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ARTS, ENTERTAINMENT & COMMUNITY
OCTOBER 2019 VOL. 27 NO.4

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October 2019

Vol. 27 No. 4

MOSAIC

A composition created by inlaying various pieces to form one picture.

Established in 1993, MOSAIC is the only publication in Grey-Bruce dedicated 100% to encouraging and supporting all the local arts and entertainment.

Founder: Vi Bland
 Managing Editor: Maryann Thomas
 Layout: Shelley Jackson Design
 Email: editor@greybrucemosaic.ca
 website: www.greybrucemosaic.ca

~ Esteemed Contributors ~

Judy Beth Armstrong, Carolin Brooks,
 Morag Budgeon, Nadia Danyluk,
 Vera Dernovsek, Anne Dondertman,
 Matt Epp, Gloria Habart,
 Friends of Cabot Head, Sandra J. Howe,
 Robert Iantorno,
 Emma McConachie-Anderson,
 Louise Moore, Stephen Hogbin,
 Katrina Peredun, Stuart Reid,
 Christopher Thomas, Paul Thomas

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 Welbeck Sawmill
 Words Aloud
 Spoken Word & Storytelling Festival

MOSAIC is available in the places where people gather from Tobermory to Kincardine to Collingwood and everywhere in between. Current and back issues are also available at www.greybrucemosaic.ca.

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 848 2nd Avenue East,
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 Phone: 519-376-4233
 Email: publisher@greybrucemosaic.ca

The views expressed by the contributors are not necessarily those of the publisher or editor of MOSAIC

From My Desk

by Maryann Thomas

As we fall into the Season of Books, it's time to welcome a fresh crop of tomes, along with a full roster of local and visiting author events and I'll be there with boxes of books at all of them. We start off here at The Ginger Press with the booklaunch of *Grey County Farm Girl* by **Isabelle (Grierson) Love** at 2:00pm on Saturday September 28. Isabelle grew up in Grey County and lived in several countries before settling down in Owen Sound with her husband Lyle.

Next up on my calendar is a talk with **Terry Fallis**, who will be doing a reading at 7:00pm on Wednesday October 9 at the Bruce County Museum in Southampton for the Southport Canadian Federation of Women (the public is welcome). Terry's most recent book is *Albatross*, a novel about a young golf prodigy who just wants to write novels. It's on the bestseller list, right up there with Margaret Atwood!

And then, at 7:00pm on Tuesday October 15, **Ted Barris** will be returning to the Bayshore with the Owen Sound Canadian Federation of Women. His new book is *Rush to Danger: Medics in the Line of Fire*. Ted always gives a great presentation and yes, we have tickets (\$20).

On Sunday October 27 at 2:00pm at the Leith Church, former Leith resident **Jerry Bouma** will be giving a reading from his new collection of poetry *Beyond the Woodshed: A Series of Reflections*.

Described as one of Canada's greatest living explorers, **Adam Shoalts** will be back in Owen Sound at 7:00pm on Thursday November 14 at the Library hosted by the Owen Sound Field Naturalists. Described as "Canada's Indiana Jones," Adam's newest book is *Beyond the Trees: A Journey Alone Across Canada's Arctic*, which is described as "heartstopping, filled with wonder and beautifully attentive to the majesty of the natural world."

As always, the Season of Books will culminate with the Ginger Press Authors' Open House which will take place from 11:00-2:00 on Saturday December 7. This is our 34th year of gathering dozens of local authors together to celebrate the season with all things literary!

See you lots...

Maryann

@ **the library**

The Great Annual Library Book Sale

Carolin Brooks

Mark your calendar – the Owen Sound & North Grey Union Public Library's Great Annual Library Book Sale is back! This significant fundraiser has raised hundreds of thousands of dollars for the Library. It has also recycled close to a million books back into the community to readers of all ages who eagerly anticipate this event each fall. Vintage, new, nearly new and used paperbacks, hardcovers, talking books, music CDs, DVDs, puzzles and games will be available for sale over nine days. The book sale will open to the public at 9:30am Monday, October 28 and continue during regular library hours to Monday, November 4. Saturday, November 2 and Sunday, November 3 will be half price days. Monday, November 4, until 8pm, will conclude the event with an amazing 2 Bucks-a-Bag sale. As always, more books will be added each day. The Library thanks the community for your generous donations throughout the year and your attendance and support of this important Library fundraiser. **¶**

FACING THE FLAMES

Katrina Peredun



Experience the dramatic history of fire-fighting with this Grey Roots original exhibit: Facing the Flames: The History of Firefighting in Grey County. Discover stories of local fire and rescue from the first brave bucket brigades to our current highly-trained professionals. Step into the fire hall and see if you can handle the heat in the timed firefighting activity. Explore historic and modern equipment, including a fully restored 1923 LaFrance fire truck – Owen Sound Fire Engine No. 1.

"This exhibit will place Grey County's fire-fighting history in context with that of Canada's," says Sim Salata, Collections Manager. "We're excited to be telling such important stories." Facing the Flames: The History of Firefighting in Grey County will feature video interviews with firefighters from all Grey County Fire Departments as well as historical photos and fire video footage. This in-house exhibit will be open until May 2020. Regular admission rates apply. Free for Grey Roots members. **ℳ**

The poster features the title 'FACING THE FLAMES: THE HISTORY OF FIRE FIGHTING IN GREY COUNTY' in large, bold letters. Below the title is a smaller text: 'Experience the dramatic history of firefighting with this Grey Roots original exhibit!'. At the bottom, it says 'SEPTEMBER 21, 2019 TO MAY 10, 2020'. There is also a small logo for 'GREY ROOTS MUSEUM & ARCHIVES'.

