```
e.man_xo@Emans-MBP Food-Logger % /usr/local/bin/pyt

Press 1 to log Food
Press 2 to print nutrient values
Press 0 to EXIT
1
Enter Food: Hummus
Enter a year: 2024
Enter a month: 04
Enter a day: 09
-----Logged!-----

Press 1 to log Food
Press 2 to print nutrient values
Press 0 to EXIT
1
Enter Food: Milk, 2%
Enter a year: 2024
Enter a month: 04
Enter a day: 09
-----Logged!-----
```