

FREE

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IN GREY-BRUCE

MOSAIC

SEPTEMBER 2011
VOL. 19 NO. 3

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Saturday, September 10

pratie oaten

10 a.m. - 5 p.m.

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MUSEUM & ARCHIVES

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Trillium Healing Arts is an oasis for healing, relaxation, rejuvenation and transformation in downtown Owen Sound.

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www.trilliumhealingarts.ca • www.mammalive.net

Dr. Sat Dharam Kaur • EMAIL: satdharamkaur@gmail.com

Please call/email individual teachers to register for classes and workshops below. Check www.trilliumhealingarts.ca for schedule changes. Along with the class fees listed below, we have a monthly pass for \$135.60, which entitles you to attend all open yoga classes.

Kundalini Yoga for Vitality Ongoing Mon – Fri, 6:30 – 8:00 am

Rejuvenate, detoxify and live longer and better through the morning practice of Kundalini Yoga.
Instructor: Sat Dharam Kaur (519) 372-9212
Cost: \$135.60 /10 classes or \$15 drop-in class

Hatha Yoga for the Community

Begins Sept 12, Ongoing Mondays, 5:30 – 6:30 pm

Drop in anytime to this easy Hatha yoga class to stretch, breathe and relax!
Instructor: Kathy Harker (519) 372-2850
Cost: Pay what you can

Introduction to Hatha Yoga Ongoing Tuesdays, 9:30 – 11:00 am

Introduction to posture, alignment, balance, flexibility, breath and concentration for beginners.
Instructor: Laura Bezemer (519) 794-3147
Cost: \$80/8 classes or \$12 drop-in class

Heart Health Yoga

8 weeks: Sept 13 – Nov 1 Tuesdays, 12 noon – 1:00 pm

Learn simple breathing exercises, postures and meditations for heart health.
Instructor: Laura Bezemer (519) 794-3147
Cost: \$96/8 classes or \$15 drop-in class

Ashtanga Vinyasa Flow Yoga

Mon and Wed, 4:00 – 5:15 pm Tues and Thurs, 5:30 – 7:00 pm

A dynamic yoga to detoxify, increase muscle tone and flexibility.
Instructor: Ramona Bessinger (226) 974-0322
Cost: \$52/4 classes or \$15 drop-in

Optimum Health and Wellness

Beginner's Program

6 weeks: Sept. 13 – Oct. 18 or
Oct 25 – Nov 29 Tuesdays, 7:15 – 8:15 pm,
Health education with yoga to enhance wellbeing.
Increase flexibility, improve mood.
Instructor: Lisa Marsh (519) 470-4140
Cost: \$72/6 classes or \$12 drop-in.
Pre-registration preferred.

Beginner's Mindfulness Meditation

8 weeks: Sept 13 – Nov 1 Tuesdays, 7:00 – 9:00 pm

Increase concentration, relax, reduce stress and decrease pain or tension.
Instructor: Frances Brown (519) 376-3797
Cost: \$96/8 classes or \$15/class. Pre-register only.

Kundalini Yoga for Beginners

4 weeks: Sept 14 – Oct 5 Wednesdays, 7:15 – 8:45 pm

Relax, reduce stress, strengthen your nervous and immune systems, and balance your glands.
Instructor: Sat Dharam Kaur (519) 372-9212
Cost: \$48/4 weeks or \$15 drop-in

Getting to Know Your Ten Bodies 10 weeks: Oct 19 – Dec 21 (Studio 1)

Wednesdays, 7:15 – 8:45 pm

An intriguing exploration of your 10 bodies using numerology, yoga and meditation.
Instructor: Sat Dharam Kaur (519) 372-9212
Cost: \$135.60/10 weeks or \$15 drop-in

Power Yoga

Thurs 9:30 am, Fri 12:00 pm, Sat 8:00 am

A challenging workout of dynamic sequences with an emphasis on strength and flexibility.
Instructor: Marnie Cox (519) 477-0301
Cost: \$52/4 classes or \$15 drop-in

Gentle Yoga

4 weeks: Sept 22-Oct 13 and/or Oct 20-Nov 10 Thursdays, 1:00 – 2:15 pm

Slow gentle postures, conscious breathing and relaxation to relieve stress and promote health.
Instructor: Betsy Gallagher (519) 371-1950
Cost: \$48/4 classes, pre-registration required

Silent Meditation

Begins Sept. 15

Thursdays, 6:45 – 7:30 and/or 7:30 – 9 pm

For individuals experienced with Mindfulness Meditation to deepen their meditative skill-set.
Instructor: Har-Prakash Khalsa (519) 372-9212
Cost: By donation.

Nia

13 weeks: Sept 15 – Dec 9

Thursdays, 7:15 – 8:15 pm

A joyous, fun body-mind-spirit fitness program that combines a diverse blend of Eastern and Western movement, integrating martial arts, dance and yoga.
Instructor: Lishui Springfield (519) 270-5624
Cost: \$156.00/13 class series. Preregister.

Hatha Yoga

Ongoing, begins Sept 18

Fridays, 9:00 – 10:30 am

Gentle stretching, simple breathing techniques to improve flexibility and develop inner peace.
Instructor: Laura Bezemer (519) 794-3147
Cost: \$80/8 classes or \$12 drop-in class

Yoga for the Respiratory System

8 weeks: Sept 18 – Nov 6

Fridays, 10:45 am – 11:45 am

Simple breathing exercises, postures and meditations to improve lungs and immune system.
Instructor: Laura Bezemer (519) 794-3147
Cost: \$96/8 classes or \$15 drop-in class

The 40 Day Yogic Makeover

Oct. 1 – Nov. 11

Mon – Fri, 6:30 – 8:00 am

Commit to 40 early mornings and watch your body and life transform. Weekly systematic cleanses dietary guidelines, glandular balance,

toning. Includes 12 lunches from Marketside/Ginger Press and 18 ten-minute T-zone vibration sessions.

Instructor: Sat Dharam Kaur (519) 372-9212
Cost: \$400/40 day package (includes 12 lunches and 18 T-zone sessions) or drop in to the yoga class only for \$15 class or \$135.60/10 classes.

Yoga for Success, Prosperity, Abundance

40 days: Nov 12 – Dec 21 (Studio 1)

Mon – Fri, 6:30 – 8:00 am

Use breathing exercises, postures, mantra, meditation, prayer, intention to invite success, prosperity and abundance into your life.

Instructor: Sat Dharam Kaur (519) 372-9212

Cost: \$226/40 days, \$135.60/10 classes \$15/class

FILMS/WORKSHOPS/EVENTS

Yoga Unveiled: A documentary film, of the history of yoga with discussion

Friday, Aug 26, 7:00 pm – 10:00 pm

Cost: donation, RSVP satdharamkaur@gmail.com

Wellness Road Trip

Saturday, Aug 27, 10:00 am – 5:00 pm

Our annual open house. For schedule, see www.trilliumhealingarts.ca

Cost: Only \$15 for the day per person

Sounds of the Solar System

Friday, Sept 9, 7:30 pm (Studio 1)

David Hickey's performance using Quartz Crystal Bowls, Planet Gongs, Vibraphone and Santoor Call (519) 372-9212 to reserve Cost: \$25

Exploring the Lunar Woman (Studio 2)

Monday, Sept 12, 7:00 – 9:00 pm

Cultivate your relationship with the moon by becoming familiar with your "moon centres" - 9 erogenous zones that are more active on certain days of the month.

Instructor: Sat Dharam Kaur ND (519) 372-9212

Cost: \$25/person or 2/\$30

Silent Mindfulness Meditation Retreat

Sundays, 1:00-5:00 pm (Studio 2)

Sept 18, Nov 27, 2011

Meditation practice cultivating equanimity, sensory clarity and concentration.

Instructor: Frances Brown (519) 376-3797

Cost: \$40

Waterlife - Film about the Great Lakes

Friday, Sept 23, 7:00 pm

www.waterlife.nfb.ca Cost: by donation

Walk, Pray, Water

Saturday, Sept 24, 10 am - 3:00 pm

Meet at the 6th St. N. changehouse at Sauble Beach for a multi-faith reading of prayers for water, followed by a Traditional Native American water blessing ceremony. Potluck lunch at the changehouse at 12:30. Info: (519) 372-9212

MOSAIC

Arts, Entertainment & Lifestyle

September 2011

Vol. 19 No. 3

MOSAIC

A composition created by inlaying various sizes of like pieces so as to form one picture.

Established in 1993

MOSAIC is the only publication in Grey-Bruce dedicated 100% to encouraging and supporting the arts and entertainment specifically in the Grey-Bruce area.

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Copies of MOSAIC are delivered free of charge to the general public at specific drop-off stops in Grey and Bruce from Tobermory in the North, Kincardine in the West, Mount Forest in the South to Collingwood in the East and many places outside of this area.

We welcome your letters and suggestions as your opinions are important to us and help us better understand what you desire to see and read in MOSAIC.