CABOT HEAD LIGHT STATION FUTURE UNCERTAIN

submitted by The Friends of Cabot Head

Although the remediation work at the Cabot Head Lighthouse is nearing completion, more work is scheduled to begin this fall, and the future of the site is uncertain. The Coast Guard will soon be replacing the automated light tower with a new galvanized steel tower and concrete pad. It is anticipated that the work will be completed by the end of September.

Due to the ongoing construction, the site has yet to be released back to the Mu-

nicipality of Northern Bruce Peninsula and subsequently, leased back to the Friends of Cabot Head. As a result of the extended 2 year plus suspension of our lease and closure of the site, the Friends of Cabot Head find themselves in a critical financial and membership situation. There remains a huge amount of work to be done in order to reopen the lighthouse to the public (including site work as well as the mammoth task of cataloguing and

displaying the museum artifacts). Our organization is presently unable to take on this task and thus, our vision for preserving and protecting the Cabot Head Light Station is in jeopardy.

The Friends of Cabot Head have set an Annual General Meeting for October 5 at the Municipal Office of Northern Bruce Peninsula at 1:00pm. We encourage everyone concerned for the future of this incredible historic site to attend. **ℳ**

AT GREY GALLERY... 2020 DOWNTOWN ART CLASSES

Anne Dondertman

During the week of August 12, a group of downtown businesses collaborated to offer the first 'Pop Up Downtown Campus'. The idea was that we would offer locals and visitors alike a chance to spend a summer week in beautiful Owen Sound. During the day, adults and children could enroll in a range of workshops, from woodturning to marinating cheeses to writing poetry.

Participants could register for a different course every day, or take advantage of the week to enroll in an intensive multi-day workshop and delve deep. Each evening from Monday to Thursday there was a talk or demonstration on a topic related to one of the workshops. This format offered the opportunity to learn from our many local experts, as well as for all participants to socialize, share

experiences and hear more from one of our instructors in the evening.

The five-day event will be hosted again next year, this time during the last week of July (July 27-31), and we would like to expand our list of options. A couple of the workshops were sold out, and we hope to build on this initial success. Given the impressive amount of expertise and talent in our region it would be desirable to include an even larger range of options within our downtown area – from music to art to writing to wellness to cookery. Please get in touch with maryann@gingerpress.com if you have feedback on this year's event, suggestions for other topics, or have an interest in offering a workshop or your venue as part of the program. We miss summer already, and it is never too soon to plan for next year! **ℳ**

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THE ROXY REPORT

Emma McConachie-Anderson

The Owen Sound Little Theatre (OSLT) is gearing up for the start of their exciting 59th season with rehearsals for the season opener, *Sister Act*, well underway. This hysterical musical, directed by Corry Lapointe, follows the adventures of disco diva Deloris Van Cartier as she is forced to hide out in a convent after witnessing a murder. Banished to the choir after butting heads with the uptight Mother Superior, Deloris finds purpose in uplifting the choir with her unique disco moves, but blows her cover in the process. This Tony-nominated musical is guaranteed to be a fun night of singing, dancing and laughing. *Sister Act* runs November 7-9, 13-16, and 20-23.



You can be part of something great! Have you ever thought about getting involved at the Roxy theatre, but think being onstage might not be for you? Did you ever wonder just how much goes on behind the curtain? Well, good news: there are many wonderful backstage roles that are always in need of eager, new volunteers. Costumes, props, and assistant stage management are only a few of the backstage jobs you could be doing. All of our members are dedicated to theatre and love sharing that passion with newcomers. OSLT is a thriving and welcoming community that values its volunteers and members; there is no better place to be introduced to the magic of theatre. So, if you're looking to check a few items off your bucket list come down to the Roxy and discover what exciting new job could be waiting for you backstage.

Make sure to keep your eye out for our other wonderful shows coming up this season: *West Moon* – a play set in a Newfoundland Cemetery, directed by Kathleen Cassidy; *The Curious Incident of the Dog in the Night-Time* – the Tony-award winning play based on the best-selling novel directed by Pat O'Connor; and *Born Yesterday* – a classic satire set in the 1940s directed by Kevin Haxell. For tickets, visit roxytheatre.ca, stop by our box office, or call (519) 371-2833. ☀

BRUCE TRAIL DAY!

You are warmly invited to hike with us on **Bruce Trail Day, Sunday, October 6.**

Meet at 1:30pm at the corner of Cole's and Taylor's Sideroads, NW of Kemble. Free guided hikes explore Kemble Wetland and Kemble Rock Nature Reserves. All welcome!

www.sydenhambrucetrail.ca





Owen Sound
Farmers' Market
Morag Budgeon

Is there anything better than a Farmers' Market in the Fall? Ontario grows an abundance of produce that reaches its peak in the autumn months. The opportunities for cooking and eating are endless, and with our current technology, finding a recipe that meets your culinary taste and uses the ingredients you have at hand is a search engine away.

APPLES are a staple in October. With so many varieties, the taste can be used in both sweet and savoury dishes. Enjoy your apple as a snack by itself or pair it with pumpkin for a soup, or walnuts, blue cheese and celery for a salad. And if that is not enough to convince you, one apple contains 30% of your daily fibre needs!

BEETS get a bad rep due to their earthy taste, but roasting them brings out their natural sweetness and makes them perfect for adding to salads, blending into smoothies or pickling to enjoy year round. Beets also contain nitrates and pigments that may help lower blood pressure and improve athletic performance

BRUSSELS SPROUTS have come a long way from the days of boiling them on the stovetop. My favourite way to prepare them is by simply tossing in olive oil, salt and pepper and roasting them in the oven, which brings out their natural sweetness. Brussels sprouts are high in fibre, vitamins, minerals and antioxidants, making them a nutritious addition to your diet. This is just a hint of the wealth we locally grow during this cozy season, so sweater up, come to the Owen Sound Farmers' Market and take advantage of the bounty of harvest. The Market is open Saturday mornings, year round, 8am to 12:30pm. ☀

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INTERSECTIONS

CONSIDERING MORE OR LESS

Stephen Hogbin

How to increase quality while reducing our impact on the environment is a vexing question often asked at Intersections. To do nothing is altogether too easy. What then is the ethos for quality? Quality will last longer for many reasons. Skillfully made, beautifully designed objects are inherently connected to personal experience. If the order is reversed, the making needs to connect meaningfully to people, fulfilling the desire for beauty and skillful permanence. Downsizing also helps reduce our environmental impact, without loss of usefulness, beauty or skill in the making. Size and quantity matter while retaining the values associated with permanence.

