

FREE

ARTS, ENTERTAINMENT & LIFESTYLE
IN GREY-BRUCE

MOSAIC

MARCH 2015
VOL. 22 NO. 6

AN OWEN SOUND LITTLE THEATRE PRODUCTION

THE PORTRAIT

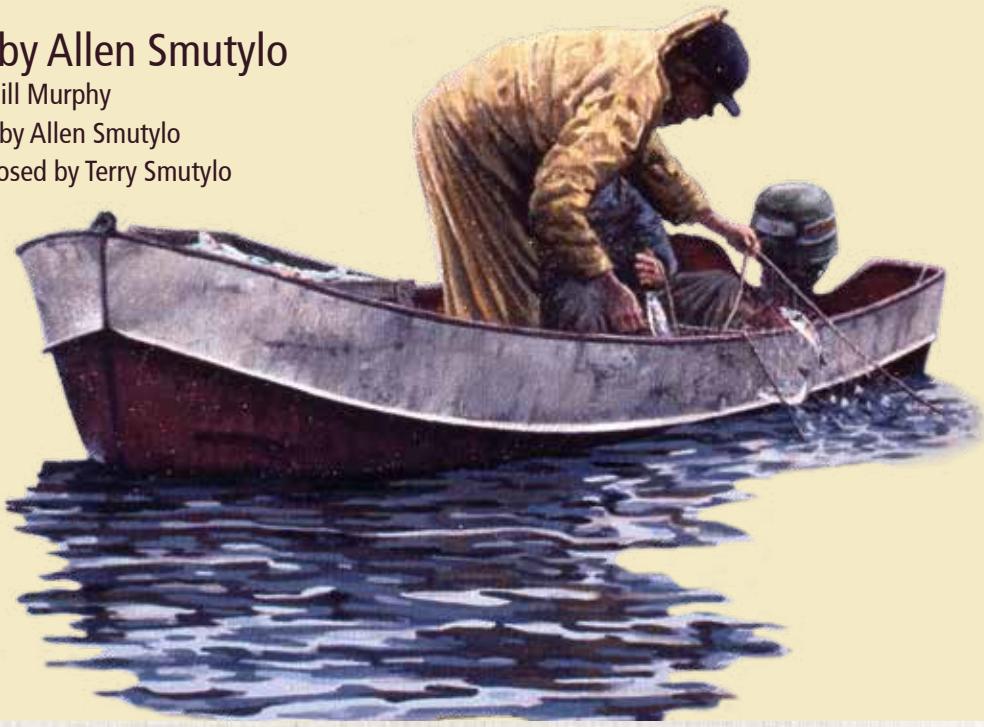
1969 — TOBERMORY — O.C. VAIL

Written by Allen Smutylo

Directed by Bill Murphy

Music: Lyrics by Allen Smutylo

Composed by Terry Smutylo



Owen Sound
Little Theatre

AND

| TOM |

TOM THOMSON
ART GALLERY

PRESSENT

A GALA PREVIEW NIGHT, APRIL 15, 2015

CELEBRATE THE PREMIERE OF *THE PORTRAIT* WITH CHAMPAGNE, AN ART EXHIBIT
AND A POST-SHOW CHAT WITH THE PLAYWRIGHT AND DIRECTOR. TICKETS \$50 (TAX RECEIPTS FOR \$25)

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Make THE RIGHT CALL

Francesca Dobbyn



Knowing the right number to call will help residents find the right services for their situations. 211 is an easy-to-remember phone number which is answered by highly trained specialists who know our community services and can refer callers to services near them. 211 has information not only on services United Way supports but all our community's social, health and government services that can help you with any number of life's challenges. 211 is answered live, 24 hours a day, every day of the year including holidays. Residents are encouraged to call 211 for services including food banks if they are hungry, mental health support if they are stressed or for the non-emergency police number if they need the police but it is not an emergency.

"It is our goal to educate those callers seeking assistance, as to when it is most appropriate to call 211 or 911. Both numbers provide callers with valuable resources but are quite different in their purpose. It is important that callers do not tie up 911 operators with calls that do not require emergency

response from police, fire or ambulance services. Appropriate use of these service numbers assists those in need, toward receiving the proper services they require in the most effective and efficient manner," states Inspector Vince Wurfel of the Owen Sound Police Service.

"211 is your one stop shop to find services that are often provided by any of the three levels of government, charities and non-profits. Everything from finding the phone number for Telehealth Ontario to tax clinics for seniors and low-income people to homework clubs and seniors' centres," said Pam Hillier Executive Director of Community Connection, the local 211 Regional Service Provider. "We do not provide information on businesses."

For more information, call 211. For a fire, police or ambulance emergency, call 911. **¶**



Join Us For Our Fourth Lecture Series **TOMORROW'S WORLD** **FEBRUARY 26 - APRIL 2, 2015**

This series confronts the thought that progress, predicated on ever expanding growth, cannot be sustained. The lectures will provide examples of how, in the past, we viewed the world and its future and how we need to re-evaluate our assumptions and change direction.



All Lectures: 10:00 am to noon at the Bayshore Community Centre in Owen Sound.
Series Registration (\$40 + \$10/membership) available online or at the door. Single lecture tickets: \$15 at the door.



Special Lecture: IS PERSPECTIVE EVERYTHING?

NEWS, BIAS, REALITY – FROM TELEGRAPH TO TWITTER
DR. HENRY PIMLOTT, WILFRED LAURIER UNIVERSITY

MONDAY, APRIL 13, 2015

10 am to noon at the Bayshore Community Centre in Owen Sound
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Information & Inspiration for the Inquisitive Mind



March 2015

Vol. 22 No. 6

MOSAIC

A composition created by inlaying various sizes of like pieces so as to form one picture.

Established in 1993, MOSAIC is the only publication in Grey-Bruce dedicated 100% to encouraging and supporting all the local arts and entertainment.

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Owen Sound Farmers' Market
Rhythmwood ~ The Roxy
Santa Fe Gallery ~ South Grey Museum
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Published monthly from March to November, MOSAIC is available in the places where people gather from Tobermory to Kincardine to Collingwood and everywhere in between. Current and back issues are also available at www.greybrucemosaic.ca.

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Issue	Deadline
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April	March 10
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July	June 10
August	July 10
September	August 10
October	September 10
November/December	October 10

From My Desk

by Maryann Thomas

Welcome to spring! It feels good to type that even though the temperature is hovering around -32 C right now. I know those plants are beginning to awaken; they're ready to get this season growing. In the same way, our community is bursting with energy – these pages of MOSAIC are filled with the excitement of a new season of music, art, food, dance and, of course, ideas. You'll notice a few changes: From the Front Burner has morphed into Quayside Chronicles as Paul and Karin transition to a new way of living in this place; Trees N Traits is a new column from Neil Baldwin who is exploring the power of trees and how they echo or stretch our way of thinking about things; there's new art classes at The Colour Jar in Durham; new exhibitions at the Artists' Co-op, the Santa Fe Gallery and the Durham Art Gallery; and a fundraising breakfast with journalist Laura Robinson in Owen Sound. We're pleased to add new writers as well as new advertisers to our pages to join our regulars. As Vi Bland, our founder wrote, "MOSAIC is a composition created by inlaying various sizes of like pieces so as to form one picture." Thanks to everyone for being a part of making MOSAIC happen.

Maryann

GOOD NEIGHBOURS BENEFIT CONCERT

Doug Cleverley

On Thursday, February 5, 2015, a devastating fire destroyed two houses and badly damaged a third on 2nd Avenue East in Owen Sound. The Good Neighbours Concert is a benefit for the survivors of the fire. It's at the Harmony Centre, 890 4th Avenue East, on Friday March 6. Doors open at 7:00 pm. Admission to this very special event is pay-what-you-can. There will be a silent auction and an intermission with snacks and nonalcoholic beverages.

Owen Sound's musical community is pulling together to support one of its own, Steve Kenny, who lost his house in the fire, along with his neighbours. Confirmed as of press time are Coco Love Alcorn, Larry Jensen, Our Shotgun Wedding, and Steve's own band the Sons of Perry. The line-up is still coming together and more names will be added. Every one of these performers is donating their time for this important and personal cause.

Want to help? Here's what you can do: Visit Fromager Music to make a cash donation to the benefit fund, or sign up as a volunteer (sign up sheet also available at the store); make a donation online at www.donatetoday.ca. under the "Fire Response" button; and donate an item for the silent auction at the concert.

For more information search for Good Neighbours Benefit Concert on Facebook, email info@fromagermusic.ca or call Fromager Music at 371-9662. ☺

TOMMY EARLLS

Blaine Courtney

As Owen Sounders, we have our Sports Hall of Fame and our war heroes; we have the Billy Bishop Museum and the Tom. For our industrial history, we can visit the Marine and Rail Museum. But what of our musical history?

