

Salty's Food Manual 2016

Soups

Chorizo Gnocchi Soup

- Chicken stock
- Cream
- Tomato
- Onion
- Chorizo
- Gnocchi
- Basil
- Parmesan

Pre-set: Spoon

Island Chowder – Gluten Free

- Bacon
- Onion
- Celery
- Tomatoes
- Fish Sauce
- Lemon Juice
- Tabasco
- Curry
- Garlic
- Sherry
- Mussels, prawns, clams, feature fish

Red Flag: Bacon, Shellfish

Pre-set: Spoon

Fresh Oysters – Gluten Free

Order by the Dozen or ½ Dozen (Or individually), Served with Mignonette, Horseradish and Cocktail Sauce

West Coast /Premium West Coast/East Coast

Pre-set: Oyster Forks

Salads

Green Salad – Gluten Free

- Organic Greens
- Poppy seed Dressing
- Strawberries
- Toasted Almonds
- Goat Cheese
- Add-on: Chicken or prawns

Tropical Salad - Gluten Friendly

- Spinach
- Curry Vinaigrette
- Quinoa
- Black Beans
- Mango
- Strawberry
- Onions
- Cucumber
- Cilantro
- Almonds
- ½ breast of Grilled Chicken

Red Flag: Nuts

Gluten Free: Soy sauce in dressing, replace with Balsamic and Olive Oil

Ahi + Avocado Salad

- Togarashi Seared Ahi Tuna
- Avocado
- Mixed Greens
- Mint
- Snap Peas
- Togarashi Wontons
- Watermelon Radish
- Citrus Vinaigrette
- Togarashi Mayo Drizzle

Thai Noodle Salad

- Romaine
- Sesame seeds
- Red bell peppers

- Egg noodles
- Carrots
- Green onion
- Roasted peanuts
- Peanut satay chicken

Red Flag: Sesame, peanuts

Kale Sea-zer Salad: Gluten Free without croutons

- Kale and romaine
- House made sourdough croutons
- Salty's Caesar Dressing
- Grana Padano Cheese
- Cracked Pepper

Red Flag: Egg, Anchovies

Appetizers

Wings – Gluten Free

- 1 Pound of Chicken wings
- Saltys Smokey chilli lime hot sauce
- Celery
- Yogurt Ranch dip

Red Flag: GF cross contamination potential in fryer

Crab Cakes

- Crispy Breeding
- Fresh Crab
- Red Pepper
- Chipotle Mayo
- Lemon Wedge
- Served on a citrus salad
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Scallops Remoulade

- Scallops
- Remoulade Sauce
- House Made Naan Bread
- Lemon Wedge

Calamari

- Baby Calamari
- Green Onion Dipping Sauce
- Tempura Jalapenos, Red Peppers, and Green Beans

Red Flag: Spice

Asian Lettuce Wraps – Gluten Friendly without Noodles

- ½ head of Iceberg Lettuce
- Sauteed Vegetables
- Crunchy Noodles
- 5 Spice Sauce
- Add-on Chicken \$4.5 Shrimp \$5

Pre-set: Spoon

Red Flag: Spice

Gluten Free: no noodles, no sauce sub sweet chilli

Mussels – Gluten Free without Baguette

- P.E.I. Mussels
- Coconut Curry broth
- Baguette or Fries
- Parsley
- Guest's choice of Baguette or Fries

Red Flag: Spice

Beef Sliders

- Bun
- Spicy Beef Patty
- Chipotle Mayo
- Shaved Lettuce
- Crispy Onions
- Cheddar Cheese

Red Flag: Spice

Honey Sriracha Chicken

- Chunks of chicken
- Honey Sriracha Glaze
- Cucumbers
- Sesame Seeds

Red Flag: Spice

Tuna Nachos

- Wonton Chips
- Togarashi Spice
- Avocado
- Ahi tuna
- Mango
- Togarashi mayo
- Maple unagi
- Garnish: chives

Tuna Onigiri

- Sushi rice
- Ahi tuna
- Sriracha mayo
- Maple unagi
- Garnish: chives

Pulled Pork Poutine

- Fries
- Pulled pork
- Mozzarella
- Crispy onions
- Jalapenos
- Gochujang gravy

Red Flag: Spice

Burgers/Sandwiches

Served with French fries. Salad for extra \$1.50 or Soup/Yam Fries for \$2.00 (upsell)

Burger

- Certified Humane Creekstone steak patty
- Salty's burger sauce
- Lettuce
- Tomato
- Onion
- Pickle

- Bun
- Add-on; Cheddar, Dry cured bacon

Fish Tacos

- Battered White Fish (Basa), Shrimp and Onion
- Guacamole
- Cabbage, Lettuce, Cilantro Blend
- Coriander Crema
- Jalapeno
- Flour Tortilla

Red Flag: Spice

Chicken Tacos

- Chimi-Churri Spiced Chicken
- Guacamole
- Cabbage, Lettuce, Cilantro Blend
- Coriander Crema
- Jalapeno
- Flour Tortilla

Red Flag: Spice

Tortuga Burger

- Certified Angus steak patty
- Pickled Beets
- Coleslaw
- Manchego Cheese
- Bacon
- Umami Tomato Relish
- Balsamic Mayo
- Bun

Jerk Chicken Sandwich

- Half breast of skin-on Chicken in Jerk Spice Marinade
- Cheddar Cheese
- Lettuce
- Tomato
- Jerk Mayo
- Ciabatta

Korean Pulled Pork Sandwich:

- Korean pulled pork
- Spicy Mayo

- Gochujang sauce
- Pineapple Relish
- Coleslaw
- Fresh cilantro
- On Sourdough

The Islander:

- Goat cheese Coulis
- Thick cut, cured Bacon
- Smoky BBQ Sauce
- Pineapple slice
- lettuce
- banana peppers
- hamburger bun

Entrees

Fish and Chips

- 1 or 2 Pieces of Cod
- Fresh Beer Batter
- Fries
- Coleslaw
- Lemon Wedge
- Tartar Sauce

6oz or 8oz Sirloin - Gluten Free

- 6 or 8 oz Creekstone Certified Humane AAA angus steak
- Garlic Mashed Potatoes
- Seasonal Vegetables

Pre-set: Steak Knife

Angry Chicken – Gluten Free without Noodles

- Double breast of marinated chicken
- Coconut Jasmine rice
- Seasonal Vegetables
- Spicy yogurt sauce
- Crunchy vermicelli noodles
- Diced jalapenos

Red Flag: Spice

Fishermans Pot – Gluten Free without Naan

- Coconut Milk
- Panang Red Curry Paste
- Fish Sauce
- White fish
- Mussels
- Clams
- Scallops
- Prawns
- Vegetable medley (Bell Peppers, Bamboo shoots, Onion, Snap peas)
- Fresh Tomato
- Green Onion
- Coconut Jasmine Rice
- Naan bread

Red Flag: Shellfish, Spice

Honey Bourbon Glazed Salmon- Gluten Free

- Cedar Plank Steelhead Salmon
- Honey Bourbon marinade
- Citrus Zest
- Blend of toasted sesame seeds
- Green Onion
- Garlic mashed potatoes
- Feature vegetable

Red Flag: Sesame

Pistachio Crusted Mahi-Mahi- Gluten Free

- Pistachio crusted Mahi-Mahi
- Pistachio-Lime butter
- Garlic mashed potatoes
- Feature vegetable

Butter Chicken

- Chicken Thigh
- Curried butter chicken sauce
- Roasted corn
- Cauliflower
- Cilantro
- Coconut Jasmine Rice
- Naan Bread

Steak N'Awlins

- 6 or 8oz. Creekstone Certified Humane AAA Sirloin
- Remoulade Sauce
- Prawns
- Fries

Pizza

Bahama Breeze Pizza

- Shrimp
- Scallops
- Bacon
- Garlic and Herb Butter
- Mozzarella
- Wasabi Lime Cream
- Lime Wedge
- Avocado
- Thin crust

Red Flags: Seafood, Bacon

Tandoori Pizza

- Tandoori marinated Chicken
- Caramelized onions
- Mango Chutney
- Curried Yogurt
- Bell Peppers

- Cilantro
- Mozzarella
- Thin Crust

Red Flag: Cilantro

Pasta

Pad Thai – Gluten Free

- Pad Thai Sauce
- Rice Noodles
- Bean Sprouts
- Cilantro
- Sugar
- Egg
- Chicken
- Tofu
- Shrimp
- Peanuts
- Lime Wedge

Red Flag: Cilantro, Peanuts

Pre-set: Chopsticks

Rasta Pasta

- Tomato Sauce
- Cream
- Thai Basil
- Parsley
- Parmesan Cheese
- Fettuccini Noodle
- Add ons: Chorizo, Prawns, Blackened chicken

Desserts

Peanut Butter Pie

- Graham cookie crust
- Peanut Butter
- Chocolate Fudge Drizzle
- Crunchy Peanuts

Pre-set: Spoon or Fork and napkins

Chocolate Mousse Cake

- 2 Layer of Chocolate Cake soaked in Caramel

- 1 Layer of Dark Chocolate Mousse
- Chocolate Ganache Icing
- Chocolate Fudge Drizzle
- Raspberry Coulis

Pre-set: Spoon or Fork and napkins

Key Lime Pie

- Graham crust
- Key lime filling
- Whipped cream
- Lime garnish

Pre-set: Spoon or Fork and napkin

Chocolate Bomb

- Seafoam candy crumble
- Chocolate sphere around walnut gelato
- Hot salted caramel

Pre-set: Spoon or Fork and napkin

Red Flag: Walnuts

Brunch

Seaside Benny

- Crab cakes
- Avocado
- Sous vide eggs
- Champagne hollandaise
- Garnish: chives

Breakfast Sandwich

- Fried eggs in sourdough
- Bacon
- Cheddar
- Lettuce
- Tomato
- Chipotle honey aioli

The Day After

- French Toast
- Bacon,
- Sous vide eggs
- Champagne hollandaise
- Maple syrup

Brunch Powerbowl

- Quinoa
- Bacon
- Avocado
- Sous vide eggs
- Chillis
- Tomato
- Parmesan
- Herbs

Tapas

Meatballs

- Pork meatballs
- Tomato sauce
- Parmesan
- Crostini

Tres Sopes

- Fried tortillas
- Black bean puree
- Shaved lettuce
- Salsa verde
- Feta cheese

Stuffed Peppers

- Cream cheese
- Chorizo
- Jalapenos

Ceviche

- Prawns
- Scallops
- Swordfish
- Citrus jalapeno marinade
- Avocado
- Tomato
- Mango

- Cilantro
- Cacao
- Fried tortillas

Spanish Flatbread

- Chorizo
- Marinated artichokes
- Roasted red peppers
- Pepperoncinis
- Mozzarella