

# One-step, three-factor authentication with in-ear EEG

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December 2, 2016

## Abstract

We propose the first research study of one-step three-factor authentication. Specifically we seek to demonstrate its feasibility and quantify its performance using Ear EEG (electroencephalogram). By performing a single mental task, our user will be able to present three authenticators at once – a knowledge factor (their chosen secret thought and/or mental task), an inherence factor (their brainwave signals), and a possession factor (the EEG sensing earpiece that is custom-fitted to their ear). We will build the custom-fit Ear EEG earpieces and conduct an experimental study to evaluate the accuracy and usability of this authentication method.

## 1 Introduction and Motivation

It is well appreciated by experts and end-users alike that strong authentication is critical to cybersecurity and privacy, now and into the future. Unfortunately, news reports of celebrity account hackings serve as regular reminders that the currently dominant method of authentication in consumer applications, single-factor authentication using passwords or other user-chosen secrets, is faced by many challenges. Major industry players such as Google and Facebook have been strongly encouraging their users to adopt two-factor authentication (2FA). However, the need for users to submit two different authenticators in two separate steps has frustrated wide adoption, due its additional hassle cost to the users. For instance, the popular Apple iPhone has already implemented the necessary technologies to support device unlock using either a user-selected passcode or a fingerprint. Therefore the device could easily support a two-step two-factor authentication scheme if desired. However, it is easy to understand why users would balk at having to enter

a passcode *and* provide a fingerprint each time they want to unlock their phone.

In our previous work, we have proposed “one-step two-factor authentication” as a new approach to authentication that can provide the security benefits of two-factor authentication without incurring the hassle costs of two-step verification [1]. By employing consumer-grade EEG (electroencephalogram) sensing technologies, we demonstrated in our 2013 passthoughts study that a user can submit both a knowledge factor (i.e., secret thought) and an inherence factor (i.e., brainwave signal unique to the individual) in a single step by performing a single mental task [2]. We demonstrated the robustness of this method against impersonation attacks, including conditions where the attacker may have learned the target’s secret thought and/or secret task [3].

In the present proposal, we will undertake, to the best of our knowledge, the first ever study of one-step three-factor authentication. In computer security, authenticators are classified into three types: knowledge factors (e.g., passwords and PINs), possession factors (e.g., physical tokens, ATM cards), and inherence factors (e.g., fingerprints and other biometrics). Because three-factor authentication (3FA) requires the user to submit one distinct instance of each type of authenticator, it represents the strongest level of authentication security possible.

We propose the use of custom-fit Ear EEG technology as the platform for investigating the feasibility, performance, and usability of one-step three-factor authentication. In addition to the same knowledge factor and inherence factor as in our previous work, the user can submit in the same step the possession factor in the form of the EEG-sensing ear-piece(s) that are custom-fitted to and worn in their ear. These earpieces can serve as physical tokens in the same way as bank ATM cards and wearable hardware tokens. Furthermore, because the earpieces are custom-fitted to each individual, they will not be able to produce good electrical impedances when worn by a different individual.

## 2 Related Work

The use of EEG as a biometric signal for user authentication has a short history. In 2005, Thorpe et al. motivate and outline the design of a passthoughts system, where, rather than typing a password, users authenticate by thinking of a passthought [6]. Since 2002, a number of independent groups have achieved 99- 100% authentication accuracy using multi-channel sensors placed on the scalp [7-10]. In 2013, our group showed that 99% authenti-

cation accuracy can also be achieved using a consumer-grade single-channel sensor [2]. In particular, the lack of signal diversity from multiple EEG channels can be overcome by allowing the users to choose their own personalized passthoughts (e.g., sing their favorite song in their head). There are two significant consequences of this result. First, the passthoughts approach is no longer constrained by the high cost ( $\sim \$10k$ 's) and low usability (gel-based electrodes; aesthetic challenges of an EEG cap) of medical-grade multi-channel devices. Second, because users can choose and easily change their secret mental task, this approach can support one-step two-factor authentication [1] via the simultaneous presentation of the inherence factor (brainwave signatures due to the unique folding structures of the cortex) and the knowledge factor (the secret mental task).

