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REFERENCE

MS EMILY KELT

I would firstly like to thank Emily for her work with the Centre for Psychological Therapies, at the University of Edinburgh, which has been greatly appreciated by those she worked with on the project and the wider clinical team.

During the summer of 2024, Emily offered volunteer support, working as part of a small team in developing an intervention for exam and study stress. Emily contributed by presenting and illustrating, raw developed resources, into an interactive workbook for young people.

Emily worked under the guidance of two Clinical Fellows. In doing so, Emily demonstrated a high level of interest in the project, and completed tasks to a very high standard. Emily's ability to listen to instruction, work within set time scales, and produce an attractive and engaging workbook were exemplary. Her communication throughout this piece of work was of a high standard, responding to requests, additional changes in a timely way.

I can envisage Emily working well with in a team setting, whilst clearly having the self-drive and motivation, to develop aspects of a team project independently. We would not hesitate in welcoming Emily back to support projects in the future.

Emma Clark
Clinical Fellow in Psychological Therapies
Psychological Therapies Programme and Centre for Psychological Therapies

