

Recruitment Guide:

Initial Contact

I will be reaching out to potential participants through text messages.

Script

Script for people who already know me:

- Hey, it's Emir! I'm currently in SI 422 (Needs Assessment and Usability Evaluation) and am working on a project regarding female athletes' experiences with their facilities at Michigan. I'm looking for participants who I would be able to sit down and interview for about an hour to learn more about the topic. I have a pretty flexible schedule so we can schedule a time to meet based on your availability. If this is something you would be interested in doing let me know!

Script for people who do not know me:

- Hi, my name is Emir McGreevy! I am a junior here at Michigan and currently enrolled in SI 422, Needs Assessment and Usability Evaluation. I am working on a project for this class regarding female athletes' experiences at the University of Michigan. I am particularly interested in your experiences with the gyms and other facilities that are available to you. I'm currently looking for participants who I would be able to sit down and interview for about an hour to learn more about the topic. If you are interested in the interview please fill out this short Google form so that I can make sure you are a good fit for the interview. Let me know if you have any questions about the project or if you are interested in doing the interview. Thanks!

Screener:

I am planning on only sending the screener out to people that I do not know because I already know all the answers for the potential participants that I know. The screener will be sent out via Google form. (**For my screener I am not asking any questions regarding their gym usage because if they are on a D1 athletic team they are required to use the gym/attend practices multiple times a week so it is already a given that they fit that criteria)

Question	Answer Options	Rationale
Are you currently a student at the University of Michigan?	Yes or no	Exclude anyone who answers no
What sports team are you a part of?	[open-ended, text box]	Include D1 NCAA women's team Exclude any club, intramural, or men's teams
Are you currently in the transfer portal?	Yes or no	Exclude anyone actively in the portal because they may have an overly negative opinion on the school

Would you be available for an hour-long, in-person interview in the next 2 weeks?	Yes or no	Exclude anyone who says no
---	-----------	----------------------------

Interview guide: Understanding the experience and challenges female athletes face using their facilities

Date:	Participant ID:	Interviewer:
-------	-----------------	--------------

Problem statement: Female athletes at the University of Michigan do not receive the same funding as men's athletic teams for their facilities and practice areas despite Title IX and...

- Research Objective 1: Understand the daily patterns and behaviors of female athletes at the University of Michigan
- Research Objective 2: Identify challenges and barriers female athletes face when practicing and working out
- Research Objective 3: Explore strategies to improve female athletes' overall experience when using Michigan facilities and gyms

Introduction

I would like to thank you for taking the time to talk with me today. My name is Emir and I'm doing this project as part of a class, SI 422 Needs Assessment and Usability Evaluation. I am interested in the experience that female athletes at the University of Michigan have using the gym and other facilities that they have available to them. So I'm going to be asking you about what your own experiences have been, including any challenges you may have encountered when using university athletic facilities.

Our interview will take about 45-60 minutes. Please feel free to skip any questions. This interview is entirely voluntary on your end and you can stop and leave the interview whenever you want. Also, there are no right or wrong answers to the questions. With your permission I will be audio recording this interview. No one will have access to the recording except me and the teaching team.

Do you have any questions before we begin? Are you ok with me starting the recording now? *(If the interviewee says 'Yes,' press the recording button).* Ok, let's get started.

WARM-UP		
Topics	Questions	Follow-Up Probes
Gym Usage	1. Tell me how your weekly athletic schedule looks in regards to working out and practicing for your sport?	<ul style="list-style-type: none"> • How many hours a week do you spend in the gym? • How many hours do you spend practicing a day? • Does this schedule change when you're in-season versus out of season?

	2. How do you typically train for your specific sport?	<ul style="list-style-type: none"> Do most of your exercises require equipment? If so what kind?
GENERAL ISSUES		
Frustrations	4. Can you tell me about a time you were frustrated while using the gym?	<ul style="list-style-type: none"> Where was the gym/facility? What was it that upset you?
Facility necessities	5. What are your favorite exercises that you do to help you train for your sport?	<ul style="list-style-type: none"> What equipment do you need for these exercises?
	6. Tell me about your experience using the Michigan gyms and facilities	<ul style="list-style-type: none"> What time do you usually go? Are there a lot of other athletes using it at the same time as you?

