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IN GREY-BRUCE

MOSAIC

NOVEMBER/DECEMBER 2012
VOL. 20 NO. 5



Labyrinth Fest 2012

*A Special Night of Lights,
Bites & Spiritual Delights!*

**Friday,
November 30th
6:30 to 9:00 pm**

**Admission By
Donation**

*to The Marg and Don Capel
Legacy Peace Labyrinth
Endowment Fund.*



Marg Capel - Labyrinth Co-Founder

www.communityfoundationgreybruce.com



Owen Sound Peace
Labyrinth



**Georgian Shores
United Church**
South East Corner of
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A Special Place To Restore A Sense Of Balance To Your Body, Mind & Soul!

A Swingin' Christmas

Saturday, December 1st 2 pm
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THE GINGER PRESS Annual Authors' Open House

11:00-2:00 SATURDAY DECEMBER 8

Featuring the finest local authors including

Andrew Armitage (Owen Sound on the Georgian Bay 1912 + 2012)

Robert Burcher (The Leather Boat)

Larry Cotton (Whiskey and Wickedness in Grey and Wellington Counties 1825-1885)

Bob Day (Shores of Heaven: The Birth of Bruce Peninsula National Parks)

Betty Dunbar (Romancing the Seasons: A Collection of Recipes and Stories)

Ferelith Hoffmann-Taylor (The Pirates of Georgian Bay)

Bonita Johnson de Matteis (Twas the Night Before Christmas)

Barry More (A Thing of Beauty: The Story of Moreston Place)

Wilmer Nadjiwon (Not Wolf, Nor Dog)

Laura Robinson (Cyclist BikeList)

Richard Thomas (100 Years of Pleasure: The Story of Harrison Park)

Mabel Brown Williamson (Barn Stories)

Eric Zweig (The Stanley Cup)



Please join us

to meet the authors, learn about their books,
get autographed copies for everyone on your gift list
and enjoy excellent munchies from our kitchen!



THE GINGER PRESS

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(519) 376-4233 • www.gingerpress.com

MOSAIC

Arts, Entertainment & Lifestyle

Nov/ Dec 2012

Vol. 20 No. 5

MOSAIC

A composition created by inlaying various sizes of like pieces so as to form one picture.

Established in 1993

MOSAIC is the only publication in Grey-Bruce dedicated 100% to encouraging and supporting the arts and entertainment specifically in the Grey-Bruce area.

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Copies of MOSAIC are delivered free of charge to the general public at specific drop-off stops in Grey and Bruce from Tobermory in the North, Kincardine in the West, Mount Forest in the South to Collingwood in the East and many places outside of this area.

We welcome your letters and suggestions as your opinions are important to us and help us better understand what you desire to see and read in MOSAIC.

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From My Desk

by Maryann Thomas

I love it when themes mysteriously burble into MOSAIC - this month we're walking, not only on the Peace Labyrinth, but also along the Bruce Trail and tracking the Group of Seven wild places. And there's sure to be walking if you choose to get involved with one of the seven Christmas Bird Counts taking place in Grey-Bruce. All in all, our writers are inviting you to take a hike, in the nicest possible way, of course.

I am absolutely delighted to include an article this month from Kendra Fortin, a local mover and shaker. You can read all about the MOBilizer group she has started in Port Elgin, connecting young people in our community with global issues. Congratulations, Kendra.

As usual, to celebrate the festive season, our hills are alive with the sound of music. From the hugely entertaining and energetic sounds of the All-Star Big Band playing at the Roxy to the many choirs and concerts throughout the region, voices are being raised joyfully. Sit back and enjoy or, better yet, sing along with enthusiasm.

Our 27th Annual Authors' Open House here at The Ginger Press takes place on Saturday December 8 from 11-2. We have once again collected a pride of authors who will regale you with their stories and enchant you with their books. And, there will be chocolate. So do join us as we get our festive on. Tis the season! And, please accept my very sincere thanks for supporting MOSAIC this year, along with my very best wishes for you and your family for the holidays and the New Year.

Maryann

Georgian Bay Concert Choir

by Elizabeth Dunning

Georgian Bay Concert Choir's A Christmas Festival is sure to leave the audience in a holiday spirit. Directed by Regan MacNay and featuring world-renowned organist Ian Sadler, A Christmas Festival showcases the talents of up-and-coming baritone soloist Matt Cassils in Felix Mendelssohn's short Christmas cantata *Vom Himmel Hoch* as well as in Ralph Vaughan Williams' *Fantasia on Christmas Carols*, a joyful announcement of the Good News of Christmas. Included in the programme are Morten Lauridsen's *O magnum mysterium*, a modern meditative motet with shimmering dissonances resolving into mystical quiet. In contrast, the infectious rhythms of Canadian composer Mark Sirett's *O brillante estrella* will make you want to dance. In another Canadian piece, Bob Chilcott's *Mid-winter, the Christmas story* unfolds in the words of Christina Rossetti's beloved poem. The tale of Good King Wenceslas, in a David Willcocks arrangement for soloist, chorus and audience, has a descant that will send chills down your spine. For some, the traditional German carol *Es ist ein Ros' entsprungen* embodies Christmas, but don't let its simplicity fool you: this time around, listen to that gorgeous bass line. John Rutter's contribution is *Candlelight*, a lilting Nativity narrative focussing on the Mother and Child. Then, for sheer intellectual pleasure, enjoy the interplay of baritone commentary and Bach-style chorale in Cornelius' *Three kings from Persian lands afar*. Be sure to come out on Friday, December 7, 7:30 p.m. at Georgian Shores United Church in Owen Sound. Tickets, only \$20 for adults with students in Grades 1-12 admitted free, are available at the door or from Kathryn at 519-422-0876. 

Owen Sound Artists' Co-op

by Morag Budgeon

The Artists' Co-op was officially incorporated on September 20th, 1994 when several dedicated artists took on the task of creating a constitution, policy and procedures and a beautiful space that allowed up to 40 artists and craftspeople to sell their work locally. This daunting task has proved to be not only successful but has grown to become much more than a retail outlet. The Co-op serves as an information, promotion, referral and educational resource for the visual arts and crafts community.

In our 18 years of providing work that enriches the lives of our customers, we have met all of the challenges that have come our way (including two store moves!). We have shown that 40 or so highly original, independent thinkers can not only get along, but also can thrive on the experience of each other's differences.

Our final move in 2001 located us in the downtown core and established us as a destination. Where else can you decorate your home, find an original wedding present, a special retirement present or that special piece of jewellery to match your new outfit? Every time you enter the Co-op, you will be served by one of

our artists so ask them what their work is and prepare to be amazed. Each month we feature a guest artist from our community and the variety of work is outstanding.

After 16 years of enjoying membership at the Owen Sound Artists' Co-op with my jewellery, I have recently taken on the role of Store Manager and could not be happier. I have always believed the Co-op is THE destination for hand made work in Grey-Bruce and have been amazed at the growth of the store and its artists.

In 2010 we received a Trillium Grant that cemented our importance in the community. With these funds we are able to have a gallery dedicated to youth in Grey and Bruce counties. For eight months of the year, the Legacy Gallery hosts solo exhibitions, group exhibitions and a juried High School competition that showcases the brilliant talent of our up and coming artists. If you are an artist between the ages of 16 and 29, visit our website (www.osartistsco-op.com) or drop in and find out about the various opportunities available to you.

November and December are important months at the Co-op. Brodie McGruer will be the guest artist for



Painting by William Van Veen

November with his collection of jewellery and silver objects. His guitar picks are the perfect Christmas present! We will also feature the art of the late Dave Devlin on our walls, a chance to view and appreciate the work of a fine artist. The Legacy Gallery will host our group of Next Generation Artists for November, a core group of local youth whose talent and professionalism are impressive. In December, the Co-op membership will take over the gallery with the show "Traditions," an opportunity for our artists to create something special for the holiday season. Guest artists from the past year have also been invited to submit work. Our Christmas Open House will coincide with the opening of the Traditions show on Saturday December 1st from 2pm till 5pm.

Morag Budgeon is a local jeweler and manager of the Owen Sound Artists' Co-op.

NEW CDs:

Christmas CDs from Richard Knechtel aka Dickie Bird

As a full-time musician, Richard Knechtel has played many Christmas events and as Dickie Bird (his nickname for kids' performances), he has entertained thousands of children at Christmas parties. He has long thought about recording a Christmas album. Not only had he developed a large repertoire of seasonal favourites, but he'd written a substantial collection of original Yuletide songs. It was only a matter of time before he added a Christmas release to his portfolio. Little did he realize that two albums were in the making.

