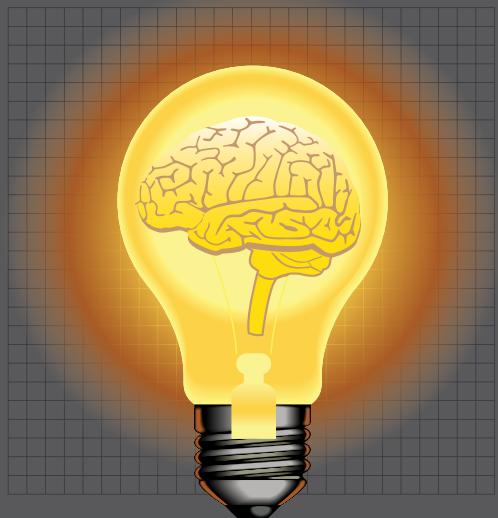


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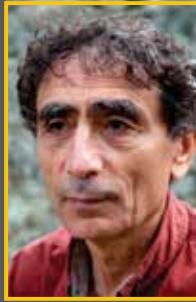
ARTS, ENTERTAINMENT & LIFESTYLE
IN GREY-BRUCE

MOSAIC

MAY 2014
VOL. 21 NO. 8



Mind-Body Approaches to Addiction Recovery



Dr. Gabor Maté
June 1, 2014
Owen Sound ON

Hours: 8:00 a.m. - 4:00 p.m.

Cost: \$300 + HST

Groups of Five or more people can attend at 1/2 price

\$150.00 + HST per person

Student Rate \$75 per person

Dr. Maté presents:

- the biological, psychological, social and spiritual causes of addiction
- circumstances in child development and brain development that make us vulnerable to addiction
- exploring the problems that addictions are trying to solve
- the link between stress and addiction
- experiential exercises to explore our own unhealthy habits
- novel ways of working with addicted clients or ourselves
- counseling techniques to use with the addicted population
- one-on-one healing interactions with course participants

"The Beyond Addiction Kundalini Course brought light back into my life, and gave me hope when I was hopeless and life-long tools I can use to live by and continue growing with to become a better person and want to live."

- IM

Harmony Centre, 890 4th Ave. E., Owen Sound, Ontario

To register and for more information please contact **519-372-9212**
satdharamkaur@gmail.com | www.beyondaddiction.ca

Grey Bruce Pride

Joan Beecroft

Please consider this your invitation to join us as we mark the 10th year of Pride in Grey Bruce.

This is a celebration for all those who identify as lesbian, gay, bisexual, transgender, and queer, and our allies. There are many events to enjoy: **Who Do You Think You Are?**, a series of mask-painting workshops which will culminate in a show at the Tom Thomson Art Gallery; **Pride Party** hosted by Mudtown Music on Friday June 13 at Kathmandu Restaurant in downtown Owen Sound, age of majority event; concert with Big Love and barbecue at Harrison Park in Owen Sound, Saturday June 14 at 4:00 pm (family friendly entertainment with kids' activities too); and **Awaiting Atwood**: a screening of this movie which was partly filmed in Owen Sound. Come and spot Mayor Deb Haswell and other locals as they take to the screen at the Roxy Theatre in Owen Sound at 1:00 pm, followed by a discussion with film-maker and director Beth Mairs.

There is no charge for any of these events. If you would like to donate to Grey Bruce Pride, you can do so via United Way Bruce Grey at this website: unitedwayofbrucegrey.com Navigate to Donate Now, then at the pull-down Fund Designation menu choose Pride Grey Bruce. Tax receipts will be issued.

¶

FOR SALE

58 Ice Hut Lane,
South Bruce Peninsula



Spectacular opportunity to experience the Fishing Islands, between Oliphant and Red Bay, from your front door! Whether you swim, kite, kayak, hike, bike or enjoy lounging on the decks, it's all here. Check out this four season 20 year old Viceroy home situated on a quiet, dead end road on Lake Huron.

Contemporary two-storey interior features open-concept kitchen, dining and living area with solid glass west wall and cathedral ceiling. With four bedrooms (three up and one on ground floor) two full baths, infrared sauna, large activity room for ping-pong, workout or projects with cozy propane stove and a handy workshop, there is lots of flexibility. Decks on both front (west) and back (east) designed to maximize views and sunshine. Outside features a large organic garden, patio, designer-built bunkie with sleeping loft, and storage shed for boats, tools and toys. Recent updates include installation of lifetime warranty double-glazed windows, fully insulated and finished ground floor, wood-burning stove, new kitchen sink and counters and heated tile flooring in both bathrooms. Ready to move in, put your feet up and enjoy the view in time for summer!



Dawn-Lee McKenzie

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The Vanishing Mural

story/photo Ted Shaw

This mural is on the wall above the Salvation Army Thrift Store in Owen Sound. It is 28 feet long by 8 feet, and was created by Canadian artist Robert Markle in 1987. It portrayed a dazzling blue sea of colour, with paddle steamers and a community of whimsical people of all ages floating through the air with wild abandon of delight. When Markle sought help from the local community to complete the painting of this mural, there was as an enthusiastic response from adults. And children.

But today, the happy scenario of colour and expressionist imagery has vanished from the Mural. Bleached by the weathering of hot summers and cold winters, all that remains to be seen is the lone survivor of the whimsical people.

In a recent discussion about the Mural with long time resident Peter Lemon, he said, "it was the first one!" Twenty-seven years later, a new explosion of Murals is now taking place in Owen Sound. The Roxy Mural is done. And Art in the Bleeding Carrot Alley. Outside, at the Metis Nation of Ontario. And another large Mural is planned for this summer in the downtown core.

Owen Sound is well on the way to becoming the Murals Capital of Ontario! And while all this is going on, if you listen carefully, you will hear the voice of the lone survivor from over at the Vanishing Mural: "Hi, all you out there. What about us? This Mural wants an over-painting!" ¶

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Himalayan Salt from Allenford

Peruvian Maca, from Orangeville

GIDDY YONG

Hawberry Jelly from Manitoulin

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Just a few of the exotic delights found at the Owen Sound 100 Mile Store

299 10th Street East

As well as local meat & produce

The Bean ladies

All Buff no fluff, bison snack from Shallow Lake

Fair Trade coffee from Paisley

Drop in over the May Long Weekend Friday 16th & Saturday 17th for samples and tastings

BACK EDDIES

Megan's Gluten Free Gourmet Specialty Baking

MOSAIC

Arts, Entertainment & Lifestyle

May 2014

Vol. 21 No. 8

MOSAIC

A composition created by inlaying various sizes of like pieces so as to form one picture.

Established in 1993

MOSAIC is the only publication in Grey-Bruce dedicated 100% to encouraging and supporting the arts and entertainment specifically in the Grey-Bruce area.

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Copies of MOSAIC are delivered free of charge to the general public at specific drop-off stops in Grey and Bruce from Tobermory in the North, Kincardine in the West, Mount Forest in the South to Collingwood in the East and many places outside of this area.

We welcome your letters and suggestions as your opinions are important to us and help us better understand what you desire to see and read in MOSAIC.

Submissions should be sent to:
editor@greybrucemosaic.ca

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Issue	Deadline
March	February 10
April	March 10
May	April 10
June	May 10
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August	July 10
September	August 10
October	September 10
November/December	October 10

From My Desk

by Maryann Thomas

It's happening. Can you hear it? Not the spring peepers. Not the robins. Not the crows or the gulls. It's the sound of typewriters clickety-clacking across the region. Judging by the number of calls and emails I've received recently, I have to assume that many Grey-Brucers spent those long winter nights writing their opuses. And now, like the crocuses and the wild leeks and the rhubarb, they're starting to show themselves. Writers' groups are burbling up all over the place - morning groups, lunchtime groups, evening groups, weekend groups...writers are gathering to share the joys and sufferings of trying to capture their experiences on the page. Manuscripts are being submitted. Articles for MOSAIC are filling our pages. And, from where I sit, that's a good thing. The act of writing surely enriches the act of reading and, of course, the act of reading surely enriches the joy of living. So, along with all those other signs of spring, enjoy the words gathered here in MOSAIC to enhance your creative community experience. And your friends and neighbours are waiting for you at the many fine local concerts, galleries, cafes and, of course, bookshops. Read all about it!

Maryann

BEYOND ADDICTION

Sat Dharam Kaur, ND

Over the last several years, I have been privileged to witness dozens of individuals overcome addictive behaviours and substance abuse using yoga, meditation and natural therapies. Addiction can be a difficult process to break through, but success is easier with a structured program and a supportive group. The Beyond Addiction program is comprised of 16 modules that gently guide an individual to make changes in the way they think, process emotions, eat, and go through their day so that a new identity is nurtured physically, emotionally and spiritually. The program is offered as a weekly class at Trillium Healing Arts, can be taken online in the comfort of your own home (next program begins May 6), or can be experienced in a nine-day immersion format May 12-20 in Owen Sound. The May immersion program has attracted participants from as far afield as Switzerland, Thailand, Los Angeles and Vancouver, and is quickly filling up.

