

ARTS, ENTERTAINMENT & LIFESTYLE  
IN GREY-BRUCE

FREE

# MOSAIC

MAY 2013  
VOL. 20 NO. 8

## TRANSFORMATIONS:

### An Exhibition of Wearable Art

with unique up-cycled clothing designed and made by Karin van der Heyden



Trained at Sheridan College as a Fabric Artist, Karin has spent the last 25 years designing whimsical and elegant cakes and pastries at MarketSide Cafe. She now returns to her fashion roots with this remarkable exhibition of one-of-a-kind "vests" made from recycled ("experienced") fabrics. Intended to be dressed up or down, these one-size-fits-all funky and fun fashion statements will enhance every wardrobe.

Exhibition runs May 10 - June 30

at MarketSide Food Shop and Cafe

813 2nd Avenue East, downtown Owen Sound (519) 371-7666

Fashion Preview - 7:00pm Friday, May 10 - featuring fun food and fashions  
(Tickets \$10 - fundraiser for the The Women's Centre)

# BURCHER BRINGS LEATHER BOAT STORY TO MUSEUM

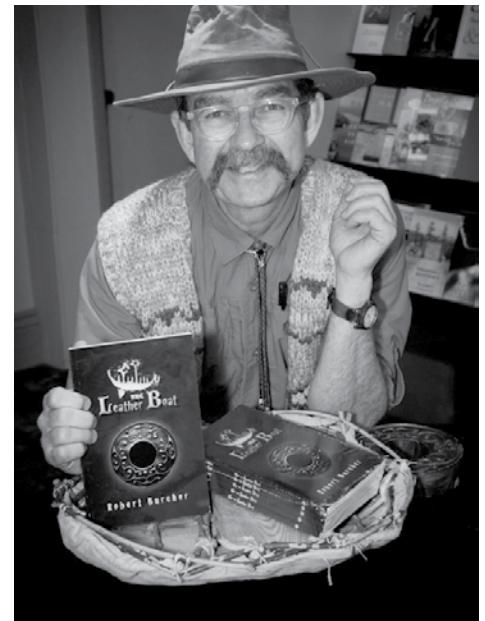
by Kate Russell

**R**obert Burcher is a character of local lore. He is a controversial historian and archaeo-mythologist who has been known to rip into the "so called" Indian Burial Mound in the Beaver Valley or the famous John Muir's outhouse in the back woods of Meaford – all in the name of discovery. Trained as a photographer at the Banff School of Fine Arts, Robert works locally doing magazine and editorial photography work. He has deep roots in Artemisa Township going back to 1852 when his great-grandfather decided to leave Ireland and the potato famine behind.

Robert visited briefly in the 1980s to run a retreat centre for six months and just never left. He now lives in the historic hamlet of Slabtown – an old sawmill site on the Beaver River. Robert has also discovered that he lives on an 8,000 year-old Paleo-Indian site

and keeps his gardening energized by watching for chert hide scrapers.

A member of Toastmasters for 15 years, Robert is constantly working on his public speaking skills. With polished words and superb photos and an incredible saga – this is one presentation not to miss! Join him at the South Grey Museum in Flesherton on May 15 at 7:00 pm to hear about his claims that an image of a sailing vessel carved into the rock at the Peterborough Petroglyphs is actually a leather boat, built by ancient Celtic mariners who set sail from Ireland and penetrated the North American continent hundreds of years before the Vikings arrived in Newfoundland. He leads us through a phenomenal personal odyssey of research and travel, picking up where Tim Severin, who sailed a replica of an ancient leather boat, "The Brendan" across the Atlantic in 1975,



left off. Severin proved it was possible. Burcher sets out to prove it was true. In the summer of 2012 Burcher found the proof. It is now being developed into a documentary movie with shooting in Newfoundland this summer. Admission is \$7 per person, \$12 per couple and \$5 for members. **M**

## *Glacial Erratica*

story/photo by Ted Shaw



**T**he big rock rests comfortably in a corner of a small pastoral park on the west side of Owen Sound. It is about five feet high. Stepping around it, the base it works out to fifty feet, give or take an inch. It appears to be of granite. Sort of roundish. Looks like a leftover from the Giant Pumpkin Contest, except it wouldn't taste right and is not an orangey yellow. It is grey white-ish, with a mottling of black specks all over. Across the top it is perfectly flat. The rock tilts slightly from North to South. Place a small ball on it. Give the ball a gentle push and it rolls across unhindered to drop off at the far side.

This is a 'glacial erratic', left by receding glaciers and flood melt waters in the turmoil of the departing Ice Age millenia ago. On each side and across the top is a thin straight groove (striation) caused by its trundling rolly-polling around in the chaos of moving rocks and ice, before eventually one day coming to rest. Close by is play-ground equipment. Bright in vivid green, red and yellow colours, all worthy of a wild artist's palette.

At time of going to press it is not known if our now comfortable rock is still in the same place where it was left by those waters and ice of long time. Or if it was moved from where it was in the way of urban development. Also not known is why this Park bears the name of Maitland. Who or what was Maitland? Meanwhile, our now very comfortable rock has no intention of going any place soon, and also is very happy with the handle of 'GLACIAL erratica. **M**

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# MOSAIC

Arts, Entertainment & Lifestyle

May 2013 Vol. 20 No. 8

MOSAIC

*A composition created by inlaying various sizes of like pieces so as to form one picture*

Established in 1993  
MOSAIC is the only publication in  
Grey-Bruce dedicated 100% to  
encouraging and supporting the arts and  
entertainment specifically in the  
Grey-Bruce area.

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Copies of MOSAIC are delivered free of charge to the general public at specific drop-off stops in Grey and Bruce from Tobermory in the North, Kincardine in the West, Mount Forest in the South to Collingwood in the East and many places outside of this area.

We welcome your letters and suggestions as your opinions are important to us and help us better understand what you desire to see and read in MOSAIC.

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# From My Desk

*by Maryann Thomas*

Lately I have been thinking that local is the new global. More and more of MOSAIC exposes the strength of this community — local people, local businesses and local products are connecting to meet our regional needs. Developing personal relationships and establishing trust is one of the most important elements of connecting. Why not bring back local manufacturing to meet some of our needs? It's not all about the price, is it? As we de-clutter and reduce our "stuff," we are becoming more intentional about acquiring what we do acquire. And it seems to me that local investments in food, culture, clothing, shelter and, yes, things have a far greater impact on creating the vibrant economy we want.

Michelle Long, Executive Director of the Business Alliance for Local Living Economies, says, "There is a new economy emerging — one that will gradually displace our destructive and failing economy with a system that supports the health, prosperity and happiness of all people and that regenerates the vital ecosystem upon which our economy depends." When I look through MOSAIC, I see evidence of our remarkably creative doers and thinkers who are leading the way. If you've got a story to add to the MOSAIC mix, why not get in touch?? We want to hear from you and share your story with our readers. MOSAIC: as Vi said, it's about connecting the pieces together into one glorious, dynamic and juicy reality.

Maryann

# *Seniors' Fair*

by Francesca Dobbyn

June is Senior's month and the United Way of Bruce Grey and would like to extend an invitation to the residents to attend the 2013 Seniors' Fair. Now in its sixth year, the Seniors' Fair will be held on Wednesday, June 12th at the Harry Lumley Bayshore Community Centre, in Owen Sound from 10:00 am to 3:00 pm. Over sixty exhibitors, who focus on services, products, care and supports to enhance the lives of seniors in Bruce and Grey Counties, will be in attendance.

