Electric Bass

# DIATONIC TRIADS WARM-UP

# PRACTICE TIPS

- Start by playing these exercises at a comfortable, slower pace, and gradually increase the tempo as you become more confident.

- Strive to play these exercises in all twelve keys whenever possible.

- Some exercises offer a broader technical challenge, spanning a wider range across the fretboard and involving frequent string crossings. These are valuable for developing dexterity and improving fretboard navigation.

- Experiment with diverse rhythms, fingerings, and tempos. This exploration will not only diversify your playing but also promote flexibility for various musical contexts.

- Although the exercises might not be explicitly notated in both directions, challenge yourself to play the diatonic triads both ascending and descending. This practice enhances your fluency and endurance on the instrument.

- Feel encouraged to create different variations. Whether altering dynamics, articulation, or patterns, experimenting with variations will enrich your musical expression and creativity.

- Recognize the significance of playing diatonic triads in stepwise motion and in fourths. While not the only approach, these are among the most common and useful methods.

Diatonic triads are the fundamental building blocks of music theory, serving as the basis for many chord progressions. Practicing them as a warm-up routine enhances finger dexterity, hand strength, and overall bass guitar technique. By incorporating these exercises into your regular practice regimen, you'll undoubtedly refine your musical understanding and elevate your playing to new heights.

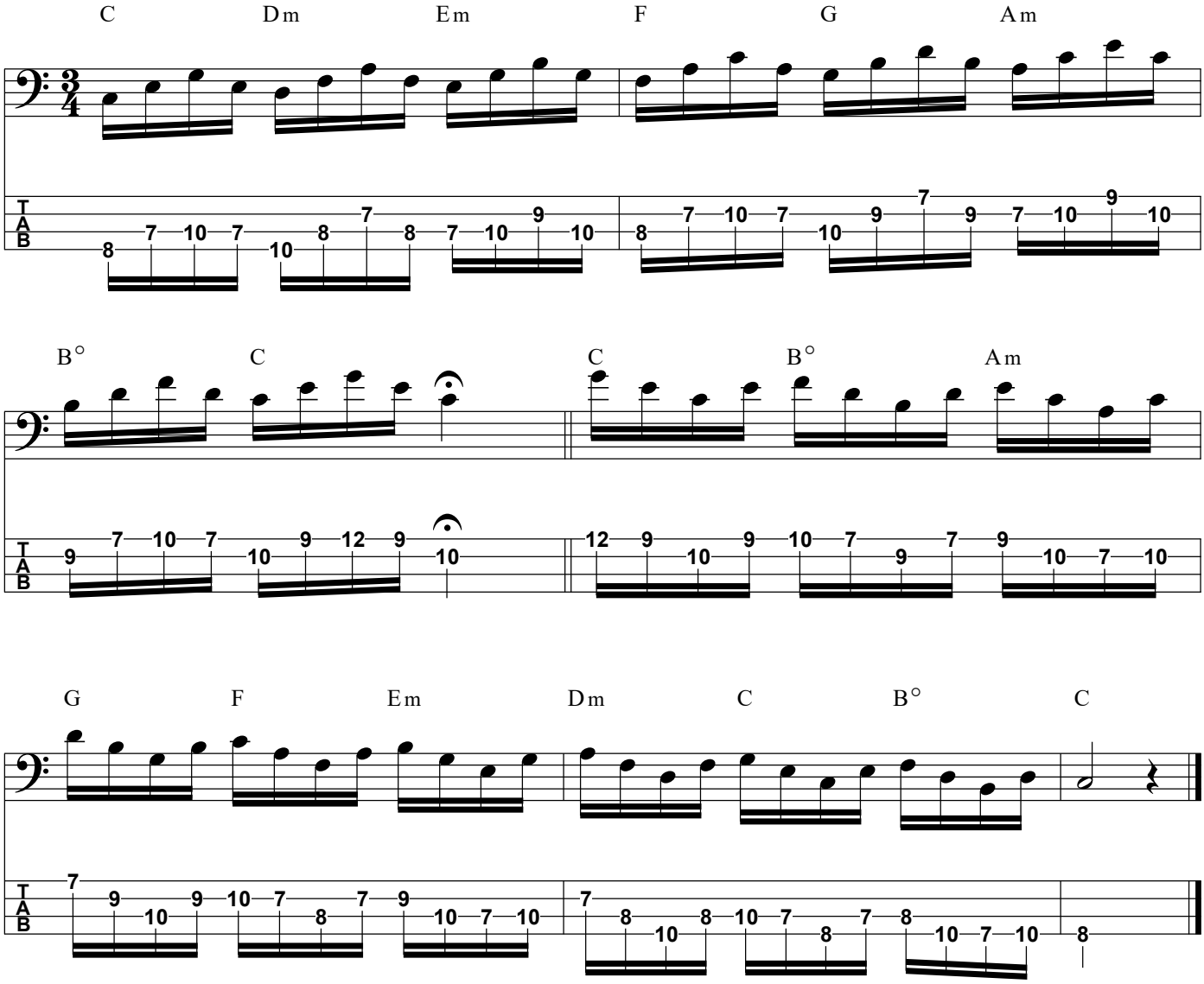
Enjoy the journey and happy playing!

