



WeekBox

Time Made Sense

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Overview

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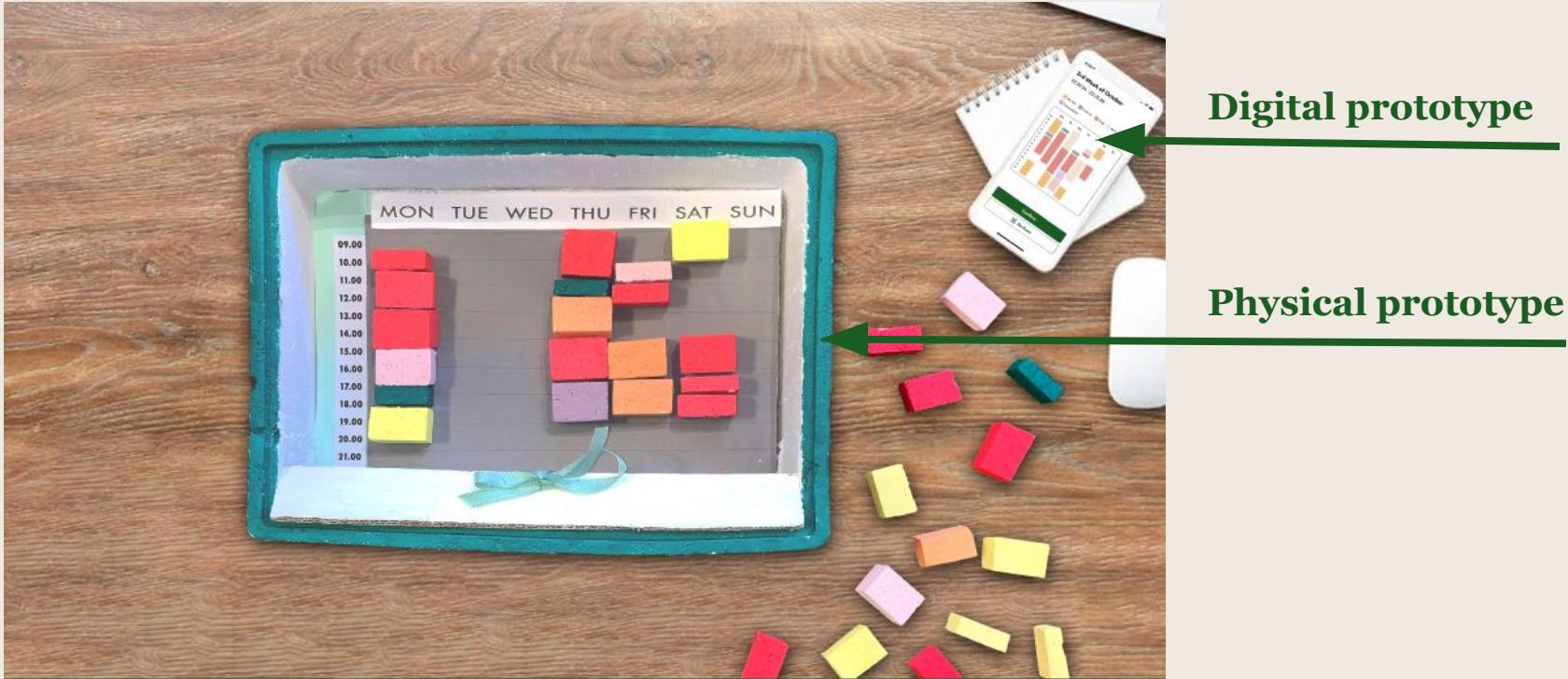
How might we make it easier for people to streamline their daily activities?

Introverts often want de-cluttered timetables, so they could have greater control over scheduling **me-time**.

Weekbox is designed to support **introverts'** practices but also allows **extroverts** to experience the benefits of designing for the introverts.