Smaller homes of better quality are a goal; here are a few things to consider for the future when downsizing or building from scratch: there's less to heat; less to cool; less stuff; less to clean; less to fix; less tax; and less to worry about. "Less is more" – an expression used by the minimalists – is not about less quality; rather, it's about more quality. The juxtaposition of design to materials begins to get at quality and that interests me a lot.

Trends can be short-lived, shallow affairs. Trends seem to be another person's agenda and not part of my goals. Fortunately concern for the environment is a trend that will be permanently with every decision in this century. Individually we don't need to wreck or despoil the planet.

At Intersections what we design and make hinges on the thoughtful use of the tree. Recently we have been looking at boat building. The boat is a great metaphor for survival and requires the best quality on so many levels. In the studio workshop, we are building a canoe. The shape of boats tugs at peoples' hearts. Wood has been the primary material for the construction and use of boats for thousands of years; skills and knowledge about its use have been preserved and passed on so we can still create these things that are objects of art which are able to take us to newer shores. Upcoming classes include:

Carving with Carl Durrance: Through this hands-on experience, participants will learn woodworking safety, tool sharpening, selection, preparation, finishing – and create small-scale unique carved pieces. Saturday & Sunday, October 26 & 27, 9am to 4pm, \$203.40 + materials fee.

CNC Router - Programming the Computer with George Hart: Learn the basics of the CNC Router and how to program a design. Saturday, October 19, 9am to 4pm, \$101.70.

Cabinet Construction with Pierre Rousseau: The cabinet or carcass construction is fundamental to fine woodworking. With this project, various joints will be learned including comb joints, various dovetails, decorative splines and half laps. The cabinets will be made from regional solid woods chosen by the participants for their colour, grain, weight and durability. They will hang on the wall and include a drawer, shelves and a door. The cabinets will be suitable for a collection of small objects, spices, medicines or small hand tools. This is a three-week intensive course November 12 to 29 (Mondays to Fridays), 9am to 4pm. Cost is \$2373. More information and registration details for all upcoming classes at www.intersectionsstudio.com.

Recently discussing success with a distinguished Owen Sound poet and author, he pointed out that success was "keeping the doors open". I liked the modest ambition and reflect on lots of other things coming up at Intersections including our three year celebration in November.



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From the Community Foundation Grey Bruce



Back in 2015, the United Nations (UN) adopted a set of 17 goals with the intention of moving the world toward a positive and resilient future. The year 2030 was set as the target year to attain the goals that address economic, social, and environmental development. If the world is successful in meeting the UN's Sustainable Development Goals (SDGs), we will see an end to hunger and poverty, we will see gender equity and reduced inequalities, we will address climate change and ensure health of life and land and below water. The SDGs recognize that economies must shift to encourage more innovation, encompassing clean and affordable energy, and responsible production and consumption of goods. Education is, of course, a goal for all, as is peace, justice and support for strong institutions. The breadth of the goals sets a visionary path for a healthy and prosperous future in which no one is left behind. You can read all 17 goals at www.un.org by clicking on "Sustainable Development".

To meet the challenges that lie ahead for our community and our nation in tackling these goals, strong partnerships among government, civil society, philanthropic agencies, and the private sector need to be built. We need to work together across communities and beyond borders, as members of a global family, in order to make change happen.

The work of Community Foundation Grey Bruce already connects to many of the 17 SDGs as discovered in the Vital Signs report. Community Foundations of Canada states: "The grassroots approach of Vital Signs to collect data, spark conversation and inspire civic engagement offers a unique tool to benchmark the progress of well-being in our communities against a set of global targets."



Certainly, the Foundation's grants to charities and non-profits in Grey Bruce support a wide variety of projects that hit on many of the 17 goals. By layering a discussion of the global SDGs into its Vital Signs report, the Foundation links what is being done locally with global efforts to improve the planet. In the years ahead leading up to the 2030 deadline, you will hear more about the SDGs in discussions on community wellbeing in Grey Bruce. Our region is so rich and prosperous in contrast to other places around the globe; however, the Foundation recognizes that the work done in our community to meet the SDGs can have positive impacts that go way beyond our region. In the giving season that fast approaches, consider donating to one of the many funds at Community Foundation Grey Bruce. You can scroll through the list of funds and their purposes at www.communityfoundationgreybruce.com. Philanthropy can play a large part in ensuring that no one is left behind on the path towards a more sustainable future. **M**

2020 Write @ Your Library CONTEST

the library

Nadia Danyluk

The Library is excited to announce the launch of the 2020 Write @ Your Library creative writing contest for teens.

We are currently seeking submissions of poems and short stories from students in grades 7 through 12 from across Grey and Bruce counties. Winning entries will receive cash prizes of up to \$100 and have their work included in the Write for 2020 anthology, a chapbook containing the highlights of this year's creative writing talent. Additionally, first place winners in each category will be published in the March, 2020 edition of MOSAIC. An awards ceremony with readings of the winning entries will be held in November at the Owen Sound & North Grey Union Public Library. Submissions are also being sought for the cover design

of the 2020 anthology. The winning entry will receive a \$100 cash prize.