We are also holding three dynamic seminars throughout the day and have created a “hands on” room to explore all that needs to be explored – it’s a fun surprise! The focus and the information is directed towards seniors but there is something for everyone to learn about, and to appreciate. The day is for everyone whose life is touched by a senior be it family, friends, and caregivers.

Admission to the Seniors' Fair is free and the site is fully accessible with ample parking facilities. Groups of ten or more requiring seating for the seminars are encouraged to call ahead to reserve seating since space will be limited. For more information please contact the United Way of Bruce and Grey at 519-376-1560 or email [seniorsfair@gmail.com](mailto:seniorsfair@gmail.com). 

# UPDATE: Owen Sound Artists' Co-operative

by Morag Budgeon.....



In 2011 the Owen Sound Artists' Co-op, under the management of Caroline Menzies, secured a four year Trillium Grant to promote youth artists in Grey and Bruce Counties. There are many exciting components to this grant but one of the most obvious benefits has been creating a Gallery space for emerging youth to showcase their work. The Legacy Gallery at the Owen Sound Artists' Co-op in downtown Owen Sound has been successfully providing this space for emerging artists eight months of the year. Next Gen-

eration artists are a core group of youths aged 16 to 29 that show in the gallery 4 to 6 months of the year. Members and work are continually in flux, creating an original body of work each exhibit.

One of my favorite annual events within the Trillium Grant is the Legacy Arts and Crafts Show. Every senior student in Grey and Bruce Counties is invited to submit a one-dimensional and two-dimensional piece of art for a juried show. Local sponsors, including The Framery and The Georgian Gallery, Artists' Co-op members and local

eateries have generously donated gift certificates and items to reward our up-and-coming youth artists. An awards ceremony will be held on Sunday May 5<sup>th</sup>. This is the fourth year for this event and every year the work exceeds the previous year.

In the main galleries of the Co-op, we are hosting guest artist Kelly Maw for the month of May. Kelly's vibrant acrylic paintings are a welcome addition to our roster of two dimensional artists. *Morag Budgeon is a local jeweller and manager of the Owen Sound Artists' Co-op.*

## Wilderness of Manitoba in Collingwood

by Kai Hulshof

The Gayety Theatre welcomes Wilderness of Manitoba, Hollow Hills percussion duo Charlie Glasspool and Paul Vernon and Meafords' multi-instrumentalist and aspiring folk acoustic songwriter Greg Smith to Collingwood on May 3. "The Wilderness of Manitoba put on an amazing show earlier this year in Owen Sound as part of Lupercalia 2013," said Festival CEO Kai Hulshof. "They seemed a good fit for Collingwood too."

"We are working hard at connecting with a younger demographic at The Gayety. Combining established artists such as Wilderness of Manitoba with local up-and-comers Hollow Hills and Greg Smith is just the beginning. We look forward to promoting more young talent in the months to come and are reaching out to groups of all ages."

In its four year existence, Wilderness of Manitoba has released three albums and toured the UK, the Netherlands, Germany, Canada and the US. The highlights range from their UK live debut at the End of the Road Festival where they received a standing ovation to playing the Philadelphia Folk Festival and meeting Levon Helm; from opening for such acts as Cloud Cult, the Head and the Heart, Other Lives and Aimee Mann to performing the WOMAD festival in the UK with many artists including Robert Plant.

Gayety Theatre doors open at 6:30 pm and the show starts at 7:00 pm on May 3. **¶**

## Peace

Tanya E. Couth

Have peace in your heart  
a gentle hand, gentle touch  
love with all your heart and soul  
and have a little rock and roll.

Have rhythm in your heart  
feel it in your soul till you can't take it no more.  
Join hands one by one  
have peace amongst the land  
for the blood is the same in everyman.

If we were all the same  
this world would be insane  
so take people on face value  
and treat them the same.

Give some respect  
it will be turned right back to you  
and give life to the fullest  
with a good deed or two.

Open your heart to someone in need  
and do a good deed  
to even someone on the street.

Our world is a circle of friends united together to join hands  
we're to love one another  
to have peace on the earth  
stop the fighting today and  
get a little rock and roll in your soul today.

# THE ROXY REPORT

by Aly Boltman

**L**ately, I have been thinking a lot about Middle Child Syndrome and, oddly enough, how it relates to our theatre company and even our entire region. You're going to have to give me a bit of a wide berth as I wax philosophical and do some heavy lifting to illustrate the interesting parallels between our unique geographical and cultural status as compared to our elder and younger "siblings."

Let's start by explaining who we are and what we do. Owen Sound Little Theatre is a community group, that is a non-professional theatre company with volunteer players. We own and operate The Roxy Theatre and we are one of a handful of community theatres in North America that manage to do so without any municipal, provincial or federal core operational funding. As such, we are ineligible for funding from the Canada Council for the Arts, The Ontario Arts Council and others to assist our theatrical productions. And yet, our organization has survived for 52 years, 28 of which have been spent in our own permanent home at The Roxy. We have won numerous awards, including Theatre Ontario Festivals, Western Ontario Drama League Festivals, and others. We regularly receive accolades from people who have seen enough professional theatre to know better. I frequently hear comments such as, "This play is the most charming and endearing play I have ever seen" and "this is by far one of the best live theatre productions I have seen in over 15 years"

Similarly, Owen Sound, and many of Grey-Bruce's small rural cities have managed to scratch out their survival over the years with modest growth, or even in the face of shrinking populations and tax bases. It seems that even with provincial transfer payment cuts, lack of municipal funding opportunities for rural cities above 20K in population, increasing expenses and limited job opportunities, we have somehow found a way to sustain ourselves and sometimes even flourish.

We have Middle Child Syndrome. We don't get all the advantages of the baby in the family, who's had his or her elder siblings fight their battles for them so that by the time they turn sixteen, the once-neurotic parents throw the car keys to them absentmindedly and overlook broken curfews.

And we don't get to be the first-borns who charge fearlessly ahead sporting new clothes, the adoring subject of endless photograph albums and the centre of mommy and daddy's world. In turn, we have developed a lot of the classic characteristics of the middle child. We are outgoing, flexible and more vocal than our "siblings." After all, have we not grown up fast from all those outings our big brothers were forced to take us along on? Aren't we oh-so patient from all that waiting until the needs of the little ones were met? Don't we build everything based on someone else's foundation? And yet, all that watching and waiting, yearning for something uniquely ours has birthed a hard-scrabble git-er-done-at-all-costs approach. We are awfully good at making that loaf of bread go further. My, aren't we resourceful and even wise?

Well, we simply must be. Without all the advantages of the first born and the coddling of the baby, we are what we are: survivors. We are people who create beautiful art, grow our own delicious food and prepare it with just a bit of a rural twist; people who cultivate culture slowly and steadily until it seeps from our pores into our living rooms, our streets, our schools and our concert halls. Case in point: in Owen Sound alone, there are at least three websites largely devoted to arts and culture in our humble city and the surrounding rural area: 365owensound.com, theartmap.com, and artsowensound.ca. There is a plethora of visual and performing arts organizations including Owen Sound Little Theatre, the Youth Theatre Coalition, Tom Thomson Art Gallery, Georgian Bay Folk Society, Mudtown Records, Second Avenue House Concerts, Friends of Leith Church, SweetWater, Bleeding Carrot Concerts, Christy's Stage Door, Owen Sound Academy for the Performing Arts, Sandcastle Theatre, Sounds at the Market, Georgian Bay Symphony, Sheatre, Emancipation Festival, the Artists' Co-op, The Owen Sound Art Banner Committee, plus at least five choirs and seven dance companies, a poet laureate program and more.

