



(Cumulative Experience Action Plan)

Intervention summary statement

Provide a summary description of the intervention planned.

A reader should be able to read and answer questions about the intervention :

- why,
- what,
- how,
- who and
- by when

By the end of the semester, I hope to have an intervention that is implemented for those who are barely learning about the different resources the organization Food and Clothing Assistance Co-op provides. I know that I will be working with clients one on one and being able to specifically know their needs is important because it will allow me to know exactly where the barriers that individual is facing. How I plan to do this is bettering the website that is currently being used for this organization and also making some flyers for the community who live around the area. At times those who are new to the program have many questions so being able to be prepared with at least some type of paper filled with different information about the organization would be essential because at times we need important information from them such as, social security, ID, where the person lives and at times it could be at times uncomfortable for some to give out this information. Being able to provide them with that information would make them feel more at ease to know why that information must be needed from them. I am also trying to make a research analysis including the demographics about the individuals who are coming in to get help. Also, taking some data on the different types of foods that are being provided to these individuals. I think that is important for those who are coming in to get help getting proper nutritional foods as well. Being able to provide these different interventions towards this organization and the clients who are coming in could enhance the different ways we as an organization provide the help that is necessary for many. It could also make it easier for clients to understand the different options of help we provide, which would allow them to feel comfortable enough for them to recommend others to come and get help with us.

Community analysis

Provide a summary description of the community this intervention plan relates to. Include a description of community attributes

Once I have the intervention in place the community that this intervention plan will be impacting is low-income and homeless individuals. Those who are coming to get assistance will be getting their needs met by being able to get clothes, food, utility bills assistance, gas money to go to interviews, and also we will be providing the resources for any further assistance that they may need if we are unable to provide them with it. The community that my organization will be working with are the residents of Grand Prairie. The majority of those who are coming to this organization are individuals who live in grand prairie and if they happen to be residents of a different district it is important to give them information on the other resources that are available to them in their area. I think that many outsiders who are living in a complicated situation do not fully understand that there are many different resources out there for them to get the help they may need, all it takes is to simply ask questions. However, at times there could be a language barrier so it may make it even more difficult for many to be able to comfortably ask questions and understand what is being said to them. There is a very diverse group of people who come in, but the majority of them are Hispanic and black individuals. Although there are different organizations all around the metroplex it is important for everyone in the community to know that there are many organizations like Food and Clothing around their corner, waiting to assist them in any way that they can.

Problem analysis

Provide a summary description of the problem this intervention plan relates to. Include a description of:

- Nature, severity and scale of problem?
- Distribution of problem

Many of the individuals who will be coming in to get assistance are low-income individuals, and also there are many who are homeless as well. Single mothers are a big group of individuals who come in with their children to get assistance. This is a huge problem for many due to the loss of a job, veterans not getting enough resources to live a stable life after serving their country, and just simply living on the streets and being homeless. This becomes a greater issue because if the one living in that situation can't move forward and live a better life. As a result, their future children may have to endure the same circumstances making it very difficult for many individuals to have a good quality of life. Being able to provide such resources to these people can help them so much, that in the end, it could help them get back on their feet and be able to provide for themselves and their loved ones. When an individual is living under these different circumstances it creates concerns for their very own well being. For example, it can create a lack of nutritional concerns to one's body, they may not be getting the right amount of nutritional foods on a day to day basis. Secondly, those who are homeless risk getting infectious diseases, viruses, unsanitary lifestyles can expose individuals to toxins, pollutants, which can influence lifestyles that can contribute to diabetes, coronary vascular disease, and also asthma. Many who are getting assistance are unaware of the different types of organizations that are around them which could put them in an even more complicated situation than they already are. The scale of the problem is then made even bigger because the fewer individuals that know about the different organizations the fewer individuals that will have a chance to live a better life, which could put many at risk of having chronic diseases and even dying. One's social determinants of health makes such a huge impact on how one's quality of life can be affected. For example, access to educational, economic, and job opportunities, access to health care services, language/literacy, and culture. All of these things can make a huge impact on how one lives and the amount of help they are able to get when there is a possible negative change that can bring a lot of hardships to one's life, including being unable to provide for themselves. Many, oftentimes do not have a choice to live a better life because it is an ongoing cycle that can be hard to get out of, which has to deal with one's environment and also their way of living.

Stakeholder analysis

Provide a summary description of the major stakeholders related to the problem being addressed s

- What we know about the target group, description etc
- Motivation and opportunities of the target group
- Accessibility and engagement with the target group

The target group is individuals who are a part of low-income groups and also those who are homeless as well. Many of those who are seeking help are part of vulnerable populations and do not fully comprehend their situation that they are living in. Those who come in to get assistance are of diverse groups, but I have noticed that many of them are Hispanic individuals. As I stated before there is a majority of single mothers who come in to get assistance as well. The target group has intentions to better their quality of life and also make sure to get the help that they need. Some of the motivations and opportunities of the target group are that they are making sure to seek their resources and also many others are able to know about these organizations due to word of mouth. Many individuals recommend others because of the different types of other services that are provided to people who are needing clothing, foods, utility services, or help with finding a job and other resources. The majority there is much engagement with the target groups that come to our organization. Over the years many of our volunteers and workers have developed and made some real friendships with the clients that come in. Many have explained their gratitude and appreciation because of the help they have gotten, but also many have noticed that the volunteers and workers from this organization truly care about their well-being.