Guidelines for the writing and design contests can be picked up at public libraries across Grey and Bruce or downloaded from the Owen Sound Library's website: www.owensound.library.on.ca. Email submissions to ndanyluk@owensound.library.on.ca by Friday, October 25, 2019. This event is coordinated by the Owen Sound & North Grey Union Public Library, and is enabled through the participation and sponsorship of MOSAIC, The United Way of Bruce Grey, Bruce County Public Library, Grey Highlands Public Library, Hanover Public Library, Meaford Public Library and West Grey Public Library. Happy writing! **M**

WORDS ALOUD 16

NOVEMBER 1 - 3, 2019

"Step into this experience with the goose bumps in your heartbeat." - Buddy Wakefield

In 2018, Words Aloud celebrated 15 years of outstanding performance poetry, captivating storytelling, and melodies sung straight from the soul. Most importantly, we celebrated the wonder of words and a dedicated audience that is intrinsically woven into the fabric of our festival. It's intimately engaging. It's up close and personal. Words Aloud is an experience you can't get anywhere else.

Last year we celebrated the festival's past, and this year we're looking to the future – and that means sustainability. Words Aloud is Going Green. We've partnered with Owen Sound Waste Watchers to explore zero and reduced waste options, and we're cutting down our carbon footprint by introducing the Words Aloud Workshop Bus! Free tickets for the bus are available on our website. (We suggest riders bring with them a donation of \$5 for our workshop leaders.)

This year, we've endeavoured to keep the intimacy while expanding our reach by hosting events throughout Grey County, but the buzz has travelled far and wide. The winner of our summer poetry contest, Katya Zinn, resides in Boston and our judges combed over submissions from Ontario to Texas. Second and Third place prizes were awarded to local poets Harry Posner and Danuta Valleau, respectively. Our November events will take place throughout Grey County but our home, and the heart of Words Aloud, will remain at the Durham Art Gallery. We know our little festival has a sensational vibe and we want to invite everyone to tune in to its frequency. Please join us during the first weekend of November for another electrifying, totally absurd and wholly heartwarming Words Aloud experience!

FRIDAY NOVEMBER 1

Workshops

Workshop with Buddy Wakefield

10:00am-noon at The Harmony Centre, 890 4th Ave E, Owen Sound

Reading and Discussion with Alicia Elliott

1:30-3:30pm at M'Wikwedong Indigenous Friendship Centre, 1723 8th Ave E, Owen Sound

Main Stage

Prufrock Shadowrunner, Sabrina Benaim, Buddy Wakefield

7:30pm at The Harmony Centre, 890 4th Ave E, Owen Sound

Commencing his journey in late 2008, Prufrock Shadowrunner has managed to hone his skills to the point of becoming a household name in many different variations of his art forms, from DJing, all over Canada and the US to his hip-hop forays internationally and his acting in his



hometown Ottawa, gracing stages as big as the NAC performing as Othello. As much as he has made splashes and waves in these areas he has found his voice and calling with his writing and sharing of spoken word. Prufrock is a writer and storyteller from an age long past, combining both seriousness and comedy to weave tales of his own journey as well as the human experience. He has won several writing awards as well as three national championships for his work. He has shared stages with many talented artists who are staples in their respective scenes, including BoonaMohamed, Dwayne Morgan, R.A. The Rugged Man, C.R. Avery and many others of quality standing. **Sabrina Benaim** is a writer, performance artist, and slam poet. Benaim was a winner of the 2014 Toronto Poetry Slam. She is best known for her poem *Explaining My Depression To My Mother*. At age 23, Benaim was found to have a benign tumor in her throat. She took to performance poetry as a way to cope with her health complications, and to raise awareness for issues such as anxiety and depression. She also represented Toronto at the Women Of The World Poetry Slam.

Buddy Wakefield was the first author released on Write Bloody Publishing. He is a three-time world champion spoken word artist, and the most toured performance poet in history. He now lives in Los Angeles, CA, as a free agent pursuing acting and screenwriting for both television and film.



SATURDAY, NOVEMBER 2

Workshops

Workshop with Charlie Petch

10:00am - noon at the Durham Town Hall, 185 George St W, Durham

Workshop with Prufrock Shadowrunner

2:00 - 4:00pm at the Durham Town Hall, 185 George St W, Durham

Main Stage

yes, the poet (estefania alfonso falcon), Ruth Daniell, Alicia Elliott

7:30pm at the Durham Art Gallery, 251 George St E, Durham

estefania alfonso falcon (they/she/he),

also known as yes, is a radical genderfluid queer cubanx migrant, poet, tattoo artist, educator, and activist living in and around Kiji'buktuk (Halifax). they have worked with No One Is Illegal - Toronto, the Mining Injustice Solidarity Network, the End Immigration Detention Network, and is a founding organizer of the Voices of Today youth poetry slam festival.





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Ruth Daniell is an award-winning writer and editor who currently lives with her growing family in Kelowna, BC. Her first full-length collection of poems, *The Brightest Thing* (Caitlin Press, 2019), explores fairy tales, sexual violence, love, and healing. She's at work on a second collection of poems about birds, climate change, parenthood, and joy.



Alicia Elliott is a Tuscarora writer living in Brantford, Ontario. She has written for the *Globe and Mail*, CBC, *Hazlitt* and many others. She's had essays nominated for National Magazine Awards for three straight years, winning Gold in 2017, and her short fiction was selected for Best American Short Stories 2018, Best Canadian Stories 2018, and Journey Prize Stories 30. She was chosen by Tanya Talaga as the 2018 recipient of the RBC Taylor Emerging Writer Award. Her first book, *A Mind Spread Out On The Ground*, is a national bestseller.



