elisa ugarte

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# EDUCATION

PhD University of California, Davis, Human Development Current

Advisor: Paul D. Hastings

MA University of California, Berkeley, Human Development and Education May 2017

Advisor: Susan Holloway

TC Universidad Mayor (Chile), Teaching Credentials May 2015

Graduated with maximum distinction (1st in Class)

English as a Second Language

CE Universidad Diego Portales (Chile), Quantitative Methods for Social Sciences January 2015

Graduated with maximum distinction (1st in Class)

Certificate

BA Pontificia Universidad Católica (Chile), Drama December 2012

Graduated with two distinction votes

Minored in Sociology

# COMPETITIVE AWARDS AND HONORS

Provost’s Dissertation Fellowship in the Arts, Humanities, and Social Sciences ($48,300) 2022-2023

International Society of Developmental Psychobiology Distinguished Abstract and Travel Award 2021

Erna & Orville Thompson Endowment Research grant ($2500) 2021

Best Early Career Abstract Award for the International Society of Psychoneuroendocrinology 2020

UC Network on Child Health, Poverty and Public Policy Student Training Grants ($4000) 2020

Christine Westall Travel Award for Mental Health and Families Research 2019

Human Development Graduate Group Travel Award, UCD 2018

Becas-Chile CONICYT Ph.D. Fellowship for Doctoral Program

*Fellowship Nº 72180409* 2017-2021

Becas-Chile CONICYT M.A. Fellowship for Masters’ Program

*Fellowship Nº 73160367* 2015-2017

Alpha Delta Kappa Distinguished International Teacher Award 2015-2017

Tinker Fellowship for Field Research in Latin America ($1000) 2016

Fulbright Scholarship for Masters’ in the US 2015-2017

# PUBLICATIONS

Boyer, C.J., **Ugarte, E.,** Buhler-Wassmann, A.C., & Hibel, L.C. (*In press*). Latina mothers navigate COVID-19: Within- and between-family stress processes over time. *Journal of Family Relations.*

**Ugarte, E\*.,** Johnson, L.J\*., Robins, R.W., Guyer, A.E., & Hastings, P.D*.* (*2022*).The Impact of Poverty on Autonomic Physiology of Latinx Adolescents: The Role of Environmental Risks. *New Directions for Child and Adolescent Development.* 1– 34. https://doi.org/10.1002/cad.20462\* Denotes co-first authors

**Ugarte, E.,** Miller, J.G., Weissman, D.G., & Hastings, P.D*.* (*2021)* Vagal Flexibility Moderates the Relation between Environmental Risk and Adjustment Problems in Childhood. *Development & Psychopathology.* https://doi.org/10.1017/S0954579421000912

**Ugarte, E.,** Liu, S., & Hastings, P.D*.* (*2021).* Modeling development between and within families: Parasympathetic activity and emotion socialization predict internalizing and externalizing problems in children. *Developmental Psychology.* doi. 10.1037/dev0001039

Knapp, M.E., Partington, L.C., Hodge, R.T., **Ugarte, E.,** & Hastings, P.D.*(In press)* We’re All in this Together: Focus on Community Attenuates Effects of Pandemic-Related Financial Hardship on Reactance to COVID-19 Public Health Regulations. *PLOS ONE 16*(12): e0260782. https://doi.org/10.1371/journal.pone.0260782.

Johnson, L. E., Parra, L. A., **Ugarte, E.,** Robins, R. W., Guyer, A. E., & Hastings, P. D., *(2021).* Patterns of Poverty Across Adolescence Predict Salivary Cortisol Stress Responses in Mexican-origin Youth. *Psychoneuroendocrinology, 132,* 105340. <https://doi.org/10.1016/j.psyneuen.2021.105340>

Carlo, G., Hastings, P.D., Logan Dicus, J., & **Ugarte, E.** (2021).  Development, culture, and neurobiology of moral emotions in ethnic/racial minority children: A case study of U.S. Latino/a children. To appear in D. Dukes, A. C. Samson, & E. A. Walle (Eds.), *The Oxford Handbook of Emotional Development*. New York: Oxford University Press.

