Report Biomechanics

Clinical Movement Analysis Lab Assignment 2022

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1 Introduction

This small report consists out of three parts - 3D marker trajectory, balance assessment and EMG - which are not related to each other in the sense that one part does not depend on the resulst form another, i.e. each part is a stand alone.

In each section data is used obtained form the *Gait & Movement Lab* at UZ Ghent. This data is stored in an excel file and is manipulated with python to create the necessary results. The used python code is based on the Jupyter Notebook file created by *Juul Van Derbeken* - for this a special thanks to him - and is further edited to match the style of this report.

```
import numpy as np # data manipulation
import openpyxl # imorting data from excel
import matplotlib.pyplot as plt # data plotting
import scipy.signal as sg # signal analysis
```

Code block 1: imported python modules

2 3D marker trajectory

Three walk trials were recorded in the Lab.

Using the *openpyxl* module data can be easily imported in python for further manipulation. Remark that in code block 2 on the end of line 5 the first range starts from 14 instead of 5 this due to NoneType elements contained in the range 5:14. Because it is just a small range compaired to the full dataset - consisting from ± 500 rows - it is assumed that this will not heavily impact the results.

```
input_file = '.\Group 3B.xlsx'
workbook = openpyxl.load_workbook(input_file)
3 Sheets = workbook.sheetnames # Excel sheet Names

T1 = np.array([[el.value for el in rij] for rij in workbook[Sheets[0]].rows])[14:,2:].T #
    First Trial, None values for rows < 14

T2 = np.array([[el.value for el in rij] for rij in workbook[Sheets[1]].rows])[5:,2:].T #
    Second Trial

T3 = np.array([[el.value for el in rij] for rij in workbook[Sheets[2]].rows])[5:,2:].T #
    Third Trial

T = [T1, T2, T3]</pre>
```

Code block 2: importing 3D marker trajectory data

2.1 Walking speed

For each trial the forward propagation direction is plotted in figure 1. Note that on each plot multiple trajectory lines occur. Each line corresponds to a marker placed on the subject who executed these trials. The global

(average) walking speed is then calculated as the mean of the different marker speeds. The results are placed in table 1.

```
fig, ax = plt.subplots(1,3, figsize = (18,6),sharey=True)
  ax[0].set_ylabel('distance in mm', fontsize=15)
  for i, t in enumerate(T):
      AS = [] # average speeds
      for y in t[1::3]:
          v = np.diff(y) # instantanious speeds
          ASL = np.mean(v) # averaged speed
          AS.append(ASL)
9
          ax[i].plot(y), ax[i].set_title(f'trial {i+1}', fontsize=15)
      AS = np.array(AS)
      speed = np.mean(AS) # Averaged speed for all markers
      std = np.std(AS)
14
      print(f'Average speed for Trial {i} = ',speed, ' and std = ', std)
15
16 plt.show()
```

Code block 3: walking speed calculation and trajectory plotting

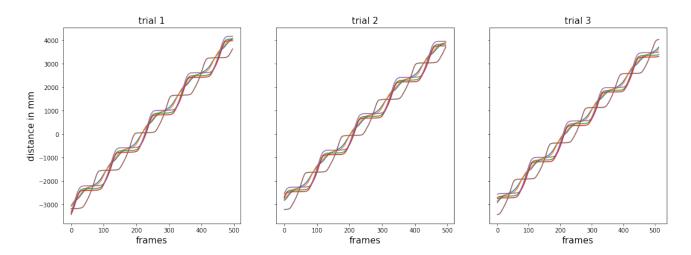


Figure 1: forward propagation direction

trial	walking speed [mm/frame]	std [mm/frame]
1	14.58	0.48
2	13.42	0.32
3	12.61	0.97

Table 1: Walking speed for different trials

2.2 Stride length

The stride length is calculated as the difference in foward propagation direction values corresponding to the local minima of the ankle marker height. To approximate these local minima a treshold is used as displayed in figure 2. The numerical results are listed in table 2.

```
fig, ax = plt.subplots(1,3, figsize = (18,6),sharey=True)
ax[0].set_ylabel('Height in mm', fontsize=15)
AHS = [] # average stride length for each trial.
for i, t in enumerate(T):
    TAZ = t[8] # Trial Ankle Z-coordinate
    TAY = t[7] # Trial Ankle Y-coordinate (forward movement direction)
Tp = np.percentile(TAZ, 30) # Treshold at 30%
```

```
TP = np.ones(np.shape(TAZ))*Tp # treshold for graph
P = np.where(TAZ < Tp, 1, 0) # ones where Trial is under treshold value
HS = np.where(np.diff(P) == 1) # locations where values dip under treshold values.
Y = TAY[HS]

ax[i].plot(TAZ), ax[i].plot(TP)
ax[i].legend(['Data', 'Treshold'], loc="upper right", fontsize=15)
ax[i].set_title(f"Trial {i+1}: Ankle", fontsize=15)
print(np.diff(Y))
print(f'Trial {i+1}: Average stride length is: ', np.mean(np.diff(Y)), " and std = ", np.std(np.diff(Y)))

plt.show()
```