SUNDAY, NOVEMBER 3

Workshop

Workshop with yes – the poet

9:00am – noon at the Coffin Ridge Winery,
599448 Concession Rd 2 N, Annan

Main Stage

Greg Santos, Lorri Nielsen Glenn, Charlie Petch

1:00pm at the Coffin Ridge Winery, 599448 Concession Rd 2 N, Annan

Greg Santos is the author of *Blackbirds* (2018), *Rabbit Punch!* (2014) and *The Emperor's Sofa* (2019). His newest full-length poetry collection, *Ghost Face*, is forthcoming with DC Books. He holds an MFA in Creative Writing from The New School. He regularly works with at-risk communities and teaches at the Thomas More Institute. He is the Editor in Chief of the Quebec Writers' Federation's online magazine, *carte blanche*. Santos lives in Montreal with his wife and two children.



Lorri Nielsen Glenn's most recent books include *Following the River: Traces of Red River Women*, a mixed-genre exploration of her Métis foremothers; the best-selling *Untying the Apron: Daughters Remember Mothers of the Fifties*; and *Threading Light: Explorations in Poetry and Loss*. An award-winning poet, essayist and teacher, Lorri lives by the sea in Nova Scotia.



Charlie Petch is an award winning playwright, spoken word artist and musician. They have been widely published and their most recent album, *Mel Malarkey Odes & Acts*, a vaudevillian/spoken word theatre piece, received a "Best of 2017" from *Electric City Magazine*.



They are a member of the League of Canadian Poets.

TICKETS:

Friday & Saturday Main Stages: \$20 each

Sunday Main Stage: \$25

Festival Pass (all 3 main stage performances) \$55

Workshops: \$30 each

Weekend Pass (3 Main Stage performances plus 4 workshops): \$160 (only on sale only until October 15)

For performance details and ticket information, please visit www.wordsaloud.ca.

THANKS

Words Aloud 16 could not exist without a large community of volunteers, sponsors and donors. We are particularly appreciative of The Owen Sound & North Grey Public Union Library's enthusiastic support as our new sponsor and community partner, as well as the Durham Art Gallery's continued sponsorship as the home and heart of the festival. The financial contributions of supporters large and small are critical to the ongoing viability of the festival. We gratefully acknowledge the generous support of Ontario Arts Council, David Madill, John Tamming, Dreamers Creative Writing, Canadian Heritage, the Municipality of West Grey, Electrical Contacts Ltd., Rrampt, Coffin Ridge Winery, The Harmony Centre, M'Wikwedong Indigenous Friendship Centre, the League of Canadian Poets and OS Waste Watchers.

DVOŘÁK PIANO QUARTET COMING TO OUR AREA

Vera Dernovsek

There is an age-old Czech saying that all Czechs are musicians – in one way or another. Now, lovers of classical music will have a chance to find out for themselves. Under the auspices of the Georgian Bay Symphony, we welcome one of the foremost Czech chamber ensembles, Dvořák Piano Quartet from Prague, to perform a benefit concert at the Leith Historical Church.

The Dvořák Piano Quartet, named after the famous Czech composer Antonín Dvořák was formed several years ago, and quickly established itself as one of the Czech premier chamber ensembles. The title of the quartet was used after a permission to use the name Dvořák was given by Mr. Antonín Dvořák III, the direct descendant of the composer.

The Dvořák Piano Quartet presents the listener with interpretation of

chamber music in the best Czech tradition and sound. The members of the Quartet are experienced musicians who studied under legendary artists, where they gained their deep understanding and thorough approach to chamber music, steadily improving in subsequent years of performing in concerts and recording sessions. The Quartet recently received an excellent review with the highest recognition Choc de Classica from France's *Classica* magazine (May issue) for their Supraphon album of Dvořák's Piano Quartets No. 1 and 2.

Dvořák Piano Quartet will be playing at the Leith Historical Church on October 25. Their program will include Johannes Brahms' *Piano Quartet No. 1, G minor, op 25* and Antonín Dvořák's *Piano Quartet No. 2, E flat major, op. 87*. For more information contact dernovsek@gmail.com. **¶**



Dvořák Piano Quartet by Vera Dernovsek

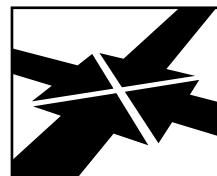
HARVEST MOON

Matt Epp

On the Harvest Moon afternoon (Tuesday October 15, 1:00 to 4:00pm), songwriter/artist Matt Epp will be facilitating an art build at M'Wikwedong. All are welcome; no charge. We will be screen-printing the *Amorian Red Winged Blackbird* image on t-shirts and canvas back patches, hand-painting the red and yellow wings, cutting out red felt hearts, etc. These items will be used/given away to promote actions of love in our community in these divisive times. Let's come together, find some common ground, and work together on the afternoon of the Harvest Moon! Feel free to bring jackets, sweaters, t-shirts, canvas tote bags, etc, that you would like the image printed on, for yourself and to give to your friends.

Also, the next day (Wednesday October 16 at 7:15pm) at Heartwood Hall, Matt is playing a solo show in support of his new album *River of Tears*. Items from the art build will decorate the stage, and be given to the audience. Matt will be solo and acoustic, playing selections from the new record and favourites spanning his career.

This event will not be as sombre as the title might suggest. It will be packed with love, humour, stories, and poetic songs. And gifts for the audience! Tickets (\$20 advance/\$25 at the door) are available from Heartwood Home and www.heartwood.ca. **¶**



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NEW POET LAUREATE!

Judy Beth Armstrong

At its September 26th meeting, the Board of the Owen Sound & North Grey Union Public Library approved the appointment of **Richard-Yves Sitoski** as Owen Sound Poet Laureate for a two-year term starting October 1, 2019. Sitoski is the winner of the Owen Sound Cultural Award for Emerging Artist, 2014; finalist in the International Songwriting Competition, 2018; and author of two poetry collections, most recently Downmarket Oldies FM Station Blues (Ginger Press, 2018), and an album. He is well known in the Owen Sound/Grey Bruce area for his many spoken word performances as well as his collaboration with previous poets laureate, Rob Rolfe and Larry Jensen and the Métissage collective, and as a committee member for Words Aloud Spoken Word and Storytelling Festival.