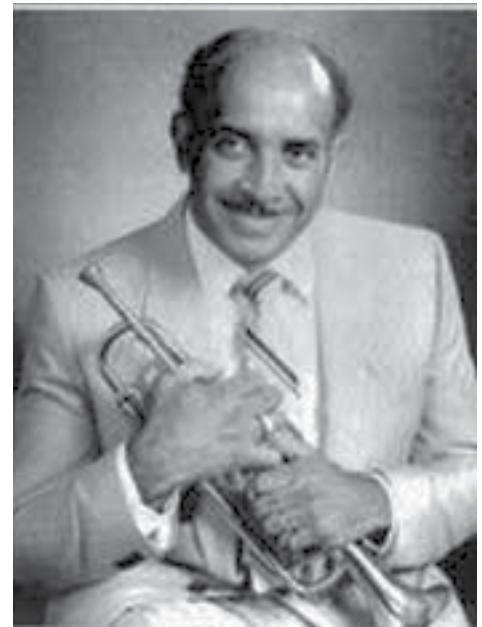
Over the last few years, the diverse musical talents we have are being better introduced to the community. The expanded opportunities that the Roxy, coffee-shops and promotional organizations like Mudtown offer local performers and audiences are changing our appreciation for how fortunate we are. Most of us are familiar with artists like Larry Jensen, Bobby Dean Blackburn, The Tombstones and the Bear Cats, but have you heard of Tommy Earlls? Unless you're over 70, a family member or a real jazz fan the answer is probably, no. I grew up hearing the name all the time because Tommy was a personal friend of my dad's. As youths they hung out together and dad was very proud of Tommy's achievements. He often voiced one of the strongest phrases of praise he used, "That Tommy's made a real name for himself"

On October 6, 2014, we lost a Canadian legend from the Big Band era and one of our own local sons. From the age of 14, Tommy was a professional trumpet player with the Lloyd Kibbler Orchestra in Toronto. This was the beginning of a career which earned him the title of "Canada's Man With the Trumpet." From Toronto and Montreal,

to Miami and clubs at exotic resorts in the Caribbean, Tommy entertained the rich and famous while forging personal friendships with most of the greats of that era. Tommy wasn't just a musician, he starred in over 30 films as a musician and actor, did commercials and made guest appearances on numerous TV series.

Despite all of this fame, Tommy remained true to his roots, which originated with a great grandfather, reported to be a slave, who used his talents with the violin to make his way to freedom in Canada. Tommy never forgot his home town and often attended the Owen Sound Emancipation Picnic where he and his wife, Roselyn, a flutist in her own right of national acclaim, entertained the attendees with world-class performances. As his health dictated, he switched to the trombone when the trumpet became too difficult to play. Even when he was not well enough to perform himself, Roselyn continued to amaze us.

I arrived early on the evening of his visitation at the funeral home and was treated to a personal tour down Tommy's memory lane by Roselyn. The room was full of personal family photos, performance posters and many news and promotional articles serving as testimonials to a life and career well lived and played. It was quite obvious that Tommy was first and foremost a family man and it appeared that it was a tie for second between his love of sailing and



his trumpet playing. Roselyn confirmed this as she told me stories of all the great family memories that sailing with Tommy held for her and their children. Tommy's love for sailing was nurtured as a youth when he sailed the Great Lakes with his parents who worked on the cargo and passenger ships out of Owen Sound. The most surprising fact I discovered that evening was that he built his own yacht and maintained the twin engines on his own. Obviously his talents weren't restricted to just creating music.

When asked, "What are the components of bliss?" Tommy replied: "Sitting on a boat in the middle of Georgian Bay" ... still remembering his hometown roots, I see.

On July 31 during this year's Speakers' Forum at Grey Roots Museum & Archives, we will be paying a special tribute to Tommy Earlls, the man and musician. ☺

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FROM THE COMMUNITY FOUNDATION GREY BRUCE

Aly Boltman



COMMUNITY
FOUNDATION
GREY BRUCE

Maryann is always gleeful to announce Mosaic's winter hibernation, ushering in a goodly break of column-writing for me. Which seems like a really great idea until the press starts churning again and I need to compress three months of activity into 600 words.

Despite world tragedies, our daily dose of media doom and gloom and the cold, I've got nothing but positivity for sale. Ok, my four year old still won't sleep through the night – but overall, I'm filled with an abundance of sweetness and light. That's what happens when you finally discover that mythical thing called work-life balance.

The antidote to gloom and doom is called community. MY community – filled with unusual souls who have a few key things in common: generosity, empathy, and ingenuity. We may have more than our fair share of eccentrics, but our community consistently DELIVERS.

In November, we gleefully announced a \$42,000+ infusion into the public library system, thanks to the generosity of the late Eva Leflar and her Donor Advised Fund. That's about \$1400 to each of Grey Bruce's public libraries, funding for programming for disadvantaged families. While that's a drop in the bucket for larger libraries, it's a lifeline for the smaller ones that run on shoe-string budgets and volunteer fuel. On December 2nd, Giving Tuesday, our Leflar Winter Warmth Initiative provided more than \$44,000 to Grey Bruce social service agencies. We wrote off The United Way's \$18,000 utility bill waiting list and gave OSHARE \$9,000, three solid months of food. We helped the Our Kids Bruce Grey Foundation's winter snowsuit campaign, Keystone's sleep-sac and warm socks project for their disadvantaged kids, and gave \$400 to \$4000 to every active food bank in Grey Bruce.

December also heralded the announcement for our first Vital Signs project to be undertaken in 2015-16, a data driven,

user friendly and visually engaging report of overall health and community vitality in Grey Bruce. Over 20 communities in Canada have created Vital Signs reports and their results have been integral to addressing vital needs through targeted, impact-driven granting priorities and new targeted, impact-driven funds.

Twelve funds were created in 2014, and a few more have already begun in early 2015. Here are some highlights. Ovid and Verona Jackson started a fund for job creation and innovation to unleash greater community entrepreneurship. Hear, hear! The Lyman "Red" Cady fund will benefit the Grey Bruce Residential Hospice, exciting a lot of people itching for a way to support the hospice in perpetuity. The Right Honorable Paul Martin's Smart & Caring Education Fund will provide new annual awards to Aboriginal students in the AYEP program at SDSS, and the Lyle & Isabelle Love Skilled Trades Apprenticeship Fund will help young women continue to break into the trades. The Dr. Goldie and Eileen Gray Memorial Scholarship Fund will create a new annual scholarship for a special GHSS graduate who excels at academics, community activism and athletics. The Owen Sound Lacrosse Endowed Fund will support the sport's growth and sustenance forever. And then there is musician Robert Tite, who's building the Rebecca Eaton Musical Bursary Fund in celebration of his wife on their anniversary. Does it get any sweeter?

I hope you'll join us in Chesley on March 25th for our non-profit gathering co-hosted by the Ontario Trillium Foundation. There's lots on our agenda, including a rare local appearance by Marilyn Struthers, Chair of Social Innovation and Entrepreneurship at Ryerson University. We're thrilled to have snagged her for the day to bring some fresh ideas right to our door – where the lights are always on, someone is always home and continued generosity is always welcome. ☺

TOMORROW'S WORLD

Judy Beth Armstrong



Tomorrow's World is the thought-provoking title of BALL's fourth and final lecture series this season, February 26 through to April 2. Lecturers confront the thought that progress, predicated on ever expanding growth, cannot be sustained. Over the course of six lectures, four professors (Michael Piczak, Gary Draper, Hans Dringenberg and Jacqueline Faubert) will provide examples of how, in the past, we viewed the world and its future and how we need to re-evaluate our assumptions and change direction.

All lectures are scheduled for Thursday mornings, beginning at 10 a.m. in Owen Sound at the Harry Lumley Bayshore Community Centre. BALL members (\$10 per season) may register for this lecture series at the cost of \$40 each. Advance registration



is recommended. If space allows, single admissions (\$15 per person) may be purchased at the door. BALL membership is open to all adults who are interested in life-long learning. For further information and to print off the registration form, please visit www.bluewaterlearns.com or pick up a brochure with registration form at your local library.

For further information, please contact me at [armstrong.judybeth@gmail.com](mailto:judybeth@gmail.com) or 376-5096. ☺

Telling Our Stories

Kate Russell

The cultural mosaic in Grey Highlands received a boost recently when municipal council passed a bylaw to accept funding for a specific project which increases community access to and engagement in local arts and heritage activities and events. OTF funding supports enhanced use of digital and social media as well as the creation of a community cultural cable channel in Grey Highlands. This builds on the success of the Cultural Development Fund initiative led by the public library, in partnership with the South Grey Museum. "It is exciting to provide and improve access to information and resources in new and innovative ways that reflect user trends and the needs of the community," said Grey Highlands Public Library CEO and Chief Librarian Wilda Allen.

