## ELLEN RIPLEY

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#### **EDUCATION**

### Psychiatric Technician Diploma Program, June 2005

Gurnick Academy of Medical Arts, San Mateo, CA 94403

# Valedictorian for graduating class

Volunteer at campus health fair, 2 001-2 005

#### **KEY SKILLS**

- Medical record keeping
- Basic knowledge of psychological concepts
- Medication administration
- Proficient in Microsoft Suite
- Excellent written and oral communication skills
- Takes direction well and works well in team setting
- Excellent critical thinking skills
- Able to handle emergency situations calmly

#### **CERTIFICATIONS**

- Certified Psychiatric
   Technician, American
   Association of Psychiatric
   Technicians, June, 2010
- CPR certification, April, 2005

Experienced psychiatric aide with more than 15 years of compassionate care for people with mental illness and developmental disabilities. Proficient at working with an interdisciplinary team of medical and social work professionals to ensure the most comprehensive care for patients. Skilled communicator who is adept at developing a rapport with her patients and helping them to achieve their personal best through therapeutic care, medication, and care.

#### PROFESSIONAL EXPERIENCE

### **Psychiatric Aide**

Eastern New Mexico Medical Center, Roswell, NM | March 2016-Present

- Integral member of care team for outpatient delivery of medical services to individuals experiencing a wide range of mental and emotional challenges
- Assist psychiatrists and other medical professionals in individual care as needed, including medication administration and education
- Plan and run group therapy for depression and generalized anxiety disorder patients
- Supervise 1-2 junior aides, training and providing annual evaluations
- Record and maintain patient information, including vital signs, progress notes, and treatment plans

#### **Psychiatric Aide**

San Mateo Serenity House, San Mateo, CA | January 2010-January 2016

- Provided support to medical team at short-term residential facility for adults experiencing a mental health crisis
- Administered medications and provided assistance with bathing and other tasks of daily living
- Restrained and assisted patients as needed to prevent injury, managing situations to avoid escalation
- Assisted in social, educational, and recreational activities for patients, including craft classes, workshops, and group therapy sessions

#### **Psychiatric Assistant**

Langley Porter Psychiatric Hospital, San Francisco, CA | June 2005 - January 2010

- Provided assistance to medical professionals at one of California's top psychiatric hospitals
- Part of administrative/medical team working with patients at intensive outpatient program
- Helped maintain records for all outpatients; proficient at AthenaHealth Medical Software
- Provided care to patients as indicated by medical treatment plan under the supervision of registered nurse and doctor in charge