






Imbaraga z'
ISENGESHO RYA
MUTIMA W'URUGO

Stormie Omartian

*Iki gitabo ngituye umugabo wanjye nkunda, Michel,
wagiye iteka ampa ibirenze
ibyo nabaga nagerageje gusaba mu isengesho.
Njye nawe twasobanukiwe ko
isengesho rifite imbaraga zihagije rwose.*

Gushimira

Ndashimira by' umwihariko aba bakurikira:

-  *Umunyamabanga wanjye, Susan Martinez, wagiye antitiriza cyane ngo nubahirize igihe neza twabaga twihaye ngo nsohore ikindi gitabo. Urukundo rwawe nka mushiki wanjye, ubudahemuka bwawe nk'inshuti yanjye n'ubutunzi dusangiye tuvana mu isengesho butuma ngira umubati n'imbaraga bihagije; uri umwunganizi wanjye ukomeye ntabasha kubona uwasimbura.*
-  *Abafatanya nanjye mu isengesho kandi b'inshuti zanjye, Sally Anderson, Susan Martinez, Donna Summer, Katie Stewart, Roz Thompson na Jan Williamson. Aba bose twagiye hamwe icyo gusengana umutima wose n'imbaraga zose bisobanuye, mu gihe dusabira abagabo bacu. Iki gitabo nticyari bwandikwe na gato, iyo hatabaho ubwitange bwanyu bukomeye kandi budacogora mugirira Imana ndetse mugaragariza mu isengesho.*
-  *Umukobwa wanjye Mandy n'umuhungu wanjye Chris, bigishijwe gukunda Papa wabo ndetse nanjye, kandi nyamara tutarababereye iteka intangarugero cyane mu buryo twitwaye mu buzima bwacu bw'urushako. Ndicuza cyane ku nshuro zose twagiye dutonganira imbere yanyu, mbere yuko dusobanukirwa ko isengesho ari ryo ryagira icyo rigerago kuruta intonganya. Ndabasabira nog muzagumane icyiza mwigishijwe ngo kizabe ubuzima bwanyu mwarashyingingiwe.*

- ✚ Umuhungu wanjye mushya David Kendrick, kuba waremeye ko nkubera Mama wawe hano ku isi kuva igihe Papa wawe yasangaga Maam wawe ahacecekerwa. Wari udukeneye cyane muri icyo myaka yose ntitwabitahura, kugeza umunsi wahisemo kuza tukibanira.
- ✚ Abapasitoro Jack na Anna Hayford, Dale na Joan Evrist, kuba mwaratwigishije uko basenga binyuze mu kuduha urugero rw'icyo urushako rwiza rukwiye kumera.
- ✚ Umuryango wa'abanditsi ba "Harvest House" ari bo: Bob Hawkins Sr., Bob Hawkins Jr., Bill Jensen, Julie Mc Kinney, Teresa Evenson, Betty Fletcher na Larae Weikert, ku bw'umubati wanyu mwasabye kuri iki gitabo n'ubufasha bwanyu budatezuka. Mwese muri imfura. Na Carolyn McCready, umuyobozi w'ubwanditsi, kuba yarambereye untera umunezero. Mwarakoze kuntera umwete cyane.
- ✚ Umwanditsi wanjye, Holly Halverson, ku bwo kumpozaho ijisho ndetse n'umwuka mwiza wagaragarije.
- ✚ Tom na Patti Brussat, Michael na Terry Harriton, Jan na Dave Williamson, na Dave na Priscilla Navarro, kuba mwaransangije ibyababayeho n'imibereho yanyu kugira ngo mumpe urugero rwiza rw'icyo kuba umugore mwiza bishobora kumarira abandi.

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Ahabanza [Iriburiro]

Iyo nganira n'inshuti zanjye nzibwira iby'imyaka yacu tumaze dushyingiranwe, nkunze kubabwira ntebya nti: *"Hashize imyaka 25 myiza cyane kuri njye na 25 mibi cyane ku mugore wanjye!"*

Nyuma y'imyaka 25 nshyingiranywe na Stormie, nta kintu na kimwe cy'imico yanjye nihariye atarabasha kuvumbura. Yambonye ngenda buhoro, ntsindwa, ndeana, nuzuye ubwoba cyangwa se nihebye, ndetse n'igihe nshidikanije ubushobozi bwanjye nk'umugabo, nk'umupapa ndetse nk'umunyamuziki. Yambonye ndakarira Imana kuko itasimbukaga igihe nabiyitegekaga. Yabonye ibitangazo, ubwo Imana yacunguriraga ivu ngo arihinduremo izahabu.

Buri ntambwe twateraga yabaga iherekejwe n'amasengesho ye ndetse yagiye agaragazwa muri iki gitabo, uko imyaka yatambukaga. Sinshobora kwiyumvisha uko ubuzima bwanjye bwari kuzamera iyo hatabaho amasengesho yansengeraga. Kunsabira kwe kumpa ubwishingizi no gusubizwamo integer, kandi kunasohoza umugambi w'Imana kuri twe ariwo wo gusabirana no gufatanya imitwaro yacu. Nta kuntu umugore yakunda umugabo we nko kuba yahora amuzamura ku Mana mu isengesho. Ni impano utabonera igiciro kandi izamufasha kubaho mu migsha n'ubuntu bw'Imana.

Stormie, ndagukunda.

*Umugabo wawe utwikirirwe n'amasengesho yawe,
Michael.*

Umugore mwiza w'imico myiza ni nde wamubona?

Arusha rwose cyane marijani igiciro.

Umutima w'umugabo we uhora umwiringira,

kandi ntazabura kunguka.

Ahora amugirira neza ntabwo amugirira nabi,

igihe cyose akiriho.

Imigani 31:10-12

Imbaraga z'isengesho

Mbere ya byose reka mbaze nsobanure ko imbaraga z'isengesho rya mutima w'urugo zidasobanuye ko azagera ku rwego rwo gutegeka umugabo we. Byaba bibabaje ari uko mwabyibwiraga! Bihabanye n'ibyo! Ahubwo bivuze kuzinukwa imbaraga zacu bwite maze tukishingikiriza ku mbaraga z'Imana gusa ngo abe ari Yo ihindura byose: wowe, umugabo wawe, ibyo munyuramo ndetse n,ubuzima bw'urushako. Izo mbaraga ntitwazihawe nk' inkota yo kuzunguriza hejuru urwanya inyamaswa y'inkazi. Ni umurimo wo gusubiza ibintu mu buryo mu bwiyoroshye kandi tukawugira uwacu ndetse nk'abagore tugasenga mu buryo bwo kugaragaza icyifuzo cyacu cyimbitse cyo gukora ibyo umutimanama mwiza utubwira aho guhora twumva ko ari twe iteka turi mu kuri uko byamera kose; ubwo nibwo tuzashobora kubaho neza aho guhora mu kunenga abandi. Ni uburyo bwo kwemerera imbaraga z'Imana ko zagira icyo zikora mu buzima bw'umugabo wawe kugira ngo arushaho guhabwa umugisha, kandi nawe bikaguhindukirira umugisha.

Ubwo nje n'umugabo wanjye Michael twari tumaze gushyingiranwa ndetse tugatangira kubona ko hari ibyo dutandukaniyeho, isengesho si ryo ryari nyambere mu bitekerezo byacu. Mu by'ukuri, gusenga twabyifashishaga nyuma y'uko twagerageje ibindi.

Nageragezaga mbere ya byose nkakoresha uburyo bwose bushoboka nkanyura mu gutongana, kwihagararaho, kunenga, guhunga, gusakirana ndetse no mu bimenyerewe cyane nko

kwicecekerera; nyamara ibyo byose byatugezaga ku bisubizo bidasobora kutunyura.

Byansabye igihe runaka ngo mbone ko iyo mpera ku isengesho, nari bwirinde ubwo buryo budashimishije.

Mu gihe muri gusoma iki gitabo, nje na Michael tumaze hejuru y'imyaka 25 dushakanye. Ibyo rwose ni igitangaze pe! Ntabwo turi gutanga ubuhamya bwo kugaragaza gukomera kwacu ahubwo ni ubw' ubudahemuka bw'Imana mu gusubiza isengesho. Nabahamiriza ko ndetse na nyuma y'iyi myaka yose , ndacyari kwiga iryo somo nkomeje cyane ... N'ubwo ntanyuze mu bihe byiza byinshi ugereranije n'ibibi, ariko nshobora guhamya ko isengesho rifite imbaraga.

Birababaje kuba narize gusengera umugabo wanjye gusa nyuma yo kwiga gusengera abana bacu. Ubwo nabonaga Imana isubiza byimbitse isengesho nabasengeraga, nahise niyemeza gusabira umugabo wanjye nahuranije kandi nkomeje cyane. Gusa icyanyoroheraga cyane ni ugusabira abana banjye kuruta umugabo wanjye.

Kuva bavuka, duhora dushakashakira abana bacu ibyiza biruta ibindi kandi ibyo tukabikora nta kindi dushingiyeho kandi nta cyabitubuza. Gusa mu bigendanye n'umugabo wanjye, we ntibikunze kujya binyorohera; by'umwihariko nyuma y'imyaka myinshi tumaranye. Umugabo ashobora kugukomeretsa ukuntu, ntakwiteho bihagije, ntakuryohere ndetse akagutera guhangayika, akaba utagira icyo yitaho, ndetse akanaguhohotera. Ashobora gukora cyangwa akavuga ibintu bigukomeretsa umutima nk'ihwa. Ndetse haba ubwo utangira kumusengera, iryo hwa ukumva rirazamutse nuko rikangiza ubugingo.

Birumvikana ko icyo gihe utabasha kumusengero nk'uko Imana ibishaka, keretse gusa ubanje kwivanamo iryo hwa. Uko byaba bimeze kose, gusengera umugabo wawe si nko gusengera abana bawe, kuko uba utarabyaye uwo mugabo wawe. Hari ubutware

Imana yaduhaye ku bana bacu. Gusa nta butware dufite ku bagabo bacu. Gusa na none Imana yaduhaye “*Ubutware ku mbaraga z’umwanzi.*” (Luka 10:19).

Dushobora rwose gutesha imigambi y’umwanzi igihe dusenga. Kandi usanga akenshi ibintu bigora abashakanye ari bimwe mu bigize umugambi kugira ngo gusa abasenyere urugo.

Ariko dushobora guhamya tuti:

“Ntacyo nzemerera ko kinsenyera urugo”

“Sinziyicarira ngo ndebere umugabo wanjye ananirwa, acika intege kandi asenywa.”

“Sinzinumira ngo nicare ntacyo nkora kandi hari urusika rutaboneshwa ijisho ruri kwitambika hagati yacu.”

“Sinzemerera ko urujijo, umushyikirano mubi, amatwara mabi, amahitamo mabi bisenya buhorobuhoro ibyo twagerageje kubakira hamwe.”

“Sinzemerera ibikomere cyangwa kutababarirana, mu kwahukana.”

Dushobora gushikama tukarwanya buri mwuka mubi wose utwinjirira ndetse tukamenya ko Imana yaduhaye ubutware mu izina rye ngo turwanye.

Mufite uburyo bwo gushyiraho imbibi zo kurinda urushako rwanyu kuko Yesu yavuze ati: “*Ndababwira ukuri y’uko ibyo muzahambira mu isi bizaba bihambirirwe mu ijuru, kandi ibyo muzabura mu isi bizaba bihamburwe mu ijuru.*” (Matayo 18:18).

Mufite ubutware mu izina rya Yesu bwo gukumira ikibi no kugurura amarembo aganisha ku cyiza. Mushobora gushyira muni y’ukuboko kw’Imana buri kintu cyose cyigaruriye umugabo wawe nk’ubusinzi, imbata y’akazi, ubunebwe, ubwihebe, uburwayi, agasa nk’aho aguhohotera, guhangayika, ubwoba cyangwa gutsindwa, ... no gusenga ngo abibaturweho.

Mbere yo gutera umugongo urushako...

Reka mberurire ko hari igihe cyageze ngatekereza nkomeje ku byo gutandukana cyangwa kwaka ubutane. Birangora kubivuga kuko Atari bwo buryo bwiza bwakemura ibibazo by'anashakanye. Nemera icyo Imana ivuga ku bigendanye n'ubutane. Imana ivuga ko ubutane budakwiriye kandi ko buyitera agahinda! Ikintu cya nyuma ngiye gukora ni ugutera Imana agahinda! Ariko nzi neza icyo bivuze kugira ubwihebe kugera ubwo umera nk'ugagaye kandi utumva mu gufata imyanzuro. Nanyuze mu bihe by'ubwihebe aho ucika integer maze ukareka gukora igikwiriye cyiza. Nsobanukiwe ukuntu ubwigunge butoteza umuntu aho uba wumva ukeneye cyane kubona uwamenya ibiri kubera mu mutima wawe ndetse akabibona nk'uko biri.

Nanyuze muri ubwo buribwe bukabije butera kumva ko aho kugira ngo bukwice, wahungira ku kintu kimwe gusa cyagufasha kuramuka ari cyo: gucika ugahunga isoko y'uwo mubabaro wawe.

Nzi icyo kwimakaza ibitekerezo byijimye bivuze, ibitekerezo bigaburiwe no kwiheba, aho uba utabasha kubona agashashi k'umucyo w'ejo hazaza.

Nanyuze mu gihe cyo kuzurwamo n'amarangamutima mabi ya buri muni; aho nageze nkasigarana igitekerezo rukumbi cyo kwibwira ko gutandukana no gusaba ubutane ari byo byampa agahenge no gutuza.

Ikibazo gikomeye nshobora kuba narahanganye nacyo mu rushako ni uburakari bw'umugabo wanjye. Njye n'abana banjye ni twe yasukagaho ubwo burakari. Yakoreshega amagambo yatumereraga nk'intwari yo kudukuraho no kutumugaza. Sinavugaga ko nanjye nari shyashya, kuko nanjye ntari noroshye. Nari uwo kugawa kimwe na we, gusa sinari nzi icyo gukora.

Nuko ntangira kwinginga Imana mu buryo buhoraho ngo yoroshye umugabo wanjye, agabanye amahane, abe umugabo mwiza,

utarakazwa na buri kantu. Ese Imana ntiyanyumvaga? Cyangwa se yaba yita ku mugabo kurusha umugore? Uko ni ko nabibonaga.

Nyuma y'imyaka myinshi kandi ubona nta gihinduka gifatika, umunsi umwe ninginze Imana nshobewe rwose ngira nti: "Uwiteka, singishoboye gukomeza kubaho ntyo. Nzi ko waduhaye umucyo ku bigendanye n'ubutane, ariko singishoboye kubana na we mu nzu imwe. Uwiteka mfasha!"

Nuko micara ku mpera y'uburiri bwanjye, mfashe Bibiliya mu ntoki, mara amasaha nkirana mu mutima wanjye n'icyifuzo gikakaye cyo gufata abana banjye maze nkata urugo.

Kuko nari negeranye Imana umutima utaryarya, nizera ko ari Yo yahise inyereka mu bushishozi bwinshi uko ubuzima bwanjye bwari bumere iyo nta urugo. Uko ntangira kwibaza nti: "Tugiye kuba he? Ni nde uzaduha ibyo dukeneye niye n'abana? Inshuti zanjye nzongera kuzikura he? Ikirenze ibyo, ese umurage nk'uwo naba nsigiye umuhungu wanjye n'umukobwa wanjye ni bwoko ki?" Nuko icyo gihe mbona urubaho rwanditseho ibibi bikabiye kandi biteye agahinda birenze uko wabitekereza nari bube nishoyemo. Iyo nza kugenda, nari buzabone umutuzo runaka ariko nkawubona ku kiguzi cyo kubura icyo nkunda kuruta ibindi. Nari nzi ko aho nerekezaga Atari ho hari umugambi w'Imana kuri twe.

Nuko ubwo nari nicaye aho, Imana imbwirira mu mutima wanjye yuko mbaye nshyize ubugingo bwanjye bwose imbere yayo, ndetse nkanahashyira icyifuzo cyanjye cyo guta urugo maze nkayishingikirizaho nk'izajya inkenura muri byose, yari buzanyigishe uko nakwagura ubuzima bwanjye binyuze mu gusengera Michael. Yari buzanyereke uko nkwiye kumusabira ndetse nkamubona nk'umwana w'Imana. Muri ubwo buryo, Imana yari buzure urushako rwacu kandi igahundagaza umugisha kuri twembi. Kandi ko bitwemera kunyura muri icyo gika cy'ubuzima bwacu, twari bumererwe neza cyane hamwe kuruta uko twamera twaratanye. Imana yanyeretse ko Michael yari ameze nk'uwapashwe

mu budodo bw'igitagangurirwa bw'ahashize he, ibyo bikamutera kuba mudakurwa ku ijambo, ariko Uwiteka anyereka ko yashakaga kungira igikoresho cyo kubohorwa kwe, ndamutse mbyemeye. Nuko maze kumanika amaboko, numvise ngaruye ibyiringiro ku nshuro ya mbere mu myaka yose yari ishize.

Kuva ubwo niha gahunda yo kujya nsengera Michael buri muni ndetse bimera nk'aho ntari narigeze musengera mbere yaho. Ariko buri uko nagenzaga ntyo nagendaga mbona ndetse nkatura ko umutima wanjye burya nari narawunangiye. Nabonye ukuntu Imana yari yarampaye umugisha ukomeye n'ukuntu ntari niteguye kubabarira. Naribwiraga nti: "Sinshaka kumusengera. Sinshaka gusaba Imana ngo imuhe umugisha. icyo nshaka gusa nuko Imana imenagura umutima we winangiye maze ikamwumvisha ukuntu atambereye mwiza na gato!" Nuko muri ubwo buryo nkagera aho nsenga iteka ngira nti: "Uwiteka, nemeye kutababarira kwanjye. Umbohore wese wese muri ayo matwara mabi."

Buhoro buhoro, natangiye kubona impinduka muri we ndetse no muri njye. Iyo Michael yarakaraga, aho kugira ngo musubize nabi, naramusengeraga. Nasabaga Imana ngo inyereke icyamuteraga kumera atyo, kandi Imana koko yarabinyerekaga. Kuva ubwo inshuro umugabo yarakaraga zigenda ziba nkeya kandi n'iyi yarakaraga yahitaga yigarura vuba.

Buri muni, isengesho ryazanaga umwuka urushijeho kuba mwiza. Ntituragera ku rugero ruheruka rwo gutungana, ariko nyamara twateye intambwe nziza mu rugendo.

Ntabwo iteka byagiye bitworohere, gusa ndahamya neza ko uburyo Imana ikora ari bwo bukwiriye rwose kandi ko bukwiriye gutuma dukora uko dushoboye kose ngo tugire aho tugera. Nibwo buryo bwonyine bwo gukiza no kurinda urushako.

Amasengesho y'umugore usabira umugabo we agira ingaruka nziza ikomeye kuri we ndetse n'undi uwo ari we wese, harimo ndetse n'amasengesho ya nyina. (Mabukwe ambabarire!) Amasengesho

umubyeyo asabira umwana we afite imbaraga. Ariko iyo umugabo arongoye, asiga se na nyina, kugira ngo abane n'umugore we babe umubiri umwe (Matayo 19:5). Bagakora ikipe imwe, bakunga ubumwe mu mwuka. Imbaraga z'umugabo n'iz'umugore zihuriye hamwe n'Imana ziruta kure cyane igiteranyo cy'imbaraga z'umwe umwe ukwe. Impamvu nuko Mwuka wera abahuza kandi amasengesho yabo akaba afite imbaraga cyane.

Ni yo mpamvu akenshi usanga ibintu bitari ku murongo, kuko tudasenga. Tekereza kuba wasengera uruhade rw'ibumoso rw'umubiri wawe maze ukirengagiza urw'iburyo. Uruhande rw'iburyo rutagaburiwe ngo rurindwe, rwazatuma urw'ibumoso rumererwa nabi. Ni nako biri kuri wowe n'umugabo wawe. Niwisengera gusa maze we ukamureka, ntimuzigera mubona ishya n'ihirwe mwifuza. Ikimubaho ni nacyo kikubaho nawe kandi ntaho ibyo mwabihungira.

Ubwo bumwe nibwo buguha ubushobozi umwanzi atishimira na gato. Ni yo mpamvu aturiganya agakora uko ashoboye ngo ace intege ubwo bumwe. Aduha igishoboka cyose cyatuma tugwa, haba kutwereka ko turi babi, ubwibone, guhora twumva ko ari twe turi mu kuri, kudashyikirana neza cyangwa se mu kubogamira mu gushaka guhaza ibyifuzo byacu bishingiye ku kwikunda.

Azababwira ibinyoma nk'ibi: "Ibintu bizakomeza gutyo." "Biragoye kureka amakosa yawe." "Ntimuzigera mwiye." "Icyakunezeza biruseho nuko waba uri kumwe n'undi."

Azababwira ibyaborohere kwemera, kuko azi ko nashobora kubibemeza, ahazaza h'urushako rwawe hazaba ari ntaho. Niwemera ibinyoma bye, umutima wawe uzamera nk'urutare utakibasha gukorwaho n'ukuri kw'Imana.

Muri buri rushako rwasenyutse, byibuze haba hari umwe muri abo bombi uba waringangiye umutima ntiyumvire ijwi ry'Imana. Kunangira umutima ni ugutakaza icyo Imana ibona ku bihe tuba turimo. Igihe tumerewe nabi mu buzima bwacu bw'urushako, tujya

twibwira ko buri ntambwe yose duteye tuzayirengera aho gukomeza kwihanganira uko kugeragezwa. Nyamara hari ibyo amaso yacu ataba abona. Twe icyo tuba tubasha kubona gusa ni ibiba biri kutubaho muri uwo mwanya, si icyo Imana ishobora gutuma kiva muri ibyo. Ariko iyo dusenze, imitima yacu yorohera Imana kandi ikaduha kubona neza uko na Yo ibona ibintu. Ibyo bituma tubona ko hakiri ibyiringiro. Kuva ubwo tukizera ko Imana ibasha kutugarurira ibyacu twibwe, ibyacu byariwe n'ibyangijwe mu rushako rwacu. *"Nzabashumbusha imyaka inzige zariye."* (Yoweli 2:25). Dushobora kugirira Imana icyizere ko yatubatura ku mubabaro, ku bwihebe, ku kwinangira no kutababarira. Nuko tukabasha kubona ko Imana ishoboye kugarura urukundo n'ubugingo aho urupfu rwasaga n'urwimitswe.

Tekereza umunezero Marie-Madeleine yagize ubwo yajyaga ku gituro cya Yesu nyuma y'iminsi itatu abambwe nuko agasanga yazuwe n'imbaraga z'Imana! Nta munezero uruta uwo kubona ubugingo bumira urupfu mu bihe by'ubwihebe gusa.

Izo mbaraga zazuye Yesu zishoboye kugarura ubuzima mu rushako rwawe ndetse ubumwe bwanyu bugasubizwamo ubuzima. *"Kandi ubwo Imana yazuye Umwami Yesu, natwe izatuzurisha imbaraga zayo."* (1 Korinto 6:14). Imbaraga z'Imana gusa ni zo zishoboye. Ariko ibyo bishoboka gusa igihe umutima wacu wose wegukiye Imana mu isengesho, kandi tukaba twiteguye gukura binyuze mu bihe bitoroshye ariko twiteze ko urukundo rw'Imana ruzadusubizamo ubuzima. Ubwo tunyura mu mubabaro, bizadusaba gukura, niba dushaka kugera ku munezero.

Ni ahawe ngo ufate umwanzuro niba ushaka intsinzi mu rushako rwawe kandi bisaba gukora ibishoboka byose ngo ubigereho nk'uko bikwiriye. Ni ahawe ngo wizere ko umushyikirano wanyu ungana utyo, wamunzwe n'umubabaro, kudahinduka no kwikunda, wakongera gusubira ku murongo. Ni ahawe ngo wizere ko ibyabasubije inyuma, byaba ari inzoga, ihohoterwa, urupfu

rw'umwana, uguhemukirwa, ubukene, ikiriyo, indwara oikaze cyangwa se impanuka, byabavanaho kwigarurirwa n'urupfu mu buzima bwanyu. Ni ahawe ngo ufate umwanzuro ko ibibatwara, wowe n'umugabo wawe, byaba ukubatwa n'akazi, inzoga, ibiyobyabwenge, ubwihebe, ko bishobora kgukurwaho.

Ni ngombwa ko mumenya yuko ibyabinjiriye buhoro buhoro ndetse bucece mu mushyikirano wanyu, ndetse bikaba bitarabagaragarira nk'ibibi kugeza ubwo mu mutego wabyo, ko nabyo mwabinesha harimo nk' akazi kababereye ikigirwamana, inzozi zawe, abana bawe cyangwa ibyifuzo byawe byo kwikunda.

Birasaba kwizera ko Imana ifite imbaraga zihagije rwose zo gusohozza ibyo ndetse n'ibirenze ibyo.

Niba ubyutse ukisanga uri kumwe n'umunyamahanga mu buriri bumwe, ari we mugabo wawe. Niba wiyumva nk'aho hagati yanyu mwembi hari intera nini itewe no guceceka bikababuzza gushyikirana hagati yanyu, netse buri wese ntiyite kuri mugenzi we; niba wumva mumeze nk'abaguye umwuma, mubuze urukundo n'ibyiringiro. Niba umushyikirano wanyu usa nk'aho wageze mu ndiba y'umubabaro n'uburakari, niba bisa nk'aho buri muni ubajyana kure y'ibyiringiro, niba buri jambo ryose usohoye mu kanwa risa nk'irirushaho gushyira umworera hagati yanyu mwembi kugeza ubwo mu bona mutabasha kuwurenga; hari icyo nshaka ko wemera nk'ukuri: muri ibyo byose nta na kimwe Uwiteka ashaka ko kibabaho mu rushako rwanyu. Ubushake bw'Imana ni ugukuraho izo mbago zose no kubavana muri uwo mworera. Imana ishobora kwomora inguma zanyu no gutuma urukundo rwongera kuba rushya mu mitima yanyu. Nta kintu cyangwa umuntu ushoboye gukora ibyo keretse Imana gusa.

Ariko biragusaba ko uhaguruka ukavuga uti: “Uwiteka, ndagusaba kurangiza uru rugamba ndetse ukavanaho kutumvikana kose. Tubature ku nguma zacu no ku ntwaro zose dukoresha ngo twirwanirire. Utuvane mu mworero wo gusharirirana no

kutababarirana. Vugana natwe kugira ngo amagambo yacu agaragaze urukundo rwawe, amahoro yawe n'ubwiyunge bukomoka iwawe. Senya ruriya rukuta ruri hagati ya twembi kandi utwigishe kurusimbuka. Udushoboze gusohoka tukava mu kugagara kwacu maze utugeze mu gukizwa no kuzuzwa waduteganiye.”

Ntuzumve ko urushako rwawe rurangiye. Saba Imana iguhe umugabo mushya. Ishoboye rwose guindura umugabo wawe ikamuhindura icyaremwe gishya muri Kristo. Abagabo n'abagore ntibagenewe gutongana urudaca cyangwa kubaho nta wita kuri mugenzi we, bameze nabi, nk'aho urushako rwabo rwakatiwe urwo gupfa cyangwa ubutane. Imabarga z'Imana ziri mu ruhande rwacu. Ntidukwiriye futuma urushako rwacu rubaho nka tombola. Dushobora kurwana duharanira gukira kwarwo binyuze mu gusenga no kudacika integer; kuko iyo dusenga, haba hakiri ibyiringiro. Hamwe n'Imana, byose birashoboka. Ndetse n'ibiyumviro byanyu ntibyayinanira kubihindura.

Nanjye nkeneye gusengerwa!

Ni ibintu bisanzwe ku muntu ko igihe utangiye gahunda yo gusenga uhita wibaza niba igihe kizagera ubwo umugabo azagusengera nk'uko nawe ubigenza. Nubwo ibyo ari byiza cyane, ntukabyitege cyane. Ntugomba gusengera umugabo wawe ku bw'inyungu zawe bwite ahubwo ugomba kubiterwa n'urukundo ruzira ikigombero ndetse no mu mwuka wo kwitanga.

Ugomba kwemera gukora ibyo uzi ko bishoboka cyane, ko atazigera abasengera muri ubwo buryo. Mu bihe bimwe na bimwe, haba n'ubwo atazigera agusengera. Ushobora kubimusaba, ndetse ukamwingingira kugusengera ariko ntuzigera umuhatira kubikora. Si ibyaweho, ahubwo ni Imana yonyine igomba gushoboza umugabo wawe kugusengera cyangwa kutagusengera. Bityo rero ntukwiriye kubimubohesha nk'itegeko. Natagusengera, ni we uzaba uri

guhomba kukurusha. Umunezero wawe no kwaguka kwawe ntibigomba gushingira ku masengesho ye, ahubwo bishingiye ku mushyikirano ufitanye n'Uwiteka. Ariko na none, ni iby'ukuri ko n'abagore bakeneye nabo gusengerwa. Gusa ndahamya neza ko tudakwiriye kwishingikiriza gusa ku masengesho y'abagabo bacu. Mu by'ukuri, kwitega yuko umugabo wawe akubera umuterankunga mu isengesho bishobora kukugeza mu gutenguwa no gutsindwa kwa mwembi.

Nize ko ikimberaye cyiza cyane mu rushako rwanjye ari ukugira abandi bagore bo kumfasha buri cyumweru nk'abaterankunga mu isengesho ryanjye. Mu by'ukuri naje gusanga ko ibyo ari ingenzi cyane ku bashakanye bose. Ubye ushoboye kubona abagore babiri cyangwa batatu bakomeye mu kwizera kandi bo kugirirwa icyizere rwose, mwakwiha gahunda y'isengesho rya buri cyumweru. Ibyo bizahindura ubuzima bwanyu. Ibyo ariko ntibivuze ko uzajya ubamenyesha byose byerekeye umugabo wawe cyangwa se amabanga y'ubuzima bwanyu. Intego nyamukuru ni ugusaba ko Imana yigarurira umutima wawe kandi ikakwereka uko waba umugore mwiza kandi mukanikorera imitwaro, kandi usabe Imana ihe umugisha ubuzima bw'umugabo wawe.

Birumvikana ko igihe hari ikibazo kiremereye kandi wumva cyateza ingaruka zikomeye, kandi ukaba wagirira icyizere abo baterankunga bawe b'isengesho ukakibabwira, ntukibuze kukibabwira. Nagiye mbona abashakanye batandukana ndetse bagasaba ubutane kuko bari barihagazeho cyane cyangwa se baratinye cyane mu gusangiza abandi ibibazo byabo kandi bari bari bubasabire maze ibyo bibazo bigakemuka. Nuko nkabona abo bantu bakomeje kubaho nk'aho ibyabo byabarangiriyeho. Saba ukomeje izo nshuti zawe ko ibyo muganira bigomba kuguma hagati yanyu gusa, ariko na none ntukigaye cyane mu rushako rwawe, igihe uzaba wumva hari ibyo utasangiza bagenzi bawe mu isengesho. Niba umwe mu

baterankunga b'isengesho atazi kubika ibanga, shaka undi w'umunyabwenge, ukumva kandi ukuze mu by'umwuka.

Nubwo utaba ufite umuterankunga w'isengesho cyangwa umugabo ugusengera, nusengana umwete, uzabona ibintu bujya mu buryo. Yewe na mbere yuko amasengesho yawe asubizwa, uzabon ako Imana iguha umugisha kuko uyiringiye kandi uri kumwe na Yo mu isengesho. Kuko uzaba wamaze umwanya imbere y'Imana, impinduka irambye izatangira ubwo.

Senga buri gihe!

Ntugacike intege utekereza ku bintu byose wari kuba wasabye Imana mu isengesho ubwo wasabiraga umugabo wawe. Byose ntibyakwikora mu munsu umwe cyangwa se mu cyumweru kimwe cyangwa se mu kwezi kumwe. Reka ibyifuzo byo gusengerwa biri muri iki gitabo bizakubere ikarita ikuyobora igufasha ndetse uyobowe na Mwuka Wera. Niba hari ibihe bikomeye cyangwa ibibazo bikomeye ukeneye ko Imana iguhaho umucyo, kwiwiriza ubusa ugasenga bizongerera imbaraga amasengesho yawe.

Ushobora no gusengera umugabo wawe wumva ko amasezerano y'Ibyanditswe Byera ari ayawe. icyo ni cyo nagerageje cyabafasha mu isengesho, nashyizemo amasomo yanditse kuri buri musozo wa buri gice cy'iki gitabo. Hejuru ya byose, uzirinde gucika intege. Bishobora kuzatwara igihe amasengesho yawe atarashubizwa, by'umwihariko igihe urushako rwawe rwashegeshwe cyane. Uzabe uwihangana kandi ushikamye, uzategereze agakiza kava ku Mana. Ntuzibagirwe na rimwe ko mwembi muri ibiremwa bidatunganye. Imana ni Yo yonyine itunganye rwose.

Utegereze Uwiteka nk' isoko ya buri kimwe cyose ukeneye ko cyaba mu rushako rwawe, ntuzahangayikishwe no kumenya inzira ibyo bizacamo mu buryo bufatika. Inshingano yawe ni ugusenga. Igisubizo kikaba icy'Imana. Byose ubirekere mu biganza byayo.

IGICE CYA MBERE [Umugore We]

Umugore We

Igikomerera umugore usengera umugabo we, uretse umwanya we aba yatanze, ni ukugumana umutima utunganye. Uwo mutima ugomba kuba wera imbere y’Imana kugira ngo ubashe kugera ku musaruro mwiza. Niyo mpamvu gusengera umugabo we bigomba gutangirana no kwisengera ubwawe, wowe mugore we. Niba wifitemo urwangano, uburakari, ikosa utarabasha kubabarira cyangwa amatwara Imana itemera, n’iyo waba ubifitiye impamvu nziza, bizakugora kubona igisubizo cy’amasengesho yawe. Nyamara ayo marangamutima nuyegurira ibiganza by’Imana utaryarya, hanyuma ugatangira gusabira umugabo wawe, nta kizahangara urushako rwawe. Bijya bibaho ko abagore batita ku masengesho yabo kuko ataba avuye ku mutima utunganye. Byantwaye igihe kugira ngo mvumbure ibyo.

Isengesho nkunda ry’amagambo atatu

Nakishimiye kubabwira ko nagiye nsengera umugabo wanjye mu buryo buhoraho bwa buri munsu kuva twashakana kugeza ubu. Ariko si ko byagenze. Gusa na none si ko ndi kubagira inama muri iki gitabo. Oh, narasenze rwose! Amasengesho yanjye yabaga ari magufi nka: “Uwiteka, umurinde!” Haba nubwo nakomezaga nti:

“Tabara urushako rwacu!” Ariko nk’uko nari mbimenyereye, amasengesho yanjye yabaga agizwe n’isengesho nkunda ry’amagambo atatu ngo: “Uwiteka, ndakwinginze, umuhindure!”

Nkishaka nari umukristokazi usa n’uwari uvuye mu buzima bw’ububata n’amakosa kandi nari mfite byinshi ngomba kwigabigendanye n’imbaraga z’Imana zibohora kandi zigatanga ubugingo. Nibwiraga ko nshakanye n’umugabo ugerageza kuba intungane, ndetse n’udukosa twe nabonaga ari twiza. Buhoro buhoro utwo nabonaga ko ari twiza, ngenda mbona tumbangamiye kandi ibyo nabonaga nk’ibitunganye byatumaga mba uharanira kutihanganira agakosa na kamwe.

Nuko niyemeza ko ibyambangamiraga bye kurusha ibindi ko bikwiriye guhinduka kandi ko ibintu byose byagombaga kumera neza.

Byantwaye imyaka myinshi mbere yo gusobanukirwa ko umugabo wanjye atazigera amera nk’uko nabyibwiraga. Nyuma y’indi myaka yacyeho, nibwo nasobanukiwe ko ntashobora kugira icyo muhinduraho na gito. Ibintu byagenze ukundi gusa, igihe hari ibyambangamiraga, nkabishyira Uwiteka, nibwo natangiye kubona impinduka. Kandi nabwo ibintu ntibyagenze nk’uko nabiteganyaga. Ahubwo Imana yatangiye kugira icyo ikorera ubugingo bwanjye. Ni njye watangiye guhinduka. Umutima wanjye wari ukeneye koroshywa, gucishwa bugufi, kunenwa, guhindurwa, nuko ugasubirana neza mbere yuko ngira icyo mpindura ku mugabo wanjye. Nagombaga kwigabubona kubona ibintu nk’uko Imana yabibonaga—atari uko numvaga byagombaga kuba.

Gahoro gahoro, natangiye kubona ko bidashoboka kwiye gurira byuzuye gahunda yo gusengera umugabo wanjye, ntaramara gusuzuma umutima wanjye bwite. Sinashoboraga kuza imbere y’Imana ngo nitege ibisubizo ku masengesho yanjye mu gihe nabaga ngifite urwangano, ubusharire cyangwa se uburakari.

Sinashoboraga kuvuga isengesho nkunda ry'amagambo atatu mbere yuko niyumvamo by'imbere ko nkwiye gusenga isengesho nsigaye nkunda ry'amagambo atatu rigira riti: *"Uwiteka, ndakwinginze, umpindure!"*

Nde? Njewe? ... Mpinduke?

Ntuvuge ko ntabanje kukuburira. Igihe usengera umugabo wawe, wiringiye ko wamuhindura, akenshi uba witeze impinduka runaka. Ariko impinduka za mbere si we zizaturukaho. Ahubwo ni wowe zizaturukaho. Niba ibyo bikurakaje, humura, nanjye byarandakaje. Ushobora kuba uvuga uti: "Oya, ba uretse gato! Si njye ukeneye guhinduka muri uru rugo!" Nyamara Imana ibona ibyo twe tutabona. Isobanukiwe aho twagerageza gushakira igisubizo maze bikagenda neza. Ntibiyisaba kumara umwanya munini ishakashaka uko yamenya amatwara n'akamenyero byacu bidahuje n'umugambi idufitiye. Idusaba imitima yacu kuko icyaha kidutandukanya na Yo kandi ibyo bigatuma amasengesho yacu adasubizwa. *"Iyaba naribwiraga ibyo gukiranirwa mu mutima wanjye, Uwiteka ntaba yaranyumviye."* Zaburi 66:18. Imana ishaka ko tuba abanyakuri kugira ngo tubashe gusubizwa mu masengesho yacu.

Icyo kintu Imana idusaba gisa nk'ikigorana igihe wiyumvamo ko umugabo wawe ari we wagucumuyeho mu kwiremereza kwe, kutakubaha, kutava ku izima kwe, kutagira icyo yitaho, ubuhemu bwe, kugutererana, ubugome bwe cyangwa kuguhotera. Ariko Imana ifata ibyaha kimwe ndetse ko urwangano, gusharirirana, uburakari, kwihugiraho, kutagira urukundo no kugira umwuka wo kwihorera ari ibyaha bikomeye nk'ibindi. Byaturire Imana kandi uyisabe kukubohora kuri buri kintu kitayiturukaho. Imwe mu mpano z'agahebuzo ushobora guha umugabo wawe, ni ukuba "mwiza uko ushoboye kose". Ikintu cy'ingenzi cyamushoboza guhinduka ni uko ari wowe ubwawe wabanza guhinduka!

Humura rwose, nanjye ibi byarangoye cyane. Mju by'ukuri, buri uko njye n'umugabo wanjye twisangaga twagize icyo dupfa, nagiranaga n'Imana ikiganiro kimeze nk'iki:

-“Uwiteka, ntumureba uko yabaye?”

-*Wowe se ntubona uko umeze?*

-Uwiteka, ushatse kuvuga ko hari ibindimo wumva wahindura?

-*Yego rwose kandi ni byinshi pe. Witeguye kumva ibyo ari byo?*

-Yego nditeguye...

-*Mbwira niba wamaze kwitegura.*

-Uwiteka, kuki wumva ko ari njye ugomba guhinduka? Ni we ukeneye guhinduka, si njye!

-*Icy'ingenzi si ukumenya ukeneye guhinduka, ahubwo ni uwiteguye guhinduka.*

-Uwiteka, ndumva ibyo bitanyuze mu kuri pe.

-*Njye se nigeze nkubwira ko ubuzima ari ubunyakuri, ariko njye ndi Umunyakuri!*

-Ariko njye ...

-*Ndizera ko wamaze kwitegura gutangira.*

-Ariko ...

-*Ese urumva ushaka gukorana nanjye kugeza he mu kubungabunga urushako rwawe?*

-Kugeza ki iherezo pe. Icyo ni cyo cyonyine nshaka.

-*Byiza cyane. Noneho rero ndashaka kugufasha, nkaguhindura.*

-Uwiteka mfasha rwose, ndumva nshaka ko muri ibyo byose, nakwitwara neza uko nshoboye.

-*Nk'uko ubishaka rwose!*

-Ese buriya ngomba gusengera umugabo wanjye nubwo we ataba ansengera?

-*Yego rwose!*

-Ariko ntabwo ...Ok, ndabyemeye, nibutse ibyo umaze kumwibira. Ubuzima si ubunyakuri iteka, ariko wowe uri umunyakuri (Ijuru

rirabihamya bucece ...) Ndemeye. Ngaho bikore nk'uko ubishaka. Gusa sinzi niba bizanyorohera pe!

“Mpindu ... Mpindura ...” Sinari nzi ko biri burangire mbasha kuvuga ayo magambo pe!

(Nyuma yo kuruhutsa umutima cyane ...) Uwiteka, ndakwinginze, mpindura!”

Urumva ibyo bikubabaje? Yego rwose! Gupfa ku narijye bishobora kuba bitoroshye na gato, cyane cyane igihe uzi neza ko uwo mwashakanye ari we ukeneye guhinduka kukurusha ...Gusa uwo mubabaro uganisha ku bugingo ...Ubundi buryo butari ubwo nabwo ntibworoshye kandi burangira hari inzozo zitagezweho, isano icitse, urushako rurangiye ndetse n'umuryango urangiye.

Imana ishobora kugarurira ubuzima urushako rwawe n'iyi rwaba rusa n'urugeze mu marembera rwose, gusa ibyo bishoboka gusa aruko wemeye guca bugufi imbere y'Imana ndetse ukifuza kubaho nk'uko ishaka, ukanyura mu nzira yayo yo kubabarirana, ubwiyoroshye n'urukundo. Ibyo kandi bisobanuye kurekura ahashize n'ibikomere byaho, ukaba witeguye kumanika amaboko kugira ngo uneshe urugamba. Aha sinshatse kuvuga ko uzaba uwo utari we cyangwa ngo wirengagize uko wiyumva n'uko utekereza cyangwa ngo ube uwikoreye umubabaro wawe n'umugabo wawe. icyo si cyo Imana igushakaho, mu by'ukuri niba uri mu kaga k'ibigaragara cyangwa se mu byiyumviro, gergeza ujye ahantu hizewe utakomerekera kandi ugerageze kugira icyo wimarira. Birashoboka rwose ko wasegera umugabo wawe mu gihe we arimo akurikiranwa ahabwa ubufasha n'inama bimukwiriye.

Kuganduka ugomba umugabo wawe ni uguturutse ku mutima, si kwa kundi uhatirwa nk'aho uri umugaragu we. Yesu yagize atya ati: *“Urengera ubugingo bwe azabubura, ariko utita ku bugingo bwe ku bwanjye, azabubona.”* Matayo 10:39. Ariko guhara ubugingo bigomba kuba ari ku bushake, si ku bw'igitugu. icyo ndi kugerageza kuvuga hano

ni uko amatwara yawe agomba kumera atya: “Uwiteka, icyo ubona cyose gikwiriye ukinyereke. Humura amaso yanjye, nzakurikiza icyo umbwira.” Ibyo bisobanuye guhora witeguye gupfa ku narijye maze ukavuga uti: “Uwiteka, ndakwinginze, mpindura.”

