|  |  |  |  |
| --- | --- | --- | --- |
| Assessment | Baseline | Post | 4-wk f-u |
| Self-report |  |  |  |
| Demographics | X |  |  |
| Weight and Dieting History Questionnaire | X |  |  |
| Generalized Anxiety Disorder – 7 | X | X | X |
| Patient Health Questionnaire – 9 item | X | X | X |
| Goldfarb Fear of Fat Scale | X | X | X |
| Fat Phobia Scale – Short form | X | X | X |
| Universal Measure of Bias – Fat | X | X | X |
| Eating Pathology Symptom Inventory | X | X | X |
| Sociocultural Attitudes towards Appearance Questionnaire | X | X | X |
| Body Figure Scale Survey | X |  |  |
| Computer-based Task |  |  |  |
| Implicit Attitudes Test – Body Size | X | X | X |
| Clinical Vignettes | X | X | X |