



Food Allergy Alerts/ Dietary Restrictions

Please indicate any food allergies and/or dietary restrictions below. We encourage members to discuss individual dietary requirements with their chef, so we can best accommodate your requests. *Please note:* while some restrictions may be impossible to accommodate, due to facility limitations, most requests will be cheerfully accommodated.

Name: Ella Happel **Date:** 01/27/25
School: University of Illinois at Urbana-Champaign **House:** Alpha Xi Delta **Term:** Fall 2024 - Spring 2025 Academic Year

Food Allergies

- ☐ Eggs / Egg Products
- ☐ Fish
- ☐ Milk / Dairy Products
- ☐ Peanuts
- ☐ Shellfish
- ☐ Soy / Soy Products
- ☐ Tree Nuts
- ☒ Wheat / Foods Containing Gluten
- ☐ Other (please specify) _____

Dietary Restrictions

- ☒ Gluten-Free
- ☐ Dairy-Free / Lactose Intolerance
- ☐ Kosher
- ☐ Vegan
- ☐ Vegetarian
- ☐ Other (please specify) _____

Favorite Items to eat/can eat:

Udi's Bread (love that it's always stocked), Gluten Free Bagels, Cool Ranch Doritos

Additional Notes: