

Amar Singh

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Psychiatric Nurse with 5+ years of experience supporting adult patients in large hospital settings. Highly skilled communicators focused on effectively managing patient behaviors and de-escalating situations to minimize the need for physical or chemical restraints. Draw on broad, up-to-date knowledge of psychiatric medications, research, and best practices.

Key Skills

- Behavioral Healthcare
- **Crisis Intervention**
- **Family Relations**
- **Intake Assessment**
- Mental Health Assessment
- Patient Redirection & **De-escalation**
- Patient Safety
- Reporting & Documentation
- Team Collaboration
- Therapeutic Conversations
- Verbal Communication

Professional Experience

Psychiatric Nurse

ABC Hospital, San Francisco, CA | April 2020 to Present

- ◆ Help to stabilize and monitor adult patients on the psychiatric floor at this major hospital
- ◆ Provide care and support to patients with psychiatric diagnoses, including bipolar disorder, conversion disorder, and schizophrenia
- ◆ Coordinate with health team comprising psychiatrists, case managers, social workers, and nurse assistants
- ◆ Advocate modifying patients' psychotropic medications as appropriate

Psychiatric Nurse

XYZ Hospital, San Francisco, CA / April 2017 to April 2020

- Supported patients with psychiatric diagnoses including borderline personality disorder, major depressive disorder, and Wernicke-Korsakoff syndrome
- ◆ Completed rounds to observe and document patients' behavior, ensuring safety at all points
- ◆ Maintained utmost diligence in preparing and administering patients' medications

Education & License

Bachelor of Science in Nursing (BSN)

University of California, Berkeley, CA, 2017

Registered Nurse (RN)

State of California, 2017