Hastings, P.D., **Ugarte, E.,** Mashash, M., Marceau, K., Natsuaki, M. N., Shirtcliff, E. A., Zahn-Waxler, C., & Klimes-Dougan, B. (2021). The codevelopment of adolescents' and parents' anxiety and depression: Moderating influences of youth gender and psychophysiology. Depression and Anxiety, 1– 11. https://doi.org/10.1002/da.23183

**Ugarte, E.,** Narea, M., Aldoney, D., Weissman, D.G., Hastings, P.D. (2020) Family Risk and Externalizing Problems in Chilean Children: Mediation by Harsh Parenting and Emotional Support. *Child Development.* 92: 871-888. https://doi.org/10.1111/cdev.13464

Gubbins, V.,**Ugarte, E.,** Cárcamo, H. (2020). Estilos comunicativos docents y su incidencia en los modos de participacion de los padres desde la Mirada de madres de grupos vulnerables. *Propositos y Representaciones, 8*(2), e408.http://dx.doi.org/10.20511/pyr2020.v8n2.408

Valentino, K., Hibel, L.C., Spiedel, R., Fondren, K., & **Ugarte, E.** (2019). Longitudinal effects of maltreatment, intimate partner violence, and Reminiscing and Emotion Training on children's diurnal cortisol regulation. Development and Psychopathology, 33(3), 868-884. doi:10.1017/S095457942000019X

# MANUSCRIPTS UNDER REVIEW

**Ugarte, E.** & Hastings, P.D.(*Revise and resubmit*). Assessing Unpredictability in Caregiver-Child Relationships: Insights From Theoretical And Empirical Perspectives. *Development & Psychopathology.* **Link to preprint:** https://psyarxiv.com/pwe4x

# MANUSCRIPTS IN PREPARATION

**Ugarte, E.,** Boyer, C.J., Buhler-Wassaman, A.C., & Hibel, L.C.*.* (in prep). "Not knowing what's going to happen": Latino Families' Experiences of Instability Throughout 2020. **Registration DOI.** [10.17605/OSF.IO/JH9EV](https://doi.org/10.17605/OSF.IO/JH9EV)

**Ugarte, E.,** Partington, L.C., Hodge, R., & Hastings, P.D*.* (in prep). Examining childhood unpredictability and adult attachment as predictors of emerging adults’ distress in the wake of COVID-19 and the murder of George Floyd. **Registration DOI.** [10.17605/OSF.IO/EH5WS](https://doi.org/10.17605/OSF.IO/EH5WS)

**Ugarte, E.,** Partington, L.C., Johnson, L.J., Robins, R.W., & Hastings, P.D*.* (in prep). The Great Recession & Symptoms of Depression in Mexican-origin Families: Considering Youth Perceptions & Timing of Resilience Factors. <https://github.com/elisaugarte/GreatRecession>.

Johnson, L.E.\*, **Ugarte, E.\*,** Robins, R.W., Guyer, A.E., & Hastings, P.D. (in prep).Environmental Toxins and Poverty Predict Latinx Adolescents’ Adrenocortical Stress Regulation and Immune Function. \*dual first-authors

**Ugarte, E.,** Hibel, L.H., Buhler-Wassaman, A.C., & Liu, S*.* (in prep). Financial concern, day-to-day maternal emotions, and infant diurnal cortisol rhythms in Mexican-origin dyads: Positive emotions as a moderator and stress as a mediator.

# INVITED TALKS & SYMPOSIA

**Ugarte, E.** (2022). Coloquio DCDP: Adversidad y fisiología del estrés desde la infancia a la adolescencia: Una perspectiva bioecológica. *Invited talk presented at Universidad del Desarrollo, Chile* ([recording available](https://psicologia.udd.cl/noticias/2022/04/video-coloquio-dcdp-adversidad-y-fisiologia-del-estres-desde-la-infancia-a-la-adolescencia-una-perspectiva-bioecologica/)).

**Ugarte, E.\*,** Johnson, L.J.\*, & Hastings, P.D. (2021). The Impact of Poverty on Neurobiology in Latinx Adolescents: The role of Environmental Risks. **In E. Ugarte & J.G. Miller (co-chairs)** “Multidimensional Effects of Neighborhood Socioeconomic Status and Toxin Exposure Across Development.” *Talk presented at the 2021 Biennal Meeting of the Society for Research in Child Development, Virtual. \*dual first-authors*

**Ugarte, E.,** Boyer, C., Buhler-Wassman, A.C., & Hibel L.C. (2021). A Within-person Approach to the Psychological Impact of COVID-19 on Latina Mothers and their Children. In **E. Ugarte (Chair)** Trajectories of Family Mental Health During COVID-19: A Focus on Socioeconomic Contexts” *Talk presented at the 2021 Biennal Meeting of the Society for Research in Child Development, Virtual.*

Mercado, E., **Ugarte, E.,** & Hibel L.C. (2021). Coregulation of Diurnal Cortisol in Mexican Origin Mother-Infant Dyads. In K. Lyons-Ruth (Chair). “Risk and Protective Factors in the Regulation of Maternal and Infant Cortisol” *Talk presented at the 2021 Biennal Meeting of the Society for Research in Child Development, Virtual.*