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editor@greybrucemosaic.ca

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The Wind in the Willows

Victoria Jubilee Hall, Walkerton • Saturday, October 22, 1 PM

By Dyan Jones

The Words Aloud Spoken Word Festival cultivates audiences of all ages, and each year pairs with the South Grey Bruce Youth Literacy Council to bring the brightest and best family theatre opportunity to the elegant Victoria Jubilee Hall in Walkerton. The word is out – this year's much-anticipated production is *The Wind in the Willows*, one of the most revered children's books of all time. What an exceptional way to celebrate children's literature – featuring the story as an exciting stage production.

Rag & Bone Theatre has transformed Kenneth Grahame's beloved classic, *The Wind in the Willows*, from the page to the stage. Their trademark interplay of puppetry, acting, props and live music make for an intimate and innovative theatre experience for all ages. They skillfully create simple, aesthetically beautiful effects that encourage imagination and new ways of perceiving the world. Pair this artistry with the compelling *The Wind in the Willows* and a true delight awaits the audience.

Rag & Bone Puppet Theatre of Ottawa has toured across Canada and the U.S. since 1978. ACTRA awarded puppeteers John Nolan and Kathy MacLellan are joined by multi-instrumentalist Russell Levia in productions of exceptional creativity and value for young audiences. Last year Rag & Bone Theatre brought us *The Flying Canoe*. Back by popular acclaim, this year they invite us to ramble the riverbanks, the open road and the wild wood with Rat, Mole, Otter and Toad and to laugh open-heartedly.

Coupled with this performance is *Wind*, the themed writing contest for young people with four winning entrants sharing their crafted words. Tickets: Youth to 12 years \$6, Adult \$12 available at The Durham Art Gallery, The Downtown Bookstore, Holst Office Supplies – Hanover & Walkerton and online www.wordsaloud.ca.

For more information contact The Youth Literacy Council 519 364-0008 info@sgbyouthliteracy.org

Throw Your Imagination to the Wind:

4th Annual Poetry and Short Story Writing Contest for Youth



The South Grey Bruce Youth Literacy Council invites young people to enter your poem or one page short story about... *Wind*. This juried writing contest links with the upcoming theatre performance of *The Wind in the Willows*, presented by Rag & Bone Theatre at the Victoria Jubilee Hall in Walkerton, October 22, 2011 for the Words Aloud 8 Spoken Word & Storytelling Festival (www.wordsaloud.ca). There will be four cash prizes of \$100 awarded: one each in Poetry and Short Story categories for Youth in Grades 1 to 4 and Grades 5 to 8. Winning writers will be invited to present their work at the performance of *The Wind in the Willows* October 22 at 1pm, at the Victoria Jubilee Hall. These works will also be posted on the Words Aloud and SGB Youth Literacy Council websites and printed in local media. Send your entries to the *Wind Writing Contest* by October 1/11 to info@sgbyouthliteracy.org. Please make sure that your name, age, school and contact information is clearly noted on the entry. You may also mail your *Wind* entry, postmarked by the above deadline to:

The South Grey Bruce Youth Literacy Council,
467 10th Street, Suite 303, Hanover, ON N4N 1R3. 519-364-0008

Sponsored by South Grey Bruce Youth Literacy Council

www.sgbyouthliteracy.org

Words Aloud 8 Spoken Word & Storytelling Festival www.wordsaloud.ca
Bruce County Public Library, Hanover Public Library, West Grey Public Library,
Grey Highlands Public Library, QUILL Learning Network, MOSAIC,
Walkerton Herald-Times, The Post.

Support for Art and Culture in Grey-Bruce

By Wendy Bachiu

What if there was an organization in Grey-Bruce that supported arts and culture in a unique way? And, what if this organization provided the means for anyone to also give to or support art in a unique way, too? Want to know more?

Community Foundation Grey Bruce is a registered charity that is dedicated to supporting the vitality of the two counties, not only in arts and culture, but also health and wellness, education, child/youth and senior needs and environmental issues. To do this, the Foundation supplies grants each spring from their 70+ endowed funds to eligible nonprofit groups. To be eligible, the

applicant must be a charity registered with Canada Revenue Agency or be sponsored by another group that is eligible.

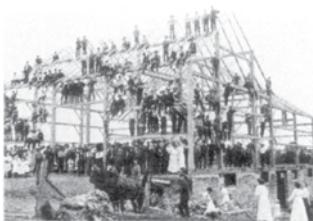
The Community Foundation Grey Bruce also provides a philanthropic process for individuals or groups who want to create an endowed fund from which to grant to their favourite charity. Would you prefer to donate to an existing Fund that supports arts, music or culture? The Foundation issues receipts for all donations. Have questions? Visit www.communityfoundationgreybruce.com or phone the Foundation at 519-371-7203 or email cfgreybruce@brucetelecom.com ■

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September marks the beginning of another school year. In the days of yesteryear, children were called to school by the sound of the school bell. Visitors

to **Moreston Heritage Village** at Grey Roots may have noticed the recently installed bell tower atop the roof of the replica **S.S.#1 Derby schoolhouse**.

The antique bell mounted in the schoolhouse tower was used in a Grey County school and was donated by the Grey County Board of Education in the early 1970s. The bell was made by the CS Bell Company in Hillsboro, Ohio. In addition to stoves, coffee hullers, grinders, plows, and farm machinery, Charles Singleton Bell began manufacturing bells in 1875. Mr. Bell experimented with several formulas and eventually discovered an alloy which produced a very mellow tone, making his bells popular around the world. By 1890, over 20,000 bells in fifteen sizes were produced, from farm bells weighing 40 to 100 pounds, to school and church bells weighing up to 1000 pounds. While the bell in the school bell tower was not manufactured in Grey County, visitors to Grey Roots will find a school bell on permanent display in the *Grey County Gallery* that was made by Andrew McGill of Chatsworth, Ontario. The A. McGill & Son foundry started in 1863 and, in addition to bells, they made threshing machines, tread powers, and farm implements.

Summer may be over, but there is still lots going on at Grey Roots Museum and Archives, including *Pratie Oaten*, our Irish Potato Festival on September 10. *Pratie oaten* is an Irish-style food made by combining the two staple ingredients of oats and potatoes; “pratie” is an Irish word meaning potato, while “oaten” means oats. In 1987, the Grey County Museum held its first *Pratie Oaten* festival and this event was held annually up until 2003 when the museum was relocated to its present site on Grey Road 18. In 2010, Grey Roots was pleased to bring back *Pratie Oaten*.

The 158th *Sydenham Agricultural Fair* is on September 29, from 10 am until 3 pm. In partnership with volunteers from the Sydenham Agricultural Society, this fall fair (perhaps the last remaining school-based fall fair in Canada) gives 600 students a chance to show off their talents in a wide range of agricultural activities. Some children have raised farm animals to show at the fair, while others have made crafts or baked goods, and still others will display the fruits (or vegetables) of their labour in garden club displays. This event is also open to the public and displays will remain up on Friday, September 30, and Saturday, October 1, for viewing.

From September 29 to October 2, *Culture Days* celebrates arts and culture from coast to coast. Culture Days are a pan-Canadian volunteer movement created to help raise awareness, accessibility, and participation of Canadians in the arts and cultural life found in their communities. Events scheduled at Grey Roots Museum & Archives include *Heirloom Preservation Workshops*, taking place on Friday, September 30, at 2 pm and Saturday, October 1, at 2 pm. This is an informative look at how to care for and store your antiques or heirlooms. Our Collections Manager will show participants techniques and supplies to help preserve your pieces. Participants will also learn about different conservation material and suppliers. Pre-registration is required. Please bring only one

item to the session. No oversized or dangerous items, please.

Moreston Heritage Village is closed for the season as of September 6, but you and your family can still learn about the challenges and triumphs of pioneers and early settlers. Join us from 10 am to 5 pm in the Grey Roots theatre on Saturday, October 1, for *Heritage on the Big Screen* and experience pioneer and early-settler life *for free!* On November 10, Grey Roots Museum & Archives will be opening a brand-new exhibit about World War 1, entitled *The Lost Regiments*. In anticipation of this exhibit, free films and documentaries about the “Great War” will be screened at the Grey Roots Theatre on Sunday October 2, from 10 am to 5 pm. Don’t forget to bring the kids along for a free children’s activity taking place from 2 to 3 pm. Pre-registration is not required for *Heritage on the Big Screen*. For specific film start times, call 519-376-3690 after September 16.

This is your last chance to check out the family-friendly exhibit, *Mystery of the Mayan Medallion!* Developed by the Arkansas Discovery Network and funded by the Donald W. Reynolds Foundation, this 3,000-square-foot interactive exhibit remains on display until September 25, 2011. *Mystery of the Mayan Medallion* will transport you to the mystical realm of Maya culture in the ancient city of Palenque, Mexico. There, an archaeological team has mysteriously disappeared from a dig site while investigating rumours of a priceless jade medallion buried in the ruins! People of all ages will have fun following clues left behind by the team to try to locate the precious medallion.