Code block 4: plotting marker height with treshold and calculating stride length

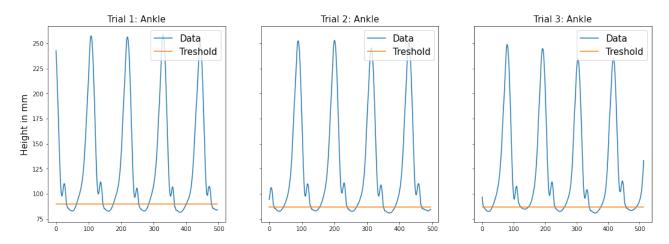


Figure 2: Ankle marker height

trial	walking speed [mm]	std [mm]
1	1597.86	20.73
2	1554.80	19.87
3	1503.08	55.59

Table 2: Stride length

The stride length is in the first place related to the person's height, since taller humans can take larger steps.

3 Balance assessment

```
input_file = '.\Grp 3B Wk 2.xlsx'
workbook = openpyxl.load_workbook(input_file)
sheets = G2A_2.sheetnames #Sheet Names

E0 = np.array([[el.value for el in rij] for rij in workbook[sheets[1]].rows])[6:15006,2:].T
    #First Trial #15006
EC = np.array([[el.value for el in rij] for rij in workbook[sheets[2]].rows])[6:12976,2:].T
    #Second Trial #12976

E0FX, E0FY, E0FZ = E0[0], E0[1], E0[2] # Eyes Open Force Vectors of x,y,z coordinates
ECFX, ECFY, ECFZ = EC[0], EC[1], EC[2] # Eyes Closed Force Vectors of x,y,z coordinates
```

Code block 5: importing balance assessment data

First it is recommended to plot the overal xy-plane with the center of pressures (CoP) on it. This is displayed in figure 3. This gives a first impression between the two cases.

Code block 6: plotting CoP

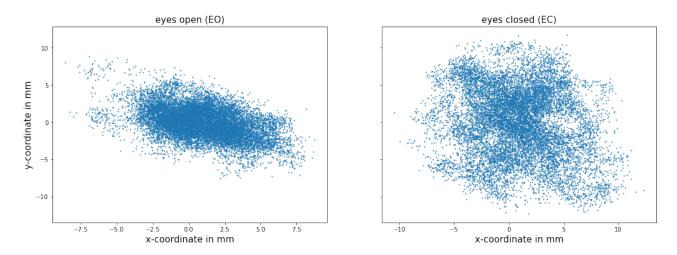


Figure 3: Center of pressure

Different parameters such as path length, swept area and mean radius suffice to make a distinguishment between EO and EC. Before one of these parameters can be calculated one must calculate the Arithmetic Mean Point (AMP) and shift the axis to this point in space. The results of the three mentioned parameters are listed in table 3.

trial	path length [mm]	swept area [mm²]	mean radius [mm]
EO	15508.36	13936.26	2.879
EC	13462.69	22494.91	5.248

Table 3: Calculated parameters

```
1 def AMP(x): # calculating AMP
      return np.mean(x)
4 EOFXs, EOFYs = EOFX - AMP(EOFX), EOFY - AMP(EOFY) # shifting to AMP
5 ECFXs, ECFYs = ECFX - AMP(ECFX), ECFY - AMP(ECFY) # shifting to AMP
  def Mean_radius(x, y):
      r = (x**2 + y**2)**(1/2) # radius
9
      return np.mean(r), np.std(r)
  def Path_length(x, y):
11
      L = (np.diff(x)**2+np.diff(y)**2)**(1/2) # length
      return np.sum(L)
13
14
15 def Swept_area(x, y):
      r = (x**2 + y**2)**(1/2) # radius
16
      L = (np.diff(x)**2+np.diff(y)**2)**(1/2) # length
17
18
      a, b, c = L, r[:-1], r[1:]
      S = 1/2*(a+b+c)
19
      A = (S*(S-a)*(S-b)*(S-c))**(1/2)
20
21
      return np.sum(A)
```

Code block 7: calculating the parameters

In table 3 one migth expect every parameter to be larger in the EC scenario but instead the path length reaches the highest value. Probably this is due to the difference in data points - more data points imply a longer path that can be passed. Looking to code block 5 one can observe on line 5 and 6 a great difference in data points between EO and EC (15006 > 12976).

