

# SANDRA MASON

Patient-focused CNA with 3+ years of experience. Recognized for strong empathy, diligence, and efficiency in helping patients carry out various ADLs. Naturally curious and committed to gaining and applying new health care expertise.

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## PROFESSIONAL EXPERIENCE

### CNA

UC San Diego Health, San Diego, CA  
September 2021 to Present

- ◆ Deliver compassionate care to patients with acute conditions and injuries
- ◆ Ensure optimal patient comfort during bed rest and transport
- ◆ Help nursing staff provide wound care and change dressings as needed to improve circulation and reduce risk of infection
- ◆ Monitor patients' pulse, blood pressure, and oxygen saturation level

#### Highlights:

- ◆ Achieved patient satisfaction ratings of 90%-95%
- ◆ Praised for diligent compliance with Covid-19 safety and infection prevention protocols

### CNA

Maple Grove Nursing Home,  
San Diego, CA  
March 2020 to September 2021

- ◆ Assisted patients with ADLs (such as eating, bathing, and toileting) in this long-term care facility with 130 beds
- ◆ Monitored patients' condition and symptoms and reported changes to RN as needed
- ◆ Supported medical procedures by providing equipment and positioning patients
- ◆ Ensured safe transfer of patients between beds and wheelchairs

## EDUCATION

Nursing Assistant Training Program  
San Diego Medical College, San Diego, CA  
2020

## KEY SKILLS

- Activities of Daily Living (ADLs)
- ◆ Cardiopulmonary Resuscitation (CPR)
- Disease Infection Prevention
- First Aid
- Patient & Family Relations
- Patient Transportation
- Vital Signs Monitoring

## CERTIFICATIONS

- ◆ CNA, California Department of Health