Overview and key features

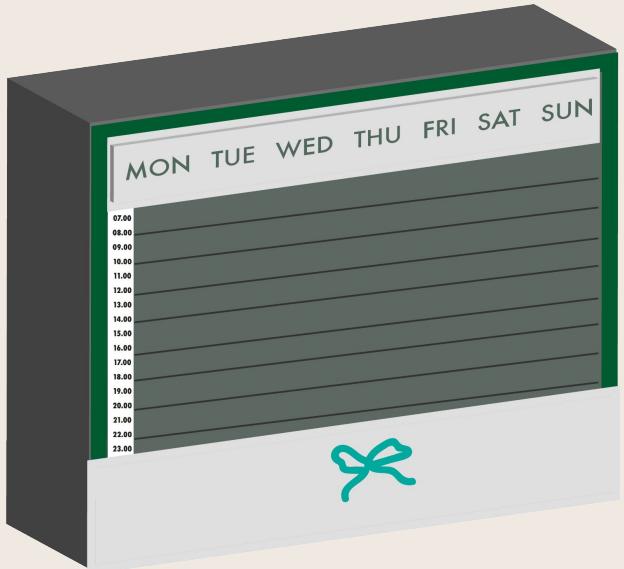


Physical Prototype

The aim with the physical prototype is to make **time** more **tangible**, and to help people get a **sense** of what they spend their time on.

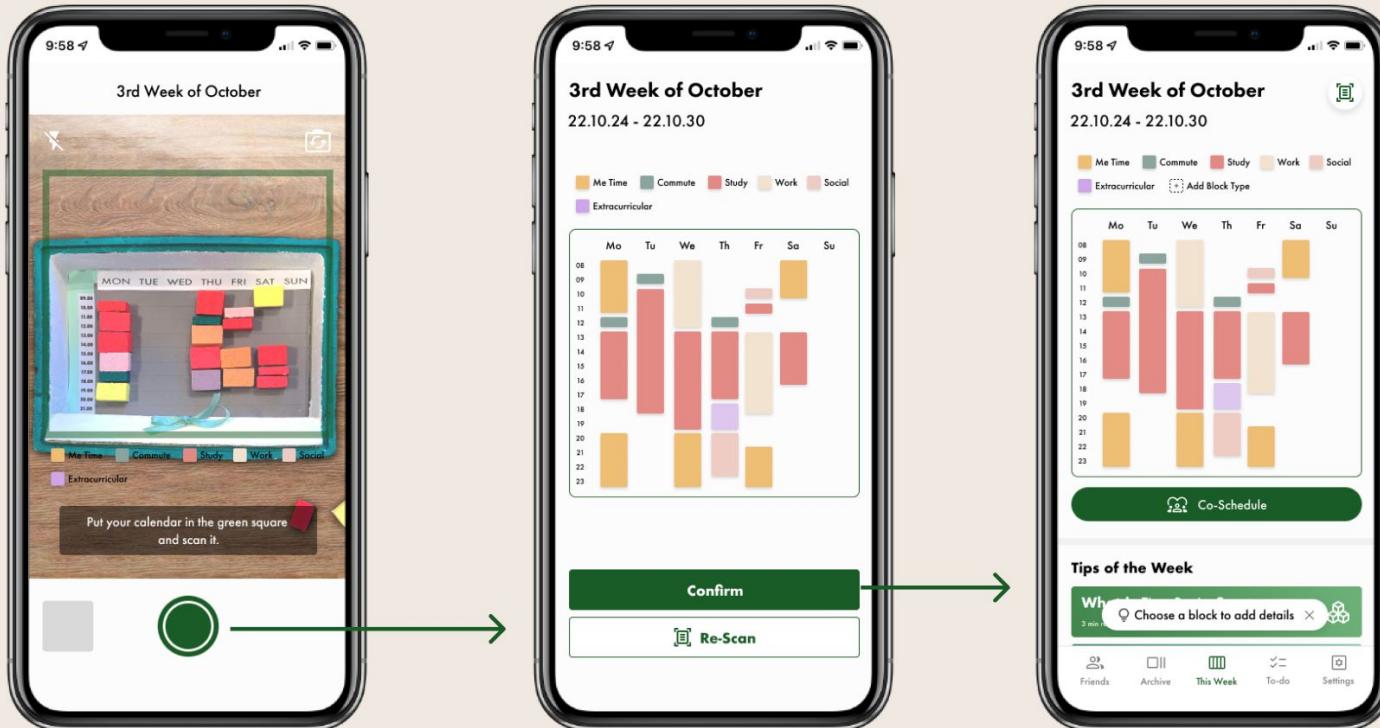
The magnetic boxes represent 1-2 hour slots that can be placed in your scheduling box.

Inspired by the “**time-boxing**” method.