Electric Bass

# DIATONIC TRIADS WARM-UP

Elton Machado

**Exercise #1**

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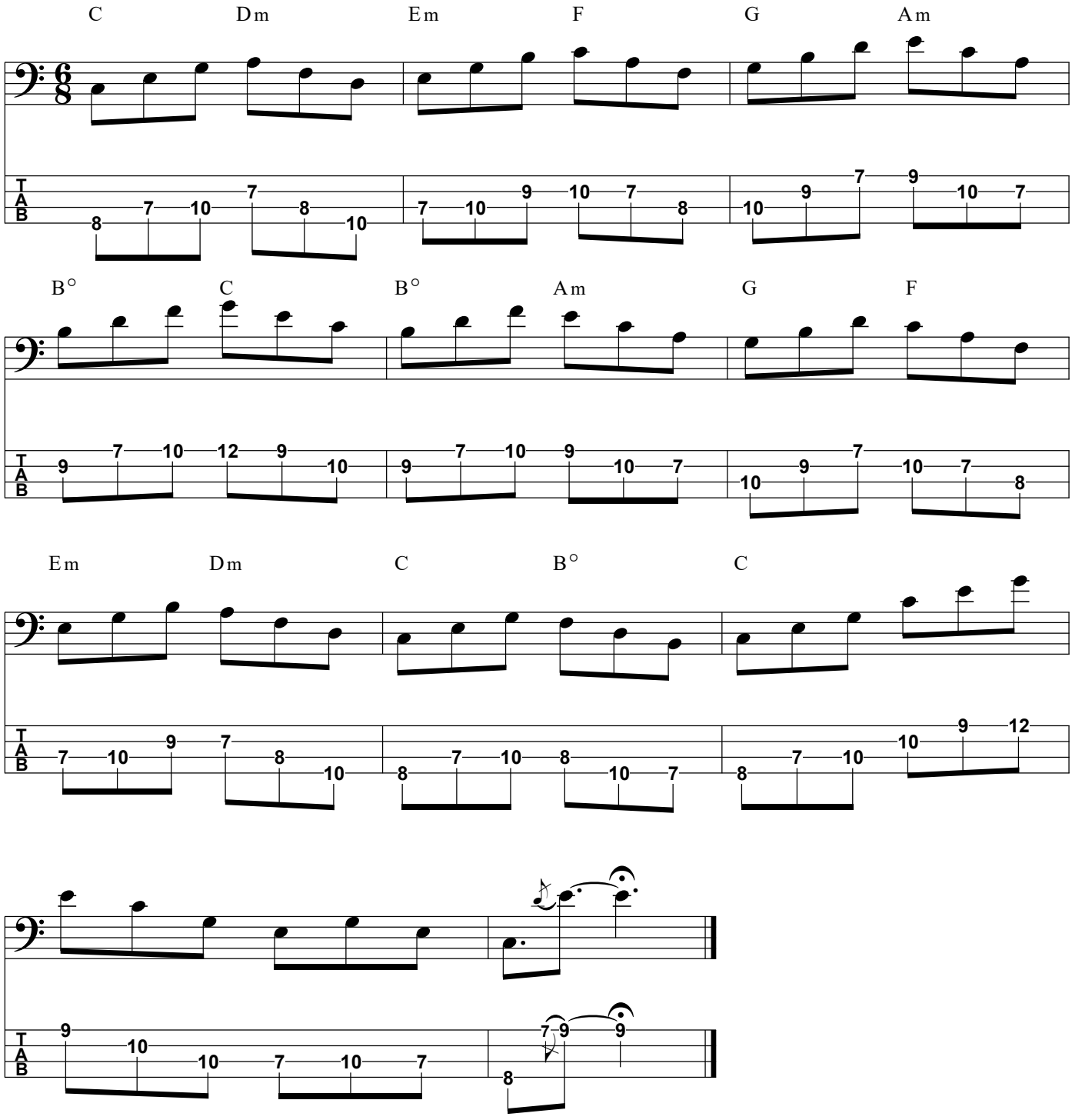
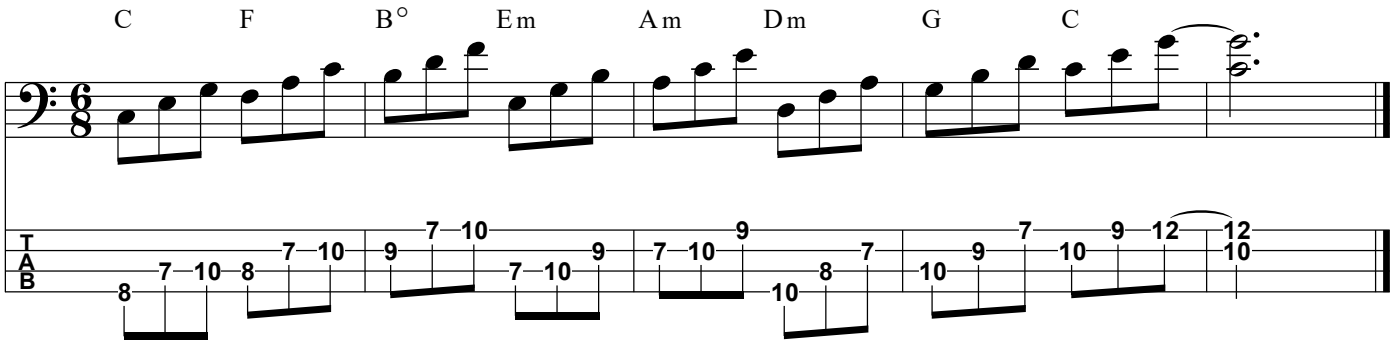
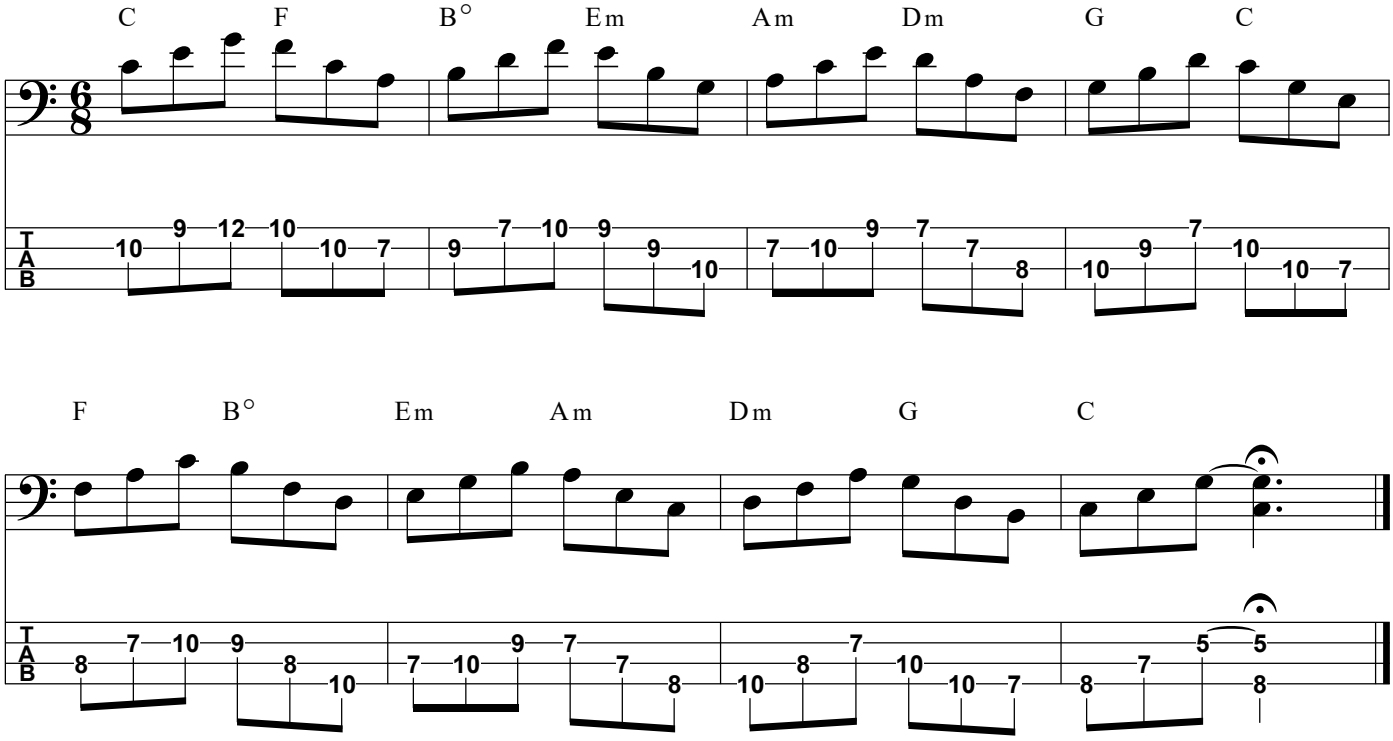
**Exercise #1 — Variation 1**



