## **WEEKLY PRACTICE LOG**

Electric Bass

DATE	warm-up	scales and arpeggios	daily technique	music theory and aural skills	reading and fretboard knowledge	bass lines creation	improvisation	repertoire and transcriptions	
Sunday			O			0			
Monday		18			0000		D. /		
Tuesday		7/					T		
Wednesday		3/			$\Lambda$	4000	NO.		
Thursday				51			IE		
Friday		FIL		- 17	) - i=	4	19		
Saturday					( E		7		

Total (week)