Keep your eyes peeled for a new syndrome to be coined any day now by doctors: Middle Child Envy. ☺

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# Grey-Bruce Adventours: Tobermory, ON

by Sandra J. Howe

Tobermory wakes up from its sleepy, off-season state to become a lively, harbour town in May. The Chi Cheemaun and other boat tours resume their excursions, and are a great way to explore the islands and shipwrecks of these crystal, clear waters. Since childhood camping trips to Cypress Lake, Tobermory has been a favourite destination of mine. Be sure to drive all the way to road's end at **Big Tub Lighthouse**. Built in 1885, it is looking fine in a new coat of paint, thanks to the Spruce the Bruce program.

The **Bruce Peninsula Orchid Festival** ([www.orchidfest.ca](http://www.orchidfest.ca)) runs May



31 to June 2, highlighting the abundance, and beauty of our native orchids. Talks, walks, and workshops for the whole family invite active participation, and learning. Some activities take place at the **Parks Canada Visitors' Centre**. Did you climb the Lookout Tower for spectacular island views? The Bruce Trail also passes through, offering a light stroll into Tobermory, or a rigorous workout along the Niagara Escarpment.

Tobermory, named for a seaside village in Scotland, has a fascinating mix of tourist, beach and wilderness outfitter shops. Plus eateries with menus ranging from fresh, local whitefish to wood-fired oven pizza to tasty fruit smoothies. Walking the compact downtown is a sensory adventure - children feeding ducks in Little Tub Harbour, boats from kayaks to yachts, art galleries, fish frying, fresh fudge in the making - it's all here!

My favourite stops include the **Reader's Haven Book Store** ([www.readershaven.ca](http://www.readershaven.ca)) for what's new to read, gourmet popcorn, and a chat with Susan. **A Mermaid's Secret Boutique** ([www.amermaidssecret.com](http://www.amermaidssecret.com)) offers



fun, and funky handcrafted clothing, and accessories, and is expanding their local Native clothing and craft selection this year; Janet is an adventurer with a deep commitment to supporting fair-trade initiatives. The **KukuHut** ([www.kukuhut.com](http://www.kukuhut.com)) imports hand-crafted, ecologically-sourced gifts from Africa; Amanda shares powerful stories of the people who craft these goods. I always finish with ice cream at **The Sweet Shop** ([www.sweetshop.ca](http://www.sweetshop.ca)).

Happy spring adventures to you from **Grey-Bruce Adventours!** For more trip ideas, visit my blog at [www.howesandraj.blogspot.com](http://www.howesandraj.blogspot.com). ☺



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# Teen Writing Contest Call for Submissions

the library

by Nadia Danyluk

**A**ttention young writers: public libraries across Grey and Bruce Counties are seeking submissions of poetry and short stories for the 2013 Write @ Your Library creative writing contest for teens. Submissions may be in either French or English.

The winning entries, as chosen by this year's judges, will receive cash prizes and have their work published in the Write for 2013 anthology. Check out previous years' copies of the Write for anthology at your public library. An awards ceremony and reading of the winning entries will be held at the Owen Sound & North Grey Union Public

Library on Thursday, June 13. In addition to this, the first place winning poems and short stories will be published in the July edition of Mosaic.

Submissions are also needed for the cover design of the 2013 anthology. The artist responsible for the winning design will receive a \$100 cash prize. Designs must fit on an 8.5" x 11" piece of paper and include the words "Write for 2013".

Contest guidelines can be picked up at your local public library or downloaded from the Owen Sound & North Grey Union Public Library's website: [www.owensound.library.on.ca](http://www.owensound.library.on.ca). Submissions must be emailed to Nadia Danyluk, at the

Owen Sound & North Grey Union Public Library no later than May 13, 2013. This event is coordinated by the Owen Sound & North Grey Union Public Library, and is enabled through the participation and sponsorship of Mosaic, The United Way of Bruce Grey, the Centre culturel du Jardin découvertes, Bruce County Public Library, Grey Highlands Public Library, Hanover Public Library, Meaford Public Library and West Grey Public Library. For more information or to submit please contact Nadia Danyluk at [ndanyluk@owensound.library.on.ca](mailto:ndanyluk@owensound.library.on.ca), or phone 519-376-6623 ext. 4. **M**

## a BLACK PLASTIC BAG

by Sharon Eibisberger

**I**slip into my bathing suit; it's more of a wiggle, tug and a stretch than an actual slip. A look in the mirror has me asking, Whose idea was it to put a fun house mirror behind the bathroom door? Reluctantly I come to the conclusion I'll need a new bathing suit. Now with spring and summer weather on the horizon I'm influenced by the changes Mother Nature is making all around me and I'm propelled into spring cleaning mode.

Those walking shoes that force me to walk on the outside of my right foot making my arches ache...they will be the first thing to go. I examine them more closely. They look almost new. Perhaps a Dr. Scholls insert will correct the problem? The shoes are returned to their place on the shoe rack. A loud sigh escapes me as I give the closet the once over. It's not actually looking so bad after all.

The large black plastic garbage bag I have full intentions of filling lies curled up like a sleepy black cat on the floor beside me. Its contents—a pair of ankle socks that were used in the garden. They are so dirty that it's going to be impossible to return them to their original pristine white condition so—out they go. It's time to move on to the next closet.

The array of colours before me is quite impressive. My mission has now changed from filling a bag for garbage day

to filling a bag for the thrift store. Isn't it funny how an almost new blouse can hang in a closet and shrink? Just a bit snug across the back, just a little shorter than I remembered, just pulling a tad over the bust. I fondly remember how much I really liked it at the time of purchase. Carefully folding one item after another, my bag starts to take on a shape. The sleepy black cat now stretches her back as each item changes the shape of the bag. And the closet is looking more organized.

Oh by the way, those dirty garden socks have been carefully tucked down inside the tall rubber boots that I use in the garden. Next week I plan to move some irises to new a location.

Someone will be happy to wear these nearly new items. For them, there will not be a wiggle, tug, stretch, snug, pull or shortness; for them it will be a new beginning, a complement from a spouse or friend, that good feeling everyone gets when they wear something new to them and pretty to boot.

The lady at the thrift store is delighted with my offering and she's especially happy to see the men's items; seems they are always short of articles for the gentlemen. Wait until my spouse sees how nice and roomy his closet is.

*Sharon Eibisberger is a member of the Grey Bruce Writers Group.*



# Beaver Valley Bruce Trail Club Turns 50

By Sandra J. Howe

In 1963, Dr. Philip R. Gosling was scouting southern Ontario for community leaders to take on the massive task of building the Bruce Trail. In the Beaver Valley, he connected with Keith Solomon, an insurance broker and natural leader, who rallied community support for the project. Fifty years later, the Beaver Valley Bruce Trail Club is still going strong and maintaining a spectacular section of Bruce Trail from Craigleath to Blantyre. This is one of nine Bruce Trail sections, including 113km of main trail, and 25km of side trails.