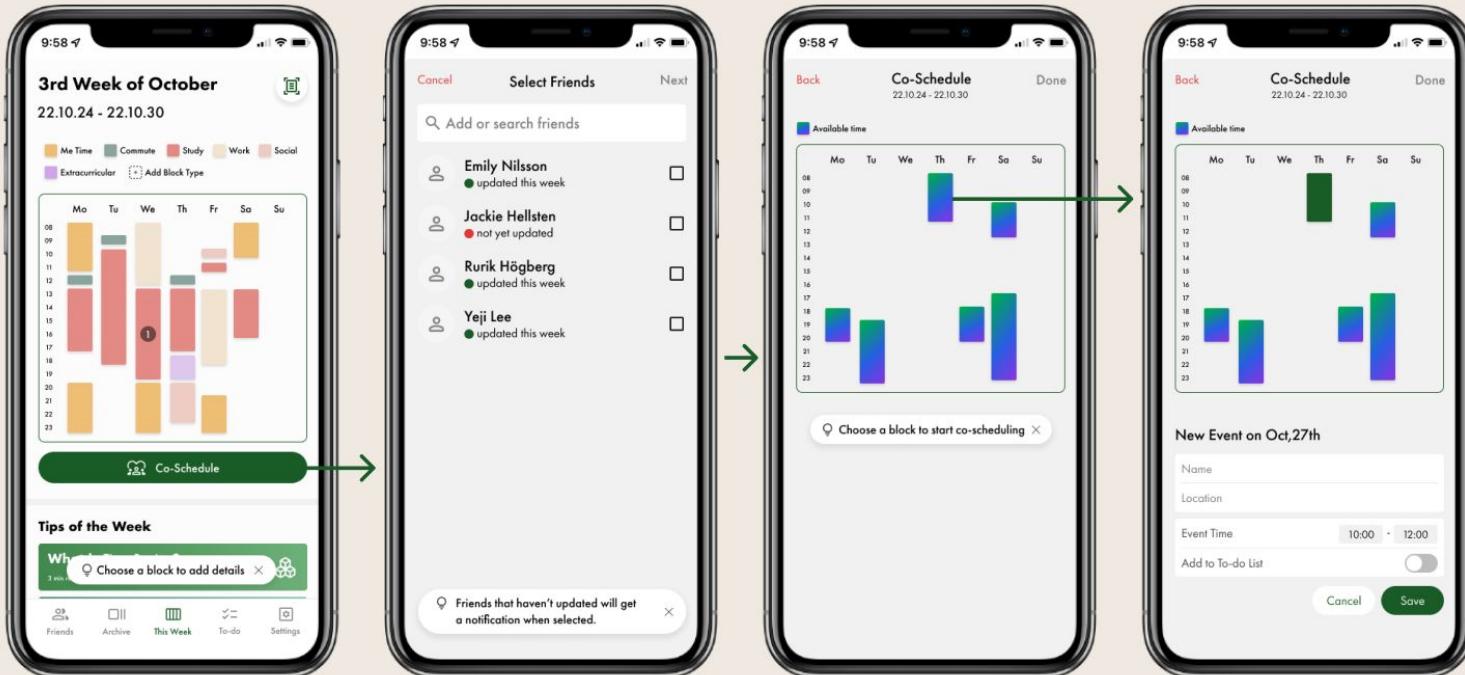
Digital prototype

Connecting the Physical to Digital



Digital prototype

Co-Scheduling



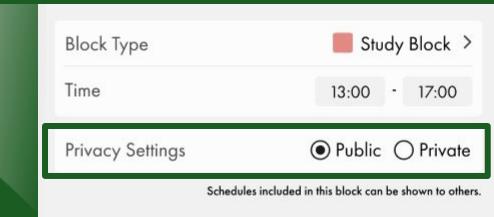
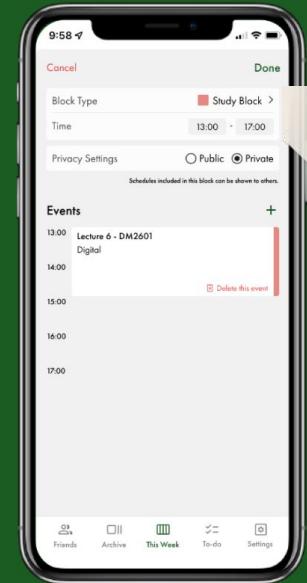
Digital prototype

Prioritized ‘ME-Time’