DEEP FOCUS 1: Facility Necessities		
I would like to know how you navigate a new route using the bus system.		
Facility Necessities	7. What key aspects did you look for in facilities when touring schools prior to your commitment?	<ul style="list-style-type: none"> How big of a role did that play in your final decision? What set Michigan apart from the other schools you were considering?
	8. Can you walk me through a time when you worked out at a non-UofM facility? What was your experience like and why were you using that facility?	<ul style="list-style-type: none"> How did the two gyms compare? Was there one gym that you preferred? What made it stand out?

DEEP FOCUS 2: Improvements & lacking resources

Next, I am going to ask about the challenges of using the bus system.

Improvements	9. Can you describe one factor that would prevent you from wanting to use a certain facility?	<ul style="list-style-type: none"> Why would this be such a big problem? What would you do to deal with this issue if you had to?
	10. If there is an issue with a facility, what avenues are there for you to communicate the issue and get it resolved?	<ul style="list-style-type: none"> Have you ever had to go through this process? If yes, was it an easy one?
	11. If you had the opportunity to make improvements to your current facility, what would you like to add or change? (Make sure to keep ideas within reason)	<ul style="list-style-type: none"> Why would you choose to make these changes?

RETROSPECTIVE

Lastly, I would like to talk about your personal needs as an athlete.

Lack of Resources	12. What resources do you think are necessary for you to have a successful athletic career?	<ul style="list-style-type: none"> PROBE each resource
	13. Given your experience, which of the resources just described are met by the facility you currently train at?	<ul style="list-style-type: none"> Are there any needs or resources that are not met? How does that affect your overall experience as an athlete here?

WRAP-UP

Now I am going to wrap up the interview with a few questions.

Additional thoughts/suggestions	14. Do you have any other thoughts you would like to share with us about your experience using Michigan athletic facilities?	<ul style="list-style-type: none"> PROBE
	15. What suggestions do you have for improving your facilities based on your experience if there are any?	<ul style="list-style-type: none"> PROBE

Closing	This is the end of the interview. Do you have any questions for us before I end the interview? I really thank you for all your time.	
----------------	--	--

Informed Consent for Research Participation

What This Study Is About

This interview is part of a class project for SI 422 Needs Assessment and Usability Evaluation. The purpose is to learn about your experiences with the gym and other athletic facilities as a female athlete at the University of Michigan. Your participation in this interview will help provide me with more insight into the topic for my class research project.

Your Involvement in the Study

In the 60-minute interview, I will ask you questions about your athletic career and experiences during your time at Michigan. With your permission, I will record you on audio/or video, and I will take notes to document your comments.

Your Participation is Voluntary

You may take a break or leave the interview at any time without giving a reason. You may also withdraw from the study after the session by contacting me [Emir].

How I Will Use Interview Data

I will use the data and audio from this interview for my class assignments. It will only be shared with me and the teaching team for SI 422. All of your personal data and information will remain anonymous. Additionally, none of the information will be used in any way that can be damaging to you.

Storage of Personal Information and Session Data

I will store all of the information gathered in the session until the end of the semester when I am done with the research for this project. Once the semester is done, all of the data will be deleted and destroyed.

If you want to withdraw your consent in the future, contact me [Emir McGreevy], and I will destroy any data collected as a part of this research.

Your Consent

I give my consent for (please check all that apply):

- ☐ The session audio to be recorded
- ☐ The session video to be recorded
- ☐ SI 422 teaching team to view session recordings and documentation containing my information
- ☐ Emir McGreevy to use interview data in assignments for SI 422 (I understand that I will not be identified in the reporting of this research)

Your Agreement to Participate

I hereby consent to participate in this study and for Emir McGreevy to collect and use data as agreed upon by me and outlined above. I agree with the related storage of my personal data, including my name, email address, and phone number by Emir McGreevy. I am aware that I may withdraw my consent at any time.

Name (Printed)

Date

Signature