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May 2019

Vol. 26 No. 8

MOSAIC

A composition created by inlaying various pieces to form one picture.

Established in 1993, MOSAIC is the only publication in Grey-Bruce dedicated 100% to encouraging and supporting all the local arts and entertainment.

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 United Way Bruce Grey
 Vision Travel ~ Welbeck Sawmill

MOSAIC is available in the places where people gather from Tobermory to Kincardine to Collingwood and everywhere in between. Current and back issues are also available at www.greybrucemosaic.ca.

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The views expressed by the contributors are not necessarily those of the publisher or editor of MOSAIC

From My Desk by Maryann Thomas

I didn't know about datesavers until I moved to Grey County in 1979. And I'm not talking about Data Savers (an app to "reduce or block data use" according to Google). Up until then my life consisted of plans and confirmed plans with deets. But now I can totally see the benefits of telling the world you're going to do something on a specific date and filling in the details as they become available. And a dedicated group of downtown Owen Sound gallerists is doing just that.

For everyone who enjoyed last year's hugely successful ArtWalk (the walkabout involving eight local art galleries) and for everyone who didn't quite get there, please be advised that we're doing it again. The second annual ArtWalk will take place on Saturday June 29 from 10:00 to 4:00. There will be more galleries involved, each with special programming and door prizes. Details in the June issue of MOSAIC. For now, save the date!

Also, a number of downtown Owen Sound venues host classes in just about everything on a regular basis. We're working on connecting them to create an independent downtown campus of opportunities for a week in August. Spend five days studying craft or visual arts or writing and more with local professionals. There will be learning opportunities for all ages – make it a family event! There will also be evening activities for all registrants to enjoy together. We have scheduled this to happen August 12 to 16 – the week leading up to Summerfolk. Details in upcoming issues of MOSAIC. For now, save the dates!

Maryann

DOORS OPEN OWEN SOUND

From gardens to gables and museums to mansions, Doors Open Owen Sound has given a wide-ranging look into our community's rich heritage since 2003. This is our 17th annual Doors Open event to take place on Saturday June 1 from 10:00am to 4:00pm. Venues this year will include radio station 92.3 The Dock, First United Church and Wiidosendiwag Walking Together Tour, the former United States Consulate, The Ginger Press, the Owen Sound Wastewater Treatment Plant, the Owen Sound & North Grey Union Public Library and the Roselawn Bowling Club. Details of all the sites can be found at www.doorsopenontario.on.ca/en/owen-sound. **¶**

Alice Munro Festival OF THE SHORT STORY

Rick Sickinger

The Alice Munro Festival of the Short Story is an annual literary event which celebrates the short story in the landscape that inspired Nobel Laureate Alice Munro. Taking place this year on May 25-26 in Wingham and Bayfield, the event includes workshops, panel discussions and writers' roundtables with prominent writers (see the back cover of MOSAIC), as well as a Jubilee Gala at which the winners of the Short Story Contest are announced. Author bios and program details can be found at www.alicemunrofestival.ca. **¶**

AT SOUTH GREY MUSEUM

VISIONS OF AN ISLAND

Robert Iantorno



Filmmaker John McGreevy will be discussing his recent film *Visions of an Island* about Christopher Ondaatje at the South Grey Museum. Sir Christopher Ondaatje, born in Ceylon (now Sri Lanka) is of Dutch and Indian ancestry. Educated in England, he immigrated to Canada in 1956, became a stockbroker and rebuilt the family's fortune. He was the founder of the Pagurian Press, which eventually became the enormously successful Pagurian

Corporation, but in 1988 he sold all his business interests and returned to the literary world. The author of seven books and the older brother of Michael Ondaatje, he is also a Fellow of the Royal Geographical Society and a Trustee of the National Portrait Gallery. The recipient of many awards, including Officer of the Order of Canada and Commander of the Order of the British Empire, today he is best known as a philanthropist, adventurer, writer, and bob-sledding Olympian in the

1964 Olympics.

John McGreevy's film, *Visions of an Island*, is an autobiographical account of Christopher Ondaatje's romance with his homeland, Sri Lanka. Much of the film's material is drawn from several of Ondaatje's books. Everyone is welcome to attend this event at the South Grey Museum in Flesherton at 7:00pm Wednesday May 22. Admission is \$7 per person/\$5 for members. **¶**

Durham Arts Fest: CALL FOR ARTISTS

Tim Dyck

Building on the success of last year's festival, Durham downtown businesses are supporting another celebration of arts, along with our local Lions club and other volunteers. The organizing committee is tweaking the art format, offering two options for display: both in storefront windows (July 6-13) as well as a juried tent vendor village and street party on July 13. If you live in Canada and create art for sale, you are welcome to apply for

inclusion in both storefront displays as well as the art village. Artists are welcome to apply for one or both; the deadline is May 17. There is a small application fee for the village which will be part of the street party on July 13. Consider joining us by applying to be juried at www.thecolourjar.ca. Applications will be curated by the ArtsFest Committee. The number of spaces is limited. More information and the application form can be found at www.thecolourjar.ca.

