate : 0.5815 P-Value [Acc > NIR] : 3.969e-11

Kappa : 0.607

Mcnemar's Test P-Value: 0.7353

Sensitivity: 0.8505 Specificity: 0.7532 Pos Pred Value: 0.8273 Neg Pred Value: 0.7838 Prevalence: 0.5815

Detection Rate : 0.4946
Detection Prevalence : 0.5978
Balanced Accuracy : 0.8019

'Positive' Class : 1

Accuracy (Accuracy): It expresses the ratio of correctly predicted samples. In this case, the accuracy rate is approximately 83.15%. So, the model's correct classification rate is quite high.

95% CI (Confidence Interval): It is the 95% confidence interval of the accuracy rate. This indicates the probability that the accuracy estimate will be within a certain range.

(0.7695, 0.8826)

Kappa (Kappa Statistic): It indicates how much better the model performs compared to a random model. The higher the value, the better the model performs. In this case, the kappa value is 0.6578.

**Sensitivity (Sensitivity):** It expresses the true positive rate. That is, it shows how many of the true positives were correctly detected. In this case, the sensitivity rate is approximately 83.81%.

**Specificity** (Specificity): It expresses the true negative rate. That is, it shows how many of the true negatives were correctly identified. In this case, the specificity rate is approximately 82.28%.

Pos Pred Value (Positive Predictive Value): It expresses the accuracy of positive predictions. That is, it shows how many of the predicted positives were actually positive. In this case, the positive predictive value is approximately 86.27%.

Neg Pred Value (Negative Predictive Value): It expresses the accuracy of negative predictions. That is, it shows how many of the predicted negatives were actually negative. In this case, the negative predictive value is approximately 79.27%.

**Prevalence** (Prevalence): It expresses the rate of the positive class in the dataset. In this case, the prevalence of the positive class in the dataset is approximately 57.07%.

**Detection Rate** (Detection Rate): It expresses the rate at which the model correctly detects the positive class. In this case, the detection rate is approximately 47.83%.

Balanced Accuracy (Balanced Accuracy): It is the weighted average of sensitivity and specificity. Balanced accuracy is calculated based on the number of samples in each class and better reflects performance on imbalanced datasets. In this case, the balanced accuracy rate is approximately 83.04%.

#### **Brier Score**

The Brier score is a metric that measures the accuracy of probabilistic predictions made by a classification model. It is particularly used in models that predict the probability of an event occurring. The Brier score measures how well the model's predicted probabilities align with the observed outcomes.

The Brier score is the average squared difference between the predicted probability and the observed outcome for each example. A lower Brier score indicates that the model's probability predictions are better aligned with the actual events, suggesting better calibration. Thus, a lower Brier score indicates better model performance.

Therefore, the Brier score is an important metric for evaluating the accuracy and calibration of probability predictions made by a model.

To calculate Brier Score we should install following package:

```
install.packages("ModelMetrics")
```

Installing package into '/cloud/lib/x86\_64-pc-linux-gnu-library/4.3' (as 'lib' is unspecified)

# library(ModelMetrics)

```
Attaching package: 'ModelMetrics'

The following objects are masked from 'package:caret':

confusionMatrix, precision, recall, sensitivity, specificity

The following object is masked from 'package:base':

kappa
```

# Calculating Brier score:

```
{brier(lr_model)}
```

A Brier score of 0.1458128 indicates the accuracy of probabilistic predictions made by a classification model. This score represents the average squared difference between the predicted probabilities and the actual outcomes for each example.

In practical terms, a Brier score closer to 0 indicates better calibration and accuracy of the model's predicted probabilities. Therefore, a Brier score of 0.1458128 suggests that the model's probability predictions are reasonably well-calibrated, but there is still room for improvement.