

## FRUSTRATION SHAPES A DREAM

As you enter this year, I hope you're frustrated. Without frustration, you'd never even recognize your dream, let alone have the passion to pursue it.

Going after a dream is hard. And frustration is the fuel that propels you through the challenges when your idealism runs out.

There are going to be times when you'll need that frustration. You'll need a "worse time" to help you get through the difficult times ahead.

Frustration exposes the true identity of your dreams. Take a few minutes to list some of your frustrations:

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