

FREE MOSAIC

GREY BRUCE

ARTS, ENTERTAINMENT & COMMUNITY
NOVEMBER/DECEMBER 2019 VOL. 27 NO.5

THE GINGER PRESS

34TH ANNUAL AUTHORS' OPEN HOUSE

11:00-2:00 SATURDAY, DECEMBER 7

FEATURING THE FINEST LOCAL AUTHORS INCLUDING:

Brian Barrie (The L.I.E.)

Gail Gallant (The Changeling: A Memoir)

Stephen Hogbin (Intersections)

Bonita Johnson de Matteis (Black Eyed Peas and Races: The Emancipation Picnic)

Katharine Lochnan, Louise Moore, Judith Thomson (Footprints in Time)

Isabelle Love (Grey County Farm Girl)

Barry More (A Thing of Beauty: The Story of Morland Place)

Rob Rolfe and Larry Jensen (Late Nights on Irish Mountain)

Richard-Yves Sitoski (Brownfields Poems)

Richard Thomas (History of Owen Sound, 1912-1936)

Eric Zweig (Stanley Cup: The Complete History)



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Some of our favourite things: at Grey Gallery in December



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Visit Grey Gallery and take advantage of a unique opportunity to view original work by over twenty exceptionally talented artists. Even if you don't find that perfect present, you are sure to have a great time browsing.

In addition to our regular hours (Wed. to Sat., 12 noon to 5pm), during the month of December we will be open Fridays till 7pm, and Sunday December 8, 15 and 22 from noon to 4pm.

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KARI BRONAUGH

ANDREE WARRILOW

BRIAN DALTON

LOUISE MOORE

ELAINE DAVIDSON

JOHN LAUGHLIN

MOSAIC

A composition created by inlaying various pieces to form one picture.

Established in 1993, MOSAIC is the only publication in Grey-Bruce dedicated 100% to encouraging and supporting all the local arts and entertainment.

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MOSAIC is available in the places where people gather from Tobermory to Kincardine to Collingwood and everywhere in between. Current and back issues are also available at www.greybrucemosaic.ca.

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The views expressed by the contributors are not necessarily those of the publisher or editor of MOSAIC

From My Desk


by Maryann Thomas

Mostly this month I would like to thank you for all your support of MOSAIC for another year. Our readers and advertisers combine to provide the ongoing impetus for what we do. And we are grateful. To that end, I would like to invite you to join us for our 34th Annual Authors Open House, from 11 to 2 on Saturday December 7. It's a party! For decades we've been gathering local writers and readers to celebrate the season with good books, conversations and munchies. I really hope you will join us. And best wishes to you and yours for an excellent year-end festivity. See you lots at The Ginger Press, I hope. And we'll be back with the next issue of MOSAIC at the beginning of March, 2020.

Maryann

MURAL DREAMS COME TRUE

Jenny Parsons

When you tell someone you want to make a 52-foot mural and they ask you what experience you have and you have made comic books, they might have a hard time imagining what you have in mind. Ever since we moved to the main street in Durham to house our studio, JEST ARTS, I have been staring at this long yellow brick wall across the street and daydreaming about it. When the team and I were painting it recently, people kept asking us, what used to be here? I said, "Nothing!" as incredulously as I was the first time I saw it: a wall with nothing on it – a perfect yellow brick wall that needed a mural and I would make it and so I did. Many people showed up to help and so I thank them and will keep thanking them! And I thank the mural gods for parking us here in front of what used to be a naked yellow brick wall which now has a 400 square foot comic book page called *West Grey Connection*, right on the corner of Garafraxa Street North and Mill Street. I consider it my calling card for anyone else who fancies they have a wall that needs colour. And when I tell them it will look like a comic book, they will know what I mean. I certainly, have no further to look than right outside my front door to see: dreams do come true! Visit www.jestarts.com for more information. 




Gallery Talk

excerpted from a talk given by John Tamming at the opening for the exhibition *Footprints around the Sound at the Tom Thomson Art Gallery on October 4, 2019*

This urban living room is where we get together and experience the beautiful. Not to see the pretty, not to see the kitsch, not to see that which is safely coloured within the lines. These modest rooms have meant something different to all of us. To me, this was a place to take my children, to walk over from the Sydenham river on a Sunday afternoon to see a procession of ponies. To me, it was a place where I saw media with 12 women dressed in white, as in the Last Supper, pouring blood upon themselves. And I was irritated and that led to a chat with the curator. And all of that was a good thing.

To me, it was where I would happen upon John Hartman's take on our city, with heaps of paint and giant swirls, as if to say, "LOOK, SEE, I will show you your town as you have never before seen it." To me, these walls were a refuge, during the toughest days of a divorce. To me, it was a packed basement of the curious, listening to Willy Waterton's expositions of local characters up the Bruce. To me it was where I met Burtynsky, and my walls have never been the same since. Carmichael doing the North Shore, George Thomson doing Leith, Dana Cowie doing bank barns of old Derby Township.

And now this circle tour of our Georgian Bay. I salute Katherine, Louise, Judy, Heather, David and every single worker and volunteer, all of whom seek to make true the famous words of Dostoevsky: *Beauty shall save the world*. To the TOM. 




Fallis Scholarship of the Arts

Durham Art Gallery is pleased to announce Ms. Makenzie Ermel as the 2019 recipient of the Fallis Scholarship for the Arts. Ms. Ermel has started her first year at University of Western Ontario, pursuing a Bachelor of Fine Arts and, like her predecessor Cole Wiseman, the Durham Art Gallery is confident she will make our community proud. Makenzie responded to the news: "I am very honoured to be the 2019 recipient of the Durham Art Gallery – Fallis Scholarship for the Arts. I have the utmost respect for the Durham Art Gallery and their inspiration and support of today's youth in the community. Art has always been a passion for me. I like experimenting with all types of mediums, including water colours, acrylics, oils, pencil crayons, pastels, and sketching. Many of my art pieces have been influenced by people or experiences that bring deeper meaning to my work. The financial aid of the Fallis Scholarship supports my dream of pursuing post-secondary education in the arts. Following attaining a Bachelor of Fine Arts Degree, I hope to pursue a Bachelor of Education so that I can share my love for the arts with students and build on their talents and gifts. I am most grateful for this opportunity and excited for what the future holds."