At 3:00pm on May 4 at Ravenna

Municipal Park, the Beaver Valley Bruce Trail Club invites all to join in Anniversary Kick-Off Celebrations with refreshments, archival memories, great giveaways, and, just maybe, a visiting beaver. Lots of other fun events are scheduled throughout the season: a Photography Contest, End to End Hikes, Slowpoke Nature Hikes, and a Grand Party in September. Details for these events, and lots of guided hikes are at [www.beavervalleybrucetrail.org](http://www.beavervalleybrucetrail.org).

We owe such a debt of gratitude to the pioneers who had the foresight and perseverance to construct this re-

markable trail. Generous landowners, dedicated volunteers and committed staff continue the work today. The Bruce Trail Conservancy is a charitable organization committed to establishing a conservation corridor containing a public footpath along the Niagara Escarpment, in order to protect its natural ecosystems and to promote environmentally responsible public access to this UNESCO World Biosphere Reserve. The Bruce Trail is Canada's oldest and longest public footpath. Come out, and celebrate our unique heritage with the Beaver Valley Bruce Trail Club. Happy Hiking! ☺

**CIRCUS TERRIFICO**  
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The story of Greece begins deep in prehistory with Stone Age hunters and early agricultural development; however, it is the classical period of Greek history, when the foundations of western civilization began in the city-state of Athens, with which most are familiar. At that time, Greece's influence dominated all areas of culture including philosophy, music, drama, science, art, architecture, warfare, religion and politics, with such notable figures as Herodotus – the "father of history," Plato and Aristotle, who wrote the fundamentals of western philosophy, the "father of medicine" – Hippocrates, and Archimedes who developed the discipline of science, and many inventions, including the alarm clock.

From May 18 – September 4, experience ancient Greece without leaving Grey County, with the family exhibit *Gods, Myths And Mortals: Discover Ancient Greece*. Visitors of all ages can meet the gods, experience ancient Greek daily life and interact with the epic poem, *The Odyssey*, through more than 20 engaging interactive components, including climbing into a 13-foot tall Trojan horse.

Members of the Bluewater Astronomical Society are hosting their first *Public Night Sky Viewing* of 2013 on May 10 at dusk. Join experts for some heavenly views under one of the last truly dark sky locations in Ontario. This event, held just outside of Grey Roots in the parking lot, is a free event

## Remembering Bunny Clark

by Paul Thomas

Hold a conch up to your ear and you'll hear the ocean. It will flood your spirit with a wealth of imaginings. Visuals of memories ranging in scope from a speck of sand to the vastness of an ocean and beyond may fill your mind. This thing of life is as fleeting as the next wave to wash up debris from lands far away.

I let my memories carry me away to such places when I first heard that Bunny Clark (Keeling) had died this winter. She reminded me of so many of life's ideals; she was strong of will, with a warm heart, keen interests, elegance, pride, dignity and a good sense of wit.

Our encounters with Bunny centered on her visits to MarketSide Café. A bowl of soup, a poppy seed muffin and a cup of coffee usually provided her with enough time to "receive" her "people." She knew many many folks in our town. Often our sons Jacob and Eli would sit with her and share details of their activities and dreams. Bunny always had time for stories and would remind us about details on subsequent visits. Her return from the Empress Hotel in Victoria was always a rite of spring. Did I ever see her wear the same outfit twice? Was her energy always as perfectly auburn as

and all are welcome. Event is weather dependent; it can only take place if the sky is mostly clear.

You know summer is on its way when the Bluewater Region of the Antique and Classic Car Club of Canada (ACCCC) holds its *Annual Car Inspection* at the Bluewater Garage in Moreston Heritage Village. The inspection takes place at 8:30 to 12 noon on May 11 and is a great way for Bluewater members to have a look under the hood and under their cars by using the operating pit area in the garage. This event is open to public viewing, but only Bluewater members' cars will be inspected. Regular admission rates apply.

Parents looking for a fun and educational childcare on the June 7<sup>th</sup> PA Day, are welcome to register for *Gods, Myths and Mortals: Opa! Party like a Greek KidsCamp* from 9 a.m. to 4:30 p.m. KidsCamp is available to children aged 5 -12, at a cost of \$27.50/child; Museum Members \$25.00/child. Extended care is available; get in touch.

*Grey Roots combines Museum, Archives, and Tourism services and is located at 102599 Grey Road 18, just west of Inglis Falls and a few minutes south of Owen Sound. Beginning Victoria Day Weekend, Grey Roots is open daily from 10 a.m. to 5 p.m. For information on any of the programs or services at Grey Roots, please refer to our website at [www.greyroots.com](http://www.greyroots.com) or call (519)376-3690 or toll free 1-877-GREYROOTS.*

imagined? Impeccable lady. Impeccable property too, which she shared with many folks near Inglis Falls.

We accompanied Bunny to Victoria School in Owen Sound for its celebration before it closed; she had attended Victoria when the school was first built. She loved baseball and was enshrined in Owen Sound's Baseball Hall of Fame: a tomboy? Golf received an equally welcomed drive on the fairway. She was always looking for adventure. Tragedy in her life was met with a strong conviction to bounce back and move forward. Bunny turned 100 in 2007, Owen Sound's Homecoming. Do the math. Remarkable. Such resolve to age so gracefully. Did you ever hear her complain? Well, perhaps when she was dealt a yarborough in bridge. Did that keep her from stink bidding? She loved to smile and let that smile carry her into laughter with good friends, new friends and anyone who took the time to say hello. She will remain an inspiration for many as we trickle down our paths of life. Hear your story, hear your smile with Bunny as she lifts your spirit. Hold up your conch and let the swell of life fill your hearts with love for a woman who lived a long and remarkable life. Auburn indeed. **M**

# Ignite! Youth Arts Festival

Owen Sound and Area

by Stephanie Fowler

This June, Owen Sound will welcome the inaugural Ignite! Youth Arts Festival, which will invite young people from across Grey Bruce to celebrate the Arts and experience a taste of the fabulous arts programs available in our area.

The Arts Workshop Day on Wednesday June 19 will bring together 250 students from seven different schools to participate in workshops run by professional artists and arts instructors at venues throughout downtown Owen Sound. Included will be workshops from the disciplines of dance, music, visual arts and drama, including songwriting, puppet making, Canadian Step Dance, stage combat, hip hop and improv.

Hit the Beat, Owen Sound Academy

of Performing Arts, The Harmony Centre, St. Andrew's Presbyterian Church, the Farmers' Market and the Tom Thomson Art Gallery have all graciously offered space for the 64 different workshops that will be held throughout that day.

On Saturday, June 22, the Festival's Arts Fair will take place along 1st Avenue West in Owen Sound from 11:00am until 3:00pm. 150 young musicians, actors and dancers will offer performances on two different stages. There will be interactive arts workshops for young people throughout the Festival as well as exhibits by artists and organizations that offer youth arts programming.

Admission to the Arts Fair is free.

Registration for Arts Fair workshops will be held in the Hall of St. Andrew's Presbyterian Church beginning at 11 am on June 22. Food vendors will also be available on-site. We invite you to join us for a day of fun and celebration. Ignite! Youth Arts Festival is a not-for-profit event and is funded solely by the generous support of local businesses and individual donors. We welcome your support to help make this event a success.

*For more information on Ignite! Youth Arts Festival and to find out how to get involved as an artist, volunteer or sponsor, please contact Stephanie Fowler at sandcastletheatre@gmail.com or visit us online at www.youthartsfestival.com.*

## CALL FOR ENTRY: SNAPSHOTS... MOMENTS IN HISTORY

by Blaine Courtney

2013 is a year full of historic anniversaries: the 150<sup>th</sup> of the Emancipation Proclamation; 50 years since Martin Luther's "I Have a Dream" speech and 45 years since his assassination; 100 years since the death of Harriet Tubman and the birth of Rosa Parks; and 220 years since the Canadian Anti Slavery Act.