Johnson, L.E.\*, **Ugarte, E.\*,** Chan, N., Robins, R.W., Guyer, A.E., & Hastings, P.D. (2020). The Impact of Poverty on Neurobiology in Latinx Adolescents: The Role of Environmental Risks*. Invited talk presented at the Center for Poverty Research Graduate Student Retreat, Davis, CA. \*dual first-authors*

Hastings, P.D., **Ugarte, E.,** Miller, J.G. (2019). Children’s dynamic vagal flexibility protects against anxiety symptoms but is sensitive to maternal psychological control. *Talk* *presented at the 2019 Society for Psychophysiological Research, Washington, DC.*

Johnson, L.E., Parra, L.A., Weissman, D.G., **Ugarte, E.,** Han, S., Robins, R.W., Guyer, A.E., & Hastings, P.D. (2019). Differential Trajectories of Poverty Predict Salivary Cortisol Stress Responses in Mexican-origin Adolescents*. Invited talk presented at the Center for Poverty Research Graduate Student Retreat*, Davis, CA.

**Ugarte, E.,** Narea, M., Aldoney, D., Weissman, D.G., Hastings, P.D. (March 2019). Family Risk and Externalizing Problems in Chilean Children: Mediation by Harsh Parenting and Emotional Support. *Talk*

*presented the 2019 Biennial Meeting of the Society for Research in Child Development, Baltimore, MD.*

**Ugarte, E.** (April, 2018). Role Construction and Self-Efficacy: Chilean Low-Income Mothers Conceptualizations of Engagement. *Roundtable Talk presented the 2018 American Educational Research Association Conference, New York, NY.*

# POSTER PRESENTATIONS

\*Denotes mentored student.

Gonzalez Millan, N.\*, **Ugarte, E.,** & Hibel L.C*.* (2022) Pre-pandemic Income and Latina mothers’ experience of stress and chronicity of economic insecurity during the COVID-19 pandemic. *Poster presented at the 2021 Western Psychological Association Conference, Portland, OR.*

Antiporda G.\*, **Ugarte, E.,** Johnson, L.E., & Hastings, P.D. (2022). Suicidality in Adolescence: The Role of Parent-Youth Relationships. *Poster presented at the 30th Annual Health Conference of the Filipinx Association for Health Careers*, *Davis, CA*.

Ramirez, J.\*, **Ugarte, E.,** & Hastings, P.D. (2022). Does Endorsing Cultural Values Affect Mexican Parents Engagement in Warm Parenting?. *Center for Mind and Brain Psychology Research Conference*, *Davis, CA*.

Her, H.G.\*, **Ugarte, E.,** & Hastings, P.D. (2022). The Effects of Warm Parenting and Familism Among Mexican-Origin Youth. *Center for Mind and Brain Psychology Research Conference*, *Davis, CA.*

Bainbridge, M.\*, Johnson, L.E., **Ugarte, E.,** & Hastings, P.D. (2022). Cortisol dysregulation and suicidality in adolescence. *Center for Mind and Brain Psychology Research Conference*, *Davis, CA.*

**Ugarte, E.,** & Hastings, P.D. Maternal mood unpredictability is associated with blunted parasympathetic reactivity to negative emotions. *Poster presented at the 54th Annual Meeting of the International Society for Developmental Psychobiology, Chicago, IL.* <https://github.com/elisaugarte/MoodEntropyRSA>

**Ugarte, E.,** Partington, L.C., Johnson, L.J., Robins, R.W., & Hastings, P.D*.* (2021). The Great Recession & Symptoms of Depression in Mexican-origin Families: Considering Youth Perceptions & Timing of Resilience Factors. *Poster presented at the 2021 International Resilience Symposium, Germany ,Online.*

<https://github.com/elisaugarte/GreatRecession>

Li, K.\*, **Ugarte, E.,** & Hastings, P.D*.* (2021) Maternal Emotion Socialization and Depressive Symptoms in Adolescents: Moderation by Youth Gender. *Poster presented at the 2021 Western Psychological Association Conference, Online.*

**Ugarte, E.,** Hibel,L.C, Buhler-Wassman, A.C., & Liu, S*.* (2020) Financial concern, day-to-day maternal emotions, and infant diurnal cortisol rhythms in Mexican-origin dyads: Positive emotions as a moderator and stress as a mediator. *Poster presented at the 2020 Anual Meeting of the International Society of Psychoneuroendocrinolgy, Online.*

**Ugarte, E.,** Miller, J.G., Weissman, D.G., & Hastings, P.D*.* (2019).Vagal Flexibility Moderates the Relation between Environmental Risk and Adjustment Problems in Childhood. *Poster presented at the 2019 Biennial Meeting of the Society for Research in Child Development, Baltimore, MD.*

**Ugarte, E.,** Miller, J.G., Weissman, D.G., & Hastings, P.D*.* (2018).Vagal Flexibility, Environmental Risk and Adjustment Problems in Childhood. *Poster presented at the 2018 American Psychological Science, San Francisco, CA.*

# METHODOLOGICAL AND TECHNICAL SKILLS

*Observational*  Unpredictability of Sensory Signals, Specific Affect Coding System (SPAFF).