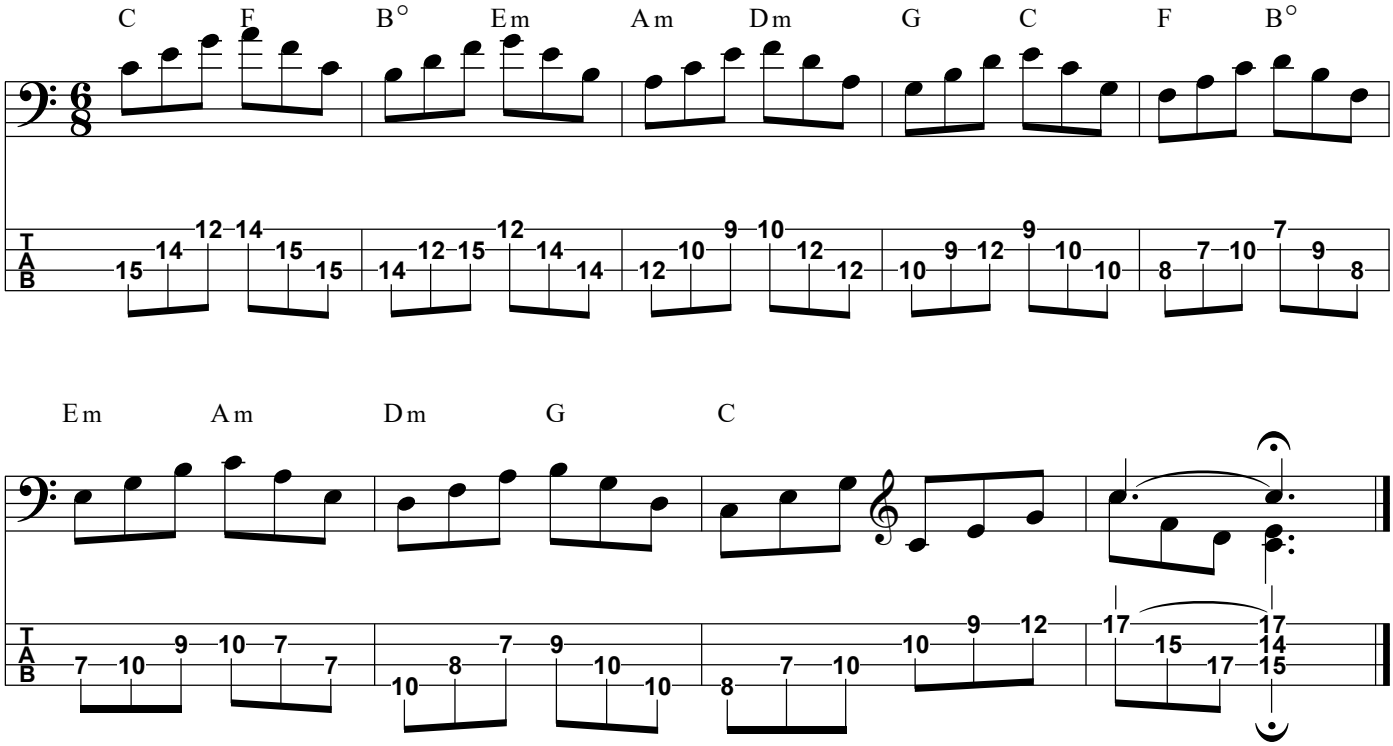
**Exercise #2**



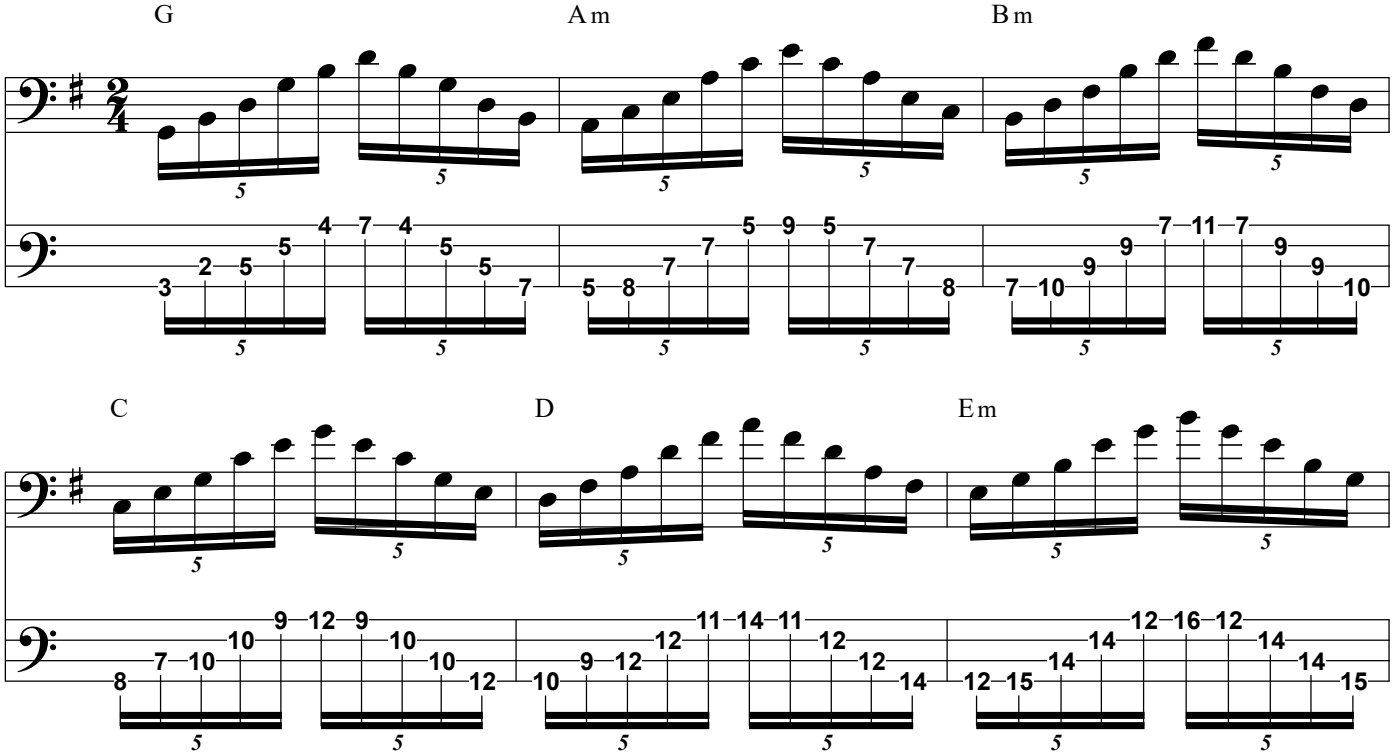