Now in its second year, this \$3,000 scholarship aims to support

the Grey Bruce community by assisting a young local artist in their post-secondary school dreams, by alleviating some of their financial burdens through a scholarship award. Durham Art Gallery encourages you to apply next summer! Applicants must be from Grey Bruce and have been accepted or enrolled in an arts program at a post-secondary college, university or recognized art academy.

Durham Art Gallery (DAG) is a non-profit, exhibition-driven space for contemporary art and visual culture in West Grey, Ontario. From our earliest incarnation in the local Carnegie library to our current purpose-built home, the Gallery's evolution is marked by an engaged community and a diversifying landscape. Located at 251 George Street East in Durham, DAG resides within the Saugeen Ojibway Nation territory. We acknowledge that this building rests on the traditional land of the Saugeen Ojibway Nation, which is represented by the communities of Saugeen First Nation and Chippewas of Nawash Unceded First Nation. We thank them. We also think of the Métis Nation of Ontario, whose history and people are well represented in Bruce and Grey Counties.

For more information on the Fallis Scholarship and DAG's upcoming programs, contact (519) 369-3692 or www.durhamartgallery.com 

FALL CLASSES AT DURHAM ART SCHOOL

Tim Dyck

Contact The Colour Jar in Durham at (519) 369-1283 for more information and to register for these upcoming art classes:

LIFE DRAWING

All artists, from accomplished to beginner, are welcome to these two-hour sessions. The unclothed model will hold 1-minute, 5-minute and 10-minute poses for the first 50 minutes, and after a break will hold two longer poses. All materials (except solvents) are welcome. No instruction. Doors open at 6:45 for set up. No pre-registration is required. Every 2nd Tuesday of the month to Dec 10. 7-9:30pm. \$20 per session

PORTRAIT DRAWING

All artists are welcome to these portrait drawing sessions. The clothed model will hold one 10-minute pose, and then one pose for the rest of the session. All materials (except solvents) are welcome. No instruction. No

pre-registration required. Doors open at 6:45 for set up. Every 4th Tuesday of the month to Nov 26. 7-9:30pm. \$20 per session

CLASSIC DRAWING


Drawing is the basis of all visual arts. Improve drawing skills and review classic techniques. Through a series of exercises learn to draw what you see by training your eye to observe. Work in pencil, charcoal and conte. Materials provided. Instructor: R.D. Abrams. Mondays, November 11 and 18. 7 to 9pm. \$80

LINOLEUM BLOCK PRINTING

Experience the satisfaction of crisp lines of ink on paper. Taught by master printer

Tim Dyck, MFA, learn traditional linoleum cutting and printing techniques. Design and carve a block, then print an edition. Materials & equipment provided. A delicious lunch is included in price. Sunday, November 17. 11am to 4pm. \$115

INTRO TO ACRYLIC PAINT FOR ARTISTS

Learn how to use and control acrylic paint through a series of exercises. Technical info on paint, colours, and mediums. Review brush techniques, tones, colour-mixing. Supplies are included but bring your supplies if you want to test them. A list of recommended supplies provided. Instructor: R.D. Abrams. Saturdays November 23 and 30. 11am to 1pm. \$80 

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TARRED & FEATHERED: ROUGH JUSTICE IN 19TH-CENTURY ONTARIO



The Grey Roots Fall Lecture Series begins on Tuesday November 5 at 1:00 with a talk by Elysia DeLaurentis titled *Tarred & Feathered*. In the 1800s, people could rely on their neighbours for assistance and friendship – and to keep moral habits in check. Crimes may have been dealt with by rule of law, but moral breaches, such as drunkenness and infidelity, were handled closer to home by one's own neighbours and community members. From shivarees to tarrings & featherings, this talk with Elysia DeLaurentis explores the often-violent forms of moral regulation that were widely practiced and well understood by 19th-century Ontarians.

Elysia DeLaurentis is the owner and principal researcher at Oakenwood Research Services, based in southwestern Ontario, and

was co-editor (with Debra Nash-Chambers) of the book *Remembering Pilkington Township: Lives, Loves, and Labour*. She studied folklore at Memorial University of Newfoundland, holds an Honours B.A. in Art History from the University of Guelph, and an M.A. in History from the University of Waterloo. With a passion for research, Elysia loves solving mysteries with local history and in doing so, regularly draws on over twenty years' experience working in archives and with historical organizations.

This presentation is part of our Fall Lecture Series taking place on Tuesday afternoons in November in our Theatre. Talks take place at 1:00pm and are repeated at 2:30pm. Complimentary refreshments follow each talk. Free with admission. Members free as always. 

NEW BOOK + CD LAUNCH:


LATE NIGHTS ON IRISH MOUNTAIN: A GREY BRUCE STORYTELLING COLLABORATION

BY ROB ROLFE AND LARRY JENSEN WITH ILLUSTRATIONS BY PATTI WATERFIELD

Rob Rolfe and Larry Jensen have just completed their term as Owen Sound's poets laureate. Their final project – this book and CD combination – will be launched at The Ginger Press at 7:00pm on Wednesday November 16. There will be poetry readings and original songs as well as live music (musicians Will Henry and Tyler Beckett are rumoured to be joining Rob and Larry). Everyone is welcome to attend.

Late Nights on Irish Mountain (the book)


includes a collection of new poems and song lyrics as well as commentary explaining and exploring the origins of the works by both Rob and Larry. Illustrated by Patti Waterfield, the unusual content provides a deeper insight to the creativity of these artists who are committed to capturing our local history in new and unusual ways. *Late Nights on Irish Mountain* (the CD) includes all the songs described in the book, augmented by some of the finest local musicians. In his Foreword,

Andrew Armitage writes, "Everyone has a story, their lives, their families, their growing up. Stories never die. They are repeated. Now this poet and songwriter have taken up the challenge, recording memories that might be lost otherwise. Listen to the stories told by those who remember or are fascinated by what has been preserved." Autographed copies of the book (\$18.95) and the CD (\$15) will be available for purchase separately or as a set (\$30). 

