A[BEGIN]-->B[Pre-covid dataset 1984-Q4 to 2020-Q1]
B-->C[Set up a list containing training lambda values -- init = 0.0001, step = 0.0001 and stop = 0.1]
C-->D[Pick one lambda from the list each time]
D-->E[Training set 120 observations, Test set 21 observations]
E-->G[Estimate model based on the lambda]
G-->H[Draw estimated forecasts]
H-->F[Subtract the test set 21 observations to calculate errors]
F-->

graph TB

