

chicken shnitzel

egg - beaten

flour

bread crumbs seasond with salt, pepper and garlic

boneless chicken breast

olive oil

heat oil in a frying pan.

dip the chicken pieces to cover in:

1) flour

2). egg

3). bread crumbs

fry in the frying pan on med. heat about 6-8 minutes per side. should be golden brown and crispy when done.