HANOVER COMMUNITY PLAYERS

Margaret Poste

The production for Hanover Community Players for December 2019 is their first-ever Panto, *Sleeping Beauty*. We can guarantee you it's going to be a 'good un'! You'll laugh, you'll cheer, you'll boo and you'll most certainly be shouting "oh no you shouldn't!" There will be singing, dancing, laughs and a little bit of audience interaction so mark the dates in your calendars: Friday December 13 and Saturday December 14, both at 7:30pm, and Sunday December 15 at 2:00pm.

Tickets are very reasonable: adults - \$17; youth 12-18 - \$14; children 12 and under \$6. Get 10 people together for the same performance and get group rate. Watch for online ticket sales through www.hanovercommunityplayers.com. \$1.00 from each adult ticket sold will be donated to the Hanover Public Library Children's Program. Help us to help them and have some fun in the meantime! 

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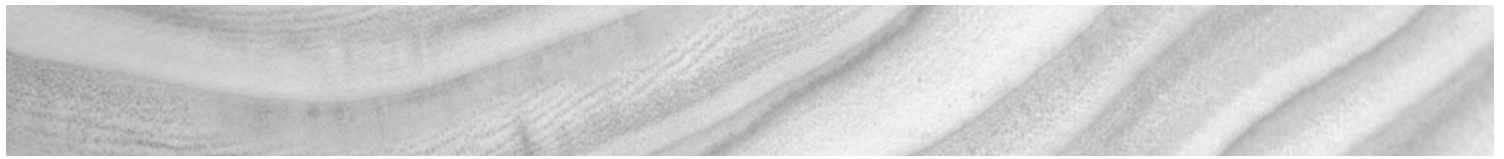
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INTERSECTIONS

Stephen Hogbin

TREES AND BOATS

It's through Intersections and their juxtapositions where many good ideas may be found. One thing in relationship to another. Plant a tree to help the environment. Use local wood rather than highly processed materials from away.

Several times a month people come into Intersections Gallery with a story about the wood they have stored and would like to see used. I tell them there is not much fine woodworking in our region. There would be lots more if people preferred to live with wood rather than metal and plastic. Our region is exceptional for its variety of tree species and yet the tree, on reaching maturity, is more likely to become firewood than a beautifully designed and skillfully made useful – or even aesthetic – work of art. There is enough wood under the tarp in the garage, barn and basement to last me several more lifetimes. And don't forget the huge barn at Welbeck Sawmill.

There is a disconnect rather than an intersection and juxtaposition of good ideas with the sustainable resource of trees and wood. I don't despair as the future environmental problems will dictate a better appreciation of our most valued resource: trees. Plant some trees – not for yourself, although it is a healthy activity – but for future generations.

The boat is a useful metaphor for all that we do. Even our planet floats, in space rather than water. As fresh water becomes scarce and precious so too do the trees. After a useful life of sucking up carbon through their leaves, they may go on to float on water. Boats demand to be made really well to last in all manner of conditions.

At Intersections we are turning our skills to boat building, probably for three months. There are also still places in some of our other classes for the upcoming holiday season. As always, details are at www.intersectionsstudio.com. And don't forget our 3rd Anniversary celebration at 7:00pm on Friday November 1 which will include a review of what we've done in three years in Owen Sound and an announcement on how we will move forward. There is still lots to consider!

For January, February and March, Intersections will be offering some highly technical demonstrations for boat builders and furniture makers, suitable for beginners and excellent refreshers for others. Following is a list of demonstrations that will take place every Saturday afternoon for approximately two hours starting at 1:00pm. Depending on the complexity of the subject covered, there will be time for questions and discussions. The following week the studio

workshop will be open for people to practice what has been learned or start a project:

January 4 with Pierre Rousseau: **Sharpening hand tools** using a various techniques including grinding wheels, oil and water stones, abrasive papers and abrasive pastes.

January 11 with Pierre Rousseau: **Custom paddle making** for your height and weight. What are the best woods and alternative regional woods? From solid-wood and laminations for colour variation. Shaped with hand and power tools. Various finishes for durability, colourful detailing for personal designs.

January 18 with Pierre Rousseau: **Bent laminations in wood** using various glues for detailing in boats and furniture.

January 25 with Stephen Hogbin: **Heat bending** using steam, hot water, dry heat and fabric softener.


February 1 with Scott Caple: **Build a canoe in a day**. Ideal for those with short attention spans who prefer to paddle rather than plane wood. Plywood construction with solid wood, epoxy glue and finishes.

February 8 with tba: **Making the cedar strip canoe**. Strong back, cedar strips, gluing, shaping and GRP finishing

February 15 with tba: **The lapstrake rowing boat**. Scarfing, fitting, steaming and riveting

February 22 with tba: **Finishes that last**, how to apply them and care for them.

February 29 with tba: **Restoration repairs**; how to patch and fill. GRP repairs and wood restoration

The Saturday demonstrations are \$20/person. The cost to use the studio-workshop the following week is \$25 a day per person with a maximum of six people in the workshop at a time. Sign up on the Saturday or Monday. Material fee will depend on the project. All materials paid before the session starts. An equipped tool case will be supplied. Participants may bring their own tools and materials from home. No second-hand materials may be used on the Intersections machines. If you have no training with machines, we require instruction which takes place Monday afternoon for those wanting instruction on a machine they need to use. More information and registration details at www.intersectionsstudio.ca. 

CALL FOR ARTISTS

The Historic Roxy Theatre's Griffin Art Gallery in Owen Sound exists to exhibit and promote the visual art of the region. The Griffin Gallery and Armand's Bar are situated in the lobby and reception area of the theatre. Over 25,000 audience members attend the Roxy Theatre annually. If you are interested in showing your art in the Griffin Gallery in 2020, please complete the artist application form (found at www.roxytheatre.ca) and email it to admin@roxytheatre.ca or drop it off at the Roxy by November 15, 2019.