Research in in-ear EEG is only several years old. Nonetheless, the concept has attracted a lot of attention because of the discreetness factor of in-ear EEG over traditional scalp-based EEG. A research team at the Imperial College London and Aarhus University published a landmark paper in 2011 that introduced the concept of in-ear EEG, demonstrating for the first time the feasibility of recording brainwave signals from within the ear canal [11]. Follow-up work from the same group demonstrated its ability to produce signal-to-noise ratios comparable to those from conventional EEG electrode placements, robustness to common sources of artifacts, and use in a brain-computer interface (BCI) system based on auditory evoked potentials and visual evoked potentials [12-14]. Our 2016 study [4] was the first to merge these two streams of work, using in-ear EEG signals for user authentication. United Sciences is currently developing a consumer hearable called The Aware that will measure EEG from the ear [15]. Behavioral authentication methods such as keystroke dynamics [16] and speaker authentication [17] can be categorized as one-step two-factor authentication schemes. In both cases, the knowledge factor (password or passphrase) and inherence factor (typing rhythm or speaker's voice) are employed. In contrast, the Nymi band [18] supports one-step two-factor authentication via the inherence factor (cardiac rhythm that is supposed to be unique to each individual) and the possession factor (the wearing of the band on the wrist). However, as far as we know, no one has proposed or demonstrated a one-step three-factor authentication scheme.

### 3 Proposed project

We propose the first ever research study on one-step three-factor authentication. The study will yield a number of novel contributions to the literature. First, we expect to demonstrate the feasibility of presenting three authenticators in a single step. Second, we will quantify the performance accuracy of user authentication using custom-fit in-ear EEG hardware. Third, we can quantify the relative performance of signals captured from different locations within the ear. Fourth, we will evaluate the effectiveness of new classes of mental tasks for EEG-based authentication. Fifth, we will evaluate the usability of custom-fit in-ear EEG hardware.

### 4 Research plan

There will be four key components and major research tasks to this proposed study: (i) design and build custom-fit hardware, (ii) design and implement authentication tasks, (iii) experimental platform and protocol for data collection, and (iv) analysis of authentication performance.

In our original 2013 passthoughts study [2], we used unmodified commercial off-the-shelf EEG sensing hardware. In our 2016 Ear-EEG passthoughts study [4], we modified the off-the-shelf hardware in order to support data collection from within the ear canal. Once modified, the same device could be used for all participants. In the current study, we propose to build in-ear EEG sensors that are custom-fit to the contours of the ears and ear canals of each individual participant. Therefore, it is necessary for us to build a separate pair of devices for each participant. In partnership with our research collaborators at Starkey Hearing Science, who specialize in hearing-aid technologies, we will acquire moldings of participants' ears, and use the molds to build custom-fit acrylic earpieces with embedded EEG electrodes.

A key research challenge is to design and build the electrodes to produce signals of robust quality, given the small volume of the ear cavity, the small surface areas of the electrodes, and the limited distances between the electrodes within the ear. We will need to experiment with the locations of the electrodes, including the reference and ground electrodes, which may be placed on the ear lobes or behind the ears.

We propose an update and expansion of the authentication tasks, to take advantage of our lessons learned from previous studies on the relative strengths of different mental tasks, with regards to authentication accuracy and usability as reported by participants. Furthermore, given the in-ear

placement of the electrodes, and hence spatial proximity to the temporal lobes, we see a unique opportunity to design and test novel authentication tasks based on either auditory imagery or auditory steady-state response (ASSR). We will design a suite of authentication tasks to include:

- Baseline tasks
- Motor imagery tasks (with personal secret)
- Visual imagery tasks (with personal secret)
- Audio imagery tasks (with personal secret)
- Mixed audio/visual imagery tasks (with personal secret)
- Auditory steady-state response (ASSR) tasks (using external stimuli)

This will allow us to quantify the security and usability performances of these tasks, both collectively as they contribute to overall authentication accuracy, as well as comparatively against one another. We will use OpenBCI, an open-source EEG biosensing system as our data collection platform. This requires integrating the custom-fit Ear EEG devices with the OpenBCI board. We will also need to extend Indra, our own data collector software, to support the recording of OpenBCI data that is synchronized with PsychoPy, which we use for stimuli presentation. We will recruit on the order of 7-10 participants who are willing to commit to multiple session visits, first for ear molding, then for device impedance testing, and then for one or more data collection sessions.

For authentication analysis, we will build upon the analysis methodology and tools from our previous studies. We will apply the logarithmic binning technique that we have developed in [5] to the EEG power spectrum data during the signal pre-processing step. We will then apply machine learning to train and test a support vector classifier as in [4]. We will compare the results against the threshold-based authentication protocol based on cosine similarity as in [2,3]. A key change for this study is that we will be able to collect up to 8 separate channels of EEG data, including multiple channels from each ear. This is in contrast to our previous studies, where we collected only a single channel of EEG, either on the prefrontal cortex (FP1) location or in the ear canal. Therefore, we will need to develop new analytic techniques to both (i) assess improvements in authentication accuracy due to the increased channels of data, and (ii) assess relative contributions of individual electrode locations to authentication accuracy. Finally, we will evaluate

the usability of custom-fit Ear EEG authentication along several dimensions. They include the comfort and fit of the earpieces, the preparatory steps of using the devices, the ease and repeatability of the authentication tasks, and the recall rates of the personal secrets.

