

Transcriptomic Age Prediction - Tutorial

GTTACACATGGACTGGAGATCACACOMPLEX GENETICS GTGTACGAATTTTAAGGGGATAGT
GTCAGCTTAAGENETIC LABORATORYATGGTCACCATGATCGATGGTTACGAACTTAAGAAA
TACCGAAATTCGGATGINTERNAL MEDICINEGTACTTGGCCCATGAGCTGAGTTCCCAAACGG
CCGATTGCACCATAATCGCGACCAATATGWASGCATAATAGCCGGG SNPATTGCTGAGATAC
GATAACCTTTAAACACACA EXOME SEQUENCINGGATCCGTAGGGACCGCGAATCCGTTTTTT

TUTORIAL for Transcriptomic Age Prediction (TRAP)

Marjolein J. Peters - m.peters@erasmusmc.nl

This tutorial illustrates how to calculate Transcriptomic Age using the online calculator.

Mandatory input: A gene expression file, e.g. measured on the Illumina HumanHT-12 (v3 or v4)

Expression BeadChip or the Affymetrix Human Exon 1.0 ST GeneChips. The file should be tab separated (.txt), and the gene expression levels should be normalized and standardized: we prefer quantile-normalization to the median distribution, log2 transformation, probe centering, and sample Z transformation. Additionally, your gene expression data should be adjusted for a number of covariates (if available):

- Sex (0=male, 1=female)
- Fasting (0=fasting, 1 = non-fasting)
- Smoking (0= non-smoking, 1 = smoking)
- RNA quality score (RQS or RIN)
- Batch effects (e.g., plate ID)
- Cell counts (#granulocytes, #lymphocytes, #monocytes, #erythrocytes, #platelets)

The easiest way to do so is to calculate the residuals:

```
residuals[,i] <- lm(expression[,i] ~ as.factor(sex)) + as.factor(fasting) + as.factor(smoking) + RQS +  
as.factor(batch) + nrgranulocytes + nrlymphocytes + nrmonocytes + nrerythrocytes + nrplatelets,  
na.action=na.omit)$residuals
```

The residuals can be used as gene expression input files for the Transcriptomic Age Prediction.

The gene expression file needs to contain either Illumina IDs (ILMNID.txt) or gene symbols (GENEID.txt). The header should contain “ILMNID” or “GENEID” (both with capitals) and non-numeric

sample IDs (i.e. "Sample1", "Sample2", etc.) for which the gene expression levels were measured. Genes that were not measured in your samples should be included as zeros.

Example gene expression file using Illumina IDs:

| ILMNID | Sample1 | Sample2 | Sample3 | Sample4 | etc. |
|---------------------|----------------|----------------|----------------|----------------|-------------|
| ILMN_1651209 | 0.299273 | 0.303709 | -0.16879 | 0.292448 | |
| ILMN_1651229 | 0.565635 | 1.459124 | -0.95011 | -0.0631 | |
| ILMN_1651254 | 2.330158 | 0.080845 | 0.373774 | -0.73325 | |

etc.

Example gene expression file with Gene IDs:

| ILMNID | Sample1 | Sample2 | Sample3 | Sample4 | etc. |
|---------------|----------------|----------------|----------------|----------------|-------------|
| A1BG | -0.63126 | 0.9331 | 0.525583 | -0.65303 | |
| A1CF | 0.088495 | 0.004431 | 0.358768 | 0.842198 | |
| AAAS | 1.617508 | -0.43129 | 0.562675 | 1.374531 | |

etc.

The age file needs to contain the chronological age for each sample. The header should contain "SAMPLEID" and "AGE" (both with capitals), and the sample IDs should be identical to the ones used in the gene expression file. The age file should have samples as rows, and age as column.

Example Chronological Age file:

| SAMPLEID | AGE |
|-----------------|------------|
| Sample1 | 50.6 |
| Sample2 | 57.3 |
| Sample3 | 85.8 |
| Sample4 | 63.5 |

etc.

Make sure that the sample IDs in the chronological age file are identical to the sample IDs used in the gene expression file.

Start your job:

Go to the tab “Define new job”, and complete the online form:

- **Name** = give a name to your analysis
- **Expression type** = select the type of identifier used: *Gene Symbols* or *Illumina IDs*?
- **Expression file** = choose your *tab-delimited* gene expression input file
- **Predictor type** = select the type of predictor: *GENERAL* or *SCALED*?
- **Age file** = if you selected the *GENERAL* predictor, you need to choose your chronological age input file. If you selected the *SCALED* predictor, you can leave this file location empty.

Results:

After submitting your files, these will be uploaded to our data analysis server.

Under the tab “Job Administration”, the status of your analysis is shown. If your analysis is finished, the status will be “finished”, and you can download the “results” file.

If you ran the *GENERAL* predictor (for which you uploaded chronological age), you will obtain the following variables:

- **CA** = Chronological Age
- **TA** = Transcriptomic Age
- **DA** = Delta Age (the difference between the predicted TA and CA)

If you ran the *SCALED* predictor, you will only obtain Transcriptomic Age (**TA**).