

Wii Fit Trainer

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Github : <https://www.github.com/DeepBreather>

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OBJECTIVE	<i>Professional fitness trainer. Hard-working, determined and positive. Looking to transition back from competitive brawling to full-time fitness training where I can apply my skills and experience to help more people become stronger and more flexible</i>	
EDUCATION	Stanford University , Stanford, CA <i>Bachelor of Science (B.S.), Human Biology</i> GPA: 3.62/4.00 University High School , Oakland, CA High School Diploma, June 2012	CGPA: 4.00/4.00
FITNESS SPECIALTIES	Sports : Skiing, long-distance running, boxing, snowboarding Tools : Balance board, yoga mat Practices : Yoga, strength training, aerobics, body assessments	
EXPERIENCE	SSBU Competitive Fighter Participating in a brawl-style competition with improved hitboxes Using improved, strengthened fitness techniques such as Sun Salutations and Deep Breathing	June 12 - Present
	SSB4 Competitive Fighter Participating in a brawl-style competition Using unique fitness techniques such as Sun Salutations and Deep Breathing	June 12 - Present
	Nintendo Wii Fit : Personal Trainer Explaining theory behind different techniques in breathing and stretching to an audience of at least 20 million people, guiding them in practical daily exercises Editing own videos before posting them to Nintendo's vlogging platform	Dec 07 - Present
PROJECTS	Next Fit Fighter Collaborated with twin brother and professional boxer to film and edit a video series of workouts which are designed for aspiring SSBU fighters to build up strength and improve flexibility and reaction time	July 2018 Remotely from Palo Alto
	<ul style="list-style-type: none">• Technology/Tools: Balance board, nunchuks, weights, dumbbells, Adobe After Effects• Link : youtube.com/NextFitFighter	
CERTIFICATION	<ul style="list-style-type: none">• American Council on Exercise (ACE) accredited by National Commission for Certifying Agencies (NCCA)• National Academy of Sports Medicine (NASM) accredited by National Commission for Certifying Agencies (NCCA)• Registered Yoga Teacher (RYT) by Yoga Alliance	
RELEVANT COURSES	<ul style="list-style-type: none">• Culture, Evolution, and Society• The Human Organism• Introduction to Problem Solving in Biology• Human Biology Practicum• Behavior, Health, and Development• Love as a Force for Social Justice• Introduction to Immortality• Introduction to Sports Medicine	
ADDITIONAL ACTIVITIES	<ul style="list-style-type: none">• Member of Health and Wellness Society of Nintendo, SSBU Chapter• Participated in SSB4 FitFest-CaliYoga California, 2013• Volunteering experience at FitnessForAll California conference, 2012-2017	