Imvugo y'urukundo ihebuje izindi

Hari ikintu gitangaje kitubaho iyo hari undi muntu turi gusengera. Ukwikakaza kurashonga. Tugenda dushobora kutita ku bikomere byacu ndetse tukababarira. Tugera n'ubwo dukunda rwose uwo tuba dusengera. Ni igitangaza mu bindi! Ibyo bibaho kuko igihe dusenga, twinjira aho Imana iri, na Yo ikatwuzuzwa Mwuka Wera we w'urukundo. Igihe usengera umugabo wawe, urukundo rw'Imana umugaragariza ruzuzura ubuzima bwawe. Ikirenze ibyo, nuko na we uzabona arushaho kugukunda, kandi atanazi ko uhora umusengera. Ibyo byose biterwa nuko isengesho ari imvugo y'urukundo ihebuje izindi. Isengesho rituma habaho gushyikirana birenze ikindi kintu. Nagiye mbona abagore bari barazinutswe abagabo babo, bagenda babona ko uko barushagaho kubasengera, urukundo babakundaga rwarushagaho kubyutswa muri bo. Bijya binabaho ko urukundo rwabo rugarura ubuzima nyuma y'isengesho rimwe rymbitse kandi rivuye ku mutima.

Kubwira Imana iby'umugabo wawe ni igikorwa cy'urukundo. Isengesho rituma urukundo ruzamuka, kandi urukundo rugatuma umuntu arushaho gusenga, nuko nabyo bikongera urukundo. Nubwo amasengesho yawe ari ntawe yaba yitayeho cyane, impamvu igutera gusenga izagenda ituma uzirikana mugenzi wawe uko uzarushaho gusenga. Uzabona ko urushaho kugaragaza urukundo mu kuntu witwara kuri mugenzi wawe. Uzasanga ko ibyo muganiraho bitazongera guteza amahane. Uzasanga ko mugera ku myanzuro y'ibiganiro nta mahane. Ubwo bumwe kandi ni ingenzi cyane.

Iyo tudafite ubumwe, ibintu byose birazamba. Yesu yagize ati: *“Ubwami bwose iyo bwigabanyije ubwabwo burarimbuka, n’umudugudu wose cyangwa inzu yose, iyo byigabanyije ubwabwo ntibigumaho.”* (Matayo 12:25). Isengesho rizana ubumwe nubwo mutaba musenga muri kumwe. Nagiye mbona ibyatezaga impagarara hagati yanjye n’umugabo wanjye, bihinduka rwose ku bw’uko namusengeye. Ikirenze ibyo, kuba naramubazaga nti: “Ni gute wumva nagusengera?” byatumaga urukundo rwacu ruzamuka mu ntera ndetse nkarushaho kumwitaho cyane mu bihe runaka twabaga tugezemo. Muri rusange, navuga ko umugabo wanjye yahitaga asa n’utuje nuko agafata umwanya wo kunsubiza neza cyane, kandi nyamara atarapfaga kunsubiza atyo. Nzi neza ko n’abagabo batari abakristo nabo ari uko bibagendekera igihe abagore babo bababajije icyo kibazo.

Ingingo nyamukuru hano nuko njye n’umugabo wanjye tutifuza na gato kugenda amaharakubiri. Icyo twifuza ni ukugendera mu nzira imwe. Turashaka guhuza byimbitse maze tukaba inshuti magara zigendana ibihe byose by’ubuzima, dusangiye urukundo rurambye kugeza ku iherezo. Isengesho, imvugo y’urukundo ihebuje izindi, rishobora guhindura icyo cyifuza impamo.

Nashobora nte kumusengera kandi ntakimukunda?

Ese byaba byarakubayeho ko urakarana n’umugabo wawe kugeza ubwo wumva utanashobora kumusengera? Njyewe byambayeho ...Biragoye gusengera umuntu kandi wanamurakariye cyangwa we yagukomerekeje. Nyamra icyo nicyo Imana igutegerejeho. Niba idusaba gusengera abanzi bacu, ubwo murumva yadusaba bingana iki gusengera abo twashakanye maze tukemeranya gufatana akaramata ndetse tukaba dusabwa gukundana? Ariko se ni gute ibyo twabirenga maze tukivanamo uko kutababarira no kunenga gusa?

Ikintu cy'a mbere twakora ni ukubwiza Imana ukuri, ntutuyibere indyarya. Niba dushaka gusenya inkuta ziri mu mitima yacu ndetse tugakuraho inzitizi zose zitubuza gushyikirana nk'abashakanye, tugomba kubwiza Imana uko twiyumva tudaciye ku ruhande. Nta mpamvu yo kujijisha! Imana isobanukiwe n' ibyacu byose. icyo ishaka gusa ni ukureba niba twiteguye kwemera no kwatura ukutumvira kwacu gutuma dutandukira inzira zayo. Iyo tumaze gukora ibyo, ihita itubona ko rwose yakorana n'umutima wacu!

Niba warakariye umugabo wawe, bibwire Imana. Ntuzemerere ko ubwo burakari bumera nka kanseri iri gukurira muri wowe buri munsu. Ntuzigere uvuga ngo: "Nzabaho ubuzima bwanjye na we azabeho ubwe!" Hari ikiguzi bidutwara igihe duhisemo kubaho turebana ay'ingwe. *"Ariko mu Mwami wacu umugore ntabwo hatariho umugabo, niko n'umugabo atabwo hatariho umugore."* (1 Abakorinto 11:11). Buri wese akeneye mugenzi we!

Dore ahubwo, jya uvuga uti: "Uwiteka, ndumva ntashaka gusengera uriya mugabo. Natuye uburakari bwanjye, umubabaro wanjye, kwikakaza no kutishimira umugabo wanjye. Aho yagenze nabi, uhamwereke kandi umwemeze. Umuyobore mu nzira zo kwihana no kubohorwa. Umfashe ne kumwitarura nkoresheje amarangamutima yanjye, ibitekerezo byanjye cyangwa mu buryo bw'umubiri ngo nuko ntashaka kumubabarira.

"Aho buri wese muri twembi akeneye gusaba imbabazi mugenzi we, udushoboze kubikora. Niba hari icyo ntabwo gishobora kongera ibibazo, ukinyereke kandi umfashe kucyumva. Wigizeyo icyuho cyose cyatuma tutumvikana cyangwa tudashyikirana nk'uko bikwiriye. Aho buri umwe agomba guhindura imyitwarire ye, ndakwinginze ngo ubidushoboze. Nemeye ko nashakaga gushyigikira uburakari bwanjye kuko niyumvaga nk'uri mu kuri, ariko ndashaka ko nkora icyo ushaka ko nkora. Nkweguriye ibyo byiyumviro byanjye byose. Wenyegeze urukundo mufitiye ngo rube

rushyashya kandi umpe n'amagambo akwiriye yatuma ibintu bisubira mu buryo neza!”

Niba wumva ubishoboye ubigenze utyo, maze wirebere uko bizagenda! Sengera umugabo wawe buri munsu byibuze mu gihe kingana n'ukwezi kandi uzirikana gushyira mu isengesho kimwe mu bigize isengesho biri muri buri gice cy'iki gitabo. Senga buri munsu wifashishije igice kimwe. Saba Imana imuhundagazeho imigisha kandi ngo mwembi ibuzuze urukundo rwayo. Uzarebe niba uko akwitwaraho bitarahindutse. Uzarebe ngo umushyikirano wanyu urakura ndetse ukaba uw'amahoro! Niba wumva udashaka kubigenza utyo, tekereza ku kuntu Uwiteka We yaba abibona. Kureba umugabo mu buryo Uwiteka amubona, Atari ukumureba nk'umugabo wawe gusa, ahubwo ukamubona nk'umwana w'Imana, ndetse nk'umuhungu Uwiteka akunda, bishobora kukubera nk'irindi hishurwa rishya, Ese habaye hari uguhamagaye ngo usengere umuhungu we cyangwa umukobwa we, ntiwabimukorera, sibyo? Noneho rero, bikore, Imana ni Yo ibigusabye!

“Ceceka maze usenge ...”

Bibiliya ivuga ko ibintu byose bifite igihe cyabyo. Ibyo wabibonera cyane mu rushako, by'umwihariko ku magambo tuvuga. Hari igihe cyo kuvuga n'igihe cyo guceceka. Hahirwa umugabo ufite umugore uzi itandukaniro ririmo aho! Buri wese wubatse urugo yagiye abona ko hari ibintu bibaho ku buryo icyaba cyiza ari ukubiceceka. Umugore ashobora kubera umugabo we umugisha byimbitse, ndetse n'umugabo ni uko. Inzitwazo ntacyo ziba zimaze. Amagambo yavuzwe ntashobora gusibangana. Gusa ikirenze ibyo, ashobora kubabarirwa, nubwo nabyo bitaba byoroshye. Bijya bibaho ko amagambo tuba dushaka kuvuga ashobora kuburizamo ubushake bw'Imana; mu bihe nk'ibyo, igikwiriye ni ukwicecekeramaze ugasenga.

Mu bihe bya mbere ngishyingiranwa na Michael, iyo habaga hari ikitagenda neza, naricecekeraga. Amarangamutima yanjye narayahishaga. Nyuma yo kubyara umwana wacu wa mbere, nagiyeye ndushaho kugaragaza amarangamutima yanjye mu mivugire. Ariko na none uko narushagaho kuvuga ibitekerezo byanjye n'uko mbona ibintu, ni ko nawe yarushagaho kutanyumva nuko tugatongana. Ntabwo ibyo navugaga bitagiraga icyo bihindura gusa, ahubwo byanarushagaho guteza ibibazo. Byantwaye imyaka kugira ngo nige icyo abagore basabwaga gukurikiza mu binyejana byinshi byahise kigendanye no kuba kubuza amahwemo umugabo ntacyo bimaze! Kumunenga byo nta na gito byamara. Haba n'ubwo kuvuga gusa nta na kimwe byamara. Nagiyeye mbona ko ikintu kimwe cyagira umumaro ari isengesho. Akamaro k'isengesho gashingiye ku kuba riba ryanyujijwe imbere y'Imana. Ibyo bisobanuye ko udashobora gukomeza gusenga kandi ufite amatwara mabi cyangwa ibitekerezo bibi cyangwa ibindi bidatunganye. Igihe usenga, Imana ihishura ibikurimo kandi bibangamira gahunda y'Imana.

Umugabo wanjye ntajya akora ikintu kitamuvuye ku mutima. Iyo bimubayeho ko akora ikitamuvuye ku mutima we, abo abana nabo mu nzu imwe niba mbere bigiraho ingaruka. Iyo hari icyo nshaka kumusaba ko akora nkomeje cyane, mbere yo kubimusaba, mbanza kubibwira Imana mu isengesho kugira ngo mbanze ngire amahoro ava ku Mana. Haba ubwo Imana ihindura imitekerereze yanjye kuri iyo ngingo cyangwa ikanyereka ubundi buryo nabigenzamo ntiriwe mbisaba Michael. Iyo hari icyo nshaka kumubwira, ngerageza kubikora ntamuhutaje. Nuko nkabanza ngasaba Uwiwiteka ngo anyobore.

Nuko kuva ubwo natangiye gufata igihe gihagije cyo kwiga ibyo. Byose byatangiye umunsi nasomeyeho isomo riboneka mu gitabo cy'Imigani 21:19 *"Kwibera ku gasozi kadatuwe, kuruta kubana*

n'umugore w'umwaga utera intonganya." Iryo somo ryankoze ku mutima cyane.

"Uwiteka, bite by'isomo rivuga ngo: *"Guhanyirwa ku mugaragaro, kuruta urukundo rudaseruka.*(Imigani 27:5)? Mbese ubwo umugore ntazigera abwira umugabo we ibitagenda neza?"

Nuko Uwiteka ansubiza atya ati:

- "Ikintu cyose kigenywe igihe cyacyo, n'icyagambirwe muni y'ijuru cyose gifite umwanya wacyo... igihe cyo guceceka n'igihe cyo kuvuga (Umubwiriza 3:1,7)." Ikibazo ufite nuko uba utazi igihe cya buri kimwe. Ikindi nuko utabikorana urukundo.

- "Uwiteka, Ndemeye rwose! Nuko rero uje unyereka igihe cyo kuvuga n'igihe ngomba kwishimira guceceka no gusenga."

Uburyo bwa mbere bwo gushyira iri hame mu bikorwa ntiradusobanukiye neza. Nari natangije itsinda risenga ry'abagore rya buri cyumweru iwanjye kandi ibyo byarangoye cyane ku buryo natangiye gusaba umugabo wanjye ko nawe yatangiza itsinda ry'abagabo. Nyamara ntiyanashakaga kubyumva. "Nta mwanya mfite!" icyo nicyo gisubizo yampaga kandi mu ijwi ryanyerekaga ko rwose bitamurimo na gato.

Uko narushagaho kubibwira Michael, niko yarushagaho kubangamirwa. Nyuma yo guhabwa inama n'Imana y'uko ngomba "guceceka maze ngasenga", nuko mpitamo kubigenza ntyo. Narekeye kubivuga cyane maze mbigira intego nyamukuru y'isengesho. Ndetse nanasabye itsinda ryanjye risenga ngo tubisengere. Imyaka ibiri yenda gushira maze ntakibivuganaho na Michael, nibwo yatangarije antunguye ko yari yatangiye itsinda risenga buri cyumweru ry'abagabo. Iryo tsinda n'ubu riracyariho ndetse umugabo wanjye ntazi ko ari ikintu nahoraga nsengera! Ni iby' ukuri ko byatwaye igihe kirenze icyo nateganyaga, ariko igisubizo cyarabonetse. Ikirenze ibyo, nuko nabayeho ntujye mfite amahoro mu gihe nabaga ntegereje igisubizo kandi ibyo sinari bubigereho iyo nkomeza kubivugana na Michael.

Muri Bibiliya, tubona ko umwamikazi Esiteri yasenze, yiyirije ubusa ndetse aha Imana umwanya mbere y'uko aya guhura n'umugabo we, ari we mwami, ngo amubaze ikibazo cy'ingenzi cyane. icyo byasabaga yari aziko kitoroshye kandi ibyo yarabizirikanaga. Ntabwo yigeze aza yiruka adatauje ngo avuge ngo: “Ziriya nshuti zawe, bariya baswa, bagambiriye kudutsemba!” Si uko yabigenje, ahubwo yarabanje arasenga ndetse asanganira umugabo we n'urukundo, mu gihe Imana yateguraga umutima w'umugabo we. Uwiteka azaduha amagambo akwiriye yo kuvuga kandi azatwereka n'igihe gikwiriye cyo kuyavugiramo nitubimusaba. icyo bisaba gusa ni “ukumenya igihe”.

Nagiye numva abantu benshi batanga urwitwazo rw'uko ngo icy' “ingenzi ari ukuvugisha ukuri n'ubunyangamugayo”, nyamara ugasanga bagendereye kwitsindishiriza gusa. Bibiliya itubwira ko *“umupfapfa agaragaza uburakari bwe bwose, ariko umunyabwenge arabucubya”* (Imigani 29:11). Areka ibimurimo byose bigasohoka kandi bikamusaba rwose. Mu yandi magambo, usanga iteka asangiza abandi ibimurimo byose ndetse n'ibitekerezo bye byose. Kuba umunyakuri ntibisobanuye ko iteka wirekura ukavuga byose mu nyunganizi dutanga. Ibyo akenshi bikomeretsa abandi. Niba kuba umunyakuri ari ikintu cyiza kiranga ugushyingiranwa kwiza, kubwira umugabo wawe ibye byose bitagenda neza ntibibujijwe gusa, ahubwo usanga akenshi biba bishingiye ku kuntu tubona ibintu gusa. Imana yonyine ni Yo ireba nk'uko ibintu biri ndetse ikabibona mu kuri kandi ikaba Yo idafite ibibazo nk'uko ubifitanye n'umugabo wawe. Bityo rero intego yacu ntikwiriye kuba iyo gutuma umugabo wawe akora ibyo dushaka, ahubwo ni ukumuragiza Imana ngo imwiteho maze imubashishe gukora ibyo Imana mu bwenge bwayo ishaka.

Biradukwiriye kumenya gutandukanya iby'ukuri n'ibitari byo. Niba ubona igihe urimo runaka kitagusobanukiye neza niba ari cyiza cyangwa kibi, igumanire ibitekerezo byawe. Cyangwa se ubisengere

kugira ngo wemerere Uwiteka akuyobore kugira ngo uzagaragaze ibitekerezo byawe mu gihe gikwiriye kandi mu kiganiro gituje kandi cyuje amahoro. Bibiliya igira iti: *‘Ntukihutire kubumbura akanwa kawe, kandi ntugakundire umutima wawe kugira ishyushyu ryo kugira icyo uvugira imbere y’Imana, kuko Imana iri mu ijuru nawe ukaba mu isi. Nuko rero amagambo yawe ajye aba make’* (Umubwiriza 5:2). Habaho igihe biba bidukwiriye gutega amatwi gusa aho kugira inama dutanga, kugira ngo tugire abo dufasha mu buryo bububaka.

Sinkugiriye inama yuko hari igihe ugomba kuba utuje cyane bikabije ku buryo udashobora gutinyuka umugabo wawe ngo umubwize ukuri, mu gihe ari cyo kimufitiye akamaro. Mu by’ukuri, mukwiriye kuganira ndetse no kugaragaza ibitekerezo byawe n’ibiyumviro byawe. Ariko niba yamaze kubyumva, wikomeza kumusunika kugeza ubwo bishobora kuvamo intonganya zikomeye.

Niba hari ibintu bigoye kumva ushaka kuvuga, saba Imana igufashe kubona umwanya mwiza aho umugabo wawe azaba yiteguye kubyumva. Senga kugira ngo Imana iguhe amagambo akwiriye kandi ngo umutima we ube ubasha kuyakira. Nzi neza ko bigukomereye kwihangana mu gihe wowe ugurumana umwuka wo kumubwira ibitekerezo byawe byimbitse bikiri bibisi! Ariko nubwo byagukomerera gute, icyakubera cyiza ni ukubanza kubibwira Imana Yo izi uko yagufasha gucururuka ku bwa Mwuka wayo. Ibyo bikenewe cyane nko mu gihe ikiganiro cyaciwemo kabiri ndetse buri jambo ryose rigasa nk’aho ryongera ububabare gusa. Byari kumbera byiza cyane iyo mba kare kose narize gusenga mbere yo kuvuga. Amagambo yanjye akenshi yagiye atera umugabo wanjye kwihagararaho, kandi ibyo byatugejeje ku magambo twicujije hanyuma yahoo twembi. Yabonaga ibyo mubwira nk’aho ari uburyo bwo kumuhatira gukora ibi cyangwa biriya, kumuhindura, kandi mu by’ukuri intego yanjye nyakuri kwari

ukumufasha. Byasabaga ko Imana ari Yo yonyine yo kumwegera ngo imuganirize.

Iyo tubeshejweho n'imbaraga z'Imana aho kubeshwaho na kamere yacu, ntidukenera gukoresha amagambo yacu nk'uburyo bwo kugaragaza ububasha dufite. *‘Kuko ubwami bw’Imana Atari ubw’amagambo, ahubwo ari ubw’imbaraga’* (1 Abakorinto 4:20). Ntabwo amagambo tuvuga ari yo atuma ibintu bimera neza, ahubwo ni imbaraga z'Imana ziyaherekeje. Uzatangazwa n'imbaraga amagambo yawe azagira igihe muzabanza gusenga mbere yo kuyavuga. Ndetse na none uzatangazwa cyane n'uko bizakugendekera igihe uzaba wicecekeye ngo Imana igire icyo ikora.

Yaba ari uwizera cyangwa atari we...

Niba umugabo wawe atari uwizera, uzi neza icyo kumusengera byazamumarira umusabira ku Mana niba atarayiyegurira. Ibi ntibivuze ko uzaceceka nk'ikiragi, ariko niba ibyo umubwira iteka abyakirana umunabi no kwihagararaho, ikizakurikiraho ni uguceceka maze ugasenga. Bibiliya itubwira ko umugabo ashobora kureshya umugabo we nta jambo na rimwe avuze, ku bw'ibyo uwo mugabo azabona ku mugore we, kandi bikazatuma aya magambo amusohoreraho ngo: *“kugira ngo bareshywe n'ingeso zabo nziza z'abagore babo, nubwo baba ari nta jambo bavuze”* (1 Petero 3:1,2).

Imana ivuga ibintu nk'aho byamaze kubaho rwose. Kandi nawe wabigenza utyo rwose. Ushobora kugira uti: “Ntigijije nkana, nemeye kandi natuye mu isengesho ko ibitarangwa mu mibereho y'umugabo wanjye ko byamaze kumugeraho kubwo kwizera. Nubwo adafite kwizera, ariko ndamusengera nk'aho agufite.” Yego birumvikana ko utazamusunikira gukora ibyo adashaka gukora, ariko ufite uburenganzira ku mbaraga z'Imana biyuze mu isengesho kugeza ubwo ijwi ry'Imana rizacengera mu bugingo bw'umugabo wawe. Tutitaye ku gihe bizagusaba umusengera ngo

amenye Uwiteka, n'iyo byazagutwara ubuzima bwawe bwose ariko ntuzaba warataye igihe. Hagati aho, umugabo wawe yaba ari uwizera cyangwa Atari we, ushobora kwifashisha amasengesho yose yo muri iki gitabo nk'ayo wamufashisha kandi ugategereza ko asubizwa.

Gushinga urugo

Nubwo mwaba “mwisanzuye” bingana iki, iyo washyingiwe, hari inzego ebyiri z'ubuzima bwawe mu rushako zizahora mu nshingano zawe: urugo n'abana. N'iyo yaba ari wowe wenyine ufite akazi maze umugabo wawe akaba asigara mu rugo ngo yite ku bana, ni inshingano zawe kubungabunga urugo rwawe ngo rube ubuturo burangwa n'amahoro, isoko y'ibyishimo, kwemerana, aho ukura ibigufasha, irerero, aho umuryango usanga ikiruhuko n'urukundo. Ndetse biragukwiriye ko uba usa neza, uzi guteka neza, uri umubyeyi mwiza kandi ufite ikimero cyiza ku by' umubiri, iby' intekerezo n'iby' umwuka. Ushobora kuba wumva uri inyuma cyane, ariko inkuru nziza nuko Atari wowe wenyine bibaho. Ushobora gushaka ubutabazi buva ku Mana.

Saba Uwiteka akwereke uko watuma urugo rwawe ruba ahantu heza, haranga amahoro aho umuryango wawe ushobora kugubwa neza, ahantu hahorana udushya no gushyikirana kandi bikaba nk'aho biri karemano. Saba Uwiteka agufashe gukora imirimo yo mu rugo neza, kumesa, ku by'igikoni, kubyo gusasa, imihati yawe ndetse no kwita ku byumba mubamo. Ibyo ni bimwe mu bintu bya buri munsu umugabo atajya agushimira ariko nyamara abasha kumenya niba bitakozwe neza. Umugabo wanjye ashobora kumara amezi menshi adafunguye akabati ngo arebemo itara cyangwa ibuye ry'itara. Ariko iyo abishatsemo aba yiteze ko ari busangemo icyo yifuza. Iyo atashye atinze ava mu kazi kandi akaba ashonje, aba yiteze ko ari buhasange umugati ngo yikorere umugati wo mu bwoko bwa “sandwich”. Nanjye ngerageza uko nshoboye ngo

asange bimeze neza. Mpora nsaba Imana ngo imfashe nite ku byo mu rugo kugira ngo umugabo wanjye yishimire gutaha iwe kandi abe yanahazana inshuti ze. Ibyo ntibisaba kugira ibikoresho byo mu nzu bihambaye yewe ntibinasaba kwitabaza umuhanga mu by'imitako. Inzu yanjye ya mbere yari ntoya kandi yuzuyemo ibikoresho nari naraguze mu iduka rigurisha ibyigeze gukoreshwa. Inzu yanjye nayiteye irangi nifashishije inshuti yanjye nari mfite nuko iragenda isa neza rwose. Icyo bisaba rero ni ukuyiha uburyohe ndetse n'udushya.

Kugira ngo inzu yawe ihinduke urugo, reka umugabo ayibere umutware nawe ube mutima w' urugo. Ntukagerageze kuba byombi: byakurenga cyane. Imana yagize umugabo umutware w'urugo, waba ubona abikwiriye cyangwa atabikwiriye, yaba asohoza inshingano ze cyangwa atazisohoza. Iyo ni yo gahunda Imana yahaye ibintu. Ibyo ntibivuze ko muri icyo myanya yombi harimo umwe urusha undi kuba ingenzi, ntijya isigana. Kugira ngo umugabo wawe abe umutware w'urugo, birasaba ko wemera ko afite ubwo butware. Wowe uhamagarirwa kuba mutima w'urugo, kandi ni inshingano yawe kurugenzura neza, n'icyo yaba ari wowe usa nk'aho ari wowe einjiza umutungo mwinshi muri urwo rugo. Nucurika inshingano ugafata itari iyawe, uzabaho mu rugo rw'amakimbirane ahoraho!

Ibi ntibisobanuye ko umugore adashobora kujya mu kazi cyangwa ko umugabo adashobora kwita ku rugo rwe; ahubwo bishingiye ku matwara y'umutima wa buri wese ndetse n'urwego ariho rw'iby'umwuka. Hagiye habaho ibihe namaraga iby'umweru byinshi ndi kwandika ibitabo byanjye naho umugabo wanjye ari kwita ku nzu n'abana kugira ngo mbashe kurangiriza akazi kanjye ku gihe. Ibyo ntibyigeze na rimwe bigabanya ubutware bwe ndetse nta n'ubwo byigeze binsunikira kwisumbukuruza ngo ntware umwanya we nk'umugabo. Ibyo yemeye kubikora kubera njye. Gusa na none, haba ubwo yabaga akeneye kuruhuka nuko nanjye

bikansaba gukorera mu rugo. Muri ibyo bihe, nabikoze ku bwe. Ku bantu benshi, ni ubwuzuzanye bwiza cyane dukwiriye guharanira, ni yo mpamvu ari byiza gusenga ngo ubusugire bw'iyi myanya yombi mu rugo, uw'umutwe n'uw'umutima, itaburizwamo.

Gushyira ibyo mu nzu ku murongo ntibisobanuye ko ibintu byose bigomba kuba bitunganye, ariko muri rusange, bikwiriye kuba bigenda neza. Niba bigusaba gukora cyane nk'umugabo wawe kugira ngo ibikenewe mu rugo biboneke, inshingano zo kwita ku byo mu nzu mukwiriye kuzifashanyamo. Niba umugabo wawe adashaka ko muzigabana, gira uwo wifashisha uzajya uhemba amwe mu masaha agize icyumweru; ibyo nibyo bihendutse kuruta ko wabipfa n'umugabo wawe mugatana, cyangwa ko mugera aho mwitabaza abaganga bita ku ntekerezo cyangwa imibiri ku bw'uko hari uwangije mugenzi we cyangwa se mukageza ubwo mwicana! Saba Imana ikwereke uburemere bw'ibyo ngibyo!

Ibyo maze kuvuga byose byerekeye urugo binareba umubiri wawe, ubugingo n'umwuka. Ugomba gushyiramo imbaraga ngo bibe bifite ubuzima bwiza. Rimwe nigeze numva ikiganiro kuri radiyo aho umugore yaganyiraga umuhanga mu by'imitekerereze ngo amufashe kuko umugabo we yamubwiye ko atagikeye rwose. Nuko uwo bavuganaga aramubaza ati: “None se wowe ukora iki ngo ube ukeye?” Uwo mugore yaracecetse kuko nta gisubizo yari afite. icy'ukuri ni uko kuba ukeye ari ibintu bidapfa kwizana. Ndetse n'abagore bitwa ko ari abanyaburanga kurusha abandi burya nabo bibasaba kwiyitaho ngo babe bakeye. Umwamikazi Esiteri yari umwe mu bagore b'abanyaburanga cyane bo mu gihugu cye, ariko ibyo ntibyamubujije kumara umwaka arushaho kwita ku buranga bwe mbere yo guhura n'umwami.

Natwe dukwiriye kwibaza icyo kibazo ngo: “Ese njye nkora iki ngo umugabo wanjye ambone nk'ukeye anyishimire? Ese mfite isuku kandi nkumva meze neza? Ese nita ku magara yanjye nkora imyitozo ngororamubiri ihoraho? Ese mbungabunga imbaraga

z'umubiri wanjye ngira akamenyero keza ko kwita ku by'imirire? Ese ngerageza kwambara neza ngo mushimishe?" Noneho igikomeye kiruta ibyo byose: "Ese ngirana n'Imana igihe cyihariye buri munsi?" Ndakwizeza yuko nugirana n'Uwiteka igihe cyihariye, niko uzarushaho kurabagirana. *"Ubutoni burashukana kandi uburanga bwiza ni ubusa, ariko umugore wubaha Uwiteka ni we uzashimwa"* (Imigani 31:30).

Ntibikwiriye kudashyira imbaraga muri wowe ubwawe, mu magara yawe ndetse n'ahazaza hawe. Ibyo ntaho bihuriye no kwikunda kutazirikana abandi (Egoisme). Ahubwo kutabikora niko kwikunda kutazirikana abandi. Saba Imana ikwereke intambwe ukwiriye gukurikiza ndetse igushoboze gukora ibyo. Emerera Mwuka Wera ngo ature muri wowe no mu rugo rwawe.

Ntukagire ibyo witega byinshi...

Hashize igihe gito dushyingiranwe, umugabo wanjye yarampamagaye ari ku kazi nuko ambwira ko ashaka ko mutekera inkoko ku ifunguro rya nimugoroba. Nagiye mu iguriro, ngura ibikenewe byose, nuko mutegurira iryo gaburo; nuko akinjira mu nzu ahita ambwira ati: "Ndumva ntashaka inkoko uyu mugoroba. Nakifuje kurya inyama y'intama." Sinababwira uko nahise numva merewe mu ntekerezo kuko nziko muhise mubyibwira. Kandi si ibyo gusa byambayeho. Hari ibindi bisa n'ibyo byagiye bimbaho kenshi cyane. Ni kenshi Michael yansezeraniraga ko ari buve ku kazi agataha tugasangira ibya nimugoroba, ariko iyo saha yarengaho iminota nk'icumi akambwira ko ari butinde mu kazi kandi ko ari busangire n'abo bakorana ku kazi... Byarangiye nize ko ntacyo kurakara byari bumarire cyangwa kubabara cyangwa nkagira ubusharire muri njye. Ibyo ahubwo byatumaga ibintu birushaho kuba bibi kuko haba ubwo yahitaga yisobanura ashaka kunyereka ko ntazi ibihe aba arimo bitamworoheye. Naje gusanga icyatubera cyiza twembi ari uko ntajya ngira ibyo nitega byinshi. Kuva ubwo

nateguraga amafunguro ya nimugoroba nk'aho ari nje n'abana banjye turi buyafate gusa. Iyo Michael yabashaga kuza tugasangira byabaga ari ibintu byiza bidutunguye. N'iyi atazaga, nabirenzaga amaso simbitindeho.

Nasobanukiwe ko iyi ibintu ntabaga niteze byambagaho, nakundaga kuzirikana ibyiza biranga umugabo wanjye. Nuko nkibuka inshuro nyinshi aya amfasha imirimo yo mu rugo ndetse no mu gikoni. Ni indahemuka rwose ku buryo atuma ntabishidikanyaho. Ni umukristo mwiza ukunda kwitabira amateraniro yo ku rusengero, ukunda gusoma Bibiliya ye, usenga kandi ufite indagagaciro zikwiriye kandi zihamye rwose. Kandi arankunda nje n'abana bacu. Kandi akoresha impano ze ku bw'ikuzo ry'Imana. Ni umuntu utwitaho akaduha ibyo dukeneye n'umutima mwiza utiganda. Ibintu byarushaho kuba bibi, bityo sinjya niganyira ngo yatashye dusangire cyangwa ngo ntitwasangiye. Ntekereza ko, mbaye nshoboye gufasha umugore ushyingirwe vuba mu kintu kimwe, cyaba ari ukumuca intege ngo areke kwinjirana mu rushako urutonde rw'ibintu runaka yumva yiteze ku mugabo we maze ngo natabikurikiza amurakarire. Yego birumvikana ko hari bimwe by'ingenzi abenda gushyingiranwa bemeranyeho mbere y'itariki y'ubukwe nko kudahemukirana, gufashanya mu by'umutungo, kuba umunyakuri, umutima mwiza, kwiubahisha, imico mbonera ikwiriye, urukundo rw'imbere n'inyuma ndetse n'uburinzi. Ibyo iyi utabibonye, ufite uburenganzira bwo kubimusaba. Igihe ubona ukomeje kubibura, ushobora gusenga. Ariko iyi ari ibindi wumva byabaho, ntushobora gutuma umuntu umwe asohoka ibyo wumva ukeneye byose. Byavuna umugabo wawe gusohoka inzosi zawe zose n'ibyo wifuza byose. Ahubwo, shyira Imana ibyo wumva ukeneye byose mu isengesho kandi utegereze ibisubizo iguha. Nitugerageza kuyobora abagabo bacu twifashishije urutonde rururire rw'ibyo dushaka ko bakurikiza ndetse tukarakara mu gihe batabikurikije, nitwe tuzaba turi mu

ikosa rwose. Ibibazo bikomeye nagize mu rushako rwanjye byatewe n'uko ibyo nari niteze ko Michael akurikiza byahuraga gake cyane rwose n'ibyo nabonaga.

Gabanya ibyo witeze uko ushoboye kose. Impinduka ushaka ko zibaho mu mugabo wawe cyangwa iza umugabo agerageza gutuma zibaho ngo agushimishe, akenshi zizarangwa no gutsindwa kandi nta kindi ibyo bizatera uretse kuba mwembi muzatenguhwa. Ahubwo, Saba Imana abe ari Yo izana iza mpinduka. Imana izakora ibirenze ibyo mwibwira, kuko *"Icyo Imana ikora cyose kizahoraho iteka ryose, ntibishoboka kucyongeraho cyangwa kukigabanyaho"* (Umubwiriza 3:14). Akira umugabo wawe uko ari kandi umusengere ngo arusheho gukura. Bityo nihagira impinduka ibaho, izaba itewe n'icyo Imana yakoze mu mugabo wawe kandi kizahoraho. *"Mutima wanjye turiza Imana yonyine! Kuko ari Yo ibyiringiro byanjye biturukaho"* (Zaburi 62:5). Ibyo ukwiriye kwitega bikomeye bigomba kuba ibigendanye n'isano ufitanye n'Imana, si iyo ufitanye n'umugabo wawe.

Mu cyubahiro cyose gikwiriye

Biratangaje kuba Imana isaba umugabo gukunda umugore we, ariko umugore agasabwa kubaha umugabo we. *"Nuko namwe umuntu wese akunde umugore we nk'uko yikunda, kugira ngo umugore na we abone uko yubaha umugabo we"* (Abefeso 5:33). Ntekereza ko nta mugore washyingiranwa n'umugabo atamukunda, nyamara akenshi haba ubwo umugore atakaza kubaha umugabo we nyuma y'igihe gito bashyingiranwe. Gutakaza kubaha bisa nk'aho bibazniriza gutakaza urukundo kandi ibyo bikomeretsa umugabo wawe birenze uko wabitekereza. Ingaruka zo gutakaza kubaha umugabo wawe zishobora kuba kirimbuzi. Mikali, umugore w'umwami Dawidi, yitegereje umugabo we abyinira imbere y'imbaga atambaye umwitero wa cyami, ubwo isanduku y'isezerano yinjizwaga mu murwa. Mikali ntiyaretse kwifatanya na Dawidi mu byishimo bye

gusa, ahubwo ikirenze ibyo yaramugaye mu mutima we (2 Samweli 6:16). Yaramucyuriye aho kugira ngo arebe ibintu nk'uko Imana yabibonaga. Kutubaha kwe byamusabye ikiguzi gikomeye; igihano cy'Imana cyabaye icy'uko ahinduka ingumba. Nemera ko iyo tutubaha abagabo bacu, ntiduhura n'igihombo gusa mu rushako rwacu ahubwo tuba twitandukanyije n'ubugingo bushya.

Urundi rugero: umwamikazi Vashiti yanze kwitaba umwami. Umwami yari yakoresheje umunsi mukuru atumira inshuti ze; yashakaga kwishimisha ndetse no kwerekana umugore we mwiza wamuteraga ishema. Icyo yari amutegerejeho ni uko yari bwambare imyenda ye ya cyami, ikamba rye ndetse akagaragara imbere y'abo yari yatumiye. Yarabisuzuguye kandi azi neza ko ibyo bishobora kumwambura icyubahiro yari afite. *“Ariko umwamikazi Vashiti yanga kuzanwa n'itegeko ry'umwami yamutegekesheje inkone ze. Umwami ni ko kurakara cyane, uburakari bugurumana muri we”* (Esiteri 1:12). Ingaruka yabyo yabaye icy'uko Vashiti atakaza umwanya we nk'umwamikazi. Ntiyafuditse ku mugabo we gusa, ahubwo n'umuryango we ndetse n'inshuti ze, kuko umugore adakwiriye kubahuka umugabo we n'ubwo yasa n'udakwiriye icyubahiro. Icyo byamusababa kirahambaye cyane.

Niba byarigeze bikubaho ndetse ukaba uzi neza ko wubahutse umugabo wawe, byaturire Imana aka kanya. Yibwire uti: “Uwiteka, natuye imbere yawe ko ko ntubaha umugabo wanjye nk'uko ijamba ryawe ribivuga. Nzi ko muri nje hari urukuta nazamuye rwo kwirwanaho ngo nikingire ibikomere nari buterwe n'umugabo wanjye. Ariko niteguye kurusanya kugira ngo ubashe gukiza umutima wanjye. Natuye ku kuba naragiye mwubahuka. Natuye amatwara yanjye mabi n'ibindi byose nagucumuyeho. Nyereka uko naburizamo urwo rukuta rumbuza kugaragaza urukundo rutagira ikigombero ruturuka iwawe gusa. Senya urwo rukuta rwo kwiremereza nagize mu mutima wanjye kandi unyereke uko nkwiye kubaha umugabo wanjye nk'uko ubishaka. Umpe kugirira

umugabo wanjye umutima nk'uwo umufitiye, Uwiteka, mfasha ngo mubone nk'uko nawe umubona.” Gusenga gutyo bizakubohora maze bitume ubasha kubona ubushobozi buri mu mugabo wawe aho kubona intege nke. Bizagushoboza kuvuga kumubwira amagambo meza yo kumutera umwete, yo kumuzamura, yo kumusubizamo ubugingo ndetse bikazatuma urushako rwanyu rurusaho kuba rwiza. Iyo twirebera uruhande rubi gusa, urukundo ruragwingira. Ariko urukundo rugakura iyo tureba uruhande rwiza rw'ibintu. Iyo amatwara yawe ku mugabo wawe ahuje n'umutima w'Imana, umubona mu buryo bushya. Haba ubwo udashobora kwiyumvisha aho umugabo wawe avuye, uko yumva amerewe ndetse n'impamvu imutera gukora ibyo akora, kererese gusa Imana igushoboje kubitahura. Saba Imana ngo igushoboze kubitahura. Iyo wisengera (Umugore we), wibuke uru rugerofatizo rw'umugore mwiza Bibiliya itubwira.

Itubwira ko yita ku rugo rwe kandi akaruha umurongo mwiza akoresheje ubwenge. Azi igihe uko bagura n'uko bagurisha ndetse agashora ubutunzi bwe mu buryo bwuje ubwenge. Yita ku buzima bwe ndetse agahora yambaye mu buryo bushamaje. Akorana ubwitonzi kandi azi kubyaza umusaruro ubushobozi bwe. Agira ubuntu kandi ategura ahazaza he neza. Aharanira ko umugabo we avugwa neza. Afite imbaraga, arashikanye, arubahwa kandi ntafite ubwoba bwo gusaza. Avugana ubwenge n'umutima mwiza. Si inkorabusa ahubwo akurikirana ibibera iwe mu rugo byose. Abana be n'umugabo we baramusingiza. Ntiyishingikiriza ku buranga bw'inyuma ahubwo azi neza ko gutinya Imana ari byo biruta uburanga bwose. Ashyigikira umugabo we kandi abaho ubuzima burumbuka cyane kandi bwivugira ibyabwo (Imigani 31).

Uyu mugore aratangaje pe! Dushobora kuba nkawe gusa binyuze mu kubishobozwa n'Imana iyo tuyiyeguriye. Ibye twabivuga mu ncamake binyuze mu kuba ari umugore umugabo we yiringira bikomeye. Mu by'ukuri, *“Ahora amugirira neza, ntabwo amugirira nabi,*

igihe cyose akiriho” (Imigani 31:12). Nizera ko ikintu “cyiza” cy’ingenzi kuruta ibindi umugore ashobora gukora ari ukumusengera. Mbese turabyiyemeje?

Isengesho

Uwiteka, mfasha mbe umugore mwiza. Maze kubona ko ntabyishoboza mu mbaraga zanjye. Nkeneye ubufasha bwawe. Jyana ukwihugiraho kwanjye, ukutihangana kwanjye, ukurakara kwanjye, maze ubihinduremo umutima mwiza, kwihangana, gushikama kugira ngo nihanganire ibintu byose. Jyana amarangamutima yanjye ya kera mabi, imyumvire yanjye, ibisubizo bihutiyeho byanjye, ukutagira impuhwe kwanjye, kubogamira mu kwirwanaho, nuko ungire uwihangana, mwiza, wiyoroshya, indahemuka, wumva abandi kandi uzi kwitegeka. Jyana ukwiremereza kw’umutima wanjye maze usenye inkuta zose ku bw’imbaraga z’ihishurwa ryawe. Undememo umutima mushya kandi unkorereho ngo ndangwe n’urukundo rwawe, amahoro yawe n’umunezero wawe (Abagalatiya 5:22-23). Sinshoboye kwibatura muri ibyo byose bingose. Ni wowe wenyine Wabasha kumpindura.

Unyereke aho icyaha cyiganje mu mutima wanjye, cyane cyane aho ibirebana n’umugabo wanjye. Natuye aho nagiye munenga gusa, aho ntamugaragarije urukundo, kwihangana, kumwubaha no kumubabarira. Umfashe kuzinukwa uburakari bwose, ubusharire bwose, ugutenguhwa kose kandi umubabarire kuko ari wowe gusa uzi uko wabigenza mu buryo bwuzuye budakebakeba. Ungire igikoreshe cyawe cyo kuzana ubwiyunge, amahoro no gukira mu rushako rwacu. Udushoboze gushyikirana neza kandi utubature n’akaga ko gutandukana igihe tubona ubutane budusatiriye.

Ungire uwo kubera umugabo wanjye ubufasha, inshuti ye magara, umushyigikira ndetse umukunzi we. Umfahe kubaka urugo rurangwa n’amahoro, rwo kuruhukiramo kandi rutekanye umugabo wanjye yishimira gutahamo.

Unyigishe kwiyitaho no kurushaho kuba umureshya. Mfasha ngo mbe umugore w’udushya kandi wuzuye ubwishingizi, ukungahaye mu

mwuka we, ubugingo n'ibitekerezo bye. Umpindure umugore azajya aterwa ishema no kubera umugabo.

Nshyize ibyo niteze byose ku birenge by'umusaraba wawe. Mbohoze umugabo wanjye ku mutwari nari naramushyizeho wo gukemura ibyo nkenye byose kandi nyamara ari wowe wenyine wanyuzuzwa ndamutse nkwisunze. Mfasha ngo mwakire uko ari nta kugerageza kumuhindura. Nabonye ko hamwe na hamwe bisa nk'aho adahinduka na gato, ariko na none nzirikana ko ashobora guhinduka aho numvaga bitashoboka. Nkurekeye inshingano yo kumuhindura uko ushaka, nzirikana ko yaba we cyangwa njye nta n'umwe utunganye rwose kandi ko tutazigera tubyishobozwa na rimwe.

Uwiteka, ni wowe wenyine utunganye rwose kandi ni wowe niteze ko watugira intungane rwose.

Nyigisha gusengera umugabo wanjye kandi utume amasengesho yanjye aba amasengesho akwiriye koko. Ahatakirangwa n'urukundo, uhashyire urukundo rushya hagati yacu. Unyereke mu by'ukuri icyo urukundo rutagira ikigombero ari cyo n'uburyo narugaragazamo ngo rwakirwe neza. Udushobozwe kuba umwe kugira ngo tubashe guhuza muri byose (Amosi 3:3). Nuko rero Imana nyir'ukwihangana no guhumurizwa iduhe guhuza imitima yacu nk'uko Yesu Kristo ashaka (Abaroma 15:5). Uduhindure abafatanije kugira ngo tutabaho ubuzima butandukanye buri wese yigenga kandi tumeze nk'abahatana, ahubwo tube abakorera hamwe, tukarenza amaso amafuti yacu n'intege nke zacu ku bwo kumera neza kw'urushako rwacu. Udufashe guharanira icyaduhesha amahoro twembi no gukomezanya (Abaroma 14:19). Tube *"duhuriye hamwe rwose kandi duhuje imitima n'inama"* (1 Abakorinto 1:10).

