

### **stir fried chinese noodles**

8 oz. cooked pasta like linguine or fettucine  
1 tbl. oil  
1 cup slice shrooms  
5 garlic cloves minced  
3 green onion sliced  
1/4 cup soy sauce  
1 tbl. brown sugar  
1/12 tablespoons lime juice (from 1 lime)  
1 tbl. sesame oil  
1 tbl. ketchup  
1 tbl. harissa  
2 large eggs  
2 cups spinach, washed and cut

heat a skillet over med. high heat. add oil to pan and swirl to coat. add shroom. sauté 4 minutes stirring occasionally. add garlic and green onions. sauté for 1 minute stirring constantly. combine soy sauce and the next 5 ingredients (through harissa) stir well. add to mushroom mix and bring to a boil. add cooked noodles to pan, toss to cat. add eggs. cook 2 minutes or until the eggs are cooked toss well. remove from heat and stir in spinach.

would also be good with some cashews thrown in.