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Soul, Sole, Soil

Sandra J. Howe

Ground down to earth
Feel planet heart beat in feet
Walk barefoot to connect
Soul to sole to soil
Spring brings all beings to life
Opens eyes, flowers, leaves, bees
Waters awaken, gush joy
Sunbeams dance on laughing streams
We laugh too
As land sings reveille
Rise up, rise up
Breathe the living air
Go forth and blossom
In all your glorious beauty!

YOUNG ARTISTS WANTED!

The William Wilfred Campbell Society is sponsoring a free visual arts portraiture class in Wiarton for youth ages 13-18.

The program will survey drawing and painting portraiture techniques in a variety of styles culminating in students creating their own portrait of William Wilfred Campbell. Completed artwork will be eligible for a \$250 "Katie" award and will be presented in an exhibition during June. All supplies are included. Students must be able to attend all four sessions, running May 7, 14, 21, 28 from 6:30 to 9:00pm.

Poet William Wilfred Campbell (1860-1918) spent his youth living in Wiarton and was forever after influenced by the wild grandeur of the lake, land and shore landscapes of the Bruce Peninsula. History remembers him alongside other Confederation poets including Archibald Lampman and Bliss Carman, but the title of "Poet Laureate of the Lakes" remains his alone.

The William Wilfred Campbell Poetry Festival takes place in Wiarton on Sunday June 23. For more information on the Festival and the Portraiture Class, visit www.williamcampbellpoetryfestival.ca. **■**

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Owen Sound
Farmers' Market

VENDOR PROFILE



PAPER CUTS ART CREATIONS BY SHEILA GUNBY

Paper artist Sheila Gunby has been marketing her origamic architecture paper creations at the Owen Sound Farmers' Market since 2004. She has a wide selection of pop-up greeting cards on acid-free paper. Along with cards, she has three-dimensional artistic pieces for every age and occasion. The craft combines the detailed cutting methods of *scherenschnitte*, the careful folding of origami, and the engineering of pop-ups. Many designs are based on patterns and origami architecture concepts developed in 1981 by Masahiro Chatani in Japan, originally as visual aids for his architectural students. Some of Sheila's cards are based on designs by Chatani, but most are newly created designs, adaptations and ideas from her customers.

Each piece is one-of-a-kind with delightful pop-up images hand cut with a sharp knife on vellum card stock, and many cards are backed with colourful Japanese mulberry paper. The captivating cards fold flat for storing and mailing and, when they are opened, each card surprisingly expands into a spectacular three-dimensional structure.

"Instead of just being a special card to keep, PaperCuts are often used as stand-alone gifts," Sheila says. **PaperCuts Art Creations** is located in Owen Sound, and sells at the Owen Sound Farmers' Market year round. **■**

Practically Potty Studio

Susan McDonald

I came to my work in clay through meditation. My meditation teacher at the time suggested I make 100 vases, and even though he didn't specifically say I make them out of clay, I searched out a pottery teacher: I was hooked from the first lesson! The 100 vases turned into 100 mugs, and then the exercise went on to 100 bowls, 100 plates, 100 teapots, and so on. I think I've probably made about 5000 teapots by now, and I'm still not tired of working in clay. All of my work is one-of-a-kind in its true sense, and reflects all of the phases I've been through – in clay, on paper, and in life.

It wasn't too long (maybe three years from the first lesson) before I threw caution to the wind and created my first studio/showroom in Port Hope. I was there for about fifteen years (how time flies!)

and the studio produced a lot of great students, friends, and POTS! I had the opportunity to take a teapot to China to go into a permanent collection there about ten years ago, and I have had pots shown in the UK and here in Canada at some fine galleries. Now I'm putting my energy into creating a space here in Tara that will bring people to visit. Eventually I'll have a sculpture garden by the river (because the view is just too fantastic not to share), the showroom, maybe a herb garden (I'm a master herbalist on the side), and room to show some of my art as well. Who knows?

My showroom in Tara is opening on May 24. Please drop by to see my work and learn about upcoming classes. Details at www.potterystudio.ca and (905) 753-2731. I look forward to meeting you. **M**

Huron Fringe Birding Festival

The "Huron Fringe" along the Lake Huron coastline offers birders, naturalists and photographers unique opportunities to discover nature in the early spring. At the end of the migration period, birds are on nest, migrants are everywhere, insects abound and wildflowers are beginning to bloom. The Huron Fringe Birding Festival takes its name from the migration corridor along the Bruce Peninsula. Based at MacGregor Point Provincial Park, attendees

are uniquely placed to explore Lake Huron's shoreline and the Bruce Peninsula to discover all that spring has to offer.