"My plan was to have a Christmas record that the whole family could listen to," he explains. "Include some standards along with my own songs. I've got lots of fun tunes for kids and I love the grace of the vintage Christmas material. I thought they could all go together but as we got into recording the songs, it became abundantly clear that we had two albums to make – a smooth sounding one for adults to enjoy and a lively,

Anticipating Christmas

Richard Knechtel



It's Christmas Time

with Dickie Bird



engaging one for kids. We went from 12 or 13 songs to 26!"

So two albums were born! **It's Christmas Time with Dickie Bird** is a rollicking musical adventure that will have children in stitches while **Anticipating Christmas** is warm and cozy – the perfect musical compliment for the holiday season. Both albums have a genuine quality to them. With his warm distinctive voice and solid rhythm guitar, Knechtel captures the spirit of Christmas. Jubilant and evocative, these two Christmas recordings will be treasured by listeners of all ages for years to come. They are available at A&R Music in Walkerton and The Ginger Press in Owen Sound, as well as directly from Richard Knechtel. For more information on Richard Knechtel, Dickie Bird and/or the Christmas CDs, visit www.greentreemusic.com. **M**



THE ROXY REPORT

by Aly Boltman

In a moment of procrastination while deciding what to write about this month, I took a logo quiz – a fast-paced online game that displays a tiny portion of popular logos and accompanying multiple choice answers. My experiment shed light on two things: firstly, I have a lot of useless information lodged in my brain; secondly, I discovered I truly had something interesting to write about this month.

I am 41 years old. I was raised with a television. Truth be told, the telly was often my babysitter. It was a step up from the mall's child care services, so you won't hear me complain. At my tender age, I cannot even fathom how many logos and slogans have been branded into my mind. My son recognized the Starbucks and Baby Einstein logo before he turned one. Since TV first made its way into the family home, we have all been marketed to en masse, because our little brains are as absorbent as Bounty – the quicker picker upper! But aside from the logos and slogans, we have also memorized oodles of music, popular sayings, random facts and pop culture references, amongst other things. We have any number of lyrics in our heads at any given time, movie dialogue, poetry, clichés and more.

Don't believe me? Try this little test. Fill in the missing words. Try singing them for bonus points: I get no kick from _____. Mere alcohol doesn't thrill me _____...I get a _____ out of _____. In olden days a glimpse of stocking was looked on as something shocking, now heaven knows, _____ _____. It's delightful, it's delicious, it's de_____.

And finally, who wrote these lyrics? Was it: Ira Gershwin? Irving Berlin? Cole Porter? Rodgers & Hammerstein? Jerome Kern? I'm betting most of you picked Cole Porter, knew all of the fill-in-the-blank words, and even the classic musical they came from: **Anything Goes**. The music will be in your memory bank

forever. And why? Cole Porter was simply that good.

It takes a master to create music that crosses borders, generations and mediums time and time again. Consider that Cole Porter has been recorded by Ethel Merman, Frank Sinatra, Billie Holiday, Peggy Lee, Marlene Dietrich, Dinah Washington, Louis Armstrong, Ella Fitzgerald, Diana Ross and The Supremes, Django Reinhardt, Dolly Parton, Shirley Bassey, Rod Stewart, and even Australian rockers The Living End. *Glee* has recently launched an episode featuring Cole Porter's *You're the Top*. Sesame Street's Ethel Mermaid got "A Kick out of U" in the early 1990s. Chrysler's DeSoto automobile became De-Lovely in the 1970s. Even the cult classic film *Blazing Saddles* salutes Cole Porter with a chain gang work song spoof of Anything Goes!

Owen Sound Little Theatre's production of **Anything Goes** this November will do Porter proud with their saucy romp on the high seas. Follow the foibles of two unlikely couples as they set the course for true love on the *SS American*. Etiquette and convention will fly out the portholes with the help of a motley crew of singing sailors, dancing show girls, exotic disguises and good old-fashioned blackmail. Directed by the crafty Kathleen Cassidy, this audience-pleasing show stopper will be chock-a-block with clever tricks, tap dancing, splashy songs, and a very unusual lifeboat, to say the least. Leads Tessa Greaves-Snider and Cory Laycock have incredible chemistry, and all of the magical supporting players, OSLT stalwarts and newbies alike, will bring you aboard in style. November 8-10, 15-17, 21-24 at 7:30 and a matinee on November 18 at 2 pm, weigh the anchor at The Roxy with *Anything Goes*. My pal Cole and I dare you not to sing along. Go ahead – make my musical. Okay, Enough is Enough is enough, I can't go on, I can't go on no more no... **¶**

Tracking the Group of Seven

by Andy Koshan

Created in 1989, the Owen Sound Field Naturalists (OSFN) provide area naturalists with the opportunity to share activities that allow for a deeper understanding of nature, natural history, and conservation in our area. Upcoming programs include:

Following in the Footsteps of the Group of Seven

with Sue and Jim Waddington

7:00pm Thursday November 15 at the Owen Sound Library
Sue and Jim have located some of the wild places that inspired the Group of Seven painters, those that can only be reached by canoe and on foot. Their talk will compare photographs of some of the 270 painting sites they have found with the corresponding artworks.

Waterfowl Around the Bay with Fred Jazvac

10:00am-2:00pm, Sunday November 18

Join local birder Fred Jazvac on a 4-hour tour around the shoreline of Owen Sound bay. We will be on the lookout for a variety of diving ducks including greater and lesser scaup, red heads, buffleheads, common golden eye, scoters, horned and red-throated grebes, common and red-throated loons and perhaps a bald eagle or two. Limited to 20 participants; phone Fred Jazvac at 519 797 3332 to register. **¶**

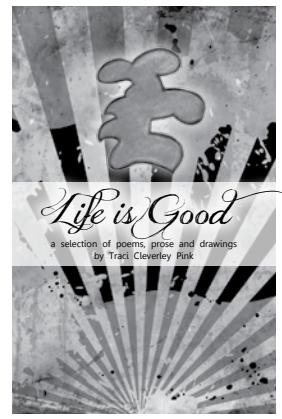
ALISON WEARING AT BACK EDDIE'S

Former (and we miss her and her family very much!) but now not-too-far-away Paisley resident Alison Wearing is coming November 16 to Back Eddie's in Paisley to perform for us an excerpt from her new novel. Alison and director Stuart Cox have completed a new one-woman show, *Confessions of a Fairy's Daughter*, based on Alison's true story of growing up with a gay father. Woven through music and imagery, this unforgettable story is told with equal parts candour, hilarity, vulnerability and grace. A unique and powerful story, *Confessions* is a tale of compassion, acceptance and love. *View* magazine says, "With abounding humour and positive stage energy...Wearing gives a lovable, daring, heartfelt performance." Contact Back Eddie's at 519 369-4787 for more information. **¶**

Traci Cleverley Pink (1972 - 2011)

by Doug Cleverley

One year ago, Grey-Bruce lost one of its brightest lights, and I lost my wife and my best friend, Traci Cleverley Pink. She had lived with epilepsy for many years and suffered many seizures. No one can say why this one took her life, but she is not alone. SUDEP (Sudden Unexpected Death in Epilepsy) is estimated to account for up to 18% of all deaths in patients with epilepsy. This poem was recently published as the last piece in *Life is Good*, a chapbook of Traci's poetry, drawings, and journal entries. Thanks to Liz Zettlin whose patient advice helped me to speak my truth in this piece. And thanks to The Ginger Press for publishing and donating all of the proceeds to SUDEP Aware (www.sudepaware), the non-profit organization that is devoted to finding answers about SUDEP, caring for families who have lost loved ones, and preventing future deaths.



All the way to the shore

Silver hatchback glides to a rest
under leaden skies of late afternoon
at an abandoned burned-out beach resort
on Nova Scotia's South Shore.

Grey-haired man, not yet fifty
sits for a moment, hands resting on steering wheel,
he bows his head as if praying for resolve.
A lump in his throat threatens to unfurl and crack him open.
To stop it, he steps out, shivering, into the uninsulated air.

Care-lines carved in his face betray his mission here
as he surveys the scene before him –
the charred timbers where the inn once stood
and the cabins lining the path to the sea
boarded for a winter that never ends.

A deep inhale and the sea is there, in his lungs
promising a moment of release and relief.
Gravel scrunches beneath his hikers
as he makes his way down the path
all the way to the shore.

Today, cold and lonesome,
he hears something familiar in the rolling waves,
happy shouts and laughter of other days
but there is no one laughing
and no one listening
save this memory-burdened traveler.

Then, the place was thriving
a hundred guests or more played in the waves
the air was sun-warmed and invigorating.
In her joy she wore a smile
beaming her love for him, for all to see
there at the edge of the sea as they chased each other
through the surf.

