



Building Pastoral Care Plans

****It is important when someone comes to you asking for wisdom that you ask the appropriate questions in order to put together a discipleship/care plan that will provide clarity built on the foundation of wisdom. Also always make sure to share plans with truth but in love.****

Pastoral Care requests may come to you verbally, but they should most of the time come through the Pastoral Care Process Que in our Myawaken.online database. This is how we track and ensure there's a system and process to make sure care happens and things are not forgotten. Anyone can complete this form by texting: pastoral to 940-90 or going to the pastoral care tab on our website.

Step one: Gather the Facts

- Is the person in a connect group? Do they have a leader in their life?
- How long have they attended **our** church? Do they have community here at Awaken?
- What is their history with this issue or area of concern?
- Have they gone to counseling yet for this?
- Who did they open up too initially about this?
- What are they wanting from us as a church?

Step two: Pick a point person

Consider the following:

- Pick someone that has had victory in the area they are struggling in
- Pick someone with the time capacity to properly facilitate follow through and accountability to the plan
- Pick someone that has a heart for that person, or someone that is walking through the situation that they are walking through.



The person that brought this information to you or if you found out about this situation yourself does not always mean that whoever was told the information should be the point person to oversee the follow through and provide accountability.

Step three: Create the Plan

With the information gathered and the appropriate person chosen to be the point person, apply wisdom and seek further wisdom if needed to create the care/discipleship plan

Consider from a practical standpoint: *Boundaries and Basics*

- Choosing a service for them to attend weekly - Highest Priority
- Choosing connect group - High Priority
- Checking in with their point person regularly for accountability
- Book recommendation
- Practical Bible Reading and Prayer, Daily declarations
- Church Events/ Conferences
- **Timeline for the plan (for the next 3 months, in two months we will reassess...)**

Consider from a spiritual standpoint: *Breakthrough and Healing*

- What is the root? How do we address the root of the issue?
- Is Professional Counseling needed?
- Meeting for deliverance or inner healing with a pastor or leader (during the week or on after a service?)

Step Four: Roll out the Plan with the person

- Schedule the meeting with the point person and leader involved to go over what the plan will be with the person in need



- ****You should not attend if you are not the leader or point person for the plan****
unless the leader is also the only point person and you are there to provide support, **since we always meet in pairs** and never want someone to have a meeting like this with someone alone.
- Reiterate when you would like to have updates from the point person for check-ins.