

# ELISABETH R. PELIKAN, B.Sc. M.Sc.

## Curriculum Vitae

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In my Ph.D. I have researched self-regulation, motivation (based on self-determination theory) and well-being in learning contexts during COVID-19. In my spare time I am a passionate runner and triathlete and a triathlon coach. Going forward I would love to combine my interests, e.g., in exploring which self-regulation techniques may influence athletes' performance under pressure and how taking psychological need satisfaction into account during physical activity and training planning can boost peoples' well-being.

### EDUCATION

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|-------------------|---|
| 02/2019           | <b>Ph.D. Candidate in Psychology</b><br>Faculty of Psychology – University of Vienna  |
| 10/2016 - 01/2019 | <b>M.Sc. in Psychology</b> (passed with distinction)<br>Faculty of Psychology – University of Vienna<br><i>Thesis title:</i> “Language development in very and extremely preterm infants - A retrospective study”<br><i>Thesis supervisor:</i> Ass.-Prof. Mag. Dr. Harald Werneck |
| 10/2014 - 07/2016 | <b>B.Sc. in Psychology</b><br>Faculty of Psychology – University of Vienna<br><i>Thesis title:</i> “Nutritional behavior and quality of life in relation to the residential situation among students”<br><i>Thesis supervisor:</i> Mag. Dr. Laura Brandt                          |
| 10/2000 - 04/2002 | University of Vienna – Faculty of Philosophy and Education –<br>Pedagogy and philosophy (prematurely terminated)  |
| 09/2004 - 06/2006 | Educational Institute for Kindergarten Pedagogy (BAKIP) – Certified<br>kindergarten teacher   |

### ACADEMIC EXPERIENCE

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|-------------------|---|
| 10/2020 - ongoing | <b>Lecturer</b> – Faculty of Psychology – University of Vienna                        |
| 02/2019 - ongoing | <b>University assistant (prae doc)</b> – Faculty of Psychology – University of Vienna |
| 09/2017 – 02/2020 | <b>Tutor</b> – Faculty of Psychology – University of Vienna                           |
| 09.2016 - 01.2019 | <b>Student Assistant</b> – Faculty of Psychology – University of Vienna               |

## NON-ACADEMIC EXPERIENCE

08.2011 - 08.2016	Kindergarten teacher – St. Nikolausstiftung – Vienna
11.2010 - 07.2011	Private daycare – Verein Hotzenplotz – Vienna
03.2010 - 10.2010	Private daycare – Self-employed – Vienna
08.2006 - 10.2010	Kindergarten teacher – Kinder in Wien – Vienna

