

# **Regression Methods**

**Stephen Jun Villejo**

School of Statistics

# Linear Regression

- Linear Regression is a simple supervised learning tool, and is useful for predicting a quantitative response.
- A *simple linear regression* assumes an approximately linear model between a quantitative response  $Y$  on the basis of a single predictor variable  $X$ .
- The model is given by:

$$Y \approx \beta_0 + \beta_1 X.$$

- More precisely, we have the model

$$Y = \beta_0 + \beta_1 X + \epsilon.$$

- The systematic part of the model is  $\beta_0 + \beta_1 X$ .
- The term  $\epsilon$  is a mean-zero random error term.

# Linear Regression

## Example

- For example, to answer the question if TV advertising is linearly related with sales, we will fit the linear model given by:

$$\text{sales} \approx \beta_0 + \beta_1 \times \text{TV}.$$

- $\beta_0$  and  $\beta_1$  are two unknown constants that represent the intercept and slope terms, respectively. Both are called the model *coefficients* or *parameters*.
- Once we have used our data to produce estimates  $\hat{\beta}_0$  and  $\hat{\beta}_1$ , we can predict sales on the basis of a particular value of TV advertising through

$$\hat{y} = \hat{\beta}_0 + \hat{\beta}_1 x,$$

# Linear Regression

## Estimating the Coefficients

- Our goal is to find  $\hat{\beta}_0$  and  $\hat{\beta}_1$  such that the resulting line is as close as possible to the data points.
- There are a number of ways of measuring *closeness*.
- The most common approach involves minimizing the *least squares* criterion.
- Let  $\hat{y}_i = \hat{\beta}_0 + \hat{\beta}_1 x_i$  be the predicted value of Y for *i*th observation.
- Define  $e_i = y_i - \hat{y}_i$  as the residual of the *i*th observation.

# Linear Regression

## Estimating the Coefficients

- The **least squares approach** chooses  $\hat{\beta}_0$  and  $\hat{\beta}_1$  that will minimize

$$\text{RSS} = e_1^2 + e_2^2 + \cdots + e_n^2,$$

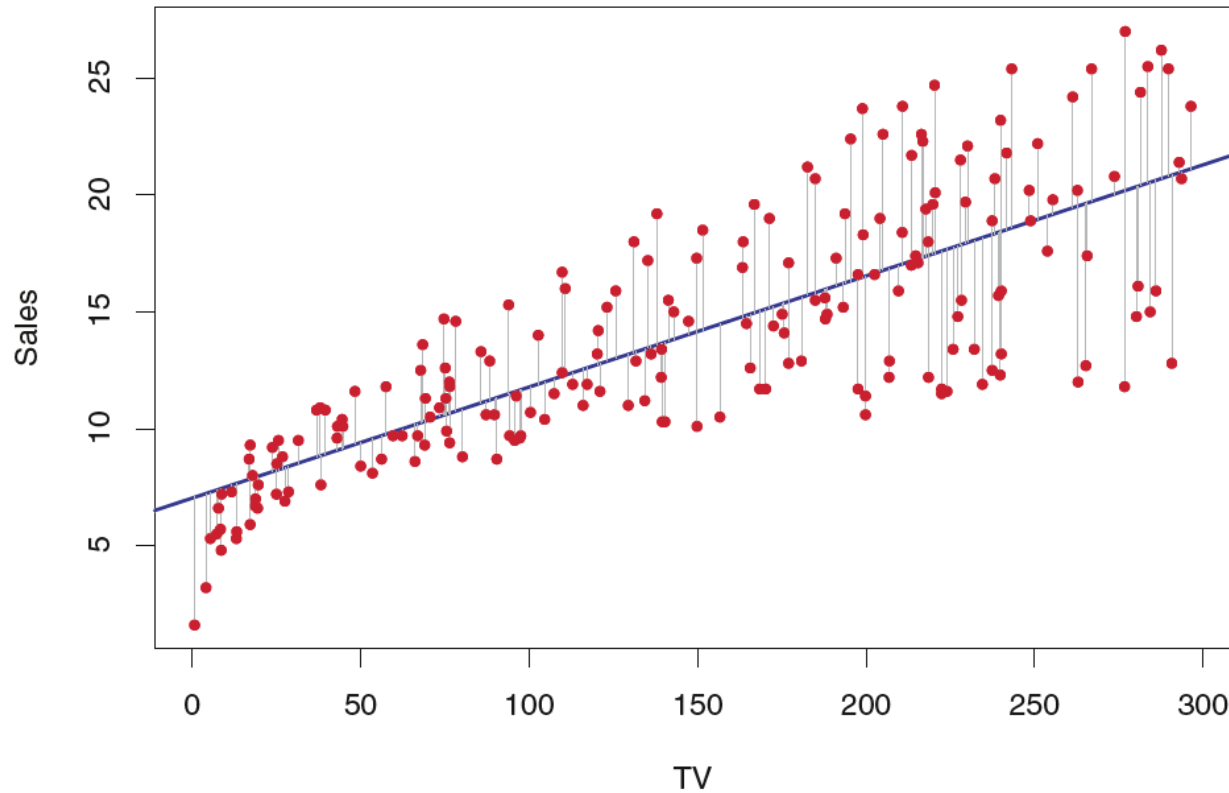
- The least squares estimators are:

