

The man of life upright

Two Bookes of Ayres (1613)

Thomas Campion (1567 - 1620)

The man of life up - right, Whose chear - full mind is free

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2. The man whose silent dayes
In harmlesse ioyes are spent:
Whom hopes cannot delude,
Nor sorrowes discontent.

3. That man needes neyther towres,
Nor armour for defence:
Nor vaults his guilt to shrowd
From thunders violence.

4. Hee onely can behold
With unaffrighted eyes
The horrors of the deepe,
And terrors of the Skies.

5. Thus scorning all the cares,
That fate or fortune brings:
His Booke the Heav'ns hee makes
His wisdom heav'nly things.

6. Good thoughts his surest friends,
His wealth a well-spent age,
The earth his sober Inne,
And quiet pilgrimage.