They looked so slim and sleek in those wetsuits
like they'd both lost ten pounds,
standing proud with boogie boards,
Atlantic Gothic and the sea of memory.
He has the picture in his mind,
it's on the mantel back home.
comfortable together
pure joy,
no cares,
They were on their honeymoon.
They didn't have much time then, but they had enough
to cross the country and see the sights of home
her home, Nova Scotia, the land of her youth.

Such a few years ago, this day he remembers so well,
a day compressed into a single moment now
as the wind blows, waves crash
and the lump in his throat sinks into his chest,
a fissure about to erupt.

*tears fall as the wind and the echoing loss
burn his eyes, blinding him even to memory.*

*sorrow shouts out, a wordless growl
splits his chest wide open, a cavern
he feels he could fall in
should fall in
allow grief to overwhelm
succumb to darkness*

*but she is here with him now
she is standing in the cavern
a candle in her hand
unflickering*

*she looks at him with her sad, sad eyes
she says for the umpteenth time
"I'm sorry"
she frowns and casts her eyes down
he sees guilt in her stance
as if by dying she has wronged him*

*head still pointing down, child-like
she looks at him through the top of her eyes*

*a little smile forms on her face
beseeching forgiveness
as she once sought a kiss
on a first date so long ago*

*he sees her in his cavern
he sees for the first time
he sees the torch she still carries for him
a candle to light his way home
if he accepts it and gives her a fire of his own*

*I forgive you, he says
though he knows she never meant to hurt him
You don't have to stay, I release you. You're free.
The flame you've given me will burn forever.
Now take my fire with you into the night.*

*he sees the candle in his hand now
she takes it and passes hers to him*

for a moment there is contact, skin
electric, he smells her, rich and earthy, patchouli

then the moment is gone as she shimmers away
down into the cavern
turning to him once more
he sees her lips move
but her words are lost on the wind

she is gone
the candle in his hand burns on
he rises from the cavern
not so vast now
he can see the boundaries
the edges of grief
he emerges,
a Mandela into the light
of a new day

He stands on the beach
hands in pockets
gazing out to sea.
She is still here.
She will always be here.
He turns and walks along the shore
leaving her there
but carrying her flame inside.

Past the blackened ruins of the devastated inn
across the broken asphalt of the parking lot
he gets in his car
turns the ignition
powers the window down
takes a final deep breath of sea air
holds it in
lets it go, slowly
then shifts into gear
and turns back on the road towards home.

ABOUT BOOKS

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Saturday Mornings at the Owen Sound Farmers' Market

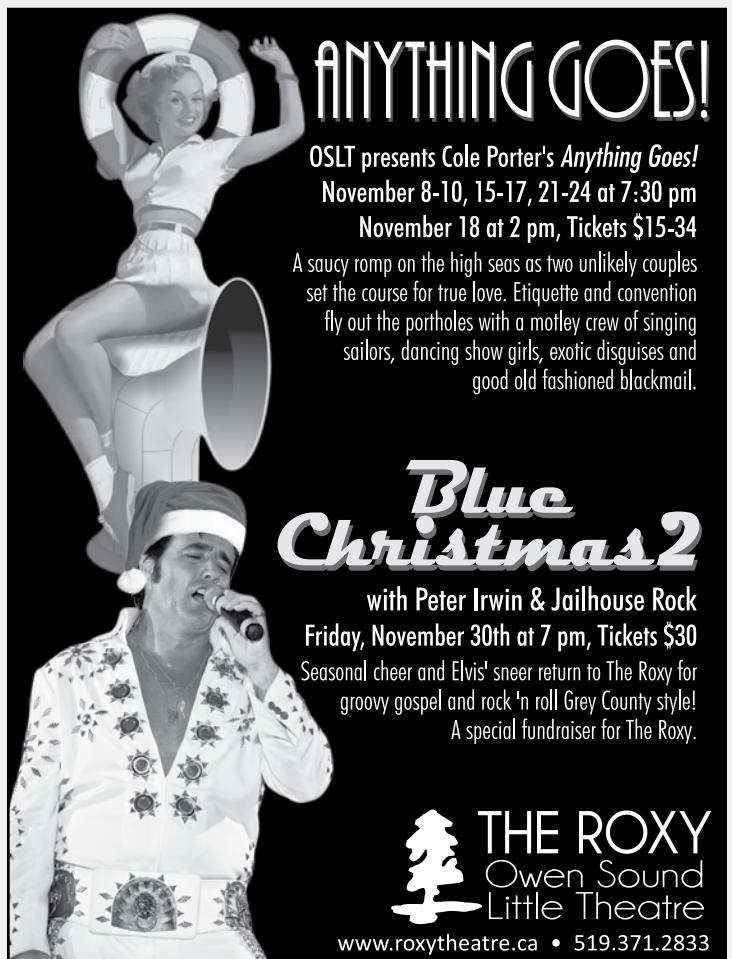
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For more information contact Barbara Buckendale
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ANYTHING GOES!

OSLT presents Cole Porter's *Anything Goes!*
November 8-10, 15-17, 21-24 at 7:30 pm
November 18 at 2 pm, Tickets \$15-34

A saucy romp on the high seas as two unlikely couples set the course for true love. Etiquette and convention fly out the portholes with a motley crew of singing sailors, dancing show girls, exotic disguises and good old fashioned blackmail.

Blue Christmas 2

with Peter Irwin & Jailhouse Rock
Friday, November 30th at 7 pm, Tickets \$30
Seasonal cheer and Elvis' sneer return to The Roxy for groovy gospel and rock 'n roll Grey County style!
A special fundraiser for The Roxy.

 THE ROXY
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Little Theatre
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ARTS ON TEN

"To a young heart everything's fun."
—Charles Dickens

The lights in our very own Dickens Village go on in Flesherton's newest Gallery Dec. 1. (as part of the annual Flesherton Flurries). All our art - two and three dimensional original pieces are created locally and are guaranteed melamine-free.

Reg. hours:
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Cabot Head Lightkeeping

by Sandra Howe

Since childhood, I have been fascinated by lighthouses and by the Bruce Peninsula. I devoured stories of pioneers, explorers, mariners, and shipwrecks along our rugged coastlines. Two branches of my family tree arrived in Culross Township with the first wave of settlers. When the Queen's Bush was opened, my ancestors arrived to create productive farms in this wilderness. They cleared timber, fished, hunted, travelled the bush trails and waterways. I imagine their lives as difficult, but satisfying.

For a wonderful week in September this year, I had the pleasure of staying in the Historic Cabot Head Lightstation. It was built in 1896 as a navigational aid for the bustling trade by ship on the Great Lakes. The treacherous shores of Georgian Bay had already seen many shipwrecks, and this beacon was critical in safeguarding the waterways. Today the light is solar-powered, standing atop a steel tower. The original lightstation looks much as it did in 1896; it now functions as a museum and observation tower. I spent many happy hours there watching sunrises, sunsets, storms, stars and sailboats; the views are magnificent.

Friends of Cabot Head is a not-for-profit organization founded by concerned area citizens to restore, maintain and manage this valuable heritage. With the full automation of the light, and the dismissal of the final lightkeeper in 1987, the lightstation buildings were considered surplus. From 1994 to 1996, the "Friends" undertook major restoration and renovation work using limited grant money and volunteer labour and expertise. It was truly a labour of love!

The present facility includes the lightstation, lightkeepers' cottage, gift shop, art gallery, walking trails, historic plaques and picnic area. The lightstation and cottage got fresh coats of paint this year – the traditional white with red trim – and are looking truly ship-shape. All funds for maintenance and operations are generated through the "Assistant Lightkeeper Program," gift shop and gallery sales, and visitor donations. The local community has been incredibly supportive, donating time, money, stories, and artifacts to maintain and share this historic treasure.

