

# ROBERT PORTER

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Uptown, CA 99999  
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(789) 654-0123

## EDUCATION

### Certified Nursing Assistant

State of California,  
License #12345678  
License issued: September 2010

### High School Diploma

Senior High School,  
Costa Mesa, CA  
August 2006-June 2010  
3.81 GPA

## KEY SKILLS

- ◆ Budget adherence
- ◆ Calm and compassionate bedside manner
- ◆ Cooking and meal preparation skills
- ◆ Organized housekeeper
- ◆ Training in on-going geriatric care

Expert and compassionate caregiver with 8+ years of experience offering in-home assistance to seniors. Skilled cook and housekeeper with training focused on geriatric care and dietary requirements. Produce exceptional quality home-cooked meals that meet a variety of medical requirements and personal preferences, including low-glycemic, low-sodium and Kosher.

## PROFESSIONAL EXPERIENCE

### In-Home Personal Care Assistant

Home Health Services, Costa Mesa, CA | May 2015 - Present

- ◆ Cook meals for seniors using specific dietary requirements formulated by doctors
- ◆ Provide basic medical care to patients including assistance with catheters and medication management
- ◆ Act as a companion to bed-ridden seniors, playing games, talking and working to keep seniors engaged and aware

### Nursing Home Attendant

Restful Nursing Home, Costa Mesa, CA | October 2010-April 2015

- ◆ Worked with patients to ensure safe transfers from bed to mobility devices and from seated to standing
- ◆ Followed patient care plans and created reports on any changes for inclusion in their records
- ◆ Assisted residents with completing physical therapy and other activities as directed