The *Grey County Archives* is open for your researching convenience from 10 am to 5 pm, Monday through Friday, and Saturdays from 1 to 5 pm (except holiday weekends). We house Grey County land records (Crown – c. 1965), by-laws and minutes, estate files (1859-1901), and more! Don’t forget that, as a member, you can also visit as many times as you wish to access our Ancestry.com subscription.

With so much to see and do at Grey Roots Museum & Archives, becoming a **member** provides great value and is the best way to keep up with what is happening. For only \$40* for an individual, \$30* for a senior, or \$60* for a family (*plus HST), you get free admission to both Grey Roots Museum & Archives and Bruce County Museum & Cultural Centre (through our reciprocal membership agreement) for one year. Members also receive a subscription to *Grey Matter* (our quarterly newsletter), invitations to exhibit openings, and discounts at the Grey Roots Gift Shop, on KidsCamps, and facility rentals. Purchase a membership before September 25, 2011, and you will be automatically entered into a draw for your chance to win a Maya-themed prize pack! A membership also makes a great year-long gift!

Grey Roots combines Museum, Archives and Tourism services under one roof and is located at 102599 Grey Road 18, just west of Inglis Falls and a few minutes south of Owen Sound, in the Municipality of Georgian Bluffs. From Victoria Day Weekend until Thanksgiving Day, Grey Roots is open daily from 10 am to 5 pm.

For information on any of the programs or services at Grey Roots, please refer to our website at www.greyroots.com or call (519) 376-3690 or toll free 1-877-GREY ROOTS.



THE ROXY REPORT

by Aly Boltman

Last spring, we at The Roxy were busy sowing the seeds for our 2011-2012 season — signing contracts, applying for production rights, reading riders, cutting deposit cheques and busily plugging the beloved Google calendar. When you're knee deep in paper and facing deadlines, the creative side of theatre management tends to go into hibernation.

Now that the ducks are aligned and the papers have been pushed, I'm seeing our plans in a whole new light. I can't help but see that we've created a playbill and series that could only be described as iconic. Allow me to explain.

September 30, 2011, we bring the acclaimed show *Songs are Like Tattoos* to the theatre, a Canadian singer/songwriter's celebration of folk icon Joni Mitchell. Its broadcast on CBC garnered instant praise and led to a national tour. **Songs are Like Tattoos** is hosted by its creator, Mia Sheard, and features folk troubadour Jory Nash, angelic singer Lori Cullen and lap steel maven Christine Bougie. Each artist will re-craft a few Joni hits while sampling their own original creations.

October 29, bring the rice, toast and garters to The Roxy for two showings of **The Rocky Horror Picture Show**, the classic cult film that brought so many protesters out upon its arrival in town in the 1970's that it shut down The Roxy in its earlier incarnation as an Odeon Cinema.

Our November 2011 musical is one of the world's most popular productions of all time — *The Sound of Music*. Since we first announced its inclusion in our 51st playbill, the community has responded with a huge wave of excitement. I led a tour of grade one/two children at the theatre in the spring, and even they had caught the Von Trapp bug. It was nearly impossible to get these kids to talk about anything else! Unanticipated chirps such as "When are the auditions?" and "Do you know that *The Sound of Music* is my favourite movie? I've seen it, like, 1000 times!" and "I can sing the entire *Sound of Music* soundtrack!" were tough to drown out as I led these enthusiastic kids around the building, managing to pull their attention away from the forthcoming musical only by showing them the dark, narrow "secret staircase" — our very own Harry Potter-esque performers only passageway in our occasionally ghostly building. It gets them every time.

December 1, 2011, boogie the night away with **Blue Christmas** featuring Peter Irwin & Jailhouse Rock. Swing your hips and bring your caroling lips as we turn up the classic, Christmas themed Elvis tunes and belt out some homegrown gospel.

In January 2012, Second City veterans **Parsons & Morel, A.K.A. The Funny Ones**, arrive at The Roxy. Gut-clutching laughter will ensue as they pay tribute to some of the greatest

comedic icons of all time: Lucy and Ricky, Burns & Allen, even Palin & Bush! If you've never seen their *Silence of the Lambs* version of "Who's on First", that's just a bloody shame...

In February 2012, OSLT will pay homage to one of the greatest playwrights of all time, George Bernard Shaw, whose caustic wit is brought to life through his characters in *The Devil's Disciple*, Shaw's only play set in North America. A massive cast will grace the stage evoking the strife-gripped days of the American Revolution.

March 2012 brings multiple award-winning east coast songstress Amelia Curran to The Roxy, a woman who is repeatedly compared to another musical and literary icon, Leonard Cohen. "Julia", "The Mistress" and "Bye Bye Montreal" are just a few of the jewels on her third album *Hunter, Hunter*. Rumour has it she may arrive at The Roxy with a new album in tow.

On the heels of our Seeing Red burlesque Valentine's Day fundraiser, April 2012 will bring the sexy and political hit musical *Cabaret* to the stage, complemented by a live band and a new director for OSLT, the staunchly modern and talented Clare Preuss.

May 2012 will see the arrival of "pure comic gold" with *Wingfield's Lost & Found*, a play filled with the foibles of Canadian theatrical legend Wingfield — a stockbroker turned farmer facing a dried up well in the idyllic Persephone Township.

June 2012 features one of the most famously mismatched pairs of all time, the neurotic neat freak Felix Unger and his roommate, the slovenly Oscar Madison, in Neil Simon's comedy *The Odd Couple*.

Tickets for this season of iconic-ky goodness are now on sale, as well as tickets for our incredible Children's Performance Series. It's **Sho, Mo + The Monkey Bunch** on October 15, 2011, and on May 5, 2012, we present Quebec's **Théâtre L'Aubergine** and their hilarious, fiercely physical circus inspired production, *Burletta*.

The year ahead also includes some great travelling acts, such as Serena Ryder & The Beauties, Matt Anderson, Harry Manx and more — and maybe, just maybe, we can try for the return of Steve Earle since his sold out show in August has left more than one devoted fan without a coveted seat. We'll see what we can do. But all the rest is up to you! See you at The Roxy Theatre! ☺

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LIVING THE DREAM

By Sandra Howe

We are so blessed to live here in Grey-Bruce with its richness of cultural and natural heritage. People come from all over southern Ontario and the world to enjoy our beaches, music festivals, trails, museums, theatre, landscapes and waterways...the list goes on. So much beauty, fresh air, clean water, and open space! Yet, being human, we may at times take all this bounty for granted. Gratitude is an essential heart energy for health and happiness. I share these reflections with a desire to encourage a deep appreciation of the blessings we share in residence in Bruce and Grey Counties.

Working at Back Eddies Café in Paisley, I recently served a young couple heading home from a week of cottage rental in Southampton. The children looked tanned and healthy. The woman was describing the fun they had all had at the beach. She commented, "You're so lucky to be living the dream." And I am! With easy access to most of my favourite activities, I feel very fortunate. Kayaking, hiking, camping, swimming, arts courses, and live theatre are right here on our doorsteps. This customer was kind enough to remind me that we live where

others come to vacation. Many people dream of enjoying our daily environment.

With tough economic times, high fuel prices, and a focus on valuing "local," the concept of "staycations" is emerging. I think this is a brilliant, positive spin. Instead of fussing over not taking an extended trip, we have the option to explore our own communities and resources. This encourages a healthy feeling of home and place – roots in the deepest sense. It also supports local businesses, keeping our economy viable.

I've had a full serving of home-grown adventures lately: a Bruce County Passport tour, a photography cruise to Chantry Island, a wilderness camping trip to Flowerpot Island and lots of free music concerts. Paisley Farmers' Market serves a great breakfast on Saturdays. It is a wonderful summer to hang out at the beach on either Lake Huron or Georgian Bay. So many possibilities!

A read through MOSAIC each month provides a broad sampling of Grey-Bruce pleasures to partake. Or drop into Back Eddies for fresh coffee, goodies and meals. I'll see you out and about while we "live the dream." ☀

BACK EDDIES

660 Queen St. S
AT THE RIVER'S EDGE
IN PAISLEY
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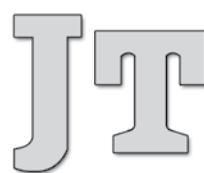
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Neverland Christmas Carol

The Hanover Community Players are searching for the actors who will help to make their upcoming Christmas show, A Neverland Christmas Carol, come alive on stage December 8, 9, 10 and 11 for five shows.

From the moment Peter Pan eavesdrops at the Darling's nursery window and overhears Mrs. Darling reading A Christmas Carol to her children, Christmas becomes more spirited than ever before! While the ever-jealous Tinkerbell sulks at Wendy's presence, wicked Captain Hook and his zany band of pirates concoct an evil scheme to sabotage the children's festivities. Now it's up to Peter Pan, the Lost Boys, the Darlings and a comical, Dickens-inspired re-enactment to show Hook the error of his ways and, ultimately, save Christmas in Neverland.

