

FREE

ARTS, ENTERTAINMENT & LIFESTYLE
IN GREY-BRUCE

MOSAIC

MARCH 2012
VOL. 19 NO. 6

St. George's Owen Sound Presents
A TALE OF TWO STEEPLES
Art Show / Silent Auction

At Tom Thomson Art Gallery

Featuring works made by these local
artists from materials reclaimed from
the Steeple Restoration Project:

| | |
|-------------------|----------------------|
| Greta Bannan | Andrée Levie-Warrior |
| Doris Fraser | Jim Hong Louie |
| Andrew Goss | Judy Lowry |
| Sandra Noble Goss | George McLean |
| Bob Hastings | Jan Niemeijer |
| Joan Hawksbridge | Marieke A. Niemeijer |
| Stephen Hogbin | Cynthia Porter |
| John Hull | Karen Rosalie |
| Tom Jenks | Allen Smutyo |
| Ann Keeling | Paul Smutyo |

Show Opens: Tuesday March 20, 2012

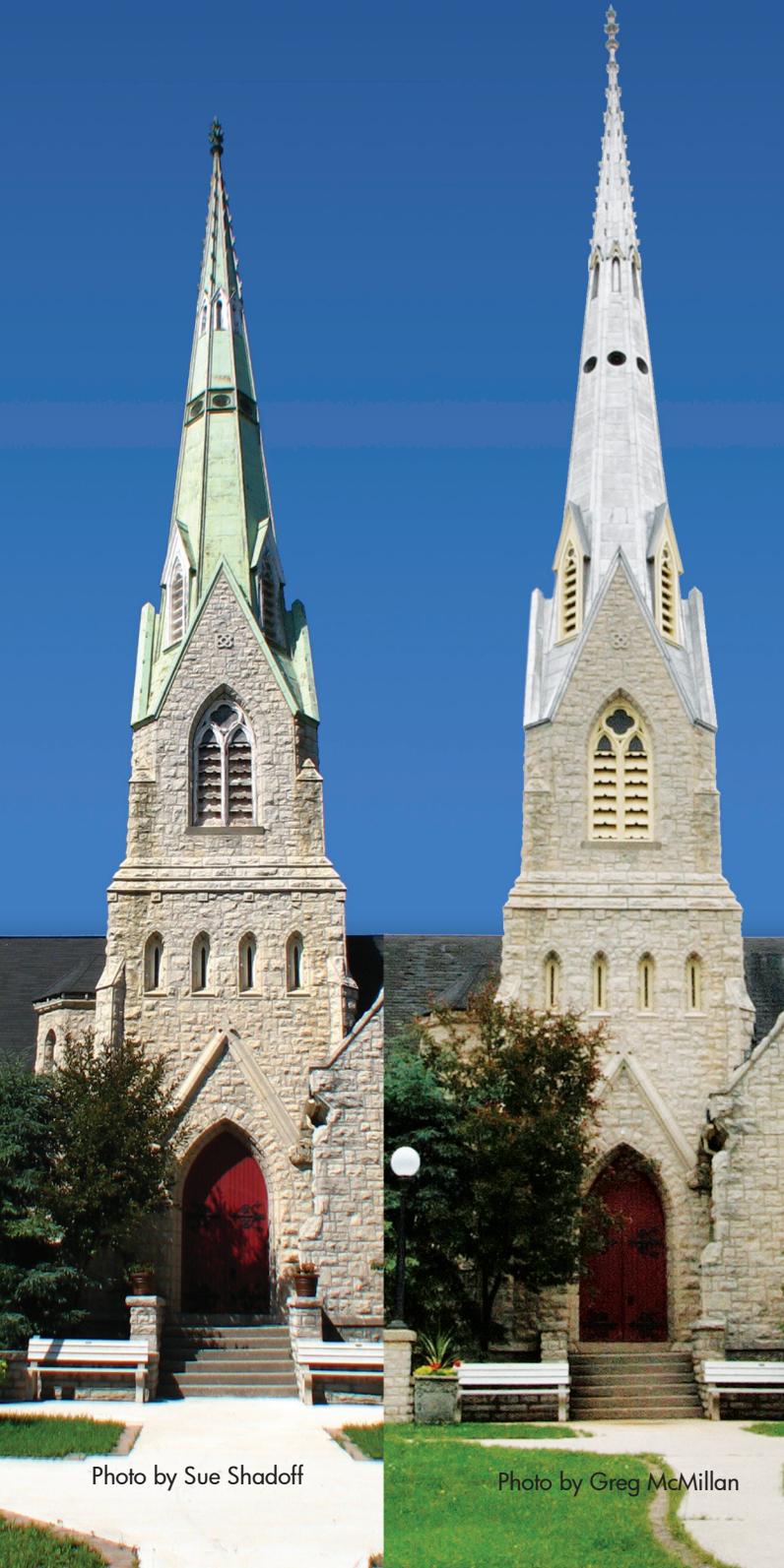
Bidding: Tuesday-Friday: 11-5, Saturday 12-5

Closing Bids & Reception:

Saturday March 24, 2012 7-9pm

Tickets for Reception \$10

Available at: St. George's, Tom Thomson
Art Gallery, The Ginger Press, Becker Shoes,
Lawson's, The Rocking Horse



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Seedy Saturday

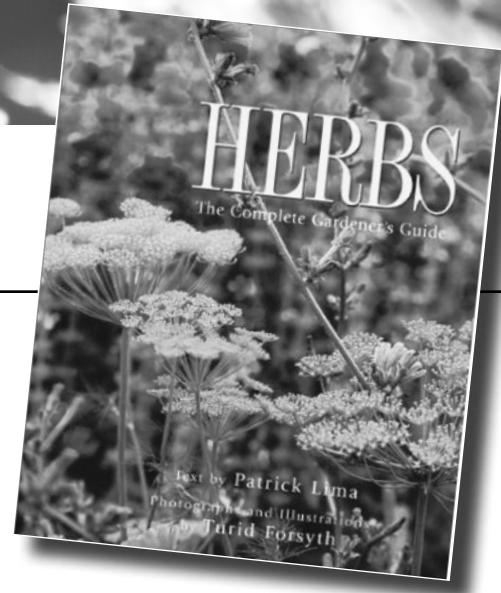
Saturday March 10 2-4pm
at The Ginger Press
in Owen Sound

The Ginger Press is pleased to host its first Seedy Saturday on Saturday March 10 from 2-4pm in downtown Owen Sound. Gardeners are encouraged to bring their excess seeds (hybrid and heritage) to share and swap with others. In addition, local gardening expert Patrick Lima of Larkwhistle Garden will be present to introduce his book **Herbs: The Complete Gardener's Guide** which has been reissued.

The Seedy Saturday tradition was started in Vancouver in 1989. It has become a series of loosely connected events across Canada linked by **Seeds of Diversity** (www.seeds.ca), a non-profit organization dedicated to the conservation of biodiversity and traditional knowledge of food crops and garden plants.

Gardener **Patrick Lima** of Larkwhistle Garden will share the gardening secrets and strategies he has gleaned from carving out a successful garden on the Bruce Peninsula for the past several decades. His book **Herbs** focuses on selecting, growing and using garden herbs. Patrick will be available to answer gardening questions and autograph his book.

The **Ginger Press Seedy Saturday** will provide a venue for gardeners to learn from one another, and exchange ideas and seeds during this pre-gardening season, "when gardening dreams are big and the reality is still buried under the snow," says organizer Maryann Thomas. The seed exchange is not limited to open-pollinated seeds, but it is hoped that local gardeners who are saving their own seeds will attend to share their experiences on collecting and germinating them. "We also want to encourage gardeners to get involved with the preservation of plant species by saving and sharing seeds."



Everyone is welcome to attend this event. Autographed copies of **Herbs: The Complete Gardener's Guide** (\$24.95) can be reserved at 376-4233. There is no charge to attend the Ginger Press Seedy Saturday. ☺



MOSAIC

Arts, Entertainment & Lifestyle

March 2012

Vol. 19 No. 6

MOSAIC

A composition created by inlaying various sizes of like pieces so as to form one picture.

Established in 1993

MOSAIC is the only publication in Grey-Bruce dedicated 100% to encouraging and supporting the arts and entertainment specifically in the Grey-Bruce area.

Founder: V. Bland
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~ Esteemed Contributors ~

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Copies of MOSAIC are delivered free of charge to the general public at specific drop-off stops in Grey and Bruce from Tobermory in the North, Kincardine in the West, Mount Forest in the South to Collingwood in the East and many places outside of this area.

We welcome your letters and suggestions as your opinions are important to us and help us better understand what you desire to see and read in MOSAIC.