This birding and nature festival is held annually on the first two weekends after the May (Victoria Day) long weekend. This year the dates are May 24 – 27 and May 30 June 2. Morning activities are filled with guided hikes concentrating not only on birds but also wildflowers, butterflies and insects, in and outside the park. Afternoons feature

additional hikes, workshops on bird identification and nature photography, plus other natural interests. Special events include a banquet with special guest speaker. Evening highlights include illustrated programs featuring excellent presenters and night hikes.

To learn more about the dozens of workshops, guided hikes and illustrated talks and to register, visit www.huronfringebirdingfestival.ca or call (519) 375-1889. **M**

Spring Forward

Tony Miller

Bliss Studio, the newest gallery in downtown Owen Sound, is hosting a group exhibition to showcase some unique local artists: Billy Goodkat, Patti Waterfield, Harry Wagter, Ron Cole, Camille Cole, Dave Huston, DANA, David Kettle, Lydia Knox, John Laughlin, Brian Dalton, Eloise Guindon and Raquell Yang. We selected them for their diversity in styles and techniques. We met them all by chance at different venues in Owen Sound. We approached the thirteen artists – who work in a variety of disciplines – and invited them to be involved in the show along with Bliss co-owners Lorraine Thomson and myself. This is a non-juried exhibition; each artist was asked to pick out pieces from their own collections.

We were pleasantly surprised by the results. The quality and diversity of the work is amazing. The mediums in this show include: pen and ink, watercolours, reclaimed materials, oils, acrylics, charcoal, pastels, computer generated giclee's as well as a large twelve foot long installation piece created on raw canvas. The images include abstract, realism and surrealism. The show has something for everyone!

Located at 271 9th Street East, Bliss Studio is open Tuesdays to Saturdays from 12 to 6. **M**

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Rural Gardens of Grey and Bruce Counties

Dawn Loney

After a lack lustre beginning to spring, let's welcome May and all kinds of garden opportunities! Karen, Ron and Caleb Charron of Yesterdays Gardens, Hanover (www.yesterdaysgarden.ca) are holding three, week-long, celebratory events for special plants, beginning with Hellebore Heaven Celebration (May 13-17), Magnolia Madness (May 20-25) and Peony Passion (June 3-8). Ben Caesar at Fiddlehead Nursery, Kimberley, invites you to a free Harvest Party on May 11-12 from 2pm to 4pm. What would you harvest in May? Come and find out! On June 2 (1pm 4pm) attend Fiddlehead's workshop to help you design an edible ecosystem (details at www.fiddleheadnursery.ca).

Rural Gardens of Grey and Bruce (ruralgardens.ca) describes 22 local rural gardens you would enjoy visiting. Many gardens also offer plant sales and some have special events planned for the spring. **¶**

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www.sydenhambrucetrail.ca



COMMUNITY DIALOGUE:



sex and gender

Josh Richardson

Much has been written in recent years regarding the differences between sex and gender. The World Health Organization recognizes sex as a biological category and gender as a social category, or construction. Different people and groups argue for and against this distinction. In Britain and elsewhere, controversy has erupted as legislation and policy to protect the rights of the LGBTQ+ community is seen by some as discriminatory against sex, in particular women. In a Canadian example, the Vancouver Rape Relief & Women's Shelter had its education grant cut by the city for "offering some of the core services only to women born female." How are we to negotiate this as a community? What are we to do in the wake of shifting cultural norms, and roles? How does online discussion affect our attitudes towards sex & gender? And, are sex and gender inherently political?

Community Dialogue events aim at rational discourse regarding a wide arrange of topics, with the purpose of communicating different points of view in a forum of mutual respect and reciprocal generosity. Please join us for this Community Dialogue at 7:00pm on Thursday May 23 at The Ginger Press in downtown Owen Sound. Everyone welcome.

Josh Richardson is a Registered Psychotherapist.

"The essence of faith is
fewness of words and
abundance of deeds."

- Bahai Writings



Visit bahai.org and bahai.ca to learn more.
www.saugeenshoresbahais.com

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NEW BOOK + SIGNING

SAVING MASTERCORE

BY CINDY BABYN

Cindy Babyn is a Canadian author who was born and raised in Toronto (The Beaches). Now in BC, she lives in a tiny house that she designed. Cindy has written three books: *Saving Mastercore* (2019), *Moving Out! A Young Adult's Guide to Living on Your Own* (nominated for the 2014 White Pine Award for Excellence in Young Adult Non-Fiction) and *Moving Through Life Transitions: 25 Moving Stories* (2014).