21 roles are available for children, teens and adults – male and female – who must be prepared to rehearse three times per week in order to learn the simple music and to work on stage with Artistic Director Mrs. Ruth Fletcher of Durham. Auditions

will be held in the theatre on September 8 and 9 from 7:00-9:00 p.m. Prospective cast members should come prepared with a short musical number to show their vocal range for the Music Director (A piano and CD player will be available. Either sheet music or a CD as accompaniment may be used if desired.) Each candidate will first enter the downstairs Community Hall to fill out a registration form and check the rehearsal schedule for conflicts. All actors under the age of 16 must be accompanied by an adult during the audition process. The first rehearsal will take place on Sunday, Sept. 11 at 1:30 p.m. sharp and parents of those under 16 are asked to attend with their children.

Remember, Hanover Community Players is an amateur community theatre group and it is open to everyone in Hanover and the surrounding areas. Experience on stage is not necessary, only a desire to learn and to be part of a team. Join us for this musical family production. ■

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GO WILD FOR CREATIVITY and NATURE

By Matthew Cunliffe

September 17 and 18 you can go Wild for the Arts at MacGregor Point Provincial Park. Friends of the Park invite everyone to the annual two-day outdoor festival that puts creativity and nature together in the autumn beauty of the Lake Huron shoreline. Visitors and creators alike will find inspiration and family fun amid paintings, photography, pottery, drama, written word, music, and much more.

Wild for the Arts is a unique festival in a wilderness atmosphere only a few minutes down the road from Port Elgin. Starting at the Park's Visitor Centre, follow the Artists' Adventure Trail to the Ash Woods Campground. Both Saturday and Sunday, a campsite studio tour lets visitors walk the Ash Woods loop, stopping to look at art and talk with the artists along the way. The Tent of Arts features visual and written art. For the family there will be scavenger hunts, art activities for children, and musical meanderings on both days. Saturday features a trail theatre performance by drama students from Saugeen District Secondary School.

Both days offer workshops in a variety of arts. Kerry Jarvis, nature photographer, leads a photography workshop and hike. Create jewelry with artist Beth Taylor. Artist Ruth Mittelholtz introduces haiga – an art form that links visual images and haiku.



Author Sandra Stewart presents a session on world building for writers. Pre-registration is suggested for all workshops [519-832-6232].

Saturday evening provides two musical events at the Campground Music Tent. Guest musician David Archibald will perform songs celebrating parks and natural resources. Afterwards, anyone interested in showing off their talent may take part in Open Mic in the Forest.

To find Wild for the Arts, follow the Park signs from Highway 21 or bike south on the Saugeen Rail Trail and connecting trails. Admission to the Park is free, as are most of the activities. Both days, Southampton Rotarians will offer a BBQ lunch at modest cost. Tickets for the Saturday supper [chicken barbecue] must be reserved by September 15. Workshop fees vary from \$25 to \$35. Full information can be found on the Web at www.friendsofmacgregor.org or by calling the Visitor Centre at 519-389-6232. For camping reservations, please go to www.ontarioparks.com

Wild for the Arts festival proceeds support the projects of Friends of MacGregor Point Park, including the proposed construction of a viewing blind along the Ducks Unlimited Pond. ■

EXHIBITIONS EDUCATION EVENTS GIFT SHOP

EXHIBITIONS

Judy Chicago: Setting the Table

Until September 25, 2011

POW! Power of Women:

From the TOM's Permanent Collection

Until September 25, 2011

Canadian Spirit: The Tom Thomson Experience

Gallery Night at the Movies

Passes now on sale



Someday they will know what I mean. Tom Thomson

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IMAGE: Tom Thomson at Lake Scugog, Fall 1910



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Downtown Improvement Area office, and The Ginger Press.



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PATHWAYS TO CREATIVITY

By Terry Burns

How many times have you heard something like this: *There's a rough road ahead. She's at a crossroads in her career. The course of true love...the road not taken...genius disdains a beaten path.* All these expressions bear witness to our penchant for expressing intangible ideas in terms of our physical experience and, more specifically, our tendency to visualize the momentous events and important goals of our lives as occurring in the context of a journey. In difficult times we feel ourselves moving slowly and tentatively on an overgrown trail, with only the faintest starlight to show us the way. When times are good, we imagine ourselves on a high, open road, with a big, blue sky arching over us. The idea of the Way and the Eightfold Path are integral to Buddhism, as is the concept of being led out of the wilderness in Christianity and Judaism, and the pilgrimage to Mecca is to Islam. The feeling of "turning a corner" occurs to those recovering from sickness, fighting a battle, or mending a difficult relationship.

For the artists of the **Escarpment Studio Tour**, both literal and metaphoric roads run through their lives. Highway 10 and Grey Roads 40, 18 and 12 form the boundaries of a network of country sideroads and concessions anchored by the communities of Walters Falls, Bognor and Massie, and the striking views of the Queen's Valley. Only 15 minutes from the larger centres of Owen Sound, Meaford and Markdale, this region is known for its beauty, its tranquillity and its creative inhabitants. And the artists who call this region home have journeyed here via many different physical, imaginative, and professional routes.

Some, like pastelist **JoAnn Sauks**,

potters **Arlene Peters** and **Kate McLaren**, jeweller and painter **Sarah Ball**, mixed-media painter **Heather Murray**, calligrapher and jeweller **David Rankine**, and multi-media artists **Steven and Julia White**, include formal art training as part of their artistic journeys. Others are accompanied in their creative roads by the materials of the natural world, like woodworkers **Ron Ball** and **Peter Wakely**, fabric artists, gardeners and cooks **Susan Reeve** and **Don Brough**, furniture-maker **Meghan Fitzsimmons**, basket-weaver **Vita Bowen**, and glass artists **Lynn Belden** and **Blue**. Still others come at their art via the backroads: photographer **Ralph Bergman** was an architect, watercolourist **Michael Milhausen** a teacher, multi-media artist **Terry Burns** worked in theatre and office administration, painters **Toomas Sauks** and **Nick Furgiueli** are respectively a doctor and a registered massage therapist, and watercolourist **Barbara Hotson** is a professional photographer. **Deb Tucker** and **Bonnie Goudie** walked the road of art-making as "amateur" painters, in the best sense of loving what they do; they spend a good part of their lives in pursuit of artistic excellence via copious workshops and classes. Many of these artists are also members or have been guest artists of the highly-regarded collective, the Walters Falls Group of Artists, and of course many folks in Grey County know. . .all roads lead to Walters Falls.

The **Escarpment Studio Tour** takes place Thanksgiving weekend, October 8 & 9, from 10 a.m. to 5 p.m. each day. Website: www.escarpmentstudiotour.ca, or call for information 519-794-2083. **■**



Looking East to Massie and Walters Falls
by Terry Burns



On the Bruce by Barb Hotson

What is CFUW?

By Ruth Henderson

We are a dynamic group of women committed to the pursuit of knowledge; the promotion of education; the improvement of the status of women and human rights, and active participation in public affairs in the spirit of cooperation and friendship.

If you believe in the above statement and are a woman with or without a degree, you are most welcome to join with other like-minded women from the Owen Sound area in an international organization called the Canadian Federation of University Women (CFUW). The group has had a club in Owen Sound since 1990. Since education evolves from all life experiences, membership requirements have been changed in an effort to promote diversity and equality for women. The group is an organization where our energy as individuals can be combined to be a force for good. This includes providing scholarships for local students.

The first CFUW meeting for 2011-12 takes place on September 13, at 7 pm at the McQuay Tannery Center, 1852 3rd Ave East beside the Bayshore Arena in Owen Sound. Come to renew acquaintances, form new ones and learn about the program for the year.

Our keynote speaker in May, 2012 will be Sally Armstrong, author, documentary filmmaker and human rights activist. Sally assisted our last speaker, Dr Izzelin Abuelaish, write *I Shall Not Hate*. Sally Armstrong is an Amnesty International award winner, a member of the Order of Canada, journalist, teacher, author and human rights activist. She has recently been appointed to the International Women's Commission at the UN. Sally helps audiences understand the driving world forces that are shaping this new century and how to meet the needs of the people in their organizations who will make this happen. ☐

Local Artist Featured on "The Wall" at the Walkerton Branch Library

By Tracey Knapp

Hanover artist **Bev Morgan** will be displaying her series of works, including original watercolours, titled *Highlights of the Saugeen* on "The Wall" at the Walkerton Branch Library, from August 13 to October 8. Meet and visit with the artist on Saturday August 13 from 12 to 2 pm. The Wall is available for viewing during regular library hours.

Bev says of her work: "Many people become blind to what's going on around them because life is full of commonplace things, but the artist feels it is important to record these everyday things. As Canadians we sometimes do not appreciate the beauty of our landscape close by."

As an amateur kayaker, Bev has tried to record moments of time during her adventures on the Saugeen River. With camera in hand, Bev was able to capture local wildlife through the winding 102-km river; photos taken inspired her to paint this exhibition of images from the Saugeen River. ☐



2011-2012 OSLT 51st Playbill - ON SALE NOW!