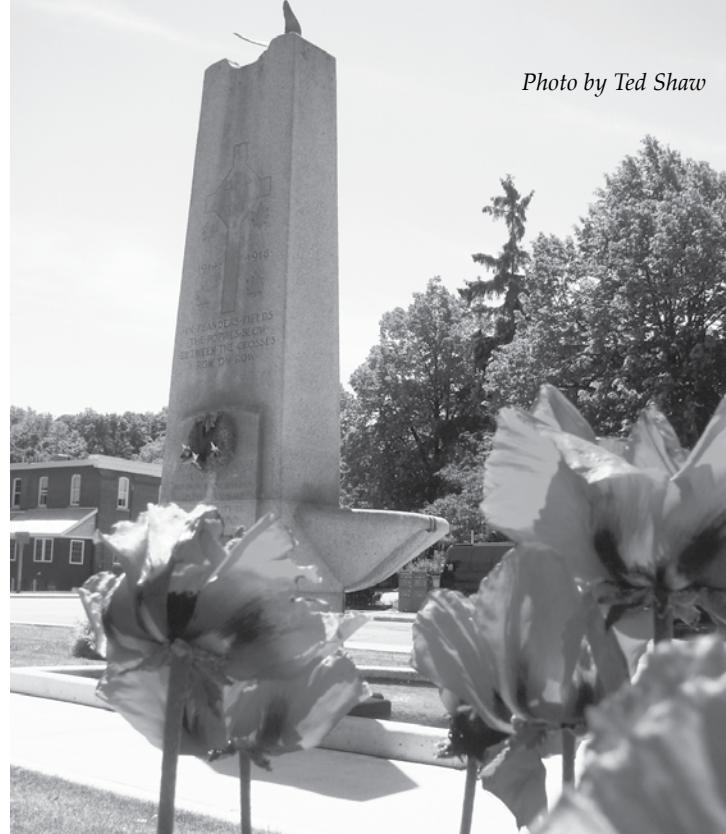
The duties of lightkeeper have changed dramatically. From 1896 until electricity arrived at Cabot Head in 1964, the light required steady and labourious tending. *The Rules and Instructions for Lighthouse-Keepers*, published in 1905, states that they were "required to be sober, industrious, and orderly in their families." Kerosene lamps were lit and kept at full brilliancy between sunset and sunrise, and in foggy or dark weather. The light was visible for 14 miles on a clear night. Lamps, wicks, reflectors, tower windows, clockwork mechanism and foghorn plant all required daily maintenance. Many sailors' lives depended on the efficient operation of the light.

Georgian Bay is full of moods and has witnessed the demise of many vessels and people. Shipwrecks are strewn along the cliffs and boulders that surround Cabot Head. Many boats, past and present, have sought safe harbour in Wingfield Basin, but several lie there still, beside the Cabot Head Lightstation.

My story endings from Cabot Head are all happy. As Assistant Lightkeeper, my duties were light and fun: sweep, dust, tidy to keep the museum and grounds orderly; greet visitors from around the world; help tend the gift shop and gallery. I walked the trails, read the histories, imagined and wrote of the lives lived at Cabot Head through the years. I enjoyed reclining under the old apple tree with books, and journals. It was like a quiet cottage week with a heritage flavour.

For a restful retreat into the colourful history of our region, I would highly recommend a lightkeeper stay. The facilities are rustic but comfortable. The scenery is spectacular. The visitors are excited and engaging. I love the way the threads of time connect us all to our past, and weave our present. For more information about Friends of Cabot Head and how you can get involved see www.cabothead.ca.

Photo by Ted Shaw



Art of Remembrance The Cenotaph, Owen Sound

In Flanders fields the poppies blow
Between the crosses, row on row,
(excerpt from poem by John McCrae, 1872 - 1918)

GEORGIAN BAY

CONCERT CHOIR

Georgian Bay Concert Choir
presents
A Christmas Festival
directed by
Regan MacNay
with

Ian Sadler
Organ

Matt Cassils
Baritone

Friday December 7 7:30 p.m.
Georgian Shores United Church

For information call Kathryn at 519-422-0876
or visit us online at www.georgianbayconcertchoir.org

Found alongside the allied troops in France were war artists from Britain, Canada and other countries who worked in desperate conditions to accurately portray the scenes they encountered. These images were often the only glimpse that the general public had of the realities of war. In addition to official war artists, many skilled soldiers at the front and behind the lines created "trench art" from the remnants of war, such as shell and bullet casings. They made tea pots, utensils, canisters, buttonhooks and jewellery. Because using government property for personal use was illegal, most trench artists did not sign their work. The creation of trench art was viewed by the soldiers as mementos of service and pieces were shipped back to Canada.

Grey Roots Museum & Archives commemorates Remembrance Day by opening the exhibit, **Honour & Remembrance**, from November 1 to November 14. This exhibit features water colour sketches and paintings of daily life in the trenches of World War 1 by Private Reuben Jukes of Hanover, Ontario. Private Jukes was part of the 2nd Contingent serving with the 20th Infantry Battalion.

As part of our Fall Lecture Series taking place Tuesdays from November 6 through 27 at 2:30 pm, Grey Roots presents **Historically Fashionable**, with Wendy Tomlinson who marries her interest in history with her love of antique and vintage clothing. She maintains a personal collection of textile artefacts with hundreds of items, wondering about the lives that were led by the original owners of each item. On November 6, get a unique glimpse into Grey County's past by examining the clothing its pioneer residents wore; on November 13th it's Fingers and Toes: The History of Gloves and Footwear; on November 20th the lecture examines the history of the wedding dress with Something Old, Something New: Brides Through the Decades. And finally, on November 27th it's From Bathing Costumes to Bikinis: The History of the Bathing Suit. Lectures are free with admission with complimentary refreshments following.

Get your Christmas shopping started at the 5th Annual **Holiday Craft Sale** on December 1, from 11 am to 4 pm.

The sale features over 25 local artisans and craftspeople with a wide range of handmade items available for purchase. Also enjoy refreshments, holiday music and a movie (plays at 2 pm).

Admission to the Craft Show is free. Regular admission rates otherwise apply.

Join us on Saturday, December 8 for **Holiday Family Fun Day** with seasonal family films in the theatre, refreshments, seasonal crafts and games such as crokinole, as well as scavenger hunts for junior and senior ages. All activities included with admission.

The historic **Moreston Heritage Village** buildings will be open and dressed in seasonal decor from the past, from 4-8 pm, on December 15 for a Candlelight Winter Evening. Hear stories of Christmases long ago and the songs of roving carollers. Take a ride in an open sleigh, then warm your hands by a roaring fire and enjoy a cup of steaming apple cider and cookies. A truly unique Christmas experience for all ages!

Two original Grey Roots exhibits, **From Forest to Furniture** and **Re: Thinking the Past**, will be on display until January 25, 2013. Opening January 8, 2013, the exhibit **Tales of Fantasy** showcases storytelling and a world inhabited by weird and scary creatures, strange phenomenon and magical powers. Check out the flying canoe, "crazy" clock and laboratory, while taking in oral history from Canadian folklore, French-Canadian heritage as well as First Nations traditions. Exhibit features include: costumes to try on, books of fantastic legends, legend listening station, totem animal puppets, a record-and-listen cabin as well as sound tracks, videos and artefacts. This exhibit is on until May 9, 2013.

With so much to see and do at Grey Roots, consider becoming a member. For only \$40* for an individual, \$30* for a senior, or \$60* for a family (*plus HST), you get free admission to both Grey Roots Museum & Archives and Bruce County Museum & Cultural Centre for one year as well as a subscription to Grey Matter (our quarterly newsletter), invitations to exhibit openings, and discounts at the Gift Shop, on KidsCamps, and facility rentals. A membership also makes a great year-long gift! **M**

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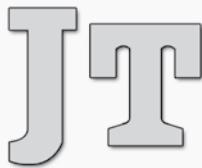
by Terry Burns

Carol Wainio Exhibition: Fairy Tales

Carol Wainio's rich canvases are at once haunting, clever and sly, a little like the fairy tale-like characters who populate them. The paintings are theatrical in their narrative, costume and staging elements, and the viewer engages with them like an audience member viewing a play in which the characters have broken the imaginary fourth wall. The feeling of being a witness to an active event is further intensified by figures which appear to be leaving or entering the scene, or who interact with each other in somewhat mysterious ways.

A central figure in many of the paintings is the folk trickster hero Puss-in-Boots, whose cleverness in transforming his poor master's fortune through the deceitful acquisition of a fine suit of clothes makes him a useful metaphorical contrivance. Wainio uses this story to great effect in her exploration of the problematic nature of status, marketing, acquisition and transformation. Other trickster figures, including rabbits, foxes and jesters, populate her canvases and serve to warn the viewer that in such a deceptive world, the buyer must indeed be wary.

Carol Wainio will be present at the opening of *Fairy Tales* on Saturday, November 10 from 2 to 4 pm. The exhibition runs to January 6, 2013. The Gallery is open Tuesday to Friday from 10 to 5, Saturday Sunday and holidays from 1 to 4, and Thursday evenings from 7 to 8. For more information contact 519.369.3692, info@durhamart.on.ca or www.durhamart.on.ca. **M**



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Sew Be It

by Fran Van Meer

Every second Friday afternoon, a small group of talented ladies get together and share their activities with each other. An eclectic combination of crafts can be found: knitters, crocheters, bead workers, weavers, lace makers and sewers. The group is called Sew Be It and the McQuay Tannery Seniors' Centre is their home.