The project will offer training to local volunteers and community groups on how to shoot, edit and submit content to a cultural channel similar to the current community channel on Markdale Cable. Funding will also cover the cost of equipment, computers and editing software for public use. Created content will be developed, received and uploaded to the channel by library and museum staff as part of existing social and digital media management. Everyone in the community will be welcome to submit content. Museum board chair Colleen Boer noted this project will enhance the ability of the community to tell and share its stories. She offered examples of early teddy bear promoter Seymour Eaton, writer of the famous Roosevelt Bears books in the early 1900s, who was born in Epping and is featured in a museum exhibit. She gave a brief history of William Coutts, grandson of Feversham founder Edward Horton, who partnered with Hallmark in the early days of greeting cards. His story was recently featured in a CBC Radio story which was researched with the assistance of the museum. "The museum and library are the heart and mind of our community. We'd love to tell you some of our stories," she continued. For more information contact Wilda Allen, CEO, Grey Highlands Public Library & Project Lead 519-924-2241 or allenw@greyhighlands.ca 

EAT, DRINK, AND SAVOUR OWEN SOUND!

Paulette Peiroil



Winterlicious is back, but with a new name this year – Savour Owen Sound. It's about savouring all that Owen Sound has to offer in the depths of winter, from delicious food to a full roster of cultural events, home-grown hockey and outdoor adventures. Seven local restaurants are participating in this year's Savour Owen Sound, featuring three-course meals at special, fixed prices until March 20. Head to Villa Nina Bistro, Elsie's Diner, the Sweetwater Restaurant at Cobble Beach, Norma Jean's Bistro, Nathaniel's, Harrison Park Inn or Legacy Ridge Golf Course. Contact information and menus are available online at www.owensound.ca/savour-owen-sound. Make a day or evening of it by pairing your dinner with an Attack hockey game at the Bayshore (March 8, 14 and 18); or a Tuesday jam with the Fiddlefern Country Dancers; or a snowmobile or snowshoe adventure at Cobble Beach or Harrison Park; or a visit to one of the many local galleries and museums. *Bon appetit!* 

"typecasting"

Terry Burns

typecasting

they say the muse is a fickle mistress
(a phrase much favoured for its tidy rhyme and trochees)
capricious and coy she lobs her offerings
almost absent-mindedly

shrugs a sulky shoulder and seeks to grow ever plumper
on gorgonzola grenache and kalamata olives
her wages for the making of inspiration
her eyes are old, they say, indifferent, a little cold

perhaps a natural impulse, to imagine her as woman
given creativity's links to birth and nurture
not to mention those traits said by some to be distinctly female
petulance inconstancy

what's less known is that muse moonlights
she is cleaning lady mother therapist
sweeps up failure's chaos in dim dawn light
after you've gone to sleep, to drink or to seed

a prospector panning for golden notions
she hides them like easter eggs for you to find again
she is jester, gadfly, with a taste for mockery and taunt
crone with a cane that pokes

like god in the joke about the doomed sailor
who turns down three offers of rescue with a jaunty
god will save me
muse masks her helping hand

her flashiest trick inspiration
she excels at mischief and misdirection
semaphors clues at the edge of peripheral vision
and in fact sanctions diligence tenacity self-discipline

you could wait at the roadside all day
with your thumb out
but she could be at the beach
or on another call

start walking

"typecasting" was written by Terry Burns under the auspices of the Owen Sound Little Theatre Poet Laureate Program, for the Owen Sound Cultural Awards presentation ceremony on February 15, 2015.

FOGGY HOGTOWN BOYS AT THE ROXY

Bluegrass maestros the Foggy Hogtown Boys come to the Roxy Theatre on Saturday March 28. Presented by Mudtown Records, the FHB have been delivering bluegrass across North America and around the world for eleven years. Known for having a sound that, although not bound to traditional conservatism, doesn't sound like a bluegrass band trying to make new country or pop hits. They are noted for having the ability to slide between being a bluegrass band or an old-time band with remarkable ease and authority. Even a casual listener can tell that the FHB owe as much to the country music that happened pre-1945 as to the golden age of bluegrass. There are no stars in the band; each member is a featured singer and instrumentalist whose strengths are supported by the rest of the ensemble. For more information and tickets contact www.mudtownrecords.com or www.roxytheatre.ca. 

UPDATE: at the Owen Sound Artists' Co-operative

by Morag Budgeon



The past few months have cemented for me the belief that downtown Owen Sound is most certainly *the* place to shop. Worthy sales in 2014 for The Artists' Co-op prove that local citizens recognize the worth of handmade, local items. The merit behind shopping local is resonating with our local consciousness. New businesses are opening and flourishing in the valley and we at the Artists' Co-op are proud to be part of this downtown renaissance. As a local artist in this community, I am always appreciative of the loyalty and support I receive from clients and friends, and it is wonderful to see that grace extend to my neighbors and peers.

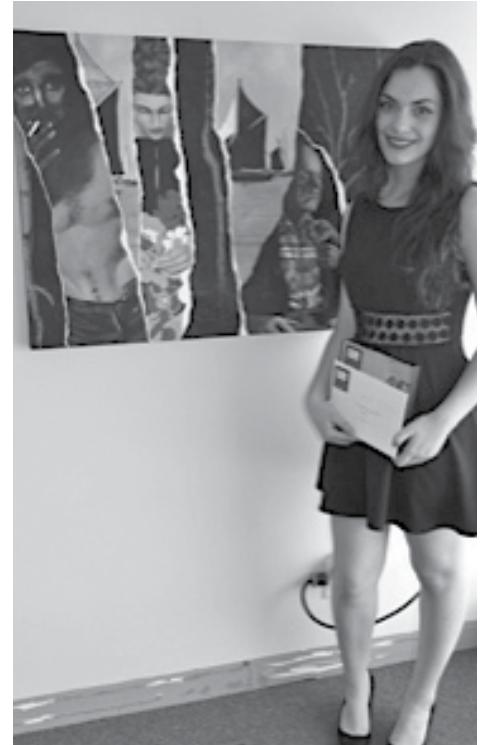
Having always lived in the downtown core, I support the businesses, and generally can do all my shopping using my own two feet as transportation! I have such fond memories of the years walking with my young growing family around the city streets: the time we saw a fish as big as my 3-year-old in the harbour; visiting the art gallery and toy yard at the library; sharing our love of muffins with MarketSide and The Ginger Press; gently teasing them as we passed Fantasyland; the patient staff at the Rocking Horse; using that cool contraption to measure their tiny feet at Scarrows, then Beckers; the excitement of the Santa Claus

Parade and the Hottest Yard Sale. Thank you downtown Owen Sound for that lovely pocketful of joyful images.

This month we are celebrating our secondary school youth in the Legacy Gallery. The Arts and Crafts Legacy Show VI offered the opportunity to every high school student in Grey-Bruce to enter a 2-dimensional and/or a 3-dimensional piece of artwork for a juried exhibition. All work will be displayed for the full month of March. Fourteen awards will be handed out on March 8 from 2 to 4, celebrating talent and commitment to the arts. Local businesses and artists are supporting this event with generous donations, another reason to praise our community. A People's Choice award will be made at the end of March, so come out and vote for your favorite.

Our guest artist this month is Halina Shearman with her brilliant clothing made from vintage scarves. Halina was a very popular vendor at the Harmony Centre Fine Craft Show held last November and we are pleased to see her in Owen Sound again.

Located at 279 10th Street East, The Owen Sound Artists' Co-op and The Legacy Gallery are open Monday to Saturday from 9:30 am to 5:30 pm. **M**



2014 First Choice/Peoples Choice recipient Jacqueline Luinstra of KDSS with her acrylic, *Loneliness*.

ESSENTIAL OILS FOR DIGESTIVE HEALTH

Sandra J. Howe

We are what we eat but more than that, we are what we digest. Healthy digestion is at the root of all aspects of human health. Gut activity affects our mental and emotional health, our immune systems, our energy and stress levels, and our general mood and well-being. Yet unless we suffer from compromised digestion, we tend to take the whole process for granted. Digestive illnesses such as Crohns, colitis, IBS, and food allergies/intolerances are affecting increasing numbers of Canadians.

Essential oils are a natural therapy that can assist many aspects of human health, including digestion. Derived from plants around the world, the use of essential oils for health dates back to pre-Biblical times. Join **Natalie Vandenberg** at Boomer's Cosy Restaurant, 14 Clinton St. S., Teeswater at 7pm on March 9 for an Essential Oils for Digestive Health presentation. This fascinating introduction could be your start to a healthier, happier you!

Natalie knows first-hand the debilitating effects of



digestive illness. Diagnosed over 30 years ago with severe Crohns Disease, she found herself malnourished to the point of major heart attack risk. She was unable to walk for some time due to the secondary complications of the illness. Natalie credits essential oils and related supplements as being "game-changers" in her life. Natalie says, "I have regained my health, and the opportunity to live a full, spontaneous, and rewarding life". Her enthusiasm and passion for sharing essential oil information is inspiring.