The Owen Sound Emancipation Festival in partnership with Grey Roots Museum & Archives is pleased to announce it will once again be hosting an Art Exhibit of "Black" historic subject matter on July 27. We are looking for artists of all mediums to take this opportunity to display their talents, particularly with an eye towards subject matter pertaining to the aforementioned historic events. These presentations will represent the artists' interpretation of these and other significant parts of our "Black" story. Our theme will be "SNAPSHOTS ... Moments in our History" as each piece will provide us with just that.

More details including an application form are available on our website, [www.emancipation.ca](http://www.emancipation.ca) or by calling Bonita Johnson deMatteis at 519-371-5822 or Lisa McAllister at 519-376-7173. Questions and applications may also be sent to [osefsnapshotsartshow@gmail.com](mailto:osefsnapshotsartshow@gmail.com). Closing date for applications will be June 22, 2013. 



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[www.thefulltablefair.blogspot.com](http://www.thefulltablefair.blogspot.com)

# THE TOBERMORY FARMERS' MARKET

by Rob Cotton

Opening Sunday, May 19, the Tobermory Farmers' Market is growing and this year hot food will be available so come out for Sunday lunch between 10am and 1 pm.

Sue Jagt's **Georgian Bay Soapworks** will return with over 40 different natural eco-friendly homemade soaps as well as natural lip balm, deodorant, body cream and bug spray all produced in an off grid environment. And if you haven't tried Linda Webb's **famous butter tarts**, brownies, pies, home made preserves and all kinds of other goodies this is your opportunity. The fabulous woodworking of Laura Hahn's **Wooden Things** will also be on hand. Mark Raucket will be there with **locally grown produce** fresh from the farm to you and Hannah Raucket will create a **yummy smoothie** made to your order. Abby Miners will have **Miners Maple Products** on hand and Molly Bridge from **A Garden In Thyme** will provide local produce, preserves and plants for your garden. There will many more locally and handmade products for you to sample - this sounds like a great way to spend part of your Sunday!

The Tobermory Farmers' Market is looking for even more new vendors for the upcoming season. You don't have to have mass quantities of things to sell. If you are interested or would like more information please visit our website [www.tobermorymeetingplace.com](http://www.tobermorymeetingplace.com). The only requirement is that items be handmade or home grown. No resale items are allowed and all vendors are subject to review by the Market Committee. See you at the Market! ☺

## Harvest Dust: Tales of Farm Life 1913 - 1976

One hundred years ago, local author John Hardy's family acquired a farm in the northwest corner of Huron County. His book **Harvest Dust**, now reissued in a softcover edition, explores life on this rural farm from 1913 to the final auction sale in 1976. Well known for his railway books (*Canadian Rail Travel* and *Rusty Rails*) John now describes not only his personal experiences but also includes the exploits of his grandparents. Illustrated with family photos, taken by John with his first camera or his parents with their first Kodak, this is a unique and revealing volume of history.

The trains have all but disappeared from the countryside, as too have the family farms handed down through the generations. John Hardy's book, *Harvest Dust*, ensures that a vivid almost magical memory of yesterday's rural farm life will live on in the eyes and minds of his readers.

*Harvest Dust: Tales of Farm Life 1913 - 1976* (\$33.00) will be available from local independent bookshops in May. ☺

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# AYURVEDA, the Science of Immortality

"Make your body your temple. Make your asana your ritual. Let your breath be your prayer."

by Christina Richa Devi

**A**yurveda is an ancient art of healing that has been practiced continuously throughout India for over 5,000 years. It is considered the oldest authentically recorded healing science in existence today and includes Yoga philosophy and integration of the body, mind and consciousness. Ayurveda looks at every person as a unique individual and seeks to understand and correct imbalances, and restore the innate intelligence of the person. It is a way of life and an art of living in harmony with the environment and a bridge to health and wellness.

It is important to understand the respective roles of Ayurveda and Yoga in the Vedic System and to integrate them intuitively to bring full healing and spiritual growth. Ayurveda offers treatments in harmony with Yoga philosophy, as well as diet and herbal medicine that align with the spiritual approach to Yoga. Combining these two sciences adds a preventative dimension to modern medicine and a

depth of understanding to disease.

Ayurveda states that the root cause of balance and happiness is good digestion and proper nourishment; and the first cause of all disease and misery is poor digestion. Digestion not only happens in the physical body when we eat food, but in the mind as we process our daily life experiences. It is at the heart of our relationship with the outside world and is a subtle process that transforms food into consciousness. Today's modern lifestyle, and an overloaded digestive system, lead to accumulated toxins, which weaken the immune system and metabolism.

Chronic diseases - such as heart disease, stroke, cancer, diabetes, and arthritis - are among the most common, costly and preventable of all health problems and are also the leading causes of death and disability in the US.

Pancha Karma therapies detoxify, strengthen tissues, and enliven cells' inner intelligence to facilitate self-healing to help

eliminate chronic diseases and promote longevity. According to Deepak Chopra M.D., "The value of Pancha Karma is that it offers systematic treatment for dislodging and flushing toxins from every cell, using the same organs of elimination that the body naturally employs - sweat glands, blood vessels, the urinary tract and the intestines."

Come and experience Ayurveda and Pancha Karma therapy at Mexico's Premier Spa, Villa Ananada, in Nayarit, near Puerto Vallarta next January 2014, with daily yoga, meditation and a variety of treatment packages. Contact me for details or check my website: [www.ompalace.ca](http://www.ompalace.ca)

*Christina Richa Devi is a local, longtime Vedantist, Ayurvedic Nutrition and lifestyle consultant as well as an Ayurvedic chef, trained by Dr. Vasant Lad and Dr. Deepak Chopra. She regularly teaches in Canada, US, India and Mexico.*

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#### David Alexander: The Shape of Place

Organized and circulated by the Kelowna Art Gallery

Exhibited concurrently with the Bau-Xi Gallery Toronto

#### The Murky Marshes of Memory and Conjecture

New Shows Open June 9

#### Tom Benner: The Call of the Wild

Keith Campbell: Journey Through the Past

Jon Sasaki

#### EVENTS

June 8

#### Fine Art Auction



Someday they will know what I mean. Tom Thomson

Image: Tom Thomson on Lake Scugog, 1910

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[tomthomson.org](http://tomthomson.org)



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# Party at Market Meaford

Tucked into what was once the stable of the EcoInhabit barn, embraced by wonderful old stone walls and wood timbers, Market Meaford is located on the south side of Highway #26 - east of Meaford and just past our neighbours, Almond's Orchard and Ormsby's Garden Centre. Proudly rooted in Meaford's 100 Mile Market, The Market is happily growing from its original vision as well as sprouting new directions. While continuing to support local agri-business including farmers, gardeners, canners, bakers, cheesemakers, apiarists and more, the Market will provide you with nutritious, great tasting food while also doing our bit to help our community thrive.

The Market now carries microgreens from Roy'l Acres in Grey Highlands. These plants are harvested while still young, generally after they form their first few leaves and are about one inch high. Microgreens such as kale, chervil, mustard and arugula have 4-5 times more nutrients than mature leaves of the same plants and are excellent in salads, on sandwiches or as a snack.

