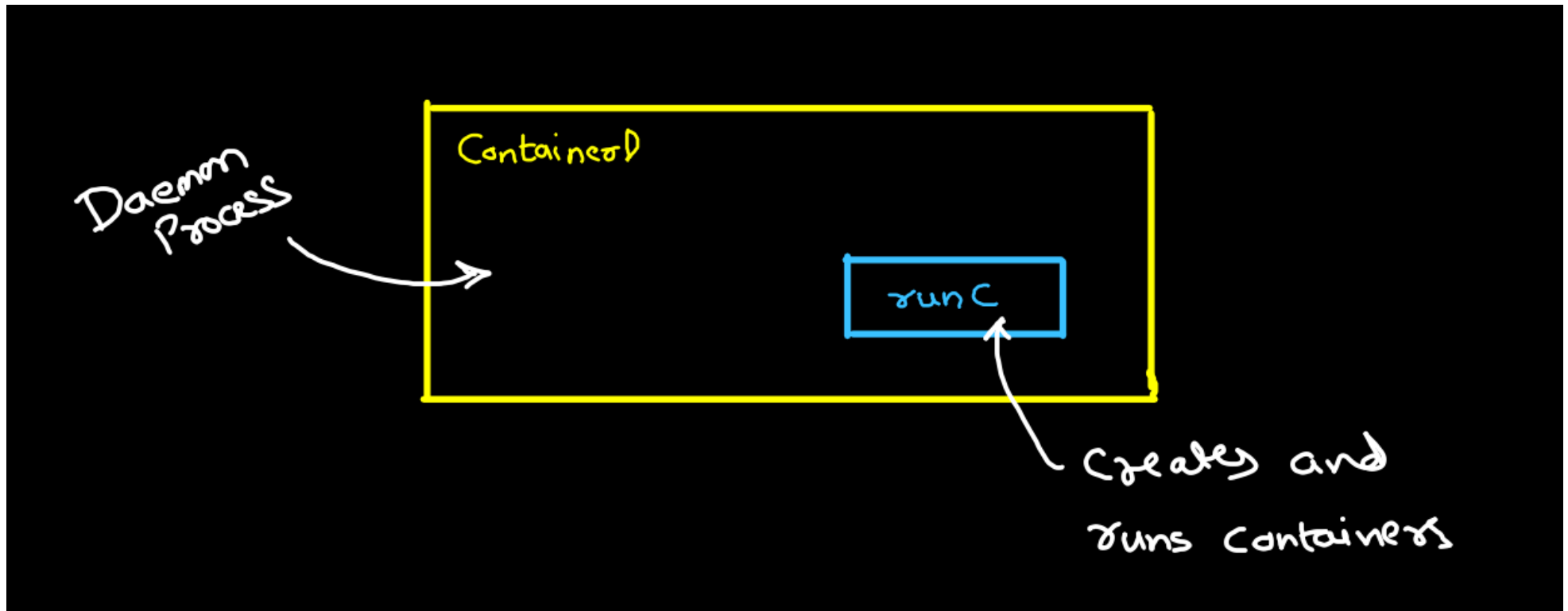


Container Runtime

Container Runtime:

- runC is a low-level container runtime that create & run containers
- runC would be used alongside ContainerD or CRI-O



CGroups:

- Process: A process an instance of running program on linux.
- CGroup allows to apply different kinds of limitations
 - Resource limiting
 - Prioritization
 - Accounting
 - Control