

### 5.3 The Parabolic Elevator

**Theorem 5.8.** *The domain  $\text{Exterior}(\mathcal{J})$  is quasiconvex with the itineraries  $\eta_{z_1, z_2}$  as certificates.*

*Proof.* (Parabolic Conformal Elevator on  $\mathcal{J}$ ). Let  $d \gg 1$  be a sufficiently large integer and let  $z_1, z_2 \in \mathcal{J}$  be a pair of points. Repeatedly apply  $f$  on  $z_1, z_2$  until one of the following two stopping conditions happens:

- (i)  $|f^{\circ N}(z_1) - f^{\circ N}(z_2)| > \epsilon$ , where  $\epsilon = \epsilon(d) > 0$  is a constant; or
- (ii)  $f^{\circ N}(z_1) \in I_n$  and  $f^{\circ N}(z_2) \in I_m$  with  $|m - n| \geq d$ .

Denote  $w_i = f^{\circ N}(z_i)$ . We already proved that the itinerary  $\eta_{w_1, w_2}$  satisfies

$$\text{Length}(\eta_{w_1, w_2}) \leq A|w_1 - w_2|$$

for some  $A > 0$ . We now deduce that the original points  $z_1, z_2$  enjoy a similar estimate,

$$\text{Length}(\eta_{z_1, z_2}) \leq C|z_1 - z_2|,$$

where  $C$  depends only on  $A$ . This follows from Koebe's distortion theorem applied  $N$  times on the univalent function  $f^{-1}$ , but some care is due in constructing the inverse branches in a neighborhood of the itineraries.

Fix a small ball  $B = B(\frac{1}{2}, 0.1)$  around the main cusp. Its preimages are topological balls centered at cusps  $q$  of  $\mathcal{J}$ , and we index them by  $B_\zeta$  where  $\zeta = \frac{q}{|q|}$ .

Each ball  $B_\zeta$  has a *level*, which is the first iterate  $k$  for which  $f^{\circ k}(B_\zeta) = B$ . Repeatedly applying  $f^{-1}$  on the pair  $(w_1, w_2)$  until we reach  $(z_1, z_2)$ , we get two sequences of balls  $B = B_1^1, B_2^1, \dots$  and  $B = B_1^2, B_2^2, \dots$ . We now consider several cases.

*Case (i).* Suppose stopping criterion (i) occurred. We choose a neighborhood  $N_1$  of  $w_1, w_2$  disjoint from the post-critical set  $\wp$  and from  $B$  on which  $f$  is univalent. Next choose a neighborhood  $N_2 \subset N_1$  such that for every  $w_1, w_2 \in N_2$  we have  $\eta_{w_1, w_2} \subset N_1$ . Finally choose a neighborhood  $N_3 \supset N_1$  disjoint from  $\wp$  on which  $f$  is univalent such that there is a definite modulus to the annulus  $N_3 \setminus N_1$ .

Choosing a branch of  $f^{\circ -N}$  in  $N_3$  that sends  $\eta_{w_1, w_2}$  to  $\eta_{z_1, z_2}$ , Koebe's distortion theorem gives

$$\frac{\text{Length}(\eta_{z_1, z_2})}{|z_1 - z_2|} \asymp \frac{\text{Length}(\eta_{w_1, w_2})}{|w_1 - w_2|}. \quad (5.9)$$

By compactness of  $\mathcal{J} \setminus B$ , these neighborhoods can be chosen from a finite collection, hence the constant is uniform in the points  $z_1, z_2$  and we obtain quasiconvexity of  $\eta_{z_1, z_2}$  in case (i).

*Case (ii).* Suppose that stopping criterion (ii) occurred. We first claim that the two sequences of balls  $(B_k^1), (B_k^2)$  coincide. Indeed, suppose otherwise and let  $j$  be the first index for which  $B_j^1 \neq B_j^2$ . The two points  $f^{-j}(z_1), f^{-j}(z_2)$  belong to two distinct preimages of the same ball  $B_{j-1}^1 = B_{j-1}^2$ , hence they are a positive distance apart and stopping criterion  $i$  applies. This is a contradiction, hence the two sequences coincide.

There is thus a branch of  $f^{\circ -N}$  sending  $(w_1, w_2)$  to  $(z_1, z_2)$ , and the necessary bound on  $\eta_{z_1, z_2}$  follows from applying Koebe's distortion theorem on this branch as in case (i).

□

## References

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