

Assessment	Baseline	Post	4-wk f-u
Self-report			
Demographics	X		
Weight and Dieting History Questionnaire	X		
Generalized Anxiety Disorder – 7	X	X	X
Patient Health Questionnaire – 9 item	X	X	X
Goldfarb Fear of Fat Scale	X	X	X
Fat Phobia Scale – Short form	X	X	X
Universal Measure of Bias – Fat	X	X	X
Eating Pathology Symptom Inventory	X	X	X
Sociocultural Attitudes towards Appearance Questionnaire	X	X	X
Body Figure Scale Survey	X		
Computer-based Task			
Implicit Attitudes Test – Body Size	X	X	X
Clinical Vignettes	X	X	X