



COURSE CODE	COURSE TITLE	COURSE FEES
000101	CYQ Level 2 Certificate in Fitness Instructing – Gym	£660
000102	CYQ Level 2 Certificate in Fitness Instructing – ETM	£640
000103	CYQ Level 2 Certificate in Fitness Instructing - Water-Based Exercise	£485
000105	CYQ Level 2 Award in Group Indoor Cycling	£240
000106	CYQ Level 2 Award in Step ETM	£390
000107	CYQ Level 2 Award in Studio Resistance Training	£390
000108	CYQ Level 2 Award in Circuit Training	£390
000109	CYQ Level 2 Certificate in Instructing Health Related Exercise for Children	£425
000110	CYQ Level 3 Certificate in Advanced Fitness Instructing - ETM	£520
000111	CYQ Level 3 Award in Instructing Physical Activity for Ante/Post Natal Exercise	£450
000112	CYQ Level 3 Certificate in Personal Training	£1800
000114	Fitt Aqua Equipment Workshop	£45
000115	CYQ Level 2 Award in Chair-Based Exercise for the Frailer Older Adult	£395
000116	Fitt Speed and Agility Training Workshop	£95
000117	Fitt Beginners Stability Ball Workshop	£95
000118	Fitt Advanced and Group Stability Ball Workshop	£95
000119	Fitt The Next Move Choreography Workshop	£45
000120	Fitt Foundation Certificate in Basic Mat-Based Pilates	£550
000121	CYQ Level 3 Certificate in Teaching Mat Pilates	£550
000122	Fitt Pilates Small Equipment Workshop	£95