Ndagusabye ngo uko twiyemeje kubana nawe ndetse no kubana hagati yacu bibe byuzuye umuhati udacogora uko bwije n'uko bukeye.

Umushobozwe kuba umutwari w'urugo rwacu ku bw'ububasha wifuza kumuha, kandi nanjye unyereke uko namwunganira nkamwubaha ubwo azaba ashoza inshingano nk'umuyobozi w'urugo. Mfasha ngo nsobanukirwe n'inzozo ze no kubona ibintu mu cyerekezo cye. Mpishurira icyo ashaka n'icyo akeneye kandi ujye unyereka ibibazo

bikomeye biba byenda kutubaho mbere y'uko bitubaho. Uhumekere umwuka w'ubugingo mu rushako rwacu.

Uwiteka, umpindure mushya. Umpe icyerekezo gishya, kumva ibintu gushya kandi umpe n'isano nshya ngirana n'umugabo wampaye. Mfasha ngo murebane indoor nshya, mwishimire bundi bushya, mukunde bundi bushya, mugirire impuhwe bundi bushya, kandi mwakire nk'uko ari bundi bushya. Umbashishe kuba umugore mushya uhayeho umugabo wanyije.

Bibe bityo. Amen!

Amasomo ya Bibiliya yagufasha

"Ni cyo gitumye mbabwira nti: 'Ibyo muzasaba byose mubishyizeho umutima mwizere yuko mubihawe, kandi muzabibona. Kandi nimuhagarara musenga hakaba hari umuntu wabagiriye nabi, mumubabarire kugira ngo So wo mu ijuru na we abababarire ibyaha byanyu."

Mariko 11:24-25.

"Mugirirane neza, mugirirane imbabazi, mubabarirane ibyaha nk'uko Imana yabababaririye muri Kristo."

Abefeso 4:32

"Musabe muzahabwa, mushake muzabona, mukomange ku rugi muzakingurirwa. Kuko umuntu wese usaba ahabwa, ushatse abona, n'ukomanga agakingurirwa."

Matayo 7:7-8

“Ubwenge ni bwo bwubaka urugo, kandi rukomezwa no kujijuka. Kumenya ni ko kuzuza amazu yo muri rwo, ndetse n'ibintu byose by'igiciro cyinshi n'iby'igikundiro.”

Imigani 24:3-4

“Twe gucogorera gukora neza, kuko igihe nigisohora tuzasarura nitutagwa isari.”

Abagalatiya 6:9

IGICE CYA KABIRI [Akazi Ke]

Akazi ke

Jacques urebye nta kazi akora. Ku bushake bwe, yemerera umugore we, Martine, ko ari we ukenura iby'urugo rwose mu gihe we agerageza gukabya inzosi ze. Ikibazo gihari nuko Martine arambiwe kwikorera umutwaro w'urugo rwose mu gukemurira umuryango we ibigendanye n'umutungo. Imyaka cumi n'irindwi irashize Jacques we akomeje gukurikira inzosi ze kandi nyamara nta musaruro uvamo ufatika. Nemera ko mu by'ukuri igiteye ubwoba ari ukuba Jacques ntacyo akora. Jacques afite ubwoba bwo kuba yazakora akazi adakunda aramutse atabonye agahuje n'inzosi afite.

Marc we, umutima we waratwawe. Ntajya aruhuka cyangwa ngo amenye kunezererwa imbuto iva mu mihati ye. Ni gake cyane abonana n'umuryango we kandi abana be b'ingimbi benda kuba bakuru. Ntakora cyane kuko bikenewe ahubwo abiterwa n'ubwoba. Atinya ko aramutse arekeye gukora, atazongera kugira agaciro mu maso y'abandi ndetse no mu ye.

Izo ni ingero zikabije zerekana isano umugabo ashobora kugirana n'akazi akora. Ku ruhande rw'ubunywewe, tuhasanga kwanga gukora akazi bitewe no kwihugiraho ntiwite ku bandi, ubwoba, kutigirira icyizere, ubwihebe cyangwa ubwoba bw'ahazaza. Imana ibwira

umunebwe iti: “Nk’uko urugi rubindukira ku mapata yarwo, ni ko umunyabute agaragurika ku buriri bwe” (Imigani 26:14). “Umunyabitotsi bizamwambika ubushwambagara” (Imigani 23:21). “Inzira y’umunyabute imeze nk’uruzitiro rurimo amahwa” (Imigani 15:19). “Umunyabute yicwa no kwifuza kuko yanga gukoresha amaboko ye” (Imigani 21:25). Mu yandi magambo, umunyabute ntacyo azageraho, ntazigera agira icyo abona, azanyura mu nzira iruhije kandi bizarangira ahindutse ubusa.

Ku rundi rugero rukabiye, ni ukubakwa n’akazi kugeza ubwo kamera nk’ikiyobyabwenge. Bigera ubwo nta kindi umuntu aba yitayeho, kugeza nubwo umuntu abura ubuzima. Imana ibwira umugabo nk’uwo iti: “Uko ni ko inzira z’urarikira indamu wese zimeze, iryo rari ryica bene ryo” (Imigani 1:19). “Maze nitegereje imirimo yose y’amaboko yanjye n’imiruho yanjye n’imiruho yose niruhije nkora, nsanga byose ari ubusa, ari nko kwiruka inyuma y’umuyaga, kandi nta gifite umumaro kiri munsu y’ijuru” (Umubwiriza 2:11). Mu yandi magambo, kwihindura imbata y’akazi bitumaramo imbaraga zose kandi ntaho bitugeza.

Muri izo ngero zombi zikabiye, nta na rumwe rwaba isoko y’umunezero cyangwa kunyurwa. Ukuringaniza kwiza hagati y’izo mpande zombi Uwituka ashobora gutanga, nibyo bishobora gutuma ubuzima buba bwiza.

Biratangaje kuba impamvu ishobora gusunikira umugabo ku ruhande rumwe cyangwa urundi ari imwe. Hano ndavugaga ubwoba. Akenshi uko umugabo ashakaga kuba wabibonera mu kazi akora. Aba ashakaga kuba utsinda ndetse agashimwa; akazi akora ni uburyo akoresha kugira ngo agree kuri izo ntego zombie. Aba afite ubwoba bwo kutagera kuri kimwe cyangwa ikindi. Iyo afite akazi gatuma yumva ari hasi, yiyumva nk’umuntu wateshejwe agaciro. Iyo ku kazi ke bitagenda neza, yumva ameze nk’uwatsinzwe.

Imana isobanukiye ko akazi ari ho umugabo akura kumva anyuzwe. Bibiliya igera ubwo ivugaga ngo: “Iyo umuntu wese ariye kandi

akanywa ndetse akanezwe n'ibyiza by'imirimo ye yose, ibyo biba ari ubuntu bw'Imana" (Umubwiriza 3:13). Kuba abagabo benshi batanyurwa mu kazi kabo ntibiterwa n'uko akazi bakora kameze ahubwo biterwa no kuba barabonye icyerekezo cy'ubuzima bwabo cyangwa batarakibonye. Umugabo utarabona icyo cyerekezo ashobora kugera ubwo akora cyane ndetse igihe kinini ahembwa duke cyane kugeza ubwo abona ahazaza he hijimye. Nta na kimwe kiba cyashobora gutuma ubuzima bumuryohera. Uramutse umubwiye ko ashaje, mu mutwe we hashobora guhita hazamo amagambo nk'aya: "Nta muntu n'umwe uguha agaciro...Nta cyo umaze...Ntushoboye gukora nk'ibyo wakoraga mbere... Urashaje cyane ku buryo utabasha kwiga... Ntufite ibyangombwa bikwiriye...Ubuzima bwawe nta cyerekezo bufite..." Kugera ahantu nk'aho ni bibi cyane ku mugabo.

Bernard, Se na Sogokuru we bose kubaho byagiye bibagora cyane. Kera bitinze, nibwo buri wese yasobanukiwe n'icyo yagombaga kuba yarakoze. Bagiye bava mu kazi bajya mu kandi ariko nta cyerekezo kigaragara bafite. Bakomeje kubaho nabi mu by'ubukungu. Ntibigeze bagira ababyeyi babasengera ngo babashe kuvumbura impano zabo, ndetse ngo banavumbure umugambi Imana ifitiye ubuzima bwabo, ngo imiryango ibafungukire kugira ngo babe icyo Imana yabashakiraga kuba cyo ibarema. Hatabayeho ubutabazi buva ku Mana, ibintu bikomeza kugenda byisubiramo mu buryo bukabije.

Nabonye ko abantu bagiye bagira ababyeyi babasengeraga ubudacogora, bagendaga babona hakiri kare icyo bakwiriye gukora mu buzima. Ibyo bakora ntibihita bizamuka vuba cyane ako kanya, ariko bazi impamvu bariho kandi ahazaza habo bateguriwe hagenda habasunikira kujya mu cyerekezo gikwiriye. Ntibahangayitse kandi ntibihebye nk'uko abandi bajya bamera. Ni byo koko ababyeyi bakunze kuba bafitiye abana babo imishinga ikomeye, ariko usanga badashishikarira kuvumbura umugambi

Imana ifitiye ubuzima bwabo. Iyo ubuzima bw'umwana butereranwe ngo bwibesheho nta cyerekezo, uwo mwana akenshi amara igihe kirekire yibeshya ku muhamagaro we. Ntibiba bikwiriye ko anyura mu gihe cyo gukekeranya, gutera waraza no kwiheba ashakashaka umwanya afite mu buzima. Niba umugabo wawe yaratangiye ubuzima bwe gutyo, amasengesho yawe ashobora guhindura ubuzima bwe.

Niba umugabo wawe atarigeze agira ababyeyi bamusengera, ushobora kuziba icyo cyaho. Ushobora kumusengera ngo amaso ye afunguke abashe kubona icyo Imana ishaka ko akora kandi imuyobore. Amasengesho yawe azamufasha kumva ko yishimiwe kandi atewe imbaraga cyane ndetse akamenya ko afite agaciro tutitaye ku kazi yaba afite kose. Ushobora kumwizeza ko Imana yamuhaye impano n'ubushobozi yihariye kandi ko imufitiye byinshi imuteganiriza. Unasengere ngo Imana imuhishurire kandi imufungurire urugi rutabasha gukingwa. Amasengesho yawe ashobora kumucira inzira.

N'iyi umugabo wawe yaba afite akazi keza cyane, musengere ngo Imana imushyire aho agomba kuba ari kandi ngo ibintu birusheho no kugenda neza. Umugabo wanjye yandika indirimbo (songwriter) kandi akaba akora ibigendanye n'amajwi (record producer). Ubwe yanyibwiriye ko yabonye ko amasengesho yanjye yamurinze gukorana n'abakiliya babi. Ntiyigeze na rimwe akorana n'abantu bagoranye, babi, batagira icyo bitaho kandi ibyo ni igitangaza gikomeye mu kazi nk'ako akora. Yari azi ko iteka musengera ngo Imana imuyobora ku bantu beza kandi ko imujyana kure y'inzira y'abantu babi bari bumuteze ibibazo. Nubwo amasengesho yacu atatuma abagabo bacu babaho ubuzima buzira ikibazo na kimwe, ariko ashobora kubagabanyiriza byinshi mu bibazo bagira.

Niba umugabo wawe ari umuntu ukora cyane, gergeza urebe ukuntu yajya agira igihe cyo kuruhuka no kwidagadura, ngo akore ibimushimisha ndetse bikamuvana muri uko kuremererwa no

gukenura umuryango. Abagabo bakenera ibihe byo kuruhuka bakagarura imbaraga. Iyo batabibonye, biberekeza ku gukenyuka no mu bishuko by'ubwoko bwose. Amasengesho yawe ashobora gufasha umugabo wawe gusobanukirwa ko ubuzima nyabwo budaturuka mu kazi ahubwo ko buturuka mu kuyoboka Imana. Nimureke dusengere abagabo bacu kugira ngo babeho ubuzima buri mu rugero rukwiriye rwo gukora no kuruhuka.

Isengesho

Uwiteka, ndagusabye ngo uhe umugisha umurimo w'intoki z'umugabo wanjye. Reka umurimo akora ntumuheshe intsinzi n'ubukungu gusa, ahubwo unamuheshe kumva anyuzwe. Niba akazi ke atari ko wageneye ubuzima bwe, bimuhishurire. Mwerekere icyo yagakwiriye gukora kandi umuyobore mu nzira ikwiriye. Umuhe imbaraga, kwizera n'intumbero y'ahazaza kugira ngo aneshe ubunywewe aho buva bukagera. Ntakigere ahunga akazi kubera ubwoba, kwihugiraho, cyangwa kubwo kwihunza inshingano. Ku rundi ruhande, mufashe kubona ko adakwiriye gukora kugeza apfuye ngo araharanira kwemerwa n'abantu cyangwa ngo abone inyungu irenze iyo wamugeneye. Umuhe ubushobozi bwo kwishimira ibyo agezeho adaharaniye ibirenze ibimukwiriye. Umubashishe gutera imbere cyane ariko umurinde kuba ku nkeke yabyo.

Ndagusabye ngo ube umuyobozi we ukomeye mu kazi akora kandi ahorane nawe mu byo akora byose. Umuhe kugira icyizere gihagije mu gukoresha impano ze ngo ashobore gushakashaka, kubona no kugera ku murimo unoze. Umufungurire imiryango n'uburyo bitabasha gukingwa n'ubonetse wese. Ukuze impano ze kugira ngo zirusheho gutanga umusaruro buri uko ibihe bihaye ibindi. Unyereke icyo nakora ngo mutere umwete.

Ndagusabye ngo akazi ke kabe gahamye, gatekanye, kagera ku ntego kandi kamuhemba neza. Agire umwete, yirinde ubunywewe; abe uhirimbanira mu mutima we akorera Umwami wacu (Abaroma 12:11). Umushoboze kuba nk'igiti cyatewe hafi y'imigezi yawe y'amazi atemba,

cyera imbuto zacyo mu gihe cyacyo. Ntarabe ngo yume bitewe n'igitutu, ahubwo akure kandi atere imbere (Zaburi 1:3).

Amasomo ya Bibiliya yagufasha

“Hari umuntu w’umunyamwete mu byo akora ubonye? Bene uwo azaba imbere ku mwami, ntazakorera abagufi.”

Imigani 22:29

“Ntukarushywe no gushaka ubutunzi, ihebere bwa bwenge bwawe. Mbese wahanga amaso ku bitariho? Kuko ubutunzi butabura kwitera amababa, bukaguruka nk’uko igisiga kirenga mu bushwi.”

Imigani 23:4-5

“Kandi umuntu byamumarira iki gutunga ibintu byose byo mu isi, niyakwa ubugingo bwe? Cyangwa umuntu yatanga iki gucungura ubugingo bwe?”

Matayo 16:26

“Ubute bugoramisha igisenge, kandi amaboko adeha atuma inzu iva.”

Umubwiriza 10:18

“Ubwiza bw’Uwiteka Imana yacu bube kuri twe, kandi udukomereze imirimo y’intoki zacu uyikomeze.”

Zaburi 90:17

IGICE CYA GATATU [Umutungo We]

Umutungo We

Isano iri hagati y'umugabo wawe n'umutungo we igira ingaruka ziremereye haba kuri we n'ibyo abamo byose. Ese ni umunyabuntu cyangwa umunyabugugu? Ese azirikana abandi cyangwa abagirira ishyari? Ese amafaranga ayabona nk'umugisha cyangwa umuvumo? Ese agenzura neza ibyo afite cyangwa ntanabitekerezaho? Ese murahuza iyo bigeze mu gucunga neza umutungo cyangwa biba intandaro y'ubwumvikane buke?

Nta kintu gihoza ku nkeke abashakanye nko kutita ku by'umutungo, kubura amafaranga cyangwa kwishora cyane mu madeni. Keretse gusa dusobanukiwe ko ibyo dufite biva ku Mana kandi ko tugomba kuyemerera ikatubera umugenga wabyo byose, nibwo tuzabasha kutagwa mu mitego iterwa no kugira amafaranga cyangwa kutayagira.

Umugabo wanjye yagiye agira ibimukwiriye bihagije, ariko akazi akora gatuma bigorana kumenya ayo azinjiza n'igihe azayinjiriza; ibi bituma rimwe na rimwe twumva turi hagati yo gukira cyane cyangwa gukena cyane. Umwaka umwe, higeze habaho gusubira inyuma mu by'umuziki, ku buryo benshi byabagezeho. Ndetse n'ibigo byatugombaga amafaranga byagiye bitinda kutwishyura kubera kubura amafaranga. Byatubereye igihe cy'igeragezwa rikomeye, ariko byari butubere ingorabahizi iyo tutaza kugira

ukwizera Imana ndetse ubutunzi bwacu ntibube butagengwa na Yo. Amahoro yacu yashimangirwaga no kuba tuzi ko twubahishije Imana mu kugarura icya cumi ku rusengero. *“Nimuzane imigabane ya kimwe mu icumi ishyitse mubishyire mu bubiko, inzu yanjye ibemo ibyo kurya. Ngaho nimubingeragereshe, ni ko Uwiteka Nyiringabo avuga, murebe ko ntazabagomorerera imigomero yo mu ijuru, nkabasukaho umugisha mukabura aho muwukwiza”* (Malaki 3:10). Twagiye kandi dufasha abantu mu bukene bwabo. *“Hahirwa uwita ku bakene, Uwiteka azamukiza ku munsu w'ibyago. Uwiteka azamurinda amukize, kandi azahirwa ari mu isi, kandi ntumuhe abanzi be kumugirira uko bashaka”* (Zaburi 41:1-2). Twari tunasobanukiwe amasezerano ya Bibiliya agira ati: *“Mwubaha Uwiteka mwa bera be mwe, kuko abamwubaha batagira icyo bakena”* (Zaburi 34:10). Mu by'ukuri twumviraga ijwi ry'Uwiteka. Twari tuzi neza ko nitumugira isoko yacu ndetse tukabaho twumvira amategeko ye, yari budukenure akaduha ibyo dukeneye byose. Ibyo nibyo Uwiteka yadukoreye kandi turishimye. Ibibazo byinshi biterwa n'amafaranga bishobora gukemurwa gusa no kuba ubutunzi bwacu twarabushyize munsu y'uburinzi bw'Imana kandi tukabukoresha nk'uko atuyoboye. Ibyo bisobanuye gutanga igihe atubwiye ngo dutange. Iyo mubigenje mutyo, Imana yasezeranye kubatabara, kubarinda, kubaha umugisha, kubakiza, kandi ikabarindira ubuzima. Iyo mutabigenje mutyo, muba muri kwishyira mu kaga kagera ku mukene: *“Uwica amatwi ngo atumva gutaka k'umukene, na we azataka kandi ntazumvwa”* (Imigani 21:13). Kudatanga, ni ukwibuza ubushobozi bwo kwishimira ibyo ufite kandi bituzanira ibibazo bizadukurikirana mu buzima.

Rwose ni ukuri ko hariho abantu batunze byinshi badatanga. Ariko ugerageje kugenzura ubuzima babayeho, muzasanga hari imigisha y'Imana badafite. Ubuzima bwiza, uburinzi, urukundo, amahoro no kunyurwa ntibibageraho kandi ntibamenya impamvu yabyo. Bagwiza ubutunzi ariko bakabura uko babunezererwamo. Ibyo

byose biterwa nuko batazi ko urufunguzo rudakingurira ku buzima bwiza ari ukumenya Uwiteka kandi tukagenda mu nzira ze. Ibyo bisobanuye gutanga umwanya, imbaraga, urukundo, impano n'amafaranga nk'uko atuyobora.

Sabira umugabo wawe ngo asingire urwo rufunguzo ndetse anasobanukirwe n'ubushake bw'Imana ku mutungo we. Sabira ngo abe umunyabuntu kandi wishimira kubaho mu bushobozi afite atarariye ibirenze ibyo afite. Sinshatse kuvuga ko adakwiriye kugerageza kubona ibirenzeho. Umugabo agenewe ibikwiranye n'umurimo yakoze kandi umugore we akwiriye kumusengera ngo bigende uko. Akazi k'amaburakindi gaherekejwe n'ubukene, kubahirwa, umubabaro, uburwayi no kwifuza ntigakwiriye kuba ubuzima bwacu bwa buri muni. Ndakurarikira gusenga iteka ngo ibigega by'Uwiteka bifungukire umugabo wawe, ariko unasabire ngo ibyo bikorwe n'ukuboko k'Uwiteka. *“Umugisha Uwiteka atanga uzana ubukire, kandi nta mubabaro yongeraho” (Imigani 10:22).*

Isengesho siko iteka rizaturinda ibibazo by'ubukungu, haba ubwo Imana rimwe na rimwe ikoresha ubutunzi kugira ngo iturehereze ku kwiga amwe mu masomo. Ariko amasengesho yawe azarinda umugabo wawe intambara z'ubusa n'umubabaro. icyo Imana yifuza ni uguha umugisha abayubaha, bayizirikana, bagira ubuntu kandi babikije Imana ubutunzi bwabo. *“Kuko aho ubutunzi bwawe buri ari ho n'umutima wawe uzaba” (Matayo 6:21).* Imana ishaka ko umugabo wawe abona Uwiteka nk'ubutunzi bwe bukomeye kuruta amafaranga ye.

Isengesho

Uwiteka, nkweguriye amafaranga yacu yose. Uyabere umugenga kandi uyakoreshe uko ushaka. Dushoboze kuba ibisonga byiza by'ibyo waturagije kandi tugendere mu bushake bwawe igihe tubikoresha. Ndagusabye ngo utwigisha kubaho tubohowe ku madeni aremereye tutabasha kwikorera. Aho twabuze ubwenge, uhasubiranye kandi utubere umujyanama. Nyereka uko narushaho gutuma iby'umutungo wacu birushaho kuba byiza aho kuwukoresha mu bitagira umumaro. Udufashe ngo duhore twibuka yuko ibyo dutunze byose ari ibyawwe kandi tujye tubigushimira.

Ndasenze ngo (Izina ry'umugabo wanjye) aje atera inkunga umurimo wawe ndetse n'abandi nk'uko ubitwigisha mu ijamba ryawe. Umuhe ubwenge ngo abashe gucunga neza umutungo wacu. Umwereke uko akwiriye guteganyiriza ahazaza. Umwigishe uko twakoresha umutungo wacu mu rugero rwiza ntituwusesagure kandi ntitunabeho nk' abanyabugugu. Umuhe kwishyurwa neza bikwiranye n'akazi azajya aba yakozwe, kandi ayo yishyurwa ntiyibwe, ntazimire, ntanyerezwe, ntiyangizwe cyangwa ngo apfushwe ubusa. Umwagure cyane kugira ngo ibyo abona birambe. Ndamusabira ngo ntahangayikishwe n'umutungo wacu, ahubwo abanze ashake ubwami bwawe, kandi azi neza ko nabigenza atyo, azabona ibyo dukeneye byose (Luka 12:31).

Amasomo ya Bibiliya yagufasha

“Ntimugahagarike umutima wo gushaka ibyo kurya n’ibyo kunywa, kandi ntimwiganyire. Ibyo byose abapagani bo mu isi ni byo bashaka, burya So aba azi ko namwe mubikennye. Abubwo mushake ubwami bwe, kuko ari ho ibyo muzabyongerwa.”

Luka 12:29-31

“Kandi umuntu wese Imana yahaye ubutunzi n’ubukire ikamuha ibyo kubirya, akiha umugabane we akanazwira n’umurimo we, ibyo ni ubuntu bw’Imana.”

Umubwiriza 5:18

“Uha abakene ntazakena, ariko ubirengagiza azahaga imivumo myinshi.”

Imigani 28:27

“Nari umusore none ndashaje, ariko sinari nabona umukiranutsi aretswe, cyangwa ngo urubyaro rwe rusabiriza ibyo kurya.”

Zaburi 37:25

“Kandi Imana yanjye izabamara ubukene bwanyu bwose, nk’uko ubutunzi bw’ubwiza bwayo buri muri Kristo Yesu.”

Abafilipi 4:19

IGICE CYA KANE [Iby'Imyororokere Ye]

Imyororokere Ye

Muri iki gitabo, dutangiye kugera ku ngingo zivuga bimwe mu biba nyambere mu buzima bw'umugabo.

Nemera ko dushoboye kunezeza umugabo wacu muri bintu bimuba ku mutima cyane, dushobora no kugira icyo twakora no ku bindi by'ingenzi mu buzima bwe ngo bigende neza.

Nyuma yo kumara imyaka makumyabiri nsengana n'abagore banyuranye dusengera urushako rwabo byaba mu bihe bibakomereye, mu gihombo, mu guhagarika umutima cyangwa mu kubura ibyiringiro, akenshi nasanze ko uko bafata iby'ibigendanye n'imibonanompuzabitsina batabyitaho cyane. Atari uko abagore batita na gato kuri iyo ngingo y'ubuzima bwabo; ahubwo ari uko hari ibindi usanga byabatwaye nko kwita ku bana, akazi, umutungo, inzu yo kwitabwaho, kumva badatuje, ibibarushya, uburwayi n'itunganya zo mu muryango. Ku rutonde rw'ibyo umugore agomba kugira nyambere, ugasanga iby'imibonanompuzabitsina biraza ku mwanya wa nyuma. Kubw'impamvu runaka, bamwe mu bagore bajya bamara ibyumweru, amezi, amezi atandatu, umwaka umwe cyangwa irenze badakoranye imibonanompuzabitsina n'abagabo babo. Havuka ikibazo cy'ingutu, abo bagore bahita batangara cyane. Umugore we akaba yarashoboye kugira uko yitwara muri ibyo bihe ariko burya umugabo aba yarabonye ko ikintu cy'ingenzi kuri we cyirengagijwe.

Ku mugore, imibonanompuzabitsina ifitanye isano cyane n'uburyo yitaweho. Haba ubwo yumva atayitayeho na gato mu gihe umugabo we amurakaza, amukomeretsa, amwirengagiza, amutenguha cyangwa amwihorera ku bw'inyungu z'akazi ke, ntamushyigikire cyangwa akamureka. Naho ku mugabo we, imibonanompuzanitsina ni ikintu akeneye ubwacyo. Amaso ye, amatwi ye, ubwonko n'amarangamutima bye bimera nk'ibihungabanye iyo atabonye ubwo buryo. Bitamugora cyane kumva ibyo umugore amubwira cyangwa kwita ku byo akeneye mu gihe iyo ngingo y'ubuzima bwe iba yirengagijwe. Abagore bo icyo kibazo bakibona mu bundi buryo. Baribwira bati: "Tuzagirana imibonanomupuzabitsina aruko tumaze gukemura ibindi bibazo dufitanye." Gusa biba binashoboka ko mwanabikemura na nyuma yo kuba mwakoze imibonanompuzabitsina.

Ni yo mpamvu rero gukora imibonanompuzabitsina ari kimwe mu bintu by'imbere mu rushako rwanyu. Ikibazo ntikiri mu kumenya niba mumeranye neza cyangwa niba mwumva mubishaka; ikibazo kiri mu kumenya niba koko ushaka kwita kubyo umugabo wawe akeneye nuko umushyikirano mwagiranaga ukarushaho kwaguka. Umugabo biramworohera kuba yakumva ateshejwe agaciro, asuzuguwe, aciwe intege, asenywe bikomeye cyangwa acokojwe muri iyo ngingo igize ubuzima bwe. Bishoboke ko nta handi hashobora kuba hanyura umugabo bikomeye cyangwa ngo yumve yibasiwe nko kuri iyo ngingo.

Ibibazo biturutse ku mibonanompuzabitsina bikunze kubaho kenshi kuko abagore benshi batazi uko Imana ifata iyo ngingo. Ariko Bibiliya irabyerura rwose iti: *"Kuko umugore adatwara umubiri we ahubwo utwarwa n'umugabo we, kandi n'umugabo na we adatwara umubiri we ahubwo utwarwa n'umugore we. Ntimukimane keretse ahari musezeranye igihe, kugira ngo mubone uburyo bwo gusenga, kandi mwongere guhura Satani atabagerageresha iruba ry'imibiri yanyu"* (1 Abakorinto 7:4-5). Imibonanompuzabitsina hagati y'umugabo n'umugore ni

igitekerezo cyavuye ku Mana. Keretse nk'igihe twaba turi mu kwiiriza ubusa no gusenga mu by'umweru runaka cyangwa hari ikibazo cy'umubiri dufite gituma tutegerana, nahubundi nta rwitwaze rundi dufite mu kutayikora mu buryo buhoraho.

Niba twarashyingiwe, imibiri yacu ntiba ikiri iyacu bwite. Dukwiriye kwitanaho mu buryo bw'umubiri, ntutugire icyo twimana. Inshuro zo gukoraho imibonanompuzabitsina zishingiye no kubyo mugenzi wacu akeneye, si byo twe dukeneye gusa. Niba uko witwara ku ku bigendanye n'imibonanompuzabitsina bigarukira ku guhugira ku byo wowe ukeneye cyangwa ibyo udashaka, ubwo ntubona ibintu nk'uko Imana ibibona. Imana itubwira ko umubiri wacu ari uwo gusubizamo imbaraga no kuzuza mugenzi wawe. Iyo mu buzima bw'umugabo ibyo bikemuwe, umugabo n'urushako byongererwa imbaraga. Ariko hari ibicibwa integer iyo ibyo byirengagijwe. Bityo rero uba wijyana mu gishuko, n'ibibazo birenze ibyo wakibwira iyo wirengagije ubwo buryo buruta ubundi bwo gushyikirana. Ibyo kandi bishobora kuba kuri buri wese, ari nayo mpamvu biba ari ingenzi kwita kuri iyo ngingo igize ubuzima bwanyu nk'abashakanye ndetse iby'imibonanompuzabitsina by'umugabo wawe ukabishyira mu isengesho. Icyaba cyiza ni ukubanza ukabisengera mbere y'uko biguhindukira ikintu gikenewe byanze bikunze.

Niba umugabo wawe yifuza ko mukora imibonanompuzabitsina kenshi kandi ukaba usa nk'umusubiza inyuma, saba Imana igufashe guhindura iyo myitwarire yawe. Njye ubwanjye nabonye ko ikibazo cy'imibonanompuzabitsina gikomera by'umwihariko igihe abana bakiri bato kandi ntube ukibona umwanya uhagije wo kwiitaho. Iyo igihe cyo kuryama kigeze, unaniwe cyane wumva icyo wakora gusa ari ukwihirika mu buriri ngo uruhuke. Icyifuzo uba ufite ni kimwe gusa, ni ukuryama vuba bishoboka; mu gihe umugabo wawe we aba afite indi migambi...Nuko ukumva usigaranye ikintu kimwe cyo kumucubya byihuse uti: "Tubireke rwose, ndumva

naniwe!” cyangwa se ukagerageza kumuguyaguya ngo yumve ko unaniwe wiringiye ko agusubiza ngo: “Nta kibazo, iruhukire...” Haba n’ubwo wamugaragariza amatwara atamushimishije ashobora gutuma yiyumva nk’igicibwa cyangwa se akarakara.

Gusa nabonye uburyo bwa kane bwatuma ibintu bigenda neza kurushaho. Ubigerageze kandi urebe niba byagufasha...

Igihe umugabo wawe akubwiye icyo ashaka, nk’uko akenshi abagabo ari bo babishoboye, ntukarebe mu kirere ngo witse umwuka. Ahubwo mubwire uti: “Yego ndabyemeye. Mpa iminota nka cumi n’itanu nze.” (cyangwa icumi, cyangwa makumyabiri, bitewe n’igihe byagutwaral!) Noneho muri uwo mwanya, gerageza kwikoraho uko ushoboye kose. Nk’urugero, jya gukaraba ku buryo wumva uruhutse. Koresha amavuta meza cyangwa umubavu akunda (uwo mubavu uje uwubikira ibyo bihe byanyu byihariye bya mwembi gusa). Isokoze neza. Karaba mu maso kandi usukure uruhu rwawe. Bungabunga ubwiza bwawe ugaragariza umugabo wawe, maze wambare imyambaro uziko ituma urushaho kumukurura. Ntuhangayikishwe n’ibyo ubura: ibyo ntaba anabitekerezaho! Niba ubona hari inenge y’umubiri wawe runaka ikubuza amahwemo, gerageza kwambara ku buryo aho iri utahabona. Mu gihe uri kwitegura, saba Imana igusubizemo imbaraga, n’ubushyashya ndetse n’amatwara meza. Ibyo byose ubikore ku buryo umugabo wawe abona ko utataye umwanya witegura. Ibyo bizamushimisha kandi bituma mwembi muruhuka neza mugasinzira. Ibyo ni ibintu bishobora kugufata umwanya mutoya ariko bigatanga umusaruro mwiza mu buzima bwanyu bw’urushako.

Haba ubwo bibaho noneho mu bundi buryo, noneho umugabo akaba ari we wirengagiza ubushake bwo gukora imibonanompuzabitsina bw’umugore we. Kuba yumva atabishaka bishobora guterwa n’impamvu zinyuranye zaba iz’umubiri, intekerezo cyangwa amarangamutima. Ariko na none niba ubona

asa nk'aho anyuzwe no kumara amezi runaka nta mibonanompuzabitsina, haba hari ikitagenda neza. Bibaye atari ikibazo cy'umubiri, ashobora kuba ari icyatewe no gutsindwa gukomeye, yatengushywe, yihebye cyangwa yumva nta byiringiro afite ku buryo akeneye gufashwa. Isengesho rishobora gutuma umenya impamvu y'icyabiteye kandi ukagikemura. Niba bishoboka, wakitabaza abagufasha b'inzobere. Ibyo nibyo byagufasha kuruta ko mwasaba ubutane cyangwa kubabazanya ku mubiri, intekerezo cyangwa amarangamutima usanga biri mu rushako rutameze neza. Ntukigere wemerera amarangamutima mabi kuzamuka muri wowe nko kumva ubabaye, ushaririwe, uteye agahinda cyangwa kutababarira.

Kora uko ushoboye ugumane amagara mazima kandi uhore ukeye. Niba wumva utishimiye uko uri ngo wite ku mubiri wawe, bikore nk'igikorwa cyiza ugiriye umugabo wawe. Shaka imyenda myiza imushimisha kandi uje uyambara muri kumwe. Sokoza umusatsi wawe mu buryo bushya. Mutunguze amatwara yawe mashya. Tuma intekerezo zawe zigumana ubushya kandi zaguka. Ntukinure aho ntacyo uri gukora.

Igihe iby'imibonanompuzabitsina byirengagijwe mu rushako, ibintu bibi by'ubwoko bwose birawugwirira. Ntuzemere ko iwawe bikubaho. Cunga neza amatariki kandi ntiwemere ko hacaho igihe kinini mudahuza imibiri. Niba ubona hashize igihe mutabikora, saba Imana ikwereke impamvu n'uko wacyemura icyo kibazo. Ntuzigere wibagirwa ko nta rirarenga ngo wiyeze ku bigendanye n'iby'imibonanompuzabitsina, ukurikije ibyaba byarakubayeho mu bihe byashize. Bijya bibaho ko ibibazo bigendanye n'imibonanompuzabitsina bituruka ku byahise mbere y'urushako. Saba Imana ngo igukize kandi ibabohore kuri ibyo bitekerezo. Ukwo kwera gushobora kugaruka igihe gushinze imizi mu mutima wawe.

Byose bitangirana n'isengesho. Ntukishyire mu kaga wirengagiza icyo Imana iguteganyiriza uramutse usengeye iyo ngingo y'ingenzi mu buzima bwawe.

Isengesho

Uwiteka, ha umugisha umugabo wanjye mu by'imibonanompuzabitsina ye kandi umushoboze kunezerwa muri iyo ngingo ikomeye mu buzima bwe. Usubize ibintu mu buryo aho biri ngombwa, uringanize ibikwiriye kuringanizwa. Uturinde kugwingira, gutenguhwa, kunenana, guhugirana, kutababarira, gutakaza ubuzima no kutishima. Ndagusaba ngo buri wese abonere umwanya mugenzi we, dushyikirane byimbitse kandi buri wese aharanire kwita ku byo mugenzi we akeneye.

Udushoboze kubaho mu kwera kw'iby'imibonanompuzabitsina, mu by'intekerezo n'umubiri kandi ukumire buri kintu cyose giturutse ku irari ribi ryadushora mu kwiyaanduza. Utubohore ku kidodo giterwa n'amakosa yacu y'ahashize. Uturinde ingaruka zose zaba izo mu bikorwa n'ibitekerezo by'ibijyanye n'imibonanompuzabitsina twabayemo hanze y'urushako. Uturinde kandi utubohore ku muntu wese watuma dutatira ubudahemuka hagati yacu. Udufashe "twirinde ubusambanyi", kugira ngo "buri wese muri twe amenye gutegeka umubiri we wezwe kandi ufite icyubahiro" (1 Abatesaloniki 4:3-5). Udushoboze kwikorera imitwara y'ibyo twifuzaga. Unyigishe narushaho kugaragara neza nkeye mu maso ye kandi ngo mbe umufasha akeneye. Ndagusabye ngo yaba njye cyangwa umugabo wanjye ko hatagira n'umwe ushakira umunezero hanze y'urushako rwacu.

Nsobanukiwe ko iby'imibonanompuzabitsina ari umurimo ngomba kwitaho mu mibanire n'umugabo wanjye. Mfasha ngo sinzabyitwaze nk'intwara yo kumugenza uko nshaka mwiha cyangwa mwiya ku bw'impamvu zanjye zo kwikunda. Uwiteka, nkweguriye icyo gice kigize ubuzima bwanjye. Unyemerere uje umpindura mushya uko bukeye n'uko bwije. Utume iby'imibonanompuzabitsina bitubera icyo wabigeneye ubirema.

Amasomo ya Bibiliya yagufasha

“Muzibukire gusambana. Ibindi byaha byose umuntu akora bikorerwa inyuma y’umubiri, ariko usambana aba akoze icyaha cyo mu mubiri we. Mbese ntimuzi yuko imibiri yanyu ari insengero z’Umwuka Wera uri muri mwe, uwo mufite wavuye ku Mana? Kandi ntimuri abanyu ngo mwigenge kuko mwaguzwe igiciro. Nuko rero mutume imibiri yanyu ibimbaza Imana.”

1 Abakorinto 6:18-20

“Nuko rero umubiri si uwo gusambana ahubwo ni uw’Umwami, kandi Umwami nawe ni uw’umubiri.”

1 Abakorinto 6:13

“Unywe amazi y’iriba ryawe, amazi ava mu isoko wifukuriye. Mbese amasoko yawe yasandarira hanze, n’imigezi yawe yatemba mu mayira? Bibe ibyawe bwite, kandi ntubikorere ku nzaduka. Isoko yawe ihirwe, kandi wishimire umugore w’ubusore bwawe. Nk’imparakazi ikundwa n’isirabo nziza, amabere ye ahore akunezeza, kandi ujye wishimira cyane urukundo rwe.”

Imigani 5:15-19

IGICE CYA GATANU [Uko Akwitaho]

Uko akwitaho

Luc na Catherine bamaze igihe kinini bashyingiranwe nibwo Catherine yamubwiye ko akomeje ko abona Luc atamwitaho. Nyamara Luc yari umugabo mwiza, ndetse no mu buryo bw'imibiri barahuzaga rwose, ariko hirya y'iyi sano yimbitse, Luc wabonaga atagaragaza ibimenyetso by'uko yita ku mugore we. Si uko Luc atakundaga umugore we; ikirenze ibyo yaramukundaga bihebuje. Ikibazo yari afite gusa ni uko yari yakuze atazi uko bikorwa. Catherine yahoranaga icyo kibazo yiyumvamo ariko akirinda kunenga umugabo we cyangwa ngo amukomeretse. Ariko na Catherine nawe yari afite ikibazo cyo kuba mu bwana bwe ataritaweho bihagije ku buryo yumvaga ko azitabwaho mu rushako rwe. Buri uko Catherine yageragezaga kuganira n'umugabo we kuri icyo kibazo, umugabo we yamuragaye nk'uhinduye amatwara ariko nyuma yaho bigasubira uko byahoze. Ibi byabagejeje mu guhangayika gukomeye ndetse no gukomeretsanya bikomeye.

Catherine bikarangira yumva abuze ibyiringiro ndetse akumva ari gupfira imbere. Ntiyiyumvishaga ukuntu yazakomeza kubaho iminsi isigaye nta kwitabwaho, ariko na none akabona nta kimenyetso na kimwe kigaragaza ko Luc yigeze ahinduka kuri iyi ngingo.

Bitewe n'uwo mutwari, Catherine yagejeje ikibazo cyo ku bo bafatanije gusenga. Baramusengeraga buri cyumweru kandi Imana

yagize icyo ikora mu buzima bwa Catherine. Imana yamweretse ko agomba kuyumvira mu bintu bimwe byihariye nko kwita ku mirire ye no gukora imyitozo ngororamubiri, nubwo we yari yarabiteye umugongo kenshi. Ubwo yiyeguriraga Imana byuzuye maze agakora ibyo yamutegetse, yatangiye kumva amerewe neza mu ruhu rwe ndetse ahita abona ko akwiriye kwitabwaho n'umugabo we noneho. Nta mpamvu yari ikwiriye kumutera kumva ababajwe no kuba atitaweho kuko Imana ari Yo yashakaga ko bimera bityo. Yiyumvisemo ko ayobowe n'Imana byuzuye bimubashisha kongera kuvugana na Luc kuri icyo ngingo. Ubu bwo noneho byari ibidasanzwe kuko yari ayobowe na Mwuka Wera, kandi we n'abo bafatanije gusenga bari bamusengeye ngo habeho guhinduka kwa Luc mu buryo bw'igitangaza.

“Nuko Catherine anyerurira ati: ‘Byansabye imbaraga kugira ngo nongere kugarura icyo ngingo mu kiganiro na Luc. Nari mfite ubwoba ko twembi turi buhite dusaba ubutane kuko twari twarakomeretse twembi nta n'ibyiringiro dufite by'uko twabona igisubizo. Ariko Imana yanshoboje kumubwirana urukundo ibyo nagombaga kumubwira; icyo kiganiro cyagize umumaro cyane.”

“Luc abinsubiriramo agira ati: ‘Hari icyabaye gitangaje ubwo Catherine yambwiraga ati: ‘Mukundwa, ni gute umuntu nkawe mwiza cyane, ufite imico myiza, kandi nkaba mukunda cyane kandi mugirira icyizere, ashobora kunanirwa kungaragariza ko anyitayeho?’”

“Catherine abisobanura atya ati: ‘Kuko nari maze kumubwira amagambo amagambo atuma yiyumvamo icyizere, byahise bimufasha kugarura icyizere yumva ko akwiriye kongera kugerageza.’”

Kuri iyi nshuro noneho Luc yabyitayeho cyane. Yasangije ikibazo cye itsinda ry'abagabo bafatanyaga gusenga yabarizwagamo, kandi bahise bifatanyaga nawe mu kugishakira umuti. Ntibamufashije gusa, ahubwo banamuhaye inshingano yo kujya yereka Catherine ko

amwitayeho buri muni mu buryo bumwe cyangwa ubundi, ndetse akajya ababwira aho bigeze.

“Luc agira ati: ‘Ibyo narabyemeye rwose kuko nifuzaga guhinduka. Nkunda Catherine kandi mwifuriza ibyiza gusa. Nifuzaga guhinduka kandi nari nzi ko Mwuka Wera wenyine ari We wabinshoboza.’”

Buri muni, umwe mu bagabo basengana bahamagaraga Luc bakamubaza bati: “Uyu muni ni gute wagaragariye Catherine ko umwitayeho?” Banamugiraga inama y’uburyo yajya amugaragariza ko amwitayeho ndetse bakanamutera umwete. Bamusaba ko yajya abaza Catherine niba abona hari ikiri guhinduka. Ku muntu umutima we utateguwe na Mwuka Wera, gukora ibyo biraruhije. Gusa kuko Luc yemeraga icyo Uwituka yariho akorera mu buzima bwe, ibyo ntibyamubera umutwari na gato.