Join Cindy Babyn at The Ginger Press at 7:00pm on Thursday, May 16 for a book talk and signing for *Saving Mastercore*, which was originally written for the sons of Joanna Ellenwood of Heartwood Home in downtown Owen Sound. In this sci fi, adventure, early chapter book, three boys become unlikely heroes when they attempt to save Mastercore – their favourite gaming and technology company – from AG & T (a group of anti-tech protesters and saboteurs). Travelling through hyperspace from Canada to Hong Kong, their courage is tested and long-held secrets are brought to light. Rod,



SAVING MASTERCORE

Gavin and Tye suit up to stop the AG & T intruders at Mastercore. In their victory, they get to try all new Mastercore video games, gadgets, and tech-cross vehicle releases before anyone else in the world. This easy-to-read book, designed for readers aged 8 to 12, includes definitions for tricky words, memory quizzes plus answers, illustrations, chapter summaries and questions for the reader. Autographed copies of *Saving Mastercore* (\$9.49) can be reserved at 376-4233 if you are unable to attend. **ℳ**

Climate Action in Owen Sound

Barry Randall

At 7:00pm on Thursday, May 16, at the Harmony Centre (890 4th Avenue East, Owen Sound), the Grey Bruce Sustainability Network (GBSN) will host a follow-up meeting to the screening of the film *Resilience: Transforming Our Community* which premieres at 7:00pm, May 8 at the Roxy Theatre (admission by donation). One of the key messages of the film is that the science of climate change is real and that the time

for action is now; otherwise, we will miss the opportunity to make the planet a safe place for our children and our children's children.

The purpose of the May 16 gathering is to continue the process of working together to ensure that needed changes are made, so that our community adapts to climate change impacts and that we do all we can to reduce the fossil fuel based emissions that are causing our planetary temperature to increase. It is not

the purpose of this meeting to debate whether climate change is real. The science and facts are in. Climate change is here now. For 10 years, the GBSN has been working throughout Grey Bruce to facilitate projects that contribute to increased community sustainability.

What changes are needed? What are our priorities? How do we make change happen? How do we measure the change? It's time. Let's make it happen. **ℳ**

Bahai Elections

Sandra J. Howe

In April and May each year, Bahai' communities all around the world gather to form their local and national governing bodies. These councils are known as Local and National Spiritual Assemblies, and are made up of 9 elected, adult members of the community. In Grey-Bruce, there have been Spiritual Assemblies in Owen Sound and Kincardine for many years. In Saugeen Shores, we are very excited to have just elected our first Spiritual Assembly. Bahai' elections differ from government

elections in Canada. There are no political parties, electioneering, candidates, platforms, or campaigns. We look for "those who can best combine the necessary qualities of unquestioned loyalty, of selfless devotion, of a well-trained mind, of recognized ability and mature experience" to serve on Spiritual Assemblies. Those so elected have no special status individually but function together through consultation to guide the community. Visit bahai.org and bahai.ca to learn more. **ℳ**

R.H. THOMSON MAKES FLESHERTON APPEARANCE

Barry Penhale

One of Canada's most accomplished performers, R.H. Thomson, will bring his wit, passion, and projects to Grey Highlands with an in-person appearance at the Kinplex in Flesherton, Saturday, June 8. Doors open at 6:30pm. The distinguished award-winning actor, director, and producer of the much-applauded *The World Remembers*, will appear as the headliner of a fundraising event presented under the auspices of Friends of the South Grey Museum.

Currently receiving plaudits and screen awards for his role as Matthew Cuthbert in the highly rated CBC/ Netflix series, *Anne With an E*, the busy actor is known for a remarkable body of work that found him playing numerous prominent Canadians. R.H. Thomson was made a Member of

the Order of Canada in 2010 and in 2015 was awarded the Governor General's Performing Arts Award for Lifetime Artistic Achievement.

In what is his first public appearance locally, he has prepared an entertaining, highly informative program titled *A Guy Called Robert: Storytelling For Canada*. The illustrated presentation will stress the importance of storytelling in voicing Canada's stories in film, plays, music, and the arts in general. Above all the veteran performer will observe how storytelling is greatly needed in a changing world and the importance he attaches to our reflecting on who we are today as Canadians and who we plan to be in future. R.H. Thomson's appearance in what promises to be a stellar evening will find him joined by a trio of



R.H. Thomson

noted theatrical friends.

Pre-booked tables are suggested to ensure attendance on this occasion and can be reserved by contacting the South Grey Museum in Flesherton at (519) 924-2843. The evening will include a major silent auction, musical entertainment, door prizes, a cash bar, and light refreshments. **M**

What's Happening at Colpoys Bay Women's Institute?

