

Appendix 1. Interview Schedule

1. Where are you currently?
 - a. How long have you been there?
 - b. Where are you from / where is home for you usually / what surroundings are you most used to?
 - c. Why did you decide to (go home)/(remain where you are)/etc.?
 - d. Who is there with you?
 - e. Do you know anybody who's contracted COVID-19? (whether in your place of residence or beyond)
2. How are you feeling today?
 - a. How would you describe your overall sense of well-being?
 - b. How has your sense of well-being changed or been changing since the beginning of quarantine? (wrt to changes in measures)
3. Can you describe the area where you are currently located and the greenspace in it (or lack thereof)? Can you tell me about what you see out your window?
 - a. What greenspaces are you going to? Can you describe what these spaces are like?
 - b. How are you getting there?
 - c. What is it like for you to be there?
4. Of the changes that have happened to your life(style) since self-isolation/social-distancing measures were put in place, what has been the most challenging?
 - a. Has this been consistently the most challenging change, or have there been fluctuations?
5. What role would you say being outdoors played in your life in recent times, before the pandemic?
 - a. Have you had consistent access to clean, pleasant greenspace? Is this important to you? Why or why not?
 - b. Any changes to time spent outside? and/or your physical activity levels?
 - c. Any changes to how you perceive safety/danger/risk levels while being outside?
 - d. Some people have mentioned that the possibility of getting COVID is the only risk factor that they consider when going outside. For example, some East Asian participants have mentioned that their ethnicity is something they've been made aware of by other people when outside. Has there been anything like that for you, that's not about contracting the virus?
6. What about your current greenspace is conducive to your well-being?
 - a. What is not?
 - b. What would help make your greenspace more conducive to your well-being?
7. Has your time in outdoor green space during the pandemic influenced your perspective on nature?
 - a. If so, in what ways?
 - b. How is this different from your attitude towards nature prior to the pandemic?
8. During the pandemic, are there aspects of nature in your frequented outdoor green space that you particularly connect with? (e.g., other mammals, birds, insects,

vegetation, non-living material aspects like rock or water, nonmaterial aspects like breeze, sky)

- a. Can you tell me more about that connection? How did you know you were connected to X?
9. Is there anything that makes you hesitate about spending time outdoors right now?
 - a. How has this changed over time since the beginning of the pandemic, if at all?
 - b. Are there any concerns that have been ameliorated? If so, how? (e.g. information from media?)
10. Do you anticipate your relationship to outdoor green space will change after social distancing/self-isolation/stay-at-home orders are lifted? If so, in what ways? If not, why not?
11. Any additional thoughts on your experiences going outdoors (or staying inside) during social distancing / self-isolation/stay-at-home orders?
12. Can you tell me about something that is making you happy, bringing you joy, right now?