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Getting Merry and Bright in Hanover

Norma Graham

We are approaching the end of 2019 and the days are getting short, but all is merry and bright at the Hanover Public Library! We have events and programs for you to enjoy as you prepare for another Grey-Bruce winter:

Thursday, November 7, 10:30am: **Coffee With a Pharmacist:** Our favourite pharmacist, Jin Wei, will return to the Hanover Library to speak about his work and to answer questions about medications. This is a free program and everyone is welcome.

Saturday November 9, 9 am to 5 pm: **One-day book sale** and silent auction. Join us for a fun-filled day in the community hall across from the library. Books and other items are available for purchase by donation. Bid on some unique silent auction items – great for Christmas giving.

Tuesday November 12, 7 pm: **Winter Planter Workshop** with Jeff Davis of Davishill Nursery. Learn how to create beautiful planters to enhance your home even in wintertime. Tickets are \$3, available now at the library.

Thursday, November 14, 11am: Sean Wraight from the Ontario Ministry of Transportation will be speaking about **safe driving for seniors**. He will discuss the testing requirements for those 80 years and older, as well as safety tips, and how to navigate roundabouts. This is a free program and everyone is welcome.

Saturday, November 16, 1 to 4pm: Looking for work? Does your resume need some modernizing? Come join our **Resume Upgrade** workshop with Stephanie Clark of New Leaf Resumes. November is Career

month, so if you're looking to start, or re-start your career, we can help you get going. Free program, but donations are welcome. Please pre-register at the library.

Thursday, November 28, 6 pm: Make a beautiful living **Christmas wreath** with Angela Ferguson of Little Buds & Posies! Using evergreens, baby's breath, eucalyptus, and magnolia leaves, Angela will help you create a beautiful and sweet-scented welcome for your home's holiday visitors. Cost is \$50, all materials provided. Please pre-register at the library.

Saturday, December 7, 1 pm: Diane Owen will lead a workshop in making your own **Christmas crackers**. Make something special for the whole family to enjoy at Christmas dinner. Cost is \$10, please pre-register at the library. **M**

Drew Hayden Taylor in Flesherton

Barry Penhale

The award-winning author, humourist and playwright, Drew Hayden Taylor, will perform on stage at the Kinkplex in Flesherton, Saturday evening, November 9, presented by Friends of the South Grey Museum. Coming off an exhilarating round of engagements that include performing at the Canadian National Exhibition, Taylor's hugely anticipated local appearance will mark his first engagement within the Municipality of Grey Highlands.

Widely regarded as a leading member of the Indigenous cultural renaissance that came out of the 1980s, the prolific performer from Curve Lake First Nation, near Peterborough, has honed his considerable stage skills

over three decades. In addition to writing 33 books, numerous television scripts, and a made-for-television movie (three Gemini Award nominations) based upon his play *In a World Created by a Drunken God*, the multi-talented Taylor has done stand up comedy at the Kennedy Center in Washington D.C. and also served as Artistic Director of Canada's premiere Native Theatre company, Native Earth Performing Arts. He has held numerous writer-in-residence positions including posts at several universities and at the Stephen Leacock Festival.

As his sizable following has discovered, Taylor's special brand of humour is the laughter-inducing element that feed his well-



received writings and stage presentations. His forthcoming Flesherton appearance will introduce us to a unique perception of Indigenous people. Advance table bookings are encouraged and enquiries should be directed to the South Grey Museum at (519) 924-2843 or (519) 924-2170. **M**

NEW BOOK + TALK:

Beyond the Trees: A Journey Alone Across Canada's Arctic BY ADAM SHOALTS

Adam Shoalts has been called one of Canada's greatest living explorers and in 2017 he completed a nearly 4000-km solo journey from west to east across Canada's arctic. *Beyond the Trees* is his account from start (in the Yukon) to finish (in Nunavut). He travels, alone, up the Coppermine River, a route that only the most expert whitewater canoeists dare travel even downstream. He must pole for days through the pack of Great Bear Lake, portage

across fields of jagged rocks that stretch to the horizon, paddle through gales, and navigate labyrinths of swamps, tormented by mosquitoes every step of the way. And the race against the calendar means that he cannot afford the luxuries of rest, or of making a mistake.

But his rewards are beyond reckoning: the company of wolves loping curiously alongside his route, the astonishing diversity of the Arctic ecosystems, the countless lakes of swampy wetlands to the dunes of a northern desert. Adam will give an illustrated presentation on his travels at 7:00pm on Thursday November 14 at the Owen Sound Library, hosted by the Owen Sound Field Naturalists. Everyone is welcome. His journey is chronicled in his just released book *Beyond the Trees* (\$34) which will be available for signing. **M**

THE JOY OF NO CHOICES

Neil Baldwin


Awalk down the supermarket cereal aisle – or even just the once-simple, now-bewildering act of buying a toothbrush – reminds us we live a life full of decisions. They range from discretionary to choices of privilege (the cereal aisle!) all the way to major decisions about our own lives and those of others.

Does the prospect of freeing yourself from needing to make any choices for a brief period of your day sound appealing? Walking labyrinths, with history dating back 4000 years and found in some form in most religions and spiritual traditions, offers you exactly that. Distinct from a maze, a labyrinth has only one path. There are no dead ends, no alternates, no trickery.

There are always turns, though the distance between them varies through the labyrinth, but the path always takes you to centre. And, with rare exceptions, back out the same way.

Walking a labyrinth requires no problem-solving or decision making. The rational brain is relieved of responsibility, leaving the intuitive self freed up to express itself, and the senses opened up to experience the present moment. A labyrinth does cultivate focus, but doesn't require thinking. A maze is designed to confuse, while a labyrinth helps you find your way. To enter a labyrinth is to engage in an age-old walking meditation practice which offers to calm the mind and open the soul.

