ELLIE FOURFOURIS



CONTACT

- **1** 0449 597 138
- ellie.fourfouris@gmail.com
- Kingsgrove, NSW, 2208

SKILLS

- Goal-driven
- Adaptable and flexible
- Team cooperation
- Active listening
- Critical thinking
- Keen to learn
- Positive attitude
- Strong Communication

PROFILE

Enthusiastic and dedicated preservice teacher with practical experience in childcare, food preparation, and health consultancy. Skilled in planning and delivering engaging learning activities, preparing and cooking for large groups, and supporting wellbeing of children and clients. Strong communication organisational skills, with a passion for fostering positive learning environments and helping students develop practical life skills. Committed to applying creativity, adaptability, and hands-on experience to inspire and support

LANGUAGES

- English (Fluent)
- Greek (Intermediate)

🕽 EDUCATION

CASIMIR CATHOLIC COLLLEGE, MARRICKVILLE

January 2017 - November 2022

- Member of a variety of sporting teams
- Organising fundraisers and participating in charity events
- Member of the Student Representative Council
- Tour Guide for College Open Days
- Awards:
 - Principal's Award
 - Academic Excellence Awards
 - Long Tan Youth Leadership & Teamwork Award (Australian Defence Force Award)

AUSTRALIAN CATHOLIC UNIVERSITY, STRATHFIELD February 2023 - present

 Bachelor of Education (Secondary)/Bachelor of Arts (Design Innovation and Technologies



WORK EXPERIENCE

Earlwood Caring For Kids Inc

Educator

APRIL 2023 -PRESENT

- Planned and delivered engaging, age-appropriate learning activities to support children's cognitive, social, and emotional development
- Monitored individual progress and adapted programs to meet diverse learning needs
- Maintained a safe, inclusive, and supportive classroom environment in line with childcare regulations
- Collaborated with colleagues and families to promote positive outcomes for children
- Prepared and cooked nutritious meals for up to 125 children, ensuring dietary needs and food safety standards were met

HYPOXI Beverly Hills

HYPOXI Consultant

FEBRUARY 2024 - PRESENT

- Provided personalised fitness and wellness consultations to clients, tailoring programs to meet individual goals
- Operated HYPOXI machines safely and effectively while monitoring client

 progress
- Delivered exceptional customer service by building rapport and maintaining long-term client relationships
- Educated clients on nutrition and exercise strategies to complement HYPOXI training
- Handled scheduling, bookings, and administrative tasks to support daily studio operations