*Video Coding*

*Analysis* ANOVA, REGRESSION, MODERATION, MULTI-LEVEL MODELING, STRUCTURAL EQUATION *Techniques* MODELING

*Statistical* R, MPLUS, SAS, SPSS

*Software*

*Physiological* Mindware Biolab, Mindware HRV Analysis, Mindware EDA Analysis, Mindware IMP Analysis

*Analysis*

*Other*  Google Suite, Office Suite

# RESEARCH EXPERIENCE

Graduate Student Researcher Summer 2019 - Current

Global Ties for Children, NYU, NYU Abu-Dhabi

P.I.s Alice Wuermli, Ph.D., Hirokazu Yoshikawa, Ph.D., & J. Lawrence Aber, Ph.D.

P.I.s Antje Von Suchodoletz, Ph.D.

* Analysis and Validation of Observational Instruments.
* Acquisition and analysis of stress physiology data in two randomized controlled trials with refugees in Jordan and Bangladesh using Mindware hardware and software.
* Test validity of four different hardware to acquire physiological data in emergency contexts.
* Focus on training project researchers and adapting physiological data acquisition in emergency contexts.

Graduate Student Researcher Spring 2019, Summer 2018

California Babies Project, UCD

P.I. Leah Hibel, Ph.D.

* Data coordinator for Ecologically Momentary Assessments and stress physiology data in a multilevel model framework (Spring).
* Conducted a qualitative study about mothers’ beliefs and behaviors (Summer).

Research Practicum (Non-Funded Position) 2016-2017

Center of Prevention Research, UC Berkeley

P.I. Valerie Shapiro, Ph.D.

* Developed an evaluation package for a social and emotional learning program, centered in implementation outcomes and short-term effects in students and school climate.
* Prepared school archival data, performed univariate and bivariate analysis.

Research Practicum (Non-Funded Position) 2017

Emotion & Emotion Regulation Lab, UC Berkeley

P.I. Iris Mauss, Ph.D.

* Coded mother-child emotion and behavioral interactions using Specific Affect Coding System (SPAFF).
* Trigger and batch editing of physiological data.

# TEACHING AND RELEVANT EMPLOYMENT EXPERIENCE

UC Davis Summer 2021

**Teaching Assistant,** *Research Methods in Human Development*

Instructor: Jonah Cox, Ph.D.

UC Davis Winter 2019

**Teaching Assistant,** *Social and Personality Development*

Instructor: Johnna Swartz, Ph.D.

UC Davis Spring 2018, Fall 2018

**Teaching Assistant,** *Human Sexuality*

Instructor: Lisa L. Rapalyea, Ph.D. & Nicole Polen-Petit, Ph.D.

Enseña Chile, Santiago, Chile December 2014-July 2015

**Tutor and Instructor,** *800 total hours*

* Mentored incoming cohort of beginning teachers
* Planned and taught courses on motivation, socioemotional skills, and growth mindset

Escuela Matilde Huici Navas, Santiago, Chile 2013-2014

**Elementary School Teacher,** *3200 total hours*

* English Teacher: Outstanding performance assessment according to external evaluation made by Fundación Chile.
* Homeroom Teacher: Fostered a supportive parent network, supported an autonomous classroom culture and improved the class academic performance from a C to a B+ during two years

Fundación Asesorías Educativas Panal, Santiago, Chile 2013

**Co-Founder,** *120 total hours*

* Designed the initial model, curriculum, and evaluation program for the development of prosocial skills in high school students. Adapted the model for middle and elementary schools
* <http://www.panal.org/>

# MENTORSHIP, INSTITUTIONAL SERVICE AND AFFILIATIONS

Ad-hoc reviewer: *Child Development, Development & Psychopathology, New Directions for Child Development*

Undergraduate Research Center: Research Training and Mentorship Mentor 2021-2022

Social Media Committee, ISDP 2022-Current

International Society for Developmental Psychobiology Member

Society for Research in Child Development Member

Graduate Student Recruitment Organizer, UC Davis 2018-2019

Graduate Assembly Representative, UC Davis 2017-2018

Member of Chilean Students Association, UC Berkeley 2015-2017

Student Senate Representative, Pontificia Universidad Católica, Chile 2011

Student Director of Cultural Affairs, Pontificia Universidad Católica, Chile 2010

# LANGUAGES

English: Advanced listener, speaker, reading and writing

Spanish: Native