While it has been found helpful to cultivate mindfulness, healing, and insight, the experience can be as modest yet meaningful as a quiet, gentle walk.

Grey-Bruce has a wide variety of public and private labyrinths, from Tobermory to Kincardine to Thornbury, and not one but two in downtown Owen Sound. The easiest way to find them is the Ontario labyrinth locator at labyrinthnetwork.ca. During the next year of MOSAIC watch for brief profiles of local labyrinths along with suggestions for ways to walk them. Until then, don't let the snow keep you waiting...the Forest Labyrinth (forestlabyrinth.ca) near Keady was designed to be snowshoed – what could be more Canadian than that! 

OWEN SOUND POET LAUREATE OFFICIAL HAND-OFF

Richard-Yves Sitoski


One good term deserves another. So we invite you to join us as outgoing Poet Laureate of Owen Sound Lauren Best formally passes me the laurels for 2019-2021. On Friday, November 15, at the Owen Sound and North Grey Union Public Library (7pm, doors at 6:30), we get a chance to celebrate the position of Poet Laureate and even pop the hood to take a peek inside the program.

In her two splendid years as PL, Lauren captivated audiences of all ages with her special focus on children's poetry. She broadened the program's reach and kept the position highly visible. It's my job to keep that

momentum going, this time with an environmental profile. To that end, let's celebrate by doing what we do best – providing the community with a great verse performance full of lyrical exploration, verbal pyrotechnics, and lots of heart and soul. As an added bonus, there will be a discussion period wherein Lauren and I will field questions from the audience and interview each other about the role of poetry in our own lives as well as in the life of the city.

But wait, there's more! You'll even get to participate! Because we're changing with the times, we'd like you to bring with you



(or compose on the spot) your best haiku or short poem (10 lines max) on the subject of "The Times, They Are A-Changin'". We'll read 'em all! Verse is what leaps over the cliff at the end of language. So why not jump with us? 

Fine Craft Christmas Show

Morag Budgeon

This year marks our 10th Anniversary! Established in 2009, the Fine Craft Christmas Show is a dynamic show and sale featuring both established and up-and-coming fine artists, makers and fine food producers from mid-western Ontario. The show attracts thousands of visitors who are looking for high-quality, interesting and meaningful handmade art, fine craft and fine food. From our humbler beginnings, the Fine Craft Christmas Show has expanded to become one of the region's top shows for local, handmade, high quality products. With over 70 vendors, it's now a premiere event in Owen Sound for unique holiday shopping.

In 2018, the Christmas Fine Craft Show moved to its permanent home at the Bayshore Community Centre in Owen Sound (1900 3rd Avenue East). It is the perfect venue for artists, makers and fine food producers to sell their unique wares. Enjoy ample free parking and admission is only \$2 per person. A portion of the entrance fee will be donated to Georgian Bay Centre for the Art in Owen Sound (formally The Workshop). This not for profit community access arts centre, located in the newly renovated Bingo Hall in downtown Owen Sound, specializes in education and studio space for pottery, jewellery, printmaking, stained glass, fine art and more.

The Fine Craft Christmas Show is open Friday, November 29 from 5pm to 9pm; Saturday, November 30 from 10am to 5pm; and Sunday, December 1 from 10am to 5pm. For more information and a complete list of vendors, visit www.finecraftchristmas.com.

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News from the Billy Bishop Museum

Emily Jolliffe




BILLY BISHOP HOME & MUSEUM SHORTLISTED

Last May, Billy Bishop Home and Museum opened its latest exhibit, "Living Memory: Jeszcze Polska nie zginęła". This exhibit was based on a collaborative curatorial model that included local historians, descendants of those who trained at Camp Kosciuszko, the Polish Consul General in Toronto, the Polish-Canadian community, students from Owen Sound District Secondary School and local citizens. These groups worked together to tell the story of the Polish Soldier Tree and the little known history that surrounds it.

This project and exhibit was sponsored by the Orlinski Museum & Archives, the Polish Combatant's Association London Branch 2, the Consul General of Poland in Toronto, the Charitable Foundation of the Polish Combatants' Association in Canada and the Knights of Columbus. And now the Museum has been shortlisted for the Governor General's History Award for Excellence in Community Programming. Billy Bishop Home: Museum, Archives and National



Historic Site is very proud to be among the other exemplary community organizations to be shortlisted for this award. Canada's History Society will determine the recipients of this award later this fall. 

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Make That Change

Paul Thomas

I'm gonna make a change, for once in my life, it's gonna feel real good, gonna make a difference, gonna make it right...

The song *Man in the Mirror*, performed by Michael Jackson in the late 1980s, still rings as true today as it did way back then. Have a listen; I think you'll agree: "I'm starting with the man in the mirror, I'm asking him to change his ways...if you wanna make the world a better place, take a look at yourself and make that change..."


The seeds of this sentiment were firmly planted much earlier by the small man from India, Mahatma Gandhi, in the early 1900s. This little man gave his life for peace. He gave his life for love. He believed that we have the power to create the world we want to see. It's a funny thing how often we hear the refrain "the only constant in life is change" yet so many of us really don't want to see any change at all. Are we afraid of what we perceive change will bring? The thing is,

ready or not it's happening. We need to be a part of what we want to see happen or we risk getting stuck in our own petard.

Hearing a song like *Man in the Mirror* again as if it were the very first time gives it a whole new relevance for today. It's wonderful how we can inspire others and be inspired by song. Getting these messages of social change to go way down deep inside us with a finger snapping, toe-tapping, heart-beating rhythm is really a wholesome "hold your head up high" kind of medicine. And as these fall days turn into the longer darker gloomier days of winter, I'm thinking we need to snap, tap and keep raising our heartbeat as often as we can.

Coco Love Alcorn is one such artist who can raise the roof with her outstanding lyrics of hope and the power of change. Empowering us to be the best we can be, she holds our hand as we travel into new possibilities and helps us to reaffirm our potential to be the change. And that's *Good News*. Coco performed at the Women's Institute Hall in Colpoys Bay in October and guess what?