When describing his vision, Sitoski wrote: "No issue is more pertinent to the continued existence of life on this planet than how humans interact with our increasingly threatened environment. And so, the focus of my term as Poet Laureate will be on ecological concerns: where the planet seems headed, and what we can do about it. I will use cutting edge augmented reality (AR)

technology developed right here in Owen Sound by KP9 Interactive to create virtual landscape installations and to animate a collection of verse on environmental subjects. I will also partner with local environmental groups, getting the message out in verse." Sitoski adds, "Language is a source of power beyond comprehension, and poetry is the ultimate use of language. In fact, it's what leaps over the cliff at the very end of language. What's more, it's all around us, even in the places we least suspect."

In the final days of her tenure, outgoing poet laureate Lauren Best said, "I am grateful to have experienced first-hand some of the many positive impacts that the poet laureate program creates in this area, especially for children, their families and teachers. This special opportunity has helped to spark creativity in young people and breathe new life into poetry through playful exploration." Best's focus, during her 2017 – 2019 term, was to encourage children to express themselves through poetry. As her legacy project, she created Poetry Play Kits which contain activities for children and their care-givers to have fun with language together, available to borrow from the Library's Youth Services Department.

A selection committee of three former poets laureate and a community member plus Library staff recommended its unanimous choice to the Library Board. Chair of the Poet Laureate Advisory Committee and Owen Sound's first poet laureate, Liz Zetlin said: "We're very pleased to announce Sitoski's appointment because of his talent as a poet and his passion for our community and the literary arts, as well as his environmentally-focused legacy project."

The Owen Sound & North Grey Union Public Library hosts the poet laureate program with funding from the community. This year, David Madill, CFP of BMO Nesbitt Burns, and former Library CEO Andrew Armitage are generous supporters of the Poet Laureate Program. Never supported by tax-based funding, the poet laureate program depends entirely on donations from community members who see the benefit of having a local advocate for the literary arts. Anyone who wants more information about, or is interested in becoming a sponsor of, the Owen Sound Poet Laureate program, is invited to contact Tim Nicholls Harrison, CEO, Owen Sound & North Grey Union Public Library at 519-376-6623 ext. 201, or through owensound.library.on.ca. 

2019 SPEAKER SERIES

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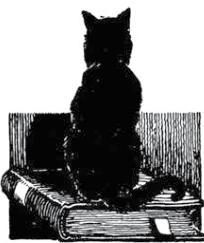
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News from the Billy Bishop Museum

Gloria Habart



Give your Halloween costumes a dress rehearsal on Friday, October 25 at the Billy Bishop Museum's 15th annual **Spooktacular Trivia Night**. This event held at Branch 6, Royal Canadian Legion, raises funds for the museum's Veterans programs; as well it supports exhibit openings, special events and educational programs throughout the year, and the preservation of the childhood home of First World War Flying Ace Billy Bishop. This fun night allows teams to be challenged with their knowledge as well as

vie for prizes for best costume, best themed table, a mystery prize and bragging rights of course! It's \$160 for a team of eight or \$20 a person. No problem if you don't have to have a full team; we'll put people together. Bring your own food if you like. There will be door prizes and silent auction items. Doors open at 6pm; questions begin at 7 sharp. For more information or to register call the museum at (519) 371-0031 or email info@billybishop.org.

On Sunday, October 27, the Owen Sound Legion will be the site for our

Honouring Our Local Veterans event. Each year, the museum honours men and women who have served in the Armed Forces, whether in the First and Second World Wars, Korea, Peacekeeping or more recent conflicts. This year the stories of 12 Veterans will be presented. Family and friends of the honourees, cadets, serving members of the Armed Forces, special guests, Veterans and the general public are all invited. There's no charge to attend this special event; donations are welcome. Doors open at 1:00pm; ceremony begins at 2. **M**

AT SOUTH GREY MUSEUM THE MARVELLOUS STRICKLAND SISTERS

Robert Iantorno



Catharine Parr Traill and Susanna Moodie (the Strickland sisters) were born in England and moved to Upper Canada. Michael Peterman sees them as the great literary family of the 19th century in Canada and doesn't hesitate to compare the Stricklands to the Brontes in England. Professor Emeritus, Michael retired from Trent University in 2008, after 37 years as an English professor, during which he also served as chair of the department and principal of Traill College. A noted researcher and author of award-winning books featuring iconic Canadian literary figures, he will be speaking at the South Grey Museum in Flesherton at 7:00pm

on Wednesday October 23 when he will explore the culturally significant lives of Susanna Moodie and Catharine Parr Traill by drawing on his research on their letters, their books, and their lives. Attention will be paid to the pioneer struggles of the two sisters in Canada and their continuing importance to early literary studies in our country. He will also report on new responses to their writing and on his personal visits to Reydon Hall, their home in England prior to their immigration to Canada. Everyone is welcome to attend; \$7 per person; \$5 for members. Call (519) 924-2843 for more information. **M**

FOOTPRINTS IN TIME: PAINTING AROUND GEORGIAN BAY

Louise Moore

Footprints in Time: Painting around Georgian Bay opens on October 4 at the Tom Thomson Art Gallery in Owen Sound. Curated by AGO Senior Curator Emeritus Katharine Lochnan, artist Louise Moore and art historian Judith Thomson, Footprints in Time is a journey through the Georgian Bay landscape from Manitoulin Island to the Killarney area. Works are selected from the Tom Thomson Art Gallery collection and feature, among others, Norval Morrisseau and the Woodland School, George Thomson, George McLean, Roly Fenwick, Stephen Hogbin, Lorne Wagman and John Hartman.