**Exercise #2 — Variation 1**

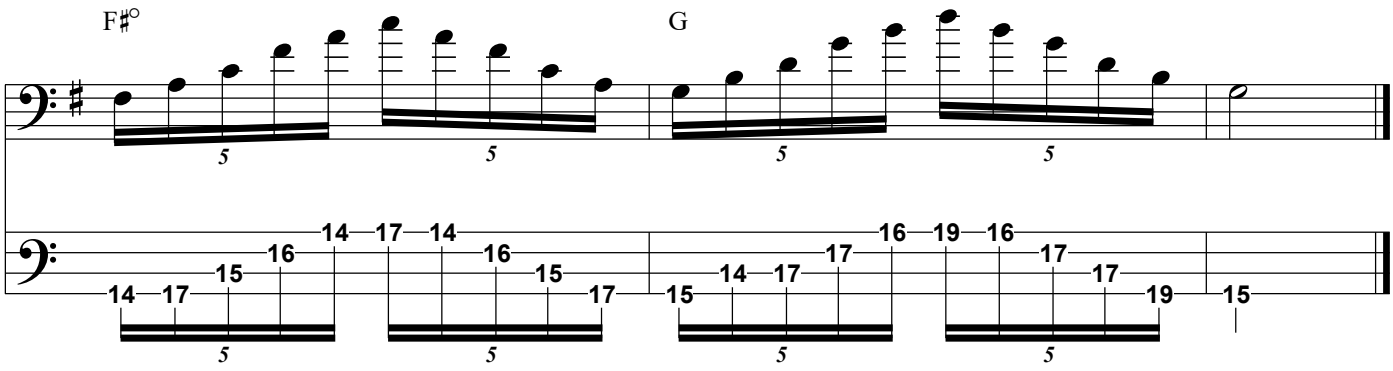


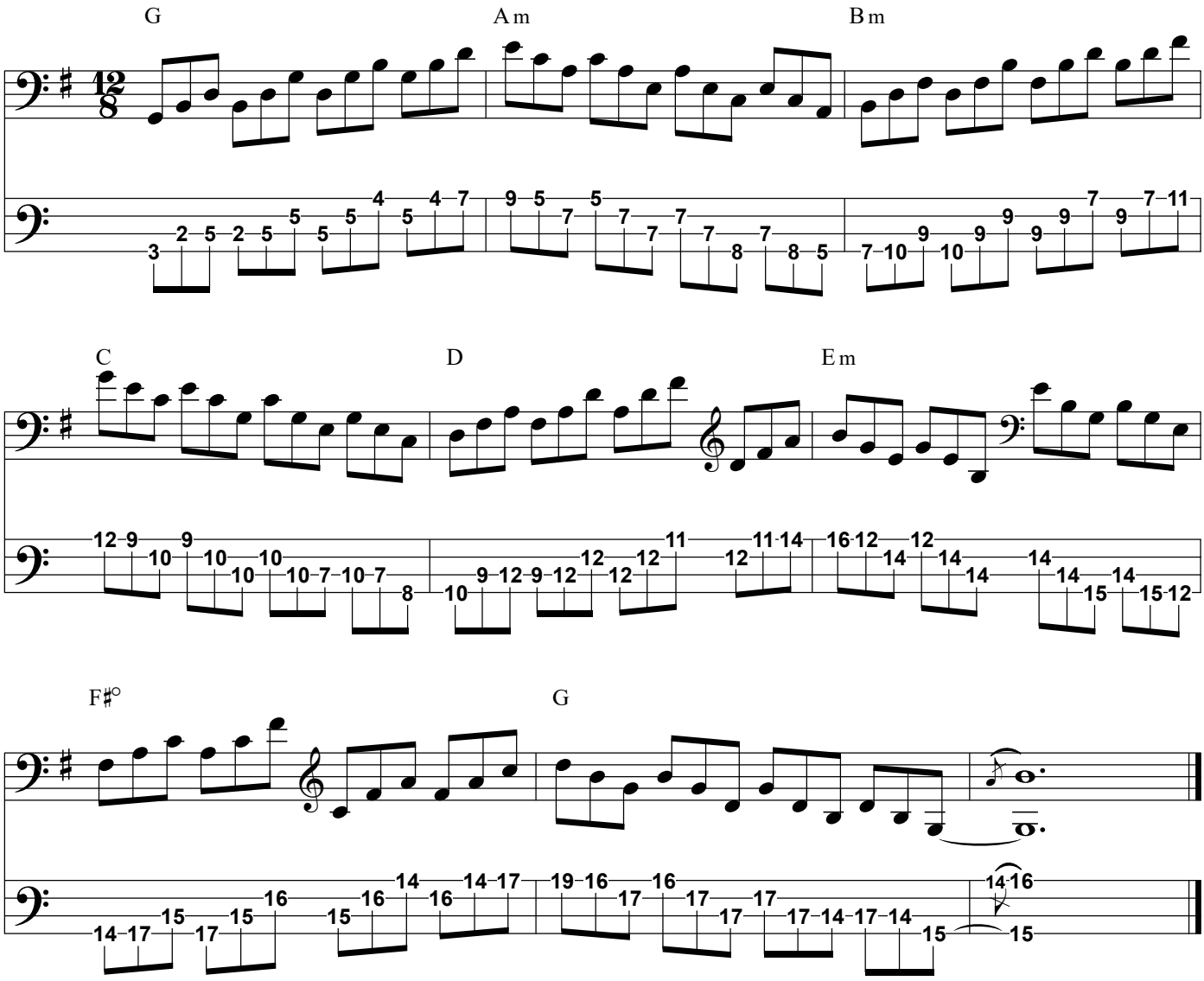
**Exercise #2 — Variation 2**




**Exercise #3**






**Exercise #3 — Variation 1**