“Catherine akeye mu maso ati: ‘Kugeza ubu, buri uko atashye, arampobera, akansoma. Nyuma yo kunsoma nka gatanu, mpita ngira ngo nabaye umuntu mushya!’”

Nta kidasanze kiri mu bya Luc na Catherine. Hari abantu benshi, ndetse n’iyo baba ari indahemuka mu kwizera, babayeho nabi mu rushako kubwo kutitana. Abagore benshi bagaragaza kubyihanganira kuko abagabo babo babitwaraho neza mu zindi mpande z’ubuzima cyangwa se bakaba bumva badakwiriye gusaba kwitabwaho n’abagabo babo.

Ariko si uko Imana yateganiye ko abashakanye bamemerana. “*Umugabo ahe umugore we ibimukwiriye kandi n’umugore na we abigenze atyo ku mugabo we*” (1 Abakorinto 7:3). Bibiliya igira iti: “*igihe cyo guhoberana*” (Umubwiriza 3:5). Iyo ushyingirye ni cyo gihe cyo kubikora cyangwa ukabireka. Kwita ku bagore babo ntibikunze kuza ku imbere ku rutonde rw’ibyo abagabo bagira nyambere. Kuko abagabo benshi bumva ko imibonanyompuzabitsina no kwita ku bagore babo ari ibintu bimwe. Icyo umugore akeneye kuruta

ibindi ni ukwitabwaho. Niba ibyo bitarangwa mu rushako rwawe, saba Mwuka Wera ngo aguhindure.

Isengesho

Uwiteka, ndakwinginze ngo utume habaho kwitanaho mu buryo bugaragara hagati yanjye n'umugabo wanjye. Buri wese muri twe umubashishe kutihugiraho ahubwo ngo tugaragarizanye kwitanaho bivuye ku mutima ukunze. Udufashe ngo tugaragarizanye uburyo dukundana cyane kandi twishimirana. Utwibutse buri munsu kwitanaho kandi tugaragarizanye ko dukundana mu buryo bumwe cyangwa ubundi. Uturinde kubaho nk'abakonje, bafungiranye, badahari kandi bitaruye. Udushoboze kuba abafite ubushyuye, boroherana, bitonda, buzuye urukundo n'ubushake. Usenye kwinangira kose kuri mu mitwe yacu n'imitima kugira ngo tubashe guhinduka no gukura. Niba umwe muri twe afite integer nke mu kwita kuri mugenzi we, udushoboze kuba ku rugero rwiza.

Aho twagiye tubiba kutitanaho mu bana bacu cyangwa se tukabaha urugero rubi mu byo kwita kuri mugenzi w'undi, udushoboze kubereka urugero ruhebuje bazashobora kwigana. Twigishe uko twakwaturira abana bacu amakosa twakoreye imbere yabo kandi tunabereke uko dushaka kubaho bundi bushya.

Uturinde amatwara yacu yo kutava ku izima no guhugirana. Uturinde gusigana ngo tugere aho buri wese adashyira imbaraga mu kwita kuri mugenzi we. Udufashe twe gucika intege mu rushako rwacu kubwo kutita kuri iyo ngingo ikomeye yo gushyikirana. Ndagusabye ngo udushoboze guhora "dusuhuzanya dukoresheje gusomana k'urukundo" (1 Petero 5:14). Nzi neza ko imbaraga zihindura za Mwuka Wera zishobora gutuma tugira impinduka zirambye. Niringiye ko ubasha kudahindura tukaba umugabo n'umugore wifuza ko tuba bo.

Amasomo ya Bibiliya yagufasha

“Nuko niba hariho gukomezwa kuri muri Kristo, kandi niba hariho guhumurizwa kuzanwa n'urukundo, niba hariho no gusangira Umwuka, niba hariho imbabazi n'imbabazi n'impubwe, musohoreshe umunezero wanjye guhuriza imitima mu rukundo, mwibwira kumwe muhujwe imitima.”

Abafilipi 2:1-2

“Uko ni ko abagabo bakwiriywe gukunda abagore babo nk'imibiri yabo. Ukunda umugore we aba yikunda, kuko ari nta muntu wakwanga umubiri we, ahubwo yawugaburira akamukuyakuya nk'uko Kristo abigirira Itorero, kuko turi ingingo z'umubiri we.”

Abefeso 5:28-29

“Umuntu wese muri mwe areke kwizirikana ubwe gusa, ahubwo azirikane n'abandi.”

Abafilipi 2:4

“Ukuboko kwe kw'ibumoso kuranseguye, n'ukuboko kwe kw'iburyo kurampfumbase.”

Indirimbo 2:6

“Ntibakagire umuntu wizirikana ubwe, ahubwo azirikane na mugenzi we.”

1 Abakorinto 10:24

IGICE CYA GATANDATU [Ibimushuka]

Ibimushuka

Kuva njye na Michael twashyingirwa, nasabye Imana ngo iturinde ibishuko byo mu buzima. Sinzi niba ari ukubera amasengesho cyangwa ari uko twakomeje kuba maso, ariko muri twembi nta wigeze ashidikanya kuri mugenzi we. Nzi neza ko ibyo twabishobojwe n'ukuboko kw'Imana hejuru yo kuba twaritwararitse, nyamara ibyo byombi ni ingenzi cyane.

Nzi abashakanye benshi bagiye bagwa mu busambanyi, ariko kuko umugore yagiye yemera gusenga ndetse n'umugabo we akemerera Imana kumuhindura ngo asubizwe ku murongo, ubu bakaba bameze neza kandi nta cyo bikanga. Uretse gusa isengesho ry'umutima wiyeguriye Imana ndetse n'imbaraga ya Mwuka Wera, nta kindi cyabasha gutuma habaho ibitangaza nk'ibyo ngibyo.

Hari indi nshuti yanjye yari ifite umugabo wagiye akora ibintu bibi mbere y'uko basaba gutandukana. Akenshi byabaga ari imwe mu nshuti ze zikomeye zabiteraga. Ndakemanga cyane uburyo yahitagamo inshuti ze z'igitsinagore, ariko nyamara nzi neza ko yari umwizera w'ukuri kandi wari wariyeguriye gusenga. Yari azi gusenga. Ariko umutima wanga kumvira ijwi rya Mwuka Wera ntujya uhinduka n'iyi wasenga ute.

Ibishuko biri ahantu hose ndetse tuba twibeshya rwose igihe twibwira ko umugabo wacu adashobora gushukwa mu buryo bumwe cyangwa ubundi. Bibiliya ivuga ko: “*Amaso y’umuntu ntabaga kurora*” (*Imigani 27:20*). Niba ibyo ari ukuri, gushukwa biba bishoboka cyane ari yo mpamvu dukwiriye guhora turi maso. Abantu bamwe bashukwa n’inzoga n’ibiyobyabwenge, abandi bagashukwa n’irari cyangwa umururumba cyangwa inyota y’ubutware. Abandi bakabatwa n’ibyo kurya, porunogarafiya, gusayisha kandi ugasanga ntibakibasha kubyirinda. Umwanzi w’ubugingo bwacu azi neza aho umubiri wacu ugira integer nke bityo ashyira ibishuko aho tunyura ngo biduhitane. Bityo rero ikibazo ntikiri mu kwibaza niba twahura n’igishuko ahubwo ni ukumenya uko tuzacyitwaraho kije. Nkwifuriye ko wahangana nacyo ukoresheje isengesho kuva ku itangiriro kugera ku iherezo. Niba isengesho ridashobora kubuza umuntu gukora icyo ashaka gukora ariko ryagabanya amajwi y’ibishuko kandi rikatwongerera imbaraga zo kukinesha. Isengesho rishobora kudungurira amayira adushoboza guhitamo neza.

Bibiliya itubwira ko Imana itajya idushuka. Ahubwo ibyo turarikiye nibyo bidukurura bikatuyobya. Ibyo turarikiye nibyo bidusunikira mu byaha ndetse tukugururira amarembo urupfu mu buzima bwacu. Ariko “*Habirwa umuntu wihanganira ibimugerageza, kuko namara kwemerwa azahabwa ikamba ry’ubugingo, iryo Imana yasezeranije abayikunda*” (*Yakobo 1:12*). Imana ishaka ko tunesha ibishuko kuko yifuza kuduha umugisha. Ariko ishaka no kureba niba yatugirira icyizere mu kugira amahitamo meza ngo tubashe kunesha ibyifuzo by’imibiri yacu. Izaducira akanzu niba tuyifuza cyane ngo idutabare.

Igihe cyiza cyo gusengera ibyo ni igihe biba bitarabaho. Yesu yigishije abigishwa be atyo ati: “*Nimusenge kugira ngo mutagwa mu moshya*” (*Luka 22:40*). Yongera kutubwira ati: “*Mube maso musenge, mutajya mu moshya*” (*Mariko 14:38*).

Niba umugabo wawe ari ku rugamba rw'ibintu runaka, musengere kugira ngo agire abafatanya nawe gusenga b'indahemuka abo ashobora gusangiza urugamba arimo, akababwira byose ndetse bakamusengera. Kwaturira icyaha cyacu imbere y'Uwiteka n'abavandimwe bacu bituma imbaraga z'umushukanyi zicogora.

Gusa birababaje kuba abagabo benshi banga kwatura ngo bavuge aho batsindwa, nuko bikabaviramo kwibuza uburinzi bari buhabwe.

Niba nyuma yo gusenga ushimikiriye, umugabo wawe akomeza kugwa mu gishuko, ntuzumve ko ari wowe wabiteye. Umwanzuro wa nyuma ni uwe. Ubwo azaba yahisemo gukurikiza kamere aho gukurikiza Mwuka. *‘Ndavuga nti: ‘Muyoborwe na Mwuka’, kuko ari bwo mutazakora ibyo kamere irarikira, kuko kamere irarikira ibyo Mwuka yanga, kandi Mwuka yifuza ibyo kamere yanga kuko ibyo bihabanye, ni cyo gituma ibyo mushaka gukora atari byo mukora’* (Abagalatiya 5:16-17). Ntuzarekere kumusengera na rimwe. N'iyi byagaragara ko ntacyo bitanga kuko buri gihe ahora agwa mu gishuko, menya ko Imana yateganiye uburyo bwo kugicikaho kandi ko ushobora kuba igikoreshe Imana ishaka kwifashisha ngo ashobore kubona ubufasha. Niba nta kibazo cy'ibishuko ufite mu rushako rwawe, ubishimire Imana kandi usabe ko byahora ari uko bimeze.

Isengesho

Uwiteka, ndagusabye ngo uhe imbaraga umugabo wanjye zo kunesha igishuko cyose kiri mu nzira anyuramo.

Vanaho bri gitekerezo kibi cyose kiri mu mutima we mbere yuko kimuzamukamo kikamunesha. Ntumutererane mu gishuko, ahubwo umukize ikibi: ubusambanyi, porunogarafiya, ibiyobyabwenge, inzoga, kubatwa n'ibyo kurya, urusimbi, n'andi mabi. Mutandukanye n'ibimushuka, by'umwihariko mu bigendanye n' (Vuga igishuko runaka). Muhe imbaraga aho afite integer nke.

Mufashe kunesha ikintu cyose gishaka kumwizingiraho. Mushoboze kuvuga atya ati: "Sinzagira ikintu kidakwiriye nshyira imbere yanjye. Nanga imirimo y'abiyobagiza, ntizomekana nanjye" (Zaburi 101:3).

Uwiteka, wavuze ko: "Umuntu utitangira mu mutima ameze nk'umudugudu usenyutse utagira inkike" (Imigani 25:28). Ndasenze ngo (Izina ry'umugabo wawe) ntashegeshwe n'imbaraga z'ikibi, ahubwo ashobozwe kunesha n'imbaraga z'Imana. Umugoteshe urukuta rumukingira. Umwuzuze Mwuka wawe wera kandi wigizemo buri kimwe cyose kidaturutse iwawe. Umushoboze kuwiyitaho no kwitegeka ngo aneshe buri kimwe cyose cyamubera umutego umugusha. Umushoboze kuzibukira ikibi maze agundire icyiza (Abaroma 12:9).

Ndasenze ngo azinukwe igishuko aho kiva kikagera. Umuhe imbaraga zo kutabyitaho. Umwigishe kuyoborwa na Mwuka kugira ngo adakurikiza ibyo kamere irarikira.

Amasomo ya Bibiliya yagufasha

“Umuntu niyoshya gukora ibyaha ye kuvuga ati: ‘Imana ni Yo inyohereje’, kuko bidashoboka ko Imana yoshywa n’ibibi, cyangwa ngo na Yo igire umu ibyohesha. Ahubwo umuntu wese yoshywa iyo akurume n’ibyo ararikiye bimushukashuka. Nuko iryo rari riratwita rikabyara ibyaha, ibyaha nabyo bimaze gukura bikabyara urupfu.”

Yakobo 1:13-15

“Nta kigeragezo kibasha kubageraho kitari urusange mu bantu, kandi Imana ni iyo kwizera kuko itazabakundira kugeragezwa ibiruta ibyo mushobora, ahubwo hamwe n’ikibagerageza izabacira akanzu, kugira ngo mubone uko mubasha kucyihanganira.”

1 Abakorinto 10:13

“Tugendane ingeso nziza nk’abagenda mu mucyo, tutagira ibiganiro bibi, tudasinda, tudasambana, tudakora iby’isoni nke, tudatongana kandi tutagira ishyari. Ahubwo mwambare Umwami Yesu-Kristo, kandi ntimuhe urwaho imibiri yanyu ngo ibone uko ikora ibyo yifuza.”

Abaroma 13:13-14

“Dore imirimo ya kamere iragaragara ni iyi: ‘gusambana no gukora ibiteye isoni n’iby’isoni nke, no gusenga ibishushanyo, no kuroga no kwangana no gutongana, n’ishyari n’umujinya n’amahane, no kwitandukanya no kwirema ibice, no kugomanwa no gusinda, n’ibiganiro bibi n’ibindi bisa bityo. Ndababwira hakiri kare nk’uko nababwiye kera, yuko abakora ibisa bityo batazaragwa ubwami bw’Imana.”

Abagalatiya 5:19-21

IGICE CYA KARINDWI [Ibitekerezo Bye]

Ibitekerezo bye

Nahoze ngira ngo ibigora umugabo wanjye mu bitekerezo akenshi ko bishobora kuba biterwa n'ubuhanga bwe mu by'umuziki. Nkeka ko muzi uburyo abanyamuziki bitwara—uruhande rumwe aba ameze neza cyane, urundi ruhande akaba yijimye ndetse yumva abangamiwe. Iyo yabaga yumva atamerewe neza, yibwiraga mu mutima we ko ari buthindwe, ko nta n'icyo amaze, kandi ko adashoboye gukora ibyo yakagombye gukora. Nasanze ibyo atari ukuri kuko yashoboraga kugira ibyo bitekerezo no mu gihe cyiza aho mu kazi ke byabaga bimeze neza. Byantwaye igihe kinini ngo menye ko izo ntambara zo mu bitekerezo bye byabaga bidatewe n'uko ari. Kandi ntiyagombaga kuzirwana wenyine. Iyaba njye nawe twari umwe, ikibi cyari bumugereho nanjye cyari bungereho. Nashoboraga kuba ndi kumwe nawe nuko nkagira nti: “Si Imana iri kuvugana n'umugabo wanjye, ahubwo ni ijwi ry'umwanzi. Sindi burebere nta cyo nkora kandi umwanzi yibasiye ibitekerezo by'umugabo wanjye ndetse n'ubuzima bwacu twembi.”

Nuko mpita mfata umwanzuro wo kugira icyo mbikoraho mu “guhagarara tudatsinzwe n'uburiganya bwa Satani” (Abefeso 6:11) mfasha umugabo wanjye. Bibiliya nayo iti: “Musengeshe Umwuka iteka mu buryo bwose bw'igusenga no kwinzinga, kandi ku bw'ibyo mugumye rwose kuba maso, musabire abera bese” (Abefeso 6:18). “Abera bese” ni abantu bese harimo n'umugabo wanjye rwose. Nuko ndasenga

nshimikiriye cyane nsabira umugabo wanjye, nuko amezi yakurikiyeho ntangazwa no kubona umusaruro ushimishije. Ibyo ntibyatumye abasha kumenya gutegeka bya bitekerezo bye gusa, ahubwo mu isengesho nabonaga ibitero by'umwanzi mbere y'uko bitugeraho ngo Satani atwigarurire. Ikindi nuko uko umugabo wanjye yabonaga musengera, niko yarushagaho gusobanukirwa aho ibinyoma byamuzaga mu ntekerezo byabaga biturutse ndetse akirinda kubiha urwaho.

Uko narushagaho kuzenguruka igihugu nigisha, nagiye ngira amahirwe yo kuganira n'abagore benshi banyuranye, natunguwe no kubona ko iki kibazo kiri ahantu hose. Ibi navumbuye ko bidaterwa n'imiterere y'umugabo cyangwa ubuzima yabayemo, ahubwo abagabo bose bakunze kugira ibyo bitekerezo by'ibinyoma. Nahise mbona ko abagabo bose aho bava bakagera bahuje umwanzi uhora iteka ashaka kubateshura ku cyo Imana ishaka ku buzima bwabo. N'abagore nabo ni uko, ariko abagabo bo bisa nk'aho ari bo uwo mwanzi yibasira cyane mu mpande zinyuranye z'ubuzima. Ndetse n'umugabo ushobora kuba akomeye kuruta abandi, aya agera ubwo yumva acitse intege, byamuyobeye, aremerewe, yihebye cyangwa akisanga ari mu bitekerezo bimujyana kure y'Imana. Akenshi ntajya abona ko ari imitego umwanzi yamuteze ngo amwizeze ko ibyo ahura nabyo atabasha kubinesha. Nuko ibitekerezo bye bikuzuramo amagambo nk'aya "uwihebye", "utagize icyo amaze", "Gutsindwa", "Ntibishoboka", "birarangiye" cyangwa "ese ubundi kugerageza bimaze iki". Umugore akwiriye gusengera umugabo we ngo abashe kuvumbura iyo mitego maze ngo abashe kwiyumvamo amagambo nk'aya "ibyiringiro", "uburumbuke", "birashoboka", "intsinzi" cyangwa "intangiriro nziza", kandi akaba azi neza ko ayo magambo avuye ku Mana.

Intwari ebyiri zikomeye umugabo wawe ashobora kwifashisha ngo aneshe ibyo bitekerezo by'ibinyoma ni Ijambo ry'Imana no guhimbaza. *"Kuko Ijambo ry'Imana ari rizima, rifite imbaraga kandi*

rikagira ubugi buruta ubw'inkota zose, rigahinguranya ndetse kugeza ubwo rigabanya ubugingo n'umwuka, rikagabanya ingingo n'umusokoro kandi rikabangukira kugenzura ibyo umutima nibwira ukagambirira" (Abaheburayo 4:12). Mu kuvuga Ijambo ry'Imana, ushobora gutahura ibitekerezo bibi ndetse ukabizibukira. Niba umugabo wawe atajya abikora ubwe, ushobora kwaturira Ijambo ry'Imana ku buzima bwe, ahari cyangwa se mu isengesho kandi uzabona ingaruka nziza. Ibyo nagiye mbikorera umugabo wanjye kandi yatanga ubuhamya ko byamugiriye akamaro. Nkunze guhora mwibutsa yuko Imana itaduhaye umwuka w'ubwoba, ahubwo yaduhaye uw'urukundo n'ubwenge, bishatse kuvuga ko yaduhaye kugira ibitekerezo bitunganye (bitekereza neza cyane) (2 Timoteyo 1:7). Mpora mubwira ko musengera iteka ngo ibyo bitekerezo bitunganye bimugenge ibihe byose.

Guhimbaza nabyo ni uburyo bwiza bufite imbaraga kuko Uwiteka abana natwe iyo tumuhimbaza. Aho Uwiteka ari haboneka gukira indwara no guhindurirwa ubuzima bwacu. *'Kuko ubwo bamenye Imana batayubahirije nk'Imana, habe no kuyishima, ahubwo bahinduka abibwira ibitagira umumaro, maze imitima yabo y'ibirimarima icura umwijima*" (Abaroma 1:21). Urashaka ko ibitekerezo ipfuye bitibasira umugabo wawe? Himbaza Uwiteka waturira ibitekerezo byiza ku mugabo wawe, bityo bizamushoboza kumenya ibitekerezo agumana n'ibyo ajugunya kure.

Ubwihebe, ubusharire, uburakari, ubwoba, kurambirwa, kubura ibyiringiro, ubwigunge, ubwigomeke, igishuko, ikibi ndetse n'indwara byose bihera mu bitekerezo byacu no mu mwuka wacu. Ibyo bintu byose bishobora kwigarurira ubuzima bwacu kuko tutabashije kugenga ibitekerezo byacu mbere ya byose.

Niyo mpamvu Imana itubwira ko tudakwiriye gufata ikivuzwe cyose nk'ukuri. *"Ariko ubwoko bw'abagome nabutegeraga amaboko umunsi ukira, bagendanaga ingeso mbi bakurikiza ibyo bibwira ubwabo*" (Yesaya 65:2). Imana ishaka ko dutekereza ibyayo. *"Nyamara twebwe*

(abizeye) dufite gutekereza kwa Kristo” (1 Abakorinto 2:16). Dusengere abagabo bacu kugira ngo bashyikire gutekereza kwa Kristo kandi ibitekerezo byose babifate mpiri bigengwe n’Imana. Ese hari udakeneye ibyo?

Isengesho

Uwiteka, ndagusabye ngo urinde ibitekerezo by’umugabo wanjye. Umubere ingabo imukingira ibinyoma by’umwanzi. Mufashe ngo abashe gutandukanya ijwi ryawe n’irindi jwi kandi umwereke uko yakwegurira buri gitekerezo cyose nk’uko ubitwigisha. Umushoboze kugira inyota y’ljambo ryawe n’inzara yo kumenya ukuri kugira ngo ajye abasha gutahura buri gitekerezo kiza buhoro buhoro. Umuhe imbaraga zo kunesha ibitekerezo by’ibinyoma. Uhore umwibutsa ko afite gutekereza kwa Kristo. Aho ibinyoma by’umwanzi byamaze kwibasira ibye, ndabyirukanye kandi ndaritse Mwuka Wera ngo atunganye ubugingo bwe. Uwiteka, wampaye ububasha “ku mbaraga z’umwanzi” (Luka 10:19). Ku bw’ubwo bubasha wampaye muri Yesu-Kristo, ntegetse buri mwuka mubi w’ibinyoma ngo uve mu bitekerezo by’umugabo wanjye. Ndahamya ko Imana yahaye (izina ry’umugabo wawe) uburyo bwo gutekereza ibitunganye. Ntazigera abaho ashobewe ahubwo azabaho mu mucyo. Ntazigera ateraganwa n’ibitekerezo bipfuye, nyanduye, ibibi cyangwa ibibogamiye ku kibi, ahubwo azahindurwa agirwe mushya mu bwenge bwe kugira ngo abashe kumenya neza “ibyo Imana ishaka, ari byo byiza bishimwa kandi bitunganye rwose” (Abaroma 12:2).

Umushoboze kuba “ukomereye mu Mwami no mu mbaraga z’ubushobozi bwe bwinshi” (Abefeso 6:10). Umufashe ye kugira icyo yiganyira, ahubwo ibyo ashaka byose bimenywe n’Imana abisabiye kandi abyingingiyeye ashima kandi anakora ibikorwa byiza. Kandi amahoro y’Imana ahebuje rwose ayo umuntu yamenya azarindira umutima we n’ibyo yibwira muri Kristo (Abafilipi 4:6,7). Nuko kandi “iby’ukuri byose, ibyo kubahwa byose, ibyo gukiranuka byose, ibiboneye byose, iby’igikundiro byose n’ibishimwa byose, nihaba hariho ingeso nziza kandi hakabaho ishimwe abe ari byo yibwira” (Abafilipi 4:8).

Amasomo ya Bibiliya yagufasha

‘Nubwo tugenda dufite umubiri w’umuntu ntiturwana mu buryo bw’abantu, kuko intwari zacu atari iz’abantu ahubwo imbere y’Imana zigira imbaraga zo gusenya ibihome no kubikubita hasi. Dukubita hasi buri impaka n’ikintu cyose kishyiriye hejuru kurwanya kumenya Imana, dufata mpirir ibitekerezwa mu mitima byose ngo tubigomorerere Kristo.’

2 Abakorinto 10:3-5

‘Umutima wa kamere utera urupfu ariko umutima w’Umwuka uzana ubugingo n’amahoro.’

Abaroma 8:6

‘Ariko mbona irindi tegeko ryo mu ngingo zanjye, rirwanya itegeko ry’ibyaha ryo mu ngingo zanjye.’

Abaroma 7:23

‘Nuko njyewe mu mutima wanjye ndi imbata y’amategeko y’Imana, ariko muri kamere ndi imbata y’amategeko y’ibyaha.’

Abaroma 7:25

‘Nuko rero ukundishe Uwiteka Imana yawe umutima wawe wose, n’ubugingo bwawe bwose, n’ubwenge bwawe bwose n’imbaraga zawe zose.’

Mariko 12:30

IGICE CYA MUNANI [Ibyo Atinya]

Ibyo atinya

Hariho ibintu byinshi muri iyi dushobora kugirira ubwoba. Twaba twigiza nkana duhakanye uko kuri. Ariko igihe ubwoba butwigaruriye, bukadukoza epfo na ruguru ndetse bukungiza ubuzima bwacu, bituma duhinduka ingaruzwamuheto z'ubwoba. Abagabo bo babogamira aho ngaho cyane batanabizi, akenshi usanga bigaruriwe n'ibi ngo: “None se nibigenda gutya...”: “Nintabona amafaranga ahagije bizagenda bite?”, “Ese hagize ikiba ku mugore wanjye n'abana banjye?”, “Ubu se ndamutse ndwaye?”, “Ese ubucuruzi bwanjye nibuhomba?”, “Ese mbaye ntari umubyeyi mwiza?”, “Ese nintazashobora kwita ku muryango wanjye?”, “Ese nimbangamirwa cyangwa abandi bakansiga?”, “Ese nintabasha kunyura umugore wanjye mu by'imibonanompuzabitsina?”, “Ese bose nibansuzugura?”, “Ese ndamutse nkoze impanuka?”. Ubwoba bushobora kwigarurira umugabo cyane (Zaburi 48:6) ndetse bukamwangisha ubuzima (Zaburi 78:33). Niba ubwoba bwamwigaruriye (Luka 8:37), ashobora no kutabona ibyo Imana yamuteganiye byiza. Mu mwaka wa kabiri njye na Michael dushyingiranwe, twagize uruzinduko mu Butaliyani, mu Bugiriki ndetse no muri Isiraheli turi kumwe na Pasiteri wacu Jack Hayford n'umugore we Anna,

ndetse n'abandi bantu dusengana. Michael ubusanzwe ni umugenzi uba ahangayitse, noneho byabaye akarusho tugeze mu Bugiriki, aho yari ahangayitse bikomeye. Umugoroba umwe muri iyo minsi ishimishije yarambwiye ati:

“Ndumva meze nabi cyane. Ntekereza ko nzasubira iwacu mbere y'abandi bose.”

-Ndamubaza nti: “Ni iki se buriya kiguteye ubwoba?”

-Nuko aransubiza ati: “Simbizi neza. Ariko ndiyumvamo ko nintataha mbere yanyu, ubuzima bwaniye buzaba buri mu kaga.”

Bwari bugorobye, ariko nahise mpamagara Pasiteri wacu kugira ngo mubwire ko twe twari butahe bukeye bwaho. Nzi neza ko yari aryamye ariko yahise asubiza ngo: “Reka nze mbarebe nonaha!”

Yahise aza mu cyumba cyacu nuko Michael amubwira uko yiyumva ntaho amukinze. Jack yahise amushyira ukuboko ku rutugu nuko amubwira urukundo Data wa twese wo mu ijuru amufitiye.

Pasiteri aramubwira ati: “Imana yakugize umwana wayo. Imana yuje urukundo kandi y'inyembaraga iri kumwe nawe ubuzima bwose. Ntugir icyo utinya!”

Jack yahise asengera Michael kugira ngo abashe kubona urukundo rwa Data wa twese uri mu ijuru, kandi yanamugaragarije urukundo umubyeyi rwa kibyeyi. Icyo gikorwa gisa n'icyoroheje nyamara kiyobowe na Mwuka Wera ni cyo cyatumye Michael asa n'ugize ihishurirwa rikomeye. Yabashije kunesha ubwoba yari afite nuko tubasha kuba hamwe n'itsinda twari twajyanye mu rugendo rwose. Ndetse byanabaye ikintu cyiza cyane. Nasamye inda ndi aho I Yerusalemu ndetse umwana wacu Christopher yahise avuka hashize amezi icyenda, avuka neza neza ku munsu Pasiteri wacu yibukaho amavuko ye!

Ibintu bitangaje bibaho mu buzima bwacu, iyo dushyize ubwoba hasi.

Hari itandukaniro riri hagati y'igitekerezo kiza mu bwonko bwacu kigatuma dusenga mu gihe runaka n'igitekerezo cy'ubwoba

kidushegesha bikomeye. Ntitwawirengagiza ijwi rya Mwuka Wera ridusunikira gusengera abagabo bacu, kuko tuba dukeneye kubafasha muri urwo rugamba rwo kurwanya ubwo bwoba buba bushaka kubangiza. Yesu ati: *“Abubwo ndabereka icyo mukwiriye gutinya: mutinye umara kwica umuntu agashobora kumujugunya muri Gehinomu”* (Luka 12:5). Ugutinya duhamagarirwa guhorana ni ugutinya Uwiteka.

Iyo ubayeho ubuzima bwo gutinya wubaha Uwiteka, Imana isezerana kukubohora ku banzi bawe (2 Abami 17:39), kukurinda ikibi (Imigani 16:6), kuguhozaho ijisho ikurinda (Zaburi 33:18), kukugaragariza imbabazi zayo (Luka 1:50), kuguha ubukire n'icyubahiro (Imigani 22:4) kuguha ibyo ukeneye byose (Zaburi 34:9), kuguhishurira icyo mukeneye kumenya cyose (Zaburi 25:14), guha umugisha abana bawe n'abuzukuru bawe (Zaburi 103:17), kuguha ubwishingizi (Imigani 14:26), ubuzima bwujujwe (Imigani 19:23), kurama (Imigani 10:27) ndetse n'ibyo umutima wawe wifuza (Zaburi 145:19).

Ese aho narenzaho iki kindi? Senga Imana yuje urukundo, urukundo rusubiza intege mu bugingo ndetse rugatanga ubwishingizi ngo rugaragire umugabo wawe kandi rumubohore ku byo atinya.

Isengesho

Uwiteka, wavuze mu ljambo ryawe ngo: “Mu rukundo ntiharimo ubwoba, ahubwo urukundo rutunganijwe rwose rumara ubwoba, kuko ubwoba buzana igihano kandi ufite ubwoba ntiyari yashyikira urukundo rutunganijwe rwose” (1 Yohana 4:18). Ndasenze ngo umugabo wanjye umutunganirize mu rukundo rwawe kugira ngo ubwoba butongera kumwigarurira ngo bumubuze amahwemo. Nzi neza ko utamuhaye umwuka w'ubwoba. Ahubwo wamuhaye uw'imbaraga, urukundo n' umwuka wejejwe (2 Timoteyo 1:7). Ndasenze mu izina rya Yesu ngo ubwoba burekere kwigarurira ubuzima bwe. Ijambo ryawe ari ryo rimwinjiramo wese, rimwemeze ko umukunda bihebuje kandi birenze kure cyane ibyo ashobora guhura na byo byose kandi ko nta kizamutandakanya na rwo.

Ndasenze ngo akwemere nk'umubyeyi we umufitiye urukundo rutagajuka, ufite imbaraga zitagereranywa kandi umuba hafi ngo amumareho ubwoba bwose. Uyu muni umubohore ku ngoyi y'ubwoba imwangiza maze ahari ubwoba uhasimbuze gutinya no kubaha izina ryawe (Yeremiya 32:40). Umwigishe inzira zawe, Uwiteka. Umushoboze kugendera mu kuri kwawe. Umuhe umutima muzima utinya izina ryawe (Zaburi 86:11). Umushoboze kubaho adatinya abantu, ahubwo umushoboze guhagarara ashikamye avuga ati: “Uwiteka ni umutabazi wanjye, sinzatinya. Umuntu yabasha kuntwara iki?” (Abaheburayo 13:6), “Erega kugira neza kwawe ni kwinshi, uko wabikiye abakubaha, uko wakoreye abaguhungiraho mu maso y'abantu!” (Zaburi 31:19).

(Izina ry'umugabo wawe), ndakubwiye nti: “Ukomere ntutinye, dore Imana yawe izazana guhora, ari ko kwitura kw'Imana, izaza igukize” (Yesaya 35:4). “Uzakomezwa no gukiranuka, agahato kazakuba kure kuko utazatinya, uzaba kure y'ibiteye ubwoba kuko bitazakwegera” (Yesaya 54:14). “Igiteye ubwoba cya nijoro ntikizagutinyisha cyangwa umwambi ugenda ku manywa, cyangwa mugiga igendera mu mwijima, cyangwa kurimbura gutsemba ku manywa y'ihangu” (Zaburi 91:5-6). Mwuka w'Uwiteka akuzeho, “Umwuka w'ubwenge n'uw'ubuhanga, umwuka wo kujya inama n'uw'imbaraga, umwuka wo kumenya Uwiteka n'uwo kumwubaha” (Yesaya 11:2)

Amasomo ya Bibiliya yagufasha

“Malayika w’Uwiteka abambisha amahema yo kugota abamwubaha, akabakiza.”

Zaburi 34:7

“Nashatse Uwiteka arasnubiza, ankiza ubwoba nari mfite bwose.”

Zaburi 34:4

“Naho nanyura mu gikombe cy’igicucu cy’urupfu, sinzatinya ikibi cyose kuko ndi kumwe nawe, inshyimbo yawe n’inkoni yawe ni byo bimpumuriza.”

Zaburi 23:4

“Ntutinye kuko ndi kumwe nawe, ntukihebe kuko ndi Imana yawe. Nzajya ngukomeza, ni koko nzajya ngutabara kandi nzajya nkuramiza ukuboko kwanjye kw’iburyo, ari ko gukiranuka kwanjye.”

Yesaya 41:10

“Uwiteka ni we mucyo wanjye n’agakiza kanjye, nzatinya nde? Uwiteka ni we gihome gikingira ubugingo bwanjye, ni nde uzampindisha umushyitsi.”

Zaburi 27:1

IGICE CYA CYENDA [Intego Ze]

Intego ze

Buri wese agira intego. Ni yo mpamvu turiho. Ni cyo twahamagariwe, duharanira, dutegura mu buzima bwacu. Mbere ya byose turi hano ku isi kugira ngo duheshe Imana ikuzo ndetse tunasohoze ubushake bwe. Uburyo dusohozza iyo nshingano Imana yaduhaye ni ibya buri wese muri twe. Umugabo wawe akeneye kugira impamvu yo kubaho kwe. Akeneye kumenya ko ubuzima bwe atari impanuka, ahubwo ko ari kimwe mu bigize umugambi wagutse cyane. Agomba kumva neza yuko agomba kugira icyo akora ngo agire uruhare muri uwo mugambi umusumba kure cyane. Iyo avumbuye uwo mugambi uwo ari wo, kandi akabona akora icyo yaremewe, ndetse akaba icyo ahamagarirwa kuba cyo, yumva anyuzwe n'ubuzima. Ibyo kandi bizongera umunezero ku buzima bwawe nk'umugore we.

Niba hari ikintu kimwe nize mu myaka makumyabiri n'itanu mu buzima bw'urushako, nuko umugore adashobora gushyira igitutu ku mugabo we ngo ahinduke gutya cyangwa se kuriya, ariko ashobora kumusengera ngo ahinduke icyo yahamagariwe kuba cyo. Ashobora gusenga ngo Imana imugenze bikurikije umugambi wayo atari uw'ubonetse wese. Icyo azahinduka cyo kizagaragarira mu kumvira ijwi ry'Imana. Kuko Imana *“yaduhamagaje guhamagara kwiera itabitewe n'imirimo yacu, ahubwo ibitewe n'uko yabigambiriye ubwayo, no ku bw'ubuntu bwayo twaherewe muri Kristo uhaye kera kose”* (2 Timoteyo 1:9). Umugabo wawe *“yatoranirijwe kera nk'uko Imana yabigambiriye*

ikora byose nk'uko ibishaka mu mutima wayo" (Abefeso 1:11-12). Gusa na none biragusaba gusenga ngo abashe kumva ihamagara ry'Imana kugira ngo icyo ari cyo n'icyo akora cyose bibe bihujwe m'imigambi Imana ifitiye ubuzima bwe.

Ntibigoye kumenya ko umugabo ari kubaho cyangwa atari kubaho bikurikije imigambi Imana imufitiye kuva ikimurema. Ushobora no kubiyumvamo ko adatuje. Ukabona hari ikitagenda neza, nubwo utabasha kumenya neza icyo ari cyo. Iyo ubana n'umugabo ukurikiza icyo yahamagariwe ndetse agakora icyo yaremewe, ubiyumvamo ko hari umurongo ubuzima bwe buyobowemo, ukabona afite ubwishingizi n'umutekano wimbitse. Ese wowe umugabo wawe umubona ute kuri iyo ngingo? Ese waba uhangayikishijwe nuko ubona ari mu nzira itamuhesha kunyurwa n'ubuzima, ukabona araboshye cyangwa ko asa n'utava aho ari? Niba ari uko bimeze, senga utya uti: "Uwiteka, sanga umugabo wanjye aho ari, umuhishurire icyo wamuhamagariye kuba cyo kandi umufungurire imiryango kugira ngo kuba cyo no kugisohozwa."

Gusenga gutyo ntibivuze ko umugabo wawe azahita akurwa mu kazi yakoraga noneho agahita yitura mu kindi kintu. Ibyo bishobora kubaho ariko igikunze kubaho ni uko uko umugabo yabonaga ibintu guhinduka. Mfite inshuti yitwa David. Yamaze imyaka myinshi akora mu ruganda rukora indege. Igihe yumvaga ihamagara ry'Imana, yahise amenya ko agomba gufasha abasore bakiri bato bafite imiryango ikennye. Kandi yari azi ko bitamusaba kureka akazi yari afite. Yabonye ko ako kazi kamuzaniraga amafaranga menshi yo gukemura iby'umuryango we ndetse akabona n'amasaha ahagije yo gukora uwo mushinga we. Yashyizeho gahunda yo kugemura amafunguro ku miryango iyakeneye, ashiraho ibitaramo by'ubuntu ku basore badafite ubushobozi, agakora ibikorwa bya Gikristo ku batazi ubutumwa bwiza, n'ibiganiro by'amahoro ku bafitanye amakimbirane. Akora

Ihamagara ry’Imana ku mugabo wawe uko ryaba rimeze kose, Imana yaguhamagariye kumufasha kandi no kubigiramo uruhare, byibuze mu isengesho, mu kumutera umwete ndetse no kumufasha by’ako kanya aho bishobotse. Ku bagore bamwe, ibyo bisobanuye kwita ku by’urugo, kurera abana, kumuba iruhande no kumwunganira mu isengesho. Abandi bagore bo bashobora kubigiramo uruhare rw’imbaraga birenze kuba umufasha. Muri ubwo buryo bwose, Imana ntigusaba ibirenze udashoboye cyangwa ibikubuzza kuba uwo uriwe. Hari inshingano Imana yaguhamagariye. Kandi iyo nshingano izahuza n’iy’umugabo wawe, ntibizagongana. Imana si iy’umuvurungano, amakimbirane cyangwa ibidashoboka. Ni Imana igenga ibihe n’amasaha. Bibiliya itubwira ko: *“Buri kuntu kigira igihe cyacyo”*. Niba wariyeguriye Imana, mu gihe runaka, uzashobora gusohoza neza icyo Imana yaguhamagariye.

Isengesho

Uwiteka, ndasenze ngo (izina ry'umugabo wawe) yumve neza ihamagara ufitiye ubuzima bwe. Mufashe ngo abone icyo ari cyo muri Kristo kandi umuhe ubwishingizi bw'uko yaremewe umugambi uhebuje. Amaso y'ubwenge bwe amurikirwe n'umucyo wawe ngo amenye ibyiringiro biherekeje ihamagarwa rye (Abefeso 1:18).

Uwiteka, iyo uduhamagaye, uduha ibya ngombwa byose bikwiriye. Mushoboze kugenda bihuje n'ihamagarwa rye kandi abe umugabo Imana imuhamagarira kuba we. Mushoboze ngo ahore yibuka icyo wamuhamagariye kandi ntumureke ngo arangazwe n'ibindi bitari mu murongo w'ihamagarwa rye.

Vanaho gucika integer agira kugira ngo adateshurwa inzira. Mushoboze kuzamura amaso ye ngo ayageze hejuru y'iby'iki gihe kugira ngo abone umugambi wamuremeye kugenderamo.

Muhe kwihangana ngo amenye kugendera ku isaha yawe itunganye. Ndasaba ngo ibyifuzo by'umutima we bihuze n'ibyifuzo ufitiye ubuzima bwe. Umushoboze kugendera mu nzira yawe kandi yumve icyo uvugana na we.

Amasomo ya Bibiliya yagufasha

“Umuntu wese afite impano ye yahawe n’Imana, umwe ukwe undi ukwe.”

1 Abakorinto 7:7

“Ariko umuntu wese agenze nk’uko Umwami wacu yabimugeneye, kandi amere uko yari ari Imana ikimubamagara.”

1 Abakorinto 7:17

“Ni cyo gituma tubasabira iteka, ngo Imana yacu ibatekereze ko mumeze nk’uko bikwiriye abahamagawe na yo, kandi isohoreshe imbaraga imyifurize myiza yose n’imirimo yanyu yose iwa ku kwizera.”

2 Abatesaloniki 1:11

“Kugira ngo Imana y’Umwami wacu Yesu Kristo, ari Yo Data wa twese w’icyubahiro, ibabe umwuka w’ubwenge no gubishurirwa bitumenye, ngo amaso y’imitima yanyu abone uko ahweza mumenye ibyo mwiringizwa n’Iyababamagaye, mumenye n’ubutunzi bw’ubwiza bw’ibyo azaraga abera, mumenye n’ubwinshi bw’imbaraga zayo butagira akagero, izo iha twabwwe abizeye nk’uko imbaraga z’ububasha bwayo bukomeye ziri.”

Abefeso 1:17-19

“Iguhe icyo umutima wawe ushaka, isohoze inama zawe zose.”

Zaburi 20:4

IGICE CYA CUMI [Amahitamo Ye]

Amahitamo ye

Hari gahunda y'ubucuruzi umugabo wanjye yigeze gushaka ko ngira mo uruhare kandi atarigeze ayimbwira mbere hose, nuko abimbwira yenda kurangira. Akibimbwira numvise binguye nabi imbere muri nje. Igitekerezo yari afite kuri iyo gahunda cyari cyiza ndetse n'intego yayo yari nziza ariko ibyo ntibyambujije kumva merewe nabi muri nje. Numvise ntatuje. Ndetse uko narushagaho gusenga, niko byarushagaho. Nuko mubwiye uko mbyumva, yahise ambwira asa nk'ushaka kwishyigikira gusa ati: "Ese nta cyizere ungirira cyo kuba nafata icyemezo kizima?" Yambwiye ko atifuza ko namuvuguruzi kuri iyo ngingo yari yamaze gufatira umwanzuro.

Aho kwirukira nari mfite gusa ni mu isengesho. Nuko ndasenga; mbwira Imana nti: "Nyereka niba nibeshye kuri iyi ngingo. Nakifuje ko bigenda neza kuko ari igitekerezo cyiza. Ariko niba uko ndi kwiyumva biri mu kuri, ubimuhishurire mu gihe gikwiriye ngo ahagarike iriya gahunda. Umwereke ukuri kandi imiryango uyifunge."

Bwa nyuma aho amasezerano y'iyi gahunda yendaga gusinywa, amaso ya Michael yarahumuwe maze abona ibibazo byinshi bizayavamo bitewe n'abo ngabo yari agiye kugirana anbo amasezerano. Imana yamuhishuriye buri kimwe maze ayo masezerano aba arasheshwe. Nubwo byamugoye gufata uwo

mwanzuro icyo gihe, ariko ashimira Imana ko yamurinze ibibazo byinshi yari buhure nabyo.