Some practical notes have to be taken into account for these measurements. The force plate exists out of a collection of sensors. There can be small errors on the linearity of these sensors, i.e. the amount of displacement measured is not fully proportional with the measured voltage, which leads to small errors in the data. It is crucial to minimalize these erros for accurate measurements. Moreover do the number of sensors also influence the accuracy by which there can be measured.

Besides these practical limitations, there is also a choice to be made by the executor of the measurement, namely which sampling rate to use. There are two factors to take into account: what is the maximal sampling rate the force plate can physically handle and by which frequencies does the subject on the force plate move. Since the subject on the force plate is human it wise to start by looking at the human movement frecueny and to aim the sampling rate somewhere in between this human movement frecueny and the maximal sampling rate. A higher sampling rate would cause more noise in the data, hence aiming to lower sampling rates that still would capture all the human movement is the goal.

4 EMG

```
1 G2A_3_input = '.\G3B_EMG Lab3.xlsx'
2 G2A_3 = openpyxl.load_workbook(G2A_3_input)
3 SN3 = G2A_3.sheetnames #Sheet Names
4
5 EN = np.array([[el.value for el in rij] for rij in G2A_3[SN3[0]].rows])[11:10951,2:].T #EMG Normal walking #10951
6 ET = np.array([[el.value for el in rij] for rij in G2A_3[SN3[1]].rows])[11:11891,2:].T #EMG Toe walking #11891
```

Code block 8: input EMG data

Code block 9: raw EMG plotting

Looking at figure 4, capturing the raw EMG data, the following obeservatoins can be made: the separation between voltage bursts is shorter and the amplitudes reach higher values in the toe walking case in comparison with the normal walking case.

```
1 ENG = ENG - np.mean(ENG)
2 ENT = ENT - np.mean(ENT)
3 ETG = ETG - np.mean(ETG)
4 ETT = ETT - np.mean(ETT)
5 ENG, ENT, ETG, ETT = abs(ENG), abs(ENT), abs(ETG), abs(ETT)
6
7 fig, ((ax0, ax1), (ax2,ax3)) = plt.subplots(2,2, figsize = (14,8),sharey=True)
8 ax0.plot(ENG), ax0.set_title('Gastrocnemius Normal', fontsize=15), ax0.set_xlim(0,10000), ax0.set_ylabel('Voltage [V]', fontsize=15)
9 ax1.plot(ETG), ax1.set_title('Gastrocnemius Toe', fontsize=15), ax1.set_xlim(0,10000)
```

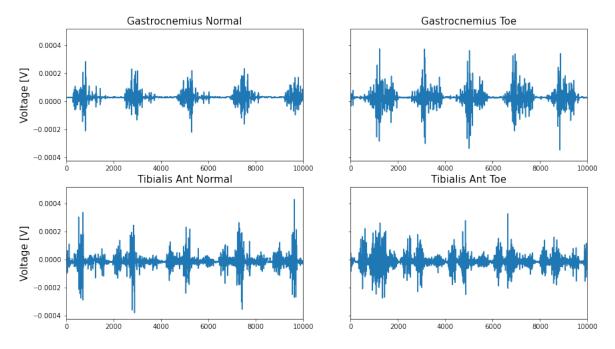


Figure 4: raw EMG signals

Code block 10: rectified EMG calculation and plotting

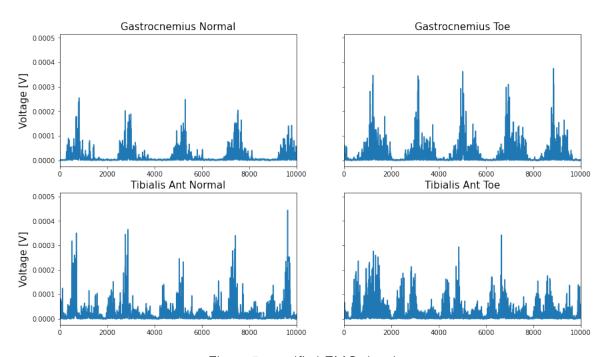


Figure 5: rectified EMG signals

Starting from the rectified EMG signals, i.e. the absolute value taken from the original signals, one could produce smooth rectified EMG by filtering out the high frequencies in the signal. This can be realized with a low-band pass filter.

At last if one would want to deduce the resting EMG level, i.e. the measured voltage without the muscle actually being contracted, one should establish a threshold of EMG on/off levels. This can be derived from the smoothed out rectified EMG signal. The voltages below this threshold can be considered as the resting EMG level.