STEAK DONENESS CHART



BLUE RARE throughout

Caramelized on the outside, bright red



RARE Caramelized outside and still red 75% through the center



MEDIUM RARE Caramelized outside with 50% red center



MEDIUM Caramelized outside, pink throughout center



MEDIUM WELL Caramelized outside, slight hint of pink



WELL DONE Broiled until 100% brown throughout, no pink at all