Some of the ladies are more experienced at their crafts than others, and they are always more than willing to help out someone who is struggling with their project. The knitters make just about everything, scarves, sweaters, even beaded purses. A couple of the group are quilters. One of the ladies does bobbin lace, an older art form that is starting to be appreciated again. Another does weaving on a portable loom that the pioneer women used to use while crossing the country in wagon trains. A new craft will be introduced soon...porcelain painting.

Laughter is always a main ingredient to these sessions, as are desserts and hot beverages! If you would like to be part of our fun, please contact Barb Penn at 519 371-1161 or Marie Fligg at 519-371-1257. The culmination of all our labours will be available for sale at the Tannery, 1852 3rd Avenue East, Owen Sound on November 3rd, 10-3pm. Please come and see us. **M**

EXHIBITIONS EDUCATION EVENTS SHOP

EXHIBITIONS until January 6, 2013

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Canadian Spirit: The Tom Thomson Experience

EVENTS
November 3, 2012
Annual Fine Art Auction: Shades of Grey

November 12, 2012
Gallery Night at the Movies: *Midnight's Children*



Someday they will know what I mean. Tom Thomson

Image: Tom Thomson on Lake Scugog, 1915

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Christmas Bird Count

by Freeman Boyd

Each year over the Christmas holidays about 200 volunteers spend a full day counting every bird they see across Grey Bruce. Divided into seven 'count circles', these Christmas Bird Counts (CBCs) provide a snapshot of our winter bird populations. As these snapshots accumulate, year after year, unique and fascinating trends emerge.

The Owen Sound count was started in 1971. In 42 years, 121 species of birds have been seen: 20 species only once, 27 species every year. Here are a few of the tales the data tells:

Mute Swan: One of the newest entries in the data base, the Mute Swan is a European species introduced to Ontario over 50 years ago. Recently it has established a wild breeding population in the Great Lakes Basin. First recorded in 2005, it has been seen every winter since 2008.

Bald Eagle: One of the birds at the centre of the DDT controversy in the 1970s, the Bald Eagle first appeared on our count in 1999. It has been seen every year since 2005. Several dozen of these majestic birds can be seen on most winter days near the Bruce Nuclear Power Station.

Wild Turkey: Introduced into the area by MNR in the 1990s, Wild Turkey was first recorded on count day in 1999. Tens were counted in the first few years, increasing to 100s. 2010 saw a high of 340! No one knows for sure when, or at what level, their Grey Bruce population will settle. Stay tuned.

Herring Gulls: Once seen by the thousands every year, Herring Gull numbers have been dropping since the Genoe landfill site was closed in 2004. Perhaps they have moved to Michigan?

Red-bellied Woodpecker: An invader from the south, the Red-bellied Woodpecker was first recorded here in 1995. It has been seen every year since 2003. Like all our woodpeckers, it is no doubt benefitting from extensive reforestation of rougher land across Grey Bruce.

House Finch: A native from the West, the House Finch escaped

from the caged bird trade on the East Coast, established a wild breeding population that burst on to the Grey Bruce scene in 1985. With phenomenal success, we were recording 1000 of these birds by the early 1990s. Amid much discussion on how big their population might grow, and what impact they must have on other small wintering passersines, these finches were infected by an epidemic of conjunctivitis in 93/94. Since 2000, about 100 are recorded annually.

Evening Grosbeak: This northern finch used to invade Grey Bruce each winter. Consistently recorded from 1971 to 1993, this striking yellow and black bird wandered Grey Bruce in flocks. From 1994 to 2001 it was recorded only every other year. It has not been seen in the Owen Sound area since 2001, although it is still recorded on the Tobermory count occasionally.

House Sparrow: Another introduced European species, this finch – yes, sparrow in a misnomer – once reached massive numbers when horse power dominated urban and agricultural areas. The subject of a long decline since then, the rate of the drop-off seems to be getting steeper. Numbers that averaged 800 to 1000 in the 1970s and 1980s, now stand at about 200.

There are over 2000 count circles in North America, making the CBCs the largest citizen science project on the continent. They are held between December 14 and January 5. The complete data base can be viewed at: <http://birds.audubon.org>. Grey Bruce counts occur in Meaford, Owen Sound, Hanover, Kincardine, Saugeen Shores, Wiarton and Tobermory. If you would like to participate, contact the coordinator of the count you are interested in listed at www.owensoundfieldnaturalists.ca. All skill levels of birders, from beginners to experts, are welcome.

Freeman Boyd is the compiler of the Owen Sound Christmas Bird Count.

Shear Delight

by Dorothy Hinchcliffe and Brenda McLister

Promoting and sharing the skills of hand-spinning and weaving is the focus of the Pottawatomi Spinners and Weavers Guild of Grey and Bruce Counties. Members actively pursue new skills and perfect old ones through a program of projects, presentations, workshops, and field trips.

This August, members gathered at the farm of Harriet and Henk Boon to learn about sheep shearing and wool. Kim Lennox demonstrated shearing and also discussed various sheep breeds and the characteristics of their wool. Harriet demonstrated the

sorting of the fleece as to fibre quality. Each of the Guild members took some of the fleece. During the course of the Guild's fall program, the members had opportunities to practice all the steps involved in processing the fleece from the sheep's back to the finished product. Guild members washed the fleece to remove the dirt and lanolin. Some of the fleece was dyed. The wool was then carded or combed in preparation for spinning or felting.

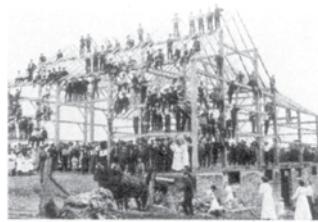
The results of the shearing and fall program will be on display at the Guild's Show and Sale at the Owen Sound and North



Sorting fleece with Harriet Boon

Grey Union Public Library on Saturday November 24 from 10 am to 4 pm and Sunday November 25 from noon to 4 pm. Admission is free. Please join us. **¶**

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FINE CHRISTMAS CRAFT SHOW AND SALE

by Morag Budgeon

The weekend of November 16-18 marks the third annual Fine Christmas Craft Show and Sale at the Grey Granite Club in downtown Owen Sound. What better way to celebrate the season than visiting a fine art and craft show featuring unique creations by local artists and craftspeople.

"This will be Owen Sound's biggest Christmas weekend," says Morag Budgeon, organizer and local jeweller. "In addition to our show, Friday night is also the kickoff to the Festival of Northern Lights and Downtown Moonlight Madness. Saturday morning will see the arrival of St. Nick at the Santa Claus Parade. It's going to be great."

This three-day juried show will include many craft disciplines, including pottery, jewellery, photography, glass-blowing, woodworking and textiles. Fine art, beauty products, cards, chocolate, clothing and many other items will be available for purchase. Many favorite artists are returning with some new

vendors adding a fresh twist to the mix. "The caliber of the work available from these professionals is very high. Who needs to travel to the bigger cities when we are bringing the best to you?" Budgeon asks.

Enjoy lunch or a snack at our café while you soak up the atmosphere of Christmas and craft. This year we welcome a new chef, Kevin Lisle who has enjoyed decades of professional cooking and will use his experience to prepare all manner of delectable food-stuffs featuring local ingredients. Dairy free, gluten free and vegan food options will be on the menu and take out is available.

There will be plenty of time to browse and shop on Friday, November 16 (5pm to 9pm); Saturday, November 17 (10pm to 5pm); and Sunday, November 18 (10pm to 5pm). The Grey Granite Club is located at 727 2nd Avenue East in Owen Sound. For more information contact Morag Budgeon at 519 376-2639 or moragbudgeon@yahoo.com. **M**

Mudtown Records

by Josh Richardson

Mudtown Records proudly presents what it has in store for the end of 2012 and the new year in 2013. We will be celebrating the start of a new festival, letting another one go, and bringing back some popular events - excitement is guaranteed.

On December 15, the Silent Film Ensemble will return after a year-long hiatus to perform a live soundtrack to Fritz Lang's futuristic silent masterpiece "Metropolis" at the Roxy Theatre. The new year will see the third edition of the **Lupercalia Winter Multi-Arts Festival** on the Family Day long weekend, February 15 and 16. Early-bird tickets will be available through the Roxy box-office beginning December 1. This year's festival features over two dozen acts including the **Wilderness of Manitoba**, **Peter Elkas**, the **Burning Hell**, and the **Bidiniband**. In 2013, Mudtown Records will also premiere its "Mudtown Music Series" featuring concerts and events with visiting and local artists. And finally, we say a fond farewell to the OTHERfolk Festival, which will be making way for the inaugural edition of the **Mudtown Music & Arts Festival** to be held on the weekend of August 9 and 10. Tickets and details will emerge in the first half of 2013. Mudtown Records guarantees that things will get dirty in 2013! For more information on tickets, events and recordings email info@mudtownrecords.com. Follow us on twitter @MudtownRecords, find us on Facebook, or visit our website at www.mudtownrecords.com. **M**

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Alex of the Perrogie Palace displays his ribs at the Meaford Farmers Market. A potential recipe for the cookbook!