On June 1 we will be bringing Dr. Gabor Maté to Owen Sound to deliver the workshop, **Mind-Body Approaches to Addiction Recovery** at the Harmony Centre from 8am to 4pm. Dr. Maté is an internationally recognized Vancouver physician, public speaker and author of a best-selling book about addiction called *In the Realm of Hungry Ghosts*. He co-taught the Beyond Addiction program with me in Toronto in 2013 and Vancouver in 2012. It will be exciting to have him interact with the community in Owen Sound. He is a spectacular speaker - I hope you can join us. Call for group or student rates; subsidies are available. For more information see www.beyondaddiction.ca. To enquire or enroll in any of these programs, contact me at 519 372-9212 or satdharamkaur@gmail.com. 

BEHIND THE CURTAIN at Meaford Hall

Alexandra Riccio

April was a whirlwind! Sold-out shows, new staff members and the launch of the new Tourist Information Services Centre (now located next to our Box Office) made the month fly by. Far from being able to catch our breath, we are bracing ourselves for an equally busy May – two theatre premiers, the popular Georgian Bay Idol finale, the first dance recitals of the season and a hilarious one-woman comedy will all cross our stage in the upcoming weeks.

May starts with the new play *Mennonite Cobbler*, with performances on 2, 3 and 4. An original work by Kenneth David Brubacher, the show is a light-hearted look at ‘how a man in black came to wield a funny-looking hammer.’ Expect laughter and support a good cause: all proceeds from the \$30 tickets will go directly to the food bank.

Next up will be the first-ever theatrical adaptation of the beloved children’s classic *Beautiful Joe* (novel by Margaret Marshall Saunders, play by Michael O’Brien). Performances take place from May 14 to 17, with tickets priced at \$11.50 for students and \$26.50 for adults. Heartwarming and funny, this one is for the whole family.

Suddenly Mommy will finish off the month with a fresh night of comedy, taking the audience through every parent’s experience of good times, bad advice, and trying to do it all! The show hits the stage on Saturday, May 24, with \$28 tickets. Groups of 6 or more are eligible for a 15% discount, so it’s perfect for an adult playdate.

As always, Meaford Hall staff are happy to answer questions, take requests and book your tickets. Call 1-877-538-0463 to reach the Box Office or visit us online at meafordhall.ca. 

EARTH AND SPIRIT DOLL WORKSHOPS

Ruth MacLean

In our workshop, each person creates a unique doll. A cloth shape is cut and hand-sewn, stuffed and brought to life. Clothing is made from fabric and hand-made felt. Bring your own special items and something from nature to include in your doll.

My work is about awakening the earth spirit within us. I dye and spin and felt wool and other fibers. My dolls are ‘little people,’ filled with living energy from plants, animals, feathers and stones.

This two-day workshop will take place 9:30 to 4:30 on June 14-15 at Bruce Beach, near Kincardine on beautiful Lake Huron. Class size is limited so register early to guarantee your place. Registration is \$190 which includes lunch both days and supplies. Bed and breakfast is available for \$25 per night. For more information, contact Ruth at 519-396-4515 or 395-5163 or ruthmaclean2004@yahoo.ca. 

Collingwood Defeat Depression RUN OR WALK

Amanda den Bok

Join community organizers and Mood Disorders Society of Canada for our 3rd Annual Defeat Depression Run or Walk to help raise awareness about depression and raise funds to support our community mental health programs. The event will take place from 1:00 pm to 4:00 pm on Sunday May 25 from Harbourview Park in Collingwood.

For more information and to register, contact <http://mdsc.akaraisin.com/Collingwood2014> or collingwood@defeatdepression.ca or 705.826.0650.

The Wayfaring Artist

Shauna Earle

You enter the forest at the darkest point, where there is no path...If you follow someone else's way, you are not going to realize your potential. — Joseph Campbell

We each find our way by exploring. The artist is the wayfarer, exploring and discovering across space and time in an attempt to make art in new ways. Always restless to create new relationships between things, we reinvent and reaffirm our own understanding of our selves. Travel and Place have often been the inspiration for many artists throughout time. Physical travel creates the awareness that we are a part of a larger whole, rather than the whole part of an experience. The new experiences and environments that we discover not only reveal the world to us, but inevitably lead to self awareness as we place ourselves and our perceptions into these different backdrops. This exhibition displays our finds.

The Grey Highlands Artists’ Circle (GHAC), formed in March 2008, is a group of three rural women whose members are **Carol Binns-Wood**, **Melanie Earle** and **Shauna Earle**. Functioning like a gallery they have a curatorial policy that focuses on issues and ideas that interest them as artists. They also offer opportunities to emerging and established artists to show their work under an ‘idea umbrella’ and occasionally invite guest curators to collaborate on projects. The Wayfaring Artist-Discovering Our Own Path is GHAC’s fourth show and will include guest artist Susette Godin. Past shows include Autopoiesis-Self Creation, Raising Shakti Restoring Balance and Eat Me, Drink Me, Love Me: Art About Food. This new exhibition of art will be held at the Santa Fe Gallery in Owen Sound (828 3rd Ave East). The Opening Reception is on Saturday May 24, 2:00-4:00 pm. The show will run until June 13. For more information about GHAC, please visit our website: www.greyhighlandsac.ca. 



TOM THOMSON ART GALLERY

Exhibitions
Until May 25, 2014
Convergence 50th Juried Exhibition
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Look What We Have!
The Many Faces of the Gallery

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May 30 to September 14, 2014
Opening May 30 from 7-9pm
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Ann Marie Hadcock: The Homefront
Into the Woods

Ongoing
Canadian Spirit:
The Tom Thomson Experience

Events
Gallery Night at the Movies
The Lunchbox
Doors Open
May 31-June 1

www.tomthomson.org

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COMITÉ DES ARTS DE L'ONTARIO

 owen sound

 Canada Council
du Conseil des arts du Canada

 Bruce Power





KINCARDINE SUMMER MUSIC FESTIVAL

www.ksmf.ca

Deborah Schnarr

Kincardine Summer Music Festival Jazz Faculty members Mike Rud and Mike Downes won the **Vocal Jazz Album of the Year** and **Traditional Jazz Album of the Year** at the 2014 JUNO Awards in Winnipeg Manitoba. Montreal guitarist/composer/lyricist Mike Rud has been performing at jazz clubs and festivals in virtually all major Canadian centres since 1986. He has shared the stage with jazz luminaries including Herb Ellis, Kenny Wheeler and Randy Brecker. **Mike Downes** is a bass player and composer whose extensive discography exemplifies his imposing talents as a bassist, composer, and arranger. *Ripple Effect*, which won in the Traditional Jazz Album of the Year Category, is his fifth recording as leader. Now based in Toronto, Mike completed his undergraduate music degree at McGill and was a regular on Montreal's



Mike Downes

jazz circuit before leaving for Ontario in 1990.

KSMF special guest artist **Terrell Stafford** is a professional jazz trumpet player. He is current Director of Jazz Studies at Temple University. Hailed as "one of the great players of our time, a fabulous trumpet player" by piano legend McCoy Tyner, Terrell is known for being a gifted and versatile player with a voice all his own. As a sideman Stafford has been heard on over 90 albums.

For more information on artists and classes, visit www.ksmf.ca. **¶**

ONE WORLD Festival

On Friday, May 23, the fourth annual Grey Bruce One World Festival will be held in the Market Square in Downtown Owen Sound featuring daytime activities and an evening concert. The Festival is the culmination of a month-long celebration of diversity throughout Grey and Bruce Counties. Discover the talents and abilities of your neighbours - through performances by local singers, schoolchildren, drama students, dancers, drummers, storytellers, musicians and puppeteers - and presentations by an array of area agencies, and cultural, faith and social-justice groups. Children can dive into our kids' crafts and activities, too. For more information, visit www.greybruceoneworldfestival.org. **¶**



HARBOUR NIGHTS Concert Series

The Finest Music Around the Sound

JUNE 8

AXEMAN SUMMIT II

Kick-off fundraising concert at the Legion Auditorium

Tickets \$15 at the door or PWYC

JUNE 22

ERIN McCALLUM

JUNE 29

SAMANTHA MARTIN
& DELTA SUGAR

Weekly on Sundays to August 10

All Concerts 7 p.m.

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Free Admission – Donations Welcome

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Bring your own lawn chair

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Samantha Martin



owen sound
where you want to live

THE OWEN SOUND ARTISTS' CO-OP WELCOMES

Art and Craft Legacy Show V MAY

JURIED EXHIBIT OF WORK
FROM SENIOR SECONDARY STUDENTS
FROM GREY AND BRUCE COUNTIES

OPENING CELEBRATION AND AWARDS CEREMONY

SUNDAY, MAY 11th, 2 pm to 4 pm

279 10th Street East, Owen Sound
www.osartistsco-op.com



UPDATE: Owen Sound Artists' Co-operative

by Morag Budgen.....