On May 26, The Meaford Market is hosting their annual seed exchange and sale along with a party to launch the growing season, featuring crafts for kids and a BBQ. Contact [info@themarketmeaford.com](mailto:info@themarketmeaford.com) or (519) 538-1522 or drop by the store for more information. ☺



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## Transformations: An Exhibition of Wearable Art

In 1987, Karin van der Heyden and Paul Thomas moved to Owen Sound. Karin continued to work during the week in Toronto as a designer for the upscale Yorkville shop, Norma. Her one-off handknit sweaters and coats were highly sought after by fashionable city clients. A graduate of Sheridan College in the Fabric Arts program, there didn't seem to be much call for her talents here in Grey Bruce. Her husband Paul, with his Master's degree in Landscape Architecture was similarly challenged in finding work here that matched his degree. Together, Paul and Karin decided to open MarketSide Food Shop and Cafe in 1989, combining her design sensibility and his commitment to growing and using as much local produce as possible. So, for almost 25 years, MarketSide has flourished, with Karin producing unique and exquisitely decorated baked goods and Paul growing and inventing most of the salads and other dishes they serve (check out his regular MOSAIC column, From the Front Burner featuring new ways to think about cooking local foods).

Now the empty nest, combined with the call of her fashion roots, has

inspired Karin to produce a line of up-cycled vests using "experienced" clothing - one-of-a-kind, one-size-fits-all timeless visual statements which can be dressed up or down. They are made using a variety of fabrics which have been quilted, appliqued, layered and otherwise embellished. Each one is a unique combination of materials and techniques, extending the concept of reusing and recycling into new realms.

Karin is interested in exploring the concept of establishing a cottage industry to produce up-cycled clothing in the future. For right now, she has created a line of playful, flexible clothing for wearers to enjoy. Transformation: An Exhibition of Wearable Art by Karin van der Heyden will be previewed at a special event at MarketSide in Owen Sound at 7:00 pm on Friday May 10 (just in time for Mother's Day gifting). A limited number of tickets (\$10 - this is a fundraiser for The Women's Centre) for the launch, which will include celebrity models and tasty treats, are now available. Drop by and pick yours up or call 371-7666 to reserve yours. The exhibition will continue until June 30. ☺



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# Kincardine Summer Music Festival

## August 4 - 16, 2013

by John Schnurr



Celebrating its 22<sup>th</sup> Anniversary, this world-class Concert series features Jazz, Blues, Classical, World and Chamber Music performances combined with music education programs over two weeks to produce a unique musical event. This season the Festival is redesigning the fabulous Evening Concert Series calendar, expanding special events into the spring and fall.

On Friday May 10, KSMF presents **Jazz vocalist Sonja Gustafson**, 8:00pm at the Best Western Governor's Inn, 791 Durham St, Kincardine. Sonja will be performing with **Paul Mitchell**, trumpet; **Charlie Rallo**, piano; **George Mitchell**, bass; **Rich Brisco**, drums. She is a performer to remember and enjoy (<http://www.sonjagustafson.com>).

Tickets are \$20, available through the KSMF Box Office at 519-396-9400, Jerome Flowers and Gifts, Kincardine's Scottish Shop, Dalton's Pottery in Ripley, and online at TicketScene. Also available for this evening is a Special Menu Dinner at the Governor's Inn. There is limited seating; please make dinner reservations at 519-396-8242. Part of the KSMF Evening Concert Series, this fundraising concert is generously sponsored by David Schmalz Financial for the Kincardine Summer Music Festival.

Visit the new website [www.ksmf.ca](http://www.ksmf.ca) for updated concert and faculty information. Early registration discount savings for Music Education classes are in effect until June 30. For more info contact [info@ksmf.ca](mailto:info@ksmf.ca), 519-396-9716 or 866-453-9716 **M**



Sonja Gustafson  
photo by David B. Comfort



## Milkweed Pods for War Effort

by Sandra J. Howe

This photo of Hope Bay school children in 1944 was taken by their teacher and shows the bags of milkweed pods they collected. Throughout Canada and the United States, there was a massive need for milkweed silk to provide buoyancy in life jackets for World War 2 personnel. "Two bags can save one life!" was the slogan. Kapok, the traditional buoyancy material, became unavailable when the Japanese blocked Pacific supply lines. Schoolchildren were enlisted to walk fields and roadsides collecting milkweed pods. Mesh bags were supplied, filled and hung to dry. Students were paid a small sum, 15-50 cents per bag, for their efforts. They also knew they were helping to ensure the safe return of many loved ones from the war. **M**

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## PROFILE:

# Bikeface

by Patty Marr

Last month you saw us on the front cover of MOSAIC. Now I would like to tell you a little about us: Bikeface started in 1999 in Charlottetown, PEI; then we moved to Durham for a few years; now we're here in Owen Sound.

We are a family-operated business and we strive to be the best, not just locally, but across Ontario. We have knowledgeable mechanics and sales people. Bikeface carries a wide range of bikes from small children's trikes, run bikes BMX (Eastern and Norco),

mountain bikes, hybrids, road bikes, cat trikes, recumbent and handcycles. And for those young at heart, we even have unicycles!

We sell as many Canadian products as possible. Our bike lines include Devinci, Norco and Garneau. We also have accessories, clothing and all your bike needs. And we are proud supporters of the Owen Sound Cycling Club. (Check out their website, [www.owensoundcycling.ca](http://www.owensoundcycling.ca) for information about bicycle rides and routes in our area.) Visit us at [www.bikeface.com](http://www.bikeface.com); friend us on Facebook; and drop by the store at 269 10th Street East in Owen Sound. Bikeface: where your love for cycling begins! ☺

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# Bread and Water

by Zach Raynsford

Want to know a secret? In the heart of downtown Chesley, there is a small resto called Bread and Water which serves some of the finest pizza I've ever tasted. Chef Paul, who is also the owner, prepares pizza from scratch on a daily basis. I know this because, as a student at Chesley District High School, I often go down to B&W for a slice at lunch. The selection changes frequently. My favorite? The meat lover's. Another secret I'd like to share with you is the Pantry Fold which is completed by folding the pizza in half, in the middle of the crust. My friends and I have perfected this unique way to eat the pizza. You might be asking, How could this possibly be beneficial in eating the pizza? Well let me tell you this: if you dip your pizza, the Pantry Fold is a must. The large slices at B&W make it difficult to dip (although I'm not complaining about the size of a slice) but using the Pantry Fold makes dipping way easier.

I also have a warning for you about when to go to B&W (commonly referred to as the Pizza Pantry): if you aren't interested in eating a slice with a bunch of teenagers I'd recommend you steer away from 11:30 to 12:30 on weekdays due to the flood of High School students.

B&W also offers more of a fine dining setting with many excellent dishes according to their website, [www.breadandwater.ca](http://www.breadandwater.ca). Although I've never been to their "other-side," upon recently viewing their website and drooling over some dishes, I look forward to eating in the fine dining section of the restaurant soon. As Chef Paul says, "We know that you can live on Bread and Water alone; but here at Bread and Water we can offer you so much more."