Hashize igihe ubwo nari ndimo kwandika iki gitabo, namubajije icyo kuba naramusengeraga yumva byamumariye. Kimwe mu byo yambwiye ni uko amasengesho yanjye yagiye amufasha kugira amahitamo meza. Yarambwiye ati: “Igihe nabaga nsabwa gufata ibyemezo bikomeye, amasengesho yawe yatumaga amaso yanjye afunguka nuko bikandinda kwishora mu masezerano yari buzamviremo ibibazo gusa.”

Dukwiriye kuzirikana ko umugabo wese yibwira ko ibyo aba akora ari byiza. *“Inzira z’umuntu zimutunganiye ubwe”* (Imigani 21:2). Ariko Imana yonyine ni Yo ishobora kuduha umurongo ukwiriye. Ishobora kuduha ubwenge turamutse tubuyisabye. Ubwenge bugeza umuntu ku ntsinzi (Umubwiriza 10:10) kandi butuma dushobora kugira ubunararibonye (Imigani 15:31). Turashaka ko abagabo bacu buzuzwa ubwenge.

Umugabo utari umunyabwenge aba ari umupfapfa. Bibiliya imugaragaza nk’ *“uwiringira umutima we”* (Imigani 28:26). Ahinyura ubwenge (Imigani 23:9). Icyo aba ashaka ni ukuvuga gusa ariko ntatege amatwi (Imigani 18:2). Mu yandi magambo ntacyo mwamubwira ngo acyumve.

Ni umunyamahane (Imigani 20:3), umunyaburakari kandi wibona iyo ushatse kumugira inama (Imigani 14:16). Umupfapfa ni wa wundi udashobora kureba kure ngo amenye ingaruka z’ibyo akora. Bimuviramo kutagira amahitamo meza. Niba umugabo wawe ari uko ameze, senga Imana ngo imuuhe ubwenge. Niba umugabo wawe atari nk’umupfapfa buri gihe, ariko rimwe na rimwe ukabona afite imyitwarire y’ubupfapfa, ntugerageze kumuhindura. Imana yonyine ni Yo yabishobora. Inshingano yawe ni ukumukunda no kumusengera. Bibiliya igira iti: *“Kubaha Uwiteka ni ishingiro ry’ubwenge, kandi kumenya Uwera ni ubuhanga”* (Imigani 9:10). Ibyo bisobanuye ko ushobora gutangira kumusengera ngo yuzure

gutinya no kubaha Uwiteka. Kandi unamusabire ngo ahabwe inama nziza: *"Hahirwa umuntu udakurikiza imigambi y'ababi"* (Zaburi 1:1).

Niba ukomeje gusabira umugabo wawe ngo agire ubwenge n'inama nziza, nubwo yakomeza kugira amahitamo mabi, wowe uzaba utuje wumva ko wakoze uruhare rwawe kandi ko Imana na Yo izatuma ibintu bigenda neza.

Igice kinini cy'ubuzima bwacu kigerwaho n'ingaruka z'ibyemezo abagabo bacu bafata. Dukwiriye gusenga kugira ngo bajye bagira amahitamo meza!

Isengesho

Uwiteka, uzuzwa umugabo wanjye kugutinya no kukubaha kandi umuhe ubwenge mu byemezo byose afata. Ajye akubahisha, wowe n'inzira zawe zose, ashakashaka uko yagendera mu kuri kwawe. Umushoboze kumenya no gusobanukirwa kugira ngo afate ibyemezo bishingiye ku cyo umuhishurira. Umufashe kugira amahitamo akwiriye kandi umurinde ubupfu bwose. Umubohore ku bupfu bwose kandi umushoboze kumenya neza aho ikibazo kiba kiri kugira ngo acyirinde. Umufungure amaso kugira ngo ajye abona neza mbere ingaruka z'imyitwarire ye.

Ndasenze ngo yumvire inama nziza kandi ntabe utava ku izima. Umuhe imbaraga zo kudakurikiza inama mbi kandi umfasha kumvira inama zawe hejuru y'izindi zose. Mpamanyije n'ijambo ryawe rivuga ngo: "Mu mutima w'umuntu habamo imigambi myinshi, ariko inama y'Uwiteka ni yo ihoraho" (Imigambi 19:21). Unamuhugure nijoro (Zaburi 16:7). Ndasenze ngo kuva mu gitondo ajye akora igikwiriye aho gukurikiza kamere ye. Uwiteka, nzi neza yuko ubwenge bw'iyi si ari ubupfu imbere yawe (1 Abakorinto 3:19). Ndamusabiye ngo ntiyemere kuyobya, ahubwo ngo amaso ye ayahoze kuri wowe ndetse n'amatwi ye ayagutegere.

Amasomo ya Bibiliya yagufasha

“Kugira ngo umunyabwenge atege amatwi yunguke ubwenge, kandi umuhanga agree ku mugambi itunganye.”

Imigani 1:5

“Ntishime ubwenge bwawe, ujye wubaha Uwiteka kandi uve mu byaha.”

Imigani 3:7

“Kubaha Uwiteka ni ishingiro ryo kumenya, ariko umupfapfa ahinyura ubwenge n'ibibwiriza.”

Imigani 1:7

“Nibwo bazantakambira nkabihorera, bazanshakana umwete ntibazambona. Kuko banze kumenya, kandi ntibahisemo kubaha Uwiteka. Ntibemeye inama zanjye, bahinyuye guhana kwanjye kose.”

Imigani 1:28-30

“Umuntu ujarajara akava mu nzira y'ubwenge, azaba mu iteraniro ry'abapfuye.”

Imigani 21:16

IGICE CYA CUMI NA KIMWE [Ubuzima Bwe]

Ubuzima bwe

Mu myaka myinshi yamaze, umugabo wanjye ntiyashishikariraga gukora imyitozo ngororamubiri. Nahoraga mubwira, mwinginga, mwereka akaga afite ko kuba atayikora, nkanabimubwirana amarira musobanurira ko ntashaka kuba umupfakazi; nyamara we nkabona ntabyitaho. Nuko umunsi umwe, nibwiye ko niba isengesho rishobora gukora ku zindi mpande zigize ubuzima bwe, binashoboka ko ryagira icyo rimara no kuri iyo ngingo! Nuko mpitamo gukoresha uburyo bwa “Ceceka maze usenge”, nsaba Imana ngo imuhe kwifuza n’umwete wo gukora imyitozo ngororamubiri buri munsi.

Narasenze amezi arashira kandi nkabona ntacyo bitanga, kugeza ubwo umunsi umwe numvise ibintu bihinda biturutse hirya y’aho nari ndi. Nuko nkurikirana iryo jwi ngo menye aho riva, nuko ntangaye cyane kubwo kunyurwa, mbona umugabo wanjye ari gukorera imyitozo ku itapi izunguruka. Naracecetse sinagira icyo mvuga. Ikirenze ibyo nuko yarimo aterura ibiremereye byibuze gatatu mu cyumweru kuva ubwo. Nuko hashize iminsi yumva amereye neza ndetse anicuza impamvu atari yaratangiye gukora imyitozo ngororamubiri kare, niyemeje kutamubwira amagambo nk’aya ngo: “Kandi nari narabikubwiye!” cyangwa ngo ngire ikindi

mvuga! Icyo gihe ntiyari azi ko ibyo yarimo akora nari narabisenzeye!

Ubuzima bw'umugabo wawe si ubwo kwirengagizwa, imyaka yaba afite yose cyangwa uko yaba amerewe kose. Senga kugira ngo abashe kumenya kwiyitaho; narwara, musengere ngo akire. Nagiye mbona ibisubizo ku masengesho yo gukiza indwara mu buzima bwanjye ndetse no mu bandi, kandi ibyo byatumye ntashidikanya ko Imana yakizaga nk'uko Bibiliya ibivuga ari Yo Mana y'ejo hashize, uyu munsu ndetse n'ahazaza. Nizera ko igihe Imana ivuze ngo: *"Ni njye Uwiteka ugukiza indwara"*, nuko iba ishaka gukiza koko (Kuva 15:26). Mfite kwizera nk'ukwa Yereimiya ubwo yasengaga agira ati: *"Nkiza Uwiteka nzabona gukira!"* (Yereimiya 17:14). Niringira Ijambo rye yavuze ati: *"Nzakugarurira amagara yawe, kandi nzagukiza inguma zawe"* (Yereimiya 30:17).

Yesu *"yatwaye ubumuga bwacu, yikorera n'indwara zacu"* (Matayo 8:17). Yanahaye abigishwa be ububasha bwo *"gukiza indwara zose n'ubumuga bwose"* (Matayo 10:1). Yagize ati: *"Kandi ibimenyetso bizagumana n'abizera ngibi: bazirukana abadayimoni mu izina ryanjye... bazarambika ibiganza ku barwayi bakire"* (Mariko 16:17-18). Mbona ko Imana yitaye rwose ku gukira indwara kwacu kandi nta tariki ntarengwa yabihaye; biterwa no kwizera gusa (Matayo 9:22).

Umugabo wanjye yigeze ambwira akamaro amasengesho yanjye yamugiriye hagati mu myaka ya 1980 ubwo umuganga yamubonanaga ibibyimba byinshi nuko akibwira ko ari ibya kanseri. Ndetse n'undi muganga nawe yabiketse atyo. Nuko bamukorera ikizamini cya biyopusi (biopsie). Muri icyo minsi ubwo Michael yari ategereje ibisubizo, yashatse kwiheba. Yambwiye ukuntu amasengesho yanjye yamugiriye akamaro ubwo namusabira kugira amagara mazima. Ayo masengesho yaramukomeje kugeza ubwo ibisubizo bije bigaragaza ko ibibyimba byari ibya Kanseri. Nuko umuganga wo kubaga abimukuramo kandi nta kindi kibazo yigeze agira hanyuma.

Tuzirikane ko igihe dusenga, n'ubwo twaba dufite kwizera, ijambo rya nyuma n'isaha bifitwe n'Imana gusa. Imana itubwira ko: *"Hariho igihe cyo gukiza"* (Umubwiriza 3:3). Nusengera gukira indwara maze ukabona nta kibaye, ntugacike integer. Haba ubwo Imana ikoresha imibabaro y'umuntu kugira ngo ahugukire Imana ibone uko imubwira. Komeza usenge ariko kandi unamenye kwiringira no kwishingikiriza ku mwanzuro w'Imana.

Ibyo ni ukuri kandi n'igihe dusengera gukizwa kw'umuntu. Nta jambo rya nyuma dufite ku isaha umuntu azapfiraho. Bibiliya itubwira ko *"hariho igihe cyo gupfa"* (Umubwiriza 3:2) kandi ibyo sit we tubifatira umwanzuro ahubwo ni Imana yonyine. Kandi tugomba kwemera ibyo rwose. Dushobora gusenga, ariko Imana ni Yo ifite ibintu mu biganza byayo. Dukwiriye kurekera Imana ubwo bubasha bwayo nta kwigaya, cyangwa kuyirakarira. Sengera ubuzima bw'umugabo wawe, hanyuma igisubizo ukirekere mu biganza by'Imana.

Isengesho

Uwiteka, ndagusabye ngo ushyire ikiganza cyawe gikiza kuri (izina ry'umugabo wawe). Reka buri rugingo rwe rubashe gukora nk'uko wabigennye. Aho bitameze neza mu mubiri, ubisubize ku murongo. Umukize indwara yose, igikomere, ubumuga n'intege nke. Uhe imbaraga umubiri we kugira ngo abashe gukora inshingano ze. Umushoboze kubyuka mu gitondo yaruhutse neza, yongerewe imbaraga kandi yagaruye ubushyashya. Umuhe umutima w'imbaraga udacika intege. Sinshaka ko agira ibibazo by'umutima. Ndamusabiye ngo agire icyifuzo cyo kwita ku mubiri we, ngo arye ibituma agira amagara mazima, akore imyitozo ngororangingo mu buryo buhoraho kandi yirinde igishobora kumwangiza. Umushoboze gusobanukirwa ko umubiri we ari urusengeru rwawe kandi ko agomba kurwitaho (1 Abakorinto 3:16). Ndasenze ngo awukumurikire nk'igitambo kizima, cyera kandi gishimwa nawe (Abaroma 12:1). Igihe arwaye, ndakwingize ngo ujye umwongera imbaraga kandi umukize. Umwuzuze umunezero wawe

n'imbaraga zawewe. Ndagusaba by'umwihariko (Vuga icyo wumva kihariye runaka). Umuhe kwizera kumubashisha kuvuga ngo: "Uwiteka, Mana yanjye! Naragutakiye urankiza!" (Zaburi 30:2). Uwiteka, Urakoze kumera umukiro. Nsabiye umugabo wanjye uburame n'amagara mazima, kandi ngo umunsi w'urupfu nugeze, azaherekezwe n'amahoro utanga kandi uzamurinde kumera umwanya munini ababara yenda gupfa. Uwiteka, Urakoze kuko uzaba witeguye kuzamwakira kandi bikazaba mu gihe wabigennye.

Amasomo ya Bibiliya yagufasha

"Mutima wanjye himba urateye Uwiteka, ntibabwirwe ibyiza yakugiriye byose! Ni We ubabwirira ibyo wakiraniye byose, agakiza indwara zawewe zose."

Zaburi 103:2-3

"Maze bagatakira Uwiteka bari mu byago, akabakiza imibabaro yabo. Akohereza ijamba rye akabakiza indwara, akabakiza kwinjira muri mva yabo."

Zaburi 107:19-20

"Numvise gusenga kwawe mbona n'amurira yawe. Dore nzagukiza."

2 Abami 20:5

"Maze rero umucyo wawe uherako utambike nk'umuseke, ubukire bwawe buzatoha vuba, gukiranuka kwawe kuzakujya imbere, kandi icyubahiro cy'Uwiteka kizaba kigushoye."

Yesaya 58:8

"Ariko rero nzabazanyira kumera neza n'agukiza kandi mbakize, ndetse nzababwishurira amahoro n'ukuri bisesekaye."

Yeremiya 33:6

IGICE CYA CUMI NA BIBIRI [Uburinzi Bwe]

Uburinzi bwe

Ni inshuro zingahe twumvise inkuru z'abantu bari bari ku rugamba, nuko ubwo byabaga bibakomereye cyane nta byiringiro byo gukira, maze mu buryo bw'igitangaza bakarokoka, nyuma bakazamenya ko hari uwari uri kubasengera muri iyo saha y'akaga. Abagabo bacu bahora bari ku rugamba. Akaga kari hose. Imana yonyine ni Yo izi imitego umwanzi aba yateze kugira ngo ateze impanuka, indwara, ibyago, urugomo ndetse no kurimbuka mu buzima bwacu. Muri iyi minsi, ahantu hizewe umutekano ni hacye cyane, ndetse n'iwabo w'abantu. Ariko Imana igira iti: *"Umunyabyaha agenzura umukiranutsi agashaka kumwica"* (Zaburi 37:32-33). Imana yasezeranye ko izatubera *"ingabo ikingira abayihungiyeho"* (Imigani 30:5). Imana ishobora no kubera ingabo ikingira uwo dusengeye ku bwo kwizera kwacu.

Nahoze iteka nsengera uburinzi bw'umugabo wanjye ndetse n'abana banjye mu gihe babaga bari ku rugendo. Ariko igitondo kimwe, Michael arampamagara nyuma gato yuko agiye ku ishuri kuzana umuhungu wacu muto.

"Dukoze impanuka, ariko Christopher nanjye nta cyo twabaye..." Nahise nihutira kujya kubareba, nshimira Imana yabarinze nk'uko nahoraga mbiyisaba mu myaka myinshi yashize. Ubwo nahageraga

nkareba uko imodoka yabaye, numvise ngize ubwoba bikomeye. Hari uko nabyibwiraga nkurikije ukuntu Michael atwara imodoka ye ntoya ya siporo. Iyo modoka yari yagonzwe ku ruhande rumwe n'indi modoka nini cyane yari yayisunikiye ku mbago z'umuhanda. Iyo modoka yarangiritse ku buryo abashinzwe ubwishingize bwayo bavuze ko itasubizwa uko yari iri. Uburinzi bw'Imana gusa ni bwo bwabasha gusobanura ukuntu barokotse iyo mpanuka nta cyo babaye na gito. Hari udukovu duto twari tubari mu gituza no ku ntugu kubera umukandara w'imodoka, nah'ubundi bari kuba barakomeretse bikabije cyangwa se banahitanywe n'iyi mpanuka. Nizera nkomeje ko Uwiteka yasubije amasengesho yanjye nasabiraga abanjye ngo barindwe. Ikindi nuko nahise nasenze ko umugabo wanjye atakongera kugura imodoka ya siporo...

Itsinda dufatanyije gusenga tujya dusenga iteka dusengera uburinzi bw'abagabo bacu, baba bari mu modoka, mu ndege, mu kazi cyangwa bari mu muhanda. Ntituba dukeneye kumenya ubwoko bw'ibibi biba bishobora kubabaho, icyo dukora ni ugusaba Uwiteka ngo abarinde ikibi cyose. Imana yadusezeraniye uburinzi bwayo iti: *"Kuko azagutegekeraga abamalayika be, ngo bakurindire mu nzira zawe zose. Bazakuramira mu maboko yabo, ngo udakubita ikirenge ku ibuye"* (Zaburi 91:11-12). Nyamara impanuka zijya ziba no ku bantu bakunda Imana, kandi bakarokoka mu buryo butunguranye.

Ni yo mpamvu rero gusengera uburinzi bw'umugabo wawe bigomba guhoraho ndetse ntibicogore. Ntuzi igihe ayo masengesho azaba akenewe ku gihe cy'urugamba. Kandi nihagira n'ikimubaho, uzaba ufite ihumure riturutse mu kuba uzi neza ko wari wararitse Uwiteka n'imbaraga ze muri icyo gihe.

Isengesho

Uwiteka, ndagusabye ngo urinde (Izina ry'umugabo wawe) kandi umurindi impanuka yose, indwara yose, ikibi cyangwa ikijyana mu kibi. Umugaragire, by'umwihariko igihe agenda mu modoka cyangwa mu ndege. Umushyire kure y'urugomo n'imgambi y'abantu babi. Mu gihe agenda, urinde intambwe ze. Umurindire mu nzira yawe kugira ngo ibirenge bye bitanyerera (Zaburi 17:5). Ikirenge cye nikinyerera, umusigasire mu mbabazi zawe nyinshi (Zaburi 94:5). Umuhe ubwenge no kuba maso bikwiriye kugira ngo agendere mu mutekano usesuye kandi ntagwe mu kaga (Imigani 3:21-23). Umubere ubuhungiro, imbaraga ze, ingabo ye ndetse n'umudugudu ukomeye (Zaburi 18:2-3). Umushoboze kuba muni y'igicucu cy'amababa yawe (Zaburi 91:1-2). Umubere urutare, agakiza ke ndetse n'uburinzi, kugira ngo adahungabanywa (Zaburi 62:6). Ndanasaba ngo nubwo ibibi byamwegera, ntibizamukoreho (Zaburi 91:7). Umurinde umugambi wose w'umwanzi ushaka kumukuraho (Zaburi 103:4). Umurinde kuva asohotse ndetse yinjiye kuva uyu muni n'iteka ryose (Zaburi 121:8).

Amasomo ya Bibiliya yagufasha

“Uba mu rwibisho rw’Isumbabyose, azahama mu gicucu cy’Ishoborabyose. Ndabwira Uwiteka nti ‘Uri ubuhungiro bwanjye n’igihome kinkingira, Imana yanjye niringira’.”

Zaburi 91:1-2

“Kuko ku munsu w’amakuba azandindisha kumpisha mu ihema rye, mu bwibisho bwo mu ihema rye ni ho azampisha, azanshyira hejuru ampagarike ku gitare.”

Zaburi 27:5

“Naho nanyura mu gikombe cy’igicucu cy’urupfu, sinzatinya ikibi cyose kuko ndi kumwe nawe, inshyimbo yawe n’inkoni yawe nibyo bimpumuriza.”

Zaburi 23:4

“Uwiteka ni igitare cyanjye n’igihome cyanjye kinkingira n’umukiza wanjye, ni Imana yanjye n’urutare rwanjye rukomeye, ni we nzahungiraho, ni we ngabo inkingira n’ihembe ry’agakiza kanjye, ni igihome cyanjye kirekire. Nzajya nambaza Uwiteka ukwiriye gushimwa, ni bwo nzakizwa abanzi banjye.”

Zaburi 17:7-8

IGICE CYA CUMI NA BITATU [Ibimugerageza]

Ibimugerageza

Buri wese agira ibihe biruhije anyuramo. Ibyo ntawe byatera isoni. Ariko isengesho ridushoboza kubwirinda. Gusa si ko iteka bihora. icy'ingenzi cyane ni uburyo twitwara muri ibyo bihe. Niba twuzuye ubusharire cyangwa uburakari, nuko tugakomeza tugakomeza kwiganyira cyangwa kugaya Imana, ibintu birushaho kuba bibi. Ariko iyo tunyuze muri ibyo bihe dusingiza Imana tunayihimbaza, yadusezeraniye kubituvaniramo ikintu cyiza. Imana itubwira iti: *"Mwemere ko ari iby'ibyishimo rwose nimugubwa gitumo n'ibibagerageza bitari bimwe, mumenye yuko kugeragezwa ko kwizera kwanyu gutera kwihangana"* (Yakobo 1:2-3).

Amasengesho y'umugore usengeraga umugabo we muri ibyo bihe ntazahindura ibyo bintu byose ari kunyuramo. Ariko na none niba tutazi icyo umubabaro ari cyo, dushobora kuzaba abantu batagira impuhwe ndetse batihangana. Ariko isengesho rishobora kumushoboza kutitotomba ndetse agashimira Imana, yuzuye ibyiringiro, kwihangana ndetse n'amahoro muri ibyo bihe. Isengesho rizamurinda gusharirirwa n'imbuto mbi zaturuka mu kwitwara nabi.

Inshuti yanjye Jeanne yabonye umugabo we David yegereza urupfu ku bwo kurumwa n'igitagangurirwa gifite ubumara. Byababereye igihe kibakomereye cyane bombi kandi byamaze igihe kirenze

umwaka kugira ngo babashe kuva mu bibazo byose byatewe n'icyo kibazo. Ikindi nuko ari bwo bari bakigera muri leta nshya, hirya y'umuryango, inshuti n'itorero, utabariyemo ikibazo cy'ubukungu cyatewe n'amafaranga y'umurengerwa kwa muganga babacaga ngo babavure. Bari bafite impamvu nyinshi zo kugira uburakari n'ubusharire, ariko ntibigeze bateshuka ku isengesho. Bahimbazaga Imana kandi bakayihanga amaso nk'ibaha byose bakeneye.

Muri ibyo bihe by'amarira n'ubwoba, Jeanne yasengeye David akomeje cyane ngo adacika intege ageze mu mahina y'urugamba, nuko amusengera ngo akomere ashikame. Imana yarabakomeje, David nawe yarakize, kandi bahindutse abantu bakomeye cyane mu Mwami. Si bo gusa ahubwo ndetse n'abana babo ni abizera bashikanye mu kwizera kandi bakoresha impano zabo zitangaje mu guhimbaza Imana. David yabaye Pasitoro wita ku bigendanye n'umuziki no guhimbaza Imana mu itorero bakoreramo umurimo utanga umusaruro cyane. Ubuzima bwabo ni ubhamya bwo kugira neza kw'Imana, kandi nizera ko uburyo banyuze muri icyo kigeragezo bifatanye isano n'uko babayeho ubu.

Uko twakumva tumerewe kose, iyo dukorera Imana, urukundo rwayo ruhora ruturinzwe buri kanya kose k'imibereho yacu, ndetse no mu bihe bikomeye kurusha ibindi, by'ubwigunge, biryana kandi by'ubwihebe. Uwiteka ahora ari hafi yacu, agirira byose ngo bituzanire ibyiza iyo dusenga kandi amaso yacu akaba amurangamiye ngo adufashe. *"Kandi tuzi yuko ku bakunda Imana byose bifatanyiriza hamwe kubazanira ibyiza, aribo bahamagawe nk'uko yabigambiriye"* (Abaroma 8:28). Umugambi w'Imana mu kutunyuzwa mu bigeragezo akenshi biba ari ukugira ngo atwigishe kubaho duciye bugufi kugira ngo inarijye yacu no kumva twihagije biveho, maze dukure tube abakristo bahimbarisha Imana kugirira abandi impuhwe, kwihangana ndetse n'imbaraga zabo z'iby'umwuka. Byibuze Imana ikoreshe ibihe nka bitatu kugira ngo itwigishe ko

idukunda kandi ko itwitaho bihagije ngo idufashe kunnyura mu bihe bitugora.

Ntekereza ko ibigeragezo byose njye n'umugabo wanjye twanyuzemo byatumye isano yacu n'Imana irushaho gukomera, nubwo twasaga n'abameze nabi muri ibyo bihe bigoye ndetse nta n'igitekerezo na kimwe twari dufite cy'uko ibintu bizarangira. Nyamara uko twasengaga turi muri ibyo bihe bikomeye, twabonye kwizera kwacu gukura ndetse urugendo rwacu n'Imana rurushaho gukomera. Iyo amatwara yacu ari meza, urukundo dufitanye rurushaho kugira imbaraga ku iherezo ry'ibyo bihe.

Niba umugabo wawe ari mu bihe bitamworoheye, mushyire mu ngobyi y'amasengesho, ariko ntiwikorere umutwaro we. Ndetse niwumva ushaka kuwikorera, ntugerageze kwishyiraho uwo mutwaro ngo ube uwawe. Ibyo bishobora kuzarangira yiyumva nk'umunyanteye nke ndetse ari uwo gutsindwa. Ikirenze ibyo, Imana nta na rimwe igusaba gukora umurimo wayo. Imana ntishaka ko usimbura Mwuka Wera ku mugabo wawe. Nubwo waba ubona ubabazwa cyane no kuba ari kurwana ndetse ukumva urashaka kumufasha, wijya mu mwanya wayo. Ushobora kumusengera, kumutera umwete, kumwunganira, ariko Imana ikoresha ibigerageza ku bw'umugambi wayo, tugomba kuyireka igakora umurimo wayo.

Niba umugabo wawe yumva yakubiswe hasi n'ibintu nk'ubukungu bwifashe nabi, indwara, ubumuga, gutakaza ubushobozi, gutakaza akazi, ibibazo afitanye n'abana, amakimbirane yo mu rugo, ibiza n'ibindi byamugwiririyeye, imibanire itameze neza, saba Mwuka Wera agira icyo abikoraho kandi abihindure nk'uko abishaka. Fasha umugabo wawe abirebe mu buryo bwiza. Imibabaro yacu iteshwa agaciro iyo tuyigereraniye n'ubwiza bw'Imana bukorera muri twe, iyo duhisemo kugira amatwara meza ndetse n'igihe turi hagati mu bitugerageza. *"Mbonye yuko imibabaro y'iki gihe idakwirirye kugereranywa n'ubwiza tuzabishurirwa"* (Abaroma 8:18). Mufashe yature aya

magambo ngo: *“Nshobozwa byose na Kristo umpa imbaraga”* (Abafilipi 4:13).

Senga ngo umugabo wawe arushaho kwegerana n’Imana kugeza ubwo amenya neza ko nta kintu na kimwe cyamutandukanya n’urukundo rw’Imana: byaba ibyo anyuramo ubu, cyangwa ibindi bishobora kuzamubaho.

“Kuko menye neza yuko naho rwaba urupfu cyangwa ubugingo, cyangwa abamalayika cyangwa abategeka, cyangwa ibiriho cyangwa ibizaba, cyangwa abafite ubushobozi, cyangwa uburebure bw’igihagararo, cyangwa uburebure bw’ikijepfo, cyangwa ikindi cyaremwe cyose, bitazabasha kudutandukanya n’urukundo rw’Imana ruri muri Kristo Yesu Umwami wacu” (Abaroma 8:38-39). Niba nta kintu na kimwe cyamutandukanya n’urukundo rw’Imana, nuko rero ikizamubaho cyose, akwiriye kugira ibyiringiro.

Ibigeragezo bishobora kutumerera nk’umuriro udutunganya cyangwa nk’ amazi atemba atwoza. Ntushaka ko umugabo wawe ashya ngo akongoke cyangwa ko arohama; urashaka yuko atunganywa ndetse agahindurwa mushya. Imana yasezeranye ko *“Muri ibyo byose turushishwaho kunesha n’uwadukunze”* (Abaroma 8:37). *“Ariko uwihangana akageza ku mperuka ni we uzakizwa”* (Matayo 24:13).

Ni mu igeragezwa umugabo wawe azafatira umwanzuro wo gushikama mu kwizera ategereje ko Imana isubiza amasengesho ye kandi ko azakizwa gutwika n’umuriro ndetse ntazarohama.

Isengesho

Uwiteka, ni wowe wenyine uzi uburemere bw'umutwari umugabo wanjye yikoreye. Nshobora kumva aho ikibazo cy'e gishingiye, ariko ni wowe gusa uzi uburemere kimufiteho. Singomba kugabanya icyo urimo gukorera ubugingo bwe, kuko nzi neza ko utugirira ibyiza bikomeye binyuze mu bigeragezo. Kandi na none singomba kumurinda ibyo wamugeneye ngo anyuremo. Icyo nshaka gusa ni ukumwunganira kugira ngo aye mu rugamba ari umuneshi.

Uwiteka, ni wowe bwihisho bwacu n'imbaraga zacu; ubuhungiro buhoraho mu gihe cyo kugeragezwa (Zaburi 46:1). Uduhamagarira kuza: "twegere intebe y'ubuntu tudatinye, kugira ngo tubabarirwe tubone ubuntu bwo kudutabara mu gihe gikwiriye" (Abaheburayo 4:16). Nuko rero nje imbere y'intebe yawe ngo uhe umugabo wanjye ubuntu bumukwiriye. Uhe imbaraga umutima we muri urwo rugamba kandi umuhe no kwihangana ngo agutegereze mu kwizera (Zaburi 27:1-4). Umufashe ngo akure, kugira ngo ikimubaho cyose abashe gushikama afite imbaraga. Umushoboze kubeshwaho n'iri jambo ngo: "Mwishime mufite ibyiringiro mwihanganira amakuba, mukomeze gusenga mushikamye" (Abaroma 12:12). Umuhe kwihangana kugira ngo asohoze urugamba ariho kandi ntarambirwe, kuko wavuze ko "Kuko umukiranutsi naho yagwa karindwi yakongera akabyuka" (Imigani 24:16). Umushoboze kwibuka ko "Iyo intambwe z'umuntu zikomejwe n'Uwiteka, akishimira inzira ye, naho yagwa ntazarambarara, kuko Uwiteka amuramije ukuboko kwe" (Zaburi 37:23-24).

Ndasenze ngo aguhange amaso kandi akubwire ngo: "Ni koko mu gicucu cy'amababa yawe ni ho ngiye guhungira, kugeza aho ibi byago bizashirira" (Zaburi 57:1). Umushoboze kwiga kugutegereza kuko: "Ariko abategereza Uwiteka bazasubizwamo intege nshya, bazatumbagira mu kirere bagurukishe amababa nk'ibisiga, baziruka be kunanirwa, bazagenda be gucogora" (Yesaya 40:31). Ndasenze ngo ahabwe imbaraga ziva iwawe kandi agutakire, kuko uzamwumva kandi ukazamukiza imibabaro ye yose (Zaburi 34:6).

Amasomo ya Bibiliya yagufasha

“Ni cyo gituma mwishima, nubwo ahari mukwiriye kumara igihe gito mubabazwa n'ibibagerageza byinshi, kugira ngo kwizera kwanyu kugaragare ko kurusha izahabu igiciro cyinshi (kandi izahabu nubwo ishira igeragereshwa umuriro), kandi kugira ngo kwizera kwanyu kugaragare ko ari uk'ukuri, amaherezo kuzababesha ishimwe n'ubwiza n'icyubahiro ubwo Yesu Kristo azabishurwa.”

1 Petero 1:6-7

“Ikoreze Uwiteka umutwari wawe na we azakuramira, ntabwo azakundira umukiranutsi kunyeganyezwa.”

Zaburi 55:22

“Jyeweho nzambaza Imana, Uwiteka azankiza. Nimugoroba no mu gitondo no ku manywa y'ihangu, nzajya muganyira niha, na We azumva ijwi ryanjye”

Zaburi 55:16-18

“Ni Wowe watweretse ibyago byinshi bikomeye, uzagaruka utuzure, utuzamure udukure ikuzimu. Ungwirize gukomera, uhindukire umare umubabaro.”

Zaburi 71:20-21

IGICE CYA CUMI NA BINE [Ubunyangamugayo Bwe]

Ubunyangamugayo bwe

Ubunyangamugayo si kwa kundi uba umeze igihe abantu baguhanze amaso. Ahubwo ni uko uba umeze igihe nta wukureba!

Ni urwego rw'imico mbonera muharanira kugumaho iteka ku buryo nta cyarugukuraho uko byamera kose. Ni urugero fatizo ruhanitse ku buryo rurangwa n'ubupfura, ubunyakuri, kwitwararika, n'icyubahiro. Ni ugukorera abandi icyo nawe washaka ko bagukorera.

Umugabo w'inyangamugayo atekereza ku byo avuga. Ntakina n'amagambo ku buryo ugera ubwo utamenya icyo ashaka kuvuga. Azi kuvuga “Yego” iyo ari “Yego” ndetse na “Oya” igihe ari “Oya”. *“Tbirenze ibyo bituruka ku mubi”* (Matayo 5:37). Ntahindura imyitwarire kugira ngo anezeze buri wese. Intego ye ni ukunezeza Imana no gukora igikwiriye. Umuntu ashobora guhabwa agaciro mu bantu ariko mu maso y'Imana ibye ari ibizira (Luka 16:15).

Umuntu w'inyangamugayo *“icyo yarabiriye naho cyamugirira nabi ntiyivuguruzwa”* (Zaburi 15:4). Afata ijamba mu gihe gikwiriye n'ubwo byamugiraho ingaruka zikomeye. Iyo ageze ahantu hamusaba kugamburura ku byo yemera, arashikama akaba indahemuka.

Ikirenze ibyo byose, ni umuntu w'umunyakuri: ushobora kumugirira icyizere ku bw'ubunyangamugayo bwe. *“Ugenda atunganye aba agenda akomeye”* (Imigani 10:9), kuko ubunyangamugayo bwe bumuyobora ndetse bukamugeza aho Imana iri (Zaburi 41:12).

Umugabo wanjye ni umuntu w'inyangamugayo wagiye agera n'aho yishyira mu mwanya wo kurwanya ibyo yari azi ko bidakwiriye. Ibyo byagiye bimusaba ikiguzi gikomeye. Nagiye musengera iteka ngo afate ibyemezo bikwiriye, ariko sinabigenzaga ntyo nk'aho njye ntahari yarekera kuba inyangamugayo. Ariko naramwunganiye mu isengesho igihe yabaga yibasiwe n'ibimurwanya, kugira ngo ahagarare mu nzira ikwiriye. Bibiliya igira iti: *“Umukiranutsi agendera mu murava we, hahirwa abana be bazamukurikira”* (Imigani 20:7). Abana banjye babimenya cyangwa ntibabimenye, bazagira umurage mwiza kuko papa wabo yagiye ashikama ku mahame y'ubunyangamugayo yo ku rwego rwo hejuru. Bazagerwaho n'imigisha runaka ishingiyeye ku kuntu umugabo wanjye azaba yitwaye. Ndasaba Imana ngo iyo migisha izagera no ku bana nabo bazabyara.

Ubunyangamugayo bushingiye ku mutima. Kuba umuntu w'inyangamugayo ni amahitamo umugabo wawe agomba guhitamo, we ubwe, n'umutimanama we gusa. Ariko ushobora kumufasha mu isengesho ngo aneshe umwanzu umutega imitego, umuhuma amaso ndetse akamubuza gufata icyemezo cyiza. Kandi nanafata umwanzuro mwiza, imbaraga z'umwijima ntizizabyishimira.

Amasengesho yawe ashobora kumurinda ikintu cyose cyamutera gushidikanya maze agahabwa imbaraga zo gukora igikwiriye...ndetse n'igihe nta wumureba.

Isengesho

Uwiteka, Ndagusabye ngo uhindure umugabo wanjye inyangamugayo ku rwego ubishakaho. Umuhe imbaraga zo kuvuga “Yego” igihe biri ngombwa n’umuhati wo kuvuga “Oya” igihe biri ngombwa. Umushoboze gushikama kucyo aziko gikwiriye kandi ntanyeganyezwe kubera igitutu cy’ab’isi. Umurinde kuba umuntu “uhora wiga ariko ntabashe kugira ubwo amenya ukuri” (2 Timoteyo 3:7). Ahubwo umuhe umwuka wo kwiyorosha kandi witeguye kumva ijwi ry’ubwenge kugira ngo akurire mu nzira zawe. Umugire umugabo ugendera mu kuri. Umushoboze kugendera mu Mwuka w’ukuri ibihe byose (Yohana 16:13). Ubane na we kugira ngo ahamye ukuri kugira ngo ubwo azajya aba yugarijwe n’ibimushyiraho igitutu abashe gufata imyanzuro yemye. Aho yagiye ayoba runaka, umuhe umutima wicuza ukemera amakosa ye. Kuko mu Ijambo ryawe utubwira ngo: “Nituvuga yuko ari nta cyaha dufite tuba twishutse, ukuri kuba kutari muri twe. Ariko nitwatura ibyaha byacu, ni yo yo kwizerwa kandi ikiranukira kutubabarira ibyaha byacu no kutwezaho gukiranirwa kose” (1 Yohana 1:8-9). Ntumureke ngo ayobywe. Ntutume abaho mu binyoma uko byamereye kose. Imbabazi zawe nyinshi n’ukuri abyambare mu ijosi kandi byandikwe mu mutima we kugira ngo akugirireho umugisha kandi abashe kuboneka imbere yawe nta kizinga ndetse n’imbere y’abantu (Imigani 3:3-4).

Amasomo ya Bibiliya yagufasha

“Umukene uagenda ari inyangamugayo, aruta ikigenge naho cyaba ari igikire.”

Imigani 28:6

“Gutungana kw’abakiranutsi kuzabayobora, ariko ubugoryi bw’abariganya buzabarimbura.”

Imigani 11:3

“Uwiteka, uncire urubanza rukwiriye gukiranuka kwanjye n’ukuri kundimo!”

Zaburi 7:8

“Uwiteka, uncire urubanza, kuko gukiranuka kwanjye ari ko ngenderamo, kandi niringira Uwiteka ntashidikanya.”

Zaburi 26:1

“Gukiranuka no gutungana binkize, kuko ngutegereza.”

Zaburi 25:21

IGICE CYA CUMI NA BITANU [Uko Avugwa n'Abandi]

Uko avugwa n'abandi

Kuvugwa neza muri iki gihe ntibihamye, by'umwihariko aho itumanaho ryihuta n'imbuga nkoranyambaga byaziye. Kugira ngo umuntu atakaze isura ye y'uko bamufata ntibisaba ibintu byinshi; kuba ari ahantu adakwiye kuba ari mu gihe kidakwiriye birahagije ngo uko abantu bamufata byangirike.

Ntabwo uko abantu batuvuga ari ikintu dukwiye kujenjekera. *"Kuvugwa neza biruta ubutunzi bwinshi"* (Imigani 22:1). *"Kuvugwa neza kuruta amavuta atamye y'igiciro cyinshi"* (Umubwiriza 7:1). Ni ubutunzi dukwiriye kurinda ndetse tukabukundwakaza. Umuntu utita ku kuntu abandi bamufata ashobora kuzisanga nta cyizere bamugirira. Uko abandi badufata bishobora kwangizwa n'ikibi dukora, n'abandi dushyikirana nabo, cyangwa amagambo adafututse dukoresha. Aho hatatu, ikibi kiba ari cyo cyabiteye. Igikorwa cyose kidakwiriye, igihuha kiri gukwirakwizwa, ukwitwara nabi ku bandi, ikinyamakuru kikuvuga nabi bishobora kvanaho ibyo umuntu ashobora kuba yarubatse ubuzima bwe bwose. Isengesho ryonyine ni ryo ryadufasha gutsinda.

Umugabo wanjye rimwe yigeze ahangayikira uko abantu bamuvugaga ubwo ikinyamakuru kimwe cyamuvugagaho ibinyoma. Tumaze kumenya ingaruka bishobora guteza, twahise duhamagara abo twumva bishobora kuba byakomeretsa ngo tubabwize ukuri k'uko ibintu bimeze. Birumvikana ko tutari bushobore guhamagara buri wese, ariko mu isengesho twinginze Imana ngo itubashishe guhamagara abantu bakwiriye batuma Imana isubiza ibintu mu buryo. Ibyari buhinduke umuriro watwika ishyamba byahise biyoyoka rwose nyuma y'umunsi umwe cyangwa ibiri. Ibintu byashoboraga kuba byari budukomerere cyane. Nzi neza yuko imbaraga z'Imana ari zo zadushoboje gusubizwa mu isengesho. Bibiliya itubwira ko umugabo w'umugore w'imicomya yubahwa: *"Umugabo we amenyekana mu marembo y'umudugudu, yicaranye n'abakuru b'ibihugu"* (Imigani 31:23). Ese ibyo bipfa kubaho gusa? Ese kuba umugore w'imico myiza bivuze ko umugabo wawe azavugwa neza? Cyangwa umugore agomba kubigiramo uruhare? Nibyo koko, umugabo azubahwa mu bandi naba afite umugore mwiza, ariko nizera ko niba ari uko bimeze, kuba amusengera n'uko avugwa bizabigiramo uruhare rukomeye.

Isengesho ryo gusabira kuvugwa neza kw'umugabo wawe ntirikwiriye kuba irya hato na hato ahubwo rikwiriye kuba irihoraho. Ariko iteka uzirikane ko ari we ubifitemo uruhare rukomeye. Niba atitondera ijwi n'ubuyobozi bwa Mwuka Wera, ashobora guhitamo kuyoba maze akikururira ibibazo bikomeye.

Niba ari uko bimeze maze uko avugwa bikaba byarahindanye, saba Imana isubize ibintu mu buryo kandi abivemo neza. Kandi ibyo byamushobokera rwose.

Isengesho

Uwiteka, Ndagusabye ngo (izina ry'umugabo wawe) avugwe neza n'abandi kandi uko avugwa neza bigumeho. Nzi yuko umuntu ageragerezwa “mu byo bamwozeza” (Imigani 27:21). Ndagusabye ngo umuhe kubahwa mu mudugudu wacu kandi abantu bamuvuge neza. Wavugiye mu Ijambo ryawe uti: “umuvumo w'ubusa utagira uwo ufataho” (Imigani 26:2). Ndasaba ngo hataboneka impamvu yo gutuma bamuvuga nabi. Umurinde gukurikirwa n'imanza n'ibirego by'urukiko cyangwa n'ibindi bihano bigenwa. Uwiteka, umukize abanzi be. Umurwanirire igihe ahanganye n'abashaka kumugirira nabi (Zaburi 59:1). Urwanye abamurwanya (Zaburi 35:1). Uwiteka, ni wowe niringiye. Uturinde gukorwa n'isoni (Zaburi 71:1). Niba uri mu ruhande rwacu, ni nde waturwanya (Abaroma 8:31)?

Ijambo ryawe rigira riti: “Igiti cyiza ntikibasha kwera imbuto mbi, kandi n'igiti kibi ntikibasha kwera imbuto nziza. Igiti cyose kitera imbuto nziza kiracibwa, kikajugunywa mu muriro” (Matayo 7:18-19). Ndasaba ngo umugabo wanjye ashobore kwera imbuto nziza ziturutse mu byiza bimurimo kandi amenyekanire ku cyiza akora. Reka imbuto z'ubunyangamugayo, zo kubaha ndetse no kwicisha bugufi zoroshye uburyo asabaniramo n'abandi kandi uko bamufata birindwe.

