

ELIZABETH NAZAROV

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509-339-5579

EXPERIENCE

Peer Recovery Coach - Cougs for Recovery - WSU

August 2022 – present

CCAR certified Peer Recovery Coach. Facilitate & coordinate spaces centered around community and wellbeing with an emphasis in recovery including: All Recovery Meeting (a structured weekly meeting to discuss substance use and mental wellbeing; Pullman & Global campus, weekly), Art & Pizza Night (Pullman campus, weekly), & Cougs for Recovery Yoga (Pullman campus, weekly).

Group Fitness Instructor - University Recreation - WSU

February 2023 – present

SAYF & CPR certified. Lead groups through meditations, breathing exercises, & varied levels of yoga; coordinated a free weekend class through a collaboration between Cougs for Recovery & UREC, (Cougs for Recovery Yoga mentioned above).

Teaching Assistant - Dept. of Digital Technology & Culture - WSU

January 2024 – present

Lead groups through meditations, breathing exercises, & varied levels of yoga; coordinated a free weekend class through a collaboration between Cougs for Recovery & UREC, (Cougs for Recovery Yoga mentioned above).

Production Assistant - (Various productions) - Fox & Sony

Better Call Saul, The Night Shift, Scalped (pilot), Preacher, Maze Runner II, Only the Brave, Waco, Genius: Pablo Picasso, The Chi

April 2014 – November 2018

Management of production basecamp (in studio & on location), coordination of cast & crew, scheduling & crew wide information distribution, cast & crew hospitality, cast assistant, logistics organization & transportation coordination, data entry & report writing, graphic design, research, agile problem solving.

EDUCATION

Bachelor of Arts in Digital Technology & Culture

*Washington State University (WSU)
January 2022 – June 2024*

Certificate in Graphic Design

*Washington State University (WSU)
January 2022 – June 2024*

Berlin Study Abroad: Design & Animation in Activism

*Washington State University (WSU)
May– June 2024*

SKILLS

Proficient in:

- Adobe Suite & Creative Cloud
- Macintosh & Windows
- Procreate & Wacom
- HTML5 & CSS

Experienced in:

- Administrative organization
- Scheduling
- Working on a team

Miscellaneous:

- Perceptive sense of humor

INTERESTS

- Community building & harm reduction
- Art, it's history, and the questions therein
- Narrative & rhetoric
- Animation, cinema, & vfx
- Travel
- The outdoors
- Boston Terriers