Big, happy sigh...everyone around Grey Bruce can now think about travelling without worrying about winter storms! The majority of our members at the Artists' Co-op live in the wilds of Grey Bruce and this winter has played havoc on their scheduled commitments in the store. With a deep breath, we can revel in this glorious time of year with its sense of renewal, and just plain better weather. Like the hibernating animal, our artists' community is peeking out the studio door, stretching in the sun and embracing its warmth on our pale faces and limbs. (Be safe, do not feed the artists.)

One of our newest members, Ofra Svorai, has a healthy hike in from Beaver Valley to meet her monthly shift quota. Ofra is a full time artist who moved to Canada from Israel in 1973. She has always been surrounded and inspired by nature and her paintings represent an appreciation for the beauty around Georgian Bay and the Beaver Valley.

Ofra is recognized for her paintings on silk using dyes and resist, but has recently begun painting large oils, allowing for a new direction of creativity and expression.

The Legacy Gallery will be holding its Annual Arts and Crafts Legacy Show V this month. This popular juried show, supported by The Ontario Trillium Foundation, allows senior students in Grey and Bruce secondary schools to exhibit their work in a gallery setting. It is a perfect opportunity for the rest of us to see into the creative minds of our youth. An opening celebration and awards ceremony will be held on Sunday, May 11 from 2 pm to 4 pm at the Co-op. Consider this your invitation!

As always, we welcome a local artist in our Guest Artist program. This month, Suzette Terry from Meaford will exhibit her paintings for the month of May. Suzette's work is colourful, playful, and sometimes emotional, com-



Bliss by Ofra Svorai, Dyes on Silk

plementing the great array of members work displayed on the many walls of the Co-op.

The Owen Sound Artists' Co-op is open Monday to Saturday, 9:30 and to 5:30 pm. Artist always on duty! ☺

The Huron Fringe Birding Festival

Ed Nonni

Recognized as one of the Top 100 Festivals in Ontario, this Festival takes its name from the Lake Huron bird migration corridor along the Bruce Peninsula known as the Huron Fringe. The region has one of the most diverse numbers of nesting bird species in southern Ontario. One of a very few signature nature festivals in Ontario, the Festival, which takes place in MacGregor Point Park, has grown over 16 years to offer birders, naturalists and photographers over 80 unique programs to explore in early spring. It also showcases the unique botanical and landform features of the park and the nearby Bruce Peninsula. The Bruce Birding Club provides leadership expertise for the Festival; presenters and hike leaders have strong local connec-

tions giving participants a quality experience.

Participants with all levels of interest and skill attend for birding and to explore insects, wildflowers and landforms using an appealing variety of programs including day and night hikes/field trips, workshops and nature photography as well as evening programs. Field trips help participants explore the rich and interesting environment beyond the park.

Programs are kept small ensuring a high degree of interaction with leaders and other group members. The HFBF takes place May 24 to May 26 and May 29 to June 1. For more information and to register go to www.friendsofmacgregor.com. ☺

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The Wayfaring Artist
discovering our own path
Shauna Earle, Carol Binns Wood, Melanie Earle, Susette Godin
Friday May 23 - June 13, 2014
opening reception Saturday May 24, 1-4 pm
Santa Fe Gallery
121 3rd Ave East, Owen Sound
Monday - Friday 9-1, Saturday 9-12, by appointment 519 771 8218

The Wayfaring Artist
discovering our own path
@ Santa Fe Gallery
828, 3rd Ave East, Owen Sound
Shauna Earle, Carol Binns Wood,
Melanie Earle, Susette Godin.
Friday May 23 - June 13, 2014
opening reception
Saturday May 24, 2-4 pm

MUDTOWN MUSIC & ARTS FESTIVAL

Josh Richardson

The Mudtown Music & Arts Festival is pleased to announce its 2014 lineup featuring Thee Silver Mount Zion Memorial Orchestra, Yamantaka // Sonic

Titan, Odonis Odonis, Mahogany Frog, Bry Webb, Michael Feurstack, The Beverlys, Crosss, BA Johnston, Gregory Pepper & his Problems, Alana Gurr, Beau, Exit 2012, What Seas What Shores, James OL & the Villains, Megan Hamilton, Middle Sister, the Electric Environment, the Davids, & more. The festival takes place in downtown Owen Sound on the weekend of August 8th & 9th. Advance Weekend Passes and individual Friday or Saturday passes are now on sale online at www.mudtownfestival.com, by phoning toll free 1-888-446-7699, or visiting the Roxy Theatre Owen Sound box office. Regular Price Passes go on sale **July 1st at 10am**. Age and capacity restrictions may apply. Performers and scheduling may be subject to change. Camping sites at the Harrison Park Campground will be available starting **Thursday, May 1st, 2014 at 8am** on a first call, first served basis, by calling (519) 371-9734. The Mudtown Music & Arts Festival is a two day, multi-venue independent festival happening annually on the second weekend of August in Owen Sound on the fresh-water shores of Georgian Bay. It brings cosmopolitan programming to a small town setting, hosting a variety of events in historic buildings, theatres, restaurants, parks and outdoor markets. Mudtown has played host to the brightest lights in Canadian popular and alternative music from Montreal synth-pop heroes Stars and Juno Award winning 'death country' trio Elliott Brood to sonic shredders PS I Love You and feministing cover band VAG HALEN. **¶**



Bye Bye Birdie

Margaret Poste

Originally titled Let's Go Steady, this satire on American society is set in 1958 will be staged by the Hanover Community Players. The name "Conrad Birdie" is a play on the name Conway Twitty, a popular singer at the time, and the character is also based on Elvis Presley, whose draft into the army shortly before this musical was written, inspired a plot element.

The area volunteer cast features Kevin MacGregor, Jessica Maase, Sarah Kehn, Stephen Ferguson, Shannon Loder, Zacharie Maase, Samantha Glasier, Nathan Groot Nibbelink, Isaiah Rogan and Ashley Magwood. Local talented musicians are also volunteering in the pit band. Approximately 20 additional singer/actors and a production team of more than 15 help to bring the show to life.

Bye Bye Birdie will run May 22, 23, 24, 30 and 31 at 7:30 pm and June 1 at 2:00 pm at the Hanover Civic Theatre. For further information and tickets, contact the box office at (519) 506-6902 or www.hanovercommunityplayers.ca **¶**

THE HISTORIC ROXY
Owen Sound Little Theatre

AN OWEN SOUND LITTLE THEATRE PRODUCTION

18 Wheels
May 28-31, June 4-7

A musical by John Gray, Golden Globe winner & writer of *Billy Bishop Goes to War*

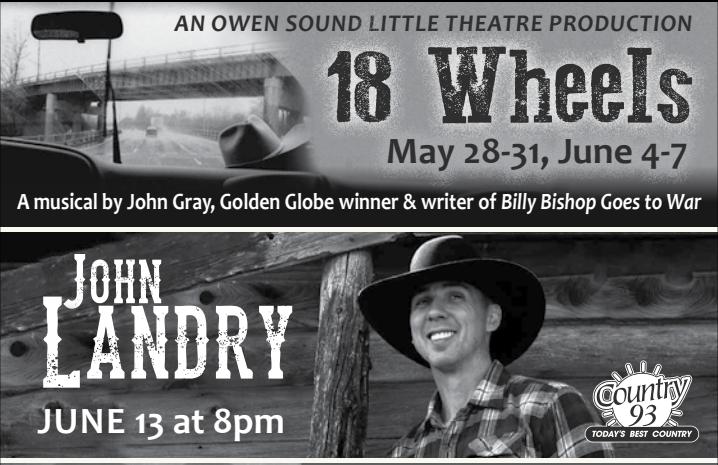
JOHN LANDRY
JUNE 13 at 8pm

**LIKE FATHER, LIKE SON?
SORRY.**
June 15 at 7:30pm (Father's Day)

*One man's hilarious exploration
of the terrors of fatherhood*

2014/15 OSLT playbill on sale in May.
Early bird prices in effect until July 2nd.

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251 9th Street East
Owen Sound • ON



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Open May 17 until September 1, 2014

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MISSION TO THE ABYSS

John Hancock Financial Services

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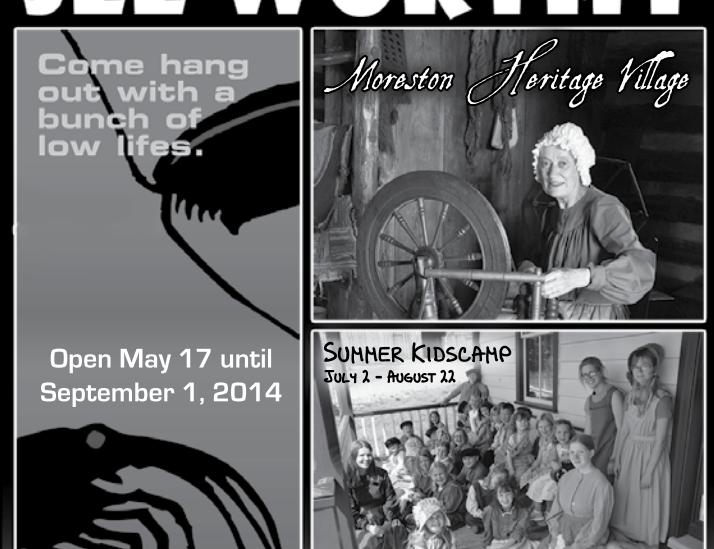
Summer hours:
10 a.m. - 5 p.m. everyday

Winter hours:
10 a.m. - 5 p.m. Tues - Sat

Heritage Village:
Daily June 28 - Sept 1, 2014

102599 Grey Road 18, Owen Sound
519-376-3690 | www.greyroots.com

GREY ROOTS MUSEUM & ARCHIVES



How to Save the World in a Hurry

Don Willmott

Metta Spencer, Ph.D. will give a talk titled How to Save the World in a Hurry at the Public Library in Owen Sound, Monday, May 26, 7-9 pm. She is an internationally renowned sociology professor, researcher, analyst, writer and public speaker. Her popular *Introductory Sociology* textbook has been published in nine editions. In 1985 she established *Peace Magazine* with help from like-minded friends. Spencer is still its editor; she has written many insightful articles and editorials and filled its pages with writings by well-informed authors from many countries and fields.