Karin van der Heyden

Realizing every month is the right month to celebrate our mothers, why not take in an especially dedicated concert for your favourite mom at 7:00pm on May 11? Right here in Colpoys Bay Village, at the Women's Institute Hall, **Interro**, a stringed quartet, will be in concert. Billing their event as a Celebration of Women's Health Month, it will include a collection of pieces by amazing women composers including Hildegard von Bingen, Fanny Mendelssohn and Rebecca Clark. Advance tickets (\$20) are available through TicketScene.ca or by contacting the WI at colpoysbaywi@gmail.com, or \$25 at the door. Show starts at 7pm.

And, our 3rd Annual Yard and Plant Sale will take place on Saturday May 18 from 8:00am until approximately 3:00pm. In addition to recycled treasures and plants, there will be homemade T-shirt bags free for customers, while supplies last as well as sticky buns, pizza and cold drinks. Please join us at the little hall that could! **M**

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next 25

SAUGEEN SHORES TRAILS

Sandra J. Howe

Saugeen Shores has done an amazing job of building, connecting, maintaining, and promoting cycling and trails. A new, pocket-sized map provides all the information you need to get out and explore all that this vibrant community has to offer. The Downtown to Downtown Loop highlights the beautiful lakeshore path that connects Southampton and Port Elgin. The Shore to Farm Loop takes you out on the backroads to visit rural Saugeen Shores. Country road links connect you to the natural trails and campgrounds of MacGregor Point Provincial Park. The Great Lakes Waterfront Trail also meanders through Saugeen Shores.

For those who prefer to go afoot, most trails are multi-use and some are accessible. For a lovely walk in the woods, try Biener's Bush Trails starting from Nodwell Park in Port Elgin. Originally a tobacco farm belonging to the Biener Family, these longtime public paths have been popular for skiing, tobogganning, and exploring nature. Both the Woodland and Biener's Bush Trails can be accessed from a parking lot with seasonal washroom on the 10th Concession. There is lots to see and do all along the rail trails too. The Town of Saugeen Shores is working towards becoming a Bicycle Friendly Community. Learn more at www.saugeenshores.ca/cycling. **M**



Oh Sing! Events

Louise Jarvis

On April 8, Owen Sound's Oh Sing! Community Choir hosted its first Cabaret at Heartwood Concert Hall. The choir sang a few songs, a ukulele group played and invited the audience to sing along, then Louise, director of Oh Sing! taught the audience a song, with the choir in the audience to help things along. There were individual acts by brave choir members who stepped up to try something new; some choir members brought friends from the community to join them onstage. The variety in the evening made it very entertaining, with a performance by the Queens Bush Bluegrass Band and, after the intermission, David Sereda performed and then invited Louise Jarvis and Laura Wood, the two organizers of the event, to join him onstage singing harmony on two beautiful spirituals: *Mind on Freedom*, and *Balm of Gilead*.

It was a memorable evening, with lots of singing, laughter, conversation... All this while enjoying a beer or glass of wine from Heartwood's bar. We are so lucky to have a venue like Heartwood Hall in Owen Sound. This was a wonderful community-creating event... Must be repeated!

To be informed of future Oh Sing! events, visit www.ohsing.com and put your name on the mailing list. Our next concert will be on Monday May 13, called Life is a Journey: so let's sing! The Oh Sing! spring mini-session begins on May 27, five Mondays from 7 to 8:30. Fee \$40. This is a lovely, casual way for everyone to sample the choir, and learn easy songs without preparing for a performance. To register, visit our website www.ohsing.com, or call Louise (519) 371-8227 **M**

INTO THE MAGIC: LYDIA KNOX

**Solo show by Lydia Knox till May 31
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THE ROXY REPORT

Melissa Monk

This June, truth and lies come to the surface in OSLT's comedy, *The Long Weekend*. Written by Norm Foster and directed by Bill Murphy, this play tells the story of a doomed weekend visit between two married couples. Jace Whaley and Debbie Morris play Max and Wynn Trueman, a big shot lawyer and a psychologist. After purchasing a posh summer house in the countryside, the couple invite their friends, Roger and Abby Nash (played by Rick Ringer and Samantha Colwell-Castles), up for a relaxing weekend getaway. It's instantly obvious that this weekend is going to be anything but relaxing. The blissful façade unravels as soon as the theatre lights dim and, as the show progresses, a multitude of lies and pent-up grievances come to light, revealing the true nature of their relationships. Make no mistake, however – this is a very funny play. The LA Times wrote, "Norm Foster scores a bull's-eye with this tickling romp about mismatched spouses." It's a true comedy of manners; biting wit and battling

innuendos take centre stage throughout, and the play will leave you guessing until the very end. *The Long Weekend* runs May 30-June 1 and 5-8.

Even for a play like this with a relatively small cast, there are a lot of people involved behind the-scenes. Set designers, builders and painters; costumers, hair and makeup artists; producers, stage managers, directors; ushers and bartenders – the list goes on. All of these roles at The Roxy are filled by volunteers; we have over 100 active volunteers that are part of our theatre community.