November 10-26, 2011 - Rodgers & Hammerstein's *The Sound of Music*

February 2-11, 2012 - George Bernard Shaw's *The Devil's Disciple*

April 12-28, 2012 - *Cabaret*

June 7-16, 2012 - Neil Simon's *The Odd Couple*

2011-2012 Roxy Series

September 30, 2011 - *Songs Are Like Tattoos* w. Mia Sheard, Jory Nash & Lori Cullen

January 20, 2012 - *The Funny Ones* w. Parsons & Morel

March 2, 2012 - *Amelia Curran*

May 25 & 26, 2012 - *Wingfield's Lost and Found*



2011-2012 Roxy Children's Performance Series

October 15, 2011 - *Sho, Mo + The Monkey Bunch*

May 5, 2012 - *Theatre L'Aubergine's Burletta*

Country 93 & the Roxy present Hats Off Summer Tribute Series

August 11, 2011 - Leisa Way's Sweet Dreams, Patsy Cline Tribute

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Thurs. Oct. 27 9 am - 9 pm

Fri. Oct. 28 9 am - 5 pm

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At the Thomson Art Gallery

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EXHIBITIONS

Last chance to see **Judy Chicago: Setting the Table** Until September 25, 2011

Judy Chicago is an artist, author, feminist, educator, and intellectual whose career now spans over four decades. **Setting the Table** features preparatory works from one of her most influential pieces, **The Dinner Party**.

POW! Power of Women:

Selected Works from the Tom Thomson Art Gallery's Permanent Collection - Until September 25, 2011

This exhibition is composed of works selected from the over five hundred pieces by women artists in our permanent collection.

Canadian Spirit: the Tom Thomson Experience

Canadian Spirit will give visitors an introduction into Tom Thomson's life, his connections with Owen Sound and Grey County, and the factors that led him to become one of Canada's greatest artists. **Canadian Spirit** makes use of the TOM's important collection of objects, photos, documents and artworks by Thomson.

PROGRAMS AND EVENTS

Community Curators Select IV

Did you know that we have one of the largest collections of Tom Thomson's work (74 pieces including artifacts), we have over 90 pieces by the **Group of Seven**, 42 pieces by world renowned photographer **Edward Burtynsky** as well as work by **Emily Carr**, **John Hartman** and a substantial collection of work by women and First Nations artists? Would you like the chance to gain behind the scenes access to our vaults and select one of these amazing artworks for an exhibition? **Community Curators Select IV** is a unique opportunity to become part of our curatorial team and help choose works from the Gallery's Permanent Collection to be exhibited in the Thomson Room from **October 2, 2011 to January 8, 2012**. For a minimal donation \$100/individuals, or \$250/businesses, you can take part in a special Selection Evening at the Gallery on **September 20th** (or at a convenient time over the summer) to choose a piece from our collection. Participants will also be able to enjoy the **exclusive preview** of the exhibition on **October 2nd**. **Community Curators Select** is an annual fundraiser for the TOM; feel free to invite/challenge other businesses to get involved! Know any art lovers? **Community Curators Select** makes a great gift! For more information or to register, please contact Kris Rosar 519-376-1932 Ex. 226

Make Art

1 to 3 pm on September 18, October 16 and November 20: Drop into the Gallery Studio for an afternoon of family fun with arts and crafts activities. The Gallery offers this free event the 3rd Sunday of the month. All are welcome.

Figure Drawing Studio

1 to 3 pm on September 25, October 23, November 13 & 27, December 11. The Gallery offers non-instructional figure drawing studio sessions to encourage the traditional practice of painting and drawing the human figure. Arrive early for set-up; bring your own supplies; no oil paint. Studio doors closed at 1 pm. Cost: \$15; \$12 for members

Saturday Studio

10 am to 12 noon September 17 to October 29 (no class October 9) In this studio program for kids, instructor Elly MacKay leads a fun-filled art adventure with new and exciting projects. Ages 6 to 12. Cost: \$90

The Social Studio

1 to 4 pm every other Wednesday: September 7, 21, October 5, 19, November 2, 16, 30

Don't have room to paint at home? Drop in to the Gallery's new open studio sessions – a friendly time to get together to paint, discuss and explore new ideas. Bring your own materials; no oil paint. **FREE**

Robert Reid - Fishing for Tom

Thursday, September 29 at 7 pm; **FREE**

As part of *Culture Days*, reporter and writer Robert Reid explores how Tom Thomson relates to various themes in Canadian culture and beyond, and examines how this art icon has influenced a broad range of visual, literary and performing arts.



Gallery Night at the Movies

Celebrating our 16th season, this film series is one of the hottest tickets in town and features the best in Canadian, foreign and independent film as presented in conjunction with *tiff.365*. Contact the Gallery for pass and ticket availability.

Monday September 12 at 2, 4:30 & 7:15 pm *Tree of Life*

Terrence Malick's impressionistic story of a Midwestern family in the 1950s that follows the life journey of Jack (Sean Penn) through the innocence of childhood to his disillusioned adult years as he tries to reconcile a complicated relationship with his father (Brad Pitt). This year's Cannes Palm d'Or winner. PG 139 minutes

Owen Sound's *Reel Festival*

Mark it on your calendars – the 10th Annual Reel Festival takes place January 28 & 29 at Galaxy Cinemas. Passes go on sale Tuesday, November 8

GALLERY SHOP

Call for Fine Art & Design

The Tom Thomson Art Gallery is seeking new works by regional artists for consideration for consignment sale in the Gallery Shop. The aim of the Gallery Shop is to showcase highly original and one of a kind pieces of regional fine art and design. The Tom Thomson Art Gallery Shop is an important extension of the Gallery and helps to provide revenue to support exhibitions, art classes, movies, operations and much more. Please send up to 10 digital images, along with retail pricing and a description of your work. All submissions are reviewed and juried by the Gallery Shop Committee. For more information, please contact Mike Yuhasz, Gallery Assistant: myuhasz@tomthomson.org 519-376-1932 x 227

PORTRAITS OF TOM: CALL FOR SUBMISSIONS

An Exhibition and Sale of Artworks by Regional Artists

January 16 – March 25, 2012

In the great tradition of portraits of artists by fellow artists, the Tom Thomson Art Gallery Shop is organizing an Exhibition and Sale of **Portraits of Tom** to celebrate and commemorate the ongoing significance of Tom Thomson – one of Canada's most iconic and enduring artists. The Gallery Shop is seeking submissions from regional artists who are interested in doing their own **Portrait of Tom**. Submission Deadline: Friday September 23, 2011. For more information and complete Submission Guidelines, please contact: Mike Yuhasz, Gallery Assistant – myuhasz@tomthomson.org 519-376-1932 x 227

For further information or to become a Member,
contact the Tom Thomson Art Gallery,
840 1st Avenue West, Owen Sound ON N4K 4K4
tel: 519-376-1932 www.tomthomson.org

From the Front Burner

by Paul Thomas



The hours of weeding, watering, pruning, and staking have resulted in this glorious season of late summer-early fall anticipation: the garden harvest. That I gain my grounding, my perspective and my reflective benchmark from the garden is no secret. I should make a bumper sticker that reads "let me tell you about my eggplant." Even when there is unmitigated failure in the garden, there is always the promise of next year! That's the lure, the security even within the uncertainty. Working with the elements of nature to grow a little piece of harvestable perfection is a tonic for my soul. I've mentioned my fascination with the richness found in the edges of natural ecosystems. Now I'd like to offer an equally keen interest found in cultural edges. Specifically, those edges that cross over culinary boundaries. Using a locally available harvest to cross these culinary boundaries has always offered us an exciting palette in the kitchen.

At MarketSide, we've been skeptical of making associations with the specific labels of international cuisine. While I enjoy creating the Greek dish of spanakopita for example, I am not Greek and therefore cannot really bring that inherent cultural authenticity to its creation. I can however continue to add more garlic as Bain, our local Greek authority, would have me do. In the end it becomes a MarketSide version of an international experience. Good enough? For many, yes; but for others there is compromise in the tasting experience. In the end perhaps it's the time we spend hanging around our extended family kitchens with the anecdotes and subtle variations that really impart a culturally significant culinary experience. These boundaries, while potential roadblocks to enjoying food prep, can be used as opportunities to appreciate the vast network of flavours that exists at our fingertips and on our cutting boards, especially during the harvest. I loved re-reading the essay: "The Farm – Restaurant Connection" by Alice Waters in Our Sustainable Table (North Point Press, 1990). She describes restaurants as communities, each with its own culture, foraging for foods from the region: "Those of us who work with food suffer from an image of being involved in an elite, frivolous pastime that has little relation to anything important or meaningful. But in fact we are in a position to cause people to make important connections between what they are eating and a host of crucial environmental, social, and health issues. Food is at the centre of these issues." Alice adds: "The fate of farmers and with them the fate of the earth itself, is not somebody else's problem: It is our fate, too." Indeed, add more of Audrey's Kemble garlic!

