# JOHN BERGSEN

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A Certified Life Coach with eight years of experience specializing in personal coaching, leadership development, strength assessments, and mentorship, A strong history of aiding clients in identifying personal goals and developing strategies to achieve long-term success.

## **EDUCATION**

BACHELOR OF SCIENCE (B.S.) PSYCHOLOGY

University Of Washington, Seattle, WA September 2013 - May 2017

#### **KEY SKILLS**

- · Personal Coaching
- · Leadership Development
- Relationship Building
- Life Coaching
- Interview Preparation

# **CERTIFICATIONS**

- Professional Certified Coach (PCC), International Coach Federation (ICF), 2017
- Associate Certified Coach (ACC), International Coach Federation (ICF), 2014

## PROFESSIONAL EXPERIENCE

LIFE COACH

Professional Coaches Inc., Seattle, WA May 2017 — Present

- Deliver personal coaching to 120+ clients across various industries and levels of experience, including analyzing personal strengths, challenges, and goals to create successful strategies to drive professional growth
- Create, facilitate, and manage online leadership development seminars for clients, including providing insights into team management and engagement strategies
- Provide individual coaching sessions to clients, evaluate personal challenges and issues, and deliver insights to help them improve personal relationships and time management

LIFE COACH Self-Employed, Seattle, WA May 2014 — May 2017

- Provided a variety of personal coaching and career coaching services lo clients within the technology industry, which included delivering one on one sessions to improve communication skills, grow confidence, and prepare for interviews
- Achieved a 4.8-star Google ranking across 80+ reviews for services, which included positive feedback on coaching services and professional development