$$\hat{\beta}_1 = \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{\sum_{i=1}^n (x_i - \bar{x})^2},$$
$$\hat{\beta}_0 = \bar{y} - \hat{\beta}_1 \bar{x},$$

# Linear Regression

## Estimating the Coefficients

- The figure below displays the simple linear regression fit where  $\hat{\beta}_0 = 7.03$  and  $\hat{\beta}_1 = 0.0475$ .



# Linear Regression

## Standard Errors

- How accurate are  $\hat{\beta}_0$  and  $\hat{\beta}_1$  as estimates for  $\beta_0$  and  $\beta_1$ ?
- We answer this by computing the standard error of our estimates.
- Roughly speaking, the standard error tells us the average amount that the estimate differs from the actual value.

$$\text{SE}(\hat{\beta}_0)^2 = \sigma^2 \left[ \frac{1}{n} + \frac{\bar{x}^2}{\sum_{i=1}^n (x_i - \bar{x})^2} \right], \quad \text{SE}(\hat{\beta}_1)^2 = \frac{\sigma^2}{\sum_{i=1}^n (x_i - \bar{x})^2},$$

# Linear Regression

## Confidence Intervals

- Standard error can be used to compute **confidence intervals**.
- A 95% confidence interval is defined as a range of values such that with 95% probability, the range will contain the true unknown value of the parameter.
- There is approximately a 95% chance that the interval

$$\left[ \hat{\beta}_1 - 2 \cdot \text{SE}(\hat{\beta}_1), \hat{\beta}_1 + 2 \cdot \text{SE}(\hat{\beta}_1) \right]$$

will contain the true value of  $\beta_1$ .

- Similarly, for  $\beta_0$  we have  $\hat{\beta}_0 \pm 2 \cdot \text{SE}(\hat{\beta}_0)$ .



# Linear Regression

## Tests of Significance

- Standard error can also be used to perform **hypothesis tests** on the coefficients.
- The most common hypothesis is:
  - $H_0$ : There is no linear relationship between X and Y.
  - $H_1$ : There is a linear relationship between X and Y.
- Mathematically, this corresponds to testing:
  - $H_0: \beta_1 = 0$
  - $H_1: \beta_1 \neq 0$
- We look at the p-value of the test in making the decision whether to reject or not reject the null hypothesis.

# Linear Regression

## Tests of Significance

- Roughly speaking, we interpret the **p-value** as follows: a small p-value indicates that it is unlikely to observe such a substantial association between the predictor and the response due to chance.
- Thus, we *reject the null hypothesis* – that is, we declare a relationship to exist between X and Y – if the p-value is small enough.
- Typical cutoffs for rejecting the null hypothesis are 5% or 1%.

# Linear Regression

## Tests of Significance

- The computation of the p-value is based on the *t*-statistic given by

$$t = \frac{\hat{\beta}_1 - 0}{\text{SE}(\hat{\beta}_1)},$$

- In our Advertising example, we have:

	Coefficient	Std. error	t-statistic	p-value
Intercept	7.0325	0.4578	15.36	< 0.0001
TV	0.0475	0.0027	17.67	< 0.0001

# Linear Regression

## Assessing the Accuracy of the Model

- The quality of a linear regression fit is typically assessed using two related quantities: **residual standard error** and **R<sup>2</sup>** statistic.
- The residual standard error (RSE) is an estimate of the standard deviation,  $\epsilon$ , of the linear regression model.
- It is computed using the formula:

$$\text{RSE} = \sqrt{\frac{1}{n-2} \text{RSS}} = \sqrt{\frac{1}{n-2} \sum_{i=1}^n (y_i - \hat{y}_i)^2}.$$

- The RSE is considered a measure of the *lack of fit*.