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# From the Front Burner

by Paul Thomas



I know you've all been diligently hanging your clothes out on the line in this delicious spring sunshine. I know you've been contemplating this line and the inherent authority it claims in organizing our lives (MOSAIC, April, 2013 [www.greybrucemosaic.ca](http://www.greybrucemosaic.ca)). Now I invite you to take a leap of faith and go with the flow of the following as a metaphor for living: Let's observe the tension within the line itself. It's suspended between two ideals. Who we are now (humanity) and way over there on the other side, how would we like ourselves (planet) to be at some point in time? The "over there" side assumes a lifestyle based on sound and sustainable principles. We are sitting in the tension of the middle space between the personal and the planetary levels of living. In that tension, the choice to discover creative, innovative, sustainable, generative solutions is possible. And so it goes...being the change we need to be.

As Heraclitus proclaimed around 500 BC, "the only thing that is constant is change." This call for change can be very persistent. How we react to this call varies. We can revert to the familiar, which sometimes buys us a little time; however, true transformation asks much more from us. It asks us to change deeply, from the inside out. So where is this coming from you ask?

Well one of the perks of having a sib in the book biz is the bounty of reading material that is bestowed upon one. The latest, *Wild Courage: A Journey of Transformation for You and Your Business* (2011), has offered a refreshing blast of opportunity for insightful change. In this book, author Elle Harrison outlines a series of stages one can pass through en route to positive change. I'm taking this on as one of my longer-term goals. Bottom line is I love the title. Wild Courage. Surrendering oneself to the power of a communal good. I relish the symbolism in an innocent everyday effort such as hanging laundry on the line. Perhaps it's the contemplation that comes during the process that I find so compelling, especially in the garden where the garlic is such an inspiring and persistent sign of spring. Yes, of course, our clothesline is in the garden. Isn't everyone's? In any event Martha, there is work to be done! Let's get at it!

Speaking of springtime and getting outside to enjoy some of what our region can offer, let's go foraging for wild leeks (ramps)! As a reminder, harvest in moderation. Tread lightly. Realizing that you use the whole plant when you dig leeks, take only a few from each patch. Honour the spirit of the process and praise nature for her fine work. For this recipe eight to ten leeks should be plenty.

## Wild Quiche

Who said, "real men don't eat quiche"? I acknowledge Bruce Feirstein's 1982 book by the same title and laugh out loud. We're going to make a delicious quiche of mushrooms, leeks and onions with some chevre and cream for extra ballast. I'm going to suggest using a spring form pan 8" – 10". Line it with plastic wrap up and over the edges.

**The crust:** Our crust is going to be gluten free. Use a mix of wild rice (yes we grow it in Ontario) and basmati rice (cook separately). You'll want 2-3 cups cooked rice, but leftovers are always handy. Mix the two together and add some melted butter or olive oil, a pinch of salt, pepper and some fresh parsley or other herbs emerging from the garden. Spread (pressing gently) out over the bottom and up the sides.

**The filling:** Start by caramelizing an onion in a fairly large pan in your favourite cooking oil. Remember we're after "wild" here so be generous with flavour. Add a couple of cloves of minced garlic, a pinch of thyme, a dash of salt and pepper, the washed and sliced leeks and whatever mushrooms (1-2 cups) Bill has found at the Farmers' Market. Shiitaki from the grocers will do too. Something a little more exotic...errr wild, is in order here. Use just the mushroom tops in your sauté (the stems can be cooked in a little water for excellent flavour). Once your sauté is done (10 – 15 minutes) let cool. Beat 8 – 10 eggs (farm fresh) and add 1 ½ cups heavy cream. Blend.

**Assembly:** So your rice crust is in the pan. Now place the filling gently over top. Dollop up to a cup of chevre goat cheese (again from the market) over the filling. Pour in your egg mix and sprinkle some fresh parmesan on top. Bake in 350 degree oven. Check after 40 minutes. You may need to place a piece of parchment loosely over top to keep it from browning too much. Probably another 15 – 20 minutes in the oven is in order. Once done, let the quiche sit for 15 minutes or so to collect itself. Remove the ring of the spring form and peel back the plastic wrap. Slide onto a serving platter...I've seen some lovely ones at the Artists' Co-Op.

A note on spring form pans...we have learned that inverting the base allows for a much easier "slide off". Otherwise you're kind of digging your pie out which can cause frustrations. Breathe deeply the aroma of your wild quiche. A simple salad is all you need to complement this delicious spring meal. Recount the highlights of your outdoor trek and, as you take your first mouthful, contemplate change from within, but only for a second. You don't want to compromise your efforts in this courageously wild culinary creation. *Eet smakelijk!*

Paul Thomas is co-owner of MarketSide Food Shop and Cafe in downtown Owen Sound.

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# COME TO THE MUSIC

by Micheline Mann

It's springtime in Grey and Bruce Counties and there is no better way to dispense with hibernation than to assemble neighbours, friends and family in support of the local choir and take in the annual spring concert. As in previous years, the Paisley Concert Choir, under the skillful direction of Linda Finlay and alongside the confident accompaniment of Jane Siegel, has been hard at work knocking out a new repertoire of songs (along with some old favourites), designed to entertain and delight area residents over three magical, musical evenings. "Come To The Music" will be joyfully presented Friday May 24 in Hanover, Saturday May 25 in Owen Sound and Sunday May 26 in Paisley. All concerts start at 7:30pm.

True to the choir's 2-year tradition, audience members will be treated to an engaging blend of spiritual, sacred, popular and secular pieces. A particular stand out in this spring's presentation will be **Old Man River** from the 1927 Hammerstein/Kern musical *Showboat*. This musical lament contrasts the struggles and hardships of African Americans with the endless, disinterested flow of the Mississippi River and showcases a rare Bass solo. In keeping with the Broadway selections, the choir will bring its specific brand of musicality to the 1935 *Porgy and Bess* classic aria **Summertime**, long considered to be George Gershwin's finest song. A jazzy swing permeates the evening via Cole Porter's medley from the Great American Songbook combining **You Do Something to Me** and **Night and Day** with Irving Berlin's popular **Blue Skies**. With its rendition of **Make and Break Harbour**, the Paisley Choir pays homage to the late, great, Canadian singer/songwriter, Stan Rogers. This sorrowful song about the dying of fishing traditions lauds the importance of the one-piston inboard engines known as the "Make and Break" engine and used by the Atlantic Canadian fishing communities.

All and all, the assembled result of this year's concert "Come To The Music" is guaranteed to inspire, uplift and rejuvenate - if only just for those few, weightless hours of melodic elevation.

Tickets may be purchased at the door, through choir members or through participating area merchants in all three concert locations. And don't forget, the Paisley Concert Choir welcomes new members *without* audition. If you become mesmerized by the concert and feel a driving urge to participate, check out the choir website at [www.paisleyconcertchoir.com](http://www.paisleyconcertchoir.com). ☙

# Morgan Davis at Back Eddie's

by Erica MacNamara

While I write this a winter storm warning is being announced on the radio on April 11th. Excuse Me? Well Mother Nature can be a tad temperamental can't she? OK, let's just forget about the weather and look forward to some real spring. The kind that has birds chirping and flowers blooming! We can also look forward to some upcoming musical events at Back Eddie's in Paisley.

On Thursday, May 23, **Morgan Davis**, one of our faves is back to get us feeling the groove. The bluesy groove that is. This seasoned performer always wows us with his talent. Multiple Maple Blues Awards and Juno Winner, for nearly four decades Morgan Davis has been on the road travelling across Canada, the United States and Europe. "Morgan's deep resonating voice and true-to-the-roots guitar work make a great combination. Anyone who appreciates straight-up blues delivered with taut, tough intensity and a good dose of humour will love Morgan." Join us for a wonderful night of blues and we'll chase away any remnants of winter's chills.