She'll be at the Roxy on December 14. Don't miss her! A word is a word is a word, but words into a song become a song. And I'm pretty sure if you need an uplifting song of hope, you'll find it with Coco. Let's come together and raise the roof of hope for the changes we want to see, ready or not, one song at a time. *Old Habits Die Hard. My Day, My Day. Let my tomorrow come. I need roots in the ground to keep me strong.* Be the change you want to see. Keep in touch. 

AT GREY GALLERY..... Anne Dondertman

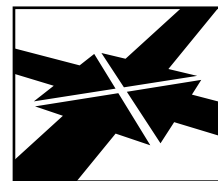
BRIAN DALTON: WATERFALLS AND OAK TREES

When Brian Dalton moved to Owen Sound he, like many others who live in or visit the area, was drawn back time after time to the area's waterfalls, and to the historic Leith cemetery. Brian has sketched and photographed there in all seasons over the past six years, finding inspiration in the annual changes and varieties of forms and colours that nature produces. The result is a new series of vibrant paintings depicting these famous local landmarks – Indian Falls, Inglis Falls, Weaver's Creek Falls, Jones Falls, and various views of Leith. The local waterfalls became an endless source of compositions, from the power and energy of water after a heavy rainfall or when the ice breaks up, to the quiet slow-moving stream of water winding its way along. Similarly, in the cemetery at Leith the large ancient white oak tree became the main interest as he watched it change from year to year and season to season. It almost seemed incidental that Tom Thomson's tombstone was visible from the first angle he chose when sketching the tree.



Brian believes that when we are truly present in nature, we experience an awakening of some ancient remnants of memories of our natural home. What has always motivated and impacted his work is the realization that a painting of the natural world can, in a sense, almost stand in for the experience of being there. It seems that just by enclosing or framing what one sees, a painting can capture in a timeless way something that deeply engages the viewer and enriches the imagination. Come see these familiar landmarks through a new lens.

Brian Dalton's paintings will be on display at Grey Gallery in downtown Owen Sound in November, with the opening reception on Friday November 8, from 4 to 6pm. 



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AT SOUTH GREY MUSEUM A BRUSH, A LENS, AND A PURPOSE

Robert Iantorno



Durham resident Tony Luciani has been a full-time painter for forty years. At age 21, he continued his post-graduate studies in Florence, Italy, and matured as an artist. His work has been exhibited across Canada and internationally. In 2015, Tony began to include photography as a creative expression, documenting his aging mom's struggle with dementia, a collaboration that led to many prestigious awards and, in 2018, to a talk about their photographic collaboration at the Boston Opera House before 2,600 people. Tony's illustrated presentation will include "A Walk to Remember" – his Fall 2019 pilgrimage to raise funds for the Alzheimer Society of Grey-Bruce. Tony's artistic insights reward us with hope, humour, and life.

Everyone is welcome to attend this lecture at 7:00pm on Wednesday, November 27 at the South Grey Museum in Flesherton; \$7/person and \$5/members. Call (519) 924-2843 for more information. 




PROFILE:

All Things T

All Things T, Owen Sound's premier tea and specialty shop has moved to the westside! After only two and a half years, we've outgrown our space in the Chicago Building, and have moved our enormous selection of teas, treats, trinkets and treasures to a brand new location – a

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Reflections on the Seniors' Summit 2019

Stuart Reid

In September, I was invited by the Council on Aging Grey Bruce to give summary comments at the conclusion of the Seniors' Summit 2019, a project that received funding from Community Foundation Grey Bruce. The Summit was a fantastic day of topics and experiences related to healthy aging in Grey Bruce. Dr. Brian Goldman, of CBC radio's *White Coat, Black Art*, kicked off the second day with a keynote on empathy and caregiving. The day also featured panel discussions on topics including housing and affordable living spaces for Seniors; transportation – which ties into Senior isolation and mental wellness; health services and access to services by Seniors; important community services available to Seniors such as 211; and finally, discussion on how the area is doing in terms of being an age-friendly community.

In their registration package, attendees received a copy of Community Foundation Grey Bruce's *Vital Signs Report* from 2016 which summarizes local data, measuring Grey Bruce on several indicators of community vitality. *Vital Signs* is a means of bringing together local knowledge for local impact – a model used by our "movement" of 191 Community Foundations from coast to coast to coast.

The strategy of using local knowledge for local impact is also much like what we experienced at the Seniors' Summit. *Vital Signs* contains a number of statistics that relate to aging. If Grey Bruce were a village of 100 people, 21 of those would be over the age of 65. 73% of Grey Bruce residents have a strong sense of belonging and we know that seniors are the highest ranking of the age cohorts in belonging and in self-rated mental health according to a recent Canadian Index of Wellbeing report on Grey Bruce. In general people in our region are content – statistics say 91% of Grey Bruce residents have a high sense of life satisfaction.

There is much work ahead in coming together as a community to support Seniors. Everyone will pass through the cycle of giving care and/or receiving care as we travel down the path of aging together. In terms of my summary comments and Calls to Action, I put together a list of themes that emerged at the Summit. Rather than a to-do list, these take-aways are more about the spirit in which we need to move forward.

1. ADVOCACY & COMMUNICATION: Seniors need to be strong advocates for their own personal health and often they need to speak out on behalf of members of their families. When talking to doctors, one needs to assert the need for clear and accessible information and call for more collaborative models of service delivery. At the Summit, we heard how the built environment influences health, so there is a need to speak up about community planning to demand good design. Civic engagement is good for one's health; social and mental wellbeing increases as Seniors get out and become part of the community.

2. INTERGENERATIONAL CONVERSATIONS: As elders in our community, Seniors need to step up and offer to share and transfer knowledge to the next generation. Caregiving, we learned, is an important intergenerational exchange and there are great differences between the generations. We heard about how "Centennial" doctors

are more casual, demand more personal time, and may have a very different style/delivery than "Gen X" or "Boomer" doctors. Times are constantly changing: everyone must be sensitive to generational shifts and be open to differences to keep the conversations flowing.