The Long Weekend signifies the completion of another successful season of local theatre. Every June, we hold an appreciation night for our volunteers, sponsors and donors. Billed as an evening of Food, Frivolity and Entertainment, this year's surprise performer was voted Best Variety Act at the 2018 Canadian Comedy Awards. Our appreciation night is just one of the perks that come with being a member of OSLT – you also are entitled to discounted tickets for plays,



workshops and bus trips, and get to be part of a creative and dynamic community. We're always recruiting for new talent – don't hesitate to contact us if you have questions about joining, or would like to learn more about the opportunities available. For more information about becoming a member of Owen Sound Little Theatre or to purchase tickets, visit roxytheatre.ca or call our box office at 519-371-2833. **■**

Beyond Addiction

Sat Dharam Kaur

Do you want to be the best version of yourself? Join us for Beyond Addiction, a 9-day immersion course to connect deeply with others, cultivate healthy habits, explore the root cause of addiction, make peace with your past, gain understanding and choice in your behaviours, thrive in the present, acknowledge your strengths and create an inspired, fulfilling future. Suitable for people in recovery, health practitioners, yoga teachers and everyone seeking positive change and guidance in developing a spiritual practice, this course includes a 4-month home practice program with online yoga videos and over 90 teaching clips from Dr. Gabor Mate, a 500 page manual and weekly group support in addition to nine days

of teaching at the Trillium Healing Arts Centre in Owen Sound.

The instructors will include Sat Dharam Kaur ND (founder, lead trainer and naturopathic doctor) and Dr Wendy Harris (instructor, professional trainer and therapist). Sessions will cover the use of Kundalini Yoga and meditation to rejuvenate body, mind and spirit; enhancing communication and relationship skills; using yogic techniques to reduce cravings; and making a healthy shift in perspectives and attitudes.

For more information and to register for Beyond Addiction, to take place May 18 to 26 in Owen Sound, please visit www.beyondaddiction.ca. **■**

AT GREY GALLERY..... A LOT OF ART

Anne Dondertman

Given the construction taking place around the Owen Sound Farmers' Market area this summer, I am proposing to provide an alternate venue for artists in downtown Owen Sound on the vacant lot beside Grey Gallery. This space is currently underutilized

and is in a prominent location in the 800 block of 2nd Ave E. Three new galleries, including Grey Gallery, opened in Owen Sound in 2018, and there is a creative buzz downtown which is gaining momentum. Let's continue to make the downtown a vibrant and creative space to meet and

mingle, and to showcase our work. I'm asking artists and craftspeople interested in hosting an outdoor pop-up on summer Saturdays to contact me, ideally by coming into Grey Gallery to chat in person, or by phone at (226) 664-2776 or email at greygalleryowensound@gmail.com. **■**

From the Community Foundation Grey Bruce

Stuart Reid



This coming June, Community Foundation Grey Bruce will kick off its 25th anniversary year. It was back in 1992 that then-Mayor of Owen Sound, Ovid Jackson, attended a conference in Ottawa and learned about the benefits to their communities. Jackson and City Manager Lyle Love started the action to set up a steering committee to explore the possibility of a Community Foundation here. The concept was embraced; in 1994, the Owen Sound and Area Community Foundation was incorporated. In its first year, donors contributed \$12,000 in endowment funds. The first pledge was from Eva Leflar for \$50,000 over 5 years. In 1995, Percy and Kathleen Noble donated \$50,000, resulting in the Foundation's first named endowment fund. Ernestine McKenna began at \$1/year as Executive Director to start the Foundation and, in December 1995, grants totalling \$2,500 were presented. The assets of the Owen Sound and Area Community Foundation have grown steadily over the following years. In December 2000, we reached \$1,000,000 in endowed assets with \$33,675 awarded in grants that year.

The scope of the Foundation's activities continued to expand; in March 2003 the name was changed to Community Foundation Grey Bruce (CFG). In 2008, a significant donation was made to the Foundation by founding donor Eva Leflar and, subsequently, Miss Leflar increased assets substantially with another legacy gift upon her death in 2012. The Eva Leflar Endowment Fund benefits a wide range of community projects and focuses on benefits that support children and youth.

As the result of a call to action by Governor General David Johnston, a Smart & Caring Communities Education fund silo was created in 2013 to provide a sector for endowed funds to support scholarships, bursaries or awards to Grey Bruce students. Presently there are over 40 endowed funds supporting education totalling more than \$1.8 million dollars endowed. Since its inception, the Foundation has brought many Thought Leaders to the area to speak including Lieutenant Governor of Ontario, Hal Jackman; Canadian politician, David Crombie; Canadian diplomat and philanthropist, Stephen Lewis; Simon Jackson, founder of the Spirit Bear Youth Coalition; Owen Sound native and CBC news anchor, Heather Hiscox; former Prime Minister, the Right Honourable Paul Martin; former Governor General of Canada, Right Honourable David Johnston; and just this April, business entrepreneur and philanthropist, Arlene Dickinson.