## CONFERENCE CONTRIBUTIONS & PRESENTATIONS

### Oral Presentations & Workshops

- Finsterwald, M. & Pelikan, E. (2022, June 4). *How can we best support doctoral candidates?* [Workshop] Supervisors' Day 2022 of the Vienna Doctoral School of Social Sciences.
- Pelikan, E. (2021, November 3). *Impulsvortrag zum Forum „Neue Lehr- und Lernformen* [Short talk at the forum „New forms of teaching and learning“]. 25. OeAD-Hochschultagung, online.
- Pelikan, E., Holzer, J., Schober, B., Lüftenegger, M. (2021, September, 15). *Welche Rolle spielen Implizite Fähigkeitstheorien für schulisches Wohlbefinden?* [Which role do Implicit ability theories play in school well-being?]. PAEPSY, 2021, online.
- Pelikan, E., Fasching, M., Hager, K., Holzer, J., Korlat, S., Lüftenegger, M., Spiel, C., Schober, B. (2021, June 25). *Lernen unter COVID-19 Bedingungen* [Learning under COVID-19 conditions]. Vernetzungskonferenz des deutschsprachigen Netzwerks für innovative Lernumgebungen, online.
- Pelikan, E., Fasching, M., Hager, K., Holzer, J., Korlat, S., Lüftenegger, M., Reiter, J., Schober, B., Spiel, C. (2021, May 21). *Lernen unter COVID-19 Bedingungen* [Learning under COVID-19 conditions]. Kinderrechte Monitoring Board, Bundeskanzleramt, Sektion Familie und Jugend, online.
- Schober, B., Pelikan, E. (2021, April 23). *Selbstreguliertes Lernen und Arbeiten im Studium – Voraussetzungen für einen erfolgreichen Abschluss?* [Self-regulated learning and working in studies – Prerequisites for successful graduation?] Workshop der Österreichischen Forschungsgemeinschaft: Studierende zum Abschluss motivieren, online.
- Holzer, J., Korlat, S., Lüftenegger, M., Pelikan, E., Spiel, C., Schober, B., & Devaney, C. (2020, October 28 - 30). *Protective factors for adolescent well-being in times of COVID-19*. 8<sup>th</sup> International Congress of Educational Sciences and Development, Pontevedra, Spain.
- Korlat, S., Holzer, J., Lüftenegger, M., Pelikan, E., Schober, B., Spiel, C. (2021, April 15). *Schooling in COVID-19 – Challenges and Opportunities*. PHERECLOS Online Consortium Meeting: Lectures from external experts, online.
- Korlat, S., Holzer, J., Lüftenegger, M., Pelikan, E., Schober, B., Spiel, C. (2021, February 1). *Learning under COVID-19: Challenges for self-regulation*. Word Education Leadership Online Conference, online.
- Spiel, C., Pelikan, E. (2020, December 2). *Lernen unter COVID-19 – Herausforderungen für die Selbstregulation*. [Learning under COVID-19 - Challenges for self-regulation.] Online-Vernetzungskonferenz 2021 Nationale Strategie zur sozialen Dimension in der Hochschulbildung, online.
- Schober, B., Pelikan, E. (2020, October 29). *Selbstreguliertes Lernen als Schlüsselkompetenz und Ziel universitärer Lehre*. [Self-regulated learning as a key competence and goal of university teaching.] Teaching Vets-Symposium 6, online.
- Poster presentations**
- Pelikan, E.R., Korlat, S., Holzer, J., Schober, B., Spiel, C., Lüftenegger, M. (2021, December 1). Challenges in Learning under COVID-19 among Adolescents: Gender and Age Differences. digiGEBF2021, online. <https://www.doi.org/10.13140/RG.2.2.17362.89280>

## MEDIA

- Interview at the Ars Boni Podcast (24.06.21)  
<https://www.youtube.com/watch?v=yDquGceUaeE>
- Contribution for the Vienna Children's University (co-author)  
<https://kinderuni.online/kurs/tipps-und-tricks-fuer-den-schulalltag/>

## TEACHING EXPERIENCE

03/2021 – 06/2022	Übung: “Präsentations- und Moderationstechniken” [Exercise: „Presentation- and Moderationstechniques“] – University of Vienna
10/2021 - 01/2022	Anwendungsseminar: „Wissenschaftskommunikation: Wissenschaftliche Befunde und Fachwissen erfolgreich vermitteln - von Schule bis Parlament“ [Application Seminar: “Science Communication: Successfully Communicating Scientific Findings and Expertise - from School to Parliament”] – University of Vienna
10/2021 – 01/2022	Übung: “Präsentations- und Moderationstechniken” [Exercise: „Presentation- and Moderationstechniques“] – University of Vienna
03/2021 – 06/2021	Übung: “Präsentations- und Moderationstechniken” [Exercise: „Presentation- and Moderationstechniques“] – University of Vienna
10/2020 – 01/2021	Übung: “Präsentations- und Moderationstechniken” [Exercise: „Presentation- and Moderationstechniques“] – University of Vienna

## FUNDED SCIENTIFIC PROJECTS

04/2020 - 11/2021	Scientific project staff in the project “Lernen unter COVID-19” [“Learning under COVID-19”] at the Faculty of Psychology, University of Vienna – funded by Vienna Science and Technology Fund
2019 - 2020	Scientific project staff in the project “Aktives Studieren” [“Active Studying”] at the Faculty of Psychology, University of Vienna
2019 - 2022	Scientific project staff in the project “Studierende zum Abschluss motivieren (SAM)” [“Motivate students to graduate”] at the Faculty of Psychology, University of Vienna

## ANCILLIARY ACTIVITIES

05/2021 – ongoing	Member of the early career researcher team of the Austrian Network for Higher Education (Junge Hochschulforschung – JuHoFo) <ul style="list-style-type: none"><li>- Participating in meet-ups</li><li>- Co-managing slack space</li></ul>
06/2021 - ongoing	Member of the early career researcher team of the Austrian Psychological Association (Österreichische Gesellschaft für Psychologie; ÖGP) <ul style="list-style-type: none"><li>- Co-organizing the pre-conference day of the 14th Conference of the Austrian Society of Psychology</li><li>- Co-organizing of the COVID-19 fund for early career researchers</li></ul>