Ubugingo bwe uburinde umwanzi, umurinde ubugizi bwa nabi bw'ababi. Umuvaneho imigozi yazirikishijwe (Zaburi 31:4). Umurinde ubugambanyi bw'abantu babi. Aho yavuzwe ijambo ribi hose, uhacishe umuriro wawe utunganye iminwa yabo. Umushoboze gusohozza inshingano ze neza. Reka abashaka kumukuraho baburizwemo. “Abashakira ubugingo bwe kurimbuka bakorwe n'isoni bamwarane, abishimira ibyago bye basubizwe inyuma bagire igisuzuguriro” (Zaburi 40:14). Umushoboze kukwiringira kandi umurinde guhangayikira cyane ibyo abantu bamuvugaho (Zaburi 56:11). Kuko wavuze ko ukwizera wese atazakorwa n'isoni (Abaroma 10:11). Umuyobore, umugenge kandi umubere igihome kimukingira n'ubuhungiro.

Nuko umucyo we umurikire imbere y'abantu kandi babone imirimo ye myiza bahereke baguhimbaze, Uwiteka (Matayo 5:16).

Amasomo ya Bibiliya yagufasha

‘Mpisha inama z’abakora nabi bangira rwibishwa, n’imidugararo y’inkozi z’ibibi. Batyaje indimi zabo nk’inkota, batamitse imyambi yabo ari yo magambo abishye.’

Zaburi 64:2-3

‘Uwiteka, ne gukorna n’isoni kuko ngutakiye, abanyabyaha abe ari bo bakorwa n’isoni, bacecekere ikuzimu! Indimi z’ibinyoma zigobwe, zivugana umukiranutsi agasuzuguro, n’ubwibone no kugayana.’

Zaburi 31:17-18

‘Namwe muzahirwa ubwo bazabatuka bakabarenganya, bakababeshyera ibibi byinshi babampora. Muzanezerwe, muzishime cyane kuko ingororano zanyu ari nyinshi mu ijuru, kuko ari ko barenganyije abahanuzi ba mbere.’

Matayo 5:11-12

‘Ntukihutire kuburanya mugenzi wawe, yagutsinda wakorwa n’isoni, banyuma ukabura uko ugira. Abubwo mwikiranure muri ukwanyu, kandi ntukabitarange, kugira ngo ubyumva atazakugaya, kandi umugayo wawe ukazaguhamaho.’

Imigani 25:8-10

‘Ni nde uzarega intore z’Imana? Ni Imana kandi ari Yo izitsindishiriza? Ni nde uzaziciraho iteka? Ni Kristo Yesu kandi ari we wazipfiriye, ndetse akaba yazarutse ari iburyo bw’Imana adusabira?’

Abaroma 8:33-34

IGICE CYA CUMI NA BITANDATU [Ibyo Ashyira Imbere]

Ibyo ashyira imbere

Abagabo nabo bafite ibitekerezo ku bintu bashyira imbere. Ariko umugore wese aba yumva yakorera umugabo we urutonde rw'ibintu umugabo agomba gushyira imbere—nyuma yo kuba Imana ari Yo nyambere. Navumbuye ko niba umugore ashaka ko umugabo abikurikiranya atyo, nasanze ko umugore nawe agomba kuba ari uko abigenza mu buzima bwe. Mu yandi magambo, niba ushaka ko umugabo wawe agushyira ku mwanya w'imbere, maze ibindi bikaza nyuma nk'akazi, abana bawe, inshuti zawe n'imirimo yawe, ni ngombwa ko nawe ubigenza utyo ukamugira nyambere. Niba Imana n'umugabo atari bo ushyira imbere mu buzima bwawe, umugabo wawe azashyira ibyo bindi ku ruhembe rw'imbere.

Nzi neza ko bigorana kugira ibyo tugira nyambere ku murongo mwiza, cyane cyane iyo dufite abana bakiri batoya bo kwitaho. Ibyo abana bakenera biba ari iby'ako kanya kandi byihutirwa ndetse uba ugomba kubikemura bikiboneka. Hirya y'ibyo, umugabo wawe ni umuntu mukuru uba ushobora kuba yakwiyitaho. Ariko n'igihe hatari abana, bijya bishoboka ko wahugirana mu kazi, mu by'urugo, inshuti, imishinga, ibikorwa by'inyungu n'ibindi bikorwa. Bityo rero, muri ibyo byose biduhuza, biratworohera kwibagirwa gushyira abagabo bacu mu byo tugira

nyambere mu buzima bwacu cyangwa se tukabatera kwiyumvamo ko batari imbere.

Igishimishije nuko ibyo tugira nyambere bidasaba umwanya munini kuri byo. Bibaye ari ibyo umuntu ugira amasaha mirongo ine mu cyumweru yo gukora, kugira ngo Imana ibe nyambere mu bye byajya bisaba ko amara byibuze amasaha umunani ya buri muni arimo gusenga Imana nta kindi ari gukora. Ni muri ubwo buryo rero umugore nawe atafata igihe cyo kwita ku mugabo we kingana n'icyo akoresha yita ku mwana we muto. Ku bigendanye n'umugabo wawe, ikibazo si ingano y'igihe umara umwitaho, ahubwo ni igihe ufata ugatuma yiyumvamo ko ari nyambere mu byawe byose.

Kumusuhuza gusa mu gitondo ndetse ukamusoma bishobora kumunyura bigatuma yumva ko umugira nyambere mu byawe. Ushobora kumubaza uti: “Ese hari icyo wifuza ko nagukorera uyu muni?” Birumvikana ko bizagusaba kwibuka icyo ushaka kumukorera maze ukagikora! Mubwire ko umusengera kandi umubaze icyo yumva wamusabira ku Mana. Ndetse no kumuteraho akajisho ukamwereka ko umwitayeho nubwo uri muri rwinshi, bimuhishurira ko ari ku ruhembe rw'imbere mu byawe.

Ibyo tugira nyambere bishingiye ku mwanya tubiha mu mutima wacu. Gutegura gahunda zo kuba muri kumwe nk'abashakanye mwenyine, umugoroba umwe, amajoro nk'abiri se muri ahandi, gusangira nimugoroba, cyangwa umwanya wo kuba muri mwenyine nta bana bahari cyangwa inshuti; ibyo byose bihora bimwibutsa ko ari mu mutima w'ibyo ugira nyambere. Niba ushaka ko umugabo wawe agukunda biruseho, nawe ukwiye kumukunda biruseho. Biba akarusho noneho iyo unabisengera.

Niba wumva ko nta mwanya n'imbaraga ufite ugenera umugabo wawe ku mwanya w'imbere kandi ukaba ukora buri kimwe cyose kibonetse, saba Imana ngo yongere ikuzuze Mwuka Wera wayo. Banza ushake Uwiteka, azagufasha kumenya uko ukurikiranya ibintu. Niba uko ukoresha igihe bitagushoboza kubona umwanya wo kubana n'Imana no kuyivomaho imbaraga, hindura uko ukurikiranya ibintu kandi wihe gahunda ugenderaho nshya ya buri muni. Iyo wagenderagaho ishobora kuba itakigufashije.

Mu kazi umugabo wanjye akora, tujya tubona abantu batera imbere vuba cyane. Ikibazo kiba gihari nuko iryo terambere rituma barushaho kurarikira ibyisumbuyeho, ubushobozi n'ubukire. Iyo abo bantu badashyizeho umwete ngo batondekanye ibintu neza mu buzima bwabo, buzura ubwibone nuko bagatwarwa nabwo. Nuko bagatwarwa n'iterambere ryabo, bakareka Imana, umuryango, itorero ndetse n'inshuti, ntibibe bigifite akamaro mu buzima bwabo. Iyo abantu nk'abo bari bameze nk'inyenyeri zigurukira hejuru cyane bahanutse bakagwa hasi, kugwa kwabo kuba kubabaje cyane.

Uko ibyo byaba bingana bite, ntitwifuza ko ibyo byabaho mu buzima bw'abagabo bacu. Sengera ngo Imana ibe nyambere mu buzima bw'umugabo wawe, nuko wowe ube uwa kabiri, abana baze ku mwanya wa gatatu. Nuko uko bizamera kose, ibyo agira nyambere bizaba biri ku murongo neza; nuko muzabana mwembi mu mahoro n'ibyishimo byisumbuyeho.

Isengesho

Uwiteka, ndaguhamya nk'Umwami w'ubuzima bwanjye. Mfasha ngo ngushakashake kuruta ibindi byose kandi ngo ibindi nabyo bijye ku murongo ukwiriye. Mpishurira uko nashyira umugabo wanjye imbere y'abana, akazi, umuryango, inshuti, ibikorwa ngira n'inyungu zanjye. Nyereka icyo nakora kugira ngo mwereke ko afata umwanya wa mbere mu mutima wanjye. Umukie ibikomere nagiye muteza bigatuma abishidikanyaho. Nyereka uko nashyira ibintu mu mwanya wabyo kugira ngo ibintwara umwanya mu busa cyangwa ibidafite agaciro karambye bidafata umwanya w'ingenzi mu buryo nkoresha igihe.

Ndagusabye ngo ibyo umugabo wanjye agira nyambere bibe bihamye kandi byubahirizwe. Umubere Umwami n'Umugenga w'ubuzima bwe. Umushoboze kubaho ubuzima burangwa no kwiyoroshya kugira ngo agire igihe amarana nawe mwenyine kandi ahagume afite ituzza ryo kubana nawe, buri muni. Umuganirize kandi umwemeze ngo agire nyambere kwiga Ijambo ryawe rivuga, gusenga no kuguhimbaza. Umushoboze gutuma nyije n'abana bacu dufata umwanya ubanziriza akazi, inshuti ze n'ibindi bikorwa bya. Ndagusabye ngo abe ari Wowe ashaka mbere na mbere kandi akwihe burundu, ubwo nibwo ibindi bisigaye byo mu buzima bwacu bizajya mu mwanya wabyo ukwiriye.

Amasomo ya Bibiliya yagufasha

“Abubwo mubanze mushake ubwami bw’Imana no gukiranuka kwayo, ni bwo ibyo byose muzabyongererwa.”

Matayo 6:33

“Umuntu wese muri mwe areke kwizirikana ubwe gusa, abubwo azirikane n’abandi.”

Abafilipi 2:4

“Nta wucyeza abami babiri kuko yakwanga umwe agakunda undi, cyangwa yaguma kuri umwe agasuzugura undi. Ntimubasha gukorera Imana n’ubutunzi.”

Matayo 6:24

“Kandi ubwami bwo mu ijuru bugereranywa n’umutunzi ushaka imaragarita nziza, abonye imaragarita imwe y’igicro cyinshi, aragenda agura ibyo yari atunze byose ngo abone uko ayigura.”

Matayo 13:45-46

“Uramye Uwiteka Imana yawe, abe ari Yo ukorera yonyine.”

Matayo 4:10

IGICE CYA CUMI NA BIRINDWI [Imibanire Ye n'Abandi]

Imibanire ye n'abandi

Kubaho wenyine ni akaga. Twese dukenera abantu bo kwizerwa batuma tuguma mu nzira nziza. Buri bantu babiri bashakanye bakwiye kugira byibura abandi bashakanye bane b'abakristo bashikanye bashobora guterana umwete, imbaraga no kunganirana mu buzima bwabo. Kuba hamwe n'abo bantu bigira umumaro wo kuzamura umuntu, bikamukungahaza, bikamushyira ku murongo mwiza ndetse bikanezeza; ibyo bidufasha kubona ibintu mu buryo bukwiriye n'iyi ibintu byaba byazambye. Buhoro buhoro dushobora kwisanga twarakiriye imico myiza ya bagenzi bacu, kandi ibyo birushaho kuba byiza mu rushako.

Ndibuka umunsi umwe ubwo njye na Michael twatonganye mbere yuko tugera mu rugo rw'abandi bavandimwe bashakanye bari badutumiye ngo dusangire ibya nimugoroba. Nuko turi mu nzira, nta n'umwe wavugishaga undi nuko nibaza uko turi bwitware neza tugezeyo kugira ngo tutaza kubangamira abo bandi. Tukigerayo, ubushyuhe bw'urukundo no kwimbika mu by'umwuka twabasanganye byahise byinjira mu bitekerezo n'ibiyumviro byacu. Nuko duhita dutangira guseka tunaganira, tugirana ibihe

byiza, twibagirwa ibyari byatubayeho mu nzira. Izo nshuti zacu ziratangaje cyane kuko ntizaganiraga neza cyane muri uwo mugoroba gusa. Ahubwo iminsi yose bahoranaga umunezero utangwa n'Uwiteka, kandi natwe batwanduje uwo munezero.

Natwe twagiye tugira ibihe bitandukanye n'ibyo noneho. Byagiye bibaho kenshi ko hari abashakanye bazaga iwacu ngo dusangire kandi bafitanye ibibazo, nuko bagatahana amahoro mu mutima wabo. Hari abashakanye babiri rimwe bigeze kuduhamagara habura isaha imwe ngo duhure dusangire ku isaha twari twahanye, nuko ubwo amafunguro yari yiteguwe neza, baraduhamagara ngo batonganye ku buryo biri butume batatubera abashyitsi beza. Nababwiye ko ibyo tubisobanukiwe neza neza kuko natwe byatubayeho, ariko ko twifuzaga yuko baza rwose, wenda ntibagire n'icyo bavuga. Nuko nongera kubabwira nti: “Uko byamera kose, muraza dusangire pe! Nimubona bitameze neza, muri buze kwicara ku mpera z'ameza mutegeranye!” byarangoye kubemeza kuza, ariko byarangiye baje, kandi twagiranye umugore mwiza udasanzwe. Byanarangiye twese duseka ibyari byababayeho mbere yo kuza kandi ikirenze ibyo nyuma baje gutaha bafatanye akaboko ku kandi.

Kuba inshuti nziza n'abantu bakunda Uwiteka ntibipfa kwizana. Tugomba gusenga ngo tubashe kugira abantu nk'abo mu buzima bwacu. Kandi nitubabona, tugomba kurushaho kunoza iyo sano dufitanye binyuze mu isengesho. Dukwiriye ndetse no gusenga ngo turindwe kugira inshuti mbi. Bibiliya itubwira ngo: “*Ntimukeifatanye n'abatizera mudahwanye*” (2 Abakorinto 6:14). Ibyo ntibisobanuye ko tudashobora gushyikirana n'abantu batari abakristo, ariko gushyikirana kwimbitse kwacu gukwiriye kuba ukuduhuza n'abantu

bazi kandi bakunda Uwiteka, bitabaye ibyo tugahura n'ingaruka zikomeye. *“Umukiranutsi ayobora umuturanyi we, ariko inzira y'abanyabyaha irabayobya”* (Imigani 12:26). Niyo mpamvu dukwiriye kubarizwa mu itorero aho dushobora guhura n'abantu dukeneye. Hitamo kugendana n'abantu bazwiho ko ari beza, abo umutima wabo wegukiye Uwiteka.

Kandi unasenge ngo umugabo wawe agire inshuti z'abandi bagabo. Kandi nazibona, umuhe igihe cyo guhura nazo kandi ntubanenge. Izo nshuti zizatuma imico ye irushaho kuba myiza: *“Uko icyuma gityaza ikindi ni ko umuntu akaza mugenzi we”* (Imigani 27:17). Bazamubera abamuhindurira kuba mwiza biruseho. *“Nk'uko amadahano y'imibavu anezeza umutima, ni ko umuntu aryoberwa n'inama ivuye mu mutima w'incuti ye”* (Imigani 27:9). Birumvikana ko igihe na none iyo sano ikabije kumugutwara, ugomba gusenga ngo bibe ku rugero rukwiriye.

Nyuma yuko tubyaye abana, Michael yakoraga amanywa n'ijoro mu cyumweru. Nuko mu mpera z'icyumweru akajya gukina “Golf” cyangwa kureba imikino ya “base-ball” cyangwa iy'umupira w'amaguru ari kumwe n'inshuti ze. Twagiye tubipfa mu buryo bukomeye, nuko tugatongana cyane, kugeza ubwo nabonye ko ntacyo byatanga nkatangira kubisengera ngo Imana imwemeze kandi itume umutima we ugarukira abo mu rugo. Imana yakoze ibikomeye ntari bubashe gukora!

Abagabo ntibagira inshuti nyinshi nk'abagore kubera ko umwanya wabo munini bawumara mu kazi kabo. Ntibajya bashishikarira kugira inshuti za hafi cyane nk'uko twe abagore tubigenza. Aho ni ho isengesho riba rikenewe. Niba umugabo wawe atari umukristo, ushobora kumusengera ngo agire inshuti nziza zikunda Imana.

Umugabo w'umwe mu nshuti zacu za hafi si umukristo; ni kenshi twamusengeye ngo agire inshuti za hafi z'abakristo kandi ngo mu kazi ke akorane n'abakristo. Imana yashyize abakristo benshi aho yari ari ku buryo bituma duseka iyo dutekereje ukuntu Imana yamugaragiye!

Sengera imibanire yose umugabo wawe agira. Akeneye kugira imibanire myiza n'ababyeyi be, abavandimwe be, bashiki be, ba se wabo na ba nyina wabo, babyara be, abo bakorana n'abaturanyi be. Sengera kugira ngo iyo mibanire yose idacibwa intege no kutababarirana. Umugabo wuzuye gusharirirwa ntashimishije na gato!

Isengesho

Uwiteka, nsabiye (izina ry'umugabo wawe) ngo agire inshuti nziza, abagabo b'abakristo abo ashobora gusangiza ubuzima bwe nta pfunwe. Bamubere abagabo bo kwiringirwa bazamubwiza ukuri atari abamubwira ibyo yishakira kumva gusa (Imigani 28:23). Umushoboze kumenya kwitandukanya n'abatazamugiraho uruhare rwiza (1 Abakorinto 5:13). Umwereke akamaro ko kugira inshuti nziza zo kwiringirwa kandi unshoboze kumutera umwete wo kwita kuri ubwo bucuti. Uduhe abandi bashakanye b'abakristo abo dushobora gusangira ubuzima tubayemo.

Ndagusabye ngo uduhe kugirana ubucuti bukomeye kandi bw'amahoro na buri umwe ugize umuryango we, abaturanyi be, abamuzi bose ndetse n'abo bakorana. Ndagusabye by'umwihariko ngo wite ku isano afitanye na (izina ry'uwo muntu). Ubashoboze kugirana umushyikirano mwiza kandi biyumvanemo. Utume habaho ubwiyunge ahari ibibazo. Ubagarurire amahoro yawe mu bintu byose.

Ndasaba ngo mu mutima we yubahe se na nyina kugira ngo arame kandi abeho ahiriwe nawe (Kuva 20:12). Umushoboze kubabarira kandi ntasigarane urwango mu mutima we. Uwiteka watubwiye mu ijambo ryawe ngo: "Naho uwanga mwene Se ari mu mwijima kandi agendera mu mwijima,

ntazi aho ajya kuko umwijima wamuhumye” (1 Yohana 2:11). Nsabiye umugabo wanjye ngo atigera ahumishwa n'umwijima w'urwango, ahubwo agendere mu mucyo w'imbabazi. Ntagire uwo acira urubanza kandi ntagire uwo anenga ahubwo ahore azirikana ko “twese tuzahagarara imbere y'intebe y'imanza y'Imana” (Abaroma 14:10). Umushoboze gukunda abanzi be, guha umugisha abamuvuma, kugirira neza abamwanga ndetse no gusabira abashaka kumurenganya no kumujyana kure yawe (Matayo 5:44). Ndasaba ngo umbashishe kumubera inshuti ye magara kandi ubucuti bwacu burushaho gukura. Umwerekere icyo kuba inshuti nyanshuti ari cyo kandi umushoboze kuba yo.

Amasomo ya Bibiliya yagufasha

“Kandi tuyje tuzirikanana ubwacu kugira ngo duterane ishyamba ryo gukundana n'iry'imirimu myiza. Twe kwirengagiza guteranira hamwe nk'uko bamwe bajya bagira, ahubwo duhugurane kandi uko mubonye urya munsu wegera, mube ari ko murushaho kugenza mutyo.”

Abaheburayo 10:24-25

“Nuko nujyana ituro ryawe imbere y'igicaniro ubanze ugende wikiranure na mwene so, ubereko ugruke uture ituro ryawe.”

Matayo 5:23-24

“Ariko rero icyo tugendeye mu mucyo nk'uko na Yo iri mu mucyo, tuba dufatanije ubwacu.”

1 Yohana 1:7

‘Mwirinde! Mwene so nakora ibibi umucyaha, niyihana umubabarire. Kandi nakugirira nabi ku munsu umwe, akaguhindukirira karindwi ati: ‘Ndihannye’, uzamubabarire.’

Luka 17:3-4

‘Ndabaha itegeko rishya ngo mukundane nk’uko nabakunze, mube ari ko namwe mukundana. Ibyo nibyo bose bazabamenyeraho ko muri abigishwa banjye, nimukundana.’

Yohana 13:34-35

IGICE CYA CUMI N'UMUNANI [Inshingano Ze nk'Umubyeyi]

Inshingano ze nk'umubyeyi

Ubwo nabazaga umugabo wanjye ngo ambwire bimwe mu bintu bikomeye atinya, kimwe mu byo yambwiye harimo no kuba atinya ko yananirwa kuba umubyeyi mwiza.

Nuko ambwira atya ati: “Nizera yuko ubwo ari ubwo ari ubwoba abagabo bagira muri rusange. Akenshi dutwarwa n'akazi kacu ku buryo tugera ubwo tugira ubwoba bw'uko abana bacu tutababonera igihe gihagije. Cyangwa se tukibwira ko tutarakora ibihagije. Cyangwa se yuko twananiwe kugera ku kintu cy'ingenzi. Ibyo noneho birushaho kudukomerera iyo bamaze kuba ingimbi n'abangavu...Tugira ubwoba bw'uko dushobora kuba tutabaganiriza neza ndetse ko badufata nk'aho dushaje cyane ndetse ko tutahuza.”

Ibyo byankoze ku mutima cyane nuko ntangira gusengera umugabo wanjye kugira ngo abe umubyeyi mwiza. Nizera yuko amasengesho yanjye yasubijwe kuko nagiye mbona arushaho kuba uwihanganira abana bacu ndetse akigirira icyizere mu gusohoza inshingano ye nk'umubyeyi. Nasanze yarabaye utuje kandi wishimira gusabana n'abana be. Yibohoye ku byiyumviro byo

kwigaya cyangwa by'uburakari igihe yabaga ahana abana. Buhoro buhoro yagiye ashobora kubaganirizanya ubwenge bwinshi ndetse bimushoboza gutera impinduka nziza mu buzima bwabo. Ubu yabonye ko intege nke z'abana atari ko zigaragaza intege nke z'umubyeyi.

Nibyo koko ko ababyeyi benshi bacika intege ntibagire icyo bakora cyangwa se bagahinduka abakarishye cyane kuko baba bafite ubwoba bwo kudasohozza inshingano yabo cyangwa ngo bahabwe icyubahiro. Nuko bamwe bagahitamo kwicecekera ntibakomeze gukurikirana abana babo. Ibyo birushaho kuba bibi cyane ku mugabo wiyumvamo ko ahora atsindwa no mu zindi mpande z'ubuzima.

Ababyeyi b'abagore nabo bajya biyumvamo ko hari ibyo batageraho, ariko ni gake cyane ushobora gusanga bakomerekeje cyangwa birengagije abana babo. Impamvu nyamukuru ni uko tuba twaragize amahirwe yo kwita ku buzima bw'abana bacu kuva bagisamwa. Tugendana na bo tubatwite, tukabonsa bakivuka, tukabaha amabwiriza, tukabigisha, kandi tukabakunda cyane ku buryo tuba twumva dufitanye nabo isano yegeranye cyane kurusha izindi.

Ababyeyi b'abagabo bo ntibafite ayo mahirwe, ni yo mpamvu usanga bagerageza kwifatanya natwe, kuko ari twe tuba turi hafi y'abana bacu kuva mu itangiriro. Iyo noneho bakomeje gutwarwa n'akazi, bashobora kwiyumvamo ko bari hirya cyane ndetse ko ntacyo bashoboye. Amasengesho yacu ashobora kubafasha mu gihe nk'icyo.

Ese byigeze bikubaho ko hagira umuntu ugusengera igihe wumvaga utabasha gutekereza neza, maze nyuma gato ukaza

kubona ibintu byose bigusobanukiye? Ibyo byagiye bimbaho inshuro nyinshi. Nizera ko ari ko byagendekera abagabo bacu turamutse tubasengeye ngo basohoze neza inshingano yabo nk'ababyeyi beza. Niba bibasiwe no gushidikanya ndetse bakaba bibaza ku cyerekezo cy'inshingano yabo, dushobora kubahindurira ibyo byiyumviro twifashishije amasengesho. Isengesho ryacu rishobora gutuma babona ibintu mu buryo busobanutse maze bakamenya neza icyo kuba umubyeyi w'umugabo mwiza bivuze, ndetse bigatuma bafungurira umuryango Mwuka wera ngo abayobore kandi abafashe guhangana n'ibyo duhura nabyo nk'ababyeyi.

Umugabo wanjye yibutse ikintu runaka kigeze kutubaho ubwo yabonaga ko kuba naramusengeye nk'umubyeyi byaramubereye ingirakamaro cyane. Ibyo byabaye ubwo twatunguraga umuhungu wacu Christopher afite imyaka irindwi, tukamufatira mu kinyoma. Twumvaga ko hari icyo tugomba gukora ariko twifuzaga ko yemera ikosa rye kandi akihana abikuye ku mutima. Nuko tubona ko byaba ukwemera ikosa cyangwa kuryihana nta na kimwe gikorwa...Michael yashakaga kumuha isomo ariko atazi uko ari bubigenze, aransaba ngo nsenge. Ubwo nasengaga, ibintu bitangira kumusobanukira neza. Michael yahise ashushanya mpandeshatu ku rupapuro ndetse agaragaza Satani, Imana ndetse na Christopher kuri izo mpande eshatu abyereka umuhungu wacu. Nuko asobanura umugambi Satani afitiye Christopher, ndetse n'uwo Imana imufitiye. Nuko asobanura ko ikinyoma cya Christopher yari yakoze uwo munsu kiri mu mugambi wa Satani. Nuko akomeza gusobanura mu buryo burambuye ingaruka zikomeye zo guhitamo gukurikira Satani, ari zo kujya kure y'Imana; nuko Christopher bimukora ku mutima cyane atangira kurira ndetse yatura ikinyoma

cye n'umutima wihannye by'ukuri. Michael yaje kumbwira nyuma ko iyo atabona iyo shusho isobanutse Uwiteka yari yamweretse, atari bubone uburyo agera ku mutima w'umuhungu wacu mu buryo bwimbitse.

Uburyo bwiza bwo kuba umugabo yaba umubyeyi mwiza, ni uko yakwiga kumenya Se wo mu ijuru kandi akamwigana. Uko azarushaho kubana n'Imana, niko uruhare agira ku bana be ruzarushaho kuba rwiza mu gihe azaba ari kumwe n'abana be. Azagira umutima wa kibyeyi kuko azaba azi umutima wa Data wa twese. Ibyo birushaho kugirana cyane iyo uwo mubyeyi w'umugabo adafitanye isano nziza na se wa hano ku isi. Uburyo umugabo abanye na se umubyara bizigaragariza mu isano afitanye na Data wo mu ijuru. Niba yarigeze kujugunywa na we, ashobora kuziyumvamo ko yaretswe n'Imana. Niba umubyeyi we ataramubaga hafi cyangwa ngo amwiteho, bizamutera kumva ko Data wo mu ijuru nawe ari uko. Niba yarashidikanyaga urukundo rwa se umubyara, azanashidikanya urukundo rw'Imana. Niba yarakariye se umubyara, ashobora kurakarira na Data wo mu ijuru ari uko. Ibyamubayeho mu gihe cyashize ku by'imibanire na se umubyara bishobora kumuhindukira imbogamizi yo gusogongera neza urukundo rwa Data wa twese. Ibyo bizanagera ku isano afitanye n'abana be.

Sengera kugira ngo umugabo wawe akure mu gusobanukirwa n'urukundo rwa Se wo mu ijuru kandi akizwe uburyo bubi yamubonagamo. Aho yagaye Imana kuko se umubyara atamubereye mwiza, saba Imana ngo imukize icyo gikomere. Bibiliya igira iti: *“Uvuma se cyangwa nyina, ururimi rwe ruza zimirira mu mwijima”* (Imigani 20:20).

Igihe cyose atarababarira umubyeyi we umubyara, bizamugora kubera abana be umubyeyi mwiza. Nubwo se yaba yarapfuye, umugabo wawe ashobora gukemura icyo kibazo mu mutima we kuko ari ho gishingiye. Sengera ngo agirire se umubyara umutima mwiza kugira ngo hatabaho imbogamizi mu gutuma umushyikirano afitanye na Data wo mu ijuru utaba mwiza.

Abagabo ntibakunze gusobanukirwa ukuntu ari ingenzi ku bana babo. Haba ubwo baja bibwira yuko babereyeho gukenura ibyo abana bakeneye bifatika gusa. Nyamara uruhare rw'umubyeyi ku bana be ntirukwiriye guteshwa agaciro. Uko isano afitanye n'abana be imeze, niko ubuzima bw'ahazaza habo buzamera bwaba bwiza cyangwa bubi. Kuko naramuka adashoboye inshingano ye nk'umubyeyi, azahorana ikidodo ku mutima cy'uko ntacyo ashoboye. Ariko nabigenza neza, azumva anyuzwe kandi yishimiye ubuzima.

Isengesho

Uwiteka, igisha (izina ry'umugabo wawe) kuba umubyeyi mwiza. Aho yagiye yagiye adatanga urugero rwiza ruhuje n'inzira zawe, umukize kandi umufashe kubabarira se umubyara. Umwihishurire kandi umutere inyota yo kurushaho kukumenya nka Se wo mu ijuru. Umwiyegereze kugira ngo aje afata umwanya wo gusabana nawe kugira ngo arusheho gusa nawe kandi asobanukirwe umutima wa Data umufitiye urukundo n'impuhwe. Umubashishie kugaragaza umutima nk'uwo ku bana be. Umubashishe kuba umunyembabazi, uzi guca imanza ndetse uzi kwigisha amahame yawe. Kuko niba ushaka ko tukumvira uniteguye kubabarira uwihana wese. Umushoboze kuba gusa nawe.

Umwigisha igihe gikwiriye cyo guhana n'uburyo bukwiriye bwo kubikoramo. Umwigishe ko ukunda umwana we amuhana mu buryo bukwiriye (Imigani

13:24). Umushoboze kudasharirira abana be, ahubwo abarere “abahana abigisha iby’Umwami wacu” (Abefeso 6:4). Ndasabye ngo tube abahuje mu buryo duha abana bacu amabwiriza bagenderaho kandi udushoboze kumvikana mu buryo tubarera. Ndasabye ngo ntihaboneke amahane cyangwa intonganya mu gihe turi kubarera nk’uko bibakwiriye.

Umuhe ubushobozi bwo gushyikirana nabo nk’uko bikwiriye. Ndamusabiye ngo ntabe unangiye umutima, umunyabukana, umunyantegenke, utishimye, utagira icyo yitaho, utareba kure cyangwa uwihagararaho. Ahubwo umufashe kuba mwiza, ukunda, wita ku be, uhorana imbaraga, utera umwete, ukundwakaza, utiyicarira, umunyembaraga, wumvikana, ushyikirana, wo kwishimirwa, wumva abandi kandi wihangana. Umushoboze gutuma abana bacu bamwubaha kandi bamufatiraho urugero kugira ngo baramire mu migisha yawe.

Uwiteka, nzi neza yuko hari umurage w’iby’umwuka duha abana bacu. Emera ngo uwo murage ube ukungahaye wujijwe Mwuka wawe wera. Umushoboze guha abana bacu urugero rwiza rw’ubuzima bwiye muriye kumvira amategeko yawe.

Umubashishe kunezererwa abana be kandi ashishikarire kubarera bihuje n’inzira zawe. Yifuza rwose kuba umubyeyi mwiza. Ndagusabye ngo uhaze kwifuza kwe.

Amasomo ya Bibiliya yagufasha

“Abuzukuru ni ikamba ry’abasaza, kandi ba se babera abana babo icyubahiro.”

Imigani 17:6

“Kuko Uwiteka acyaha uwu akunda, nk’uko umubyeyi acyaha umwana we yishimana.”

Imigani 3:12

“Se w’umukiranutsi azishima cyane, kandi ubyara umwana ufite ubwenge azamwishimira.”

Imigani 23:24

“Hana umwana wawe azakuruhura, ndetse azanezeza umutima wawe.”

Imigani 29:17

“Kandi nzababera So, namwe muzambere abahungu n’abakobwa, ni ko Uwiteka Ushoborabyose avuga.”

2 Abakorinto 6:18

IGICE CYA CUMI N'ICYENDA [Ahashize He]

Ahashize he

Michael yari afite imyaka cumi n'icyenda ubwo yagiraga umunaniro w'ubwonko ukabije. Yigaga kuri kaminuza amanywa n'ijoro, yandikaga umuziki, akanoza amanita y'umuziki, agacuranga piano n'ingoma ndetse akanaririmba no mu mazu basabaniramo ku mugoroba. Yari afite umunaniro ukabije, nta bitotsi yagiraga kandi yarimo yishyira mu kaga. Umuganga wita ku muryango we yamusabiye gushyirwa mu bitaro byita ku bafite ibibazo by'ubwonko kugira ngo ahabwe ikiruhuko gikwiriye. Mama we na muganga baje kumbwira nyuma y'igihe runaka ko bicuza ku cyemezo bafatiye Michael, ariko nyamara nta kindi bumvaga bakora kirenze icyo. Michael asobanura icyo gihe yari arimo mu bitaro aruhuka avuga ko ibyo byumweru bibiri yahamaze byamubereye igihe cyamuteye ubwoba kuruta ibindi. Yiboneye uko abandi barwayi bameze mu buryo budasanzwe kandi buteye ubwoba kugeza ubwo yumva ko nawe atazapfa gusohoka aho hantu. Nyuma yasubiye kuri kaminuza kwiga amasomo atavunanye cyane ariko yuzuye ubwoba.

Uko imyaka yahitaga twarashyingiranwe, igihe cyarageze kubera gukora cyane ndetse ku gitutu maze yongera kumera nka kwa kundi. Ibyo byamwibukije ibyigeze ku mubaho mu myaka ye y'ubugimbi.

Nuko aho hashize hakamugarukamo nk'ahamutera ubwoba hati: "N'ubundi bizarangira usubiye mu bitaro byitwa ku barwai bo mu bwonko!" Nyuma yaje kumbwira ukuntu amasengesho yanyje yamufashije cyane. Narasengaga buri gihe ngo amenye ukuri, kandi ukuri kumubature (Yohana 8:32). Nasengaga Imana ngo ngo imubohore mu guheranwa n'ahashize he. Byabaye urugendo rukomeza, ariko nabonye agenda amera neza buri uko namusengeraga.

Ntabwo tubereyeho kubaho mu gihe cyashize, ahubwo tugomba kuhavana amasomo. Tugomba *"kwibagirwa ibiri inyuma"* nuko *"tugasingira ibiri imbere"* nuko tukiruka *"tugana ku ngororano yo guhamagara kw'Imana muri Kristo Yesu"* (Abafilipi 3:13-14). Imana iratubohora kandi ikatugira bashya. Tugomba kuyemerera ikabidukorera byombi. Ishobora kutubohora ku hashize maze igasubiza ibintu mu buryo bushya. Mu kibi cyabaye Imana ishobora kuvanamo icyiza (Zaburi 90:15). Icyo tuba dusabwa ni ukuyigirira icyizere ko ibishoboye. Ntituzigera tureba ahazaza hacu Imana iduteganyiriza niba twarabaye ingaruzwamuheto z'ahashize hacu.

Ahashize h'umugabo wawe ntihamugiraho ingaruka wenyine gusa, ahubwo bigira n'ingaruka no ku bana bawe. Duhererekanya ibyo byose ku bana bacu nk'uko duhererekanya ibara ry'imisatsi n'amaso. Dushobora kubasigira umurage w'uburibwe uremereye

utari ubagenewe. Dushobora kubaha umurage wo gusaba ubutane, w'uburakari, impagarara, ubwihebe ndetse n'ubwoba n'ibindi bibi byinshi.

Uko wowe n'umugabo wawe muzabaturwa kuri ibyo bibazo by'ahashize hanyu, niko muzabasha kubaho mu mudendezo uyu munsu ndetse n'ahazaza. Uko muheranwa n'ahashize, ntimutakaza gusa icyo Imana yabageneye gusa, ahubwo munatakaza n'icyo Imana yageneye abana banyu.

Ibintu byose byabaye ku mugabo wawe mu gihe cyashize kandi bikamukoraho cyane ni bya bindi byamubayeho akiri umwana. Ibintu bikomeye byamubayeho ndetse n'ibyiza atabashije kubona mu muryango we ni byo bimugiraho ingaruka zigaragara cyane. Amazina mabi yagiye ahabwa amugiraho ingaruka amaze gukura. Amagambo nk'aya ngo "ikintu cyanjye kibyibushye", "ikigoryi", "umupfayongo", "utagize icyo amaze", "udashoboye", "maso ane" cyangwa ngo "ikinyabwoya" amusigira ubumuga budasibangana mu bwonko bwe ndetse n'amarangamutima ye yarakuze. Niba tutahakana ahashize hacu, birashoboka ko twasenga kugira ngo bitatugiraho ingaruka. Nta muntu wagenewe kubaho mu buzima bw'ububata bw'ahashize gusa.

Imana iduhamagarira kuyiyambaza ngo itubohore, kandi tubashe kugendera mu nzira zayo, twamamaza ukuri kwayo kandi tukabohorwa ku bubata bw'ahashize hacu. Haba ubwo biba ngombwa ko hari ibyo tunyuramo kugira ngo tugere mu kubohorwa. Umugabo wawe ashobora kumva ko yabohowe ku kintu yumvaga cyari bumusubize inyuma. Mubwire ko adakwiriye guhora yica integer. Niba yaragendanye n'Uwiteka, ari mu nzira nziza izamugeza ku kubaturwa Imana yifuza kumuhishurira.

Amasengesho yawe azamukomeza muri urwo rugendo ruzamugeza ku mudendezo wisumbuyeho.

Kubohorwa ku hashize hacu hatwigaruriye bishobora kutubaho mu gihe gito kimwe nk'uko byafata igihe, biterwa n'icyo Imana ishaka kuteigisha.

Ntabwo urwo rugendo rwakwihutishwa nk'uko ubishaka. Ugomba kwihangana ndetse ugasenga kenshi cyane kugira ngo amajwi y'ahashize arekere kurogoya umugabo wawe kandi nawe ntayiteho.

Isengesho

Uwiteka, ndakwinginze ngo ushoboze (izina ry'umugabo wawe) kubohoka byuzuye ku hashize he. Umubohore ku kindi gishobora kumwigarurira. Umufashe kudaheranwa n'imyitwarire ye y'ahashize kugira ngo arekere kuyitekerezaho imubuza amahwemo kugira ngo ahindurwe mushya mu mwuka (Abefeso 4:22-23).

Wagure imyumvire ye amenye ko ibintu byose ugiye kubihindura bishya (Ibyahishuwe 21:5). Umwereke uburyo bushya kandi buhuje na Mwuka Wera bwo guhangana n'ibibi byaranze ahashize he.

Umuhe ibitekerezo byari muri Kristo kugira ngo abashe kumenya ijwi ryawe kandi aritandukanye n'amajwi amubwira iby'ahashize he. Igihe azajya yumva ayo majwi y'ahashize, umushoboze kuyarenga no kuyacecekesha akoresheje Ijambo ryawe. Aho yaba yaragizwe igicibwa ndetse akababazwa, ndamusabiye ngo ibyo byiyumviro bye ntibimubuze kureba neza ndetse no kumva neza ibikwiriye.

Umusagirize imbabazi zawe ku mutima we kugira ngo hataboneka umwanya w'ubusharire, urwango, kwihorera ndetse no kwiyanga. Umushoboze kureba ahashize nk'isomo kandi ko atari umurongo w'ubuzima agomba kugenderamo.

Niba hari ibyo yibuka bibi by'ahashize he, ndamusabiye ngo abohorwe kandi ahabwe kubinesha. Umwomere inguma ze (Zaburi 147:3). Umusubirize intege mu bugingo (Zaburi 23:3).

Umufashe arekure ahashize he kugira ngo adakomeza kuba imbata yahoo, ahubwo hamubere isoko y'amasomo, ntibimubere umutwaro kandi ajye mbere yerekeza ahazaza heza wamuteguriye.

Amasomo ya Bibiliya yagufasha

“Ibya kera ntimubyibuke, kandi ibyashize mwe kubyitaho. Dore ngiye gukora ikintu gishya, ubu ko kigiye kwaduka ntimuzakimenya? Nzaharura inzira mu butayu, ntembeshe imigezi mu kidaturwa.”

Yesaya 43:18-19

“Umuntu wese iyo ari muri Kristo aba ari icyaremwe gishya, ibya kera biba bishize. Dore byose biba bihindutse bishya.”

2 Abakorinto 5:17

“Mukwiriye kwiyambura umuntu wa kera uheneberezwa no kwifuza gushukana, mugahinduka bashya mu mwuka w'ubwenge bwanyu, mukambara umuntu mushya waremewe ibyo gukiranuka no kwera bizanywe n'ukuri nk'uko Imana yabishatse.”

Abefeso 4:22-24

“Ni cyo gituma tudacogora, kandi nubwo umuntu wacu w'inyuma asaza, umuntu wacu w'imbere abora ahinduka mushya uko bukeye.”

2 Abakorinto 4:16

“Izahanagura amarira yose ku maso yabo kandi urupfu ntiruzabaho ukundi, kandi umuborogo cyangwa gutaka cyangwa kuribwa ntibizabaho ukundi kuko ibya mbere bishize.”

Ibyahishuwe 21:4

IGICE CYA MAKUMYABIRI [Amatwara Ye]

Amatwara ye

Nta wakwishimira guhorana n'umuntu ufite amatwara mabi. Ubuzima ubwabo buragoye ku buryo rwose utakwirirwa uteze amatwi umuntu uhora wiganyira.

Nzi umugabo uhorana uburakari ku buryo buri kintu cyose kibaye arakara..ndetse n'inkuru nziza we iramurakaza! Iyo hari ikintu gishimishije kibaye, ntabura icyo ayivugaho. Gusa birababaje kuko ibyo byahereye mu buto bwe, nubwo nyine yabikomeje bikamubamo igihe kinini. Bishoboke ko nta muntu wigeze amwereka uburyo yakwishimira ubuzima. Nyamara ni we ubwe wahisemo kuguma atyo nuko ahashize he higarurira amahitamo yose agira. Ku bw'ibyo si we gusa uzabaho atishimye gusa ahubwo n'ahamukikije hose ni ko hazamera.

Ntidushaka kubaho dutyo, ndetse ntitunifuza kwishyiraho umutwari w'umuntu umeze atyo.

Ntarinze kuvuga amazina, nzi neza ko ndi inzobere mu byo gusengera umuntu ufite amatwara mabi. Mu by'ukuri byantwaye igihe kirekire kugira ngo menye ko ntakwiriye kwihutira kuvuga no

kugira ikindi nkora ku matwara mabi uretse kwirukira mu isengesho. Ibyo byagiye bimfasha cyane kandi ndushaho kubigenza ntyo kugira ngo ndusheho kumenya uko nitwara nkoresheje isengesho. Nuri uko nasengaga nsabira ufite amatwara mabi ngo agire umunezero wo mu mutima, nabonaga umusaruro mwiza kandi mwinshi cyane, ibyo bigatuma mbasha kwitwara neza.

Umuntu aba ubangamira abandi, wikakaza, usharirira abandi kandi uhora abona ibintu mu buryo bubi gusa ku bw'impamvu zinyuranye. Nyamara na none, gukomeza kuba atyo ni icyerekana ko ahorana ubushake bwo kwanga kwakira urukundo rw'Imana. Bibiliya itubwira ko dufite ububasha ku byo twemera ko byinjira mu mutima wacu (Zaburi 101:4). Ni twebwe duhitamo kwirukira cyangwa ntitwirukire ku rukundo rw'Imana (Imigani 28:14).

Amatwara tugira nit we tuyahitamo. Dushobora guhitamo kwakira urukundo rw'Imana. Dushobora kuba abazirikana ibyiza mu mitima yacu.