Digital prototype

Privacy Settings



Process



Discover



Brainstorming



Desktop research



Pre User Survey



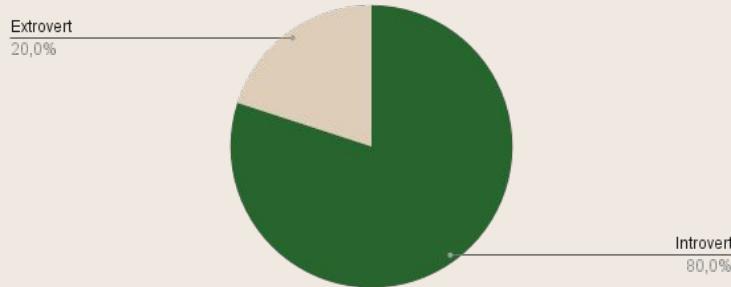
Interviews

Findings

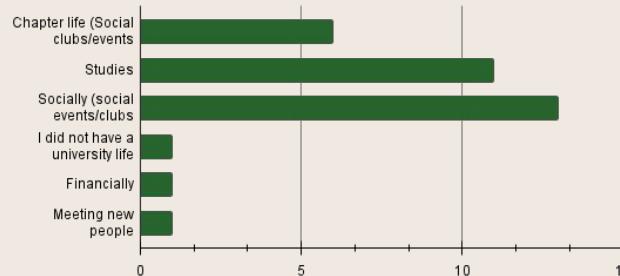
Pre User Survey

- Students have problems with **time management** in **hybrid studies**
- **Defining introverts and extroverts**, which was a main part in interpreting the design brief.

Do you consider yourself an introvert or an extrovert?



Which aspect(s) of your university life was/were most affected during the pandemic?



Findings Interviews

- Problems related to **day-to-day planning and time management.**

"when you write and everyone has different schedule, it can take quite some time to like, find a time that works for everyone."

"The importance of having a clear end between workday vs personal time, I think that's important for students and for me."

"Maybe like have 1 hour for each thing - or 30 min for something if it is small. Like time-boxing."

"then you can also allocate time boxes, and then you know if you'll actually have time for stuff."

Define



Micro
Defining



Affinity
Diagram



User
Persona



Framing
Design Challenge



Introverts:

People who need time for themselves to recharge after social events/interactions.

Extroverts:

People who need less time to recharge and sometimes even gains more energy during social events/interactions.

Results

Cooperating time management

Considering commute for time management

Overview of work, study and free time

Specific and thorough labelling.





BIO

Mia is a master student, and is currently on her fourth year at KTH. The classes at KTH are quite hectic with many group projects but in her free-time she likes to exercise, hang out with friends and call her parents who live in another city. Mia lives 50 minutes away from Campus and her studies are currently hybrid but she tries to go campus as often as possible to work on group projects and attend lectures. Mia plan her schedule on a weekly basis and make-to-do lists to keep track of deadlines, but still feel that it is easy to miss things and/or not having time for hobbies etc. She defines herself as an introvert and really values calm moments at home after being on campus a whole day.

Age: 25
Occupation: Student
Status: Relationship
Location: Stockholm, Sweden

MOTIVATIONS

- Mia wants to do well in her courses
- Mia wants to optimize her time
- Mia wants to spend more time on activities outside school

FRUSTRATIONS

- There is a lack of places to study at campus
- It's difficult to keep track of school activities and deadlines
- It's difficult to find times for group project meetings
- Long commute to campus can make it difficult to plan her time

GOALS

- Being able to keep her schedule and tasks in one place to get greater control over her time
- Having a good balance between studying and private life
 - Having more time for herself and activities outside school

Framing the challenge

Problem statement:

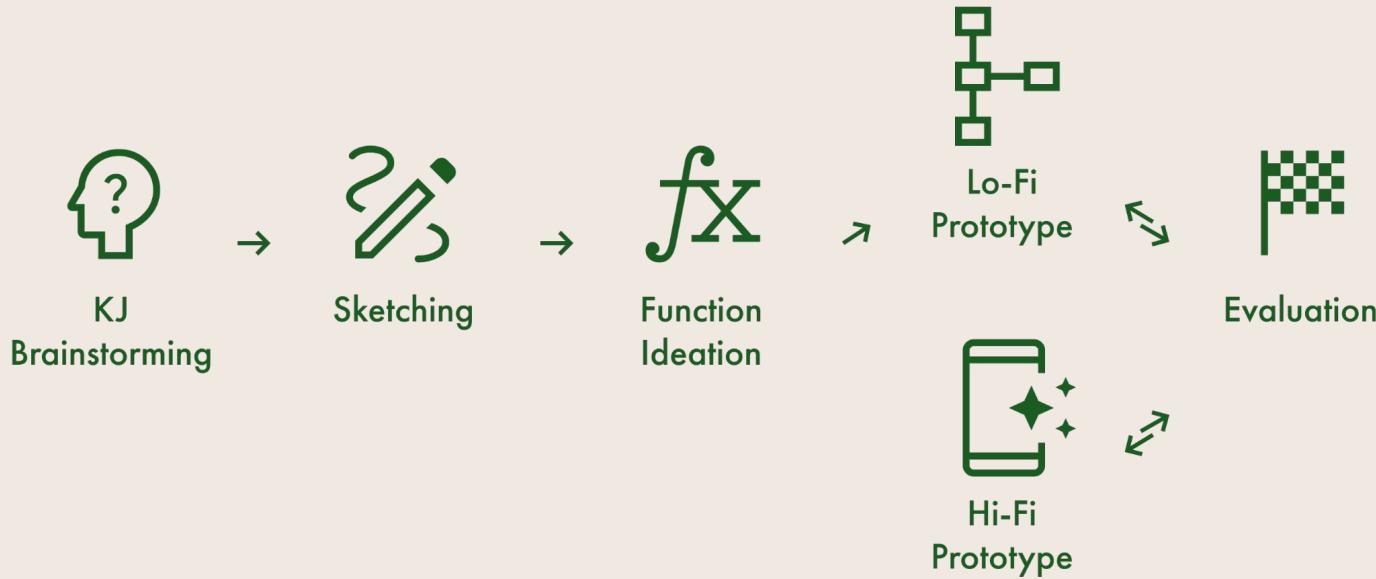
*Introverts often want de-cluttered timetables, so they could have greater control over scheduling **me-time**.*

Design question:

How might we make it easier for people to streamline their daily activities?



Develop

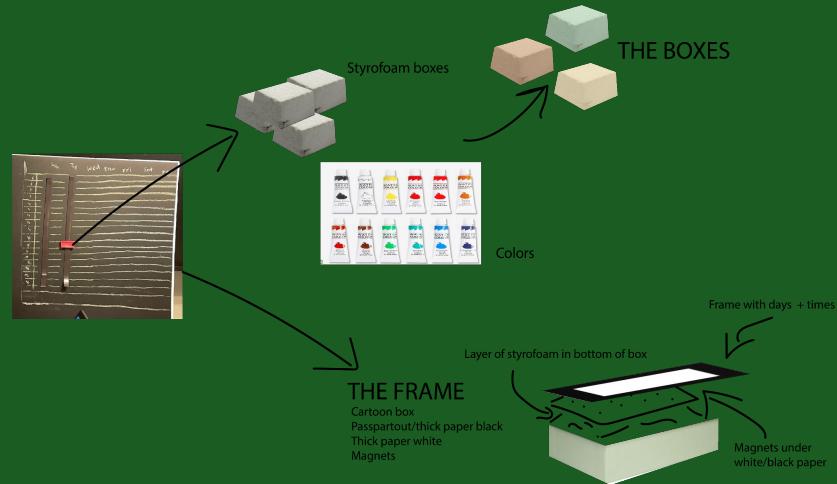


Develop *Physical Prototype*



Brainstorming,
sketching,
lo-fi prototyping

Evaluation
of Mid-Fi



From Mid-Fi to Hi-fi

Develop

Digital Prototype

Ideas for functions

- Physical to digital (Photo?)
 - With a mobile camera?

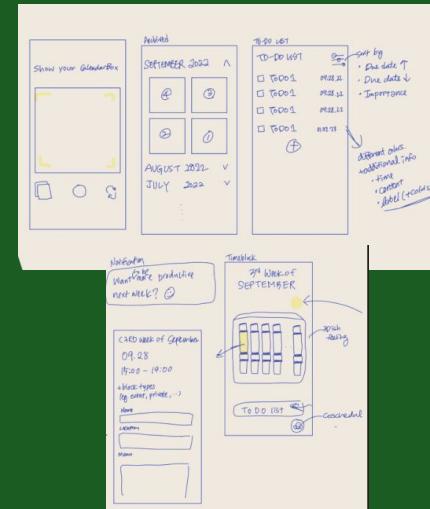
Physical functions

- Different type of blocks** (to-do block, event block, commute (moving) block, private block, public block, etc block)
- Adjustable time periods**
 - A white board/black board sideline/ digital pad that can read numbers written
 - Magnets + Wooden blocks
 - Weekly based
 - Public/private blocks (connect to introverts/extroverts part of the brief)
 - Different time lengths**
 - Stackable blocks? (If shorter time slots like 30 minutes)
 - Stops you from putting a block on used time (magnet not working)

