The human population is growing globally and is projected to exceed 9.7 billion people by 2050 and 10.9 billion people by 2100 ([UN-DESA, 2019](https://population.un.org/wpp/Publications/Files/WPP2019_Highlights.pdf)). Although growth is projected globally, many countries are projected to experience population declines. Whether a country is projected to increase or decline in population size has important implications related to the impacts of climate changes on its domestic food systems.