Whether you suffer from occasional indigestion or are struggling with serious digestive issues, this presentation will offer you tools and insights. We each have a major responsibility to care for our own and our families' health. Essential oils provide safe, effective support for maintaining well-being in our bodies and homes. You are warmly invited to attend this learning event. To register, contact Natalie at natvandenberg@outlook.com or (519) 392-8283. **M**

WHAT'S ON AT Santa Fe Gallery

Lin Souliere

The Main Gallery at Santa Fe is alive until March 14 with **MEXICOLORES – Art as HOT as Chili Peppers!** – a group show representing over 25 artists with lots of colour and exciting art, providing a nice visual holiday from a cold winter.

The next exhibit will be a retrospective look at the Art of **Don Nixon**, a local artist who worked in many media. It runs March 21 to April 11, with the opening on Saturday March 21 from 2:00 to 4:00pm. Next will be a solo exhibit by local artist **Sheila Brown-San Cartier**, of her beautiful fibre art, opening on Saturday April 18, 2:00 to 4:00pm and running until May 16.

Watermark – 2015 Ontario Regional Juried Exhibit for CSPWC (Canadian Society of Painters in Water Colour) will open Saturday, May 23, reception and awards presentation from 1:00 to 4:00pm. This exciting show will feature some of the

very best watercolours from artists all over Ontario. The show runs from May 23 to June 20.

New to Santa Fe Gallery is the sculpture of **Mark Dorey**, amazing works on bone and in stone. His work appears worldwide in galleries and it is a pleasure to add him as one of our exhibitors. Mark will have a solo exhibit of his sculpture in the fall this year.

Mudtown Art Supply has moved to the main floor, making it even easier to access for all your art supply needs. Patti is there Wednesday and Thursdays to answer your questions and Carl is there Monday to Friday, 9:00 to 5:00, and Saturdays 9:00 to noon.

2015 will be an exciting year here at Santa Fe Gallery with 10 exhibits booked. Please drop by and check out the many artists we represent, both local and from other areas of Ontario and Quebec. Our Opening Receptions are open to everyone;



Ravenfish, acrylic by Stuart Burgess

please join us to meet the artists and share in a bit of fun and refreshments.

Santa Fe Gallery, 828 Third Ave East in Owen Sound, is open Monday to Friday, 9:00 to 5:00, and Saturdays 9:00 to noon, as well as Saturday afternoons when we have opening receptions scheduled. We promise you will not be disappointed and you will be inspired. For more information, contact contact Lin Souliere, Gallery Director, at linsouliere@gmail.com, 519-416-1007, 519-270-5747. See a listing of all upcoming exhibits and events at www.dragonfly-ridge.ca/santa-fe-gallery.html. ☀



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Treat yourself to a three-course meal for a special price at participating restaurants:

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Elsie's Diner

Harrison Park Inn

Sweetwater Restaurant at Cobble Beach
Legacy Ridge Golf Club

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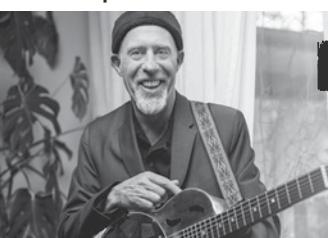
Check out our website
and facebook page
for a full listing of all
our great shows & events!



www.meafordhall.ca 12 Nelson St. E. 877.538.0463

The Once

with special guest,
Sarah MacDougall
Friday, March 20
8pm \$35



HARRY MANX

blues
Saturday, March 27
8pm \$40



BRAVURA

adult contemporary
Saturday, March 28
8pm \$30

At the DURHAM ART GALLERY

Kristen Delmage

D/A
Durham Art Gallery

Out of the Ordinary

On Saturday January 31, I attended the opening reception for two new exhibits at the Durham Art Gallery. I had my boys with me, ages five and seven, which always colours my perspective, and hones my appreciation for the wonders of the world. As we wandered through the gallery, I was especially alert to those elements in the art that would spark an observer's imagination – and these particular works loaned themselves exceptionally well to this purpose.

In the second gallery (which we visited first) we found ourselves surrounded by otherworldly landscapes, a collection titled *Harmonic Chaos* by Kyle Haight who lives and works in Owen Sound. Much of his work shows a compelling combination of intricacy and openness, suggesting to me something about that environment, where urbanity meets the natural world. The kids enjoyed detecting artfully hidden human features: eyes were especially numerous, and these gave the figures a humanity and a quality of wakefulness. We felt observed, in a kindly way, by Haight's fanciful visions.

Back in the main gallery we were treated to a group show titled *Import*.

Export, featuring the work of four media art students from Ryerson's School of Image Arts. The work was immediately intriguing as well as physically engaging – we could walk into and around **Simone Roth**'s piece *Me, Myself, and You* (and enjoy the dizzying quality of the mirrored double-helix), which explores the intersection of our genetic inheritance with social environment.

My sons have always been interested in what makes art, Art. Their curiosity was rewarded by **Connor Crawford**'s work titled *Importing Auras*. This installation documents a process of displaying found objects as art. Items on Craigslist serve as models for Crawford's artifacts, imbued with value by the sentimental importance they held for their owners. This piece is a great conversation-starter in the ongoing dialogue about the relationship between objects and their value.

We also felt drawn to the pensive mannequin of **Zoe Bockasten**'s piece, *Mind Power*. This interactive sculpture, focused on mental health awareness, is a physical representation of the impact of social support on recovery. Across the room, on the south wall, was *(de)Coding Resistance*, works on paper by **Melissa Palermo**. Her dissection of three poems, in the form of illustrations



Kyle Haight - Moksha

and code, aims to focus criticism and reflection on the ways in which women's words have been marginalized.

We all three left the gallery feeling the show had put a sparkle of newness on the ordinary, and the landscape held a promise that waited only for our imaginations to work upon it.

The Durham Art Gallery is open Tuesday to Friday from 10 to 5; Saturday, Sunday and holidays from 1 to 4; and Thursday evenings from 7 to 8 at 251 George Street East, Durham. For more information contact (519) 369-3692 or info@durhamart.on.ca or www.durhamart.on.ca. ■

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Thought for Food: Cafe a Local Food Pioneer

Jim Algie

Karin and Paul at The MarketSide Food Shop and Cafe in downtown Owen Sound may have been the first people I knew to invest seriously in local food. For 25 years, Karin van der Heyden and Paul Thomas have operated food businesses on the main street of town. After purchasing the former Genoe's Sound Valley Family Restaurant in 1989, they opened MarketSide Cafe and began emphasizing local. Their name and location, within a half block of the Owen Sound Farmers' Market, offered some indication of their intention.

In those days, it seemed a novel idea. Needless to say, since then, the idea has taken on momentum.

At the heart of MarketSide's project was this idea: that people living within an agricultural region such as ours may wish to eat the products of surrounding farmers. At first with a cafe emphasizing sophisticated evening meals and the usual liquor-licensed accompaniments, then as a lunch and catering business, Karin and Paul have held firm to local sourcing, to the extent of using their household gardens as part of the menu.

MarketSide coincided with their family. The business evolved to better suit child-rearing by the couple, both of whom worked the kitchen and front of house almost interchangeably while also picking up consistent praise between 1991 and 1996 in Anne Hardy's annual restaurant directory, *Where to Eat in Canada*.

They dropped the liquor licence to concentrate on lunch and prepared meals to take away, their own wholesale packaged selections as well as packaged food from other local purveyors.

They celebrated the 25th anniversary of MarketSide one recent Sunday at the shop and have published an attractive 140-page spiral-bound cookbook and memoir to commemorate the occasion. When I stopped by for my copy the other day, Paul also handed me a post-

card-sized realtor's advertisement seeking buyers for the business. Their sons, Eli and Jacob, are adults. Paul and Karin expect to develop a bed and breakfast on Colpoys Bay.

When I sat to write this week, I thought I would review the book, which is published by Paul's sister, Maryann Thomas, who is the proprietor of another venerable main street business, The Ginger Press. It is a lovely book and beautifully designed for use in the kitchen.

In addition to recipes, the book accumulates articles written by Paul for a series that has appeared in MOSAIC, a periodical now published by The Ginger Press. The recipes include Lemon Poppy Seed Muffins, which were a regular feature of my week on days when I worked around the corner at *The Sun Times* and needed a break from the telephone. I can see from the recipe that it's probably the extra egg and lemon that makes these muffins so good.

But this column can't be a review because, it turned out, I had these other things to say about MarketSide and I'm almost out of space.

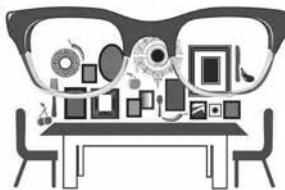
As recently as 2008, Paul and Karin challenged a move by Walmart Stores Inc to trademark the name, Marketside, for a new venture into food stores in Canada. They challenged Walmart and won. "On the one hand it's just a name," Paul told me at the time. "On the other hand, for us, we started this business from nothing. We raised our kids and have seen them through and it's the foundation of who we are."