3. ACTIVE LISTENING & EMPATHY: In his keynote, Dr. Goldman gave moving examples of how to interact with those living with dementia, how to hold space and not command others to conform to our singular perception of reality. Active listening requires one to be compassionate and patient, without the need to interject or reflect our own ideas; instead, just be with others in the spirit of kindness. At the Summit, we heard about the importance of personal narratives and community storytelling – how a patient's story should be front and centre in their health care plan. Dr. Goldman also reinforced the concept that empathy is the key to being mindfully present in holding space for others. Human contact is the basis for caregiving and kindness is essential.

4. ADAPTABILITY: Change is our only constant. We must be adaptable and creative in meeting challenges: through creation of new partnerships between health agencies, government, philanthropy, families and individuals, challenges are addressed through collective impact. Dr. Goldman reminded us that care was previously delivered by highly paid professionals who were extensively educated in institutional settings. Care is now delivered in our homes, by people who don't have the same training and aren't compensated adequately. We need to work together to adapt and to recognize the value of caregiving.

5. LIVING HEALTHFULLY: Seniors today are committed to living healthily into old age. With a longer life expectancy, they must assume a proactive commitment to self care and their full potential. Effective caregivers must invest in our own health first, to be better able to care for others.

6. GRATITUDE: Most important of all, always speak from a perspective of abundance rather than giving in to the language of scarcity. Facing all relationships with an open and grateful heart will have positive impacts and will, in turn, inspire others to gratitude. There is so much to be thankful for in Grey Bruce: beautiful natural surroundings, a lively arts and culture scene, a great network of institutions and festivals, the benefits of being in the centre of food/agricultural production, an active lifestyle with access to sports and exercise – all in all, a very rich life for people of all ages. Coming away from the Seniors' Summit, one had a great sense of the power of community and the strength in collaboration and partnerships. The Summit inspired gratitude for the committed people and agencies in Grey Bruce that are actively working on projects that foster caring for people at all stages of life.

Community vitality depends on working together and looking after each other. As an endowment builder and grant-maker, Community Foundation Grey Bruce is here to help. In the coming season of giving, remember your community and consider a donation to support a great cause at www.communityfoundationgreybruce.com. ■

QUAYSIDE CHRONICLES

Paul Thomas



What an amazing brave new world we are living in. I'm reminded of Shakespeare's *Twelfth Night* and the oft-quoted line, "if music be the food of love, play on..." We gorge on over abundance. Our visions of consumption are limited only by the time we allow ourselves to Google our way to fulfillment. My memory of our paternal grandfather proclaiming, "there's none so blind as those who will not see" plays on repeat these days as I witness the imbalance in this brave new world. I watch Greta with mixed emotions – both anger and elation. The brakes and the gas pedals are both pressed down to the max. Hurry up and slow down. Call a time out. Strategize priorities.

In light of my reflections on pretty much all things culinary as they relate to our earthly time, I am again searching for meaning through what we eat. In this context of food, we know that many of the world's religions use fasting as a means to regain clarity of purpose. Following the fast is usually a feast of spiritual and nutritional gratitude. Let's go to that place, to a feast of gratitude. Let's use food as the catalyst to regain a sense of purposefulness and mindfulness in the kitchen, our homes and our hearts. Use any occasion you can muster to invite friends and family for a special meal. Create a menu with vital links to your past or your present that pull on the heartstrings. Let it conjure up a cacophony of symbolism in the colours and textures, shapes and tastes of the ingredients you choose. Let them be as local as possible. Make an effort to know the source. And then let the fun begin. Remember, it's the intent, not the outcome, that's critical here.

A truly appreciated meal includes three key elements: respect, focus and intention. Respect is taking nothing for granted and treating everything with care. Focus implies paying full attention; nothing is by rote. Everything deserves to be done as if it were your first time. And intention is your willingness to give it your all. Not that you intend to poison anyone, but if your intentions are honourable, the outcome speaks for itself. Remember *Babette's Feast*? What a perfect example of a meal created out of pure and humble devotion. It was a meal that affirmed Babette's affection for her saviours, while at the same time it challenged them. The story illustrated the ability of a meal to unify, to heal and even to provoke.

In our community we have several families who have newly immigrated to Canada and now call the Owen Sound area home. Recently we had the privilege of hosting a couple from Iraq for an evening of jubilation and gustatory celebration. Meena Al jaafari and her husband Montazar Al kefaae (Meena and Monty) held their own, speaking excellent English as they cooked, entertained and informed guests of their plight, their story and of just how challenged their lives in Iraq had become. Many of us live lives of choices, an infinite luxury of choices. Others, like Meena and Monty, have come to Canada to carve out a new life, make new choices and move forward from a past of tests and difficulties. With the instrumental music of Iraq's Naseer Shamma quietly serenading us in the background, folks dined on a parade of made-from-scratch beverages, appetizers, soup, entrees and desserts filled with the respect, focus and a level of intention not often witnessed in the kitchen.


Did I mention the taste? Remarkable. Watching Meena work her

way through a stranger's kitchen and create such delicious food in a calm and systematic way was delightful. Her memory of working with her elders in her early years served as her spiritual guide and motivation as each dish took on its own resilience and authenticity. With every stir of a pot her smile radiated her true compassion for creating memories through sharing food. We have so much to learn if we are willing to see into the hearts of those whose lives cross our path.

So let's culminate this experience of mindfulness in the kitchen and this notion of "we are how we cook" as our opportunity to tune in to our brave new world head on, pedal to the metal, with gusto. A simple and delicious "amuse bouche" was a drink Meena served as a kind of palette cleanser. Yogurt, lots of fresh mint, fresh squeezed lemon juice and ice. Into the Vitamix and voila, refreshing and delicious. Other dishes of a masala lamb, curried chicken and dilled vermicelli sparked a symphony of delightful tastes. When ingredients or supplies weren't obvious, Meena smiled, modified and moved forward. She made do. And what lies at the heart of making do, especially in a new environment, is realizing that in the end, "things" – our "crutches" – will never make us truly happy. Sure they are an inevitable part of life, but in the end they are just things.