Let's get back to the garden for a moment. You can imagine my absolute child-like delight when the two most beautiful colours of purple and green yielded my first ever "home grown" eggplants. Their perfect slender shapes with their glistening regal skin contrast

beautifully with the prickly leathery thick bright green leaves. They leave me spellbound in their glory. That our "over the septic sand box" could be a part of this quality of production bodes well for the amateur gardener. My strategy has been to fill submerged bottomless buckets with well-aged manure and water generously. I keep telling Karin this garden will take at least five years to really begin to show signs of legitimacy as we pour just about anything organic onto it as a means of creating a rich garden soil. "Patience," I tell her as she wonders where her transplants have disappeared to. "They're working on their root zone," I suggest, as a way of encouraging a sense of hopefulness in her gardening outlook.

Eggplant, or aubergine as they say in France, is a member of the Solanaceae (nightshade) family. From its origins in the east during the 5th century, B.C. to its cultivation throughout southern Europe dating from the 14th century, eggplant has been long prized for its beauty and unique taste and texture. Among its many benefits, it is a rich source of dietary fibre, potassium and manganese.

In our kitchen, roasting eggplant is the usual first step to enjoying its full richness. The quality of its flavour depends largely on the amount of, in our case, garlic and onion and seasoning that is added. Making a traditional Baba Ganoush dip is always a hit. This is a puree of roasted eggplant, garlic, tahini, lemon juice and olive oil. You might include fresh parsley and/or cilantro. Don't forget a hint of cumin for added depth. Serve with flatbread, pitas or crudite.

Earlier this season, on a perfect summer's evening, we had a crepe buffet outside. Among the many savoury items offered was an eggplant ragout which was really fun to make. Of course I excused myself from the gathering to make haste to the garden to see what evidence existed of my horticulturally longing green thumbs. It was then that I discovered the aforementioned eggplants waiting to be picked. With surgical sensitivity I removed them and gathered other notables including heritage baby tomatoes, garlic, basil, oregano, chives and arugula. Of course if your own garden is yet to produce eggplant, your local Farmers' Market might be a source. I found some homegrown beauties at the Keady Market!

Starting with onions and olive oil, I sautéed for a few minutes until things started to gain that irresistible odour of caramelization. I then added the coarsely chopped garlic and seasonings of salt, pepper, oregano and a dash of cumin. After another 5 or so minutes in went the 2-cm discs of fresh eggplants. By this time the bouquet from the kitchen aroused and beckoned those guests within nose range and the magic of the moment was upon us. A ten minute sauté ended with a splash of white wine to deglaze the pan and in went the baby tomatoes, some black olive tapenade and the carefully washed fresh basil chiffonade (a techi term for cutting in thin slivers). I let this elixir braise for a few minutes and voila, done! You have won over your guests and created a ragout suitable not only for crepes but also for fresh pasta, rice, perhaps an egg dish or as an accompaniment for a mixed grill. It's harvest time and the cookin' is easy...to say nothing about delicious.

Will I plant eggplant next year? You betcha. Will I be brave enough to try bell peppers? You betcha! I may even get it together to start my own plants from seed on the newly installed window shelf. That's the thing about gardening. One success story and you're an expert. Beginner's luck? Don't tell anyone. Just add a little more garlic and keep Bain happy. **M**



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ARTISTS AROUND THE SOUND



By Vera Dernovsek, Big Bay

The Township of Georgian Bluffs is located offshore of Georgian Bay; it features vistas, interesting geological formations, bluffs, waterfalls, caves. Since abundant beauty in the natural environment has always been inspiring to artists, there are many artists' studios in the region. Perhaps the oldest artists' organization is the group calling themselves Artists around the Sound. As years pass, membership changes but the quality of art work of the group's potters, wood workers, stained-glass makers, and painters remains high.

In Benallen is the house of the esteemed landscape painter **Lorne Wagman** whose paintings – large as well as smaller oils and exquisite watercolours – make people gasp. Wagman has devoted his entire life to art. His talent, unique vision and profound empathy and understanding of his surrounding's pulse make Huge Art happen. But it is the small and humble weeds that Wagman paints, showing on the canvas or paper grandeur not noticeable by most as they carelessly trod on his subject matter. Deservedly, Wagman is the pride and treasure of Canada. (Of interest for this region in the nearest future is that the Tom Thomson Gallery in Owen Sound will host a solo show of his works in 2012.) The good news is that Wagman's work is still affordable!

Not far, also in Benallen, in the old little church on the bend of Grey Road 17, is the residence/studio of **Elaine Davidson** and **Uwe Harders**, an admirable couple. Their art is the light of their lives yet, at times it isn't easy going as both grapple with physical challenges. Their courage, however, makes them seem indomitable. Elaine works mainly in watercolours and oils, and she produces realistic, well drawn images inspired mostly by the bucolic countryside around their place: the farmlands and the pastures with horses. Lack of sight doesn't impede Uwe Harders, Davidson's partner, to draw and to sculpt in clay.

Around the Big Bay area live two painters: **Maia Zemitis** of MaiTribe Gallery and **Vera Dernovsek** of Kemble Rock Studio. Zemitis takes full advantage of her lakefront studio; she observes

the play of the lake surfaces, its depth and its color variations and captures her impressions in paint. Vera Dernovsek lives up the hill from Big Bay and has a studio full of paintings where brush strokes swirl, colors fly, dance and sing on big and small canvases. In Dernovsek's paintings, landscapes roll, still-lives and portraits impose, and all in all, the works delight.

Elizabeth Saunderson Studio Gallery on Grey Road 1 features traditional landscape paintings. The potters, **Don Dubois** of Don Dubois Pottery, **April Dubois Pattery** of the Potter's Daughter pottery and **Timothy Smith** of Gleason Brook Pottery produce fine earthenware as their faithful patrons attest.

The group also includes three fine woodworkers: **Bruce Buckland** who carves birds masterfully, **Carl Durance** who spins some mouth-wateringly delicate wooden goods on his lathe, and **Ann Schneider** of Keppelstone Willow Works, who is, with Don Dubois, one of the founding members of the group. Schneider attracts throngs of visitors, even busloads, who invariably enjoy her willow-works furniture as well as her loom weavings. **Chris Piekny** is our stained glass artist, and again her craft is excellent.

Artists Around the Sound meet frequently to discuss upcoming events. Good rapport among members makes those meetings social occasions. Ideas are thrown around and people get up to date on important artistic events concerning individual artists and the art scene in general. Artists Around the Sound, in conjunction with the township of Georgian Bluffs, issue a brochure with a map of their studios and other tourist attractions of the region available at many tourist locations. Annually, Artists Around the Sound mount a group exhibition, the Prelude, which runs from September 7 to October 1 at the Owen Sound Artists' Co-op in the Chicago Gallery, 278 10th Street East, Owen Sound, 519 371-0479. The opening will be September 9 from 5 to 7pm. The group is also known for their yearly Thanksgiving weekend Studio Tour (October 8 & 9). During the Studio Tour, many members host visiting artists. ▀

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Saturday September 17

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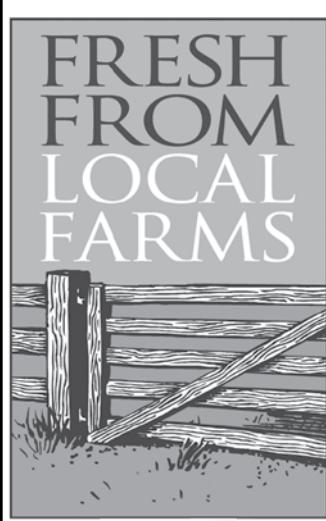


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HARVESTING GREY BRUCE

By Jennifer Pittet

Harvest season is here and some of its stars are apples, pears, squash, pumpkins, and grapes. In Grey Bruce we've got them all!

Take apples. Thousands of tons of apples are grown around here, especially in the Georgian Bay region, and you can buy your share directly at the farm gate and at the markets. Alternatively you can visit an orchard and pick fruit right off the tree at a u-pick. It's a great way to buy fruit in bulk (could it be any fresher?) while making a day of it with the family. Pick a lot because many varieties of apples can be stored at home throughout the winter under the right conditions.

If you need pumpkins for pies or for Hallowe'en, these are also available as 'pick-your-own' at Rock of Ages Farm near Markdale and at Farmer's Pantry just outside of Clarksburg.

And true, this is our traditional harvest time, but there's also some planting going on. Tarrah Young of Green Being Farm near Neustadt is busy getting kale transplants and spinach into the ground through the months of August and September for harvest in November. Tarrah says fall spinach is even sweeter than spring spinach. "The frost is what makes spinach and kale so tasty....the frost turns the starches into sugar". For people who don't know what to do with kale (one heck of a healthy food, by the way) Tarrah says crispy kale chips are absolutely delicious: toss slices of kale in olive oil, add spices and bake in the oven. Easy!