Motivated by a passion to do what she can to bring peace to the world, she has delved deeply into the social and political processes crucial to war and peace. In this pursuit, Dr. Spencer has become known for balanced, unprejudiced research. She has done personal interviews with knowledgeable and involved people on all sides of international conflicts. Europe, Africa, South America, the Soviet Union (Russia) and Central Asia have all been areas where she has engaged in person-to-person interviews.

Of special interest to us now are the insights in her 2011 book, *The Russian Quest for Peace and Democracy*. For this book she spent 28 years interviewing Russian people both in and out of power and influence (1982-2010). Dr. Spencer's broad scholarship and experience have led to insights not only about present-day Russia, but also into the "Arab Spring" the Syrian conflict, and much, much else.

The event is sponsored by Peace and Justice Grey Bruce, a non-partisan group of interested volunteers.

Don Willmott is a retired Sociology professor who has lived in Owen Sound for 20 years. He has known Dr. Spencer for many years both as a professional colleague and as a Board Member and volunteer with Peace Magazine.

MANUSCRIPTS WANTED ON FAMILY FARMING

Anne Judd

Designated by the United Nations as International Year of Family Farming, 2014 also marks the Twentieth Anniversary of The Brucedale Press. This small independent press, which brought readers such rural heritage books as *Barns of the Queen's Bush*, *Even Cows Go to Heaven*, *Thirty Years on Call*, *Why Not?* and *Harvest Dust* now seeks contributions for a collection from family farms to be released this fall.

Writers must live (or have lived) on family-operated farms in Bruce, Grey or Huron counties. Stories may be historical, humorous, reminiscent or analytical. Writers can tell the heritage of their family farm, share special memories, and/or discuss challenges or changes that have affected family and farm. They might relate roles played in shaping such organizations as co-operatives, commodity groups, Women's Institutes, or present a story of a family farmer that non-farmers should know about.

The UN Food and Agriculture Organization says, "Family farming is a means of organizing agricultural, forestry, fisheries, pastoral and aquaculture production which is managed and operated by a family and predominantly reliant on family labour, including both women's and men's."

Manuscripts must arrive at The Brucedale Press on or before May 31, 2014. The offering must be original, unpublished work of the author(s)-family collaborative writing or by one person alone. Full guidelines are available by e-mailing info@brucedalepress.ca. Manuscript copies must arrive by Canada Post to Family Farming, The Brucedale Press, Box 2259, Port Elgin, Ontario N0H 2C0. **ℳ**

Successful Search for Local Artists' Work

Alexandra Riccio

A retrospective exhibit of works by two late Meaford artists will open at Meaford Hall with an evening reception on June 5th and will run for two months until July 30th. This exhibit has become somewhat of a collaborative community project. Last year a committee jointly sponsored by Meaford Hall and the Meaford Museum announced it was interested in mounting an exhibition of the work of Chuck and Margot Finley. The

committee hoped to mount the retrospective in the galleries of Meaford Hall in the summer of 2014 and asked that people owning their art contact the committee.

Impressed by the extent of community response to the appeal, the committee looked at over 250 oils and watercolours by the Finleys. Committee chair Jack Morgan pointed out that obviously the couple's work had been very popular and much of it had stayed in the community or was owned

by friends and relatives with ongoing ties to Meaford. He added that the careers of the two artists spanned much of the 20th century and that this retrospective exhibit would attempt to document some small part of that history as reflected in the lives of the artists.

For more information, please contact The Finley Retrospective Committee via Meaford Hall at 519.538.0463 x1203 or ariccio@meaford.ca. **ℳ**



David Huntley
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In the summer of 1985, deep-sea explorer Robert Ballard was aboard the vessel *Knorr* using side scan sonar to search for the wreck of the *Titanic*. This trip was secretly financed by the US Navy for reconnaissance of the wreckage of two nuclear-powered submarines, the *USS Scorpion* and the *USS Thresher* and not for *Titanic*. The Navy agreed it would finance Ballard's *Titanic* search only if he first searched for and investigated the two sunken submarines and whether their radioactivity was impacting the environment. Ballard was placed on temporary active naval duty and, once the mission was completed, Ballard was free to hunt for the *Titanic*. Ballard and his team discovered the subs had imploded from the immense pressure at depth and the implosion littered debris over the ocean floor. It was this trail of debris that led Ballard and made it significantly easier for them to locate the submarines. Using that lesson, Ballard and his team had the ROV *Argo*, sweep across the ocean floor looking for *Titanic*'s debris trail.

In the early morning hours of September 1, 1985, observers noted pockmarks on the otherwise smooth ocean floor. Eventually, debris was sighted, then a boiler and, soon after that, the hull was found. Robert Ballard originally planned to keep *Titanic*'s location a secret. He considered the site a cemetery, and refused to desecrate it by removing artefacts from the wreck. In July 1986, Ballard and his team returned and produced the first detailed records of the wreck site. While Robert Ballard is best known for his explorations of the sunken *RMS Titanic*, the *Lusitania* and the German battleship, *Bismarck*, during his career he has conducted more than 120 deep-sea expeditions, including the discovery of hydrothermal vents in the mid-1970s and was instrumental in the development of Woods Hole Oceanographic Institution.

The exhibit, *EXTREME DEEP: Mission to the Abyss*, opening May 17 until September 1, offers hands-on exploration of life at the bottom of the sea. Presented by Evergreen Exhibitions in collaboration with Woods Hole Oceanographic Institution, *EXTREME DEEP* is an interactive exhibit that highlights the adventure of deep-sea exploration and discovery, including newly discovered life forms, thermal vents, close-up views of deep-sea research submersibles; shipwrecks, including *RMS Titanic*, are among the attractions in this deep-sea adventure. Visitors will observe firsthand the technology which has allowed men and women to travel to the ocean floor. They can fly a remotely operated vehicle over a model of the *Titanic*'s deck and test their skill at manipulating Alvin's robotic arm by picking up lava rocks and clams from the sea floor while peering through a recreation of Alvin's four-inch viewport window.

The Legacy Project, also opening May 17 until September 1, is a sculptural installation

promoting environmental responsibility. It consists of a life-sized, 25-foot long killer whale skeleton sculpted entirely from reclaimed cedar and suspended above the audience. By following the link from wood to whale, *Legacy* explores the impact of environmental exploitation on fragile and interconnected ecosystems. It challenges the audience to question society's current policy of economic development at all costs and to explore the information surrounding these environmental issues.

Join experts from the Bluewater Astronomical Society at dusk on May 9 for some heavenly views under one of the last truly dark sky locations in Ontario. The *Public Night Sky Viewing* will be held outside of Grey Roots in the parking lot. The event is free and weather dependent with a crescent moon to view along with at least two good planets (usually more) as the sky darkens.

You know summer is on its way when the Bluewater Region of the Antique and Classic Car Club of Canada (ACCCC) holds its *Annual Car Inspection* at the Bluewater Garage in Moreston Heritage Village. The inspection on May 10 from 8:15 a.m. to noon is a chance for Bluewater members to have a look under the hood and inspect the undercarriage of their cars in the garage. This event is open to public viewing, but only Bluewater members' cars will be inspected.

Parents looking for a fun and educational summer camp should register now for *Summer KidsCamp*. Weekly topics are: July 2-4 – *Dinosaurs*; July 7-11 – *Under the Sea*; July 14-18 – *Food Fight Mad Scientists*; July 21-25 – *Lore and Legends of the Sea*; July 28-August 1 – *Pioneer Power*; August 5-8 – *At the Beach*; and August 11-15 – *Sports & Games Through Time*; and August 18-22 – *Letter Theme Days*. Camp runs from 9 a.m. to 4:30 p.m. at a cost of \$125/child; Museum Members \$110/child, per week.

For information on any of the programs or services at Grey Roots, please refer to our website at www.greyroots.com or call (519)376-3690 or toll free 1-877-GREY ROOTS. ☎

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UPDATE from Santa Fe Gallery

Lin Souliere

Spring brings more exciting art to Santa Fe Gallery; there's lots going on in the Main Gallery on the Second Floor as well as the Corridor Galleries. Opening April 26 and running to May 19, **Beneath the Surface** is an exhibit by members of the Bruce Peninsula Society of Artists who use a variety of styles, subjects and sizes in their paintings; the exhibit also includes clay, glass and fibre art.