MEAFORD MUSEUM NEEDS HOME GROWN RECIPES

by James McIntosh

The Meaford Museum is now accepting submissions for their newest project, *Through the Pantry Door*, a community cookbook initiative. The Museum is looking for recipes that hold a special place in your, or your family's, heart; recipes that have a story to go with them. For example, your Grandpa's chilli recipe or your mother's rhubarb pie recipe made every Thanksgiving. These stories, when included with the recipes, will become a usable record of Meaford's family kitchens past and present.

All recipes will be reviewed by a museum committee and will be selected on the following criteria: 1) the story accompanying the recipe has a local and/or familial connection; 2) the recipe includes ingredients that are unadulterated and not overly processed; and 3) the recipe uses ingredients that can be traditionally sourced in Meaford. The recipes do not need to fit all of the criteria. Overall the Museum is looking for sound original gastronomy of Meaford.

The Museum is also interested in submissions from local chefs and caterers. These recipes will be featured within the cookbook to highlight the area's culinary professionals.

Submission forms are available at the Museum and on the Museum's website (www.meafordmuseum.ca). The cookbook will be launched in June 2013, the proceeds of which will go toward the Museum's Fundraising program. **ℳ**

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Escarpmont Biosphere Conservancy: Protecting Our Natural Heritage

By Sandra Howe

Escarpmont Biosphere Conservancy (EBC) staff and volunteers have been very busy this fall in Grey-Bruce. They hosted the Monarch Butterfly Festival at Bruce Peninsula National Park Visitors' Centre. Monarchs were netted, tagged, and released to assist researchers in tracking migration routes between Canada and Mexico. Children and adults engaged in learning activities, and were fascinated with the process. EBC has also attended local fall fairs and the Port Elgin Pumpkinfest to highlight their work in protecting our natural spaces. EBC's mandate is to preserve and steward nature throughout the Niagara Escarpment region.

EBC is now Ontario's largest regional land trust. In 1997, a concerned group of citizens came together to create a charitable land trust to establish, maintain, and manage a system of nature reserves along the escarpment. Lands are acquired through purchase or donation, conservation agreements are signed, and funds are raised to support this on-going work. From Guelph to Goderich to Manitoulin, EBC has established 114 reserves, protecting 8791 acres of natural habitat. These lands are protected from development, and available to the public for "ecologically sustainable recreational activities". What an incredible legacy! "We do not inherit land from our ancestors, but borrow it from our children," is an apt adage.

There are many ways you can assist in this vital conservation work. Landowners can consider selling or donating ecologically significant habitat areas, especially those bordering on other protected properties. Conservation agreements allow owners to place restrictions on how properties can be used now and in future, helping to preserve sensitive ecosystems while retaining ownership. Volunteers are needed to steward reserves, educate the public, and do promotional work. Fundraising and FUN- raising are essential and on-going activities. To learn more, and get involved visit www.escarpment.ca. **ℳ**



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Labyrinth Fest

by Wendy Woodhouse

Solivit ambulando...It is solved by walking.
- Saint Augustine



The first time I walked a labyrinth was outdoors in a meadow just off the Bruce Trail. What I remember most is how delighted I was to see a bee preoccupied with the patches of field clover and a butterfly that seemed to float in the air beside me.

When we walk a labyrinth it becomes a journey of self discovery. We are asked to simply experience the experience. You can't get lost. Just walk and pay attention to what happens. I was surprised how detached from nature I had become. It was in walking this labyrinth that I was reminded at the time of the beauty and mystery that surrounds us.

My second labyrinth walk was indoors on a portable canvas with a Chartres-style labyrinth spread out on the floor of a church hall. When walking a labyrinth, it meets you where you are. That day I entered the labyrinth to look for answers to the stress I was experiencing. I was ready to let go of any beliefs I held and just walk the labyrinthine path that lay before me. At the centre of the labyrinth I was so overwhelmed that I began to cry. My healing journey had started.

I have since returned to the labyrinth many times to contemplate a question, to find clarity in a situation, or simply to find calm or peace during a stressful time. I invite you to experience the healing power of a labyrinth. On Friday November 30 at 6:30pm we will have a **Labyrinth Fest** at the Owen Sound Peace Labyrinth located at Georgian Shores United Church. This special event of "lights, bites and spiritual delights" will include a talk about the Labyrinth as well as a meal and the opportunity to walk the Labyrinth by candlelight. Admission is by donation to the Marg and Don Capel Legacy Peace Labyrinth Endowment Fund established to maintain this Labyrinth in perpetuity (www.communityfoundationgreybruce.com). Join us to restore a sense of balance to your body, mind and soul. ☺

Vision One Walk

by Sue Kenney

Artistic creativity has played a significant role in culture across the centuries, yet today we are asking artists to create without compensation as music, movies, books and other works of art are downloaded or viewed on-line for free. What if we were to pay artists differently?

A story in *Ripley's Believe it or Not* explains how Ludwig van Beethoven was once commissioned to write music by three Austrian noblemen. Rather than pay him for the composition, they paid him to walk everyday from sunrise until noon, because they believed if he walked he would create a masterpiece and he did. This story solidified my experiences and I became the best selling author of the book *My Camino*, now in development as a feature film, after walking 800 kilometers on the medieval pilgrimage route known as the Camino de Santiago de Compostela, in the north of Spain.

Vision One Walk is a foundation with a goal to pay artists who walk. To build awareness and launch a fundraising campaign, a 425-kilometre walk on the Bruce Trail with Sue Kenney and fellow artist Amanda Stillemunkes, began on September 9 in Tobermory and ended in Collingwood on September 29th, just in time for a community Culture Days Event co-ordinated with other local arts groups. Big thanks to Nicola Ware and Jan Williams for their support.

We couldn't do this without a passionate and committed Project Team of volunteers, including Marie Ostrowski, who led the publicity campaign, drove the business plan and offered her incredible administrative talents to this project; artist Audrey Smith who offered the beautiful painting in the poster; and three students from Barrie's satellite site of Laurentian University, enrolled in a 'Managing a Not-for-Profit' course, who selected the Vision One project to strategize, recommend and implement ideas as part of their final mark. Aaron Elliott is our social media guru so watch for us everywhere. Big thanks to all the others including our premium sponsor ZemGear! To get updates on the Vision One Walk, follow @Visiononewalk on Twitter or www.suekenney.ca. ☺

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PROFILE:

By Reg Moore

Cocoa Vanilla

The blues dance to the beat of savory food and beverages at Cocoa Vanilla in Wiarton. Proprietor Jeff Leonard says the idea for an internet cafe began with a few friends and his late friend Joe Bell who knew Wisha Promyong, president of the Doi Chaange Coffee Company in Thailand. Jess calls it the world's best coffee so I tried a dark roast and could not disagree. They also serve Two Leaves and a Bud tea blends from Darjeeling, India, and I found the Better Morning blend euphoric. I sampled the gluten free black bean brownie which was moist and very chocolaty, and the macadamian nut butter tart with its rich crust and caramelly body.

Open from 7am to 9pm, Cocoa Vanilla serves breakfast, lunch and dinner—everything from poached eggs to chilli, soups, salads, paninis and artisan pan pies, which Leonard says are authentic thin crust pizzas. They make the crusts themselves except for

the gluten free one. WiFi service is available free and "there are PCs available for those who do not have their own device," he said. "Our atmosphere is relaxing and we encourage our guests to stay, meet with friends, surf the net, skype, read a book or catch up on work. We want them to always feel welcome." Art from the Bruce Peninsula Society of Artists adorns the walls and there will also be Native Art soon. And he plans space for students or others who want to display their work. The works of Rosemary Kavanagh were the first show. And Leonard has art objects for sale, as well as \$2 books. The idea is that if someone comes in and sits down with a book and wants to take it home, that works.

It's a family business with his daughter Victoria as the baker and chef, although Jeff cooks too. And his daughter Charlene works the counter while his brother Steve is also on staff. Victoria is London's 2010 Iron



Jeff Leonard at Cocoa Vanilla

Cupcake Champion. Jeff says Tori, "blesses our counter and display fridge with her decadent baked goods—out of this world fudge brownies, biscotti, cupcakes, coffee cake, custom order cupcakes as well as the butter tarts and brownies. They also have 100% fruit smoothies.

