

Beth Dolan

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Patient, compassionate companion caregiver with over a decade of in-home caregiving experience. Friendly, outgoing, dependable caregiver who specializes in elderly people with terminal illnesses. Great listener. Skilled at keeping clients as engaged and active as possible.

Education

Gerontology Associate of Applied Science

Coastline College, Newport, RI,
September 2009 - June 2011

Key Skills

- Patient, friendly, professional
- Housekeeping and cooking
- Care plan adherence
- Strong communication
- Safety-conscious
- Encouraging

Certifications

- ◆ CPR certification, 2007 to present
- ◆ First aid certification, 2007 to present

Professional Experience

Companion Caregiver

Home Sweet Home Care, Newport, RI | September 2018 - Present

- Offer in-home companionship to elderly clients
- Engage clients in gentle activities, including baking, puzzles and games, and short walks
- Prepare healthy meals according to clients' care instructions
- Accompany clients to medical appointments and other appointments as needed
- Maintain open communication with clients' families and care teams
- Ensure that clients' living spaces remain safe, tidy, and comfortable

Companion Caregiver

New Day Health Services, Newport, RI | July 2011 - September 2018

- ◆ Provided friendly companionship to elderly clients with terminal illnesses
- ◆ Maintained daily schedule of meals, activities, medications, and care practices
- Ensured that clients' living spaces were safe and free of potential hazards
- Performed light housekeeping tasks including vacuuming, dusting, and changing bed linens
- Adhered to clients' care plans and company's safety and care protocols at all times
- Engaged clients in daily stress-relieving activities such as reading and playing cards

Companion Caregiver

Daggy Home Care, Newport, RI | April 2007 - July 2011

- Engaged elderly clients in conversation and accessible activities
- Maintained a clean, safe home environment for clients
- ◆ Communicated frequently with clients' care teams and families
- ◆ Built trust and rapport with clients
- ◆ Cooked meals and performed light cleaning duties