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| Issue | Deadline |
|-------------------|--------------|
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| May | April 10 |
| June | May 10 |
| July | June 10 |
| August | July 10 |
| September | August 10 |
| October | September 10 |
| November/December | October 10 |

From My Desk

by Maryann Thomas

Welcome to the first issue of MOSAIC for 2012. As a harbinger of spring, MOSAIC effectively re-connects us after our winter hibernation. It's time to get things planted – from agriculture to zeitgeist you'll find the seeds you need to revitalize your body, mind and spirit right here.

And now, with spring upon us, let's get our seeds growing. Seedy Saturday should be a good start. Joining OSSIA will put a song into your heart. And then how about a Spa Party or Nia class to renew and rejuvenate? And The Novel Course to get your novel growing? There are lots of March Break opportunities in these pages from drama to museum adventures. And of course, the Annual Vintner's Dinner is a great way to support the Georgian Bay Symphony and the GBS Youth Orchestra. And I love the concept behind the St. George's Steeple fundraiser: Artists have been invited to transform parts of the old steeple into new artworks, which will be auctioned off this month. So everything old is new again. Have a great month!

- Maryann

Let me take a moment to honour a number of significant contributors to our community who have recently left us. Our friend Traci Cleverley Pink was an effervescent part of many local activities. Her energy and kindness will be missed. Edouard Bartlett was the heart of music in Owen Sound for many decades, first as a musician and high school music teacher and then as a builder of very fine stringed instruments. I had the pleasure of hearing music from the last cello he made last weekend and it resonated with the care and quality he put into it. I enjoyed working with Bob Giuliano a few years ago and continued to read his columns each week in the Sun Times. In particular, he chronicled his final challenges with cancer in an open and generous way; his words continue to provide inspiration for many. And Lorraine Brown: what can I say? Decades ago, just after moving here, she saw the need for and started the Owen Sound Field Naturalists, an organization that continues to thrive. During the last few years she re-connected with her music and was involved as a singer and songwriter with a couple of local groups. Her dedication to digging deeply into whatever she was investigating and making it accessible to others – whether it be mushrooms or grapes or museums – is what I'll remember most. Traci, Ed, Bob and Lorraine will live on in the contributions they made to improve life here in Grey-Bruce. Thank you all. ☺

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Bringing the Museums to You

Owen Sound Museums to launch a new way for seniors and students to experience our local history and heritage



by Paul Eichhorn

Visiting a museum to experience history and heritage is something we have done and enjoyed for ages.

It may seem simple enough but, for many in the community, visiting local museums, such as the Billy Bishop Home & Museum and Owen Sound Marine & Rail Museum, isn't that easy. These challenges facing both young and old visitors prompted the Owen Sound Museums to develop a new program to take the museum experience directly to those people, *Bringing the Museums to You*.

According to Paul Eichhorn, Community Outreach Coordinator, many want to enjoy the Museums' collections and artifacts but coming into either venue is difficult. Some seniors are no longer very mobile or may have other impairments due to age-related illnesses. Others live in retirement homes and cannot easily visit a museum anymore. Students are mobile and physically able, but schools are finding it too costly to get them here. *Bringing the Museums to You* eliminates these challenges.

"Through mobile exhibits and artifacts along with digital displays we can come to where they are and provide a museum-like experience in their environment," says Eichhorn. "There is a great interest in the objects we bring with us. Both young and old really perk up seeing these items."

The programs that *Bringing Museums to You* offers vary from the "Life of Billy Bishop" to "Living in Victorian Times" to "Owen Sound's Rail History." For a recent marine-themed pilot at Lee Manor, a model of the made-in-Owen Sound tug the Ancaster was brought along with other unique objects from the Marine & Rail collection. "It's amazing how a single object can bring back a flood of memories for those who now have challenges with their short-term memories," adds Eichhorn.

Carol Cornfield, a recreationist for the Owen Sound Day Away Program, says a program using museum artifacts is a great engagement activity for seniors. "Many of them can't easily get to a museum but this type of outreach is ideal since it helps bring back memories as they can touch and feel items from the museum," she explains.

The program wouldn't have been launched without the initial support of The New Horizons for Seniors Program, a federal Grants and Contributions program that supports projects led or inspired by seniors who make a difference in the lives of others and in their communities. Eichhorn stresses the program will only reach more people through the work of a strong core of volunteers. To date, three volunteers have come forward to be "Museum Ambassadors" but more are needed to move the program forward. Volunteers can be retirees, students, or those working part-time who have the time, enjoy history, as well as interacting with others.

John Ballard, who has been involved with other history-related outreach projects, considers it a privilege to take these museum artifacts into the community. "I became involved



with this program because I had seen the need," says John. "As the programs are fully interactive there is not a session when I do not learn more of our history from discussions with the participants."

Volunteer Janet Butler says she always enjoys meeting new people – something this sort of program offers. "When I see the recognition of an artifact on the faces of the clients, it makes me so happy especially when it is someone who has not been very responsive up to that point," relates Janet.

To find out more about *Bringing the Museums to You* or to become involved as a Museum Ambassador, contact the Billy Bishop Home & Museum at 519 371 0031 or via email, museumsprograms@owensound.ca



THE ROXY REPORT

by Aly Boltman

I am writing from an aromatic Starbucks in downtown Vancouver, visiting the rainy city for PuSh – a renowned international performing arts festival. I am here on a privileged mission, scoping for exciting future shows for The Roxy Theatre. I've seen some incredible performers over the past week, including Eve Egoyan, Mary Margaret O'Hara, Kinnie Starr and the vivacious Veda Hille in *Do You Want What I Have Got? – A Craigslist Cantata*.

Lady Luck would have it that the Festival aligns with Dine Out Vancouver. I'm eating like a queen, thankfully walking it off, and having a love affair with my new swanky rain boots purchased in desperation after soaking my completely impractical shoes on the first day of my trip.

It's all very posh in Vancouver. To be a local, you must stare endlessly into your iphone in one hand while balancing a Venti non-fat latte in your other while hoofing it in your brand new knee high Hunter rain boots. I'm gleefully hopping from one fast ethnic lunch joint to another, devouring burritos, Japadogs, sushi and Indian, fresh fish sandwiches and Korean tacos bought from surprisingly appealing street vendors. My credit card has gotten a brisk workout

this week. But despite the luxury, I'm quite certain that when my visit is up, I'll be happy to come home to the bay. Where the buffalo don't roam, but the horses and cattle do, and all the other familiar markers of land I love. Did I mention that my new rain boots are as red as Dorothy's ruby slippers?

What is amazingly similar between Vancouver and home is the parallel in cultural activity. Our café poster boards look just like theirs. The Black Keys may not make it to our door but, amazingly, we compete inch for inch for space to promote everything we DO have. For nearly every concert, play, lecture series, gallery, book club and interest group, there is a match back home. I am constantly pleased with my decision to move to Owen Sound almost ten years ago, following the instinct that something marvelous awaited beyond the big city. I have every opportunity to jump into the rich homegrown arts scene and dig my toes into the very soil that grows the food for the foodies. And so do you.

At The Roxy, it's East Coast songstress Amelia Curran, The Stampeders and Gord Bamford in March, followed by a sexy run of *Cabaret* in April. May features Theatre L'Aubergine's circus-inspired *Burletta* and The Roxy Young

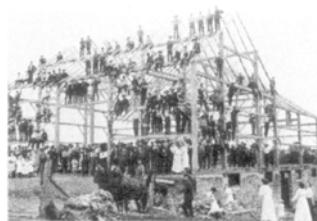
Company's *A Kidsummer Night's Dream*, plus *Wingfield* and From Memphis to Folsom for Johnny Cash fans. June brings *The Odd Couple* starring radio personality Fred Wallace as Felix, as well as The Youth Theatre Coalition's musical *Willy Wonka*.

Nearby at Grey Roots, the Elvis Grace & Grit exhibit is on now. At Meaford Hall, it's *Marvin's Room* in March, the Aaron Lines duo in April, plus Susan Aglukark, Danny Michel and Memories of Elvis in May. At the Irish Mountain Concert Series, it's Mark Reeves in March, Valdy and David Gunning in April, and Brock Zeman in June. At the Tom Thomson Art Gallery in Owen Sound, experience classic and contemporary Canadian art including exhibits by Jack Sures or Barbara Todd, as well as numerous films. The Georgian Bay Symphony has a busy spring with a popular wine auction plus The Silver Line Trio and pianist Kati Gleiser's Russian Masters performance.

From conifers to culture, rock face to rock concert, the road will take you where you want to go in our rural paradise. But unlike me, make sure you bring proper footwear for your journey!



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At the DURHAM ART GALLERY

by Ilse Gassinger

D/A
Durham Art Gallery

The new year emerged at the Durham Art Gallery with two fresh new shows highlighting the work of emerging printmakers, painters and sculptors from McMaster's School of the Arts, and a promising local talent who calls Hanover home.

The Durham Art Gallery continues its tradition of showcasing the work of art students from around the province with its presentation of *INSIDEout*, curated by



Gordon Bond

printmaker and McMaster University faculty member Judy Major-Girardin. Graduating students Morgan Kamocki Allaby, Emily Andrus, Jessica Bigda, Gordon Bond, Joshua Carey, Annie Fraser, Fiona Freemark, Mary MacLeod, Lisa Perlman and Sofia Stanidis show an artistic maturity born out of their own creative preoccupations and the supportive and broad-based training emphasized by the School of the Arts. Materials run the gamut of ceramics and found objects to oil on oxidized steel and woodcut prints. Subject matter is equally diverse, incorporating themes relating to home, the body, landscape, myth, memory and metamorphosis.

Joanne Anderson's exhibit *Letting the Paint Dance* shows an artist in full creative flood for whom ideas come faster than she can work. Her paintings are lively, vibrant, kinetic and assertive, demonstrating the artist's curiosity, restless energy and expressive emotionality. A member of the Saugeen Artists Co-op and a Program Assistant at the Village Seniors Community in Hanover, Joanne creates paintings which incorporate her diverse interests in personal narrative, urban streetscapes, botanicals, abstraction and three-dimensionality.

Both shows continue until Sunday, March 11.



Joanne Anderson

Gallery hours: Wednesday to Friday 10 - 5, Saturdays, Sundays and Holidays from 1 - 4, and Thursday evenings from 7 - 8.

Contact: 251 George Street East, Durham
519-369-3692 - info@durhamart.on.ca
www.facebook.com/Durham.Art.Gallery;
www.durhamart.on.ca

Is Singing good for you?

by Louise Jarvis

....let me count the ways! What good things happen when you sing?

1. When you sing by yourself, in the shower for example, you inhale more of that steamy air which gives your lungs a boost.
2. When you sing with a friend or two, in or out of the shower, there's the added element of team work, and singing harmony might also give your heart a boost, unless your friend can't find the pitch, in which case, read #7 below.
3. When you sing with a group of people, whether they're old friends or friends yet to be discovered, you belong to a community sharing the joy of singing, and you get the wonderful feeling of belonging.
4. If you memorize the tune and the lyrics, you get some brain gym because learning both words and music will exercise both sides of the brain.
5. If you truly focus on what you're singing, you get some of the benefits of meditation, because

you are in the present moment.

6. If the lyrics of the song you've memorized are meaningful, then you internalize a positive message that is like an inner massage for your soul.
7. All this, and an added bonus: all the benefits of laughter come into play (pardon the pun) in a community choir, where laughter (and tears) seem to be an innate part of the process of heartfelt community singing.

OSSIA (Owen Sound Singers in Accord) starts its Spring Session on March 19th, Monday evenings from 7 - 9:15 at The Tone Yoga Studio, 900 1st Ave. W. in Owen Sound. Fee \$75 (sliding scale). Contact me at lojarvis@gmail.com or 519-371-8227 ☎

Love to sing?
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"Some people tap their feet, some people snap their fingers and some people sway back and forth. I just sorta' do 'em all together, I guess," Elvis Presley said in a 1956 interview, after being asked about his signature dance moves. At the time his hip roll was considered too risqué for prime time television, prompting the famous order (to CBS cameramen of the Ed Sullivan Show) to photograph the King from the waist up.

You will be all shook up for *ELVIS: Grace and Grit*, on display at Grey Roots until May 5, 2012. The exhibition looks at the early years of super-stardom through his many CBS appearances. *ELVIS: Grace and Grit* was curated in collaboration with John Filo, director of photo operations at CBS. Fans of the King won't want to miss a special Grey Roots presentation on May 6, at 2 p.m. and 7 p.m., at the Meaford Hall, entitled "*Memories of Elvis*". This concert features the talented local performer and Elvis impersonator, Peter Irwin, and the Jailhouse Rock Band. Tickets available from Grey Roots or the Meaford Hall for \$26.50+HST. Proceeds will benefit the growth of Moreston Heritage Village.

Not sure what to do with the kids this March Break? Come out to Grey Roots Museum & Archives for *March Break Family Activities!* From March 10 to March 17 (Grey Roots is closed on Sunday, March 11 and Monday, March 12), celebrate March Break with fun-filled, family-oriented activities including daily films at 2 p.m., scavenger hunts and more. All activities included with admission.

The theme for *March Break KidsCamp* is "It's a Party! - World Celebrations." *March Break KidsCamp* runs March 12-16 and is open to participants ages 5 to 12, for \$125.00* per child, or \$110.00*/child for museum members. Preference is given to week-long registrations until March 1; individual days may be booked after this date dependent upon availability. Individual days are \$27.50* or \$25.00*/members. *(plus applicable taxes). Hours are Monday to Friday 9:00 a.m. to 4:30 p.m. Early drop off, 8:00 a.m. to 8:30 a.m., is available at an added cost of \$.2. Extended care is not available beyond 5 p.m. Registration forms are available at Grey Roots or by visiting our website. *March Break KidsCamp* fills up quickly so make sure to reserve your spot early.

A *World War 1 Lecture Series*, presented by the History Matters Association (an association of military and historical re-enactors – photos may be viewed at thekingscompany.ca) takes place on Tuesday afternoons from March 20 through April 10 at 2:30 p.m. in our Theatre. Lectures are free with admission, with complimentary refreshments following. Members free as always.

École Saint-Dominique-Savio and École secondaire Saint-Dominique-Savio, in collaboration with Grey Roots Museum & Archives, are pleased to invite you to our 10th annual *Maple Syrup Festival du sirop d'étable*, Saturday March 24, 8 a.m. to noon. This event started in 2003 in recognition of a French Canadian tradition during which family and friends would gather in late March and April at the sugar shack. The Festival

will offer a variety of indoor and outdoor activities such as a pancake breakfast, horse drawn wagon rides, taffy pull, children's games, musical entertainment and pioneer demonstrations. Regular admission rates apply; Grey Roots members are free.

Each year, Ontario celebrates *Archives Awareness Week*, the first full week in April. Free admission to the Reading Room all week (although donations gratefully received). A behind-the-scenes tour will take place at 2:30 p.m. on Wednesday April 4, 2012. This is your chance to see exciting gems from our collection. Get a glimpse at the oldest item in our collection, see our map collection and check out some of the huge photographs.

With so much to see and do at Grey Roots Museum & Archives, consider becoming a **member**. For only \$40* for an individual, \$30* for a senior, or \$60* for a family (*plus HST), you get free admission to both Grey Roots Museum & Archives and Bruce County Museum & Cultural Centre (through our reciprocal membership agreement) for one year. Members also receive a subscription to *Grey Matter* (our quarterly newsletter), invitations to exhibit openings, and discounts at the Grey Roots Gift Shop, on KidsCamps, and facility rentals.

Grey Roots combines Museum, Archives, and Tourism services under one roof and is located at 102599 Grey Road 18, just west of Inglis Falls and a few minutes south of Owen Sound, in the Municipality of Georgian Bluffs. Beginning after Thanksgiving Day Weekend, Grey Roots is open Tuesday to Saturday from 10 a.m. to 5 p.m. For information on any of the programs or services at Grey Roots, please refer to our website at www.greyroots.com or call (519)376-3690 or toll free 1-877- GREY ROOTS.

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Edge Hill Country School is Calling all Alumnae!

by Diane Ferguson

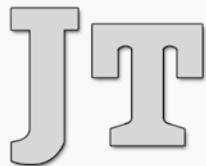
Edge Hill School is celebrating its 25th anniversary as an independent, non-profit, non-denominational school and is looking for alumnae new and old to come join with us on the weekend of May 25th-27th. In the spirit of Durham's homecoming, we're also looking for alumnae from the original school that has stood at this Glenelg crossroads since 1856. It is the only one-room schoolhouse still operating in Grey County.

Although officially closed in 1961, Edge Hill country school re-opened in 1986 by a group of dedicated parents who wanted to create a community-based school inspired by the Waldorf philosophy. Edge Hill is now part of the fastest-growing school movement in the world. Since opening, the school has added two more buildings and offers a full elementary program, kindergarten to grade eight. More than one-room today, the original stone-schoolhouse remains the heart of the school.

In the past five years, this room has received the loving

attention of many school and community volunteers as they worked on new bathrooms and cubby room, new wood floors, fresh paint and a re-built kitchen. Step through the doors, and you'll still feel that old charm as there are no computers in sight. Instead, children explore their world through the observation of nature, art, story, and outings to where people are living their passion.

In conjunction with Edge Hill's yearly open house and May Fair celebration (May 25, 26 and 27), come join us to remember old friends, meet new ones, or just come admire our "one-room" schoolhouse, a piece of history that is definitely still living in Grey County. For further information, call the school at: 519-369-3195. In conjunction with Edge Hill's yearly open house and May Fair celebration (May 25, 26 and 27), come join us to remember old friends, meet new ones, or just come admire our "one-room" schoolhouse, a piece of history that is definitely still living in Grey County. For further information, call the school at: 519-369-3195. **M**



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8 a.m. - 12 p.m. at Grey Roots

10th Annual Maple Syrup Festival
Festival du Sirop d'Érable



- Pancake Breakfast!
- Old-Fashioned snow taffy
- Maple syrup making
- Wagon rides
- Pioneer demonstrations
- Outdoor games and crafts
- Franco-Ontario singer, Michael Paiement

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"Treat Yourself" Spa Parties

by Sandra Howe

Spa parties "are a great way of getting together, sharing laughter and joy, and trying new experiences. Friendships are strengthened as women relax and have fun together," says Janet Schnurr of Soul Searching Tree. Janet hosts a regular spa day at her home where participants share food, conversation, and personal support. Holistic health practitioners are available for professional, private individual sessions which enhance the relaxation experience and allow participants to explore personal growth. Natural beauty treatments are also available because self-image is important to self-esteem. Feel good and look good go together.

Janet does wonderful Indian head massages, and notes that "women hold so much tension and emotion in the head and neck area. This work provides release and relief." She also does Reiki, energy healing, and detoxifying footbaths. Arbonne natural skincare products enhance Janet's sessions. She serves clients in body, mind and spirit health.

Leslie Curow (www.lesliecurow.com) provides insightful Tarot card readings. "It is such fun and you never know what answers you'll get," she says. Leslie also does crystal therapy, Inca healings, and Reiki which are deeply relaxing and soothing. She says: "Spa parties are spontaneous, inspiring and joyful. We learn and grow together, connecting with our higher selves and the Universe. We have a blast!" Leslie is an excellent photographer

and is available to record adventures together.

Frances Brown is a gifted Reiki Master and mindfulness meditation teacher. Her website www.fabnewworld.com tells her story most eloquently. Frances says: "I love this work because it is rewarding to see how people change, realize their inner strength and move through energy blockages. I help people in transitions to heal themselves." Frances enjoys connecting people with their spiritual aspect in new ways, opening up greater possibilities.

My own business, Sole and Spirit Wellness Services, has provided holistic healthcare sessions for 12 years. I do BodyTalk, reflexology and Reiki. What I love about BodyTalk is that is guided by our innate wisdom so that each session gets to the root of issues. It strengthens our inner knowing, our trust in self and in a benevolent Universe. It empowers! Spa days bring us together to celebrate, laugh, relax, and learn in a supportive environment.

If you would like to attend or host a "Treat Yourself" Spa Party, let us know. They are a great way to celebrate birthdays, showers, girls' nights, staff or team gatherings, or to chase the winter blues away! We operate as a collective offering a wide range of professional services in our space or yours. Each party is as unique as each group. We look forward to serving you. Contact Janet at www.soulsearchingtree.com or me at soleandspirit@hotmail.com for more information. ☺



**Kincardine Summer
Music Festival**
August 5 - 18, 2012

by John Schnarr

Celebrating its 21th Anniversary, this world-class concert series features Jazz, Blues, Classical, World and Chamber Music performances combined with 23 music education programs over two weeks to produce a unique musical event.

Come and enjoy the free "4 O'Clock in the Park" concert series in Kincardine's Victoria Park, shop and eat downtown and then head over to the brilliant performances headlining the KSMF Evening Concert series starting at 7:30pm. These KSMF Evening concerts take place at the Best Western Governor's Inn August 5 – 10 and Knox Presbyterian Church Aug 12 – 17.

KSMF daytime classes offer programs from beginner to advanced levels , for adults, children and families, from Children's Music to Choir, Guitar, Band and Strings programs, Scottish Fiddle music and advanced Jazz, Blues and Chamber Music including Pedal Harp – a great family fun opportunity! Early registration discount savings until May 31. Visit the new website www.ksmf.ca for updated concert and faculty information or email info@ksmf.ca, or phone 519-396-9716. ☺



Georgian Bay Concert Choir
presents
a Good Friday evening concert

Mozart's Requiem

| | |
|------------------------|------------------------|
| Regan MacNay, Director | Ian Sadler, Organ |
| Claire Morley, Soprano | Vicki St. Pierre, Alto |
| Adam Bishop, Tenor | Andrew Tees, Bass |

April 6, 2012

7:30 p.m.

Adults \$20, Students free

Georgian Shores United Church

www.georgianbayconcertchoir.com

Plan a Dramatic March Break with Theatre Collingwood by Irene Thomas

Searching for a dramatically different activity for youth this March break? Back by popular demand, Theatre Collingwood is pleased to offer a 2012 March Break Drama Program for children ages 7 – 13 (Grades 1 – 8) during the week of March 12 – 16 from 9am – 3pm, at Theatre Collingwood's new Production Centre (65 Simcoe St., corner of Ste Marie St.). It's five full days of exploring voice, movement and creative expression, while building basic theatre skills. The week's activities will be designed for the experience and interest levels of the group, taught by a dynamic and highly skilled theatre professional. Participants will make friends and have great fun rehearsing, preparing and imaginatively bringing characters and stories to life in a demonstration to be presented for parents and friends on the final Friday afternoon.

Young people are expected to bring their own peanut-free lunches and snacks. There will be a supervised lunch period between 12-1pm daily. Limited spaces are available and advance registration is required. Previous March Break programs were sold-out. Theatre Collingwood acknowledges the generous support of the Ontario Trillium Foundation regarding the drama training programs. Give your children a dramatic mid-winter break to remember!

For information and a registration form, contact Theatre Collingwood: (705) 445-2200 info@theatrecollingwood.com/ www.theatrecollingwood.com. **M**

EXHIBITIONS EDUCATION EVENTS GIFT SHOP

EXHIBITIONS

Until March 25

Barbara Todd: Teaching a Stone to Talk and Convergence

April 1-June 3, 2012

Tactile Desires: The Work of Jack Sures

ARTIST TALK March 31: Jack Sures

This project has been made possible in part through a contribution from the Museums Assistance Program, Department of Canadian Heritage.

EVENTS

March 19

Gallery Night at the Movies: Tinker, Tailor, Soldier, Spy



Someday they will know what I mean. Tom Thomson

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Image: Tom Thomson on Lake Scugog, 1915



Canadian Hydroelectric Association Ontario Arts Council Conseil des arts de l'Ontario Ontario Council for the Arts Conseil des arts de l'Ontario

Rock Says

By R. M. Stewart

Rock is hard-mouthed and insolent.
Rock says that I am a passing fancy
A piece of dust nothing
A photo click of sand
A pose struck and stuck
As insignificant as the flick
Of a dragonfly's wing.

You are not the first one here
Rock tells me and I hope that
I won't be given a list
Which might well include
The Native who gaped at
The three-masted schooner
That storm hit the shoal off
The Indian encampment on
Christian Island.
Rock's father chewed the hull
And splinters screamed and bloated
Bodies rolled on rocks.

Rock has a cousin
Who touched the foot
Of a painter who stood
On him at Byng Inlet
Where the Magnetawan flows
Into Georgian Bay.
And later, the same painter
Was found Algonquin dead.
Rock hit his head hard
On Canoe Lake.

Watch your step, Rock says,
You have no exemption from my hardness
Ask those Grotto-dead divers
And drunken boat speeders
How quickly we bushwhack them.
Rock and water, water and rock.
We are forever – and you
Are a piece of dust nothing
A photo click of time.

"A Celebration of the Life"

DOROTHY IRENE CRYSLER

1919-2012 by Paula Niall

On Sunday, January 28th 2012, over 200 friends and family gathered at the Marsh Street Centre in Clarksburg to support Dorothy's son, Mark Wiercinski and daughter, Paula Peplinski, and to remember their friend and relative, Dorothy Irene Crysler.

Mark greeted us from the podium assuring us that this was to be a fun afternoon: no tears. "Dorothy loved to laugh and that is what we are going to do," he announced. Family relatives visiting New Zealand were watching the proceedings on Skype. Up on the stage with Mark was a generous selection of Dorothy's sketches and oil paintings. Her easel, paints and brushes lay on her work table, which was swathed in colorful dry paint. Walls were covered with photographs of friends and family and, of course, Dorothy. Albums on side tables revealed a truly beautiful young woman. She was model quality. Isn't it sad how our bodies deteriorate as the years go by? As Dorothy aged there were depictions of a smaller, more wrinkled woman whose lovely long tresses had grown white, thin and straight but through it all shone an animated spirit, full of energy and joviality.

Mark introduced his sister, Paula, a biologist at Laurier University in Waterloo. As she recalled incidents in her mother's life, she mentioned that Dorothy was born feet first. It seemed to be an omen of the way she was going to live her life. Paula told us that when her mother returned from London, England after the war, she came on a ship containing 4,000 men who had been prisoners-of-war. She was the *only* woman on board. As a result, she was invited to join the captain at his table, "so all the men could see the pretty woman."

"Mother was not known for being a good cook," said Paula. A knowing chuckle rippled through the crowd. "So, when she won First Prize for her Banana Bread at the Fall Fair, she walked around town bragging about it." Mark piped up smiling, "It was always good to eat somewhere else." In the 1960s, Dorothy became one of the earliest advocates for recycling. In fact, she became known as the Garbage Lady. "She would put smaller cans within larger cans, flatten boxes, accumulate lids and feed any leftover

edibles to the birds. She was definitely not a believer in our throw-away-world. Her mantra was: Reduce, Reuse, Recycle. She never threw anything out!"

Dorothy built her home in Heathcote with reclaimed products. Her brother, Charles helped. One day, he provided her with a front window that contained the curved glass from six TV sets. She recently remarked, "Four of them are tinted. I'd never noticed that before!" When the Thornbury Hotel was being torn down, Dorothy managed to get a few interior doors. "Of course, they all had numbers on them," Mark interjected laughingly. "What did it matter if the bathroom was room number 25?"

Life was relaxed, but stimulating. Housekeeping wasn't Dorothy's strongest suit. However, she did enjoy playing cards. "If she didn't win," one of her card-playing buddies remarked, "she would go home saying, 'I won't sleep all night! I won't sleep all night!'"

Dorothy loved the great outdoors. She loved nature and was an avid bird watcher. She would take her children down to the Indian River so they could put their feet into the water and discover what lay at the bottom of the stream. Then she would sit on the ground and sketch. "Life was gentle and fun, except the day she sat down on a giant ant hill!"

Her friend, Thelma Pyatt told me that when Dorothy fell ill with that liver disease and was hospitalized, her doctor gave her three months to live. "Couldn't you give me six months? I have a book to finish!" She lived another three years. Mark, her conservationist son, moved from Tobermory to Thornbury, visiting his Mom every day and cooking her food. After he began preparing her meals, she gradually came back to life. Mark joshed, "I am sure her own cooking almost killed her!"

Newspaper photographer and friend, Willie Waterton said, "Dorothy was a true Bohemian who lived outside of society's mores. She prided herself on taking only small bag of garbage out a year." Mark rejoined laughing, "Of course, we just took five tons of garbage to the dump this week!" Willie also recalled being told to, "Speak up, I can't hear you!" which brought the



Dorothy Irene Crysler

house down in roars of laughter as we all remembered her admonishing speakers to do the same thing at meetings.

Nieces Caroline and Jenn recalled Dorothy's unconventional home. One said, "The clutter." The other said, "The apple box furniture." The girls laughingly recalled how the windows were never cleaned, "in order to protect the birds." They remembered their great-aunt with affection saying she was, "one positive and plucky woman!"

Russell Crysler introduced himself as the son of the oldest daughter of Dorothy's brother, Charles, owner of one of Thornbury's apple orchards. "By coincidence, my grandmother, Mary, died January 21st, 1915 -- the same date that Dorothy died." Having been present when Dorothy passed, he then turned to his Aunt Elsie said, "I promise not to visit Thornbury on any January 21st!"

He recalled how she would throw soapy dishpan water over the plants. It was an old way of killing the bugs. "That's how I killed all my roses," I said to my seat-mate, Alma McKinley. "Sunlight soap," she instructed. "Not detergent!"

"Dorothy was a news hound," Russell continued, "and, being a policeman, I was aware there was going to be a Mahayana drug raid coming up. I thought she might like to check things out. I called her and said, hi, Aunt Dorothy, this is Russell."

"WHO?"

I tipped her off and then asked, "What have you got growing in your garden?"

"Oh, dammit, I just have hollyhocks! Come for lunch!" she invited.

"I'll bring!" Russell quickly replied.

"Mom was our biggest supporter," her daughter declared. "She lived life with gusto and I am going to miss her." Aren't we all! ■

What's On At the TOM

by Leanne Wright

SAVE THE DATE!

Born to be Wild II: A Rockin' Gala

Fundraising Event in support of the TOM
Saturday June 16th, 2012 - Tickets \$75

Walter's Falls Community Hall

Join us for a thrilling event with live music, great food, silent auction and much more. Back by popular demand - *Bunkhouse Romeo* - featuring your favorite classic rock covers. The Gala is generously sponsored by Coffin Ridge Winery and MacLean's Ales.

ON VIEW AT THE TOM

OPENING

Join us on April 1 for the opening of *Tactile Desires: The Work of Jack Sures* from 2pm. All are welcome.

Barbara Todd: Teaching a Stone to Talk

Until March 25 2012

Barbara Todd has taken stones collected from her family cottage in Southampton and fragments of conversation and woven them into a bold, beautifully graphic series of quilts, drawings and installation.

Convergence: 49th Annual Juried Art Exhibition Until March 25 2012

Convergence features work by artists from across the province.

Continuing...

Canadian Spirit: The Tom Thomson Experience makes use of the TOM's important collection of objects, photos, documents and artworks by Thomson. A special feature of this exhibition includes works by his siblings who were also accomplished artists. On view will be selected works by George Thomson, Fraser Thomson, Henry Thomson and Margaret Tweedale (nee Thomson).

Portraits of TOM Until March 25, 2012

Portraits of Tom: An Exhibition and Sale of Artworks by Regional Artists

In the great tradition of portraits of artists by fellow artists, the Tom Thomson Art Gallery Shop is pleased to present an exhibition and sale of **Portraits of Tom**. Artists are generously donating 50% of sales to the Tom Thomson Art Gallery. Take advantage of this unique opportunity to support regional artists and the TOM!

Suitman

Until March 18, Joel Richardson's topical street art will be on view in the lower lobby.

A TALE OF TWO STEEPLES: Art Show and Silent Auction

March 20 – March 24, 2012 in the Studio

A TALE of TWO STEEPLES features work

by 18 artists who created pieces out of the old spire at St. George's church which will be available for exhibition and silent auction at the TOM. A reception on March 24, from 7-9 pm marks the final bidding opportunity and the closing of the show. Participating artists include: Greta Bannan, Doris Fraser, Sandra Noble Goss, Bob Hastings, Joan Hawksbridge, Stephen Hogbin, Tom Jenks, Ann Keeling, Andree Levie-Warrilow, Jim Hong Louie, Judy Lowry, Marieke A. Niemeijer, Jan Niemeijer, George McLean, Cynthia Porter, Karen Rosalie, Allen Smutylo and Paul Smutylo.

PROGRAMS & EVENTS

Gallery Night at the Movies March 19

TINKER TAILOR, SOLDIER, SPY - adapted from the John le Carré novel with an intelligent script and a crack ensemble cast, this good old-fashioned spy yarn is destined to become a classic. Screenings: 2, 4:30 & 7:15 pm at the Owen Sound Galaxy Cinemas

Art à la carte –

March Break at the TOM

March 13-16

For the young at art, something different every day at the Gallery during March Break. Sessions run 9 am to 12 noon and cost \$30, \$25 for members, for each morning. Bring a snack and dress for mess. Pre-registration required - contact Kim Skene kskene@tomthomson.org.

Tuesday What's a Zoetrope?

It's two-two- toys in one! Make a spinning top that makes your animation come to life!

Wednesday Cool'n'Creepy Crawlers

Create cool creatures that creep and climb!

Thursday Stationery Stained-Glass

Create beautiful "stained-glass" out of papers and plastic to reflect and glow in the light.

Friday Elastic-Band Racers

We will build, decorate and race our own miniature cars to "wind-up" the week.

Social Studio March 7, 21

Join us at the Gallery for our fun and friendly open studio sessions. Find inspiration to finish your art work or start a new project, get together to paint, discuss and explore new ideas in our bright studio space. Bring your own materials; no oil paint. Continues every-other-Wednesday from 1 to 4 pm: next dates: April 4, 18

Make Art March 18 from 1 to 3 pm FREE

Drop into the Gallery Studio for an afternoon of family fun with arts and crafts activities. The Gallery offers this free event the 3rd Sunday of the month. All are welcome. Next session is April 15.

