

Bonus – suggestions for clauses & additional rules

Below you'll find some optional suggested wording for clauses which can be added to your Contract. Clauses on these subject matters were not included in the standard Contract terms because such issues are personal and unique to each relationship. You do not have to incorporate any of this into your Contract; they are merely suggestions to give you ideas.

Goals

- To help guide BabyGirl in her servitude, for her to understand the importance of same and to help her grow as a person.
- To support BabyGirl in working on any negative feelings affected by pride or the ego.
- To improve trust between Daddy and submissive.
- To intensify the parties' association into a permanent relationship.
- To assist BabyGirl in learning more about her feelings of submission.
- To teach BabyGirl how she can best serve, satisfy and surrender to Daddy.
- To encourage BabyGirl to talk about her needs and desires.
- To help BabyGirl learn to accept and defer to the judgment of Daddy.
- To help BabyGirl with a new fitness routine.

Collar

- BabyGirl will have two collars, one for the public and a formal collar. The first collar is a silver heart locket necklace which must be worn by BabyGirl daily without fail. The second collar is for formal occasions to be worn as and when Daddy requests.
- BabyGirl acknowledges that she is in training mode and therefore will be required to wear a training collar for the duration of this Contract. At the end of the Contract term, if the parties renew the Contract and Daddy feels BabyGirl has earned a formal collar, Daddy may present her with a permanent collar.

Alcohol, Tobacco, Drugs

- BabyGirl is prohibited from consuming any alcoholic drinks whilst not in the presence of Daddy. On social outings, BabyGirl is allowed to consume two standard alcoholic drinks. If she desires any more, she must request permission from Daddy which may or may not be granted in Daddy's absolute discretion.
- Daddy will never force any drugs, tobacco or alcohol upon BabyGirl.

Body

- Daddy claims, and BabyGirl gives full ownership over, her physical body to do with as Daddy pleases sexually or otherwise.
- BabyGirl will treat her body with care and respect, ensuring no harm comes to it so her body is always available for Daddy in its best condition.

Eating & sleeping

- BabyGirl will be provided with food and shelter at minimum. She is required to prepare nutritious meals for herself and for Daddy each day for breakfast and lunch.
- BabyGirl is required to sleep with Daddy undressed every night. Other than for bathroom emergency, BabyGirl may only leave the bed with Daddy's permission.

Hair

- Daddy may determine the length, color and style of BabyGirl's hair at any time including complete baldness.
- Daddy has the right to dictate the extent and style of BabyGirl's pubic hair including requiring her to be shaved daily.

Health

- BabyGirl is required to take initiative to look after her mental and physical health, fitness and wellbeing. Daddy may require BabyGirl to participate in any beneficial program to help BabyGirl with taking care of herself.
- BabyGirl must attend yoga classes at least three times per week. Every morning she must stretch her body so she is alert and in top condition to start the day.
- BabyGirl is prohibited from eating any sweet or savory junk foods including but not limited to chips, chocolate and candy without Daddy's express permission. BabyGirl is permitted one snack-sized chocolate bar on Wednesday nights only.

Journal of BabyGirl's Thoughts

- BabyGirl is required to keep a journal of her submission. Each day BabyGirl must write down her honest thoughts in a respectful manner about the day's events including likes and dislikes about Daddy's actions, orders and punishment (if any). BabyGirl must leave the journal on Daddy's desk by 6pm every day.
- At least once per week, BabyGirl shall include her sexual fantasies/desires in her journal writing.
- Daddy may use the journal to develop a deeper understanding of BabyGirl and her needs and desires. Daddy agrees not to impose any punishment for BabyGirl expressing herself in the journal.

Mind

- BabyGirl relinquishes and Daddy accepts responsibility for BabyGirl's mind, happiness and mental health. Daddy may retrain or reprogram BabyGirl's mind for the benefit of BabyGirl and/or the relationship. In doing so, Daddy must not affect BabyGirl's mind in a negative way or to take advantage of BabyGirl in any way.
- Daddy may require that BabyGirl undertake any course or activity to strengthen BabyGirl's mind or to enhance her knowledge in any given area.

- BabyGirl is required to read a book chosen by Daddy for one hour every night to educate herself on BDSM relationships and how to better herself in surrendering to Daddy.

Domestic Servitude

- BabyGirl is responsible for maintaining the cleanliness of our home at all times including washing the dishes, vacuuming, mopping, dusting and taking out the rubbish.
- Every Saturday morning BabyGirl must vacuum/sweep/mop the floors whilst wearing a costume or clothing chosen by Daddy.

Clothing & Dress

- BabyGirl agrees only to wear clothing chosen or approved by Daddy in public and in private. The style of apparel should never put BabyGirl in harm or cause her to commit any offense.
- BabyGirl agrees to always dress in a sexually pleasing way for Daddy. Each month, Daddy shall select and purchase a new sexy item of clothing for BabyGirl to wear when in private with Daddy.

Sexual Slavery

- BabyGirl shall make herself available for Daddy's sexual pleasure after being given at least half an hour's notice, subject to her work and other prior-made commitments. At the commencement of each session, BabyGirl must wait for Daddy in their bedroom/the dungeon kneeling at the end of the bed face down. BabyGirl shall remain in this position until ordered otherwise by Daddy. Subject to the limits outlined in this Contract, BabyGirl will wholeheartedly perform any sexual request made by Daddy outside of BabyGirl Mode.
- Unless Daddy specifically states that it's not required that day, BabyGirl agrees to perform oral sex on Daddy each morning before being dismissed from the bed.
- With Daddy's guidance, BabyGirl agrees to learn to orgasm on command.
- Throughout the month, BabyGirl is required to research new sexual activities that she would like to try with Daddy. On the last day of each month, BabyGirl may suggest her favorite activity she has discovered. Daddy agrees to research and master the act and purchase any equipment needed within one week.

Finances

- Daddy agrees to provide BabyGirl with an allowance of \$200 per week which must be used to purchase groceries and household supplies. Every Sunday, BabyGirl must provide Daddy with receipts for all purchases and return any unused portion of the allowance.
- Purchases over \$50 must first be approved by Daddy.