

Yoga Instructor with 5+- years of experience working with both groups and individual clients. Committed to advancing the overall growth and success of premium yoga services and facilities. Recently demonstrated success in a training role for new hires. Adapt readily to new work settings, providing instruction to clients of varying ages and skill levels.

Career Highlights

Yoga Instructor

JQRYoga Center, San Francisco, CA | September 2017 to Present

- Provide group and one-on-one instruction to clients of varying ages and skill levels at this popular yoga facility
- Recently appointed to help train, supervise, and mentor new hires to the center
- Supervise front desk and new member signup operations
- Provi de fac i I ity to u rs to pros pective cl ien ts
- Launched a well-received promotional newsletter and online presence that hel ped grow the center's client base by 20% in the past two years

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Education

Bachelor of Science - Physical Education

University of San Francisco, CA

Key Skills

- ♦ Client Satisfaction & Retention
- Customer Service & Relations
- ♦ Marketing & Promotions
- New Hire Training
- New Member Signup
- Process & Program Improvement
- Team Collaboration
- · Yoga Demo nstration & Expla n ation