

EMILIA TRENTAM
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INTEGRITY | COMMUNITY | BALANCE

- Results-oriented team leader with a passion for personal development and helping others feel their best
- Expertise in training and overseeing daily operations in rapid-paced environments while effectively managing project scope, timeline, cost, resources and expectations and communicating effectively with business partners, vendors, and team members
- Experience driving the vision for Sano Cafe, JET Creations LLC, and family owned Costa Rican Wildlife Refuge and Yoga Retreat: Luz de Aurora

EXPERIENCE

CLASSICAL PILATES INSTRUCTOR | BODYTONIC PILATES LLC | Seattle, WA 2022 - Present

Movement Therapy

Create routines and instruct the Classical Pilates method on mat and equipment for up to 5 clients while ensuring safety by providing adjustments and modification as needed.

Technologies: Jotform, Google Drive, Schedulocity

- Focus on client growth and retention through creating tailored and dynamic programs to meet the client's goals and needs
- Assist with social media and online presence

MANAGER | SANO CAFE | Seattle, WA 2018-2022

Operations

Grew sales and profits through excellent customer service and delicious food while cultivating a positive and efficient working environment. **Technologies:** Squarespace, Google Spreadsheets, Excel, Toast POS

- Highlights of results delivered
 - Hired and led a diverse and inclusive team with great work ethic
 - Generated increases with daily goals by driving customer service and sales
 - Managed ordering, scheduling and labor cost
 - Ensured excellent food safety and cleanliness
- Organizational leadership
 - Drove vision and expectations for every team member while maintaining a positive customer service experience and providing a fun place to work
 - Managed BOH leads on daily operations and food preparation expectations
 - Drove significant productivity improvements through implementing and managing an online ordering system

MESSAGE THERAPIST | UMMELINA INTERNATIONAL DAY SPA | Seattle, WA 2016-2019

Bodywork

Performed 30-90 minute Therapeutic Massage sessions across a wide array of modalities ranging from Sports and Thai Massage to Hot Stone, Medical Cupping, and other body treatments such as masks, wraps, and scrubs.

- Focused on client growth and retention through attention to detail and personalized care
- Ensured proper sanitation and safety guidelines

EDUCATION

CODING BOOTCAMP | UNIVERSITY OF WASHINGTON | Seattle, WA 2022-2023

Full Stack Web Development with market-driven curriculum: HTML5, CSS3, JavaScript, jQuery, Express.js, React.js, Node.js, progressive web apps, agile methodology, computer science, database theory, MongoDB, MySQL, Git

A.A. BUSINESS | SHORELINE COMMUNITY COLLEGE | Shoreline, WA 2019-2021

Associate of Arts with select coursework including Managerial Leadership, Marketing & Sales, Economics & Statistics, International Business, Business Law, Quality, Productivity