

Professional Experience

Massage Therapist

Regenerate Rehab and Massage, Boulder, CO | September 2017 - Present

- ◆ Perform 60 and 90 minute massages customized to each client's needs and medical history.
- ◆ Maintain a 45% client return rate.
- Assess client's soft tissue condition, joint quality and function, muscle strength, and range of motion in order to develop a treatment plan,
- ◆ Recommend specific stretches and rehabilitative exercises for postural improvement.
- ◆ Specialize in deep tissue, Swedish, trigger point therapy, couples, and hot stone, and medical massage.

Student Massage Therapist

Colorado Institute of Massage Therapy, Colorado Springs, CO | January 2017 - August 2017

- ◆ Massaged over 250 clients.
- ◆ Maintained treatment records and SOAP notes for all clients,
- Received award for consistently high client satisfaction ratings.
- Provided deep tissue, Swedish, neuromuscular, and myofascial massage along with a variety of other therapies.
- Followed sanitation and hygiene safety protocols.

Education

Advanced Neuromuscular Therapy Certification (850 hours)

Colorado Institute of Massage Therapy, Colorado Springs, CO | September 2018 - June 2019

Certifications

- ◆ Licensed Massage Therapist (LMT), state of Colorado, 2017
- ◆ Lymphedema Technician Certification, 2018

Maisy Wallis

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Licensed Massage Therapist in Colorado boasting a nearly 50% client return rate and specializations in trigger point therapy and medical massage, including a Lymphedema Technician Certification. Extremely organized and conscientious of environment and sanitation, consistently providing clients with a highly-rated, calming treatment space where they can feel safe.

Key Skills

- Trigger point therapy
- Sports massage
- Deep tissue massage
- Swedish massage
- Record keeping, including SOAP notes
- Postural analysis