Opening on Saturday May 24, 2:00 to 4:00, until June 16 is **The Wayfaring Artist**, works by Shauna Earle, Carol Binns-Wood, Melanie Earle and Susette Godin. Each working in different mediums and different styles, the exhibit will focus on their individual relationships with their art.

On Saturday June 21, opening reception 2:00 to 4:00, we will have the works of

Quebec artist **Garry Hamilton**. An elected member of the Canadian Society of Painters in Watercolour, this artist focuses primarily on figurative works. Colourful, loose and very expressive, Garry's work invites you into the personal lives of his subjects. Exhibit runs until July 14.

Ongoing in the Upper Corridor Gallery we have **Beyond the Checkerboard**, square art. Don't be square, check out the Checkerboard Project. Figure drawing sessions continue on Saturday afternoons at Santa Fe; if you are interested, contact Lin. Another new venture inside Santa Fe Gallery, is Mudtown Art Supply, created by Lin Souliere and Patti Waterfield. Mudtown will carry a variety of art supplies and is located on the second floor. Drop by and check out the art and art supplies; if we don't have it we



by Shaune Earle

can gladly order it for you.

Santa Fe Gallery, located at 828 Third Ave East, Owen Sound, is open Monday to Friday, 9:00 to 5:00, Saturdays 9:00 to noon, and by appointment.. You can contact Lin at linsouliere@gmail.com or at 519-416-5747. Check out www.dragonflyridge.ca for more information on exhibits and openings. ☀

Grey County Garden Club

Sue Carleton

The Grey County Garden Club is a very casual relaxed group of ladies and gentlemen who enjoy gardening. Our meetings are held in the back of the Lutheran Church on 4th Avenue West in Owen Sound on the second Tuesday of each month starting at 7:00 pm from September to May with the exception of January. At our meetings we have presentations and speakers to entertain our members. During the months of June,

July and August we meet every two weeks starting at 6:30 pm and we tour anywhere from one to three gardens; sometimes they're members' gardens, otherwise we visit gardens of special interest in the area. Everyone is welcome to join us; membership costs \$15 per year.

In May we have our annual plant sale with plants and seeds grown by our members. The sale takes place on May 24

at the Grey Sauble Conservation Authority Arboretum on the Inglis Falls Road south of Owen Sound. The sale starts at 8:00 am and goes until the plants are sold. This is our only fundraiser each year; from this and our member dues, we donate to the Arboretum and to the Owen Sound Public Library.

For more information please contact President Sue Carleton at (519) 371-9327 or tscarleton@sympatico.ca. ☀

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Instructor Zoë Kessler is the award-winning author of *ADHD According to Zoë – The Real Deal on Relationships*, *Finding Your Focus & Finding Your Keys* (New Harbinger Publications). She blogs for The Huffington Post and PsychCentral.com. ☀



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Tasting the Tree

Stephen Hogbin

Last night we enjoyed the pickled spruce tree tips. They have a really interesting flavour; it is very particular. Slightly woody and subtly smooth; really unlike anything I ever remember tasting before. A special treat for a Sunday night. The tips are picked in May and June when young and tender. It's tough on the tree to take the new growth so don't take them all from one tree. Pay attention to which tips you pick so the shape of the tree is worth keeping for the future.

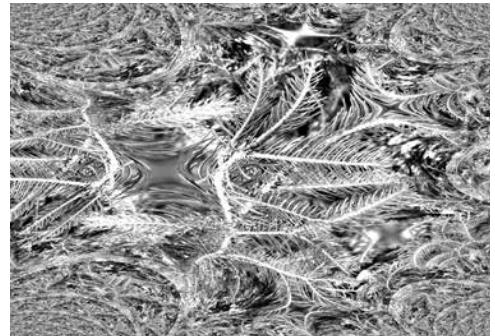
Spruce tips are preserved in lemon juice and sea salt with water to cover. I like them as an hors d'oeuvre with aged cheddar cheese on crackers. Tips served on whitefish bring a woody flavour - not quite campfire but certainly of the forest camp - to the fish. I am told prepared spruce tips work in a martini instead of capers. A variety of these tree-based products, made by Forbes Wild Foods, can be purchased at the 100 Mile Store in Creemore. I was delighted with Forbes Wild Foods' pure birch syrup which is made like maple syrup. The difference is it takes more sap and longer boiling to get the birch elixir. The flavour is closer to treacle,

deep and rich with a long finish. There are few scattered birch trees at Lake Charles and not enough to set up any real production so I was pleased to see it on the shelf.

For New Years 2013, Historic Ales from Scotland were on the menu at the LCBO. There were several flavours in a four pack from Heather Ale Ltd available. Alba is a Scots pine ale (*Alba* is Gaelic for Scotland). The ale is prepared with young sprigs of pine and fresh shoots of spruce. The flavour was light and when mixed with hops it tastes like an ale with subtle undercurrents from the tree.

There are a number of ways to work with trees to gain their flavours and nutritional benefits. Some possibilities for the spring and fall include: spruce tips with aged cheddar cheese; maple sugar slathered on pancakes; maple jelly spread on English muffins; birch syrup drizzled on vanilla goat milk ice cream; pine nuts pulverized for basil pesto; jellied balsam on lake trout; spruce beer; tamarack root tea; and apple butter, cider and wine. (Walnuts, at least from our tree, are best left for the chipmunks.)

Maple syrup is harvested by several



people not far from Lake Charles. We usually buy ours at the Farmers' Market in Owen Sound from Miners' Maple Products. On occasion we have purchased from Mary Beth and Bob Day of Kemble Mountain Maple Products. Down the road from Lake Charles on Concession 24, the elk farm, Regal Point, also produces maple syrup. Another maple product we enjoyed was a jelly from Uncle Richard's Maple in Priceville, Ontario. It's not too sweet with a light maple flavour and it spreads well on English muffins. Just delicious on a frosty morning.

There are just enough maple trees at Lake Charles to make a go of producing syrup but, without a proper set up, it would be too labour intensive and burn a huge amount of wood. Better to support the regional industries instead. **M**

PAISLEY CONCERT CHOIR: *Ode to Spring*

Jim Pennington

After one of the snowiest and longest winters in years, it's time to get out and celebrate spring. What better way than through music and the glorious sound of voices raised in joyful song? The Paisley Concert Choir (PCC) invites you to let the sunshine in and get in the mood for dancing and loving and laughing in their upcoming concert Ode to Spring under the direction of Linda Finlay and accompanied by Jane Siegel. The concert will take place Friday May 23 in Hanover, a joint concert with the Saugeen Bach Choir; Saturday May 24 in Owen Sound; and Sunday May 25 in Paisley. All concerts begin at 7:30pm. Go to www.paisleyconcertchoir.com for venue details and ticket vendors near you.

Audiences will be treated to an entertaining mix of popular, sacred, classical and folk songs to celebrate the awakening, the renewal, the warmth, the joy and the promise that is spring. A rousing medley from the rock musical **Hair**, including "Age of Aquarius", "Good Morning Starshine," and "Let The Sunshine In" will take you back to the 60s and put a smile on your face. **Dancing Queen** from the musical **Mamma Mia**, and Abba's only #1 hit single, will ensure "you're in the mood for a dance." Also on the program is the Beatle's classic **When I'm Sixty Four**, which was written by a then 16 year-old Paul McCartney. Popular folk songs and classical sacred songs will also be included.

So put some music into your life and let your spirit sing. Mark your calendar and buy your tickets for Ode To Spring at participating area merchants in all three concert locations, from choir members or at the door on the night of each concert. **M**



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At the DURHAM ART GALLERY

Ilse Gassinger

D/A
Durham Art Gallery

Familiar environments are at times taken for granted as they become so well known to the eye and obscured by daily routines. Kristina Maus' exhibition, *A Moment in Time*, inspires the viewer to see the essence of a place left unnoticed in the past. As a nature, portrait and landscape artist, Kristina Maus works in finely detailed acrylics, watercolours and pencil drawings. She has used her creativity and her technical prowess to illustrate seven books, teach art for 24 years, and produce a body of work that celebrates her passion for the natural world. Now retired, Maus has had more time to devote to forest walks on her Brant Township property, to hiking along the Bruce Trail, and to exploring country roads throughout Bruce County. In turn, connecting with nature in this way inspires her paintings of flowers, foliage, rocky shores, and the changing seasons of rural Ontario. A birch tree illuminated by the winter sun, or the quiet eternity of a lake's blue surface, strike deep chords for audiences that share Maus's love for the land. *A Moment in Time* runs until Sunday, May 11. Also ending on May 11 is Steven White's and Julia White's intriguing show *Roots Entwined*.