## AWARDS

06/2022	<b>Teaching Award</b> – University of Vienna
10/2018 – 09/2019	<b>Performance Scholarship</b> – University of Vienna
10/2016 – 09/2017	<b>Performance Scholarship</b> – University of Vienna
10/2014 – 09/2015	<b>Performance Scholarship</b> – University of Vienna

## COURSES AND FURTHER EDUCATION

12/2021	Data manipulation with dplyr – Datacamp (Data Scientist Career Track)
12/2021	Introduction to the Tidyverse – Datacamp (Data Scientist Career Track)
12/2021	Intermediate R – Datacamp (Data Scientist Career Track)
12/2021	Introduction to R – Datacamp (Data Scientist Career Track)
09/2021	Negotiation and conflict – University of Vienna
06/2021	Conversation in English: Conference & Meeting Situations – University of Vienna
06/2021	COIL (Collaborative Online International Learning) – University of Vienna
05/2021	Present better - Appear confident in online meetings – University of Vienna
04/2021	Publication Strategies in the Academic "Publish or Perish" Competition – University of Vienna
WS 2020/21	Latent Variable Modeling in Mplus – University of Vienna
09/2020	E-Moderation: Design and communicate online tasks – University of Vienna
SS 2020	Scientific Writing – University of Vienna
WS 2019/21	Doing Open Science – University of Vienna
WS 2019/21	Multilevel Modeling for Experimental and Longitudinal Data in R – University of Vienna
06/2019	“R” for advanced users – University of Vienna
04/2019	Introduction to “R” – University of Vienna
04/2019	The Master Seminar: Supervising during the Semester
03/2019	Basic Qualification for Junior Staff - Teaching in Higher Education – University of Vienna
04/2017	Getting and Cleaning Data – Coursera (Johns Hopkins University)
11/2016	R Programming – Coursera (Johns Hopkins University)
10/2016	The Data Scientist’s Toolbox – Coursera (Johns Hopkins University)

## PUBLICATIONS

### First author publications

- Pelikan, E. R., Lüftenegger, M., Fasching, M., Fassl, F., Hager, K., Holzer, J., Korlat, S., Mayerhofer, M., Reiter, J., Schober, B., & Spiel, C. (2022). *Lernen während der Pandemie – Erfahrungen und Implikationen aus der COVID-19 Krise*. [Manuscript in preparation]
- Pelikan, E. R., Grützmaker, L., Hager, K., Holzer, J., Korlat, S., Mayerhofer, M., Schober, B., Spiel, C., & Lüftenegger, M. (2022). *The role of basic need satisfaction for intrinsic motivation and self-regulated learning during COVID-19: A longitudinal study*. [Manuscript in preparation]
- Pelikan, E. R., Finsterwald, M., Dresel, M., Rinas, R., Schober, B., Lüftenegger, M., (2022). *Selbstreguliertes Lernen und Metakognition in der Erwachsenenbildung. Theoretische Grundlagen und praktische Anwendung*. [Manuscript submitted].
- Pelikan, E., Rinas, R., Finsterwald, M., Dresel, M., Eckerlein, N., Schober, B. & Lüftenegger, M. (2022). Selbstreguliertes Lernen im Studium: Bedarfsgerechte Unterstützung von Studierenden. Ein Kompendium für Lehrende und Studiengangsverantwortliche. <https://doi.org/10.25365/phaidra.332>
- Pelikan, E., Reiter, J., Bergen, K., Lüftenegger, M., Holzer, J., Korlat, S., Schober, B., & Spiel, C. (2022). Lernen unter COVID-19 Bedingungen: Zur Situation der Studierenden in Österreich. In H. Angenent, J. Petri, & T. Zimenkova (Eds.), *Bildungsforschung: Hochschulen in der Pandemie* (1st ed., Vol. 9, pp. 200–215). transcript Verlag. <https://doi.org/10.14361/9783839459843-013>
- Pelikan, E. R., Korlat, S., Reiter, J., Holzer, J., Mayerhofer, M., Schober, B., Spiel, C., Hamzallari, O., Uka, A., Chen, J., Välimäki, M., Puharić, Z., Anusionwu, K. E., Okocha, A. N., Zabrodska, A., Salmela-Aro, K., Käser, U., Schultze-Krumbholz, A., Wachs, S., ... Lüftenegger, M. (2021). Distance learning in higher education during COVID-19: The role of basic psychological needs and intrinsic motivation for persistence and procrastination—a multi-country study. *PLOS ONE*, 16(10), e0257346. <https://doi.org/10.1371/journal.pone.0257346>
- Pelikan, E., Hager, K., Holzer, J., Korlat, S., Spiel, C., Schober, B., & Lüftenegger, M. (2021). Emergency Distance Learning in Austria during COVID-19: Selected Findings and Implications. *Digital Psychology*, 2(2), 19–22. <https://doi.org/10.24989/dp.v2i2.2018>
- Pelikan, E. R., Lüftenegger, M., Holzer, J., Korlat, S., Spiel, C., & Schober, B. (2021). Learning during COVID-19: The role of self-regulated learning, motivation, and procrastination for perceived competence. *Zeitschrift Für Erziehungswissenschaft*, 24(2), 393–418. <https://doi.org/10.1007/s11618-021-01002-x>