It's worth recalling that MarketSide is also part of the foundation of local food in this region.

This article is reprinted with thanks from The Owen Sound Sun Times. MarketSide: From Our Kitchen to Yours by Karin van der Heyden and Paul Thomas (\$25) is available from MarketSide and The Ginger Press, both located in downtown Owen Sound. ▀

13TH ANNUAL Feast for the Eyes

April Patry



This unique art exhibit, on display from April 3 till May 10, features original art created by emerging artists from across Grey and Bruce counties. *Feast for the Eyes* allows the public to experience the creativity growing right in our own backyard while supporting local organizations such as the Southampton Arts Society, the local Salvation Army food bank and the Community Garden Project in Southampton.

Through art we nourish our mental, creative and spiritual well-being. *Feast for the Eyes* links art to another one of our basic needs: feeding the hungry in our community. All artists who submitted artwork for consideration were asked to donate a non-perishable food item to benefit the local food bank and/or a packet of organic seeds to be planted as part of the Community Garden spring plant in 2015.

The opening gala and awards ceremony will take place Thursday, April 2 from 7-9 pm. Esteemed jurors include **Heather Hughes** (artist and curator of contemporary art at the Tom Thomson Art Gallery); **Sharon Barfoot** (artist, curator and publisher); and **Susan Seitz** (artist, instructor and creativity facilitator). Award sponsors, who contributed more than \$950 in awards across eight categories, include The Southampton Arts Society; The Shoreline Artists; Al Downs Memorial; Sophie & Anne Champagne in memory of Jane Champagne; the Park family in memory of Ellen Park; professional photographers, George Plant and Valerie Cargo; and Michael Hills Insurance. Categories up for award include abstract, landscapes, photography, clay, collage, print making and mixed media.

Admission is free, but we encourage visitors to donate to these worthy organizations in a similar capacity. Help us to grow and provide food for our community. Please visit www.southamptonart.com for more information. ▀

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TREES 'N' TRAITS: *Cedars - "Resilience"*

Neil Baldwin

H ave you ever spent time in the company of trees and noticed good feelings arising? Of course you have, but did you wonder why? It could be physiological. The Japanese have long known the benefits of "forest bathing," thanks to the medicinal aerosols that accompany all that oxygen the trees put out. But it might also be psychological.

Similar to the idea of power animals, it's not unreasonable to think that trees can offer us energy, either by the presence of species which echo our traits, or by those which stretch beyond them. In this first of a ten-part series, consider the Cedar and how much of you is reflected in this tree's characteristics.

Cedar is dense and mysterious. Its branches are not long but they are many; they can make it difficult to penetrate or even see from where branches originate. A stand of cedar can appear to be a twisted

and puzzling sight. Compact and utilitarian, cedar has the same basic appearance regardless of season. While not a strong wood, it nevertheless resists decay and is resilient to environmental stresses.

Cedar is a wise survivor, able to grow in harsh conditions, shallow soils or with scant nutrients. This often results in stunted development but it does keep growing, even though it may not be obvious to look at. In fact, cedars often continue maturing to very old age quietly accumulating many years of experience and exposure to the world around them as they do.

If you have ever been called an "old soul" you may be a cedar; likewise if someone has said you have a tendency to be closed or keep your cards close to your chest. You may also identify with cedar if you have its tendency toward resilience, able to deal with adverse conditions yet keep on growing, even if others cannot

see that progress. In winter, cedar boughs get flattened by snow load but they almost always bounce back. Does that sound like you?

If you are a cedar and find yourself in need of a boost, or if you are not a cedar but admire some of its qualities, find yourself a place where these trees can have your back. You won't need to look far in Grey-Bruce, particularly on the peninsula. A favoured area for me is along the Bruce Trail on the Lion's Head promontory, especially in the northeast extent, which offers panoramic lookouts to Georgian Bay. Or for something easily accessed, try the Bruce Trail heading northward along the escarpment base from Owen Sound's Centennial Tower. Either option offers wise cedars ready to support your introspection and growth. Next month: Larches. ☙

Literacy on its Feet

Kimm Culkin

South Grey Bruce Youth Literacy Council's new drama workshops are in the final planning stages, and the youth of the South Grey Bruce area couldn't be in better hands. Literacy on its Feet, a project funded by the Ontario Trillium Foundation, provides an arena for those students who need help to build literacy skills, but aren't suited to a one-on-one tutoring approach, which remains the SGBYLC's core program. Over six weeks, participants learn improv games and scripting skills, resulting in a five-minute presentation piece in the final session.

Youth Literacy co-ordinator Kimm Culkin announced the appointment of Jenny Parsons as field co-ordinator for the program earlier this month: "Jenny is a respected local performing and visual artist, who has a commitment to literacy and is certified with the Ontario College of Teachers," says Kimm. "Her professional performing experience is impressive. She co-wrote and performed in six original revues at Toronto's Second City, an in-

ternationally respected improv theatre. She has both TV and film credits as well, including a feature-length film created with partner Steve Morel. Jenny has her Ontario Teachers' certification and is also a writer and painter. And she knows this community."

Jenny will be supported by screened, trained and experienced adult and teen volunteers. "Participants will see other benefits, too," says Kimm. "Drama, and improv in particular, provides excellent training in communication, presentation, conflict resolution and group collaboration skills. You learn to be flexible and resilient, to see your way past an immediate failure and to cut other people a little slack, too. We hope to have three different groups running by the official program start in the first week of May."

The SGB Youth Literacy Council has earned an enviable reputation over its 20+ history for its free, confidential, one-on-one tutoring program, still the organization's core program, which has served hundreds



of learners over the years. Kimm points out, "This is another way we can support school-aged students and their families in strengthening literacy skills. We need a variety of approaches. School classes work for many; one-on-one works for others; this is another route." Kimm added that she hoped this would provide a starting point for other Literacy on its Feet streams, including sports, art, music, life skills and literacy.

If you're interested in getting help for your school-aged child or taking part as a volunteer, contact Kimm at the South Grey Bruce Youth Literacy Council at (519) 364-0008 or info@sgbyouthliteracy.org. ☙

As the snow melts and the voices of the crows are heard ringing out over the tree tops, the sap begins to rise and our thoughts turn to the sweet anticipation of maple syrup. With such anticipation each year, the Anishinabe people looked forward to the harvest and enjoyment of one of Mother Nature's greatest treats – maple sugar. To the Anishinabe, this treat was called Ziinzibaakwad (cee cee baw kwad). The First Nations people shared this knowledge with the early European settlers who quickly learned to appreciate this seasonal gift as well.

Rejoice at this traditional rite of spring at Grey Roots on March 28 from 11am to 4pm for the *Maple Sugar Moon Festival*. Learn the history of maple syrup from the early days of our Aboriginal people to our first European settlers and beyond. Enjoy a horse-drawn wagon ride from noon to 4pm, test out your ability to bore a hole and sink a spile in a tree trunk then top off your visit with pancakes and maple syrup, provided by the Kiwanis Food Truck. Regular admission rates apply. Pancakes sold separately – cash only.

This *March Break KidsCamp* theme is *Be Curious!* Grey Roots will spark the curiosity of each participant from March 16-20. The day will start with questions to engage each participant's knowledge and then KidsCampers will ask their own questions that will shape our days. KidsCamp is for children 5 to 10 (\$125/child, Museum Members \$110/child) from 9am to 4:30pm. Early drop off, 8 a.m.-8:30am, is available at an added cost of \$2. Extended care is not available beyond 5 pm. Individual days may be booked dependent upon availability and will be allocated on a first-come, first-served basis. Prices for individual days are

\$27.50 or \$25.00 for members. March Break KidsCamp fills up quickly, so make sure to reserve your spot early.

Grey Roots is pleased to present the *Spring Lecture Series* at 2:30pm on Tuesdays from March 24 to April 14 with Dr. David Holah. The March 24 lecture is *The Science of Climate Change and its Fundamental Cause*; March 31 is *How Climate Change is Affecting the World's Fresh Water and the Oceans*; and April 7 is *What can we do about it?* The final lecture on April 14 examines *Climate Change Around the World and Here at Home*, when Dr. David Holah welcomes guest speaker, Dr. John Anderson, to the series.

The Grey Roots original exhibit *Mrs. Eaton's War* allows us an intimate window to the Great War through the eyes of Grey County soldiers, their families and friends. Letters written by soldiers to loved ones, long tucked away and recently discovered, reveal the importance of family. This exhibit is open until May 18, 2015.

Bountiful Grey County: Our Agricultural Heritage, explores our integral ties to the land through time and the seasons. Since the beginning of human habitation, the rich fertile soil of Grey has provided us with a plentiful harvest which has allowed us to grow and prosper. This exhibit is open until May 24, 2015.