# Linear Regression

## Assessing the Accuracy of the Model

- The  $\mathbf{R}^2$  statistic takes the form of a proportion – the proportion of variance explained by the model – and so it always takes on a value between 0 and 1.
- To calculate  $\mathbf{R}^2$ , we have:

$$R^2 = \frac{\text{TSS} - \text{RSS}}{\text{TSS}} = 1 - \frac{\text{RSS}}{\text{TSS}}$$

- TSS is the total sum of squares, defined as  $\text{TSS} = \sum (y_i - \bar{y})^2$
- The  $\mathbf{R}^2$  statistic measures the amount of variability in Y that can be explained using X.

# Linear Regression

## Assessing the Accuracy of the Model

- The  $R^2$  statistic has an interpretational advantage over the RSE.
- However, it can still be challenging to determine what is a good  $R^2$  value.
- Recall the correlation between  $X$  and  $Y$  defined as

$$\text{Cor}(X, Y) = \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{\sqrt{\sum_{i=1}^n (x_i - \bar{x})^2} \sqrt{\sum_{i=1}^n (y_i - \bar{y})^2}},$$

- The  $R^2$  is the square of  $\text{Cor}(X, Y)$ .

# **R Exercise**

# Multiple Linear Regression

- In practice we have more than one predictors. Instead of fitting a separate simple linear regression model for each predictor, we extend the simple linear regression model to

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \cdots + \beta_p X_p + \epsilon,$$

- Here, we interpret  $\beta_j$  as the average effect on  $Y$  of a one unit increase in  $X_j$ , holding all other predictors fixed.
- In our advertising example, we have

$$\text{sales} = \beta_0 + \beta_1 \times \text{TV} + \beta_2 \times \text{radio} + \beta_3 \times \text{newspaper} + \epsilon.$$



# Multiple Linear Regression

## Estimating the Regression Coefficients

- The parameters are also estimated using the same least squares approach.
- We choose  $\beta_0, \beta_1, \dots, \beta_p$  to minimize the sum of squared residuals

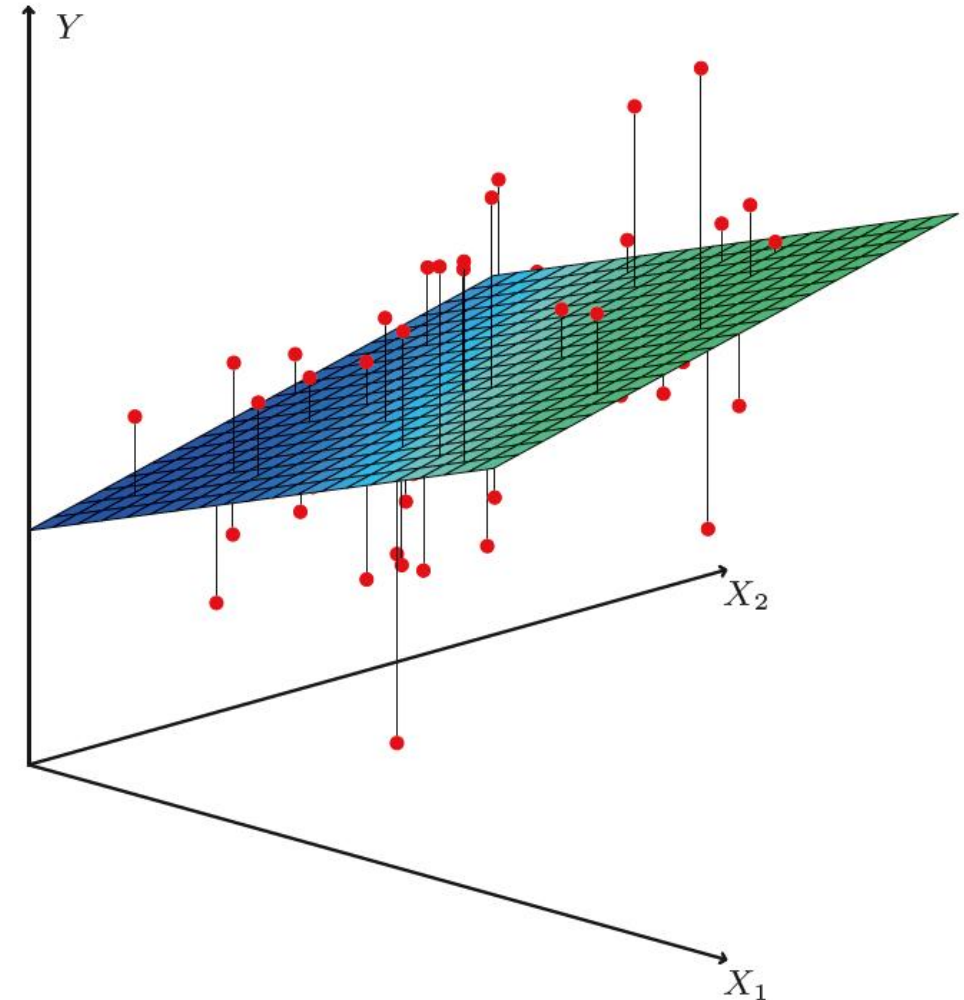
$$\begin{aligned}\text{RSS} &= \sum_{i=1}^n (y_i - \hat{y}_i)^2 \\ &= \sum_{i=1}^n (y_i - \hat{\beta}_0 - \hat{\beta}_1 x_{i1} - \hat{\beta}_2 x_{i2} - \dots - \hat{\beta}_p x_{ip})^2.\end{aligned}$$