Autumn is also busy for Jane Field,

owner of the Barrhead Pub & Grill near Markdale who says, "I live for this time of year!". She buys baskets and boxes of locally-grown fall vegetables and gets to work canning and freezing. "Here in Canada we have to take every advantage and find a way to store these foods over the winter months if we want to be sustainable". She encourages others to do the same and suggests starting small "even if it's just freezing a few green beans". She points out that we can learn to pickle and dry and salt the way our grandparents did, but we can also freeze and purée and vacuum pack with all the new technologies available. Jane has a quick tip for storing basil: add olive oil to some chopped basil and put the mixture in the freezer. Then you can add a bit of basil to soups and stews all winter, and get your taste of summer.

If, with all that food processing going on, there's still time to attend some events, there's Port Elgin's Pumpkinfest in early October (pumpkinfest.org) with a really big pumpkin contest. Or follow the winding Apple Pie Trail (applepietrail.ca) which showcases local apple products from farms, cafes and restaurants in The Blue Mountains.

Don't forget that our three Grey Bruce wineries are also bringing in the harvest. Stop in for a tasting at Carrick Wines near Hanover, Georgian Hills Vineyards near Thornbury, or Coffin Ridge Winery between Meaford and Owen Sound.

Complete local food details at www.foodlinkgreybruce.com

U-Pick Apples in Grey Bruce

Call ahead for availability

Ridgewood Springs Farms
Chatsworth: 519-794-0350

Farmer's Pantry
Clarksburg: 519-599-3691

Bev Murray Farms
Meaford: 519-538-3592

Maple Lane Orchards
Tara: 519-934-2248

Keyzer's Fruit Farm
Paisley: 519-353-5211

Smith's Apples Farm Market
Port Elgin: 519-832-2971

Sound View Orchards
Owen Sound: 519-371-3764

For Full Details, including location, visit:
www.foodlinkgreybruce.com

At the DURHAM ART GALLERY

by Ilsa Gassinger

D/A
Durham Art Gallery

September is another busy month at the Durham Art Gallery. Don't miss the excellent shows on display until Sunday, September 11: Kai Chan, Colour Me, and Susan Lindsay, Balancing.

Purity and simplicity are the essence of **Kai Chan's** striking and delightful art, and echo the meditative aesthetic of his Chinese cultural heritage. Chan's artistic trademark is his masterful transformation of simple, everyday objects and materials. His thought-provoking show includes a large, site-specific wall painting Chan crafted using splashes of Chinese and India ink and silk threads traditionally used by Tibetans to braid into their hair.

New mixed media sculptures dominate the impressive show by Dornoch-based artist **Susan Lindsay**. Bittersweet and haunting, Lindsay's miniature art pieces evoke feelings of absence, tension and nostalgia.

On Saturday, September 17, a new show by the international art collective TRANART will open at the Gallery. The trio of artists – Deeter Hastenteufel from Flesherton, Sybille Groene from Krefeld, Germany and Bernadette Schroeger from Berlin - will display new and site-specific works that examine ideas of transformation through the use of waste materials and processes such as corrosion and decay. Since 2003 TRANART has created and exhibited works in Germany and Canada that connect to the natural, ecological and social environment.

Deeter Hastenteufel works in a variety of media including painting, sculpture and collage. Leaning towards the experimental work of the Bauhaus and the Russian Supremacists he morphs trash into art. **Bernadette Schroeger's** art involves time and social interaction: she collected used coffee filters from her neighbourhood to use as art materials. Schroeger also uses industrial packaging to create installations and relief collages. **Sybille Groene** manipulates canvases, paper and fabric through layering, wrapping and folding them around sheet metal scraps. She then exposes these arrangements to natural corrosion processes and often applies tar, ink or paint as a final touch.



Icarian Dream, 2011 By Deeter Hastenteufel

As part of their project, Tranart members Hastenteufel and Groene held a workshop on creating art from found and recycled materials for local children and teens. The resulting work will be exhibited at the Gallery also opening on September 17.

On Saturday, September 24 the Gallery presents a **Sing Out Café** featuring jazz by the Carole Warren Quartet at the Durham Town Hall. Also on the bill: songwriter John Stewart; acoustic duo Misha Radojkovic & Anne Beverly-Foster; and special guests, musical-comedy auctioneers Jenny Parsons and Steven Morel.

Carole Warren is an accomplished jazz vocalist and producer for CBC Radio's Inside the Music. She will be joined by her partner Steve Kennedy, a saxophone player and arranger who worked with Canadian jazz-rock legends Lighthouse, Dr. Music and Motherlode. The quartet features seasoned jazz players Mark Zaret on piano and Bob Hewus on bass. Carole will lead the band through a set of standards from the Great American Songbook, introduce original compositions and perform some of her favourite songs in Portuguese.

As a session guitarist and vocalist, songwriter John Stewart has traveled across Canada, performed on various pop and rock albums and has shared the stage with everyone from The Beach Boys to the Benny Goodman Orchestra. Misha Radojkovic and Anne Beverly-Foster play a grooving acoustic folk-rock driven by Misha's rhythmic guitar and Anne's powerful singing style.

TRANART exhibition opening:
Saturday, September 17, 2011, 2 to 4pm

Sing Out Café:

Saturday, September 24, 8pm (doors open at 7:30) at the Durham Town Hall

For more information please contact the Durham Art Gallery at 519-369-3692, or email info@durhamart.on.ca, or visit www.durhamart.on.ca
Hours: Tues to Fri, 10 to 5, Sat, Sun and Holidays, 1 to 4 plus Thurs evenings 7 to 8pm
Location: 251 George Street East, Durham



Sybille Groene installation view

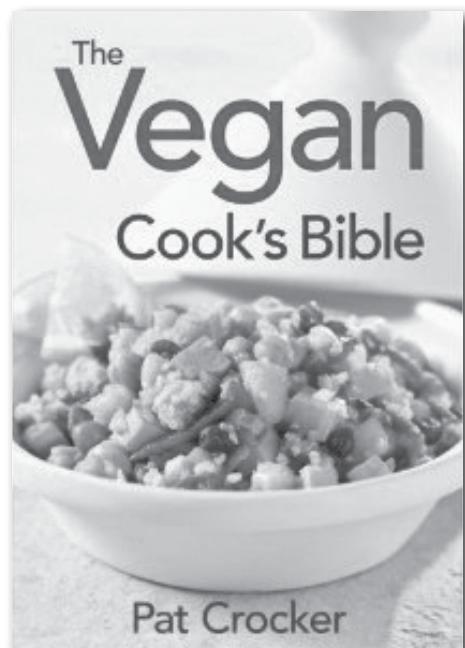
The Dish on Cookbook Writing

Award-winning cookbook author Pat Crocker will teach a course on how to write cookbooks. Taking place at The Ginger Press on Sunday September 18 from 10:00 – 4:00, the **Cookbook Course** will cover how to choose and write clear and concise recipes for publication. "This is the course I wish I had been able to take before I wrote my first cookbook," says Pat, who has written 14 cookbooks including The Vegan Cook's Bible, which won the Gourmand World Cookbook Award for best in category last year in Paris. The Cookbook Course is designed for caterers, chefs, restaurateurs and all food enthusiasts who want to share their recipes with others, whether in a traditional published cookbook, food+travel memoir, or a keepsake family cookbook.

In this pens-on-paper workshop, Pat Crocker will share information about the art, technique and passion it takes to write a cookbook. "No matter

what your motivation, expertise or idea, food writing is a tough field with fierce competition," she says. "This course will definitely teach you how to deal with some of the challenges I have encountered over the years." In addition to providing information on developing your own cookbook, Pat will talk about her experiences in the publishing world. Her first published recipes were right here in MOSAIC magazine, many years ago! Since that time she has worked with many publishers and co-authors to develop a remarkable library of titles.

"This is an amazing opportunity to learn from one of Canada's finest food writers," says MOSAIC publisher Maryann Thomas. "I am very excited about this course, especially since it's the first time Pat has revealed the behind-the-scenes stories about getting published and being successful in this very competitive field." Class size will be limited. Participants are invited to bring a couple of favourite personal recipes for tasting



and telling. Registration (\$125) includes lunch and handouts. Contact The Ginger Press at 376-4233. ■

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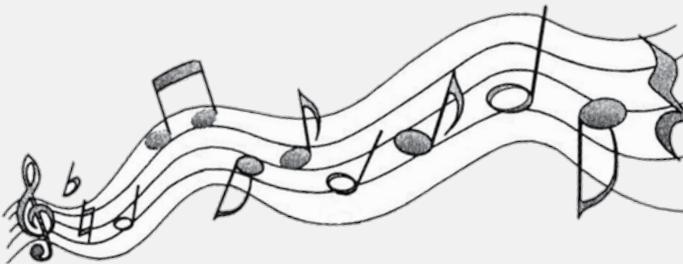
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OSSIA: An Invitation to Sing



Do you love to sing? Are you new to singing? Or have you been told you can't sing? If so, a new community-focused group in Owen Sound might just be right for you. "I have a dozen new friends and the high from singing music is out of this world." *Donna Messecar-Miller*

Owen Sound Singers in Accord or OSSIA takes its name from a Latin word that is used in a musical score to give an alternative. Similarly, OSSIA offers an alternative to other choirs in both the type of music and the style of learning. Its purpose is to share the joy of singing to build community, rather than primarily performance, and it is open to all. "What I love is singing for the pure joy of it! The whole is always greater than the sum of the parts!"