Grey Roots combines Museum, Archives, and Tourism services under one roof and is located at 102599 Grey Road 18, just west of Inglis Falls and a few minutes south of Owen Sound, in the Municipality of Georgian Bluffs. For information on any of the programs or services at Grey Roots, please refer to our website at www.greyroots.com or call (519)376-3690 or toll free 1-877-GREY ROOTS. **¶**

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AT THE ROXY

Maria Canton

In 1969, Tobermory was on the cusp of becoming a community in transition. The decline of commercial fishing – the life blood of the remote village at the tip of the Bruce Peninsula – meant it was about to undergo a difficult shift from fishing village to popular tourist destination.

This April, Owen Sound Little Theatre tells this story with its production of *The Portrait*, written by celebrated visual artist and Governor General Literary Award nominee Allen Smutylo. *The Portrait* is based on a true story that is part personal memoir, part historical and part a poignant reflection on adversity and perseverance.

The Portrait opens in the present day with an old artist (played by Smutylo) recalling the time in his youth when he and five fellow art students left their college in Toronto to start an artists' co-op in Tobermory. Layered with original music that was written by Smutylo and composed by his brother Terry Smutylo, musicians Jayden Grahman and Will Henry perform on stage with vocalists Sandy Lemairtre, Michelle Legere and Becky Johnson-Morelli.

The play's protagonist is an ornery, old fisherman named Orrie (O.C.) Vail (played by Michael Clark). He is an imposing man, tall, with broad shoulders and a booming voice, who is widely known for his claim to have found the remains of La Salle's ship, *The Griffon*, and for his hand-crafted knives. He and his antiquated waterfront net shed are a treasure trove of marine lore.

Vail, symbolized by the knife and the ever-loaded shotgun propped at his door, despises the fact that art-school "hippies" have invaded his town. Yet, the old fisherman

be grudgingly allows a young Smutylo to draw him in his workshop for a major canvas. The completion of the portrait painting closely prefaces news of a government plan to expropriate the old fisherman's house, workshop and water frontage – land that has been in his family for four generations – for a new ferry terminal and expanded parking lots.

With commercial fishing stocks in steep decline, the locals welcome the prospect of jobs from a major new development. The young artists, however, perceive the government plan as the urbanization, if not the destruction, of a unique maritime village and actively lobby inside and outside the town on the Vails' behalf.

These two events, the portrait painting of Vail and the expropriation of his land, bond the old fisherman and the young artist together against formidable forces. But the underlying reason for the old fisherman's devotion toward the artist is only discovered 40 years later when the artist is old himself. A 1935 newspaper story in the local library's archives details a shocking event – that of a tragic and fatal shooting by the hand of the old fisherman. This revelation illuminates the reason for Vail's initial dislike and later for his fatherly affection towards the young artist.

Celebrate this local story with us when Owen Sound Little Theatre and The Tom Thomson Art Gallery present *The Portrait, A Gala Preview Night* on Wednesday, April 15. The evening includes champagne, hors d'oeuvres, a first look at an art exhibit displaying a 40-year span of portraiture by Allen Smutylo, a ticket to the play and an invitation

An Owen Sound Little Theatre Production
THE PORTRAIT
1969 — TOBERMORY — O.C. VAIL
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Directed by Bill Murphy
Music: Lyrics by Allen Smutylo
Composed by Terry Smutylo
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to an after party and discussion with Allen Smutylo and Director Bill Murphy. Tickets to the Gala are \$50, with a \$25 tax receipt.

The Portrait runs Wednesday, April 15 (Gala Preview) and April 16-18 and 21-25 at The Roxy Theatre. All shows at 7:30 pm. For tickets, contact www.roxytheatre.ca or boxoffice@roxytheatre.ca or (519) 371-2833 or 1-888-446-7699. ■

FORGERY IS HIP AND ANCIENT

Tim Dyck and Rhonda Abrams

It wasn't a dark basement filled with nervous criminal forgers, but the studio at The Colour Jar certainly had enough excitement to make the process nearly illegal. Eyes were squinting and heads were tilting in discernment. Paint was being applied in thick strokes. Nine copies of Van Gogh's "Wheat field with cypresses" emerged to the delight of everyone present.

Painting Art History is a new workshop series offered by Durham Art School, one that is possibly unique in Canada. Students learn the methods and secrets of artists including Vincent Van Gogh or Tom Thomson by studying one of their paintings and then reproducing them as accurately as they can. Participants learn how these great artists composed their paintings: what pigments they used and how they chose their subjects. Copying masterworks is a time-honoured European approach to learning to paint.

Movie screens have been full of art-flicks lately, from *Mr Turner* to *Tim's Vermeer*, all exploring the deeper corners of the artist's mind

and creative process. Historical investigations like this can tell us a lot about the materials used and personal lives of famous artists and this informs our understanding of what made them remarkable.

So far, students have reconstructed paintings by Monet, Manet and Van Gogh. In March, participants will paint three works by the Canadian Group of Seven artists A.J. Casson, A.Y. Jackson and Tom Thomson. Teacher Rhonda Abrams is a painter, university instructor and art history lover. She designed these step-by-step courses to benefit absolute beginners to advanced painters. Everything needed is provided, including high quality artists' paint, brushes and wrapped canvas. At the end of each jam-packed two-hour session, students leave with their own carefully painted reproduction of a masterpiece and lots of insight into the art work. Call it "honouring the masters" or call it forgery, but it sure is fun. For more information, contact www.thecolourjar.ca or www.durhamartschool.com ■

THE EXTRAORDINARY TREE

CONNECTING TO THE ISLAND OF TREES

Stephen Hogbin

To understand a big subject like the forest, it helps to break it down into parts. It's a bit like telephone numbers which, when turned into an area code, exchange and personal number, become easier to comprehend. To understand the forest, I think of an individual tree, its immediate environment and where it's located in the bigger scheme of the forest. My observations may be less about the web of ecology and more about the sense of place. The tree is an introduction to the copse or grove. The grove is an island with its own unique character bringing greater mystery or understanding to the place. Whether we start with the area code, the path through the grove or the personal number of the tree we are beginning to dial the whole number to connect to the ecology of place.

The Bruce Peninsula is one of those islands albeit connected to the mainland. It has ancient cedar trees, unique orchids and many remarkable ferns. Travelling north on highway 6, Wiarton claims to be the Gateway to the Bruce Peninsula on the south end of town and, on the north, a large sign introduces you to Bruce Peninsula Biosphere Reserve.

In Japan, the Kii Peninsula is similar to the Bruce Peninsula; it also has large forests which were originally owned and operated by families. The economics of the Kii Peninsular forests were and still are vital to the survival of those families. Equally there are spiritual values found through the trees.

As an example most marriages take place in the spring which is also the time for tree planting. Tree growing and child-rearing are analogous according to the foresters of the Kii Peninsula. The story of the tree growing to maturity then being felled before becoming decrepit is essential to obtain a second life for the tree. The wood is in the service of the architect and home builder. The tree converted is married to its new life as a house beam and or furniture for the home. The felling of trees is a trans-formative act reaching towards "near-immortality." The life span of a tree is twice that of human life and so the tree planted today is for future generations and their homes. How long the wood house lasts depends on the care of the architect and builder; some of these wood buildings have lasted for a thousand years.

Trees of the Bruce Peninsula were mainly clear cut starting in the 1880s to support a major wood products industry. The second clearing happened from a great fire which occurred in the early 20th century. In the beginning, the best trees were taken leaving large amounts of slash or tree tops of no economic consequence on the forest floor. This resulted in a fire which swept across the peninsula with an intense heat. When a fire is too hot, it burns the seeds rather than opening them to regenerate the forest. By the 1920s the forests were essentially devastated on depleted thin soil on the dolomite bedrock. The forest will never be quite the



The Extraordinary Tree

same. Amazingly the forest regeneration is impressive and there are one-thousand-year-old cedars which escaped the fires and still cling to the escarpment face.

A little further south there is an island of trees saved by the Krug furniture manufacturer. Early in the firm's development they purchased large tracks of forest which were sustainably managed for over a century. One of their forests in Grey County, the *Kinghurst Nature Reserve*, has 200- and 300-year-old trees. It is a managed forest with many old trees which are close to but not original untouched old growth forest. A walk though the reserve is an inspiration of best practice and an early approach to sustainability.

Even a single mature tree in the backyard is valuable to hundreds of insects and many birds as well as the child who swings from it. A copse in an open space or a grove of trees in the bush will maintain many more species. The prevailing sentiment of the late 20th century was to care for these islands of trees. The task of the 21st century is to connect all these different islands together again, one tree and one island at a time in order to dial up the complete number and communicate with the full spectrum and complexity of nature. **¶**

Breakfast with LAURA ROBINSON

Support Freedom of Expression! Please come for a by-donation breakfast at the Ginger Press and celebrate the third anniversary of Laura Robinson's investigation of John Furlong, the former CEO of the 2010 Vancouver Olympics. It was March, 2012 when a First Nations man from Northern BC contacted Laura about Furlong's hidden past as a Catholic missionary. Since then dozens more have given Laura statements about Furlong's abuse of First Nation children. Laura continues to defend responsible journalism, fair comment, and an accurate telling of Canadian and First Nation history. She will update everyone on the case as she moves her defamation lawsuit against Furlong to a June 15 court date at the BC Supreme Court.