- Unlike the simple linear regression coefficient estimates, the multiple linear regression coefficient estimates have somewhat complicated forms that are most easily represented using matrix algebra.

# Multiple Linear Regression

## Estimating the Regression Coefficients

- In a three-dimensional setting, with two predictors and one response, the least squares regression line becomes a plane.
- The plane is chosen to minimize the sum of the squared vertical distances between each observation and the plane.



# Multiple Linear Regression

## Example

- For the Advertising data, we have the following coefficient estimates:

	Coefficient	Std. error	t-statistic	p-value
Intercept	2.939	0.3119	9.42	< 0.0001
TV	0.046	0.0014	32.81	< 0.0001
radio	0.189	0.0086	21.89	< 0.0001
newspaper	−0.001	0.0059	−0.18	0.8599

# Multiple Linear Regression

## Some Important Questions

- Is at least one of the predictors  $X_1, X_2, \dots, X_p$  useful in predicting the response?
- Do all the predictors help to explain  $Y$ , or is only a subset of the predictors useful?
- Given a set of predictor values, what response value should we predict, and how accurate is our prediction?

# Multiple Linear Regression

## Is There a Relationship Between the Response and Predictors?

- We use a hypothesis test to answer this question.
- We test the null hypothesis,

$$H_0 : \beta_1 = \beta_2 = \cdots = \beta_p = 0$$

versus the alternative

$$H_a : \text{at least one } \beta_j \text{ is non-zero.}$$

- The hypothesis is performed by computing the *F-statistic*

$$F = \frac{(\text{TSS} - \text{RSS})/p}{\text{RSS}/(n - p - 1)},$$

# Multiple Linear Regression

## Is There a Relationship Between the Response and Predictors?

- When there is no relationship between the response and predictors, one would expect the F-statistics to take on a value close to 1.
- A large F-statistic suggests that at least one of the predictors is significantly related to the response.
- The p-value associated with the F-statistic is used to determine whether or not to reject  $H_0$ .

# Multiple Linear Regression

## Is There a Relationship Between the Response and Predictors?

- We also test the **partial effect** of each variable in the model.
- These provide information about whether each individual predictor is related to the response, after adjusting for the other predictors.
- Test on the partial effect of the individual coefficients uses the t-statistic.
- In our Advertising example, we have:

	Coefficient	Std. error	t-statistic	p-value
Intercept	2.939	0.3119	9.42	< 0.0001
TV	0.046	0.0014	32.81	< 0.0001
radio	0.189	0.0086	21.89	< 0.0001
newspaper	-0.001	0.0059	-0.18	0.8599

# Multiple Linear Regression

## Remarks

- The approach of using an F-statistic to test for any association between the predictors and the response works when  $p$  is relatively small, and certainly small compared to  $n$ .
- If  $p > n$ , we cannot even fit the multiple linear regression model using least squares.
- When  $p$  is large, we use *high-dimensional* techniques.



