

```

> JOURNAL.filter(x => x.events.includes("work")).filter(x => x.events.includes("weekend"))
< ▶ []

> JOURNAL.filter(x => !x.events.includes("work")).filter(x => x.events.includes("weekend"))
< ▶ (30) [Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry, Entry]

> cnt = {}
< ▶ {}

> for(x of JOURNAL) for(e of x.events) {n=cnt[e]||0; cnt[e]=n+1}; cnt
< ▶ {carrot: 16, exercise: 10, weekend: 30, bread: 8, pudding: 6, ...}

> cnt["pizza"]
< ▶ 10

> map = new Map()
< ▶ Map(0) {}

> for(x of JOURNAL) for(e of x.events) {n=map.get(e)||0; map.set(e, n+1)}; map
< ▶ Map(26) {"carrot" => 16, "exercise" => 10, "weekend" => 30, "bread" => 8, "pudding" => 6, ...}

> map.get('pizza')
< ▶ 10

cnt => [object Object]
map => [object Map]

> m={}; for (k of map.keys()) m[k]=map.get(k); m
< ▶ {carrot: 16, exercise: 10, weekend: 30, bread: 8, pudding: 6, ...}

> |

```