It's an expensive way to tell the truth. Laura and her husband John have spent \$250,000 in order to tell this story so, if you believe in this fundamental constitutional right, please join us at 8:00am on Friday, March 13 – there is nothing unlucky about the date – it's Laura's birthday! Phone The Ginger Press at (519) 376-4233 to reserve your place at the table. Seating is limited. **¶**



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NEW BOOK:

Poet Explores Owen Sound's Places and Past

Terry Burns

While Richard-Yves Sitoski's poetry has appeared in Canadian, American and British publications, *brownfields* is his first book. It is noteworthy not just for its groundedness in Owen Sound history and locales, but for the quality of the writing and the breadth of ideas expressed within it.

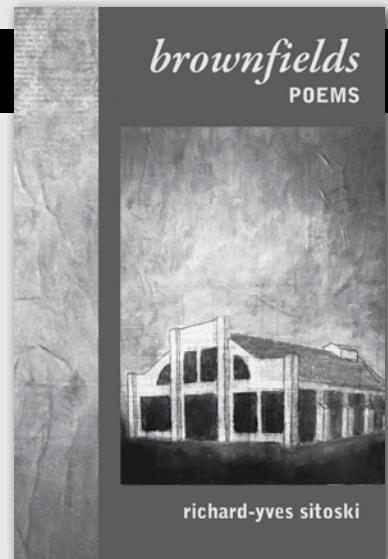
brownfields takes the phenomenon of abandoned industrial lots dotting urban landscapes as a jumping-off place for reflections on belonging, territoriality, colonialism, civic and personal responsibility, and marginalization, among many other things. The poems are alternately wry, witty, bemused, outraged, or wistful; and always intelligent. Sitoski has a background in history, and this shows in his choice of historical subjects and frequent references to historical events or personages.

brownfields bears comparisons with another Owen Sound poetry book, *Beyond Mudtown* by Rob Rolfe. Rolfe and Sitoski both find their inspiration in the history of the Owen Sound area as well as the city's past and present residents who face the challenges of poverty and hard physical labour. Rolfe in fact wrote the fine foreword to Sitoski's book. But Rolfe's own poems gleam like uncut gems: they are spare, minimal and compassionate, and owe much to a storytelling tradition. Sitoski's work, on the other hand, is polished and multi-faceted, and

the reader senses the presence of a keen observer of human folly and frailty, including his own.

A careful second reading of *brownfields* reveals an interesting theme not immediately evident at first glance. Brownfields, industrial sites which are contaminated with toxic chemicals, often lie vacant, inactive or stagnant for years, due to the cost involved in cleaning them up. This stillness at the heart of Sitoski's book is underscored by his frequent references to travel and movement: his characters explore, immigrate, go to and return from war, flee oppression, are forcibly relocated, or seek redress for wrongs in foreign lands. They travel by foot, by boat, and by (underground) railway; they walk on ancient and new paths, with the sound of traffic in the distance. The kinetic undercurrent of the work serves not only as a narrative device but also as a metaphor for the passage of time and the capacity of people to change.

brownfields (\$18.95) is available at The Ginger Press in downtown Owen Sound. **■**



16TH ANNUAL Vintners' Dinner & Wine Auction

David Adair

Ontario wines! What a name they are earning across the country and internationally. Don't miss this great opportunity to taste and learn more about the wonderful wines of the Niagara region. Wines from Rosewood Estates Winery and Hinterbrook Winery will be paired perfectly with a delicious dinner. Vintners will share the unique stories about their wines and vineyards.

This major fundraiser for the Georgian Bay Symphony on Saturday April 18 at the Stone Tree Golf & Fitness Club, will feature an amazing silent auction of more than 100 items, including wine tours, art, gifts and special wines unavailable anywhere else. Many wines from the Niagara region and Lake Erie North Shore will be up for auction. The live auction will also feature outstanding wines donated by local collectors and other special contributions. Tickets are \$120. Seating is limited. For tickets call GBS at (519) 372-0212. **■**

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April 2nd – May 10th

at the Southampton Art Gallery, in support of the Southampton Arts Society, Southampton Community Garden and the Salvation Army Food Bank

Generously supported by Eastlink

QUAYSIDE CHRONICLES

Paul Thomas



re-in-vent: change (something) so much that it appears to be entirely new

A reinvention of (fill in your own noun) offers us the chance for shaking up what we know for what we might wish for. Sometimes these changes come in waves, both on a personal scale and on a larger more community-sized scale. In my world of food, change is synonymous with life. Having finally come to grips with the notion of food as a foundation for many of my worldly views, it should come as no surprise that a reinvention is almost inevitable. Take over 25 years of cooking on Owen Sound's main street; celebrate this occasion with a recent publication (*MarketSide: From Our Kitchen to Yours*); mix in a dose of closing in on my sixth decade; then stand back as the wish list simmers away gaining unleashed potential.

What a difference a year can make! From where I sit now, my worldview (aka desktop) faces north. There is a river flowing freely on the west, neighbours to the north and, up the hill, an opportunity to cross-country ski on groomed trails in the winter and hike the Bruce Trail other times. To the east is a public tennis court and to the south is a government dock (quay) on Colpoys Bay. We live in a village now. We have neighbours. I would say we have community. While we are in the minority of folks who venture to work each day to make ends meet, the presence of retirees gives us hope of being able to live here happily for many years.

We are creating a new perspective from the grounds of a century old homestead. The Parke House, circa 1907, wears her test of time proudly. Can we reinvent our lived experience here in Colpoys for our next chapter? Reinvention can offer new packaging or applications of time-tested responses to living lightly here on our wee peninsula of earth.

The purpose of the *Chronicle* will be to offer a glimpse of the evolution of life for us here in the village. Inevitably there will be stories of the shenanigans of trying to carve out a living on the Bruce. Our commitment to MOSAIC, to you and all those who cross our path will be to continue on the traditions of the last quarter century at MarketSide: fine food from fresh local harvest. The learning curve is steep. Change will be constant. That's the wonder of reinvention. There will be

the creation of a whole new kitchen garden right outside the newly installed kitchen door. The vision is vast: the means... not so much. Balance of dreams and reality will persist. That's the beauty of reinvention. Modify and keep flexible. Join us for this new and exciting adventure.

Of course in the meanwhile, our focus continues on our culinary capers. Recently I had an exchange with a woman who asked if we had any yoghurt for her spanakopita. Alas we did not but what resulted was an exciting exchange on the foods she grew up with in the kitchen of her Macedonian grandmother. *Zelnik*, she described, is a medley of eggs, spinach, cabbage, leeks, meat, rice and *sirene* (white cheese). Feta offers a great alternative with its nice sharp bite. Any combination of these ingredients is wrapped in filo pastry and baked.

What? That's it? Where's the recipe? I'm a gardener, remember: plant seeds, grow hope. What I will share with you is a recent dinner we made for some friends on the theme of *zelnik*. I sautéed some onion, garlic and leeks until golden. I added finely chopped kale, mushrooms and minced sundried tomato and cooked it a few minutes longer. For a little protein I added some precooked quinoa. When it was cooled, I rolled out the filo, layering the sheets so they overlapped and measured about 20 inches long. I placed the medley along one edge of the filo and added dollops of goat cheese along the top. Then I rolled it up into a log and free-formed it on a parchment lined baking sheet. I buttered the layers of filo and the top and added some roasted chopped almonds for a little crunch. Next time I would sprinkle them between the layers of filo so they don't fall off. Bake for 25 minutes at 350 degrees and voila! I sliced it on the diagonal in generous portions and served it with braised red cabbage, some acorn squash, yoghurt, a simple salad and some fresh "rip it apart" focaccia. Not sure if this version would pass muster in Macedonia, but hey, we're on the reinvention theme, remember? As long as the intent is honourable, I think we're good to go. It's a perfect meal for late winter or, if we are to believe Willie, early spring. *Eet smakekijk!*

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MERRY LAUGHTER

Story/Photo Ted Shaw

A day in January. All the parking meters along the Veterans' Way in Owen Sound have happily hibernated below five feet of snow. The dog on top of the tree trunk near the Thomson Bridge was seeing it through yet another winter. With time, the dog is supposed to self-destruct and dissolve into the environment. But it does not appear to be in any hurry to do this. According to a report filed from a river watcher, "it sure is one tough little doggie."

Intending to make a visit to the Tom (the art gallery close by) I went up the steps and pressed the button to open the door. It did not open. Tried again, but no dice and the door remained shut. Then the penny dropped. This is Monday and the Galley is closed.