# Multiple Linear Regression

## Deciding on Important Variables

- If we conclude that at least one of the predictors is related to the response, we want to know which are the *guilty* ones!
- Note that the RSS always decreases as more variables are added to the model.
- Determining which predictors (a subset) are associated with the response, in order to fit a single model, is referred to as **variable selection**.
- For the many possible models, we determine the optimal model based on some criteria: Mallows's  $C_p$ , Akaike information criterion (AIC), Bayesian information criterion (BIC), and adjusted  $R^2$ .

# Multiple Linear Regression

## Deciding on Important Variables

### Mallows's $C_p$

$$C_p = \frac{1}{n} (\text{RSS} + 2d\hat{\sigma}^2),$$

- The  $C_p$  is an estimate of the MSE for a model with  $d$  predictors. The  $C_p$  adds a penalty to the RSS to adjust for the corresponding decrease in the RSS.
- We choose the model with the lowest  $C_p$  value.

# Multiple Linear Regression

## Deciding on Important Variables

### AIC

$$\text{AIC} = \frac{1}{n\hat{\sigma}^2} (\text{RSS} + 2d\hat{\sigma}^2)$$

- AIC is proportional to the  $C_p$  value.

### BIC

$$\text{BIC} = \frac{1}{n} (\text{RSS} + \log(n)d\hat{\sigma}^2)$$

- Like the  $C_p$  value and AIC, we select the model with the lowest BIC value.

# Multiple Linear Regression

## Deciding on Important Variables

### Adjusted $R^2$

$$\text{Adjusted } R^2 = 1 - \frac{\text{RSS}/(n - d - 1)}{\text{TSS}/(n - 1)}.$$

- We select the model with the largest adjusted  $R^2$ .
- The intuition behind the adjusted  $R^2$  is that once all of the correct variables have been included in the model, adding additional *noise* variables will lead to only a very small decrease in RSS.
- The adjusted  $R^2$  statistic pays a price for the inclusion of unnecessary variables.

# Multiple Linear Regression

## Deciding on Important Variables

- Ideally, we try out all possible subset of the predictors. However, trying out every possible subset may be infeasible, even for moderate  $p$ .
- We have automated and efficient approaches to choose a smallest set of models to consider using: **Forward selection**, **Backward selection**, **Mixed** or **Stepwise selection**

# Multiple Linear Regression

## Deciding on Important Variables

### Forward selection

- We begin with a null model.
- We then add to the model the variable that results in the lowest RSS.
- Then, we choose the next variable that will result in the lowest RSS for the new two-variable model.
- This is continued until some stopping rule is satisfied.

# Multiple Linear Regression

## Deciding on Important Variables

### Backward selection

- We start with all variables in the model then remove the variable with the largest p-value, that is, the variable that is the least significant.
- The new  $(p-1)$ -variable model is fit, and the variable with the largest p-value is removed.
- This continues until all remaining variables have a p-value below some threshold.

# Multiple Linear Regression

## Deciding on Important Variables

### Mixed selection

- This is a combination of forward and backward selection.



# Multiple Linear Regression

## Prediction

- The *least squares plane*

$$\hat{Y} = \hat{\beta}_0 + \hat{\beta}_1 X_1 + \cdots + \hat{\beta}_p X_p$$

is only an estimate for the true population regression plane

$$f(X) = \beta_0 + \beta_1 X_1 + \cdots + \beta_p X_p.$$

- We can compute a confidence interval to determine how close  $\hat{Y}$  will be to  $f(x)$ .
- Even if we know the true values  $\beta_0, \beta_1, \dots, \beta_p$ , the response value cannot be predicted perfectly because of the random error.
- We use **prediction intervals** to quantify how much  $\hat{Y}$  will vary from  $Y$ .
- **Prediction intervals** are wider than confidence intervals.

# Other Considerations in the Regression Model

## Qualitative Predictors

- To include qualitative predictors, we make use of dummy or indicator variables.

## Predictors with Only Two Levels

- Here, we use only one indicator variable. For example, for *Gender*:

$$x_i = \begin{cases} 1 & \text{if } i\text{th person is female} \\ 0 & \text{if } i\text{th person is male,} \end{cases}$$

- This results to the model:

$$y_i = \beta_0 + \beta_1 x_i + \epsilon_i = \begin{cases} \beta_0 + \beta_1 + \epsilon_i & \text{if } i\text{th person is female} \\ \beta_0 + \epsilon_i & \text{if } i\text{th person is male.} \end{cases}$$

- $\beta_1$  is the average difference in  $Y$  between females and males.