Non-instructional

Life Drawing March 25 1 to 3 pm Cost: \$15; \$12 for members

The Gallery offers non-instructional figure drawing studio sessions. Arrive early for set-up; bring your own supplies; no oil paint. Studio doors closed at 1 pm. **New this year:** come early at 12:30 for some quick tips with instructor Trevor Pfeffer; +\$5.

Frame Works Tuesday March 27

Join us at NOON the last Tuesday of the month for informal and informative discussions led by local art enthusiasts, as they present some of their favourite artists and works. All are welcome.

BUS TRIPS

New York: Judy Chicago's THE DINNER PARTY

Many seats have already been reserved! Join us for an adventure to the Big Apple in April to see Judy Chicago's **The Dinner Party** at the Brooklyn Museum of Art. **NEW! Pick-up Stop in Guelph, ON**

Gallery Tour to Algonquin Park September 2012

Join the Gallery for a unique travel experience as we celebrate the **100th Anniversary of Tom's first trip to Algonquin Park**, where he found much inspiration in the last five years of his life. Travelling by deluxe motor coach we will stop at the **McMichael Canadian Art Collection** in Kleinburg, visit the **Canadian Canoe Museum** in Peterborough, then spend a whole day in **Algonquin Park** visiting their Visitor Centre, Canoe Lake and Ragged Falls, all while the autumn colours are at their peak. We return via Huntsville to view some of the over 40 murals dedicated to Tom Thomson and the Group of Seven, before culminating our Thomson excursion with a tour of **Canadian Spirit: The Tom Thomson Experience** here at the TOM. Visit our website for full trip details, pricing and how to register.

To find out how to get involved with our fantastic Membership and Sponsorship programs, contact me at lwright@tomthomson.org over the world.

*Follow us on facebook and twitter.
To find out how to get involved with our fantastic Membership & Sponsorship programs, contact Leanne Wright lwright@tomthomson.org*

A reminder that our opening hours are:

Tuesday to Friday: 11 to 5

Saturday and Sunday: 12 to 5



A TALE of TWO STEEPLES RECLAIMED and REBORN

by Anne Asten

Once every 130 years or so, the congregation of St. George's Owen Sound finds themselves in need of a new steeple. In 2008, an engineering study discovered that the tower (the square-built tower supports the slender spire and together they make up the steeple) was in desperate need of repair before it collapsed, taking the entire structure with it. Imagine the effects of such a disaster—incalculable.

Since the cost of taking the spire down and capping the tower would amount to nearly as much as restoring the tower, the faithful stewards of St. George's agreed as one to go forward. As the restoration climbed higher up the tower, so too, did the costs: the tower needed more extensive work than initially thought and the spire needed to be replaced almost in its entirety. Daunting as the project was fast becoming, the congregation renewed their commitment and redoubled their efforts.

Among the many wonderful outcomes of the restoration project has been the revitalization of St. George's within itself and beyond its doors into the wider community. Recognizing the architectural importance, the historical significance and the irreplaceable magnificence of St. George's, (they don't build 'em like that anymore, sister!) people in both counties have responded enthusiastically to our many fundraising efforts. The next such endeavour is the March 20th – March 24th art show/silent auction at Tom Thomson Art Gallery – *A Tale of Two Steeples*. Owen Sound is a regional centre in many respects and one of these is the diversity and depth of talent in all areas of the arts – visual, dance, music, prose, poetry – name it and

it is being created in and around the city. Approaches were made to the community of visual artists for their help through the Gallery e-newsletter as well as by parishioners who made personal appeals to artists in their acquaintance. The only proviso: any piece entered in the fundraising Art Auction must incorporate something from the old steeple. Rough old materials – wood of all sorts, sizes and shapes, galvanized tin, handmade nails – must somehow through the alchemy that is part of every artist's lifeblood become art. Material handled by tinsmiths and blacksmiths, lumberjacks and carpenters, sailors and teamsters, artists and artisans 130 years ago would have new life breathed into it by contemporary artists.

St. George's Owen Sound is humbled by the graciousness of the artists' acceptance. As well as such generosity, there is something quite wonderful in rescuing material that was destined for the landfill, seeing value in it and making something worthwhile from it. The work of such a diverse group can only create an exciting art show. And remember, the opportunity to take home such a rare work likely won't come around again for 130 years.

A Tale of Two Steeples Reclaimed and Reborn opens at Tom Thomson Art Gallery on March 20th, 2012 for viewing and bidding all week during gallery hours. A reception on Saturday, March 24th from 7:00 to 9:00 p.m. will mark final bids and the close of the show. Tickets to the reception (\$10) are available at St. George's, Tom Thomson Art Gallery, Ginger Press, The Rocking Horse, Lawson's and Becker Shoes. ■

The Novel Course with Tracey Richardson

7 - 9 pm starting Tuesday March 27 for six weeks

Local author Tracey Richardson will once again be teaching her course How to Write a Novel: Whether you're an aspiring writer or have already completed half a dozen unpublished novels, you want to take this course. Topics covered will include how to design and build a dynamic plot, how to develop characters and write convincing dialogue, how to come up with a winning title and an intriguing first sentence as well as how to edit and troubleshoot yourself. In addition, the final

night will feature reveal everything you need to know about getting published. Tracey is an award-winning novelist and journalist who has several works of fiction in print.

Registration (\$125) includes The Novel Writing Workbook, which Tracey has developed for this course, as well as additional handouts. Register now. Make 2012 The Year of Your Novel!



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Spring - New Beginnings

..... by Ardel Urquhart

I've just hung the clothes on the line for the first time this year; oh how I longed for this day through the winter. The sun is hot on my hatless head hopefully rejuvenating the roots to new growth as it does for the tulips and daffodils. It's noisy out there. The birds are chirping, singing, calling out, in a multitude of bird languages. The distant crows outdo them all, nagging like old fishwives. A distant tractor chugs along and an airplane dips and soars for the sheer joy of it.

The rhubarb is up. The crocuses turn their yellow faces skyward, a touch of the sun in the earth below brings a smile to my lips. How very welcome they are. Soon the purple violets and the mauve magnolia will add a touch of magenta to the scene. Fat robins strut, listening for worms and the mousy goldfinches glow on the feeder in their brilliant golden feathers.

Everything is alive, singing, moving, bursting forth and I am too. Albeit this is my 77th spring, my heart still leaps and my aching knees suddenly seem springier. Gone are those hated winter boots, the heavy coat, the scarves, the knitted hats, the granny's undershirt.

I'm a kid again. It will soon be time to get rid of those itchy lisle stockings and that complicated garter belt. The snuggies have been tossed aside, the snowsuit ready for the younger cousin. Skates put away, toboggan hung up in the garage. Out comes the roller skates, the chalk for hopscotch, we can finally see the sidewalk, and my favourite Indian rubber ball. And let's not forget the double dutch skipping rope. The boys are playing alleys in the school yard and some have brought their bats and gloves.

Soon Dad will take off the storm windows and put up the screens. Our victory garden will be planted, the peonies will push up and neighbours will be out talking over the back fences. Although I don't play hopscotch as much, nor do I skip rope, I can still leap and rejoice in my unfettered body, the accoutrements of winter discarded, my face upturned to be bathed in the warm sun, my wrinkles forgotten. Each season has its own rewards but spring rejuvenates and is especially welcomed more each year for, although I am in the autumn of my life, spring brings hope. ☺

DIY COSMETIC CREAMS AND LOTIONS

..... by Emma Hogbin

This fall, after a less than satisfactory experience with a cosmetics company, I decided to try my hand at making my own skin lotion. My success has been overwhelmingly good. I can make little batches without preservatives, control all of the ingredients, and it only costs me a fraction of the price compared to a store-bought lotion.

There are three key components to a lotion: oil, water and an emulsifying substance to bind the two together. It's a bit like making mayonnaise from scratch, but without the emulsifying egg. For my lotions I also add a bit of Gloria's honey as a humectant to help draw in water from the air and moisturize my skin. If you omit the water, you can create a simple balm by mixing oil and melted beeswax.

Sounds simple, right? It is! You too can make your own balm or salve at home. On the stove top, fill a pan with about 2" of water. Turn the stove to medium heat and set a 500mL mason jar into the water. Into the mason jar combine 3tbsp beeswax and 13tbsp olive oil. Stir occasionally until the wax has melted. Continue to heat for another 15 minutes to ensure the ingredients are sterilized. Remove from the heat and add a few drops of lavender essential oil. Stop stirring only when the mixture has started to harden around the outside of the jar. Voila! Your very own balm. It's great for relieving the dry hands in winter and in the summer it's great for post-gardening hand moisturizing.