The Gallery's upcoming shows open on Saturday, May 17 from 2 to 4. Olena Kassian's work highlights her exploration of drawing as a form that can transcend the 2-dimensional surface. From powdered graphite on Mylar to voluptuous stainless steel fabric, she moves from strength to subtlety in her exploration of light and space, edge and surface, movement and atmosphere. Michael Golland's exquisite art is an exploration of space, colour and form, and witness to his spiritual journey and creative passion. Each painting is an invitation



by Olena Kassian

to the viewer to connect with its flow, powerful energy, and the spirit within.

Singer/songwriter Pat Maloney is playing at the Gallery on Saturday, June 7 at 7:30pm. Maloney released his first solo album *Root Rot*, along with a string of 'crafty' music videos in March 2013. Since then he has played hundreds of shows, toured the Maritimes twice, and played 17 sold-out concerts at UK Universities. Tickets are \$15 in advance or \$20 at the door. Complimentary appetizers and a cash bar will be available.

The Durham Art Gallery is located at 251 George Street East, Durham. Contact (519) 369-3692, info@durhamart.on.ca or www.durhamart.on.ca for more information.

PROFILE: Owen Sound 100 Mile Store

by David Samuels

Just before Christmas, 2012, I returned to Canada from the UK after a three and a half year absence from rural Ontario. Having suffered defeat in both personal and business ventures, I had retreated to the family womb in London, to recover, reassess and return with a vengeance (think Arnie, "I'll be back"). Well, actually, forget the vengeance. What I wanted to find was a small business, locally focused, which I could pretty much develop along my own idiosyncratic lines of interest, while promoting and supporting Ontario businesses, as well as a healthier and more sustainable lifestyle. Last fall, I contacted the Owen Sound 100 Mile Store and Megan's Gluten Free Gourmet.

Although going into an independent, retail enterprise in small town Ontario was not my first choice (just ask!), it did have the advantage of an

existing reputation (thanks to Megan), and an attractive community with a rich architecture, natural setting and history. So in March of this year I took the plunge and became the new owner of the Owen Sound 100 Mile Store and Bakery. This way, I can concentrate on building up and promoting Ontario products, and Megan can focus on building and promoting her gluten free bakery.

My starting premise was to at least buy from Ontario-based companies. Whilst honey, maple syrup, lamb and pork are locally sourced, not a lot of Himalayan salt, Fair Trade coffee or organic cocoa originates in Grey or Bruce counties; however, the companies that supply me with those products are located in Allenford, Paisley and Orangeville. Recent equipment purchases will allow me to offer an increased selection of fresh, frozen and refrigerated produce. While not strictly stocking organic, Fair Trade, Non-Gluten, no



GMO, and other similar "brands," I will be aiming for more natural, less processed goods. Customers can expect to see a regular parade of new products as well as greater local input as I become familiar with the market and sources of supply. I also hope to work with other local, independent entrepreneurs, to overcome burdensome shipping and supply issues.

The Owen Sound 100 Mile Store, located at 299 10th Street East, is open Monday to Saturday.

Bruce Krug's Postcards

Ann-Marie Collins

A significant donation by the Bruce County Historical Society (BCHS) of more than fifteen hundred post cards, souvenir pieces and photographs from the estate of Bruce Krug are being generously handed over to the Bruce County Museum (BCM&CC). "While saddened by the news of Bruce Krug's passing the BCM&CC is honoured to be one of the beneficiaries of the Krug Estate since the family played such a large role in the economy and history of Bruce County," comments Cathy McGirr, Acting Director Curator, BCM&CC.

"Many archival and historical items are part of this collection, and we also recognized that a number of archival items not bequeathed to us really showed the breadth of Bruce's interests as well as the history of the County. We were therefore interested in obtaining those items," explains Archivist Ann-Marie Collins. "It is through the purchase at auction of these other items, by the BCHS that the BCM&CC was able to obtain these other objects."

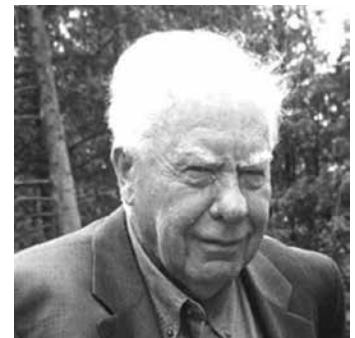
As part of its mandate, the BCHS gathers historical information and material from across the county to preserve it. A large BCHS donation of archival material in the 1970s provided a strong foundation for the establishment of the Bruce County Archives within the BCM&CC at that time.

Peter and Annie Krug moved their family to Listowel to find work at the Hess Furniture Factory in 1878. Four of their sons learned the cabinetmaking trade at Hess. In 1875 twins Christian and Conrad began looking to start a business of their own. They looked at many sites and eventually decided on Chesley as the location for their new business – Krug Brothers & Company Manufactur-

ing Limited. They purchased land along the river and water power rights. The entire Krug family eventually moved to Chesley and joined them in their venture. The Krug children all married and raised their children in Chesley. The family was community oriented. Conrad was the first mayor, while his brothers were active in sports and the church. Many of the second generation of children became involved in the family business and when the older generation died they carried it on until 1987, when Krug Bros. closed, 101 years after their parents founded the company.

"Being able to ensure the preservation of such important pieces is instrumental to the Society," says BCHS President Ross Lamont. "We know these items are appreciated and in good hands, and can further be appreciated by generations to come, by donating them to the Museum."

Bruce Krug was the first president of the BCHS when they re-formed in 1957 and remained Honourary Chair until his death. The Society saw the importance of preserving the items being sold by his Estate and spent a substantial amount of money to ensure that the items are available to the public for generations to come. As the items are processed by Archives staff, they will be available for viewing by the public, on request, in the Archives & Research Room at the BCM&CC. **ℳ**



Bruce Krug

Not-for-Profit Workshop

Community Foundation Grey Bruce and Ontario Trillium Foundation present a Not-for-Profit Organizations Workshop. Topics covered will include Building a Stronger Board; New Application & Grant Writing Guidelines and How to use Social Media for Fundraising with social media expert Ray Uotila. Community Foundation will also provide an overview to their philosophy, endowed funds, Smart and Caring Communities Initiative and related 20th anniversary events and projects including the Pathways to Education endowed fund and website in development to benefit youth/students in Grey Bruce to access funding for post-secondary education at college, university, or for apprenticeships. The workshop will take place from 9:00am to 3:00 pm on Tuesday May 27 at the Flesherton KinPlex. Register at (519) 371-7203 or e-mail cfgreybruce@brucetelecom.com. The cost is \$20 (includes lunch). **ℳ**

SALSA DANCING

In fun and exciting cardio workout, Salsa for Beginners in Tobermory, will start by introducing the basic steps of salsa dancing, then progress to learning footwork, couples dancing and rhythm featuring a variety of both Cuban and Mexican music. Be sure to bring a bottle of water, comfortable shoes (runners or high heels), and don't overdress as you will be sure to work up a sweat! This class is by donation with proceeds going to the Meeting Place so drop by for some healthy fun on **Wednesdays from 6:30 - 7:30**. Any questions, please contact Jennifer at (519) 596-8125 or cuffe@amtelecom.net. **ℳ**

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William Van Veen



THE ROXY REPORT

Maria Canton

April and May are busy months at The Roxy. During these two months the old season meets the new: plans to wrap up the current playbill collide with those to launch the new one, grant applications are due and existing projects have to be wrapped up, celebrated and filed away.

This year we also have our Centennial Renewal Project. At long last the work on the theatre's façade is nearing completion and the new look of The Roxy is starting to emerge, one that will firmly move us into the future. Little did we know when we started this building project that we were doing so during the snowiest, coldest, longest winter in recent history. For a first major build project, I can't say I would recommend these less-than-ideal conditions, but we persevered. Our construction team has been great and on those days when the bad weather was too much to contemplate, we just used the back door instead of the front. The end result, however, is now in sight and I submit it was worth the blowing snow, freezing rain, high

winds and two plus years of grant writing, fund raising and planning.

With spring weather now the norm, we also have spring concerts and plays to look forward to, including **Kenny vs Spenny vs Canada** on May 3. You're sure to get a laugh when Kenny Hotz and Spencer Rice bring their particular brand of comedy to The Roxy stage. On May 10 the King will be in the building for **Elvis: The Moments with Pete Paquette**. From May 15 to 17 St. Mary's High School presents the musical classic **West Side Story**. Directed by Jody Ward and featuring music by the school band, *West Side Story* is based on the beloved tale of *Romeo and Juliet* and depicts the forbidden love and conflict between two gangs - The Jets and The Sharks.

On May 28 Owen Sound Little Theatre's production of **18 Wheels** takes to the stage. This musical by John Gray, a Golden Globe winner and playwright of *Billy Bishop Goes to War*, is sure to be a hit when it takes audiences on a cross country journey from the front seat of a transport truck. Set in roadside diners



and truck stops, this production will feature a live band on stage. *18 Wheels* runs May 28-31 and June 4-7. All shows at 7:30 pm, tickets are \$21 for seniors and \$23 for adults. **ℳ**

Who Do You Think You Are?

