

# 4 WAYS TO HELP PEOPLE IN THEIR CAREERS



@EMANUIL\_TOLEV

WHO HERE HAS BEEN  
HELPED IN THEIR CAREER  
DEVELOPMENT?

# COACHING



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# COACHING



# MENTORING



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# MENTORING



# SPONSORSHIP



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# SPONSORSHIP

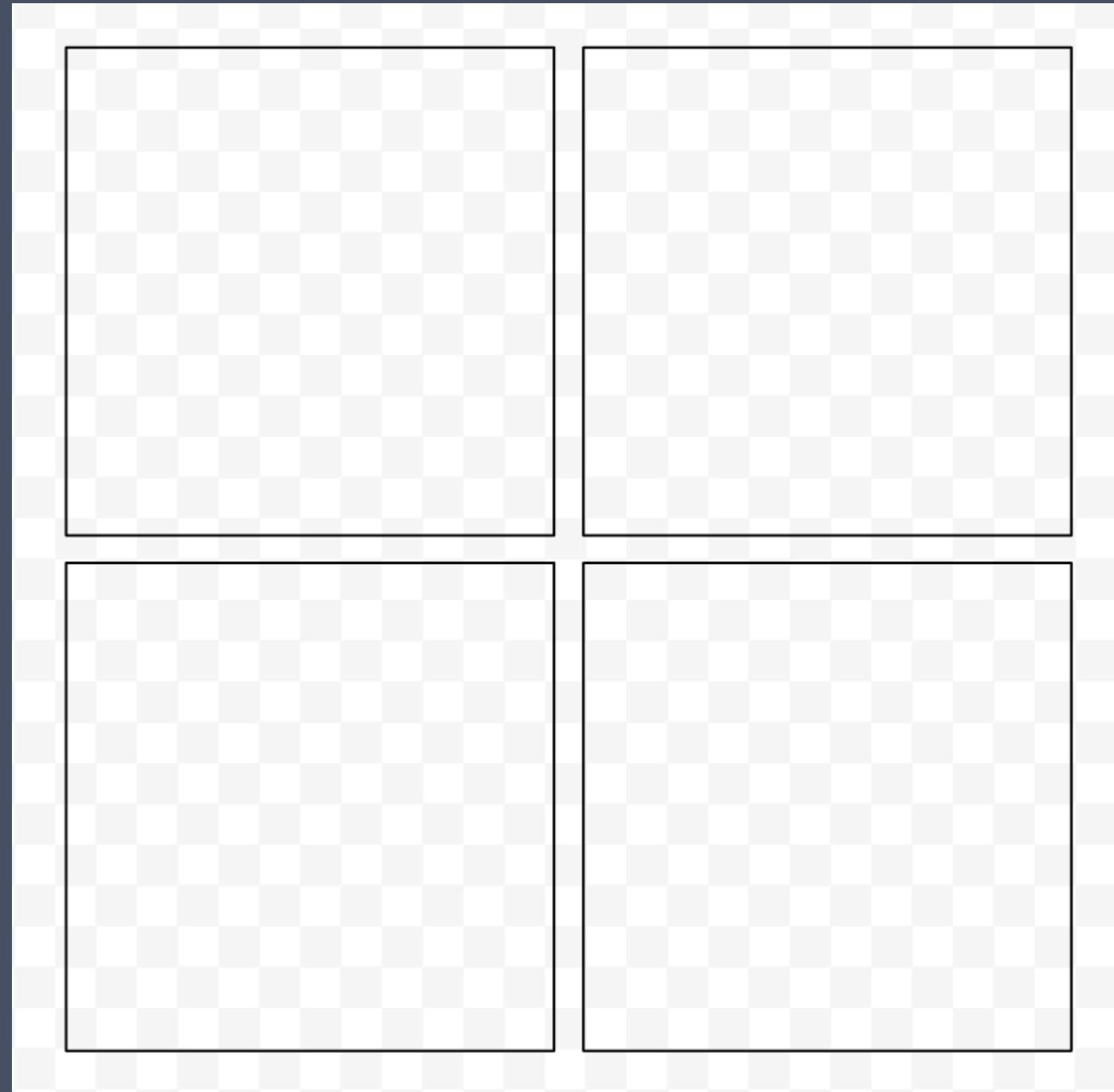


# CAREER COUNSELLING

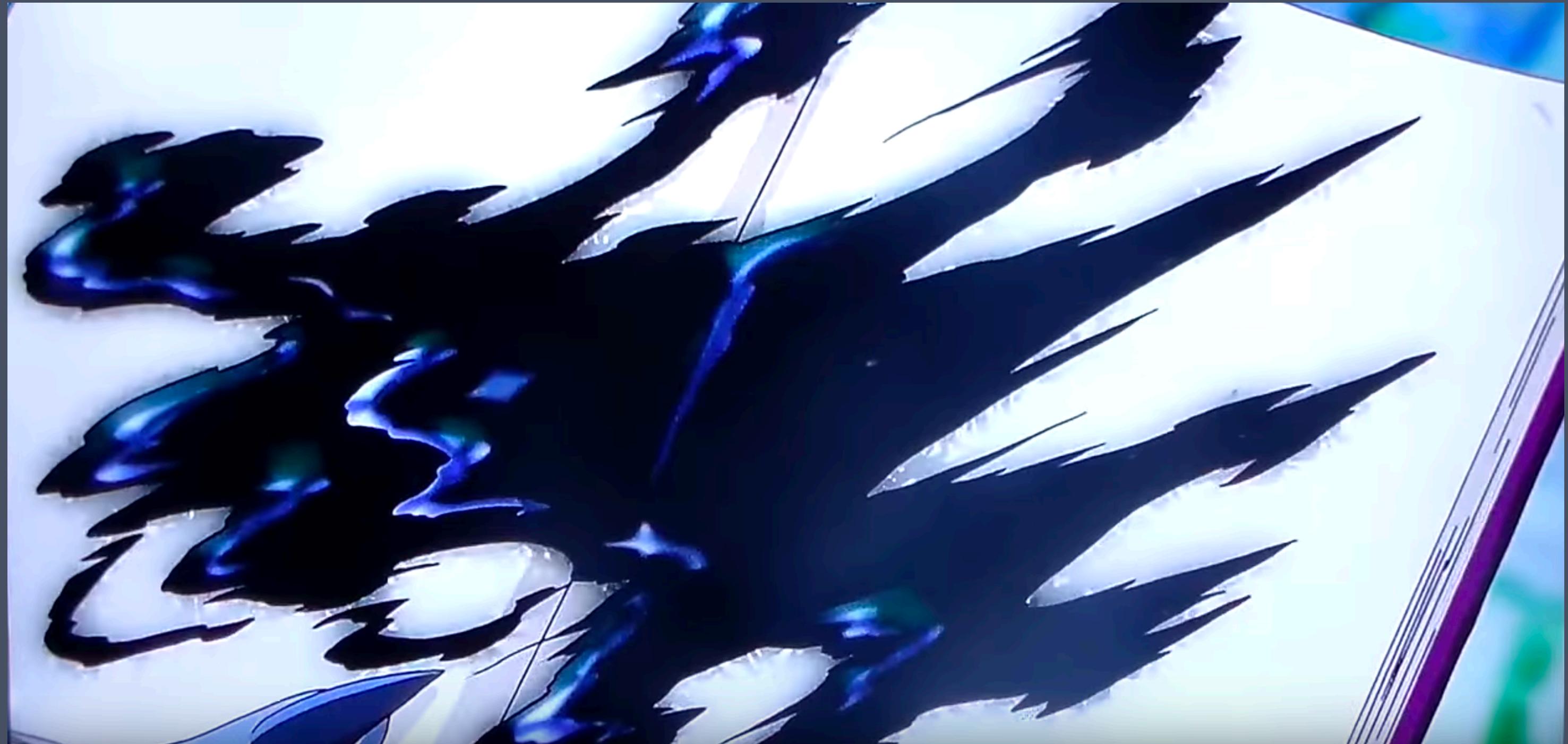
# CV AND COVER LETTER REVIEWS

# DONUT SLACKBOT: DONUT.COM









MELANCHOLY &  
CONTEMPLATION ARE  
GOOD

# THE POWER OF STORIES AND SELF-NARRATIVE

# MECHANISMS OF DARKNESS

# YOU'RE A COMPANION



PEOPLE MUST MAKE THEIR  
OWN JOURNEY -  
YOU CAN'T DO IT FOR  
THEM.

# WHAT CAN YOU DO AT THIS CONF?

- > GO TO THE OPEN SPACES LATER. LISTEN CAREFULLY.
  - > OFFER YOUR TIME AND DISCRETION
- > TRY TO OPEN UP ABOUT YOUR PROBLEMS IF YOU'RE COMFORTABLE

AND AT WORK

- > LEARN MORE ABOUT THESE HELP SKILLS
- > POKE PEOPLE TO THINK ABOUT THESE TOPICS AND LEARN
  - > GIVE A TALK ABOUT IT :)

**THANK YOU!**  
**GO HELP**  
**OTHERS**

**(JUST CHECK IF THEY WANT / NEED IT FIRST!)**



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