I get my beeswax from Gloria's hive, but you can get yours at the Farmers' Market or from one of our many local beekeepers. You can substitute any liquid oil that you'd like. I use food grade olive oil from the grocery store. Essential oils can be purchased from local health food stores. I get mine from Lawson's in downtown Owen Sound. For a truly local balm, omit the essential oil and use a local sunflower seed oil infused with lavender buds from your garden.

I will be teaching a DIY Cosmetic Creams and Lotions Workshop from 1:00-4:00pm on Saturday March 31 at The Ginger Press. Learn how to make a cream, lotion and body butter with high quality, but low cost ingredients. Register now (\$50 – includes supplies) at 376-4233. ☺

Canadian Federation of University Women



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Heather E. Hughes
Of Two Minds
March 2nd - 31st, 2012

Reception: Saturday March 10th
Location: Owen Sound Artists' Co-op
Time: 2 - 4pm

www.heatherehughes.com



www.osartistsco-op.com

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From the Front Burner

by Paul Thomas



"and the seasons, they go 'round and 'round and the painted ponies go up and down..."

With tribute to Judy Collins, we celebrate another season, another year and another opportunity to share what's on our culinary minds here in Grey Bruce. I've really enjoyed and appreciated all the comments and enthusiasm and feedback on my articles in Mosaic. Wow, sharing food finds and fancies is great fun.

At this time, the seed catalogues are spread out across the desk in anticipation of this most wonderous time of year: getting ready for spring in the garden. Before we can get some dirt under our fingernails outside, there are ways to enjoy the lengthening of the days and the rays of sunshine inside. Microgreens. On our southwest-facing windowsill we are enjoying pots of arugula, cress and tat soi. A year or so ago, when I was in our favourite bookstore, I spotted a book by Fionna Hill: *Microgreens*, published by Firefly Books. In it she extols the virtues of planting lots of interesting edibles for this time of year. Microgreens differ from sprouts in that seeds are planted in soil and produce at least one set of true leaves before harvesting. They're nutritious, fast to grow and add a remarkable punch to your winter/spring salads, to say nothing about sparking up our life in Grey Bruce in anticipation of spring! It's a great way to use up last year's seeds or, if you need to buy some try William Dam Seeds in Dundas, Ontario who have been producing organic seeds for years and are happy to offer seeds in bulk if you want. Anyone who has read the Frog and Toad children's series of books knows spring is just around the corner...The challenge is to find out *which* corner that is. Get growing, windowsill style.

This winter saw the release of our new MarketSide "CD"...a compact disc of nutritional energy. Having offered a spelt snack bar for years, we were anxious to develop a product free from gluten and sugar. It's a great thing to stash away in your backpack for a day on the trails... (I'd say skiing but this winter we've been hiking and biking too). For times when you need some spunk in your day, try your own variation of our disc.

The Compact Disc:

Ingredients:

Cooked Quinoa (or, as a recent customer suggested, try sprouted quinoa)

Puffed Millet

Toasted pumpkin, sunflower and sesame seed

Flax meal (we grind our flax seed in an old coffee grinder)

Toasted coconut

Dried Fruit: raisins, cranberries, apricots, figs, dates, (whatever you have)

Grated fresh apple

Grated fresh ginger and a hit of orange zest

Let's call the first five or so ingredients the "meal." You'll want about 4 cups in total. Include $\frac{1}{4}$ cup of flax meal and portion the rest out to your own preference. The next group of ingredients, including the fruit, we'll call the binders. You'll want about the same amount (4 cups). Cook these over low heat adding something like apple cider to let the mix out a little if it's too thick. Add the ginger and zest to your own taste or leave it out and add your own favourite flavours. About 2 good sized cooking apples should be enough. Add these to the fruit mix after cooking.

When the mix is thoroughly warmed and combined, transfer to processor and puree. Then combine with the dry meal and form into whatever shapes you want. I use a round biscuit cutter with a spatula to help release the disc. You'll want to use parchment paper on your baking tray. Bake in a 350 oven for about 25 minutes. And as Madame Julia would say..."bon appetit". (Heard her on a recent rerun CBC interview....truly a delicious gourmand.)

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THORNBURY WINTER ANTIQUES SHOW

The Thornbury Winter Antiques Show, celebrating its 22nd year, invites you to drop by this winter's antiques event and expand your horizons concerning antiques, art and collectibles. Come browse through our dealers' displays where you will see a myriad of well priced antique furnishings, artifacts, ephemera and many other quality made items from earlier times.

In fact, you will also be quite surprised and inspired by the wide ranging knowledge base covered by our complement of experienced, professional antiques dealers from around Southern Ontario. The merchandise offered for sale represents a fine selection of desirable and affordable quality antiques from reputable dealers who "know their stuff" . . . and stand behind everything they sell!

The 22nd Annual Thornbury Winter Antique Show is held in the Beaver Valley Community Centre on Saturday March 10 from 10am to 5pm and Sunday March 11 – 10am to 4pm. Admission is \$5.00. Visit us at www.FineArtandAntiques.ca for more details or call 519-599-5017. **¶**

The Leaf Seeks MILESTONES Manuscripts

..... by Anne Judd

With its thirtieth issue due this spring, The Leaf wants words from the Queen's Bush and Bruce Peninsula on the theme MILESTONES. Published by The Brucedale Press, The Leaf is the area's only literary journal, with two issues a year.

For the spring 2012 issue, writers are welcome to offer non-fiction manuscripts: author profiles, essays on the writing experience, book reviews and the like, or poetry. No fiction, because The Leaf # 30 will include the winning stories from the thirteenth annual Acrostic Story Contest. The Leaf pays for what it publishes, and provides copies to area secondary schools as an encouragement to young writers.

Full guidelines are on-line at www.tiffanyweb.bmts.com/~brucedale/leaf.html or by e-mailing brucedale@bmts.com. Please note, material for publication must arrive during March, by Canada Post to The Leaf, Box 2259, Port Elgin, Ontario, N0H 2C0. **¶**

MARCH BREAK

AbraKIDabra!!

Magic Show March 13

Films : March 14

Puss in Boots - 1pm

Twilight Breaking Dawn Pt1 - 4pm

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On the Stage

Marvin's Room

Meaford Community Theatre

March 22 - 25

Aaron Lines Duo April 14

Memories of Elvis

Grey Roots Fundraiser May 6

Danny Michel May 11

Susan Aglukark May 19

On the Screen

Le Havre March 29

Monsieur Lazhar April 12

The Artist April 26

The Descendants May 10

My Week with Marilyn May 24

In the Galleries

Pastel Artists.ca

March 4 - 31

12 Nelson St. E.
meafordhall.ca
877.538.0463



Call to Artists

Annual Fine Art & Photography Juried Shows

Local High School Students: April

Juried Art Show: June

These annual shows draw upon the works of artists from Grey, Bruce & Simcoe Counties for exhibition in the beautiful, light-filled galleries at historic Meaford Hall.

Winners will be selected by jurors to win prize money and hang in the Galleries at Meaford Hall.

For more information please call 877-538-0463 or visit us online at www.meafordhall.ca.

Registration forms available online or at Meaford Hall.

Calls for Entry

Walkerton Library Juried Art Show

The Walkerton Branch Library is pleased to present their Annual Juried Art Show. The Show will run from April 18 to April 28. Art will be received Friday March 30 from 3:00 p.m. to 6:00 p.m. and Saturday March 31 from 11:00 a.m. to 2:00 p.m. The awards ceremony will be held April 17 at 7:30 p.m. Please bring a non-perishable food item for the local food bank.

The entry fee is \$10.00 (\$5 for students per piece) per submission with a maximum of three entries per artist. A maximum of two entries per artist will be selected for exhibition. Entry is restricted to residents of the following municipalities: Brockton, Hanover, South Bruce, West Grey and Arran Elderslie.

Information and entry forms may be obtained at the Walkerton Branch Library, 253 Durham St. Walkerton. Phone 519-881-3240, email walib@brucecounty.on.ca or visit the Bruce County Library www.library.brucecounty.on.ca.

Photography Show for LGBTQ Youth

This project is for youth (29 or under) who identify as lesbian, gay, bisexual, transgender, or queer. Everyone who participates is guaranteed at least one photo will be in the exhibit. You are invited to participate: take some photos anywhere in Grey-Bruce (indoors or out) of things that illustrate a theme such as LOVE, HOPE, WORK, FAMILY, LONELINESS, DESPAIR, JOY, SCHOOL, FUTURE, TRAVEL, STRUGGLE, COMMUNITY, NEGATIVITY, MENTAL HEALTH, ISOLATION, SELF-ESTEEM, SPIRITUALITY or RELIGION, PRIDE, ACCEPTANCE etc from an LGBTQ perspective. Please note that no people (other than you if you want) should be identifiable in these photographs. It's just too complicated to deal with permission forms. Decide whether you want your first name, an alias, or anonymous as identification. Accompany each photo with a short reflection explaining what you are saying in the photo, where you took it, etc. We'll take care of the framing and so on. EXHIBITION at the Tom Thomson Art Gallery in Owen Sound, June 10-24. There will be an opening reception for the photographers and the public from 2-4 pm on June 10.