Frank Greaves

The director, Louise Jarvis, teaches songs in a variety of styles, from different cultures and traditions, using a call and response technique and building up harmonies. You will quickly find your particular voice by simply singing with this friendly, helpful group in a playful, relaxed, accepting atmosphere. The written music is usually available, but you don't have to read music. OSSIA is about belonging, laughter, and the delight of singing in community. "Singing in OSSIA is a wonderful experience for me as it brings together the threads of spirituality, emotional connection, friendship, and community." *Pat Breton*

Louise, a local musician and craftswoman, started the group in

October 2010 after taking a Community Choir Leadership Training course and becoming a member of the Ubuntu Choirs Network, a worldwide singing movement that believes singing is our natural human birthright. www.ubuntuchoirs.net. "A dedicated teacher who moves us forward with great care and intention has made my experience with OSSIA the best investment in basic music training I've ever made." *Theo Jansen*

OSSIA meets weekly on Monday nights in the beautiful Tone Yoga Studio in downtown Owen Sound. Our fall program will include a mix of songs ranging from bicycles to angels to Africa, ending with a 'sing-in' that will include the audience in a five-part Alleluia.

Louise also teaches "all about Harmony" helping novice singers to recognize, by sight and by sound, the intervals from which harmony is created. This small group experience offers loads of satisfaction as the mysteries of harmony are revealed. Please call or email Louise Jarvis at 519-371-8227. lojarvis@gmail.com

WE BELIEVE THAT SINGING IS AN ESSENTIAL ACTIVITY FOR PERSONAL AND COMMUNITY HEALTH AND VITALITY.

By Margot Miller who sings with OSSIA along with her husband Doug Miller

Procrastination

Procrastination catches you.
Even as you tie your shoe,
The phone will ding and ring
And there you'll be unable to sing.

"Oh," you'll wail,
"If only I had yesterday done
What I was supposed to do
Instead of saying tomorrow in lieu."

So, if you want to have your fun,
Then each day do what has to be done.
Don't put off those ugly chores,
Cause tomorrow may offer exciting
mores.

And then if you have not done
Those things you should have done
You won't be able to go and play
And you shall lose the fun of the day.

- Jane Kendale

A Member of the Grey-Bruce Writers



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at the Meaford Public Library

Applications can be picked up
at the Meaford Library, The Net Shed,
OR contact the FOTL secretary at:
gbigl@bmts.com

Each entry must be the applicant's
original work; no longer than 2,500
words; type-written in English; hard
or electronic copy; and not previously
published.

OSSIA

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Small classes of 6-10 people

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Call Louise 519-371-8227
lojarvis@gmail.com

The 2011

AUTUMN LEAVES STUDIO TOUR

As the golden rod and wild asters fill the ditches, and the leaves of the maples turn scarlet, there is a flurry of activity as artists prepare their studios for another season of fall tours. The summer heat has lifted, and there is a desire among locals and tourists alike to explore the back roads and revel in the changing seasons.

2011 marks the 18th annual Saugeen Autumn Leaves Studio Tour. It is a free, self-guided tour that always runs the weekend before Thanksgiving. This September 30, October 1 and 2 the public is invited to step into the fabulous and varied studios, gardens and living spaces of 23 of the area's most skilled craftspeople and artists. Visitors may choose to focus exclusively on a certain area (the geography covered can seem daunting) or pick and choose a few locations with time set aside for a leisurely lunch (some suggestions are listed with the images on the brochure). A day on the studio tour circuit can be truly rewarding.

Among the many artists on the tour this year, you can expect to see a variety of materials and styles in evidence. There are potters, metalworkers, glassblowers, and photographers. There are textile artists, woodworkers, jewelers, creators of food, and painters. Most host studios also feature a selection of guest artists. Here are some suggestions to start your journey.

Vince Bowen of Rockrose Pottery (Studio D) is located five minutes from the edge of Markdale. His board and batten

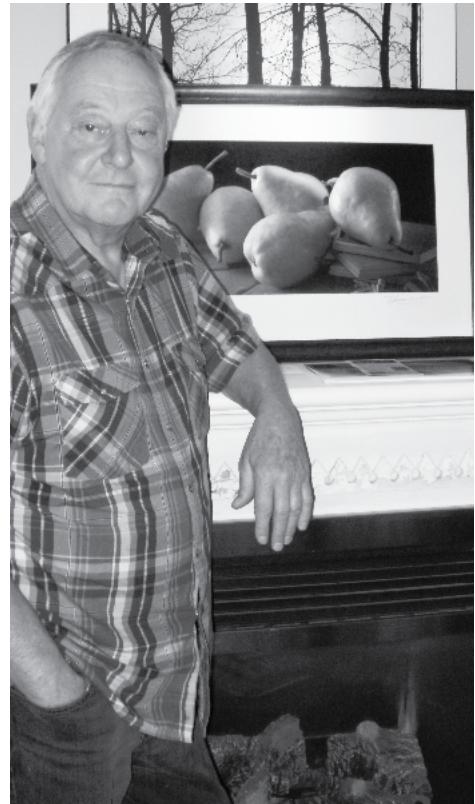
farm house is up a short lane, and surrounded by perennial beds and a large vegetable garden. The studio is found in a spacious building behind the house. Since studying at Sheridan College in the very early days of the Crafts and Design program, Vince has refined his functional porcelain work into sleek forms decorated with rich, intense glazes. His mugs and bowls read like landscapes, the change in colours like the meeting of sky and ground. The studio tour provides a unique opportunity to watch as Vince demonstrates his considerable ability on the pottery wheel, and see the many steps involved in working with porcelain from start to finish. His work is not available at galleries, so retail shows and events like the studio tour provide visitors with a great chance to see his new work.

Kate Civiero of Infinite Glassworks (Studio M) houses her gallery in a former general store front at the entrance to Eugenia Falls. Trained as a glassblower at Sheridan College, she brings her whimsical sense of play and discovery to all her work. Using joyful transparent and bright opaque colours and a repetition of forms, her tumblers, vases and other work speaks of a quirky cheerfulness. Her brightly spotted three-footed tumblers and simple bowls look like speckled eggs lined up on their shelves. The bright, airy gallery has windows decorated with a variety of her hand made glass creations. Kate has a selection of fused hanging ornaments, glass balls, and sculptural pieces. She sells her glass locally (you may have seen Kate and her glass at The Bakery in Flesherton) and in galleries around Ontario, but the studio tour provides an opportunity to see the full range of what she does. After visiting Infinite Glassworks, it's also worth stretching your legs with a short walk to see the falls and the view down into the river below.

Doug Jamieson (Studio R) has an extensive and award winning background as a professional photographer. His home and studio are found in a large inviting yellow house on the main street in the Village of Holstein. Doug has his work featured throughout the house for the studio tour weekend, primarily featuring his still life studies and landscapes. His work is full of detail. Rich, saturated colours with high contrast define his photographic style. Also on the tour is Doug's wife, Jeannette Jamieson. She will be featuring her famous baking (they are fondly remembered from their years of owning and operating the



Kate Civiero (Studio M)



Doug Jamieson (Studio R)

Mount Forest Bakery) and her statement furnishings - old pieces, lovingly repainted and upholstered. Visitors will feel immediately welcomed to this spacious property with its gardens, backyard chickens, and designer split rail fence.

In this way the Autumn Leaves Studio Tour becomes a starting point to discover, or to re-visit some of the most talented and creative artists and craftspeople of our area. Visitors remain fascinated by the way each artist's vision and creativity extends from the work they make to their houses and gardens. For those with an increased awareness of where our products are made, it's satisfying to watch the artists at work, and see their finished pieces. There is something of a shared experience for the maker and the user when these simple connections are made between the process and the object. There is an increased pleasure in using a mug or bowl or enjoying a painting when you have a relationship with the maker. Look for a map (or online with the information below) and enjoy the tour!

For more Information:
www.autumnleavesstudiotour.ca
info@autumnleavesstudiotour.ca
1-888-445-4312

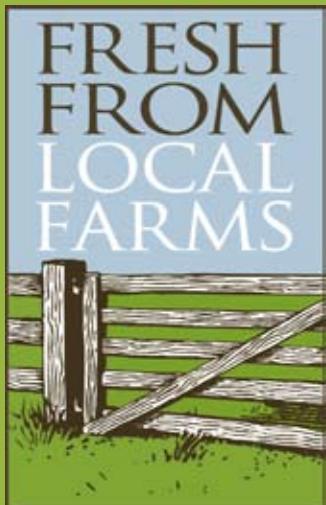
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Markdale

Noah's Inn
Neustadt

Voyageur Storytelling
Miller Lake

Back Eddies
Paisley

Mimi's Rooftop Cafe & Coffee Bar
Wiarton

Harbour Street Brasserie
Kincardine

Rowan Moon Bistro
Durham

Visit the restaurants that support our local farms!

See www.foodlinkgreybruce.com for details