On Friday June 21, we are thrilled to host for the first time Andrew Laviolette, an independent roots singer-songwriter. Hailing from Muskoka, songwriter he has been described as "one of Sudbury's best kept secrets". With eight years of live performances under his belt, two cross Canada tours and a self-released/self-promoted full-length album "This Far From Home," this young musician has gained the reputation of being a committed songwriter, a captivating performer and a tireless independent Canadian folk troubadour. ☙



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# What's On At The TOM

by Leanne Wright

## ON VIEW

### Gordon Monahan: seeing sound

As a composer and sound artist, Monahan juxtaposes the quantitative and qualitative aspects of natural acoustical phenomena with elements of media technology, environment, architecture, popular culture and live performance.

### David Alexander: The Shape of Place

David Alexander likes to seek out places without a great deal of human footprint and strives to capture and convey the basic essence and natural histories of the places he paints.

**The Murky Marshes of Memory and Conjecture** offers an opportunity for viewers to explore the less-documented times in Thomson's life.

### Canadian Spirit: The Tom Thomson Experience

Ongoing in the Thomson Gallery

## EVENTS

**Make Art** May 19 1 to 3 pm: Free family fun! Drop into the Gallery Studio the 3<sup>rd</sup> Sunday of every month for an afternoon of art-making. All are welcome.

**Figure Drawing Studio** May 12 1 to 3 pm: The Gallery offers non-instructional figure drawing studio sessions to encourage the traditional practice of painting and drawing the human figure. Arrive early for set-up. Bring your own supplies. No oil paint. Studio doors close at 1 pm. Cost: \$15; \$12/members; \$5/students

**The Social Studio** May 1, 15, 29 1 to 4 pm: Don't have room to paint at home? Drop in to the Gallery's open studio sessions - a friendly time to get together to paint, discuss and explore new ideas. Bring your own materials. No oil paint. **FREE**

### Gallery Night at the Movies

Monday May 13 at 2:00, 4:30 & 7:15 pm – A special presentation (not included with 2012-2013 passes): **The Sapphires** It's 1968, and four young, talented Australian Aboriginal girls learn

about love, friendship and war when their all girl group *The Sapphires* entertain the US troops in Vietnam. NR 103 minutes

## CANADIAN SPIRIT 2013

### CANADIAN SPIRIT DESIGN CONTEST

#### CALL FOR SUBMISSIONS

*The Tom Thomson Art Gallery Shop* is seeking submissions from regional artists who are interested in creating an original design on paper that could be selected for reproduction purposes on promotional items such as t-shirts, mugs or posters for **Canadian Spirit 2013**. This year's theme, **One With The North**, speaks to Tom Thomson's legacy, capturing the rugged, northern, Canadian landscape through his artistic practice. Please use the One With The North theme as an inspiration for constructing your design. The exhibition of designs will be juried by the Gallery Shop Committee and the selected designs on paper will be displayed and will be available for sale in the Gallery Shop. Please pick up your submission form at the *Tom Thomson Art Gallery Gift Shop*, or join our artefacts e-newsletter to download the PDF online.

**The Tom Thomson Arts Festival** will be returning to Owen Sound September 20-22. Planning is well under way and we are currently seeking local artists, entertainers, chefs, food vendors and sponsors. If you're an artist and would like the opportunity to sell your work at the Festival, submit your work for a juried booth. Register before May 15 and pay only \$45 for your booth; after May 15 it's \$90 per booth. Food vendors, register before May 15 and pay only \$75.00 for your booth; after May 15 it's \$150 per booth. Please contact Matt Standen at the TOM 519-376-1932 or [mstanden@tomthomson.org](mailto:mstanden@tomthomson.org).

*For more information on The Tom, call 519-376-1932 or check our website: [www.tomthomson.org](http://www.tomthomson.org).*

## First Book of Wildflowers by Joan Crowe

In 1910, Mary Whitelock won first prize for the best hyacinth at the flower show in Redvers Street School in Shoreditch in London, England. The prize was *A First Book of Wildflowers* by M.M. Rankin, published in 1909. The beautiful coloured pictures and elegantly worded descriptions in that book inspired Mary's daughter, local botanist Joan Crowe, to publish her own **First Book of Ontario Wildflowers**. Illustrated beautifully throughout with full colour photographs, the book describes 180 species which grow in Ontario and mentions a further

90 species. The problem with books covering the whole of North America, writes the author, "is that almost half the flowers illustrated are not found in Ontario at all." The choice of examples in the First Book Of Ontario Wildflowers is based mainly upon what the beginner in Grey-Bruce is likely to come across, although a few interesting rarer species have been included.

What should you look for when you find a new flower so you can identify it? Joan recommends looking at the plant and flower carefully, noting the height, the stems, leaves, flower ar-

rangements, shapes and fruits. This will help determine the group into which the flower fits which is essential for identification. She has included a useful glossary of plant terms as well as line drawings highlighting plant aspects. Scientific names and common names are listed; as well the book is full indexed and referenced. It has a convenient spiral binding and then, of course, there's those full colour photographs. An essential part of every amateur naturalist's library, the First Book of Ontario Wildflowers (\$24.95) is available at independent bookshops throughout Grey-Bruce. 

## NEW BOOK:

# NEW TRAILSIDE COOKBOOK

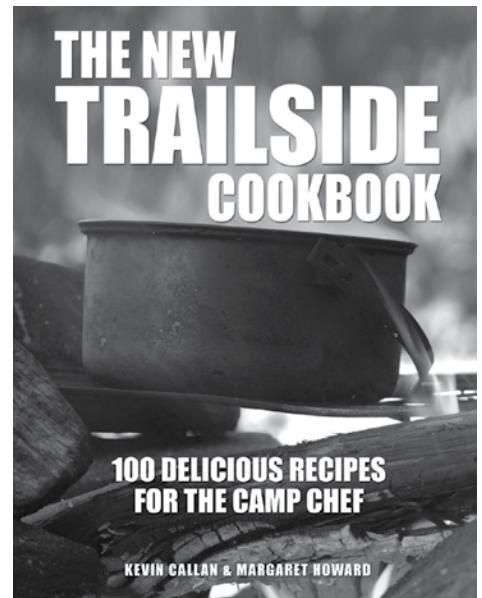
Two well known authors have combined their expertise to create a new book certain to enhance the experience of everyone eating out of doors this summer. **The New Trailside Cookbook** by Kevin Callan and Margaret Howard includes over 100 delicious recipes for the camp chef.

**Kevin Callan** is the author of the Paddlers' Guides series which includes comprehensive paddling books for Algonquin, Quetico and Killarney. He has also researched and written Top 50

Canoe Routes of Ontario and The Happy Camper. **Margaret Howard** is a well known local writer who is also a registered dietitian and food and nutrition consultant. She is the author of All Fired Up: 250 Fresh and Flavorful Grilling Recipes, Small Batch Preserving and 250 Best 4-Ingredient Recipes.

The New Trailside Cookbook, combining the expertise of both writers, is packed with easy, lightweight, high-energy recipes for satisfying and delicious outdoor dishes. Special topic chapters also cover everything from cold-weather cooking to living off the land - including foraging for wild edibles and preparing fresh catches.

Kevin Callan and Margaret Howard will be at The Ginger Press at **7:00pm on Thursday May 30** to discuss their



new book. Autographed copies of The New Trailside Cookbook (\$19.95) can be reserved at 376-4233 if you are unable to attend. **¶**

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