### Co-author publications

- Holzer, J., Korlat, S., Pelikan, E., Schober, B., Spiel, C., & Lüftenegger, M., (2022). *The role of parental self-efficacy regarding parental support for adolescents' coping, self-regulated learning, learning self-efficacy and positive emotions*. [Manuscript in preparation].
- Holzer, J., Korlat, S., Haider, C., Mayerhofer, M., Pelikan, E., Schober, B., Spiel, C., Toumazi, T., Salmela-Aro, K., Käser, U., Schultze-Krumbholz, A., Wachs, S., Dabas, M., Verma, S., Iliev, D., Andonovska-Trajkovska, D., Plichta, P., Pyżalski, J., Walter, N., ... Lüftenegger, M. (2021). Adolescent well-being and learning in times of COVID-19 - A multi-country study of basic psychological need satisfaction, learning behavior, and the mediating roles of positive emotion and intrinsic motivation. *PLOS ONE*, 16(5), e0251352. <https://doi.org/10.1371/journal.pone.0251352>
- Holzer, J., Lüftenegger, M., Käser, U., Korlat, S., Pelikan, E., Schultze-Krumbholz, A., Spiel, C., Wachs, S., & Schober, B. (2021). Students' basic needs and well-being during the COVID-19 pandemic: A two-country study of basic psychological need satisfaction, intrinsic learning motivation, positive emotion and the moderating role of self-regulated learning. *International Journal of Psychology*, ijop.12763. <https://doi.org/10.1002/ijop.12763>
- Holzer, J., Lüftenegger, M., Korlat, S., Pelikan, E., Salmela-Aro, K., Spiel, C., & Schober, B. (2021). Higher Education in Times of COVID-19: University Students' Basic Need Satisfaction, Self-Regulated

- Learning, and Well-Being. *AERA Open*, 7, 233285842110031.  
<https://doi.org/10.1177/23328584211003164>
- Kollmayer, M., Korlat, S., Holzer, J., Lüftenegger, M., **Pelikan, E. R.**, Spiel, C., & Schober, B. (2022). *Digital learning during COVID-19: An intersectional perspective on secondary students' motivation and perceived teacher support*. [Manuscript submitted].
- Korlat, S., Reiter, J., Yanagida, T., Holzer, J., **Pelikan, E.**, Schober, B., Spiel, C., Lüftenegger, M. (2022). *Congruent or Conflicted During the COVID-19 Pandemic: The Role of Social Norms and Norm Conflict in Adolescents' Rule Adherence and Well-being*. [Manuscript submitted].
- Korlat, S., Reiter, J., Kollmayer, M., Holzer, J., **Pelikan, E.**, Schober, B., Spiel, C., & Lüftenegger, M. (2022). Basic psychological needs and agency and communion during the COVID-19 pandemic: Gender differentials and the role of well-being in adolescence and early adulthood. *Journal of Individual Differences*. [Manuscript accepted for publication].
- Korlat, S., Holzer, J., Reiter, J., **Pelikan, E. R.**, Schober, B., Spiel, C., & Lüftenegger, M. (2022). *The role of the Big Two in socially responsible behavior during the COVID-19 pandemic: Agency and communion in adolescents' personal norm and behavioral adherence to instituted measures*. PLOS ONE, 17(6), e0269018. <https://doi.org/10.1371/journal.pone.0269018>
- Korlat, S., Kollmayer, M., Holzer, J., Lüftenegger, M., **Pelikan, E. R.**, Schober, B., & Spiel, C. (2021). Gender Differences in Digital Learning During COVID-19: Competence Beliefs, Intrinsic Value, Learning Engagement, and Perceived Teacher Support. *Frontiers in Psychology*, 12, 637776.  
<https://doi.org/10.3389/fpsyg.2021.637776>