Niba umugabo wawe ahorana agahinda yiganyira kandi urushako rwanyu rukabakomerera, muzagira akaga niba urukundo ruri hagati yanyu rukomeye. Akamenyero ko kubona ibintu mu buryo bubi kazagira ingaruka ku nguni zose z'ubuzima. Yego ntiwategeka icyo umugabo wawe adashaka, ariko ushobora gusenga ngo ahinduke maze ahuze n'ubushake bw'Imana. Senga ngo umutima we utunganywe, kuko Bibiliya idusezeranira ko ufite umutima uboneye azabona Imana (Matayo 5:8). Senga ngo abe unezerewe (Imigani 15:13). Ni uwuhe mugore utakwifuza ko umugabo we ahora yishimye? Senga ngo umutima we wuzure amashimwe, guhimbaza, urukundo n'umunezero.

“Umuntu mwiza atanga ibyiza abikuye mu butunzi bwe bwiza, n’umuntu mubi atanga ibibi abikuye mu butunzi bwe bubi” (Matayo 12:35). Nubwo utahita ubona impinduka z’ako kanya, umutima we uzoroshywa n’amasengesho yawe. Ibyo bizagufasha kugira amatwara meza wowe ubwawe mu gihe utegereje ko na we ahinduka.

Isengesho

Uwiteka, uzuzwa (izina ry’umugabo wawe) urukundo rwawe n’amahoro. Umwuzuze ineza, umutuzo no kugubwa neza, bishingiye kuri wowe kandi utume ubuzima bwe buyoborwa nawe aho kuyoborwa na kamere ye. Umushoboze gutaha nimugoroba afite umutima mwiza kandi ugutunganiye (Zaburi 101:2). Umumurikishirize Mwuka Wera kandi umwuzuze urukundo rwawe.

Ndasabye ngo ahinduke mwiza kandi wihangana, aho kuba uwikunda kandi urakara vuba. Umushoboze kwihanganira byose, kwizera byose, kwiringira byose no gushikama muri byose (1 Abakorinto 13:7). Umubohore ku burakari bwose, impungenge zose, uguhangayika kose, kubabarizwa imbere muri we, amakimbirane ndetse n’ibindi bimubangamira. Umurinde gushengurwa n’umubabaro (Imigani 15:13), ahubwo umuhe guhora anezerewe mu mutima (Imigani 15:15). Umuhe umutima unezerewe kandi umurinde kuba utagira impuhwe.

Umurinde kugira icyo yiganyira ahubwo abe uwuzuye amashimwe muri byose kugira ngo amenye amahoro yawe ahebuje uko yamenywa. Umugeze aho abasha kuvuga ngo: “Nigishijwe kwishimira uko meze” (Abafilipi 4:11). Uyu munsu mbwiye (izina ry’umugabo wawe) ngo: “Uwiteke aguhe umugisha akurinde. Uwiteka akumurikishirize mu maso he akugirire neza. Uwiteka akurebe neza aguhe amahoro!” (Kubara 6:24-26).

Amasomo ya Bibiliya yagufasha

‘Ntimukagire icyo mwiganyira, abubwo ibyo mushaka byose bimenywe n’Imana mubisabiye, mubyingingiye, mushima. Nuko amahoro y’Imana ahebuje rwose ayo umuntu yamenya, azarindire imitima yanyu n’ibyo mwibwira muri Kristo Yesu.’

Abafilipi 4:6-7

‘Nimute kure ibicumuro byanyu byose, ibyo mwakoze, mwirememo umutima mushya n’umwuka mushya.’

Ezekiyeli 18:31

‘Umuntu utitangira mu mutima, ameze nk’umudugudu usenyutse utagira inkike.’

Imigani 25:28

‘Kandi nubwo nagira impano yo guhanura, nkamenya ibibishwe byose n’ubwenge bwose, kandi nubwo nagira kwizera kose nkabasha gukuraho imisozi, ariko singire urukundo nta cyo mba ndi cyo.’

1 Abakorinto 13:2

‘Mwinjire mu marembo Ye mushima, no mu bikari bye muhimba, mumushime, musingize izina rye.’

Zaburi 100:4

IGICE CYA MAKUMYABIRI NA KIMWE [Urushako Rwe]

Urushako rwe

Mbere y'uko nshyingirwa, kimwe mu bintu nifuzaga ko umugabo wanjye yazaba afite ni ukudakunda iby'imipira. Numvaga ntakwihanganira kumara ubuzima bwanjye ndi kumwe n'umuntu uhora imbere ya televiziyo areba imipira inyuranye nka football cyangwa basketball cyangwa golf. Kimwe mu bintu nakundiye Michael igihe twabaga twatangiraga gusohokana ni ukuba nta jambo na rimwe yigeraga ambwira ry'iby'imikino y'umupira igihe twabaga turi kumwe. Ndetse yanambwiraga ko abona bunabangamye cyane. Tekereza ukuntu byantunguye maze nkagwa mu kantu ubwo nyuma yo gushyingiranwa atakundaga iby'imikino y'umupira gusa ahubwo byaranamubase! Iyo ikipe ya Chicago yabaga yatsinzwe, byasaga nk'aho ari umuryango wose watsinzwe. Iyo iyo kipe yatsindaga buri wese yagerwagaho no kwiyamira kwe. Ntiyishimiraga kureba imikino y'imipira rimwe na rimwe gusa ahubwo yayirebaga yose uko bimushobokeye! Ndetse nta n'ubwo yari umufana urebera gusa. Iyo yajyaga aho imikino ibere, yishyiragaho amabara y'ikipe ye kandi agasimbagurika cyane. Nageragezaga kumuherekeza yo, ariko njyewe nkikundira ikipe ya

'hot dogs'. Ndetse haba ubwo nanjye nageragezaga kurebana na we imikino y'umupira kuri televiziyo, ariko byarambangamiraga byo gupfa. Nababazwaga n'ukuntu yishimira kumara umugoroba wose kuri televiziyo ariko ntabe yakwishimira kumara uwo mwanya ari kumwe n'umuryango we.

Mu myaka mike gusa nyuma yahoo, nibwo natangiye gusengera urushako rwacu, kandi nibwo haje impinduka. Ku bw'impamvu indenze ntazi, Imana ntiyakuyeho umutima we wo gukunda imikino y'umupira nk'uko nabiyisabye. Ahubwo yampaye amahoro yo mu mutima ndetse impa n'uburyo nabonagamo ibyo bintu. Hari ibyo njye na we twemeranijeho icyo gihe: sinzigera mubuza kureba imikino y'umupira apfa kuba atantegeka kuwureba njye ntabishaka. Ndetse sinigeze nanamugayira ko atari yarabimbwiye mbere y'uko dushyingiranwa. Ibyo ushobora kumva ari ibintu bito cyane, ariko ni uburyo bwo gutuma ibibazo bitiyungikanya; utwo tuntu dutoya nitwo dushobora gutuma urushako rumera neza cyangwa nabi.

Gusengera buri kintu cyose kirebana n'urushako bituma umuntu adatekereza ibyo kwahukana muri we. Bityo rero nta na kimwe dukwiriye kwirengagiza, n'iyo twaba twumva ahari bisa n'ibitatureba. Kuva nashyingiranwa na we, nasabye Imana ngo izaturinde kwahukana ndetse n'ubusambanyi mu rushako rwacu. Mu by'ukuri ibyo ntibyari byarigeze biba mu miryango yacu twembi dukomokamo, nyamara ahadukikije hasaga nk'ahatwereka ko tutazabura kubigwamo. Nahoraga nsaba Imana ngo izaturinde ibyo byangiza. Imana kuko ari indahemuka yasubije amasengesho yacu.

Urushako ruba rwiza cyane iyo abarwinjiyemo barujiyanyemo kwemeranya gukora igishoboka cyose ngo rukomere uko byamera

kose. Ariko mu rushako akenshi usanga hari ibyo umwe mu barugize aba afite ibitekerezo runaka ariko akazabona neza uko ibintu bimeze igihe bimugezeho neza neza. Uko ni ko urushako rutangira gucikamo kabiri. Bityo rero, birakwiriye gusenga ubudasiba kugira ngo ibitekerezo bitari byo bihishurwe kandi n'aho abashakanye badahuza, baharenge bazamuke bagere ku bumwe, ukwemeranya no gushyikirana byimbitse. Sengera ngo urushako rwanyu rube aho babiri bahuje kugira ngo Imana ihature (Matayo 18:19-20). Niba muri mwembi, umwe yari yarigeze gushyingirwa mbere, sabira ngo urushako rwe rwa mbere rutabangamira urwanyu uyu muni. Vanaho buri kimwe cyose cyababangamira haba mu by'amarangamutima cyangwa mu by'umwuka. Ntimushobora gutera ikirenge ngo kigire imbere kandi ikindi kikibereye mu hashize.

Urushako rwanyu ntimukaruhe agaciro gake uko rwaba rumeze rwose. *“Uwibwira ko ahagaze yirinde atagwa”* (1 Abakorinto 10:12). Sabira urushako rwawe ngo rurindwe umuntu wese cyangwa ikintu cyose gishobora kurushyira mu kaga. Saba Uwiteka ngo akore igishoboka cyose ngo rube rwiza, n'iyi byagusaba gukubitwa n'inkuba igihe waba ugiye gutandukira ngo ubivemo! Saba Imana itume urushako rwanyu ruba isoko y'umunezero ndetse n'ubuzima bwiza kuri mwembi, aho kubabera umutwaro, amahwa, ikibarakaza cyangwa urw'agateganyo.

Isengesho

Uwiteka,ndakwinginze ngo urinde urushako rwacu buri kintu cyose gishobora kurwangiza cyangwa kuruca intege. Uturinde kwihugiraho no kutagira icyo twitaho, uturinde umugambi wose mubi n'ibitekerezo bibi bivuye ahandi ndetse n'imitego yose yatwangiza. Ntihakagira igitekerezo cy'ubusambanyi cyangwa kwahukana kiza mu mitima yacu, haba uyu muni cyangwa ahazaza. Utubohore ku bikomere by'ahashize, ibitekerezo bishingiye ku masano y'ahashize kandi unaturinde ibitekerezo bidafite ishingiro nyakuri dutekerezanyaho. Ndasabye ngo ntihakaboneke ishyari mu mitima yacu n'ibiritera. Ntutume hari ikintu cyose kitwinjirira gishobora kwangiza urushako rwacu nk'inzoga, ibiyobyabwenge, urusimbi, porunogarafiya, irari ndetse n'ibintu bibata.

Uduhurize mu bumwe bw'ubushuti, kwemeranya, kugirirana ubuntu ndetse no kumvana. Ukureho ukugwingira kose, ubugome ndetse no kumva ko ntacyo dushoboye. Utwigishe guhana umwanya, kwitanaho ndetse no gutuma isano yacu irushaho kuba nshya binyuze mu kutwibutsa impamvu zatumye dushyingiranwa. Uwiteka, ndakwinginze ngo utume (izina ry'umugabo wawe) akwiyegurire byimazeyo ngo isezerano yangiriye ritazaburizwamo n'imiraba iyo ari yo yose itwibasira. Ndagusaba ngo utume urukundo dufitanye rukure biruseho buri muni kugira ngo tutazaraga abana bacu kwahukana.

Amasomo ya Bibiliya yagufasha

“Ababiri baruta umwe, kuko babona ibihembo byiza by'imirimo yabo, kuko iyo baguye umwe abyutsa mugenzi we, ariko uguye ari wenyine atagira umubyutsa, aba abonye ishyano.”

Umubwiriza 4:9-10

“Nuko rero murinde imitima yanyu hatagira uriganya umugore wo mu busore bwe. Kuko nanga gusenda, ni ko Uwiteka Imana ya Isirayeli ivuga, nanga n'umuntu utwikiriza urugomo umwambaro we. Ni ko Uwiteka Nyiringabo avuga. Nuko rero murinde imitima yanyu mwe kuriganya.”

Malaki 2:15-16

“Kurongorana kubahwe na bose, kandi kuryamana kw'abarongoranye kwe kugira ikikwanduza, kuko abahehesi n'abasambanyi Imana izabaciraho iteka.”

Abaheburayo 13:4

“Maze kandi ababiri iyo baryamanye barasusurukirwa, ariko uri wenyine yasusurukirwa ate?”

Umubwiriza 4:11

“Abamaze kurongorana ndabategeka, nyamara si jye ahubwo ni Umwami wacu, umugore ye kwahukana n'umugabo we. Ariko niba yahukanye, abe igishubaziko cyangwa yiyunge n'umugabo we, kandi umugabo ye gusenda umugore we.”

1 Abakorinto 7:10-11

IGICE CYA MAKUMYABIRI NA BIBIRI [Amarangamutima Ye]

Amarangamutima ye

Marc yakoreshega uburakari kugira ngo ayobore umuryango we. Buri wese ugize umuryango yagiraga ubwoba bw'ubburakari bwe bugurumana ku buryo bagendaga bigengesereye bikomeye, bagakurikiza ubushake bwe nyamara babitewe n'ubwoba atari urukundo. Umugore we Lucie amaze kubona ko atakwihanganira kubaho muri ubwo burakari, ahubwo uko yabwivangagamo byanamuviragamo kutubaha Imana, ibintu byatangiye guhinduka: *'Ntugacudike n'umunyamujinya, kandi ntukagendane n'umunyaburakari, kugira ngo utiga ingeso ze, zikabera ubugingo bwawe umutego'* (Imigani 22:24, 25).

Kuva ubwo Lucie yasobanukiwe ko yashoboraga gukomeza gukunda umugabo we n'iyo ataba ashyigikiye icyaha cye, nuko atangira gusenga akomeje kandi buri gihe, yaba ari wenyine gusa ndetse n'itsinda ry'abo bafatanyije gusenga. Nuko agasenga asaba kutayoborwa n'amarangamutima ye ahubwo ngo ayoborwe na Mwuka Wera. Amasengesho ye ntiyamufashije kumenya neza iby'imyitwarire ye gusa, ahubwo byanamufashije kwitegeka no kurushaho kwifata nk'uko bikwiriye. *'Impamo itanzwe rwibishwa ihosha*

uburakari” (Imigani 21:14). Impano ikomeye umugore ashobora guha umugabo we, ni ukumusengera.

Jacques yabayeho imibereho yuzuye ubwihebe bw’akarande. Ndetse n’umugore we, Marilynne, nawe byaramutwaye kugeza ubwo nawe yisanga nawe ameze uko nta byiringiro. Uwo mugore yasomye amasomo avuga ku mibereho y’umwami Dawidi nuko abona ko byerekeza neza neza ku mibereho y’umugabo we: *“kuko umutima wanjye wuzuye imibabaro, kandi ubugingo bwanjye bwegereye ikuzimu. Bambarana n’abamanuka bajya muri rwa rwobo, meze nk’udafite gitabara”* (Zaburi 88:3-4). *“Ndahetamye nunamye cyane, ngenda nambaye ibyo kwirabura umunsi ukira...ndahondobereye ndavunaguritse, nanibishijwe no guhagarika umutima”* (Zaburi 38:6-8).

Marilynne yabonye ko kubaho muri ubwo buzima budafite ibyiringiro, Dawidi yabonye ibyiringiro bye mu Mana nuko arahaguruka agarura imbaraga. *“Uwiteka wazamuye ubugingo bwanjye ubukura ikuzimu, wankijije urupfu ngo ne kumanuka nkajya muri rwa rwobo”* (Zaburi 30:3). *“Nzajya nezera nishimira imbabazi zawe, kuko warebye amakuba yanjye n’ibyago byanjye, wamenye imibabaro y’umutima wanjye”* (Zaburi 31:7). *“Wegere ubugingo bwanjye ubukiye, uncungure ku bw’abanza banjye!”* (Zaburi 69:18). Yumvise impuhwe zihebuje Imana ifitiye Jacques, ibyo byamugaruriye ibyiringiro, nuko yizera ko amasengesho ye ari rwo rufunguzo rwo kubaturwa kwe muri gereza yo kubura ibyiringiro.

Yabwiye Jacques ko yafashe gahunda yo kumusengera buri muni kandi ko yifuzaga ko yajya amubwira uko yumvaga amerewe uko iminsi yahitaga. Kuva ku muni wa mbere, bombi babonye ko uko yasengaga, umugabo we yagaruraga imbaraga. Nuko mu gihe gito gishoboka, imbaraga z’isengesho zatangiye kugaragara ku buryo

umugabo we atashoboraga kubihakana nuko batangira kujya basengera hamwe. Nuko umugabo ahita atangira kumererwa neza cyane kuba ubwo. Ibihe bye by'ubwihebe bikajya biba bito cyane ndetse akabivamo vuba cyane bishoboka. Ndetse bombi biyemeje gushakashaka Imana ngo ibafashe mu kubaturwa kuzuye kwa Jacques.

Uburakari n'ubwihebe ni amwe mu marangamutima mabi ashobora guhungabanya umugabo. Akenshi usanga ari ibintu bigenda biza gahoro bikazagera aho bikaba akamenyero mu ntekerezo. Abagabo bakunze kwibwira ko hari kimwe mu bigize imico yabo kidashobora guhinduka, nyamara ibyo bibwira bishobora kuvanwaho. Ntukareberere umugabo wawe igihe akirana n'amarangamutima ye. Isengesho rishobora kumubera urufunguzo rwo kubaturwa kwe!

Isengesho

Uwiteka, wavuze mu ijamba ryawe ko ubohora ubugingo bwacu igihe tukwiringiye (Zaburi 34:22). Ndakwinginze ngo (izina ry'umugabo wawe) akwizere kugira ngo umubature ku marangamutima ye mabi. Ntakigere na rimwe ategukwa n'ubwihebe, uburakari, uguhangayika, ishyari, kubura ibyiringiro, ubwoba cyangwa ibitekerezo byo kwiheba. Ndasengera by'umwihariko (garagaza ahantu runaka). Umubature kuri ibyo byose bishaka kumwigarurira (Zaburi 40:17). Nzi neza ko ari Wowe wenyine ushobora kumurokora ukamukiza, ariko ungire igikoreshe cyawe mu kumusubiza ku murongo. Igihe ari mu bihe bimukomereye, undinde kwijima nkawe. Umfashe ngo nsobanukirwe kandi ngire amagambo atanga ubugingo.

Umubohorere kugira ngo ansangize amarangamutima ye yimbitse cyane ndetse no ku bandi bantu bashobora kumufasha. Umubohorere kugira ngo abashe kurira igihe abikeneye kandi ngo ye kwibikamo amarangamutima ye.

Na none umuhe guseka ndetse n'ubushobozi bwo kuryohereza n'ubuzima ndetse no mu bihe bikakaye cyane. Umwigishe gukura amaso ku bimwugarije maze ayahange kuri wowe akwiringire mu bihe bitamwohoheye. Umuhe kwihangana kumushoboza kwifata no kwimenya neza (Luka 21:19). Umusukeho "amavuta y'umunezero" (Yesaya 61:3), usubize integer u bugingo bwe ku bwa Mwuka wawe, kandi umubohore ku marangamutima mabi yose uyu muni.

Amasomo ya Bibiliya yagufasha

"Uwiringira umutima we ubwawe ni umupfapfa, ariko ugendera mu bwenge azakizwa."

Imigani 28:26

"Dore ijisho ry'Uwiteka riri ku bammubaha, riri ku bategereza imbabazi ze. Ngo akize ubugingo bwabo urupfu, abarinde mu nzara badapfa."

Zaburi 33:18-19

"Nategereje Uwiteka nihanganye, antegera ugutwi yumva gutaka kwanjye. Kandi ankura mu rwobo rwo kurimbura no mu byondo by'isayo, ashyira ibirenge byanjye ku rutare, akomeza intambwe zanjye. Kandi yashyize indirimbo nshya mu kanwa kanjye, ni yo shumwe ry'Imana yacu, benshi bazabireba batinye biringire Uwiteka."

Zaburi 40:1-3

"Asubiza intege mu bugingo bwanjye, anyobora inzira yo gukiranuka ku bw'izina rye."

Zaburi 23:3

"Uwiteka acungura ubugingo bw'abagaragu be, nta wo mu bamuhungiraho uzacirwaho iteka." Zaburi 34:22

IGICE CYA MAKUMYABIRI NA BITATU [Imigendere Ye]

Imigendere ye

Imigendere y'umugabo nyumva nk'urugendo rwe mu buzima, icyerekezo afite, intego ye ndetse n'intambwe atera ngo azayigereho. Buri munsu, hari inzira ahitamo. Imwe muri izo nzira izamufasha gukomeza ajya mbere. Izindi zose zizamuyobya. Uburyo agendamo bugira ingaruka ku mpagarike ye yose: uburyo abanyemo n'abandi, uburyo yita ku muryango we, uburyo abantu bamubona ndetse n'uko ameze. Nabonye abagabo batari ibitangarirwa bagira aho bava bakagera heza ku bwo kuyoborwa na Mwuka Wera. Mu gihe ishusho ya Yesu yarushagaho kubigaragarizamo, bagendaga bagira ubutunzi butagira akagero, ukwera kwuje ubwiza ndetse n'ubwishingizi bw'imbere bwo kuba barasobanukiwe ko bari mu nzira nziza. Ibyo byabahaga imbaraga ndetse n'icyerekezo cyo kuzagera ku igeno ryabo, kandi ibyo ntibyatumaga baba beza gusa ahubwo byanabahindura nka rukuruzi ibakururiraho abandi.

Bibiliya isobanura neza uko imigendere yacu yagakwiriye kumera. Dukwiriye kugendera mu micombonera ikwiriye: *“Uwiteka ntazagira ikintu yima abagenda batunganye”* (Zaburi 84:11). Tugomba kugendera mu butungane kuko: *“Ugenda atunganye azakizwa”* (Imigani 28:18). Dukwiriye kugendana n'abajyanama twahisemo tubyitondeye: *“Habirwa uwubaha Uwiteka maze akagenda mu nzira ze”* (Zaburi

128:1). Dukwiriye kugendana n'abanyabwenge: “*Ugendana n'abanyabwenge, azahinduka umunyabwenge na we*” (Imigani 13:20). Dukwiriye kugendera mu butungane kuko: “*Ugenda atunganye aba agenda akomeye*” (Imigani 10:9). Hejuru ya byose, dukwiriye kugendera hejuru y'inzira yo kwera: “*Kandi hazabayo inzira nyabagendwa kandi izitwa inzira yo kwera. Kandi abanduye imitima ntibazayicamo. Abubwo izaba iya ba bandi. Abagenzi nabo baba ari abaswa ntibazayiyoba*” (Yesaya 35:8). Igishimishije nuko iyo ugendera mu nzira yo kwera, nuko nitunibeshyaho gato, tutazaba intabwa ku bw'ibyo.

Lucien, umugabo wa Marie-Claire, ni umugabo usenga ku buryo nta wakeka ko yaba umuswa. Rimwe yigeze gushora amafaranga menshi atabitekerejeho cyane, nuko bimuviramo igihombo nyuma y'igihe runaka ndetse abona ko yagize amahitamo mabi. Ndetse yarushagaho gutakaza amafaranga uko yayakoreshaga mu bintu bya hato na hato. Ibyo yakoze byari bunatume umuryango wabo bombi umererwa nabi mu by'ubukungu, ubuzima ndetse n'urushako rwabo. Ariko kuko Lucien yashikamaga mu kumvira no kwera imbere y'Uwiteka, babonye ubishingira. Kuba yarahutiyeho afata umwanzuro atatekerejeho neza ndetse atanagishije Uwiteka inama byamutaye mu bibazo bikomeye ariko ntiyaretswe ngo arimbuke.

Yesu yavuze ko hariho inzira imwe gusa yo kunyuramo kandi hariho n'irembo rimwe gusa ryo gucamo. “*Ni nyje nzira*” (Yohana 14:6). Inzira ijyana ku kurimbuka ni ngari kandi iragutse kandi abayinyuramo ni benshi. “*Ariko irembo rifunganye n'inzira ijya mu bugingo iraruhije, kandi abayinyuramo ni bake*” (Matayo 7:14). Sabira umugabo wawe ngo abashe kuyivumbura.

Sabira ngo umugabo wawe abashe kuyoborwa na Mwuka Wera w'Imana. Musabire ngo abashe kuguma mu nzira nziza binyuze mu gushyira kwizera kwe kose mu Ijambo ry'Imana, afite umutima wumvira kandi afite no kwihana byimbitse kuri buri gikorwa cyose yakoze nyamara kidahuje n'ubushake bw'Imana ku mibereho ye. Kwizera no kumvira bizamurindira mu nzira yo kwera; mu kuyoborwa na Mwuka Wera, atari kamere, ni bwo azayigumamo.

Imana ishaka kuyobora umugabo wawe kuri buri ntambwe ye (Abagalatiya 5:25), kugira ngo ashobore kugendana na Yo kandi akurire mu gusa na Yo.

Umugabo ugendana n'Imana aba mwiza rwose!

Isengesho

Uwiteka, "Nzi ko inzira y'umuntu itaba muri we, ntibiri mu muntu uagenda kwitunganiriza intambwe ze" (Yeremiya 10:23). Nuko ndagusabye, Uwiteka, ngo uyobore intambwe z'umugabo wanjye. Umuyobore mu mucyo wawe, mu nzira yawe, kugira ngo agende bihujwe n'ukuri kwawe. Ndasaba ngo imigendere ye ihore ikunogeye kandi ahorane inyota y'ijambo ryawe. Ubane na we kandi umubere inkomezi itanyeganyega. Umuyobore mu nzira zawe kandi umushoboze kuzibukira inzira ze mbi. Umuhishurire buri cyaha cyose gishobora kumubuza kugenda nk'uko ubishaka. Umushoboze kwihana byimbitse mu gihe yatandukiriye amategeko yawe. Umurememo umutima wera kandi umuhe kugira umwuka uri hamwe. Ntumujugunye kure y'aho uri kandi ntumukureho Mwuka wawe Wera (Zaburi 51:10-11).

Uwiteka, Ijambo ryawe rivuga ko abayoborwa na kamere badashobora kukunezeza (Abaroma 8:8).

Nuko ndagusaba ngo (izina ry'umugabo wawe) umushoboze kugendera mu Mwuka atari mu mubiri, kandi agendere kure inzira y'abanyarugomo" (Zaburi 17:4). Nuko ubwo agenda ayobowe na Mwuka Wera, umushoboze kwera imbuto za Mwuka ari zo: Urukundo, umunezero, amahoro, kwihangana, kugira neza, kugwa neza, ubudahemuka, ubwiyoroshye no kumenya kwifata (Abagalatiya 5:22-23). Umurindire mu nzira yo kwera kugira ngo abashe kuba uwawe rwose mu nguni zose z'ubuzima bwe.

Amasomo ya Bibiliya yagufasha

“Nuko ndabingira... ngo mugende uko bikwiraye ibyo mwahamagariwe, mwicisha bugufi rwose, mufite ubugwaneza bwose no kwihangana, mwihanganirana mu rukundo.”

Abefeso 4:1-2

“Ugendana gukiranuka akavuga ibitunganye, akagaya indamu iva mu gahato, agashwishwuriza impongano bamuha, akipfuka mu atwi ngo atumva inama yo kuvusha amaraso, agahumiriza amaso ngo atareba ibibi. Uwo ni weuzatura aharengaye yikingire igihome cyo ku rutare, azahabwa ibyo kurya bimutunga n'amazi yo kunywa ntazayabura.”

Yesaya 33:15-16

“Nuko bakundwa ubwo dufite ibyo byasezeranijwe, twiyezeho imyanda yose y'umubiri n'umutima, tugende twiyejesha rwose kubaha Imana.”

2 Abakorinto 7:1

“Uwiteka, ni nde uzaguma mu ihema ryawe? Ni nde uzatura ku musoi wawe wera? Ni ugendera mu bitunganye agakora ibyo gukiranuka, akavuga iby'ukuri nk'uko biri mu mutima we.”

Zaburi 15:1-2

“Amaso yanjye azaba ku banyamurava bo mu gihugu kugira ngo tubane, ugendera mu nzira itunganye ni we uzankorera.”

Zaburi 101:6

IGICE CYA MAKUMYABIRI NA BINE [Amagambo Ye]

Amagambo ye

Mbese waba waragerageje kwitegereza umugabo uzi kuvuga ariko udakora? Abenshi bamara umwanya munini bivuga ibyo bashobora gukora aho kubikora! Mu by'ukuri abo ntaho bava kandi ntaho bajya. *“Inzozo zizanwa n'imiraho myinshi, kandi ijwi ry'umupfapfa rimenyekanira ku magambo menshi”* (Umubwiriza 5:3). Inzozo ntiziba impamo binyuze mu kumara umwanya munini uzivugaho aho kuzisengera no kugira icyo ukora ngo zibe impamo.

Ese waba waeigeze uganira n'umugabo warakaye, usesagura amagambo ndetse utiyubashye mu mvugo ye? Ibitekerezo bye bituma abamwumva batifuza kuguma iruhande rwe.

“Gusharira kose n'uburakari n'umujinya n'intonganya no gutukana hamwe n'igomwa ryose bibavemo” (Abefeso 4:31). Ibintu byiza mu buzima ntibijya bigera ku bantu bahora bavuga ibibi gusa.

Ese waba uzi umuntu uhora yiganyira? Buri kibaye cyose, ntiyabura ikimutera ukutishima. *“Mukore byose mutitotomba, mutagishanya impaka, kugira ngo mutabaho umugayo cyangwa uburyarya. Mube abana b'Imana batagira inenge hagati y'ab'iki gihe kigoramye cy'ubugoryi, abo*

mubonekeramo nk'amatabaza mu isi" (Abafilipi 2:14-15). Amagambo mabi atera ingaruka mbi ndetse ni gake cyane ibintu bigendekera neza umuntu uhorana ibitekerezo bimeze bityo.

Ese waba uzi umugabo wihutira kuvuga adatekereje ku ngaruka iva mu kuvuga amagambo ye? Afungura akanwa ke atitaye ku ngaruka ishobora kuva mu byo avuga. *"Umutima w'umukiranutsi utekereza icyo ari busubize, ariko akanwa k'umunyabyaha gasesagura ibigambo"* (Imigani 15:28). *"Mbese wabonye umuntu uhuta amagambo, bakwemera umupfapfa kumurutisha uwo"* (Imigani 29:20). Umuntu upfa kuvuga atitaye ku byo avuga aba yitegurira ibihe biruhije by'ahazaza.

Ese waba warigeze ubona umugabo uca integer umugore we, umwana we, inshuti ye cyangwa uwo bakorana, akoresheje amagambo? *"Ururimi ni rwo rwica kandi ni rwo rukiza; abarukunda bazatungwa n'icyo ruzana"* (Imigani 18:21). Uwo mugabo azikururira kurimbuka.

Amagambo yacu ashobora kudutsindishiriza cyangwa gutsindisha (Matayo 12:37). Ashobora ndetse no kuduha uburyo bwo kunezerwa (Imigani 15:23), ashobora no kuduhumanya no kodusuzuguzwa (Matayo 15:11). Ibyo tuvuga bishobora gukiza cyangwa gukomeretsa umutima w'utwumva (Imigani 15:4). Ingaruka z'amagambo yacu ni nyinshi cyane kuburyo zishobora kuturimbuza cyangwa kudukiza (Imigani 13:3).

Buri wese agomba gutoranya icyo agiye kuvuga, kandi uvuga ibyiza azagororerwa. *"Utabumbuye akanwa kea fata ururimi rwe, ni we urinda ubugingo bwe amakuba"* (Imigani 21:23). Tega amatwi uko umugabo wawe avuga. Ikiva mu kanwa ke cyerekana uko amerewe. *"Kuko ibyuzuye mu mitima ni byo akanwa kavuga"* (Matayo 12:34). Niwumva yiganyira, avuga ibibi, avuga ibitekerezo bipfuye, byangiza abandi,

aba afite umutima urwaye. Sengera ngo Mwuka wera yemeze umutima we, awuzuze urukundo rwe ndetse n'umunezero we kandi amwigishe kuvuga neza.

Isengesho

Uwiteka, ndagusabye ngo ku bwa Mwuka wawe wera urinde umunwa w'umugabo wanjye kugira ngo avuge amagambo yo gufasha abandi kandi ahesha ubugingo. Umufashe ngo ntavuge ibibonetse byose, yiganyira, cyanwaga ngo akoreshe imvugo idakwiriye, idasenyaye, ahubwo abe uwitwararika kugira ngo agire ibiganirye byiza kandi bitunganywe. Ijambo ryawe rivugaga ko niba umuntu ashakaga kurama kugira ngo azabone ibyiza akwiriye kubuza ururimi rwe kuvugaga ibibi (Zaburi 34:12-13). Umwerekere uko akwiriye kubigenzaho. Umwuzuze urukundo rwawe kugira ngo umutima we usendere amagambo yubakira atari asenyaye. Ibyo kandi nanjye ubikorere umutima wanjye.

Mwuka wawe w'urukundo aganze mu magambo tubwirana kugira ngo twumvane kandi duheshanywe umugisha. Udushoboze kubahana, kubwirana amagambo atera imbaraga, dusangira ibiturimo nta mbebya, kandi atugeze ku kumvikana hatabayeho amakimbirane. Uwiteka, wavugiyemo mu Ijambo ryawe ko abantu babiri bahuje umutima uba uri hagati yabo. Ndifuza ko n'ibyacu byamara bita: "ko waba hagati icyo twembi kugira ngo tubashe guhuza umutima. "Amagambo yo mu kanwa kanywe n'ibyo umutima wanjye umbwira bishimwe mu maso yawe, uwiteka Gitare cyanywe mucunguzi wanjye!" (Zaburi 19:14)

Amasomo ya Bibiliya yagufasha

“Ijambo ryose riteye isoni ntirigaturuke mu kanwa kanyu, ahubwo uko mbonye uburyo muje muvuga iryiza ryose ryo gukomeza abandi kugira ngo ribeshe abaryumvise umugisha.”

Abefeso 4:29

“Kandi ndababwira yuko: ijambo ry'impfabusa ryose abantu bavuga bazaribazwa ku munsu w'amateka.”

Matayo 12:36

“Ni nde ushaka ubugingo agakunda kurama kugira ngo abone ibyiza? Ujye ubuza ururimi rwawe rutavuga ikibi n'iminwa yawe itavuga iy'uburiganya.”

Zaburi 34:12-13

“Amagambo ava mu kanwa k'umunyabwenge amutera igikundiro, ariko iminwa y'umupfapfa izamuroha mu rumira.”

Umubwiriza 10:12

“Ariko ibiva mu kanwa biba bivuye mu mutima ni byo bihumanya umuntu.”

Matayo 15:18

IGICE CYA MAKUMYABIRI NA BITANU [Ukwihana Kwe]

Ukwihana kwe

Suzanne yasenze imyaka myinshi cyane kugira ngo umugabo we, Julien, areke ibiyobyabwenge. Ariko akenshi akabona aracyabikomeza. Buri gihe umugabo wahoraga asabira imbabazi ikosa rye ndetse agasezerana kutazarisubira. Ariko akenshi akongera akabigwamo. Umugore we yahoraga amusabira ngo Imana imuhe kwihana nyakuri guhindure umutima—kwa kundi guhindura umuntu kugatuma agendera mu cyerekezo gishya.

Mu buryo bugoranye cyane, Julien hari amasomo akomeye kandi aruhije byamusabye kwiga mbere y'uko Imana igira icyo ihindura ku buzima bwe. Uyu munsu ni umugabo wahindutse mushya, kandi we na Suzanne, bafite umurimo ufite imbaraga bakora wo gufasha abafite ibyo bibazo. Suzanne yari umugore usenga cyane kandi ntiyigeze adohoka mu kwizera ko Imana yari buzashoboze umugabo we kwihana by'ukuri.

Buri wese agira amakosa. Icyo si cyo kibazo. Ahubwo hariho icyorezo cyafashe abantu benshi cyo gutuma batemera ko bakoze nabi. Imana igira iti: *“Nitwatura ibyaha byacu, ni Yo yo kwizera kandi ikiranukira kutubabarira ibyaha byacu no kutweza gukiranirwa kose”* (1

Yohana 1:9). Ariko mbere na mbere, tugomba gusabira imbabazi ku cyo twakoze.

Dukurikije uburyo Imana ikora ibintu, hariho intambwe eshatu zigeza ku guinduka kw'imyifatire yacu. Bwa mbere hari *ukwatura*, bisobanuye *kwemera* ikosa ryacu. Hakurikiraho *kwihana*, aribyo bituma umuntu *yumva ababajwe* n'icyo yakoze kibi. Hanyuma hakaza *gusaba imbabazi*, ari byo bitugeza mu *kutweza no kutubohora* ku byo twakoze bibi. Kudashobora cyangwa se kwanga kunyura muri izo ntambwe uko ari eshatu usanga bishingiye mu kwiyezera. Umugabo udashobora guca bugufi ngo asabe Imana imbabazi ndetse n'imbere y'abantu azagira ibibazo mu buzima bwe bizagumana nawe iteka. *"Nubona umuntu wiyita umunyabwenge, hakwemerwa umupfapfa kuruta uwo"* (Imigani 26:12)

Ese umugabo wawe biramugora kwemera amakosa ye? Cyangwa ni umugabo ushobora kuvuga ngo *"Mbabarira..."* inshuro nka makumyabiri ku munsu kandi adahinduka ndetse n'uburyo asabamo imbabazi budahinguka? Muri ubwo buryo bwombi, haba hakenewe umutima wihannye. Ukwihana nyakuri bivuze kubabazwa cyane n'ibyo wakoze maze ugaharanira kutabisubira. Imana yonyine ni Yo ishobora gutuma tubona icyaha nk'uko kiri mu by'ukuri kandi ikadushoboza kumva nk'uko ibishaka. *"Kugira neza kw'Imana ni ko kukurehereza ku kwihana"* (Abaroma 2:4). Ukwihana ni urugendo rutangizwa n'ubuntu bw'Imana kandi dushobora gusenga ngo ibyo bikorerwe ubugingo bw'abagabo bacu.

Abagabo benshi baraguye kubera kwiyezera kwabo no kutagira ubushobozi bwo kwatura no kwihana. Ibyo kandi duhora tubibona cyane. Ibyo ndetse tunabisoma mu binyamakuru. Ibyaha biticuujijwe ntibishobora kwibagirana. Bihinduka nka kanseri kandi

bikarimbura ubugingo. Senga ngo umugabo wawe amenye icyaha cye, acyaturire imbere y'Imana aciye bugufi; kandi nawe ibyo ubivane mu nzira maze ukore ibindi. *“Imana ntishaka ko bagira n'umwe urimbuka ahubwo itwihanganira ishaka ko bose bihana”* (2 Petero 3:9).

Isengesho nk'iryo rishobora kuba rikomereye uwo byabayeho ariko biranoroshye cyane ko Imana itumurikira maze tukabona icyaha hakiri kare tutaragerwaho n'ingaruka zacyo.

Umugabo wawe azabigushimira cyane byaba vuba cyangwa bitinzeho, n'iyi atabivugisha akanwa ke.

Isengesho

Uwiteka, Ndakwinginze ngo ufashe umugabo wanjye kubona amakosa yo mu buzima bwe. Umushoboze gutuma nta na “kimwe cyatwikiriwe kitazatwikururwa cyangwa icyahiswe kitazamenyekana” (Matayo 10:26). Umwezeho icyaha cyose cyihishe ashobora kuba afite kandi umwigishe kuba umuntu wicuza amakosa ye vuba cyane (Zaburi 19:12).

Umushoboze kumenya amakosa ye. Kandi umuhe amaso yo kubona ukuri kwawe ndetse n'amatwi abasha kumva ijwi ryawe. Umugeze ku kwihana nyakuri imbere yawe. Nibimusaba kubabara, umuhe kugira ngo bibe ari ukubabazwa n'ibibi yakoze atari ukubabazwa n'ibyago bimuteye biturutse ku mwanzi kubw'ibibi yakoze aticujije. Uwiteka, nzi neza yuko guca bugufi kubanziriza icyubahiro (Imigani 15:33). Wirukane rwose ukwiyemera kw'ubwoko bwose kwatuma ahakana amakosa ye ahubwo umutima we ukorweho kugira ngo uce bugufi kugira ngo umuhe icyubahiro umuteganiirije.

Amasomo ya Bibiliya yagufasha

“Nubwo imitima yacu iducira urubanza, kuko Imana iruta imitima yacu kandi izi byose, bakundwa imitima yacu nitaducira urubanza turatinyuka imbere y’Imana. Kandi icyo dusaba cyose tugihabwa na Yo kuko twitondera mategeko yayo tugakora ibishimwa imbere yayo.”

1 Yohana 3:21-22

“Uhisha ibicumuro bye ntazagubwa neza. Ariko ubyatura akabireka azababirwa.”

Imigani 28:13

“Mana ndondora umenye umutima wanjye, mvugutira umuenye ibyo ntekereza! Urebe yuko hariho inzira y’ibibi ndimo, maze unshorerere mu nzira y’iteka ryose.”

Zaburi 139:23-24

“Ngicecetse amagufwa yanjye ashajishwa no kuniha kwanjye umunsi ukira. Kuko ukuboko kwawe ku manywa na ninjoro kwandemereraga, ibyuya byanjye bigahinduka nk’amapfa yo mu cyi. Nakwemereye ibyaha byanjye, sinatwikiriye gukiranirwa kwanjye, naravuze nti: Ndaturira Uwiteka ibicumuro byanjye, nawe ankuraho urubanza rw’ibyaha byanjye.”

Zaburi 32:3-5

“Ariko umugaragu w’Umwami wacu ntakwiriye kuba umunyamahane, ahubwo akwiriye kugira ineza kuri bese, agakunda kwigisha, akihangana, agahanisha ubugwaneza abamugisha impaka ngo ahari nibishoboka Imana ibabe kwihana ngo bamenye ukuri, basinduke bave mu mutego wa Satani wabafashe mpiri, babone gukora ibyo Imana ishaka.”

2 Timoteyo 2:24-26

IGICE CYA MAKUMYABIRI NA BITANDATU [Ukubaturwa Kwe]

Ukubaturwa kwe

Melissa yari ahangayikishijwe cyane no kuba umugabo we yita ku by'inzoga. Mu by'ukuri Marc ntiyari umunyanzoga, ariko yagaragazaga ibimenyetso bijya gusa n'ibya se umubyara, wari umusinzi. Umugore we yasengaga cyane kugira ngo agatekerezeho ako ari ko kose kerekeye ku nzoga kave ku mugabo we, kandi yarasengaga cyane kugirango abana babo batazasigirwa uwo murage mubi. Yasabaga Imana ngo inabarinde ibimenyetso byo kuba abanyanzoga. Kugeza uyu munsu, umugabo we ndetse n'abana be b'ingimbi ntibatwawe n'inzoga na gato. Yasobanukiye ko imbaraga z'Imana ari zo zasubije amasengesho ye kandi zikagira uruhare rukomeye mu kubarinda uwo murage mubi.

Stephanie yari amaranye n'imyaka myinshi ubwo yavumburaga ko umugabo arwana n'umwuka w'ubuhehesi. Ikibazo si uko atamukundaga. Yarwanaga n'ibyaha by'ahashize—ibigendanye n'imibereho idahamye—iyo atigeze afatira umwanzuro wo kureka cyangwa ngo yitarure. Ubwo umugore we yabonaga ko umugabo we amerewe uko, yafashe gahunda yo gusengera kubohorwa kwe. Kuko n'umugabo yabyifuzaga, ntibyamutwaye igihe kinini ngo abohorwe kuri ibyo.

Buri wese akeneye kubohorwa mu gihe kimwe cyangwa ikindi, kuko imigozi myinshi igerageza kutwizingiraho. Ibyo Imana irabizi. Yesu yaba yaraje kutubera umucunguzi gute niba tudakeneye kubohorwa? Kuki se yaba yaratwigishije gusenga ngo: *“Udukize umubi!”* (Matayo 6:13) niba ntacyo bimaze? Kuki yadusezeranya kudukiza ibishuko (2 Petero 2:9), kurindwa kugwa mu gico cy'abanyarugomo (Zaburi 140:1), imibabaro (Zaburi 34:18) ndetse n'urupfu (2 Abakorinto 1:10), niba itabishaka? Imana yiteguye kubidukorera rwose. Icyo dusabwa gusa ni ukubimusaba. *“Kandi unyambaze ku munsu w'amakuba no ku w'ibyago, nzagukiza nawe uzanshimisha”* (Zaburi 50:15).