## 5 TODO Preliminary results

We performed a very small pilot study ( $n=2$ ) to better assess our projects' feasibility. Our cursory analysis indicates that we can successfully detect EEG signals from the ear (Section 5.1), that these signals can be used for reliable authentication among two people (Section 5.2), and that the success of the authenticator relies on the user's chosen secret, and not just the inherence factor of the user's unique signal (Section 5.3).

### 5.1 TODO Data collection

### 5.2 TODO Validation

### 5.3 Authentication performance

Following [5], we use logarithmic binning to produce compressed feature vectors of a variable size. This technique has been shown to offer robust, linear classifiability in healthy subjects. It is unique in its use of the entire frequency spectrum. Since EEG activity is associated with frequencies from 1-40Hz, we presume this range contains the majority of relevant signal. However, we do not rule out the possibility that useful signal exists in other frequency ranges. Muscular activity, for example, might be correlated with mental gestures in some cases. Logarithmic binning produces feature vectors biased toward known sources of signal, while still including data points from outside this frequency range that may be informative.

We analyzed the EEG signals collected during the tasks using a support vector classifier (SVC). Since past work has shown that classification tasks in EEG-based BCI are linear [25], we used XGBoost, a popular tool for generating ensemble linear classifiers. For each task, for each participant, 100 seconds of data were collected in total across 10 trials of 10 seconds each, resulting in 30 samples per participant, per task, following preprocessing.

Finally, for each subject, for each task, we trained a binary classifier in the following manner: the right subject, performing the right task, were taken as positive examples. The wrong person, performing any task, were taken as negative examples. For a random, balanced subsample of those groups, we

Table 1: Authentication accuracy for each sensor position. Left and right ears were a composite of three electrode positions along the helix, front of the ear canal, and back of the ear canal.

task	Left ear		Right Ear		fp1	
	FAR	FRR	FAR	FRR	FAR	FRR
speech	0	0	0	0	0	0
face	0	0	0	0.002	0	0
breathe	0	0	0	0	0	0
listennoise	0	0	0	0	0	0
song (eyes open)	0	0	0	0	0	0
song	0	0	0	0	0	0
sequence	0	0	0	0	0	0
listentone	0	0	0	0.009	0	0
breathe (eyes open)	0.039	0	0	0	0	0
sport	0.039	0.036	0	0	0	0

trained an ensemble binary classifier with XGboost. For the remainder of the data, we tested the classifier’s accuracy, measuring the false acceptance rate (FAR) and the false rejection rate (FRR) (Table 1).

Overall, FAR and FRR were extremely low across the board. The right ear performed better than the left ear (possibly because the reference was on the left ear, thus furthest from the right ear). In line with the results of prior work, Fp1 performed better than either the left or the right ear, achieving perfect FAR and FRR scores on all tasks.

#### 5.4 Disentangling inference and knowledge

Though our classifier’s accuracy is strong, we still cannot say that it relies on both knowledge and inference to authenticate the subject. Is it the passthought that the classifier is authenticating, or do users (or earphones) simply have characteristic EEG readings?

If our classifier *only* relied on inference, we would expect the right person performing the wrong task to reliably authenticate with the classifier described in Section 5.2. In other words, we would expect the FAR for right-person-wrong-task to be the same as the FAR for right-person, right-task. We calculated the FAR for each task, and performed a two-tailed t-test to determine our confidence that this set of FARs was drawn from a different distribution from those generated during the right-person, right-task trials.

Table 2: FARs for right-person, wrong-task, and p-values corresponding to confidence that these FARs were drawn from the same distribution as from the right-person-right-task trials.

Task	Right ear	Left ear	fp1
speech	0.311	0.116	0
face	0.355	0.055	0
breathe	0	0.240	0
listennoise	0.322	0.078	0
song <sub>o</sub>	0	0.166	0
song	0	0.211	0
sequence	0.433	0	0
listentone	0	0.333	0
breathe <sub>o</sub>	0.254	0.129	0
sport	0.222	0.135	0
<b>p-value</b>	<b>*0.0076</b>	<b>*0.009</b>	N/A

Our low p-values (Table 2) indicate that the passthought, as well as the inherence factor associated with the custom-fit EEG earbud, both contribute to the classifier performance discussed in Section 5.2. We are confident, then, in our claim that this work could potentially yield multiple-factor authentication in a single step. However, we will need to collect a great deal more data to substantiate this claim rigorously.

## 6 Schedule and Budget

We propose a 12-month schedule with two graduate students working on the project:

- Months 1-6: hardware development for custom-fit earpiece; integration with OpenBCI; testing
- Months 1-6: software integration between OpenBCI, PsychoPy, and Indra; design of new authentication tasks and implementation in PsychoPy
- Months 7-8: experimental data collection
- Months 9-12: data analysis; write and submit research papers



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