CFG convenes discussions on community health and vitality through its Vital Signs work. You can download the full Vital Signs report from 2016 and the recent Vital Focus on Youth Report released in April 2019 at www.communityfoundationgreybruce.com.

The Foundation now lists over 150 funds and its asset base has grown beyond \$16,000,000! That potential that was realized back in 1994 has been nurtured and fulfilled. CFG will be celebrating this coming year with an eye to the future. Watch for news about our Next 25 Fund and opportunities to join us in celebrating our founders and their vision. We look forward to envisioning a prosperous and vital future for Grey Bruce. We're here for good. ☺

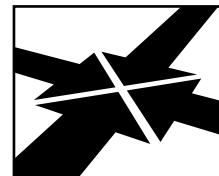
GEORGIAN BAY STORY SLAMS

The premise is simple: a slam is a live, true, storytelling competition where participants are given 10 minutes to share a true-to-them story without notes or cue cards. A panel of judges selects their choice for top story of the night and a cash prize is awarded. Last season the Georgian Bay Story Slam hosted six local sold out shows featuring over 50 local story tellers which culminated in a wonderful "Best of" Grand Slam show at Meaford Hall.

This May, in partnership with the Blue Mountain Foundation for the Arts (BMFA) and the Collingwood Public Library, Diana Young (Story Slam host and organizer) will be offering story slam workshops at the Collingwood Library. Bring your true story idea and we'll workshop it into a well crafted performance! You may even want to share it at our next Slam!

The first workshop, at 7:00pm on Thursday May 19 at the Collingwood Library, will assist writers in crafting a true story, no more than 10 minutes in length. The second workshop is designed to help the writers develop skills to present the story live on stage at a Georgian Bay Story Slam. The workshop is intended for adults 19 years and up, who wish to participate in the Story Slam events. Story Slam winners receive cash prizes; the events are evenings of fun and entertainment with live band and bar. Thanks to our Collingwood Library partnership there is no charge to attend the workshops. Space is limited. Please register in advance at the Collingwood Library front desk or call (705) 445-1571.

There will be three Story Slams this year. The first was held at the end of March. The second date is yet to be confirmed, however the Grand Slam Georgian Bay Story Slam will be held at the Simcoe St. Theatre in Collingwood on November 2 as part of the BMFA Storytelling Festival. For more information, visit www.bmfa.on.ca. ☺



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QUAYSIDE CHRONICLES

Paul Thomas



"We believe food has the power to bring people together, build health and connection, and inspire people to become engaged in issues that matter to them. We prioritize food that's delicious, nutritious, and responsibly grown and sourced." - Community Food Centres Canada

It's when your inbox contains seeds of inspiration that you need to pay attention. I recently received notice about the screening of a film outlining the work of the Dartmouth Community Food Centre, *Six Primrose*, and yup, it certainly got my attention. Apparently Community Food Centres Canada (CFCC) is a thing. Started in 2012, its mission is to power the development of Community Food Centres across Canada and support the broader community food sector to create impact and change.

In an article in the January 2019 issue of *Maclean's*, Nick Saul, CEO of CFCC, outlines his passions for feeding our nation healthy food. He also outlines his concerns with the new Canada Food Guide. Saul acknowledges the positive move towards finally recognizing the benefits of eating more plants, plant-based protein, more whole grains and less sugar and saturated fat. He also applauds the Guide's support behind how food is consumed, the social context of how we eat. Eating at home, with others, with joy and pleasure is a construct most of us take for granted. Not so for 13% of Canadians. This is where CFCC comes in. Creating safe, beautiful places, central to populations in need of support goes a long way to fostering a healthy family lifestyle.

We all know the potential power of bringing folks together around a table where good food is being served; however, what's the point of creating a Food Guide if people can't afford to live it? So far, there are nine centres across Canada; two are relatively close in Stratford and Perth. Community members are growing food in community gardens, families are cooking in community kitchens and children are becoming empowered to make better decisions about healthy lifestyles. Fingers, eyes and toes are crossed that funding will ensure these Centres will not only survive but thrive. The long-term ripple effects of healthier communities in the health-care system are obvious. As Mr. Saul concludes: "we need caring Canadians to fiercely say that now that we have an evidence-based guide to tell us what we should be putting on our plates, we need to make sure

everyone can put those plates on their tables. It's time for our public policies and our bottom-line focused economy to catch up with our compassion for others."

