

# ALLISON ROSENBERG

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A Certified Life Coach with five years of professional experience specializing in career coaching, professional development, and emotionally-focused therapy. A proven track record of providing mentorship to a diverse range of clients to aid them in achieving personal goals,

## PROFESSIONAL EXPERIENCE

### LIFE COACH

Allison Rosenberg Coaching Services, Philadelphia, PA | May 2018 - Present

- ◆ Provide coaching services to 75+ clients experiencing difficulties with major Life transitions, create individual service plans and strategies, and provide emotional support to clients to guide them in improving time management and financial health
- ◆ Attend one on one consultations and coaching sessions with clients, evaluate Life circumstances and Long-term goals, and provide mentorship to ensure client success
- Provide educational resources to clients and deliver online webinars covering a wide range of topics, including financial planning, nutrition, and relationship advice

### CAREER COACH

Temple University Student Center, Philadelphia, PA | May 2017 - May 2018

- ◆ Delivered career coaching services and mentorship to junior and senior students to aid them in identifying career paths, securing internships, and creating an academic strategy for success within their chosen field
- ◆ Provided mentorship to student clients for improving time management and developing strategies to achieve academic and professional goals

## EDUCATION

### BACHELOR OF SCIENCE (B.S.) PSYCHOLOGY

Temple University, Philadelphia, PA | September 2013 - May 2017

## KEY SKILLS

- ◆ Life Coaching
- ◆ Professional Development
- ◆ Mentorship
- ◆ Client Relations
- ◆ Communication

## CERTIFICATIONS

- Associate Certified Coach (ACC), International Coach Federation (ICF), 2017