Jeff can't guarantee you will find chestnuts roasting by an open fire this winter, but that would describe the cosiness of the space where they play blues, jazz and unplugged music. In a town where they normally roll the sidewalks up in the evening, it's nice to have a cafe hangout where they plan open mics, poetry readings and other entertainment throughout the week. **M**

Victorian Christmas at the Billy Bishop Home & Museum

By Paul Eichhorn

Did you know that many traditions marking the festive season actually came about during the Victorian era in the 1800s? Several were introduced in England by Queen Victoria's husband Prince Albert, who came from Germany. Christmas trees, Christmas cards, Christmas crackers and plum pudding all came out of this era. It's appropriate that in late November each year until New Year's, the Billy Bishop Home & Museum – A National Historic Site, marks the season by holding a Victorian Christmas.

The historic Victorian-era home is the perfect setting. Visitors have an opportunity to experience Christmas in a way Billy and his family did back in the late 19th century. The period home is decorated in era-appropriate items including two Christmas trees, holly and ivy wreaths, and other festive décor. Christmas-themed displays are also featured at the Museum.

Victorian Christmas begins this year with a special weekend event on November 24 and 25 from 1 pm to 3 pm. Along with hot apple cider and home-baked treats, visitors will be welcomed by musicians, singers and entertainers adding to the festive atmosphere. To find out more about Victorian Christmas at the Billy Bishop Home & Museum, visit www.billybishop.org. You can also get updates on Facebook (www.facebook.billybishop.org) and Twitter (@osmuseums). **M**



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From the Front Burner

by Paul Thomas



Wilfrid Gordon McDonald Partridge* was a small boy who lived next door to a home for older folks. He often found himself in the comfort and safety of the resident characters. One woman who had a name as long as his, had lost her memory. It was Wilfrid's task to help her to find it. He found objects from his world that triggered a flood of stories from his special friend. It worked!

Remembering the past when we're caught up in the pressures of the present is an intriguing challenge. Ceremonial time and place have significant relevance to our lived experience in the now. Is this notion unfolding as a consequence of our newly emptied nest? There are likely many triggers of nostalgia that catch up to us along the journey.

The other day a customer remarked on how she remembered a certain taste of a certain item we've made for years. "It tastes differently to how I remember it," she remarked. She used to enjoy sharing it with her then infant son. The taste was locked in her memory of this special time and bond they shared. I love that. Remembering tastes from a ceremonial time in our lives. This is the season to remember. Let the flood gates open with memories of all the special folks who have shared in your journey. In the context of passionate flavour, ponder over favourite meals or dishes or flavours or aromas that inspire a detailed richness of experience. Go ahead, let'er rip. Dig out an old recipe that triggers fond memories of times shared in the past. Let food be the catalyst into a foray of the fondness we have for flavourful memories. Like Wilfrid, use objects of your lived world today as the ticket to remember. Breathe deeply this honest and delicious culinary repast. It's November and it's time. I think it's also a very healthy and helpful way to spend a mindful moment.

Then on the next day... try something new. Ever made polenta? Super fun and super easy. This version will be gluten free and vegan.

Vegan Polenta with Greens and Squash

This is a perfect dish for the colder days now upon us. It's also very colourful with layers of polenta, greens and squash.

Polenta: • a splash of vegetable oil

- 1 chopped onion
- at least 2 sun-dried tomatoes, chopped
- a pinch of your favourite dried herb, thyme or sage
- would be nice
- a pinch of salt and pepper to taste
- 4 cups liquid...water, vegetable broth, non dairy milk...you get the idea
- 1 cup whole cornmeal

Sauté the onion until golden in a straight sided heavy saucepan (or whatever pot you have). Add the sun-dried tomato and herbs and salt and pepper and cook another few minutes. Stir in the liquid and bring to rolling boil. Whisk in the corn meal slowly. Switch to a wooden spoon and keep stirring. Lower heat and cook for another 15-20 minutes until thickened. It should fall away from the sides of the pot. Now the fun part: I pour the polenta out right onto the counter. Spread it out with a spatula to a thickness of about 1cm or $\frac{1}{2}$ ". Cut it to the shape and size of your baking dish. Use a large lifter and your hands to transfer it to your dish. It will form the bottom layer. It's amazing how it doesn't stick. Any leftovers can be sautéed and enjoyed as a quick snack; use it like you would a bruschetta.

Greens layer: heat some oil and sauté at least 3 cloves of chopped garlic. Like leeks? Go ahead and add a chopped leek. Sliced fennel

would also add some pizzazz. Then add chopped greens like kale, chard, collards, spinach, savoy cabbage...you'll need about 10 cups. Add a pinch of salt and a splash of water. Cook 10 minutes or so and drain. Always save the cooking liquid. This is your middle layer.

Squash layer: peel, dice and steam your favourite squash. If you didn't get an easy peeler like butternut from the market, bake one, like acorn or delicata and scoop out the flesh. You'll want a couple of cups. Season with salt and pepper and how about a shot of ginger? Puree together. If you need to let it out use the greens liquid. This is the top layer.

Once you've assembled the whole show, bake in a 350 degree oven for 30 minutes or so. As a garnish once out of the oven, you might sauté some tofu in a little sesame oil and sprinkle some toasted sesame, sunflower and/or pumpkin seeds on top. As an option for protein, spread out a layer of cooked quinoa above the polenta. Make extra of the polenta and the squash puree; they freeze well and are handy to have on hand for a quick meal! Vary the spices and the middle layer ingredients for a change.

Wilfrid taught us to look around for the little things that help to keep us vital. It's a great lesson to remember; "it" doesn't have to be complicated. Enjoy this time of reflection. Celebrate the time in the kitchen creating full flavours from the hardy fall crops still plentiful at your favourite market.

**Wilfrid Gordon McDonald Partridge*, by Mem Fox, Illustrated by Julie Vivis. Viking Kestrel Press ISBN 0-670-80990-X

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WE ARE THE MASSES. WE ARE THE MOB. WE ARE THE MOVEMENT

by Kendra Fortin

"We can do no great things, but we can do small things with great love" - Mother Teresa

Free The Children (FTC) was founded by Craig Kielburger in 1995 when he gathered 11 school friends to begin fighting child labour. Like most 12 year olds, Craig enjoyed sports and hanging out with his friends when one headline changed his life forever. Craig was flipping through the *Toronto Star*, in search of the comic section, when he was struck by a story. A boy named Iqbal Masih lost his life defending the rights of children when he was only 12. Iqbal was born in South Asia and sold into slavery at the age of four. He captured the world's attention by speaking out for children's rights. What Craig learned from Iqbal's story was that the bravest voice can live in the smallest body.

Today, Free the Children is an international charity and educational partner with more than 1.7 million youth involved in their innovative education and development programs in 45 countries.

The (MOB)ilizers is a program spread across Canada and into the United States. This is the first year for the Bruce County MOB, made up of fourteen passionate youth ranging from the ages of 12-18. This year the Bruce County MOB is adopting the village of Terre Casse in Haiti. We will be raising funds to assist the village become more sustainable and thus break the cycle of poverty. We realize that, although problems may look impossible and unbearable, if we use all our gifts and passions, we can accomplish anything.

The Bruce County MOB just completed our first campaign on October 6th by hosting a very successful pie sale raising \$600! Upcoming events include collecting canned goods instead of

candy on Halloween and hosting a coffee house. We will also be selling Rafiki chains, which are handmade beadwork bracelets, anklets or necklaces made by Maasai Mamas; each sale (\$10 each) will provide one person with clean water for a year.

To learn more about upcoming events "Like" Bruce-County (MOB)ilizers on facebook or visit our website at www.brucecountymob.weebly.com; to learn more about FTC visit www.freetheworldchildren.com.

Kendra Fortin is a student at St. Mary's High School.

Songs of the Season

By Karen Naish

"Songs of the Season" will be performed by the Goldenaires, under the direction of Jennifer Potter, on Sunday, December 2 at 2:30 p.m. in the Meaford United Church. Musical guests will be Eleanor McDougall and the Classic Bronze Handbell Quartet. Tickets are \$12/adults, \$5/children and will be available at Stuff to Read, choir members, and at the door. Proceeds go to Community Projects and School Music Programs. Refreshments will be available after the concert. **M**

PROFILE:

Aisling Keep Polyculture A Permaculture Edible Forest in Grey County

As the word suggests, 'polyculture' involves intentional growing of different types of multi-useful plants together in one place. Also called 'agro-ecosystems,' polycultures exhibit form and function and hence diversity, resilience and self-management of natural ecosystems. We just borrow, or mimic, that splendid form and diversity for human use.