In addition to the opening on October 4 at 7:00pm, events related to Footprints in Time include a Lecture with Blake Debassige and John Hartman on October 7; Memory of Place, a painting workshop exploring the concept of home with Louise Moore on October 19; and a Curators' Talk on December 7. Footprints in Time is on until January 4, 2020 at the Tom Thomson Gallery in Owen Sound. For more information call (519) 376-1932. **M**

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QUAYSIDE CHRONICLES

Paul Thomas



A century ago I worked in a greenhouse growing hydroponic lettuce. Every Friday was seeding day. The schedule was tight. Production was foremost. Results were critical if we were to meet the orders. In those days, places including Fenton's, Scaramouche and the Windsor Arms were *the* places to eat...our lettuce. No pressure. You can imagine there are many variables in growing just about anything. Now take a commercial lettuce operation, add the vagaries of nature, then add the vagaries of technology and *then* add the human component. Stir and mix and sift and sort and you've got yourself quite a dynamic operation. The point is that Friday was seeding day. We all had to take a deep breath and put aside all those vagaries and concentrate on one thing: seeding. The results were absolutely conclusive: happy seeders in a happy greenhouse equalled happy seedlings. And happy seedlings equalled happy production and on down the line to that swanky panky plate in front of that swanky panky patron who (we hope) appreciated our tiny part of the culinary experience he or she was having.

So fast-forward several decades to the present time. Having now been in the service/food business for over 30 years, I have this notion that I'm finally ready to learn how to cook. Wait! What? It's true. Having come into the biz through the back door and having to grow a business to raise a family, there's a lot I have to learn about *how* to cook. As you'll recall from last month's column, I'm learning that we are what we eat but who we are is how we cook. This notion germinated out of *The Mindful Cook* by Isaac Cronin (Villard Books, 1999). Cronin writes about the challenges facing the food industry twenty years ago (but me thinks most of these are at least if not more relevant today). We have become such "product or image at any cost" consumers that we now, more than ever, need to be reminded to stop and smell the roses. It's the journey not the destination that we need to open ourselves up to, being more mindful about when we're in the kitchen.

The kitchen is where the magic happens. As a kid, it's a world of OZ with tools and batters and sauces and fire and water. I remember only too well in the early MarketSide days wearing our son Jacob on my back as an infant. He would stand on his tippy-toes on the frame of the carrier and lean over my shoulder taking in all that was going on in the witchin' kitchen. When he was old enough to walk, he knew where everything was and what was in every drawer and nook of that kitchen. Growing up in a kitchen gives one an innate sense of the process of creating meaningful food. But does it make you a cook? The jury is still out.

Does Jacob love to cook today? You betcha! Does he want to open a café? No way! But he is aware of the opportunities that a vibrant food culture has for social change. The "local foods" renaissance has catapulted farm fresh onto the main stage of many communities. But social media aside, it really isn't about the snazzy photo of a plate of perfection that takes the ribbon. Cronin suggests it's more the intent, the willingness of the cook to breathe in all that the transformation of ingredients into a meal can offer. Rather than a spiritual person who discovers cooking, let the kitchen and the act of cooking lead to an awareness of the importance and practical significance of spirituality. Open up the science versus art discussion when you're with friends in

the kitchen someday and see what happens. Being able to duplicate a recipe perfectly does have its Julia Child moment, but surely even she would agree that honest mistakes could make a meal truly memorable.

So we're in Nova Scotia on a little hiatus from a busy summer at QuaySide. We're enroute to meeting a friend near Pansboro and realize we'll be passing by The Flying Apron, (yes I follow them on Instagram) near Summerville. Karin phones and "Yes" they have a table. Top item on the menu is a roasted eggplant and garlic soup. Mmmmm. Must try it. Delicious. I ask about it. The daughter (our server) of the chef returns and said, "well actually, the eggplant destined for another dish didn't work so dad transformed it into this soup." Perfection. Mistake into nirvana.

You want process? Fast forward to a post-Dorion hurricane day with other Instagram farming friends in the Annapolis Valley. We text ahead and offer four hands for clean up or any other work that might need to be done post storm. After several hours of fieldwork we focused on sharing a meal. Mindful food preparation never had a more poignant teachable moment. Without power, the bar-b-que became the heat source. Karin was on for corn tortillas. I was on to help with the salsa. Sally and Michael gathered from the fields. These two UK immigrants really know how to grow! Recently moved from Sterling, Ontario, they are in "transition" of becoming a certified organic farm and have taken the Valley by storm (pardon the pun). They personify excellence every step of the way.

We started with some onions in a little oil. Sauté until translucent. Chop and add cleaned but unwashed tomatillos. (Don't want to lose the starchy outer coating.) These were the size of friggin' tennis balls! Anyway, reduce the sauce. Add sliced garlic, at least 3-6 cloves. Reduce some more. The starchiness will form. Reduce a little more. Add a smudge of hot peppers of your choice. Add some lime juice. When thickened remove from heat and add as much cilantro as you can handle. Oh my goodness. Now keep in mind that these ingredients had only moments before come in from the field. The sweetness of the tomatillos was amazing. No salt or pepper required. On top of the tortilla and a ground beef medley, the salsa was incredible. In addition we had a salad of sweet peppers, cucumber, black tomatoes, huge shallots and parsley with a yogurt vinaigrette.

The result of four people coming together for a few hours and to have grown and tended these foods and prepared them together after a hurricane, whilst outside in the crystal clear calmness of an Annapolis Valley evening was a game changer. All the vagaries of each step of the journey that led to that meal coalesced into such intent, such honesty, okay, such authenticity, that if it were my last meal, I'd be content.