Mbese ntibiteye ihumire kumenya ko igihe dusakiranye n'ibihe bitugoye turimo, ko Imana yumva gutaka kwacu kandi ikohereza ubutabazi? Imana ireba rwose icyo dukeneye. *“Kuko azaba arebye hasi, ari hejuru ahera he, Uwiteka arebeye isi mu ijuru, kugira ngo yumve kuniha kw'imbohe, abohore bategekewe gupfa”* (Zaburi 102:19-20). Biteye ishema kuba umuntu yuzuye ubwishingizi bw'uko n'igihe nta makiriro ahari, ko Imana ishobora kudutabara mu buryo bw'igitangaza ndetse ikadushyira kure y'icyashoboraga kutwangiza (Zaburi 25:15)! Ese ibyo hari utabyifuza?

Ndetse n'iyi umugabo wawe yaba adapfa kwemera ko akeneye ubufasha, kuko akenshi abagabo babifata nk'intege nke, amasengesho yawe asobora kumufasha kubohorwa. Ushobora gusaba umucunguzi ngo amubohore ku kintu cyose cyamuziritse. Ku bw'isengesho, ushobora guhinduka umunyembaraga ndetse ukabasha guhangana n'umwanzi umwibasiye. *“Ubwo Kristo yatubaturije kuba ab'umudendezo, nuko muhagarare mushikamye, mutacyongerera kubohwa n'ububata”* (Abagalatiya 5:1). Nk'uko

nabisobanukiwe, uburyo buruta ubundi bwo kuguma uri umunyambaraga ni ukwambara intwaro zose z'Imana.

Ni uko njya nisengera kandi nsengera umugabo wanjye kandi ibyo nasanze bifite imbaraga zihagije rwose. Aho kugira ngo mbigusobanurire, reka mbivuge muri iri sengesho rikurikira.

Isengesho

Uwiteka, watubwiye kugutabaza ku munsu wacu w'amakuba kandi ko uzadukiza rwose (Zaburi 50:15). Ndakuraritse muri uyu mwanya ngo ubane natwe kandi ngusabye kubohora umugabo wanjye. Umubohore ku bimuzirika byose. Umubohore ku (Vuga ikintu runaka). Umukize vuba bishoboka kandi umubere ubuhungiro n'igihome kugira ngo bimukize (Zaburi 32:2). Umuhe kunesha imbere y'umwanzi (Zaburi 31:15).

Umugeze ku rwego rwo gusobanukirwa n'uburyo ikibi gikora mu buzima bwe kugira ngo agutabaze. Mu gihe ubutabazi umuteganiye butamugezeho ako kanya, umurinde kugira ngo agume mu bwishingizi bw'uko wowe watangiye umurimo muri we ari nawe uzawusohozza (Abafilipi 1:6). Umuhe ubwishingizi bwo kumenya ko nubwo yaba ari mu bihe bikabije kuba bibi kandi akumva ko ntacyo yabasha kugeraho, ko wowe Uwiteka ushobora kugira icyo ukora.

Umufashe gusobanukirwa ko *"tudakirana n'abafite inyama n'amaraso, ahubwo ko dukirana n'abatware n'abafite ubushobozi n'abatega iyi si y'umwijima, n'imyuka mibi y'ahantu ho mu ijuru"* (Abefeso 6:12). Ndasaba ngo akomerere mu Mwami kandi yambare intwaro zose z'Imana kugira ngo abashe guhagarara adatsinzwe n'uburiganya bwa Satani ku munsu mubi. Umushoboze gukenyera ukuri no kwambara gukiranuka nk'icyuma gikingira igituza, akwese inkweto ari zo mwete w'ubutumwa bwiza. Umushoboze gutwara kwizera nk'ingabo, azabasha kuzimisha imyambi y'umwanzi yaka umuriro. Ndasaba ngo yambare agakiza nk'ingofero, kandi yitwaze inkota ya Mwuka, ari yo Jambo ry'Imana, asenge iminsi yose mu buryo bwose bwo gusenga no kwinginga asengeshya Mwuka, akomeye kandi ashikamye kugeza ku iherezo (Abefeso 6:13-18).

Amasomo ya Bibiliya yagufasha

“Uwiteka ni we gitare cyanjye, ni igihome cyanjye kinkingira, ni Umukiza wanjye, ni Imana yanjye, ni Urutare rwanjye rukomeye. Ni wowe nzahungiraho, ni wowe ngabo inkingira, ihembe ry'agakiza kanjye. Ni igihome cyanjye kirekire. Nzajya namba za Uwiteka ukwiriye gushimwa, nibwo nzakizwa abanzi banjye.”

Zaburi 18:2-3

“Kuko yankunze akaramata ni cyo nzamukiriza, nzamusyira hejuru kuko yemeye izina ryanjye.”

Zaburi 91:14

“Ariko mu ijuru arambura ukuboko aramfata, ankura mu mazi y'isanzure. Ankiza umwanzi wanjye ukomeye n'abanyanga, kuko abarusha amaboko. Bari bantanze imbere ku munsu w'amakuba yanjye, ariko Uwiteka ni We umbereye ubwishingikirizo. Abinkuramo anshyira hagati, yankirije kuko yanyishimiraga.”

Zaburi 18:16-19

“Kuko wakijije ubugingo bwanjye urupfu. N'ibirenge byanjye wabikijije gusitara, ngo mbone uko ngendera mu maso y'Imana mu mucyo w'ababaho.”

Zaburi 56:13

“Mwuka w'Uwiteka ari muri njye, ni cyo cyatumye ansigira kugira ngo mbwirize abakene uybutumwa bwiza. Yantumye kumenyesha imbohe ko zibohorwa n'impumyi ko zihumuka no kubohora ibisenzegeri, no kumenyesha abantu iby'umwaka Umwami agiriyemo imbabazi.”

Luka 4:18

IGICE CYA MAKUMYABIRI NA BIRINDWI [Ukumvira Kwe]

Ukumvira kwe

Lise yari ahangayishijwe n'umugabo we Jonathan, utarakuraga mu by'umwuka nk'uko we yari ameze. Lise umubano we n'Imana wagendaga urushaho kwimbika ariko ugasanga umugabo we si ko bimeze. Lise yumvaga ataye umutwe iyo yatekerezaga ko umugabo we atari kumufasha ngo baterane intambwe muri urwo rwego rw'ingenzi mu kubaho kw'umuntu. Lise ntiyashakaga kugaragara nk'aho ari we ukomeye mu by'umwuka mu rugo. Buri uko Lise yavugaga kuri iyo ngingo ni ko Jonathan yamuhakaniraga amubwira ko ahuze cyane mu kazi ku buryo adafite umwanya wo gusenga no kwiga ijamba ry'Imana. Ingendo ze z'akazi zatumaga akenshi atabone muri 'weekend' ku buryo byatumaga ajyana gake cyane na Lise mu rusengero n'abana.

Icyabangamiraga Lise kuruta ibindi, nuko byagaragaraga ko bitabangamiye Jonathan; keretse igihe yabaga yakoze akaruha cyane. Ubwo yabaga asa nk'aho afite byinshi byo gukora mu mwanya muto, Lise yabonaga ko umugabo we ananiwe. Kandi Lise yari azi ko umugabo aramutse afashe umwanya akaganira n'Uwiteka kugira ngo amuhe imbaraga z'ibitekerezo ko ubuzima

bwe bwamera neza. Gusa Lise yari azi neza ko umugabo atiteguye kumvira iyo nama.

Lise yari azi ko Imana ishaka ko Jonathan atera intambwe yo kumvira, ariko Lise ahitamo kutagira icyo amubwira. Aho kugira ngo abimubwire, yafashe gahunda yo kumusengera buri munsu kugira ngo agirire Imana inyota. Nubwo yamaze amezi menshi asenga ariko nta mpinduka igaragara, nibwo rimwe umugabo we yamubwiye mu gitondo kare atuje ati: “Uyu munsu ngiye mu biro kare kugira ngo mbanze marane isaha n’Uwiteka mbere yo kugira icyo nkora”

Ibyo binyura Lise cyane ashima Imana mu mutima bucece.

Kuva ubwo, mu buryo budasanzwe bubaho, akajya ava mu rugo kare mu cyumeru runaka ngo ajye gusoma Bibiliya kandi asengere mu biro bye. Ibyo abimaranye imyaka ibiri kandi iby’umwuka bye byariyongereye cyane ndetse binamushoboza kwita ku buzima bwe. Akora imyitozo ngororamubiri, akarya biringaniye, agabanya ibiro kandi akabona ko ibyo ari ingenzi kandi yagaruye imbaraga nshya. Imana yonyine ni Yo yamushoboje ibyo byose.

Ese ubonye umugabo wawe agendera mu nzira mbi, ntacyo kumubwira wabona? Niba wakibona, ni ryari kandi ni mu buhe buryo bikwiriye kuba wakimubwira? Naje gusanga ko uburyo buruta ubundi bwo gukora ibyo ari uko wabanza ugashyira Imana ibitekerezo byawe maze ikakurobanurira igikwiriye. Birashoboka ko Imana izakubwira kwisecekeza, nkuko byagendekeye Lise. Ariko niba igutegetse ku kuganira n’umugabo wawe ku ngingo runaka ikomeye, birashoboka cyane rwose ko Imana izavugana n’umugabo wawe binyuze muri wowe niba uzaba wafashe umwanya uhagije wo kubisengera mbere yo kuvuga. Icyo wumva

cyamubabaza cyose ukakimubwira, kizatanga umusaruro mubi. Ikizaba cyiza ni uko wakwicecekerana. Senga ngo amaso ye ahumukire ukuri kandi umutima we wemezwe kuko ari byo bizakorohera kuruta ko hari icyo wamubwira. Ushobora kumutera umwete wo gukora igikwiriye kandi ugasengera kugira ngo agire amahitamo meza, ariko hejuru ya byose ni ijwi ry'Imana rizagira icyo rimubwira kiruseho.

Nta muntu n'umwe ushobora guhabwa icyo Imana imufitiye gihe atagendera mu kumvira. Yesu utaracaga ibintu ku uruhande yagize ati: *"Nushaka kugera ku bugingo, witondere amategeko"* (Matayo 19:17). Yari azi neza ko nta kintu cyahesha umuntu amahoro n'ubwishingizi nko kuba umuntu yamenya ndetse agakora icyo Imana ishaka.

Ijambo ry'Imana ridusezeranira ko binyuze mu kumvira inzira z'Imana, umugabo wawe azabona imbabazi (Zaburi 25:10), amahoro (Zaburi 37:37), umunezero (Imigani 29:18), ukuzuzwa (Imigani 21:5), imigisha (Luka 11:28) n'ubugingo (Imigani 21:21). Kutabaho wumvira Imana bitugiraho ingaruka zikomeye (Imigani 28:9) kandi bikatubuza kuzaragwa ibyiza Imana yaduteguriye (1 Abakorinto 6:9).

Kugendera mu kumvira Uwiteka ntibivuze kugendera mu mategeko ye gusa, ahubwo binavuze mu gushishikarira ibyo atuyoboyemo byose. Nk'urugero, niba Imana ibwira umugabo wawe kuruhuka maze ntabikore, ibyo ni ukutumvira. Niba Imana yaramutegetse gukora akazi runaka maze akagakomeza, nabyo ni ukutumvira. Niba Imana yaramubwiye kwimukira handi hantu maze ntabikore, nabyo ni ukutumvira...

Ukora ibyo Uwiteka asaba aba yubaka inzu ye ku rutare. Iyo imvura iguye ndetse umuyaga ukaza bikikubita kuri iyo nzu, ntizagwa (Matayo 7:24-27). Nzi neza ko utifuza ko urugo rwanyu rwasenyuka mu buryo ubwo ari bwo bwose. Nturi umubyeyo we kandi nturi na Polisi, ariko inshingano yawe ni ugusenga no kumuganiriza ariko uyobowe n'Imana.

Niba kutumvira Imana k'umugabo wawe kwaramaze guteza ibibazo runaka mu rugo, menya ko Imana izabahiriza kumvira kwanyu maze ikanarinda umuryango wanyu ngo utazimira. Izabahundagazaho imigisha yayo kandi izasubiza mu buryo ibyatakajwe. Komeza usengere umugabo wawe ngo ntabe utumva mu gihe ijwi ry'Imana rivugana na we kandi agire imbaraga, umwete ndetse n'ishyaka ryo gukora akurikije icyo yumvise.

Isengesho

Uwiteka, wambwiye mu ijamba ryawe ko nitugumana icyaha mu mitima yacu, ko utazigera na rimwe utwumva (Zaburi 66:18). Ndashaka ko wumva gusenga kwanjye kandi ndagusaba ko wampishurira buri kimwe cyose kigendanye no kutumvira cyaba kiri mu mibereho yanjye, by'umwihariko mu isano mfitanye n'umugabo wanjye. Nyereka aho nabaye uwihugiraho, indashima, unenga, urakara, usharira cyangwa umugwa nabi. Nyereka aho ntigeze nkubahisha ngo nkumvire. Nicujije nemera koa ho hari icyaha kandi ko ngisabiye imbabazi.

Ndagusabye nog uhe (izina ry'umugabo wawe) icyifuzo cyo kubaho yumvira amategeko yawe n'inzira zawe. Hishura kandi ushinfure buri kimwe cyose yakiriye muri we kandi kidaturutse iwawe. Umufashe kugira ngo abe ari wowe ugenga buri gitekerezo na buri gikorwa cye. Umwibutse kgukora icyiza no kutagira uwo abwira nabi, abe umunyamahoro, uwunganira abandi kandi wicisha bugufi (Tito 3:1-2). Umwigishe kwihanganira ibimurushya ariko bituma aba ugenda agororotse. Umwiture bikurikije gukiranuka kawe ndetse no

gutungana kw'ibiganza bye (Zaburi 18:20). Umwereke inzira zawe, Uwiteka, umwigishe aho umuyobora. Umuyobore mu kuri kwawe kuko uri Imana y'agakiza ke (Zaburi 25:4-5).

Umuhindure umugabo uguhimbaza, kuko nzi neza ko igihe tuguhimbaza, intumbero yacu isobanuka, ubuzima bwacu bugahinduka, nuko tugahabwa imbaraga nshya zo kubaho tugendera mu nzira zawe. Umufashe kumva amabwiriza umuha mu mahoro kandi umushoboze kuyumvira.

Umuhe umutima uharanira gukora ibyo ushaka, kandi umushoboze kugir amahoro azanwa no kubeshwaho no kumvira kumaramaje amategeko yawe.

Amasomo ya Bibiliya yagufasha

“Mwana wanjye, ntukibagirwe ibyigisho byanjye, ahubwo umutima wawe ukomeze amategeko yanjye kuko bizakungurira imyaka myinshi mu bugingo bwawe, ukazarama ndetse ukagira amahoro. Imbabazi n’umurava bye kukuvaho, ubyambare mu ijosi ubyandike ku nkike z’umutima wawe.”

Imigani 3:1-3

“Umuntu wese umbwira ati: Mwami mwami, si we uzinjira mu bwami bwo mu ijuru keretse ukora ibyo Data wo mu ijuru ashaka.”

Matayo 7:21

“Uwiziba amatwi ngo atumva amategeko, gusenga kwe na we ni ikizira.”

Imigani 28:9

“Ariko icyo nicyo nabategetse: Nimmwumvira ijwi ryanjye, nzaba Imana yanyu, namwe muzaba abantu banjye kandi mugendere mu nzira nabategetse zose kugira ngo mubone ihirwe.”

Yeremiya 7:23

IGICE CYA MAKUMYABIRI N'UMUNANI [Uko Yibona]

Uko yibona

Ese kuki abagabo bamwe na bamwe ubona bashoboye kandi bafite impano babona ko imiryango n'amahirwe kuri bo bihora bibafungiyeye, mu gihe abasa nk'aho bafite ubushobozi bungana n'ubwabo cyangwa se buri no munsu yabo bo baba babona bafite amahirwe menshi yane ndetse bakabona bazagera ku ntego zabo mu nguni zose z'ubuzima? Ibyo bisa nk'aho bidakwiriye. Yego twavugaga tuti ni ikibazo cy'igihe kiba kitaragera. Imana ifitiye igihe buri kintu cyose kandi ikorera muri twe kugira ngo idutegurire ibidutegereje. Kumenya ko Imana iba yarateganirije buri kintu mu gihe cyacyo biduha amahoro ndetse bikadushoboza kuyitegereza.

Ariko aho ngaho hari n'ikindi dukwiriye gusobanukirwa ari cyo kigendanye n'uburyo umugabo aba yibona ameze. Niba yibona nk'umuntu utagira icyo yigeze, azashidikanya ku gaciro ke kandi ibyo bizagira ingaruka mu byo akora byose n'uburyo abanamo na bagenzi be. Ikimubangamiye kimubuza amahwemo, bizarangira kimumugizeho ingaruka ku mushyikirano we n'umuryang, inshuti ze, abo bakorana ndetse n'abandi batamenyeranye. Aziyumvamo ko atazishimirwa kandi ni nako bizamugendekera.

Daniel byaramugoye cyane uwo yageragezaga gushaka icyerekezo cy'ubuzima bwe. Ntiyari azi uwo ari we n'umwanya we, yibazaga niba hari na kimwe afite muri ibyo. Mu gushaka gukemura iyo

mimerere yari arimo, byagize ingaruka kuri we ndetse n'umugore we Caroline. Caroline yagerageje kumufasha, ariko ukabona inama ze ntazumva. Ibitekerezo bya Caroline yabifataga nk'ibitutsi bishimangira ko ari umuntu utabasha gukemura ibibazo bye. Nuko Daniel akirengagiza rwose ibitekerezo bye, ndetse bikagera n'aho yumva nta kibazo afite. Uko Caroline yarushagaho kumva ateshejwe agaciro, niko Daniel yinangiraga, kugeza ubwo kubura amahwemo kwa Daniel kwatumye adashobora kugira ikintu na kimwe ashaka ko Caroline amubwira.

Ayo makimbirane akomeye nk'ayo yashoboraga kuba yarabagejeje mu butane, ariko Caroline yize gusenga aho gusubirisha amagambo. Nuko asaba Imana ngo imufashe kumenya uko byagendekeye Daniel. Yashakaga kumenya impamvu ahora amwigizayo ubwo we yumvaga agerageza kumufasha. Imana imuhishurira ko uko Daniel yibona byagabanutse bituruka ku byo yigiye kuri se. Ubwo nibwo buzima Daniel yabayemo ibihe bye byose nta mutuzo. Ariko uko byaba byaragendekeye Daniel kose ngo yitware atyo, Caroline yari azi neza ko Imana ishobora kumuhindura.

Nuko atangira gusenga kandi ubudatezuka kugeza ubwo Imana iciye imigozi yo kwitesha agaciro ya Daniel ndetse igahindura uko yibona. Caroline asaba Imana ngo ihishurire Daniel kubona uwo ari we mu Mwami. Anasaba Imana ngo imushoboze kuvugana na Daniel ayobowe na Mwuka aho kuyoborwa na kamere, kugira ngo amagambo ye yemerwe kandi abere inkomezi umugabo we aho kugira ngo afatwe nk'uri kunegurana.

Byasabye amezi runaka ngo Caroline abone impinduka runaka ntoya, ariko nyamara byarangiye habonetse impinduka nziza

nyakuri. Daniel yabanje kwiga kugirira icyizere umugore we ndetse no kumubona nk'uwo bafatanije mu rugendo aho kumubona nk'umwanzi we. Nuko biyemeza kumvana no kutazongera gutongana ahubwo bagashyira hamwe. Nuko Daniel atangira kujya ajya mu rusengero kenshi, nuko Caroline akabona umugabo we asoma Bibiliya kenshi kandi agasengana kwizera gushyashya rwose. Nuko gahoro gahoro, Daniel atangira kwibona nk'umwana w'Imana ukundwa cyane atari nk'uwaturuts eku ihindagurika. Uko yarushagaho kumenya neza uwo ari we ndetse agakurira mu kwishimira uko ari, ni nako n'abantu barushagaho kumwishimira. Nk'uko bikwiriye noneho, akabona imiryango n'amahirwe bimufungukiye nuko Daniel birangira yiyakiriye byuzuye ndetse agera ku ntego yari yarahoranye mu ndoto ze.

Niba uko umugabo wawe yibona bikeneye kuzamurwa, mwihanganire. Ibisubizo ntibihita biza ako kanya, kuko biba byaratwaye igihe kugira ngo agire iyo mitekerereze ndetse no kugira ngo iveho. Ariko mushobora kwiyitirira imbaraga z'Imana kugira ngo murwanye umwanzi uhora abiba ibinyoma mu mutima we kugira ngo abineshe kandi amenye ukuri kw'Imana. Muzabona ko uko urushaho kumusabira, Imana izamurika ku mfunguzo ze zizamushoboza kuva mu kazitiro arimo. Mu yandi magambo, uko uzarushaho gusenga ni nako Imana izarushaho kukwereka uko ukwiriye gusenga.

Nizera nkomeje ko ikibazo cyo kwiha akato gishobora gukemuka binyuze mu gusenga muri ubwo buryo.

Ikintu cyose cyangiza kiri mu mutima w'umugabo nyuma y'imyaka mirongo itanu gishobora kuzakura kigahinduka nk'uburozi. Ni nk'aho urugomera rwari rufite gitangira bizarangira rumenetse uko

imyaka ihita. Iyo rumenetse, umwuzure ushobora kuba ukomeye cyane ku buryo ushobora kuzamutwara n'ubugingo bwe. Niba uko yibona gushoreye imizi mu Mwami, ibyo bizagaragaza itandukaniro rinini mu buzima bwe kandi bizamushoboza no kumenya uko yitwara mu bihe bimugoye.

Uwiteka atubwira ko intambwe zacu za mbere duterea zikwiriye kuba ari izo kumwerekeraho, tugashaka mu maso he, tugakurikiza amategeko ye, tukamugira nyambere ndetse ibyifuzo byacu byo kwikunda bikaza nyuma. Iyo tugendeye mu bushake bw'Imana, idufungurira inzira nuko hakaba hasigaye kumukurikira. Nuko ubwo tuzaba tugenda tumuhanze amaso, ubwiza bwo mu maso he butugaragara. Igihe uko twibona bimurikiwe n'Imana nuko ntitube tukirebaho gusa, tuba tubohowe rwose. Dukeneye uwo mudendezo nk'uko n'abagabo bacu bawukeneye.

Umugabo wawe ntazigera abona uwo ari we keretse gusa abanje kumenya icyo Imana ari cyo. Sengera ngo abashe kuvumbura uwo ari we mu by'ukuri.

Isengesho

Uwiteka, ndagusabye ngo (izina ry'umugabo wawe) abashe kumenya uwo ari we muri wowe. Umufashe ngo asobanukirwe n'agaciro ke nk'uko ubibona rwose. Umushoboze kubona ibimuranga byiza washyize muri we kandi umushoboze kubyishimira. Umushoboze kwibona nk'uko umubona. Asobanukirwe n'icyo Ijambo ryawe rivuga ngo: "Umuntu ni iki ko umwibuka, cyangwa umwana w'umuntu ko umugenderera? Wenze kumugira nk'Imana aburaho hatwo, umwambika ubwiza n'icyubahiro nk'ikamba. Wamuhaye gutegeka ibyo waresheje intoki zawe, wamweguriye ibintu byose ubishyira muni y'ibirenge bye" (Zaburi 8:4-6). Cecekesha amajwi amubwira ibihabanye n'ibyo kandi umuhe n'amatwi yo kumva ijwi ryawe rimubwira ko ubutungane bwe atari bwo buzamuhesha ubugingo ahubwo ko ari ubutungane bwawe.

Umuhishurire ko ari: “ishusho n’ubwiza by’Imana” (1 Abakorinto 11:7) kandi ko “yuzuriye muri we, ari We Mutware w’ubutware bwose, n’ubushobozi bwe bwose” (Abakolosayi 2:10). Umuhe amahoro n’umutekano binyuze mu kumenya ko Imana imwemera kandi ko itamuciye. Umubature ku kubogamira kuri we ubwe cyane kugeza ubwo ubuzima bwe bumubera nka gereza. Umufashe kumenya uwo uri We mu by’ukuri kugira ngo na we abashe kumenya uwo ari we by’ukuri. Reka ishusho yibonamo abe ari ishusho ya kristo mu bugingo bwe.

Amasomo ya Bibiliya yagufasha

“Kuko abo yamenye kera yabatoranirije kera gushushanywa n'ishusho y'Umwana wayo, kugira ngo abe imfura muri bene se benshi.”

Abaroma 8:29

“Ariko ubwo twese tureba ubwiza bw'Umwami wacu, tubureba nko mu ndorerwamo mu maso hacu hadatwikiriye, duhindurirwa gusa nawe tugahabwa ubwiza buruta ubundi kuba bwiza, nk'ubw'Umwami, Mwuka Wera.”

2 Abakorinto 3:18

“Ntimukabeshyane ubwo mviyambuye umuntu wa kera n'imirimo ye mukambara umushya uhindurirwa mushya kugira ngo agire ubwenge, kandi ngo ase n'ishusho y'Iyamurebye.”

Abakolosayi 3:9-10

“Kuko uwumva ijambo gusa ntabwo ibyaryo, amaze nk'umuntu urebeye mu maso he mu ndorerwamo. Amaze kwireba akagenda, uwo mwanya akiyibagirwa uko aza. Ariko uwitegereza mu mategeko atunganye rwose atera umudendezo, agakomeza kugira umwete wayo, atari uwumva gusa akibagirwa ahubwo ari uyumvira, ni we uzahabwa umugisha mu byo akora.”

Yakobo 1:23-25

“Byuka urabagirane kuko umucyo wawe uje, kandi ubwiza bw'Uwiteka bukaba bukurasiye.”

Yesaya 60:1

IGICE CYA MAKUMYABIRI N'ICYENDA [Ukwizera Kwe]

Ukwizera kwe

Njya nsetswa cyane ni kumva umuntu avuga ngo nta kwizera afite, kuko nzi neza ko ataba ari byo. Mu buryo runaka, buri wese abeshwaho no kwizera runaka. Iyo ugiye kwa muganga, bisaba kwizera ngo wemere ko ibyo akubwira ari byo. Iyo umufarumasiye ari kuguha imiti, umugirira icyizere ko ari buguhe imiti ikwiriye. Iyo uri muri resitora ufata ifunguro, ugirira icyizere abakora muri iyo resitora yuko baguhaye ifunguro rizima ryuje ubuziranenge (gusa hari n'amaresitora gufata amafunguro yabo bisaba kwizera kwisumbuyeho!). buri munsu ni urugendo rwo kwizera ku rwego runaka. Buri wese afite ikintu runaka yizera. *“Imana yageneye bur wese kwizera”* (Abaroma 12:3)

Ni twe duhitamo icyo twizera. Bamwe bahitamo kwiyizera, abandi bakizera guverinoma, abandi bakizera ikibi, abandi bakizera siyansi, ibinyamakuru, akazi, ahabakikije ndetse abandi bizera Imana. Umuntu umwe nzi kandi utaragiraga icyo yizera na kimwe byarangiye ajanywe mu bitaro byita ku bafite uburwayi bwo mu mutwe kuko yari yabaye umusazi. Ntitwabaho nta kwizera. Ndetse ntitwanapfa nta kwizera. Ukwizera kwacu gutuma dutekereza ku ko bizagenda nyuma yuko dupfuye. Niba kwizera kwacu kuri muri

Yesu, tuba twiringiye ko tugiye ariko duteganirijwe umutekano w'iteka ryose. *“Kandi niba Mwuka w'Iyazuye Yesu-Kristo mu bapfuye aba muri mwe, Iyazuye Kristo Yesu izazura n'imibiri yanyu ipfa ku bwa Mwuka wayo uba muri mwe”* (Abaroma 8:11). Mu yandi magambo, niba Mwuka wazuye Yesu mu bapfuye aba muri wowe, nawe azakuzura rwose. Kugira ubwishingizi bw'uko bizamera ubwo tuzaba dupfuye bigira ingaruka ku kuntu tubayeho muri ubu buzima. Ubwishingizi bwo kugira ubugingo bw'iteka buduha kubona ubuzima bwa none nk'ubutanga icyizere.

Murebe iki gitekerezo giteye ubwoba: Mbere yo gukiza impumyi, Yesu yaravuze ati: *“Bikubere uko wizeye!”* (Matayo 9:29). Ese ibyo ntibiguteye kumva ushatse kuvugurura uburyo wiringiramo Imana? Inkuru nziza nuko dufite ububasha ku buzima bwacu kandi ko ku rwego runaka dushobora kugira icyo tubikoraho. Ubuzima bwacu ntibukwiriye kubaho nka tombola, cyangwa ngo buteraganwe n'umuyaga hirya no hino. Ukwizera kwacu ni ko kugena ahazaza hacu.

Twese tunyura mu gihe cyo gushidikanya. Ndetse na Yesu yibajije impamvu Se yamuretse. Si uko yari ashidikanije ko Imana iriho cyangwa ububasha bwo kugira icyo imukorera, ahubwo ni uko atari yiteguye kurekwa n'Imana. Rimwe na rimwe ntituba dushidikanya kubaho kw'Imana cyangwa ububasha bwayo bwo kudufasha, ahubwo gusa nuko tuba twifuza ko yagira icyo ikora kihuse cyane mu bugingo bwacu. Tukavuga ngo: *“Ahari Imana irahugiranye cyane ku buryo itakwita ku bibazo byanjye”*. Ariko si ko biba bimeze.

Ese umugabo wawe yaba ari kunyura mu bihe byo gushidikanya? Niba ari ko biri, amasengesho yawe yo kugira ngo akure mu

kwizera azagira uruhare rukomeye mu buzima bwe. N'iyo ataba azi Uwiteka, ukwiriye gusengera ngo kwizera kuremerwe muri we maze ugategereza ko urugero rwe rw'amahoro ruzamuka.

Mu buzima bw'umugabo wawe, nta kintu na kimwe kidashobora kuba cyakorwaho n'ukwizera ufite mu Mana. Yesu yabwiye buri wese umwizera ati: *'Isoko y'amazi y'ubugingo izadudubiza iwa mu mutima we'* (Yohana 7:38).

Ibyo byagakwiriye gutuma twumva bihagije kandi bikatuvanaho ubuzima bw'umubabaro, ingorane, ubwoba, agahinda, uburwayi, ubwihebe, gutsindwa no gushidikanya. Reka dusenge!

Isengesho

Uwiteka, ndagusaba ngo uyu muni uhe (izina ry'umugabo wawe) urugero rwo kwizera. Wongere ububasha bwe bwo kukwizera, no kwizera ljambo ryawe, amasezerano yawe, inzira zawe ndetse n'imbaraga zawe. Mutere inyota mu mutima we imutera kuvugana nawe ndetse na we akagutega amatwi. Umusobanurire neza icyo kuguma imbere yawe bivuze kandi ntiyishimire gusa kugusaba ibintu runaka. Ahubwo agushakashake, akwishingikirizeho byuzuye, umuyobore kuri wowe, akugire nyambere kandi akwemere mu byo akora byose.

Uwiteka, wavuze ko "Kwizera kuzanwa no kumva, ni kumva kukazanwa n'ijambo rya Kristo" (Abaroma 10:17). Ugaburire ubugingo bwe ijambo ryawe kugira ngo kwizera kwe gukure ngo yiringire ko kuri Wowe byose bishoboka (Matayo 19:26). Umuhe ubwishingizi bushyitse bw'uko ibyo wasezeraniye ubisohozwa rwose (Abaroma 4:21). Reka kwizera kwe guhinduke ingabo imukingira. Kwizera kwe agushyire mu bikorwa kugira ngo avaneho imisozi yo mu buzima bwe. Ijambo ryawe rivuga ko: "Umukiranutsi azabeshwaho no kwizera" (Abaroma 1:17); ndasabye ngo abeho ubuzima bwuzuye kwizera nk'uko ari byo wamuhamagariye.

Umushoboze guhamya ashize amanga ati: "Erega kugira neza kwawe ni kwinshi, uko wabikiye abakubaha, uko wakoreye abaguhungiraho mu maso y'abantu" (Zaburi 31:19).

Amasomo ya Bibiliya yagufasha

“Ariko rero asabe yizeye ari nta cyo ashidikanya, kuko ushidikanya amaze nk’umuraba wo mu Nyanja, uyanwa n’umuyaga ushushubikanywa. Umeze atyo ye kwibwira ko azagira icyo ababwira n’Umwami Imana, kuko umuntu w’imitima ibiri anaamuuka mu nzira ze zose.”

Yakobo 1:6-8

“Ikidaturutse ku kwizera cyose ni icyaha”

Abaroma 14:23

“Mwaba mufite kwizera kungana n’akabuto ka sinapi, mwabwira uyu musizi muti ‘Va hano ujye hirya’ wahava, kandi ntakizabananira.”

Matayo 17:20

“Nabambanywe na Kristo ariko ndiho, nyamara si nje uriho, ahubwo ni Kristo uroho muri nje. Ibyo nkora byose nkiriho mu mubiri, mbikoresheya no kwizera Umwana w’Imana wankunze akanyitangira.”

Abagalatiya 2:20

“Nuko rero ubwo twatsindishirijwe no kwizera, dufite amahoro ku Mana ku bw’Umwami wacu Yesu-Kristo.”

Abaroma 5:1

IGICE CYA MIRONGO ITATU [Ahazaza He]

Ahazaza he

Nta muntu n'umwe muri twe ushobora kubaho nta hishurirwa ry'ahazaza afite. Niba nta hishurirwa dufite, tuzahora tugwa mu mafuti gusa. Nta hishurirwa, ubuzima buta agaciro kandi dupfa buhoro buhoro uko bukeye. *“Aho gubishurirwa kutari abantu bararimbuka”* (Imigani 29:18).

Kugira ihushurirwa ntibisobanuye kumenya uko bigiye kutugendekera. Ahubwo ni ukumva ko ufite icyerekezo tuganamo twiringiye ko hari icyiza kidutegereje imbere. Ni ukumenya ko ufite ahazaza n'intego byiza kandi ko birabagirana.

Buri wese ntagira ubwo bwishingizi. Iyo umuntu atabufite, ushobora kubona ubuzima bwe buyoyoka. Ndetse n'abafite iyo ntego si ko iteka bayikurikiza nk'uko bikwiriye. Ndetse n'umuntu ukomeye mu by'umwuka ashobora kunanirwa, akumva acitse integer, ndetse akumva ari kure y'Imana, agashidikanya uwo ari we ndetse akaba yanagera aho atakaza ihishurwa ry'ahazaza he. Ashobora no kuyoba inzira akajya mu yindi itari ihishurwa rye, ndetse yabona bigenze nabi agashoberwa rwose. Iyo atakibasha kubona inzizi ze ndetse akibagirwa ukuri ku biri kumubaho,

ashobora no gutangira kugira ibitekerezo by'uko agiye kurimbuka kandi ko ahazaza he hatagihari. *“Ubwoko bwanjye burimbutse buzize kutagira ubwenge”* (Hoseya 4:6)

Imana itubuza gutegeza amatwi amajwi y'ibinyoma: *“Babigisha ibitagira umumaro bavuga ibyo beretswe, bihimbwe n'imitima yabo bitavuye mu kanwa k'Uwiteka”* (Yeremiya 23:16). Ihishurwa ryose ry'ahazaza ritazagerwaho ntiriba riturutse ku Mana (Yeremiya 29:11). Ariko Imana ishobora kugarura ihishurwa ryari ryatakajwe. Imana ishobora kunesha rwose ibinyoma biduca integer. Imana ishobora kuduha ubwishingizi bw'ahazaza heza. Isengesho ni umuyoboro yifuza ko yanyuzamo ibyo.

Umugabo wanjye rimwe yigeze ambwira ko inshur imwe amasengesho yanjye yamugiriye akamaro cyane kuruta ibindi ihe ari igihe twimukaga tuva Los Angeles twerekeza Nashville. Byaratugoye cyane kuva aho twakundaga maze bigasa nk' aho dutangiye bundi bushyashya. Byaradukomereye cyane rwose. Ariko na none ni bwo twateye intambwe mu kwizera. Ntitwari tuzi uko iby'akazi byari bumere, ariko twari tuzi ko uko kwimuka kuri mu mugambi w'Imana kuri twe. Twari tuzi ko ubuzima bwacu butekaniye mu biganza by'Imana.

Isengesho nasabiraga Michel muri icyo gihe kwari ukugira ngo adatakaza ihishurwa ry'ahazaza Imana yari yaramuhaye. Igihe yageraga mu bihe bimugoye maze akumva yatakaje rya hishurwa rye, yambwiye ukuntu amasengesho yanjye yamufashije cyane ibintu bigasubira mu buryo neza.

Dukwiriye kwibuka ko Imana yandikishije ubushake bwayo. Umurage wayo yawugabanije abana bayo mu buryo bungana. Dufite uburenganzira ku by'Imana byose! Turi *“abaragwa*

n'abaraganwana na Kristo” (Abaroma 8:17). Nasomye kimwe mu by'ubushake bw'Imana mpita mbona rwose ko tutazi ubutunzi Imana idufitiye, kuko idufitiye ibirenze ibyo dushobora gutekereza: *“Ariko nk'uko byanditswe ngo: Ibyo ijisho ritigeze kureba, n'ibyo ugutwi kutigeze kumva, ibitigeze kwinjira mu mutima w'umuntu, ibyo byose Imana yabyiteguriye abayikunda”* (1 Abakorinto 2:9). Yadusezeraniye ko *“Ariko umukiranutsi utunganye azazungura ibyiza”* (Imigani 28:10). Ntituzagira ibyo dukeneye gusa muri ubu buzima. Ahubwo tuzahabwa ikirusha ibindi kuba ingenzi nyuma y'urupfu. Tuzabana na We kandi ntacyo tuzongera gukena.

Niba amaso y'umugabo wawe yayahanze ku by'ubuzima bwo muri iyi si kugeza ubwo atakaza ihishurirwa rye ry'ahazaza, amasengesho yawe ashobora kurigarura. Ashobora kumufasha kubona ko Imana ari yo hazaza he maze akaba ari ho yerekeza ibye byose. *“Mbese ntimuzi yuko mu birori abasiganwa biruka bose ariko ugororerwa akaba umwe, namwe abe ari ko mwiruka kugira ngo mugororerwe”* (1 Abakorinto 9:24). Nzi neza yuko utifuzo kumva umugabo wawe akubwira iby'iyerekwa rye maze bikazarangira aritakaje, akabura ingororano. Nzi neza yuko wifuza ko abona ibintu nk'uko Imana ibibona.

Imana ntishaka ko tumenya ahazaza, ahubwo ishaka yuko tuyimenya ubwayo. Imana ishaka ko tuyigirira icyizere ko izatuyobora ikatugeza ahazaza rwose. Niba dushaka kumva neza icyerekezo cy'Imana, dukwiriye kuyishaka kuri buri ntambwe yacu. *“Abashaka Uwiteka bamenya byose”* (Imigani 28:5).

Dukwiriye kandi kuguma hafi yayo niba dukeneye igisubizo cyayo. Uwiteka ni We utanga ihishurirwa; sengeranga ngo umugabo wawe ategereze ko Uwiteka amuha ihishurwa rye. Hamwe n'Imana, ahazaza he harashinganye.

Isengesho

Uwiteka, ndagusabye ngo uhe (izina ry'umugabo wawe) ihishurwa ry'ahazaza he. Umufashe ngo yumve ko imigambi yawe kuri we ari myiza atari mibi, ko ari iy'ahazaza huzuye ibyiringiro (Yeremiaya 29:11). Umwuzuze kumenya ubushake bwawe mu bwenge bwose n'ubuhanga bw'iby'umwuka; agende nk'uko ubishaka, akubaha byuzuye, year imbuto z'imirimo myiza kandi akurire mu kukumenya (Abakolosayi 1:9-10). Umushoboze kubeshwaho n'ubuyobozi bwa Mwuka Wera kandi ntagire gushidikanya cyangwa ubwoba bw'ejo hazaza. Umufashe ngo akurire muri wowe kandi ngo abe umugabo uhora akwegurira indoto ze n'imigambi ye yose kandi azirikana ko "ibidashobokera abantu, bishobokera Imana" (Luka 18:27). Umuhe intego ziturutse iwawe kandi umwereke uko akwiriye kwitwara kugira ngo ubuzima bwe bube bushingiye ku hazaza he umuteganiriza.

Ndasaba ngo agire uruhare rufatika mu murimo wawe iminsi yose yo kubaho kwe. Umurinde gutakaza icyerekezo cy'umurimo wamuhamagariye gukora kandi umwuzuze ibyiringiro by'ahazaza, "nk'ibitsika umutima we" (Abaheburayo 6:19).

Umuhe "iby'umutima we wifuza" (Zaburi 21:2) n' "umugabane w'abubaha izina ryawe" (Zaburi 61:5).

Umushikamishe mu nzu yawe kandi umugaruremo imbaraga kandi umukuze kugira ngo akomeze yere imbuto no mu busaza bwe (Zaburi 92:13,14). Kandi igihe cye nikigera cyo kuva muri ubu buzima, ihishurwa rye rizamusobanukire rwose ngo bimworohereze ntababare kandi agende mu mahoro n'umunezero. Kugeza uyu muni, ndamusabira ko abona ihishurwa ry'ahazaza he, imbere yawe.

Amasomo ya Bibiliya yagufasha

“Erega nzi ibyo nibwira nzabagirira! Ni amahoro si ibibi, kugira ngo mbareme umutima w'ibyo muzabona hanyuma.”

Yeremiya 29:11

“Witegereze uboneye rwose, urebe utunganye, kuko umunyamahoro azagira urubyaro. Ariko abacumura bo bazarimburirwa hamwe, urubyaro rw'umunyabyaha ruzarimburwa.”

Zaburi 37:37-38

“Ubwo batwe mu rugo rw'Uwiteka, bazashishira mu bikari by'Imana yacu. Bazagumya kwera no mu busaza, bazagira amakakama menshi n'itoto, kugira ngo byerekane yuko Uwiteka atunganye, ni We Gitare cyanyje ntarimo gukiranirwa na guke.”

Zaburi 92:13-15

“Icyo nsaba Uwiteka ni kimwe, ni cyo nzajya nshaka, ni ukuba mu nzu y'Uwiteka iminsi yose nkiriho, nkareba ubwiza bwose bw'Uwiteka, nkitegereza urusengero rwe.

Zaburi 27:4

“Kuko hariho ibyiringiro by'amaherezo yawe.”

Yeremiya 31:17

Icyo Ubwanditsi buvuga kuri iki Gitabo

GUHORA KU NKEKE Y' URUSHAKO RWawe NTA NA KIMWE BYAHINDURA...

GUSENGERA URUSHAKO RWawe BISHOBORA GUHINDURA BYOSE.

Ibibazo n'ingorane by'iki gihe bishobora gutuma dutekereza ko urushako runejeje kandi rurambye ari inzozi zidashoboka. Ariko Imana yishimira gukora ibyo twita ibidashoboka...igihe tubiyisabye!

Stormie Omartian aradusangiza ukuntu Imana yakomeje urushako rwe kuva ubwo yafataga icyemezo cyo gusengera umugabo we ku bigendanye na zimwe mu nguni z'ingenzi z'ubuzima bwe, nk':

- Urugendo rwe rw'iby'umwuka
- Amarangamutima ye
- Inshingano ze nk'umubyeyi, nk' umuyobozi nk'ufata imyanzuro
- Umutekano we mu kazi ndetse no mu by'umutungo
- Amagara ye no kurindirwa umubiri
- Ukwizera kwe n'ahazaza he

Buri mugore wese wifuza kugirana umushyikirano wimbitse cyane n'umugabo we azaha agaciro ibivugwa muri iki gitabo bigendanye n'imbaraga z'isengesho mu rushako. Stormie adusangiza imibereho yabayemo ndetse n'ingeri zihagije z'amasengesho n'amasomo ya Bibiliya yakwifashishwa mu kungahaza ibitekerezo no gutera imbaraga. Ni muri ubwo buryo ahamagarira abagore bose guturiza mu bwishingizi buturuka mu masezerano akomeye y'Imana yo gusubiza ibintu mu buryo, kongera kubihindura bishya ndetse no kwaguka cyane mu rushako.

Stormie Omartian ni nawe wanditse igitabo cyitwa *"Imbaraga z'Isengesho ry'Ababyeyi"* [La Priere des parents est efficace]

—Editions VIDA.