



Name - Surname _____ Grade _____ No. _____

Teacher:	Ed Rush	Date:	21-01-2026
CEFR Level:	B1	Duration:	46 Minutes
Lesson Shape:	E (Receptive Skills - Reading)	Assessment:	N/A
Main Focus:	Reading	Materials:	21-01-2026-B1-Indonesian-Food-Reading-Intensive.pdf

Main Aim: By the end of the lesson, learners will have practiced and developed the sub-skills of reading for gist, detail, and specific information in the context of the food industry and changing dietary habits in Indonesia.

Differentiated Input

Pedagogical Rationale: Differentiated Input & Learner Autonomy

This lesson utilizes the **B1 Intensive Reading** material. For stronger learners, encourage them to provide textual evidence for their Task 3 (True/False) answers. For emerging learners, the pre-teaching stage focused on “Blocking Vocabulary” (Krashen, 1982) ensures the core text remains accessible without constant dictionary dependence.

Time	Goal	Procedure	Int
STAGE ONE: Lead-in & Vocabulary			
13 Min	To activate schema and pre-teach blocking vocabulary	<ul style="list-style-type: none"> Video Opener: Play YouTube Short (https://www.youtube.com/shorts/MCOnsoZRUMw) of frogs being cooked in an Indonesian market. Note: Do not loop. Discussion: Elicit the country (Indonesia) and ask: “Do you think this is disgusting?”, “Why?”. Brainstorm why people in different countries might eat different things (Availability, culture, climate). Vocabulary Pre-teach: Present 5 blocking words using the context sentences and Thai translations provided below: <ol style="list-style-type: none"> domestic /də'mes.tɪk/: <i>Most of the rice is grown for domestic use, not for export.</i> (ภายในประเทศไทย) producer /'prə'dju:sər/: <i>Indonesia is one of the world's largest producers of palm oil.</i> (ผู้ผลิต) 	T-Ss / Ss-Ss

Time	Goal	Procedure	Int
		<p>3. urban /'ə:bən/: <i>Many people are moving from farms to urban areas like Jakarta.</i> (ในเมือง)</p> <p>4. processed /'prəʊ.sesɪd/: <i>Supermarkets sell more processed foods like canned soup.</i> (ที่ผ่านกระบวนการ)</p> <p>5. challenge /'tʃæl.ɪndʒ/: <i>The increasing population is a major challenge for the food industry.</i> (ความท้าทาย)</p>	
STAGE TWO: Main Reading Tasks			
22 Min	To practice reading for gist, detail, and specific info	<ul style="list-style-type: none"> Task 1: Before you Read: Ss look at the heading and the “picture on the screen” (from lead-in) to predict the text’s purpose. Discuss in pairs. Task 2: Global Reading: <ul style="list-style-type: none"> Part 1: Ss skim the text to check mentioned topics (Checklist). Clear the concepts of “Global” reading—ignoring difficult words to find the main “Dashes” (details). Part 2: Ss use their checklist answers to complete the summary paragraph. Peer check. Task 3: Close Reading: Ss read the text for detail to answer True/False/Not Given questions. Encourage Ss to underline where they found the answer in the text. Feedback: Project the text and have Ss identify the specific sentences that prove or disprove the Task 3 items. 	Ss-Ss / T-Ss
STAGE THREE: Post-Reading (Task 4)			
11 Min	To personalize the content through critical thinking	<ul style="list-style-type: none"> Task 4: Critical Thinking: Ss work in groups to discuss two key questions: <ol style="list-style-type: none"> Changes in diet in Indonesia vs. their own country. The rise of processed foods and its health impacts. McKinsey Logic: Frame the discussion around the “Complication” of modernization—as countries get richer (Indonesia/Thailand), health challenges increase. Feedback: Groups share one “Insight” or comparison they discovered about their own country’s food trends. 	Ss-Ss / T-Ss