Joan Beecroft

Have you ever wondered how people see you? How you show your story, your interests, your life? Here's your chance. Grey Bruce Pride is running several mask-painting workshops in May. Participants of all ages can come to The Tom and will be provided with blank full-face masks, paints and brushes to create images of their lives. Who knows what might be revealed? The masks will be part of an exhibit at The Tom for the first two weeks of June. This event is part of

Grey Bruce Pride 2014 (with the support of Ontario Secondary School Teachers' Federation District 7 Bluewater, the Tom Thomson Art Gallery, and ARCH Guelph (AIDS Resources and Community Health). There is no cost. All are welcome. Workshops take place at The Tom on Sunday May 4, 1:00-3:00 pm, Wednesday May 14, 6:30-8:00 pm, and Saturday May 31, 2:00-4:00 pm, as part of Owen Sound Doors Open. The masks will be exhibited until June 14. **ℳ**

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GREY COUNTY COURT HOUSE

Paula Niall

As a member of the heritage community in Owen Sound, I am concerned about the possible demise of one of our City's most valuable heritage structures.

The 1853 Grey County Court House was built in order that we could become the seat of Grey County. It also housed the first Council Meeting of what became Owen Sound. All early municipal business was enacted in this building as well as the matters of the Court. This building represents the early civic government of Owen Sound.

When I heard that the 1853 Grey County Court House was being classified as "redundant", my first thoughts were, "The selling of the building and its complex is the first step in the tearing down of another heritage-valuable building."

I realize the City is concerned with the repair and up-keep of the City, and so it should be. I understand that the City feels under fiscal stress in the performance of these duties. I understand that heritage is not the top of the city's list of concerns. Nevertheless, if we continue to destroy all our 1800 and 1900 buildings, we are going to lose so much of what is important about this city - its character.

We have a very colourful history in Owen Sound and part of that colour is in our lovely Victorian and Edwardian homes and our early municipal and commercial buildings. I acknowledge there is *old* and there is *old* and we have to distinguish between them. The 1853 stone building on 3rd Avenue East is definitely one of the best of our OLD!

I toured the building the other day with the president of the Grey County Historical Society and indeed, the interior is nothing to write home about. It's a mess! Personally, I can't imagine anyone wanting the place; the ceilings must be at least 15 feet high or more and, except for a few arches, some crown moldings and a grate or two, there is nothing of architectural interest to speak for it. The wood flooring has not been properly maintained. There is a collection of small office rooms rented

to working artists for private studios, which apparently meets their needs admirably, but is of no use as modern office space today.

The Court Room in general has been demolished. The original chairs have been replaced by old theatre chairs for some reason. I wonder what happened to the original chairs? The central furniture has been badly damaged. The railing that set the jury apart is split in half and is leaning up against the wall. There is a long narrow table still in the room, but the surface has been desecrated as well, but not beyond refinishing.

I am wondering if the County Archives have been invited to consider if anything in the original Court Room is salvable or stored, that can be repaired and preserved at Grey Roots? It was our feeling that the façade of the Classical Revival building with its Second Empire Mansard tower with its Modillion window scrolls and mansard roof needs to be preserved. I expect the interior of the Court Building will eventually have to be gutted and redesigned. It is the USE of the building that concerns me.

Will it be converted to apartments or condos? Might it be converted into stream-lined executive offices? How could it be re-designed into a first-class artists' working studio and gallery? The artists are so happy with it as is; might they move into the empty Jail or the Registry Office when the building is sold? For what other uses might the County building lend itself? It is difficult to envision. Whatever happens, it will mean money and lots of it.

Can we preserve as much as possible the original façade of the building and its roof structure, so we can point to it and say, "This was Grey County's original County Court and Municipal Building built in 1853" and will it be recognizable as such? **M**



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From the Front Burner

Paul Thomas



Friday night: I get a call from Jan about Eli wanting to borrow a river kayak. She asks if I am ok with that and if he is competent to challenge himself to the raging rivers of spring in Grey Bruce... (Caldwell Aquatics trained both our sons in swimming, life guarding and sailing skills).

Later the same night: Another call from Jan. This time I speak to Eli and hear about his plans to seek some extreme experiences on the water. He has his neoprene, PFD, helmet and of course a buddy who has experience in reading springtime raging rivers. Of his physical capacity, I have no doubt. Of his water safety knowledge, again I have no hesitation. That he has the best equipment, no question. So at 20 years of age, what's the concern? A parent is always concerned about the safety and well being of a child, anyone's child. Water safety is not an option. This is especially true in these waters around the Sound. We know that an accident is seldom the result of only one circumstance. Many times it is a series of small, seemingly insignificant variables that, when added together, result in tragedy. The call to seek thrilling outdoor adventure in our region is magnetic. Let's embrace this quest in our youth with wide-open arms: arms that hold unconditional love as well as an accountability that comes with experience and wisdom. Oh and don't forget to let me know what the plan is before you go, Eli!

Saturday morning: I bump into Jan on the street who has just come from a ski and is off to an art class. I thank her for her concerns about Eli. Community parenting at its best, I say. When I ask about her art class she mentions a project her group (Artists of Studio XX at the old Victoria School) has been working on for OSHaRE: Owen Sound Hunger and Relief Effort. Ever the curious, I find out that a bevy of beautiful original art on the theme of fruits and vegetables has been created as a fundraiser for OSHaRE. Quick as a whip I suggest the paintings need to hang at MarketSide as a part of the awareness campaign before they are auctioned off on June 7.

Later Saturday morning: Jan arrives at MarketSide with two boxes of paintings ready to be hung. Here is our next group show of original art ready to go! Jubilation reigns!

So, count the threads that have woven this community tapestry together in less than a day: community parenting; water safety; extreme sports; youthful initiative; creative arts; fundraising; local food; small business; helping to relieve hunger in our region; and interconnecting disparate groups of highly motivated individuals. Does it get any better? This is why we love to love Owen Sound. Things happen because people care and take action and really want to make this the best place to live. Taking the time to heed the opportunities and respond with compassion can make the difference between a good day and a great day. I hear my dad when he would often proclaim his love for witnessing a little "art in everyday living." It doesn't have to be complicated. Right.

In celebration of things simple and vital and nourishing for body and soul, why don't we create a fresh-from-the-

garden spinach and herb frittata? Jamie Oliver proclaims that a frittata is like a posh omelet. With our wonderful bounty of spinach that we planted last fall (right, Emma?) now in full production, this is a perfect seasonal treat.

Spinach and Herb Frittata

- an onion or two depending on size or how much you love onion.
- at least 2 cloves of garlic, finely chopped. (or fresh garlic greens)
- splash of your favourite cooking oil.
- 6 – 8 farm fresh eggs, beaten briskly
- ½ cup table cream.
- a generous mound of fresh spinach, washed and coarsely chopped.
- a sprinkle of chives, arugula, parsley, chard, oregano... Or any other garden greens popping through at this time
- a smidgeon of nutmeg.
- at least a cup of goat chevre cheese, broken up.
- a sprinkling of fresh parmesan on top.
- fresh ground salt and pepper to taste.

Using a large skillet, sauté the onions in oil until well caramelized. Add garlic and deglaze with a splash of water if necessary. Add your smidgeon of nutmeg. Whisk the eggs with cream. Add herbs of your desire as well as your chopped spinach, salt and pepper. Fold together and pour into your skillet over the onion mix. Mix together and cook over low heat for a minute or two. Add the goat cheese in blobs and grate the parmesan over top. Transfer to the broiler and cook another few minutes keeping an eye on it until that irresistible golden melted cheese colour appears. Remove from oven and transfer to your new artisan platter and garnish galore with the freshness of the season.

Popeye relied on his spinach for strength and perseverance. Our craving for something, anything, fresh and green picked right out of the garden after this winter should give us a similar conviction for prosperity. Recognizing the signs of building up our "stick-togetherness" in our community is a great way to grow hope. From our roots in the natural splendour of this region, the kids, families, artists, athletes, businesses and all the support groups in between should crave the will to bloom, especially during *this* spring. *Eet smakelijk!* **M**

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A Water Powered Saw Mill Across The Road

Jon Radojkovic

Pioneer industries in the 19th century depended on water for power and inland Ontario and especially Grey and Bruce Counties had hundreds of kilometers of small water courses that were suitable. Land surveyors were told by government to list potential water power mill locations and skilled sawyers and mechanics were encouraged to settle these places and develop saw and grain grinding mills.

The North Saugeen River, where it begins in Williamsford and joins the main Saugeen River in Paisley, was no exception. There were, in that 40 kilometer stretch, no less than 13 dams and mills built.

One of the mills, just east of today's county Road 3 on Sullivan Side Road 8, about 10 kilometers east of Chesley, was built in 1872 and became known as the Anderson sawmill. Built originally by Ben Taylor, he sold the operation to William and James Anderson in 1880, who also farmed the land. My wife and I own the farm across the road.

There were two main types of mill wheels used in Ontario. The earliest ones were called 'undershots,' which consisted of rotary vanes connected to a horizontal shaft. The water flowing would slap against the vanes and rotate the shaft, giving power to the saw or grinding stone. But when most of the trees were cut along rivers and streams it reduced the amount of water stored in the soil and created great fluctuations in water run-off during the year. It became an impossible situation; during drought or often summer months, the rotary vane wheel would be left high and dry or, in times of lots of rain or snow melting, a flood might tear away the wheel and sometimes the mill building as well.

