

If your current circumstances  
are stressful,

try visuali this:

Your circumstances are a hurricane  
and you are the eye of the storm.

Follow the wisdom

emanating from the storm's  
peaceful eye.

Frustration and failure  
are a part of life.

If we do not flee from  
them but accept them  
calmly, we come to  
know what we need to

 do next. June. 27  
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