

We Need YOU! Join a grassroots crisis text line and directly support the mental health of **under-represented STEM individuals**. We are a team of **qualified suicide interveners** who believe that now, more than ever, our communities deserve to access humanizing support from people with shared identities and experiences.

Volunteer Positions



Crisis responders:

100% text-based, confidential and judgement-free conversations with people who need your support

Marketing:

Fundraising campaign; outreach.

Business:

Resource management; research; data.

Requirements



18+, Active listening, Willingness to learn

Computer + reliable internet

You can help from **anywhere!**

Time Commitment



Crisis responders:

3-6 hours/week (1-2 on call shifts)
*1-year commitment
**20 hours pre-training in 3-4 weeks

Marketing / Business:

3-5 hours/week, flexible timing
*4 hours orientation + training

Our Commitment to You



Training, Mentorship, Team collaboration

Life-saving communications skills

Representation, Advocacy

Why Volunteer with THRIVE?

- “[Our Line] is so capturing of our community”
- “It’s even improved my mental health to see the impact we can have on the community.”
- “This is the single-most impactful thing that I have done.”



I need to talk

I'm here.
I'm listening.
How can I help?

Application: tinyurl.com/apply-thrive