



OFFICIAL DIGITAL SAT PREP

Parent/Caregiver Guide: Preparing Your Student for the SAT



From free practice tests and questions to a checklist of what to bring on test day, College Board provides everything you need to prepare for the SAT®.

START EXPLORING PRACTICE OPTIONS



Download Bluebook at bluebook.app.collegeboard.org. Students can download Bluebook™, the digital testing app from College Board, on the device they'll bring with them on test day (if applicable). Once they've downloaded the app, they can take full-length digital practice tests and familiarize themselves with the app's helpful features like formula sheets, digital accommodations, and built-in calculators. After completing the practice test, your student can sign in to **My Practice** to view their results and review practice exam questions, answers, and explanations.



Build custom practice with the Question Bank. When your student views their practice test scores in **My Practice**, they'll see progress bars representing their knowledge of all the content domains on the test. They can use this information to filter questions in the **Question Bank** by domain, skill, and difficulty, allowing them to target their practice to the areas they have the most opportunity to grow.



Spend time reviewing skills with Official Digital SAT Prep on Khan Academy. Once your student has identified the knowledge and skills they need the most support on **My Practice**, they can also start Official Digital SAT Prep on Khan Academy®. It's FREE for all students and the best way to build skills for the SAT. Created by Khan Academy and College Board, the makers of the SAT, Official Digital SAT Prep offers thousands of practice questions, video lessons, quizzes and tests, and more.

2 MONTHS BEFORE TEST DAY



Create a practice schedule. We recommend students practice in Bluebook 15–30 minutes per day starting 6–8 weeks before the test.

2 WEEKS BEFORE TEST DAY



Take another full-length practice test. Two weeks before every SAT test date is known as Official SAT Practice Test Day. On this day, students should take another full-length practice test in Bluebook to check their progress. This lets students build self-assurance and see exactly where to focus over the next two weeks to get the best possible score.

TESTING WEEK



Complete exam setup. Prior to test day, your student should complete a quick exam setup in Bluebook before arriving at the test center.

For students testing on the weekend, the app will generate an admission ticket at the end of exam setup. Your student will need this admission ticket on test day. Your student can take a picture of it, print it, or email it to themselves for easy access.

If your student is taking the SAT on a school day, they do not need an admission ticket.

1 DAY BEFORE TEST DAY



Plan ahead. Triple check the night before that your student packs everything needed, such as:

- Their fully charged testing device with the Bluebook application installed and exam setup completed.
- Their up-to-date admission ticket from the Bluebook app, if applicable.
- An acceptable photo ID.
- Pencils or pens for scratch work.
- An acceptable calculator for use on the Math section of the test. There will also be an embedded graphing calculator available to use within Bluebook.

For a full list of what students need to bring on test day, visit satsuite.collegeboard.org/sat/what-to-bring-do. Be sure your child gets a good night's sleep.

ON TEST DAY



Relax and be confident. Encourage your student to eat a good breakfast, take it easy, and feel positive. Practice pays off!

For more information, visit satsuite.collegeboard.org/practice.