

As can be seen, I didn't read this much. It looks like the usual set of clichés about *the new religion*. These notes are from October 2016.

page 2 The Buddha is said to have given a silent sermon once during which he held up a flower and gazed at it. After a while, one of those present, a monk called Mahakasyapa, began to smile. He is said to have been the only one who had understood the sermon. According to legend, that smile (that is to say, realization) was handed down by twenty eight successive masters and much later became the origin of Zen.

page 8 Ramana Maharshi, one of the greatest Indian sages, bluntly states: The mind is maya.

page 12 In Hindu teachings (and sometimes in Buddhism also), this transformation is called enlightenment. In the teachings of Jesus, it is salvation, and in Buddhism, it is the end of suffering.

page 14 Throughout history, there have always been rare individuals who experienced a shift in consciousness and so realized within themselves that toward which all religions point.