# Raheem Richardson

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Collaborative Personal Care Assistant with 5+ years of experience. Committed to helping people manage and mitigate the effects of disabilities on their daily health and well-being. Work with supervisors to find new ways of honing internal communications and systems. Bilingual: Fluent in English and Spanish.

#### **Education**

#### **Associate Degree**

Nashville State Community College, Nashville, TN

## Languages

Fluency in Spanish | Proficiency in Italian

## **Key Skills**

- Activities of Daily Living (ADLs)
- Allergy & Infection Prevention
- Client Transport
- Cross-Discipline Collaboration
- Daily Meal Preparation
- Patient & Family Relations
- Patient Bathing & Personal Hygiene
- Patient Care & Support
- Process Improvement
- Regulatory Compliance
- Reporting & Documentation
- Task Prioritization

### **Professional Experience**

#### **Personal Care Assistant**

WBV Home Health, Nashville,TN | December 2017 to Present

- Coordinate home care efforts with physicians, nurses, and physical and occupational therapists
- Organize and prepare meals incorporating healthy seasonal produce
- Transport clients to and from pharmacy and doctor appointments as needed
- Maintain detailed EMR documentation per company policies and health regulations

#### Highlight:

 Helped streamline several key procedures at main office, leading to 20% faster weekly reporting and client communications

# **Prior Experience**

 Gained strong foundation in teamwork and customer relations as a Server at Pizza Hut (Nashville,TN).