I turned around. And I was half-way down the steps when I heard the light and merry sound of laughter. This puzzled me. Insofar as I could see there was not a soul in sight. But then, of course! Here they are, the Children at Play, the very much loved polyester resin sculpture by Barry Shaw Rimmington. In this world of white, only two of the trio were visible. One of them called, "please take our photo – take our photo." More laughter. I fished the camera out from somewhere in my wind-breaker. A quick thought danced through my mind. It may be frozen. But here we are, on the threshold of this most prestigious Gallery of Art. So go with the flow. And then, if perchance there is a photo, it shall have the title Abstract. Merry Laughter. **M**



NEW BOOK:

SOUND SUCCESS: 75 Years of CFOS

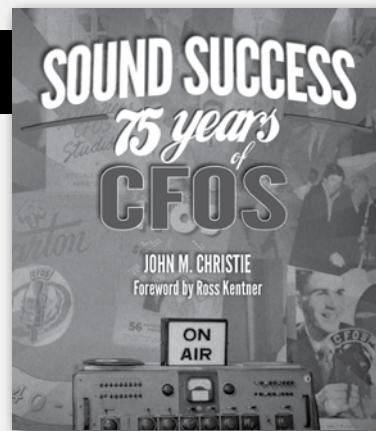
by John Christie,
Foreword by Ross Kentner

Since March 1, 1940, Owen Sound's CFOS has been broadcasting to listeners in Grey and Bruce counties and beyond. The impact of quick, shared access to information about fires, politics, sports and entertainment as well as the activities and people who make up this community, through CFOS was, and continues to be, significant. *Sound Success* tells the story of the remarkable broadcasters who brought the station into existence, kept it going in spite of challenges from TV, the internet and other innovations; and continue to provide listeners with "the oldies you want and the info you need."

Written by broadcaster John Christie, the book also includes contributions from ten other current and former broadcasters who reveal the joys and sorrows of what goes on behind the CFOS microphones. Many of their practical jokes are also revealed...who knew the radio station was filled with such pranksters? And ghosts?

Sound Success: 75 Years of CFOS is the story of one of the oldest privately owned AM radio stations in Canada. It chronicles the evolution of a tenacious local radio station which changed the way people learned about each other and what was going on around them.

Copies of *Sound Success* (\$24.95) are available from Bayshore Broadcasting as well as The Ginger Press and other local independent bookshops. **M**



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CELEBRATING CREATIVITY AND DEDICATION – the 2015 Owen Sound Cultural Awards

There were no red carpet, no paparazzi, and no embarrassing thank you speeches at the 6th Annual Owen Sound Cultural Awards Ceremony on February 15; just a roomful of the area's most creative and dedicated arts and heritage professionals and volunteers patting each other on the back for many jobs well done. The event was livened up with music by pianist Paul M. Benton and verse by Owen Sound Poet Laureate Terry Burns.

The jury appointed this year's Lifetime Achievement Award to an honorary Owen Sounder, retiring Georgian Bay Symphony musical director **John Barnum**. His commitment to excellence has seen subscriptions to the Symphony rise to record heights and he has created a legacy of professionalism within the musical ranks which will continue to be felt for years to come.

The only award with a cash prize included, Emerging Artist, is granted to an aspiring artist of any age in any discipline. This year the jury selected poet and author **Richard-Yves Sitoski**, whose first collection of poetry *brownfields* was recently published by The Ginger Press.

Other recipients included historian **Paula Niall** for Cultural Heritage; ceramic artist and photographer **Steve Irvine** for Outstanding Individual; **Fiddlefern Dancers** for Outstanding Group; the **Owen Sound Artists' Co-op** for Outstanding Event in recognition of its Legacy Workshop Series for young artists; and **Summerfolk** for Outstanding Festival. In the "Cultural Pillar" categories, Harmony Centre founders **Frank and Leigh Greaves** shared the Patron Award, while **Val Underwood** received the Volunteer Service award for her years of dedicated support to Grey Roots Museum and Owen Sound Little Theatre.

The Owen Sound Cultural Awards Ceremony and Reception took place on February 15 at the Bayshore Community Centre

Doug Cleverley



with over 100 people present to wish the nominees well and congratulate the winners. The City of Owen Sound thanks sponsors John A. Tamming Law, Meridian Credit Union, Bayshore Broadcasting, and the *Owen Sound Sun Times* for their support of the 2015 Cultural Awards.

For a complete list of award nominees and recipients please visit www.owensound.ca/cultural-awards. Nominations for the 2016 Cultural Awards will open in September 2015. Watch MOSAIC for an announcement, then show your support for Owen Sound culture by submitting a nomination or two. **M**



2015 Owen Sound Cultural Award Winners

JONATHAN BYRD AND THE PICKUP COWBOYS IN OWEN SOUND

Jim Ansell

The Bleeding Carrot in downtown Owen Sound is thrilled to present seventh-generation North Carolina singer-songwriter-guitarist Jonathan Byrd in concert with his ace "band," The Pickup Cowboys, on Saturday March 21 at 8:00 pm. Byrd is described by Tom Paxton as, "So deeply rooted in tradition, yet going his own way." His shows are musical theatre bringing together traditional songwriting, Southern storytelling and hot guitar picking. The *Chicago Tribune* says Jonathan Byrd is "one of the top 50 songwriters of the last 50 years." Tickets (\$20) are available now at The Bleeding Carrot (945 2nd Avenue East, Owen Sound) or call (519) 270-8510 to reserve. Limited seating. **M**



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Shall We Dance?

Kris Rosar

Dancers at afternoon workshop at annual Spring Fling Dance weekend" - © Will Henry

Let's declare 2015 the Year of Dance. It's certainly shaping up to be a big year for the Grey-Bruce region's contra dance community. Fiddlefern Country Dancers have launched weekly music sessions, and monthly dance calling and musician workshops, in addition to hosting their regular contra dances. As well, a six-day, spring contra dance celebration will take place April 28 through May 3 in Owen Sound and area. It's all in conjunction with the Country Dance and Song Society's 100th anniversary year in 2015.

Fiddlefern is one of just seven dance communities across Canada and the United States awarded a CDSS community residency as part of the centennial tour this year. The local contra dance group also received an outreach grant from the Community Foundation Grey-Bruce to help with new programming, to encourage broader participation, especially among youth, and to assist with launching the organization's website.

Fiddlefern initiated weekly open music sessions on Tuesday nights and monthly music and calling workshops with support from the Georgian Bay Folk Society. Through outreach volunteer musicians, a traditional music club for students in Meaford has been introduced. The goals of these activities are to raise awareness of traditional music and dance and to encourage participation. The weekly participatory traditional tune sessions, which started mid-January at The Harmony Centre in Owen Sound, have brought out twenty to thirty enthusiastic participants to learn to play traditional music. Each week, there is a teaching/learning component, followed by a social trad tune session to share music. The monthly half-day music and dance calling workshops, which began in early February, will continue in March and April. These workshops are geared to aspiring dance musicians, dance callers and dancers. The musicians' workshops focus on melody, rhythm, drive and technique to achieve lift-off in dance situations.

Plan to join the Fiddlefern Country Dancers for six days of dances, dance and music workshops, and related school and community social events in Owen Sound, Meaford and Durham from April 28 through May 3. Take part in workshops for callers, musicians and dancers, as well as evening dances. CDSS touring musicians include Sam Bartlett (Notorious, former member of Wild Asparagus), Ben Smith (The Mean Lids), and Eric Schedler (The Cosmic Otters) and caller Louie Cromartie who will be working with elementary and secondary school students during the day as well as leading evening workshops for musicians, callers, and teachers. On Thursday, April 30, Fiddlefern Country Dancers celebrate "Back to Our Roots Day," commemorating 25 years of contra dancing in this region at the Durham Town Hall, where there will be a special tribute to late caller and driving spirit **Bettle Liota** and a reunion of the **Glenelg Full Moon Country Dance Band**. For details on events, times and locations, visit Fiddlefern Country Dancers at www.fiddlefern.ca or (519) 372-9151. **■**



Above: Basket circle formation at afternoon workshop at annual Spring Fling Dance weekend" - © Will Henry



Banner by artist and musician Frank Francalanza" - © Will Henry

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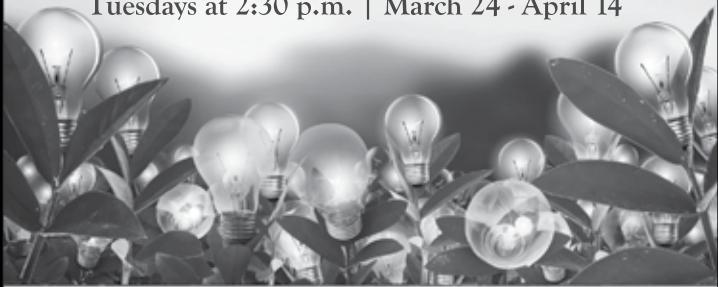
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