To control the flow of water, where Mother Nature couldn't do it anymore because of the clearing of trees, dams were built and the reservoir of water behind it gave control of the water flow back to the operator. As well, with the introduction of the flume, or a narrow channel dug to redirect the water flow to the mill, the building could then be constructed away from being directly over or next to the river, and prevent damage in case of floods or ice jams. With the last piece of the puzzle being introduced in the 1850s, the turbine water wheel, which had a vertical shaft with inclined vanes being pushed sideways, even smaller amounts of water were needed and efficiency became secured.

The Anderson sawmill was fortunate to have these new inventions current when it was built, and used the modern technology of its time for almost 100 years. Construction was booming in the 1880s, with pioneer farmers upgrading from log houses and barns to timber



The mill pond and barn is all that is left of the Anderson saw mill operation. Photo by Lillian Burgess

frame barns, using sawn boards for siding and dimensional lumber to build houses and sheds. As well, furniture factories were springing up in local towns such as Chesley, where demand was high for hard wood. James and William saw this demand for lumber, and to reduce costs, bought 550 acres of forested land about two miles east of the mill, along the North Saugeen River.

Trees were cut all winter and then floated down river to the mill in the spring high water. Anderson's wasn't the only mill floating logs down river, there were three mills downstream in and around Chesley and one in Mooresburg, just a mile before Anderson's mill. Each mill would have their winter logs cut and then in the spring each of the mills would take turns running their lumber supply down the river in a log drive. It was good employment for local farmers, who didn't have as much work to do during the winter months, but it was also dangerous work. Each spring during the log drives, there would be reports of men being hurt or killed or drowned.

The Anderson sawmill was such a going concern that at one time there were nine houses on the farm for the hired men who worked there. As happened to most early sawmills, due to sparks from the saw blade or fires going out of control burning unused slabs, it burned down to the ground in 1897. Anderson took this as a challenge and rebuilt. A larger and better building sawmill was constructed and the mill machinery was upgraded. Business went well into the 20th century, but in 1918, as World War One was winding down, disaster struck again. Mother Nature delivered a bolt of lightning to the mill and again it burned to the ground.

In 1922 John Anderson rebuilt the mill again, turning the business into a chopping and shingle mill. Over the years custom sawing took over but eventually, like all water powered mills, it closed down in the early 1970s because of the more modern and much larger electrically operated mills, located mostly in Northern Ontario. The sawmill is gone now and all that's left is the dam and original barn made partially of lumber from the sawmill. For more barn stories visit <http://jonradojkovicweb.blogspot.ca>. **M**

Juried Art Show in Meaford

Alexandra Riccio

The Meaford Creative Arts Association (MCAA) has just completed the selection and hanging of their Juried Art Show in the Galleries at Meaford Hall. Artwork in a variety of mediums from artists working in Meaford and throughout Grey-Bruce country will be open to the public to May 31. The free exhibits in the Galleries are available to visitors whenever Meaford Hall is open; please note, however, that the rooms are occasionally closed for private rentals.

The Meaford Creative Arts Association has been active for around twelve years.

Each Monday from September through June (excepting holidays), the members can be found creating artwork in the Meaford Hall Terrace Room from 9 am to 4 pm. Throughout the summer they enjoy Plein Air sessions outdoors. In the fall, the group hosts an annual Art Show and Sale called *Changing Colours* from the end of September to mid November. The group is quite active in the community, assisting with a summer art camp for children and contributing each year to the children's art prizes at the fair, among other projects. The Meaford Creative

Arts Association has also proudly contributed painted ceiling tiles for the Meaford Hospital as part of a successful fundraiser. There are now 128 of them gracing the ceilings for all to enjoy.

To learn more about the MCAA please feel free to call Judy Shield at 519-599-3817. For more information on this and other Meaford Hall events you can visit meafordhall.ca, call 1.877.538.0463 or drop by the Box Office in beautiful historic downtown Meaford. **M**

WHAT'S ON AT THE TOM

There's always something going on at the TOM! by Leanne Wright

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Ongoing:

Canadian Spirit: The Tom Thomson Experience

May 30-September 14 (Opening May 30 from 7-9pm):

William Ronald & Alexandra Luke

Works by William Ronald, the driving force behind the formation in 1953 of the Painters Eleven, a group that introduced abstraction to Canadian art, and Alexandra Luke, an artist who organized the Canadian Abstract Exhibition which lead to the formation of the Painters Eleven. The exhibition will focus on works that remain in the family – and will underscore the tension and difficulties in maintaining an artistic practice and balancing a family life as well.

Ann Marie Hadcock: The Homefront

The Homefront is an installation by Ann Marie Hadcock which uses the stories of the women left behind when the men went off to war, as her source of inspiration.

Artist Walk and Talk: Ann Marie Hadcock,

Sunday June 1 from 2pm

Into the Woods: Bringing domesticity to the wilds.

Field and Furrow

PROGRAMMES AND EVENTS

Make Art 1-3 pm May 18

The TOM invites families into the studio for an afternoon of art-making and fun with a free hands-on activity. There is no pre-registration required and everyone is welcome.

Figure Drawing 1-3 pm May 11

Cost: \$12 (+HST), High school students \$5 (+HST)

Non-instructional figure drawing sessions to encourage the traditional of drawing and painting the human form. Bring your own supplies; no oil paint. Studio doors close at 1 pm.

Painting 101 with Trevor Pfeffer: An Introduction

Wednesday evenings 6-8 pm, May 21 to June 11 \$100

This introductory course will cover the basics of colour, lighting, and composition. The concepts will be applicable to all mediums. Participants are encouraged to bring a kit for their preferred medium; no oil paint please. Ask for supply list.

Gallery Night at the Movies

The Lunchbox

Monday May 12 at 2:00, 4:30 and 7:15 pm

A mistaken lunchbox delivery brings together two very

different people - a neglected housewife and a grumpy widower on the verge of retirement - and paves the way for an unlikely romance in Mumbai in this nuanced portrait of life in contemporary India, weaving themes of gender values, social class and generational differences into its central love story. 104 minutes Not yet rated. Subtitled.

DOORS OPEN May 31-June 1

Special Make Art Session

Sunday 1-3pm June 1

Make a contact print t-shirt. Bring your own blank t-shirt and we'll supply the rest!

As always, our Make Art sessions are free thanks to the support of Bruce Power.

Canadian Spirit 2014: If It Wasn't for the War

BISHOP HOUSE

Vegetable Gardening for Kids!

Mondays, July 7, 14, 21, 28 and August 4, 11, 18, 25

9 am – noon \$80 per child

This group of little green thumbs will learn the life-long skill of vegetable gardening by cultivating a traditional Victorian garden - sharing in the harvest, and sharing the knowledge they harvest. Each child will be responsible for a crop and takes home their gardening tool kit.

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Beautiful Joe: THE PLAY

Alexendria Riccio

Come and watch *Beautiful Joe* leap to the stage at the Meaford Hall from May 14 to May 17. *Beautiful Joe* is the true story of a mongrel dog who escapes a life of cruelty, abuse and torture. After being rescued by Laura, his soon to be life-long human companion, Joe confronts his fears and, through an incredible act of bravery, becomes Canada's first pet hero. Canadian author Margaret Marshall Saunders wrote the story in 1893 following a visit to Meaford, the home of the real Beautiful Joe. Her book became the first Canadian novel to be printed in several different languages and sell over a million copies.

The Beautiful Joe Heritage Society in collaboration with the Grey Bruce Arts Collective will premier the theatrical production of *Beautiful Joe: The Play*, adapted from the book by playwright Michael O'Brien with original music written by Courtney Meloche.

Through this public performance, Joe's message will touch the hearts of many young people: "even if we save one animal from a life of cruelty, we will consider it a success," say organizers. The first 154 student tickets are available at half price. For more information contact www.meafordhall.ca or phone 1-877-538-0463. **M**

The Gypsy Jive Band: Yennevelt

Gary Weinger

The Gypsy Jive Band has two incarnations: one is the Owen Sound group (which Owen Sounders have become familiar with over the past decade) and the other is the Toronto version, which has been working on a new CD for over a year. Titled *Yennevelt*, it is now completed and ready for release. In Yiddish, *yennevelt* means "the other world;" an old world of haunting and boisterous melodies from the Balkans, eastern Europe, the Chassidim and beyond. The Toronto group consists of Gary Weinger (violin, vocals) and Murray McKay (guitar), the two original band members who started this group in Collingwood in the 1980s. Joining them is their newest member Rachel Melas (bass), a New York musician living in Toronto with many ties to Klezmer.

The CD release will be held at Beth Ezekiel Synagogue in Owen Sound on Sunday May 11 at 2pm (Mother's Day). Tickets are \$20 per person which includes a CD. Tickets are available at The Ginger Press or e-mail bill@bethzekiel.org or call Gary Weinger at (519) 538-5428. **M**

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