# Other Considerations in the Regression Model

## Qualitative Predictors

### Predictors with More Than Two Levels

- If a variable has  $d$  levels, we introduce  $(d-1)$  dummy variables.
- Example, for ethnicity = {Asian, Caucasian, African American} :

$$x_{i1} = \begin{cases} 1 & \text{if } i\text{th person is Asian} \\ 0 & \text{if } i\text{th person is not Asian,} \end{cases} \quad x_{i2} = \begin{cases} 1 & \text{if } i\text{th person is Caucasian} \\ 0 & \text{if } i\text{th person is not Caucasian.} \end{cases}$$

- Then we have the model:

$$y_i = \beta_0 + \beta_1 x_{i1} + \beta_2 x_{i2} + \epsilon_i = \begin{cases} \beta_0 + \beta_1 + \epsilon_i & \text{if } i\text{th person is Asian} \\ \beta_0 + \beta_2 + \epsilon_i & \text{if } i\text{th person is Caucasian} \\ \beta_0 + \epsilon_i & \text{if } i\text{th person is African American.} \end{cases}$$

# Other Considerations in the Regression Model

## Qualitative Predictors

### Predictors with More Than Two Levels

- Then we have the model:

$$y_i = \beta_0 + \beta_1 x_{i1} + \beta_2 x_{i2} + \epsilon_i = \begin{cases} \beta_0 + \beta_1 + \epsilon_i & \text{if } i\text{th person is Asian} \\ \beta_0 + \beta_2 + \epsilon_i & \text{if } i\text{th person is Caucasian} \\ \beta_0 + \epsilon_i & \text{if } i\text{th person is African American.} \end{cases}$$

- $\beta_1$  can be interpreted as the difference in the average response between Asian and African American categories.
- $\beta_2$  is the average difference in the average response between Caucasian and African American.
- The level with no dummy variable is the **baseline** category.

# Other Considerations in the Regression Model

## Interaction Terms

- Previously, we concluded that both TV and radio seem to be associated with sales.
- We assumed that the effect of TV is independent of radio.
- Suppose that spending money on radio advertising actually increases the effectiveness of TV advertising, so that the slope term for TV should increase as radio increases?
- To account for this interaction, we include an **interaction term**.

# Other Considerations in the Regression Model

## Interaction Terms

- We have the model

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_1 X_2 + \epsilon.$$

- We can rewrite this as

$$\begin{aligned} Y &= \beta_0 + (\beta_1 + \beta_3 X_2) X_1 + \beta_2 X_2 + \epsilon \\ &= \beta_0 + \tilde{\beta}_1 X_1 + \beta_2 X_2 + \epsilon \end{aligned}$$

- The effect of  $X_1$  is no longer constant: adjusting  $X_2$  will change the impact of  $X_1$  on  $Y$ .

# Other Considerations in the Regression Model

## Interaction Terms

- **Example**

- Suppose we wish to predict credit balance using income and whether student or not.
- Without interaction term, the model is

$$\begin{aligned}\text{balance}_i &\approx \beta_0 + \beta_1 \times \text{income}_i + \begin{cases} \beta_2 & \text{if } i\text{th person is a student} \\ 0 & \text{if } i\text{th person is not a student} \end{cases} \\ &= \beta_1 \times \text{income}_i + \begin{cases} \beta_0 + \beta_2 & \text{if } i\text{th person is a student} \\ \beta_0 & \text{if } i\text{th person is not a student.} \end{cases}\end{aligned}$$

# Other Considerations in the Regression Model

## Interaction Terms

- **Example**

- Introducing the interaction term between student and income, we have:

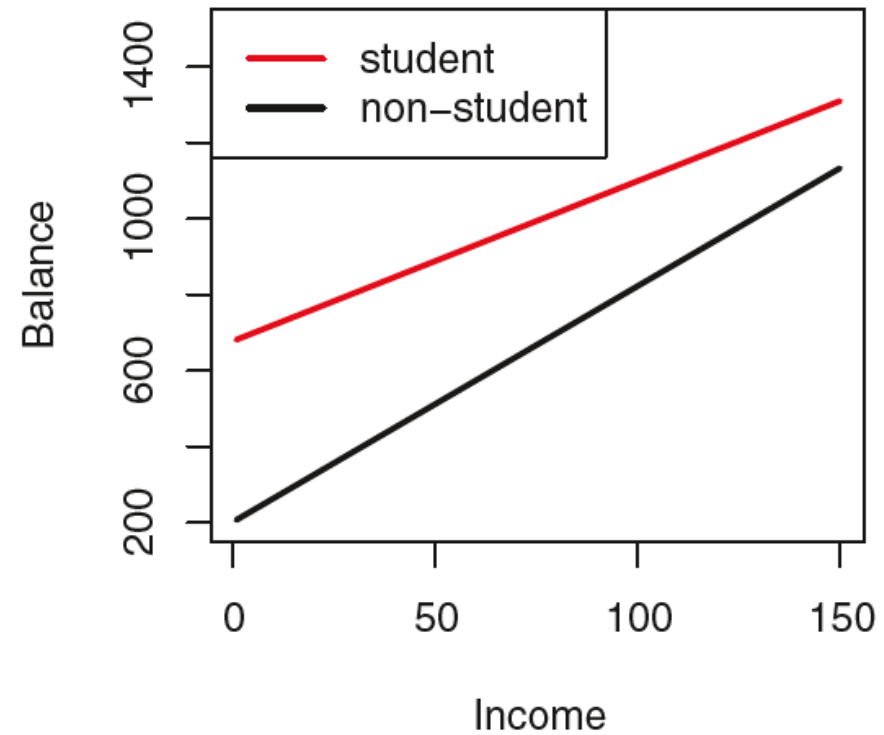
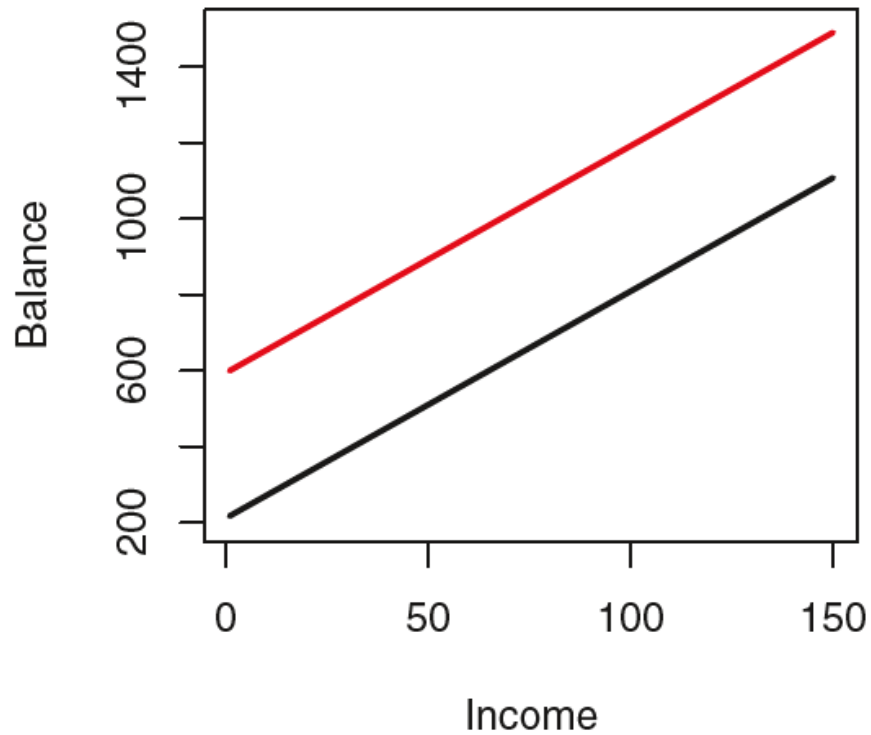
$$\begin{aligned} \text{balance}_i &\approx \beta_0 + \beta_1 \times \text{income}_i + \begin{cases} \beta_2 + \beta_3 \times \text{income}_i & \text{if student} \\ 0 & \text{if not student} \end{cases} \\ &= \begin{cases} (\beta_0 + \beta_2) + (\beta_1 + \beta_3) \times \text{income}_i & \text{if student} \\ \beta_0 + \beta_1 \times \text{income}_i & \text{if not student} \end{cases} \end{aligned}$$



# Other Considerations in the Regression Model

## Interaction Terms

- Example



# Potential Problems in the Model

**The most common problems in a linear regression model are:**

1. Non-linearity of the response-predictor relationships
2. Correlation of error terms
3. Non-constant variance of error terms
4. Outliers
5. High-leverage points
6. Collinearity

# **R Exercise**