The Aisling Keep Polyculture was planted in 1.5 acres of hay field by Brad Peterson in 2006. Its form is a hybrid of natural forest and production orchard: a forest because it seamlessly blends 26 distinct 'eco-tones' or 'guilds' or community types into one larger community of trees, shrubs and vines; an orchard because it is laid out in rows, some straight, some curving for ease of maintenance, manage-

ment and harvesting. Several triangular-shaped areas left over become valuable refuges for pollinators. The whole system has a lumpy texture that melds open areas with savannah-type openings and areas of closed canopy.

Expect to find a wide variety of nut trees, fruit trees, fruiting shrubs, and edible vines. Some are mixed together to form mutually-supporting guilds; others are planted in pure stands to facilitate easy management and picking. "Rather than soup to nuts, we offer gooseberries, pears, currants, apples, cherries, peaches, plums and grapes to nuts," Peterson jokes. Altogether he has about 120 different hardy, disease-resistant and highly productive varieties. Peterson admits to pushing the hardiness envelope, in order to see what can tolerate the 5b climatic zone. He muses,

"If you don't try, you won't know. Both climate change and availability of newer varieties may both lead to growing plants here that were not possible before."

Brad Peterson is a landscape architect who moved to his farm near Chatsworth from Guelph in 2005. As an ecological Landscape Architect, he offers professional consulting services in Sustainable Landscape Master Planning and Permaculture Site Design. Springtime educational workshops in Permaculture are also held at the farm about every two years, with permaculture blitzes or work bees held in alternating years. To learn more, send e-mail to brad.ed@bmts.com with 'workshop 2013' in subject line. For more on Brad Peterson's professional services visit www.bradbpeterson.ca. **M**

What's On At The TOM

by Leanne Wright

ON VIEW

Michèle Karch- Ackerman: Domestic Acts of Love

(until January 6 2013) North Gallery

The Billy Bishop Home & Museum: The Lost Boys

Marine & Rail Museum: Lost Margaret

For many years now Michèle Karch-Ackerman's artistic practice has revolved around the idea and practice of offering comfort and solace to the souls of babies and children who have passed away and to their bereaved mothers. Several bodies of work emerged from this offering. Karch-Ackerman worked around the idea of narrative and of individuals' stories within her work. In doing so she creates work with broad connections and importance for many viewers and which continues her acts of healing and expiation through what curator, Virginia Eichhorn, has characterized as the domestic acts of love: sewing, knitting, baking, etc.

Community Curators Select V (until January 6 2013)

Community Curators Select offered members of the public the opportunity to go behind the scenes at the Gallery. Assisted by one of our curatorial staff members, "community curators" selected an artwork they liked or considered important and then explain why they chose the work.

Translating Tom

A Gallery Shop Special Project (until January 6 2013)

You are invited to give your interpretations of and responses to Tom Thomson's notable quotes. A chalkboard installation will be updated weekly with a new Tom quote to provoke response and dialogue from both our Gallery visitors and facebook friends.

EVENTS

Shades of Grey...you know you want it!

A Tom Thomson Art Gallery Fundraising Event

Saturday, November 3: Cocktail party 6 pm;

Live Auction 7:30 pm with auctioneer Bill Walker

Join us for an opening party and enjoy a signature TOM Cocktail along with gourmet canapés as the excitement builds for the Live Art Auction featuring works by some of our most renowned and celebrated regional and national artists, including Jane Buyers, Keith Campbell, Laura Donefor, Aganetha Dyck, Alan Glicksman, John Hartman, Stephen Hogbin, Vid Ingelevics, Allan Harding MacKay, Allen Smutylo, Chrysanne Stathacos, Lorne Wagman, Tim Whiten and more! Add to your collection and help support artists and the Tom Thomson Art Gallery (Tickets \$20).

CLASSES & WORKSHOPS

Fall Social Studio Wednesday November 14, 28 1 to 4 pm
FREE

Share your afternoon, your work and your ideas in our bright studio space. Everyone is welcome. Bring your own supplies. No oil paint.

Figure Drawing Studio November 25, December 9 1-3pm in

the Studio

Cost: \$15 non-members/\$12 members

Non-instructional figure drawing studio sessions to encourage the traditional practice of painting and drawing the human figure. Arrive early for set-up; bring your own supplies, no oil paint. Studio doors close at 1pm.

Make Art November 18 and December 16, 1-3pm FREE

Drop into the Gallery Studio for an afternoon of family fun and art-making. Everyone is welcome.

VOLUNTEERS, WE NEED YOU!

We welcome all eager volunteers, no matter your age to get involved at the TOM. This is a great opportunity for high school students to complete their community service hours and for everybody else to get involved and give back to their community. To find out more about volunteering at the TOM, and to sign-up please contact Suzanne Watson, Volunteer Co-ordinator at 519-376-1932 or by email: swatson@tomthomson.org.

For more information on exhibitions and programs, call 519-376-1932 or check our website: www.tomthomson.org and follow us on facebook and twitter.

AWARDS GALA: SUNDAY FEBRUARY 17, 2013

owen sound cultural awards



Nominate your favourite in any of these award categories:

Emerging Artist (\$500 cash prize!)
Outstanding Individual, Event, or Group
Volunteer Service • Patron • Cultural Heritage
Lifetime Achievement

Hurry - Nomination Deadline is December 3rd!

Guidelines & Form:

www.owensound.ca/culturalawards

or one of these locations:

Owen Sound Library, Owen Sound City Hall,
Downtown Improvement Area office, and The Ginger Press.



Toronto All-Star Big Band in Owen Sound

They're back, the young musicians of the **Toronto All-Star Big Band** are returning to the Roxy Theatre for another rousing and festive Christmas Special. If you have seen their show, you know what I mean. This incredible 22 piece group that revives the golden age of the big bands includes a fabulous vocal group, TABB 5 (reminiscent of the Modernaires, Pied Pipers and the Andrew Sisters). Band members are between the ages of 15 and 22 and are all students in high school, college or university. Armed with great programming, inventive choreography and witty cultural nostalgia, this vibrant cast of awesome young talent has earned its position at the top of the list of performers throughout Canada and in the US. The band has worked with Canadian icons such as Peter Appleyard, Oliver Jones, Ranee Lee, Phil Nimmons, Howard Cable and the great Jackie Richardson. This past February, the band had the pleasure of performing with legendary trumpeter Doc Severinsen whose gift of music will "not soon be forgotten" by these students.

On Saturday December 1st at 2:00 pm the Toronto All-Star Big Band will bring season tunes as well as favorite songs from the big band era to the stage of the Roxy Theatre. Tickets are available by calling the box office at 519-371-2833 and ticketscene.ca.

Former Owen Sounder Coming Home

Heather Hiscox, well known senior host with CBC News and former Owen Sounder, will be the keynote speaker at a fundraiser for Community Foundation Grey Bruce (CFG) at 7:00pm Wednesday November 14 at The Bayshore in Owen Sound. Heather's first job was as a disc jockey at CFOS radio; she is now in her eighth season as the senior host of CBC News. She is at the centre of this exciting, dynamic new program and covers the most important national and international stories of day.

This event will be held during Canada's National Philanthropic Month; it celebrates local success and explores future opportunities. CFG encourages endowment building and facilitates philanthropic partnerships within Grey and Bruce. Heather will be speaking about **Smart and Caring Communities**. For more information and tickets contact CFG at (519) 371-7203 or www.communityfoundationgreybruce.com. Tickets (\$20) also available at The Ginger Press.

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Moreston by Candlelight December 15, 2012 from 4-8 p.m.

Join us in Moreston Heritage Village for an ol' fashioned Holiday experience!

Hear stories of Christmases long ago

Take a ride in an open sleigh

Listen to the songs of roving carollers

The historic buildings will be open and dressed in seasonal decor

Enjoy a cup of steaming apple cider and cookies

Warm your hands by a roaring fire

A truly unique Christmas experience for all ages!



5th Annual Holiday Craft Sale - December 1, 2012 from 11 a.m. - 4 p.m.

Holiday Family Fun Day - December 8, 2012 from 10 a.m. - 5 p.m.

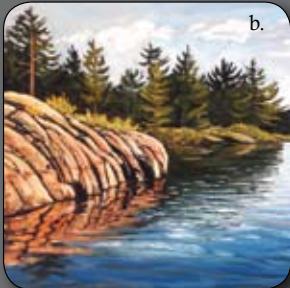
Fall Lecture Series - Historically Fashionable
Tuesdays at 2:30 p.m. from Nov 6-27, 2012

Honour & Remembrance Exhibit Open: Nov 1-14, 2012



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Sunday 10 - 5 p.m.

November 16, 17, 18

Photos: a. Acme Anvil | b. Ofra Svorai | c. Morag Budgeon | d. Irwin Seidman | e. Sylph | f. Marcelina Salazar