

Users	
id	INT
name	VARCHAR(45)
email	VARCHAR(45)
pass	VARCHAR(45)
Indexes	

Food	
id	INT
name	VARCHAR(45)
category_id	INT
Indexes	

Substituted food	
id	INT
food_id	INT
food_name	VARCHAR(45)
food_desc	VARCHAR(255)
market_food	VARCHAR(45)
api_link	VARCHAR(45)
user_id	INT
Indexes	

Category	
id	INT
name	VARCHAR(45)
Indexes	