So full circle. Mindfulness in the kitchen, or in the garden or at the table. Got it! Becoming hyper-aware of the process of the steps. No roadblocks allowed. Only the chance to make mistakes, to make magic. Breathe it in. Stand on your tippy toes and take in those witchin' moments. And for goodness sake, celebrate all that there is to celebrate as we grasp all the vagaries that have been surmounted as the harvest and the abundance of this incredible season is upon us. Sign me up for taking that path, that journey, any day of the week. It's how I want to learn how to cook. *Eet smakelijk!*

Woodstock Fifty Years Later

Christopher Thomas

Following a sell out crowd at Meaford Hall and a record breaking three thousand at Blue Mountain Village, *Woodstock Fifty Years Later* is now coming to Heartwood Hall in Owen Sound. Presented by Chris Scerri, the show is first and foremost a celebration of the magical music of Woodstock as performed by Georgian Bay's best. From the melodious "Sweet Judy Blue Eyes" and "We Shall Overcome" to the gritty "Purple Haze" and "Piece of my Heart", these local artists don't just cover the songs, they embrace them. But Woodstock was

also a barometer of its time and, throughout the evening, the context, images, myths and significance of those three days on Yazgers' farm will also come alive on stage. One audience member summed it up best when she said, "thank you, thank you for introducing Woodstock to a whole new generation."

Plan to attend *Woodstock Fifty Years Later* at 7:30pm on Thursday, October 17 at Heartwood Hall in Owen Sound. Tickets (advance/\$20; at the door/\$25) are available now from Heartwood Home and online at www.heartwoodhall.ca. **ℳ**



Baha'i's Celebrate Bicentennial

Sandra J. Howe

On Sunday, October 27, 2-4pm at the Port Elgin Legion, the Baha'i Community of Saugeen Shores warmly invites everyone to join us for fun and refreshments. This family-friendly event is about sharing fellowship and creating unity. We understand that people believe and worship in many different ways, but as the diversity in a garden makes

it more beautiful, the diversity in humanity is a cause for celebration. This bicentenary marks 200 years since the birth of the Bab in Shiraz, Iran on October 20, 1819. The Bab inaugurated a new era in humanity's evolution toward a global community. He came with a message of hope, and to prepare the way for Baha'u'llah, founder of the Baha'i Faith. Much as John the Baptist

proclaimed the advent of Christ, the Bab spoke of the coming of Baha'u'llah. During this joyful celebration, diverse communities around the globe will gather to pay tribute to this Great Teacher. We hope you will join us in Saugeen Shores for games, food, and fellowship. For more info contact saugeenshoresbahais.com or call (519) 477-1537. **ℳ**

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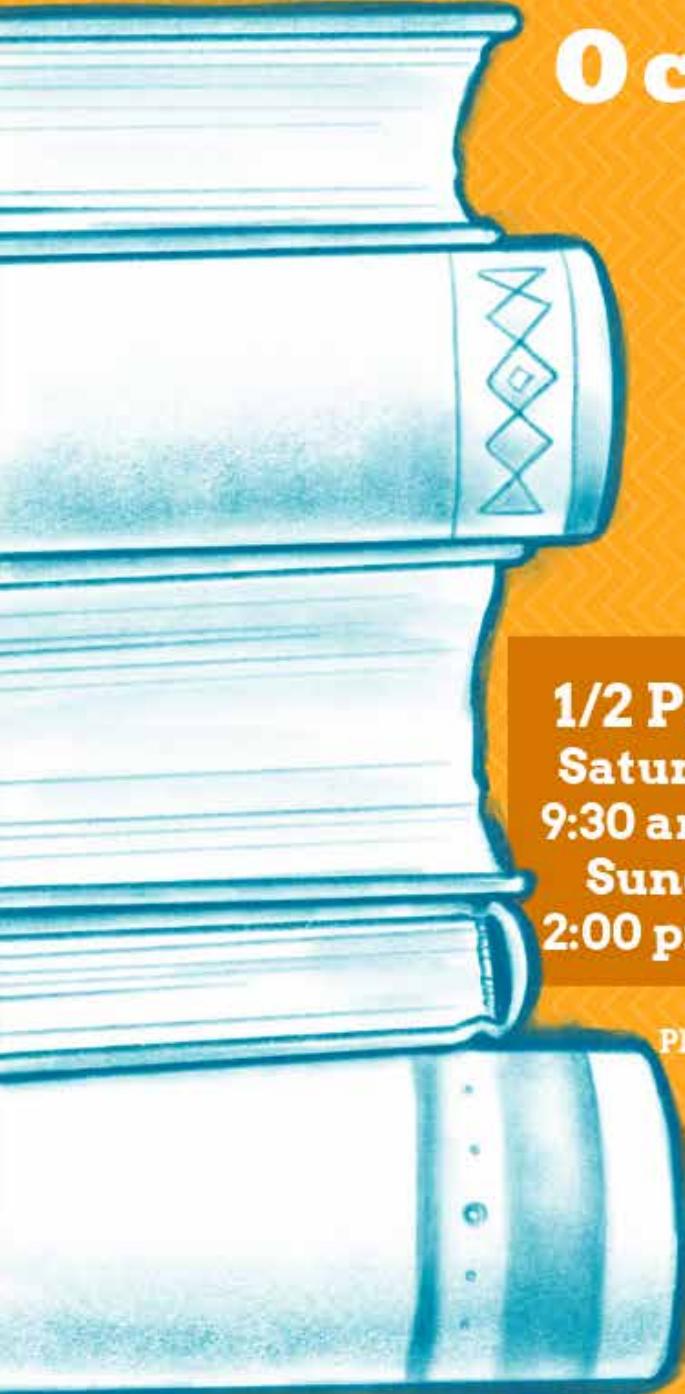


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