



**THRIVE**  
*Lifeline*

## Volunteer as a Crisis Responder

# Apply Today

[thrivelifeline.org/volunteer.html](https://thrivelifeline.org/volunteer.html)

- Support your community
- Advocate for mental health in STEM
- Receive free training and mentorship (\$1000+ value)
- Gain valuable crisis response skills:
  - Interpersonal: empathy, active listening
  - Inviting and inclusive communication
  - Thorough risk assessments
  - Calm de-escalation techniques

THRIVE Lifeline provides 24/7 text-based support that is confidential and judgement-free. Our qualified crisis responders are underrepresented individuals in STEM who humanize our texters.

Want to join our next cohort of Crisis Responders in Training?

Email for more information: [info@thrivelifeline.org](mailto:info@thrivelifeline.org)