

## **Instapaper: Friday, Nov. 30th (Instapaper) - Your Highlight on Location 1496-1498 | Added on**

Friday, January 17, 2020 12:38:59 AM

As psychologists have frequently and famously demonstrated, humans are subject to a bias towards keeping their prior commitments and staying consistent with our prior selves when possible. This trait is necessary for social cohesion: people who often change their conclusions and habits are often distrusted.