DUE DATE: I'd like these to me by March 10 via email; if you can't send that way, let me know and we'll do something else. Send them to Joan at greybruce@aidsguelph.org. This opportunity is brought to you by the Tom Thomson Art Gallery and FotoArt in Owen Sound, and The AIDS Committee of Guelph and Wellington County (now serving Grey Bruce). For more information contact Joan Beecroft at 519-376-9420 ext 1530. ☺



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GEORGIAN BAY



Georgian Bay Concert Choir's Performance of Mozart Requiem

by Elizabeth Dunning

Anyone who has walked through the experience of grief knows how turbulent that time can be. One of the most poignant expressions of the reality of death is Wolfgang Amadeus Mozart's beloved *Requiem in D Minor*, written in the final weeks of his life. Familiar to most people from the film *Amadeus*, the *Requiem* was completed after Mozart's death by his grieving student Franz Süssmayr. The work has maintained its popularity with audiences for over 200 years, not least because its orchestral parts support the vocal score so completely that one leaves a performance with whole sections of the work running through one's head.

In addition, the sheer grandeur of the twelve movements and their profound emotional expression take the listener on a musical roller coaster ride through all the stages of mourning. From the anger of the *Dies irae* to the horror of the *Lachrymosa*; from the pleading of *salva me, parce Deus, ne me perdas, voca me* to the triumph of *Quam olim Abrahae*; from the pain of *Agnus Dei* to the peace of *dona eis requiem semperiternam*; this lyrical and beautiful work addresses all the milestones in the grief journey and rings true with anyone who has travelled that road.

Don't miss the Mozart *Requiem* when it comes to Georgian Shores United Church on Good Friday evening (March 6). World-renowned organist Ian Sadler will accompany soloists Claire Morley, Vicki St.Pierre, Adam Bishop and Andrew Tees, and the Georgian Bay Concert Choir, in a one-night-only performance of this stunning masterpiece. Tickets available at The Ginger Press. More information available at www.georgianbayconcertchoir.com ☺

Treat Yourself Spa Day

10:00 - 4:00 Saturday April 14
in Hepworth

Your opportunity to experience reiki,
reflexology, massage, tarot reading,
a makeover and much more with local experts.

Contact Janet Schnurr at 519.935.2581 or
janet@soulsearchingtree.com to book your sessions.
www.soulsearchingtree.com



Dancing into the Light - Nia in Grey-Bruce

by Lucy Bacon

I have a photograph of myself in Kindergarten, sixty years ago, taking part in a dance display put on for the parents. The theme must have been "Mary, Mary, Quite Contrary", because each little girl has a toy watering can by her feet. I know I didn't trip on mine, or kick it over, but I might easily have done so. I was not a well co-ordinated child and had little sense of rhythm or where my body was in space.

In 1976 I emigrated from Wales to Canada. My children grew up and left home. I retired, sort-of and, four and a half years ago, found myself living in rural Ontario. In the village store I happened on a flyer advertising Nia dance classes, described as combining elements from Isadore Duncan, yoga and martial arts. Yoga didn't scare me, but I wasn't sure about martial arts and I definitely couldn't see myself as an Isadore Duncan. But classes were in easily-reachable Durham, all ages and abilities welcome. All abilities - hmm! A klutz like me? The gift of late middle age is that I worry less about making mistakes and being an embarrassment, so I called the teacher, Vita Wind. After we'd talked a while, I decided I needed to try Nia.

It wouldn't have surprised me if, after my first class, she'd gone home and said, "Oh my gosh! I've had this new woman sign up who doesn't have any concept of left or right, up or down. And we won't even talk about keeping time to the music." But to me she never revealed the slightest doubt. And most of the others could dance, with big smiles of delight on their faces. There was humour and laughter as well. "No, no, start on your

other left foot, okay?"

It was not an easy time of my life, that first year of taking Nia classes. My daughter has severe health problems and was spiralling perilously close to a suicidal depression. If it seemed callous of me to go out dancing when her life was a mess, something within me knew I had to look after myself in order to stay more or less sane and available for her.

In Nia philosophy, dance heals through emotional expression. Letting music and movement take over for our brief period of dancing each week enables us to cope better with our anxieties and negative thoughts. Everyone in my Nia class carries their share of life's burdens -- be they health problems, stress at work, a son in Afghanistan, a difficult or dying relationship -- and every one of us strives to focus and be mindful of the moment. Then something special happens, and a feeling of joy floods the room as we move smoothly together in time to the music.

I've danced Nia for four years now. Often enough, I miss the beat or move in the wrong direction. But I'm amazed at how much I've learned, and the Nia community has become a valued part of my life. My daughter is doing better, though she will always have health challenges. I am hoping for the day when she discovers the art-form which is right for her in her journey towards healing.

Finally, since Mosaic is our local arts magazine, I'm sure Vita will read this article. I hope she will take it as my small gift to her personally. Thank you, Vita.

BALL and the Bruce County Museum and Cultural Centre present: **The Egyptian Revolution: Two First-hand Reports** with Journalist Eric Walberg, author of *Postmodern Imperialism: Geopolitics and the Great Games*

The Collapse of the Ottoman Caliphate in 1919 and How Britain Carved Up the Middle East

7:30 pm Tuesday March 20 at the
Bruce County Museum in Southampton

Journalist Eric Walberg will outline his version of 20th century history, providing the background for the situation today.
Tickets available at the door \$15+HST (\$10+HST for Museum Members)

The Egyptian Revolution

2:00 pm Thursday March 22 at the
Bayshore Community Centre, Owen Sound

Journalist Eric Walberg will touch on the history of Western involvement in the Middle East, the clash of East-West cultures, and the newly emerging Islamic civilization.
Tickets available at the door \$15

For more information, contact:



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NEW BOOK:

Romancing the Seasons: A COLLECTION OF RECIPES AND STORIES FOR SPRING & SUMMER

by Betty Dunbar

For many years, Betty Dunbar has written a cooking column for the Meaford Express and the Thornbury Courier. Her enthusiastic readers would anxiously wait for Betty's easy and elegant recipes and the stories that accompanied them. Frequently organized around local seasonal events and foods, the recipes provided many opportunities to enjoy the seasonal pleasures in Grey and Bruce. Last fall, The Ginger Press collected some of Betty's columns into *Romancing the Seasons: A Collection of Recipes and Stories for Fall and Winter*. Now the cycle is complete with the publication of her new book. *Recipes and Stories for Spring and Summer* will be launched on March 21 at The Ginger Press at 7:00pm. Everyone is invited to join us; tasty samples from the new book will be available. Autographed copies of both of Betty's books can be reserved in advance (\$27.95 each) at 376-4233.

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Amelia Curran with Jenny Berkell and Deanne Hallman

March 2 at 8 pm

A triple bill fundraiser and silent auction for Summerfolk featuring "one of this country's finest singer/songwriters".

OSLT's Cabaret

April 12-14, 18-21, 25-28 at 7:30 pm

Politics and sexuality collide in this bold adult musical. Featuring the live Kit Kat Band. Come to the Cabaret!

L'Aubergine's Burletta

May 5 at 2 pm

Five zany modern clowns present a circus inspired children's performance using choreography, music and elegant buffoonery.

The Roxy Young Company's A Kidsummer Night's Dream

May 11 at 7 pm and May 12 at 1 pm

A "kiddtastic" musical based on Shakespeare's *Midsummers Night's Dream* featuring our best and brightest community youth.

Wingfield's Lost and Found

May 25 at 8 pm, May 26 at 2 pm and 8 pm

A record drought on Wingfield Farm spawns a search for a new water source and a series of humourous and touching obstacles.

OSLT's The Odd Couple

June 7-9, 13-16 at 7:30 pm

Neil Simon's legendary comedy pits slovenly Oscar Madison against fastidious Felix Unger. Starring Fred Wallace of the CFOS Morning Show.



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There's another way now to experience your local history and heritage...

BRINGING THE MUSEUMS TO YOU



Billy Bishop
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A National Historic Site



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**For more information or to become a program volunteer, contact the Owen Sound Museums.
Phone: 519 371 0031
Email: museumsprograms@owensound.ca**

www.museums.owensound.ca



Program supported by

This project is funded in part by the Government of Canada's New Horizons for Seniors program.