So what does this look like for us here in Bruce Grey? The Bruce Grey Poverty Task Force strives to create links and opportunities for folks to listen to the issues and hear the concerns surrounding food issues. There is an effort to transform food banks into community food centres, using the CFCC model. The Food Security Action Group supports community kitchens, gardens, food gleaning and is fostering a partnership with FoodRescue.ca to link food producers with recipients. In a recent post "From Band-Aids to Bridges: Food Security in Bruce Grey" the Task Force outlined these critical issues in our region. Their mandate, aspirations and next steps are readily available on their website: www.povertytaskforce.com. Likewise, the Bruce Grey Health Unit has developed a Food Charter that outlines its commitment to work together to build a vibrant, sustainable, food secure community. Wow, it's a complicated, but critical multi-faceted dynamic. We are what we eat and as the soil warms up and welcomes winter weary hands into its wondrous depths, let's get busy planting transformative hope for all.

And while we're messing around in the garden, have a look at your (or your neighbour's) Hosta plants. In their tightly wrapped emergent state, say 10cm or so, they are actually edible! Who knew? So let the foraging begin. While not off the Richter scale of spiciness, their freshness in the spring is worth the effort. They are like biting into a head of butter crunch lettuce. Cut no more than a third of each plant's shoots. Wash them thoroughly and pat dry. They'll do well with a quick sear. Use a flavoured butter such as a basil butter or, if wild leeks are up, you can make a wild leek butter. Salt and pepper to taste and a throw in a splash of lemon juice for some zip. Now if the carnivore in you is calling for a new appetizer to impress your foodie friends, then wrap them in your favourite smoked bacon and bake until just crisp. I could also imagine they'd be amazing with your Sunday morning Hollandaise sauce with farm fresh eggs and toast. Okay, you get the idea.

Here's looking forward to all things spring, rising up in the garden, in our kitchens and in our hearts as we embrace all the multi-faceted needs of our own local community. It's what we do. *Eet smakelijk!*

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Durham Herb Fair

The Durham Herb Fair will take place along the beautiful Saugeen River at the Durham Town Hall and Park, 185 George Street West in Durham on Saturday June 8 from 9:00am to 3:00pm. Hosted by the Durham & District Horticultural Society (DDHS), the Herb Fair started in 1978. This year, over 40 vendors will offer all natural, homemade and home grown products made from maple, honey, birch, lavender, hemp, alpaca, garlic, wood and more. Annuals, perennials, shrubs, trees and vegetable plants will be available for sale along with handmade soaps, pottery, sewing, candles, essential oils, cards, garden and home decor. Local community organizations with information on all of their upcoming events will be on site, as well as members of the Grey County Master

Gardeners and DDHS who will offer free gardening advice. Food will be served all day in the Town Hall and children's activities involving plants and nature with seed planting stations and an art area will be provided.

The DDHS also hosts their Annual Plant Sale on Saturday May 18 from 9:00 to 3:00pm at the Durham Town Hall. Bring along your boxes and pick up some beautiful annuals, perennials, succulents, vegetable plants and more! Amazing prices. Come early for the best selection. Clean, pest free, non-invasive plant donations can be dropped off at the town hall on Friday, May 17 from 7pm - 9pm and Saturday, May 18th from 7am to 8:30am. For more information, please call (519) 369-9975 or email susan.papineau@eastlink.ca. **M**

SUMMER COMPANY

Are you a student who has always dreamed of running your own business? Summer Company offers students between the ages of 15 to 29 the opportunity to start and manage their own summer business. Successful applicants will receive a grant of up to \$3000 as well as invaluable training and mentorship from local business leaders. For more information and to apply (applications close May 19) contact the Grey County Business Enterprise Centre at bec@grey.ca. **M**

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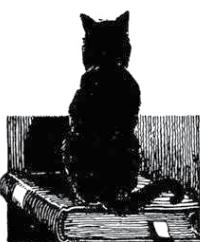
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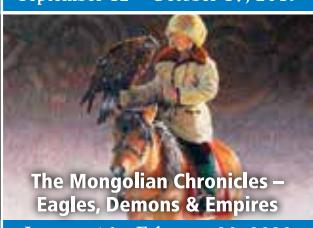
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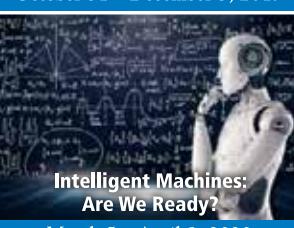
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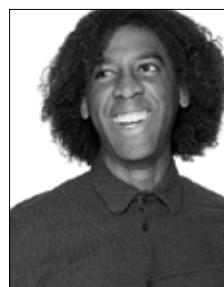
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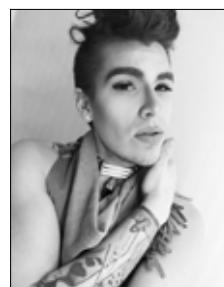
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