Digital functions

- To-Do list**
- Add more details to time blocks
- Co-scheduling
 - Empty schedules can still be private time / public time
- Integrate other calendars (school, extracurriculars)
- Archived (like a diary)
- Reminder to plan and plot out week
- Physical Blocks can be divided
- Notifications
 - If goals and to-do list needs to be put in calendar,
 - Smart recommendations?
- Save a schedule
- Route recommendation using api (commuting)
- Goals
- Notes

Function
brainstorming



Wireframing



Hi-Fi Prototype

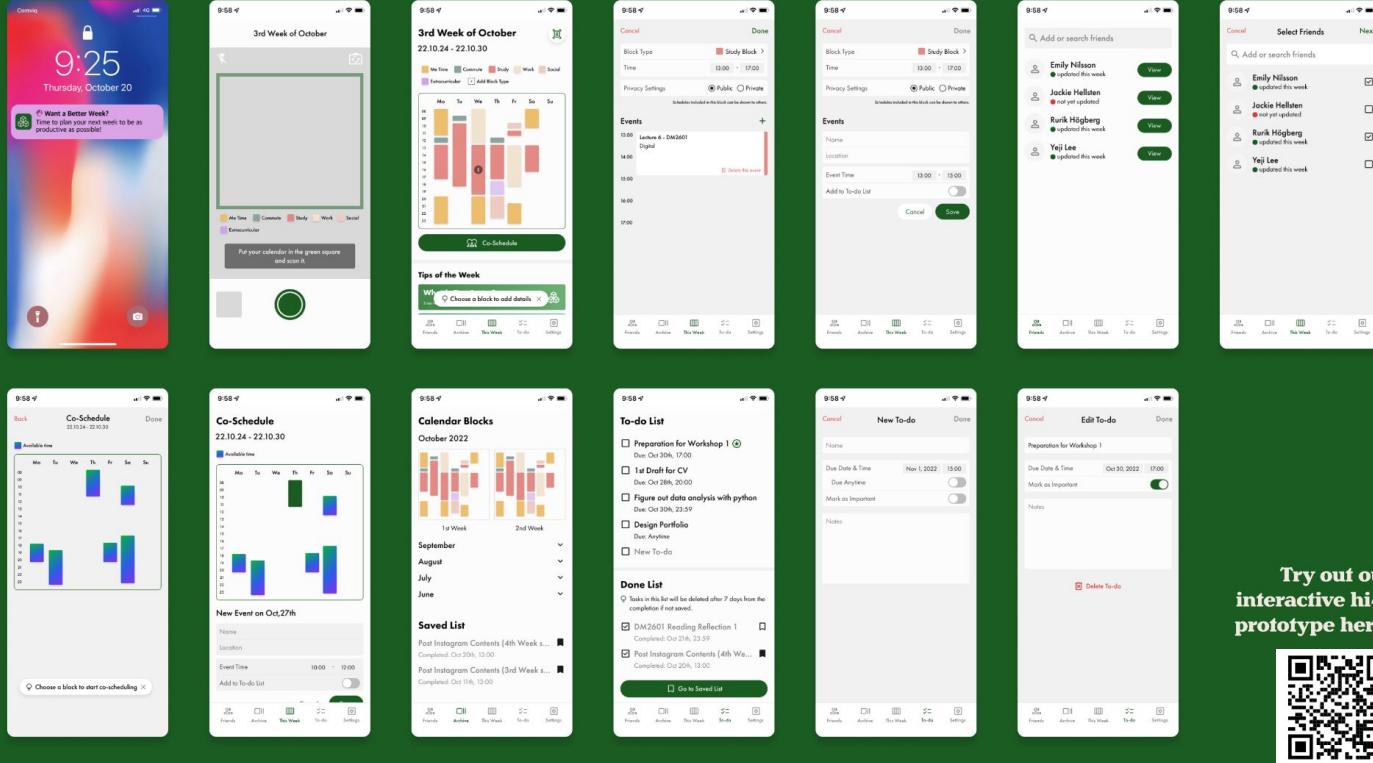
Evaluation

Final Physical Prototype



Discover/Define/Develop/Deliver

Final Digital Prototype



Try out our
interactive hi-fi
prototype here!



THANK YOU FOR LISTENING!



**For more information,
check our workbook**

Music in video:

[Happy Inspiring Upbeat by Roman Senyk Music](#)

[Notification sound](#)

[Magnet snap](#)