So let's clear the path. Let's highlight an undeniable truth: the stuff of life isn't stuff at all. It's the inside of the cookie that counts. Is that why I choose to believe the essence of community starts in a kitchen? You betcha. We are what we eat and more importantly we are how we cook. Now isn't that something to unite our hearts in this brave new world? So yes, let's "play on" dear people. We've only just begun.

"A circle is round, it has no end...that's how long I will be your friend." This refrain is from a little ditty we sang years ago in Holland as a means of uniting our Canadian and Dutch family cultures. Its purpose here is to offer my heartfelt thanks for coming along on our journey within these MOSAIC pages over the years. Karin and I are off on a new adventure. Heading east, to a place where we'll lick the salt air from our lips as eagles soar overhead. It's a new beginning and it's a perfect way to wrap up an ending to an amazing 30-year stint "on the front burner". *Hartelijk Dank, Eet smakelijk!*

Meena has a degree in Microbiology as well as being an excellent cook and Monty is an IT and computer wizard. They are anxious to meet new people and offer their services as best they can. See their ad below for TOUCHZILLA. 

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With My Back to the World

BY SALLY COOPER

and

In Search of the Perfect Singing Flamingo BY CLAIRE TACON

Two authors will be reading from and discussing their new books at The Ginger Press at 7:00pm on Friday November 22. In *With My Back to the World*, a selection of interconnected stories, author Sally Cooper explores motherhood, creativity, race and love through the lens of a day in the life of each of these three women – Rudie in Hamilton in 2010, Agnes in New Mexico in 1974 and Ellen near Muskoka in 1870 – women separated by decades yet linked in ways they will never know. *In Search of the Perfect Singing Flamingo* by Claire Tacon is a story about regret, siblinghood, parenthood, fertility, nostalgia and disappointment, which is perhaps just a long way of saying, it's a story about a family. Both books explore complicated lives in evocative and introspective ways.

Autographed copies of *With My Back to the World* (\$22) and *In Search of the Perfect Singing Flamingo* (\$20) can be reserved at 376-4233 if you are unable to attend. 




Local Fashion

Brenda McLister

Clothing and other textile products are plentiful and inexpensive due to mechanization and globalization. Concerns about the environmental and social costs of fast fashion, however, are leading people to make more of their textile choices based on values. Worried about microfibre pollution of the water from synthetic fabrics? Use more natural fibres. Want to support local agriculture? Use more locally raised wool and other locally raised fibres. Express your own sense of style with one-of-a-kind pieces. Learn the skills to make them yourself.

This fall, members of the Pottawatomi Spinners and Weavers Guild are participating in SpinON, a 4-day marathon for spinners who compete to spin as much yarn as they can during the event. The purpose of SpinON is to promote the craft of hand spinning, and to encourage the use of locally raised wool and other locally sourced fibre. Some of our SpinON contestants will be spinning at the Owen Sound and North Grey Union Public Library on Saturday November 2 from 10:00am to 3:00pm. See demonstrations of hand spinning. Learn how you can spin your own yarn using a spindle. We will be giving away free spindles made from recycled CDs.

We will be returning to the Library the following weekend for the Pottawatomi Spinners and Weavers Guild annual show and sale. Find us in the Auditorium on Friday November 8 from 1:00pm to 5:00pm, and on Saturday November 9 from 10:00am to 4:00pm. See demonstrations of spinning, weaving, and felting, and try your hand at these activities. Stock up on locally raised wool, mohair, and alpaca, supplies for spinning and felting, and hand spun yarn for your knitting and crocheting projects. Those who are looking for finished items will find a large selection of one-of-a-kind ornaments, toys, mittens, hats, wraps and shawls, rugs, tea towels, clothing, table linens, and more, all hand made by our Guild members. Admission is free. 

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Nov 19: **Petal Furness,**
One Small Voice

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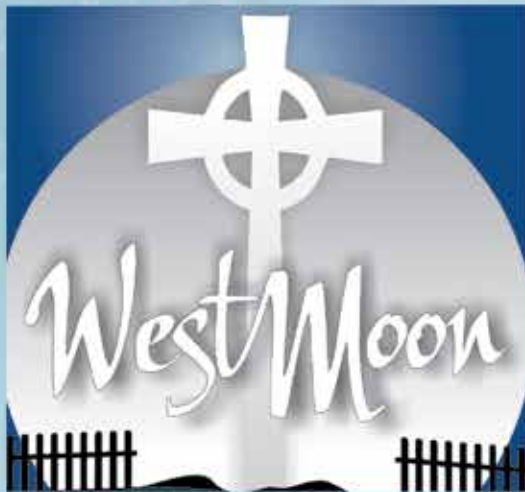
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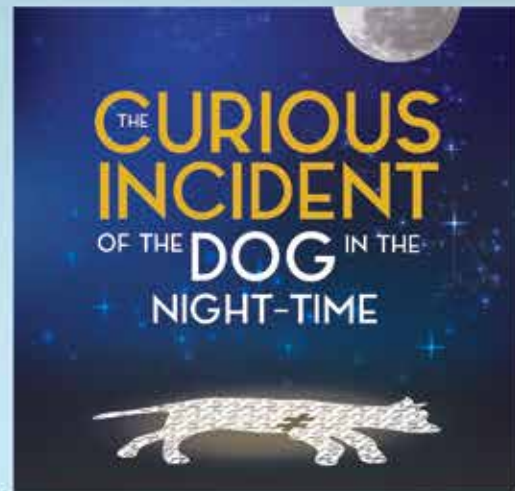
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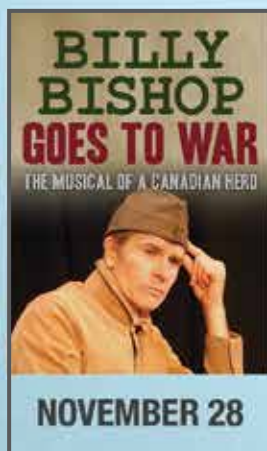


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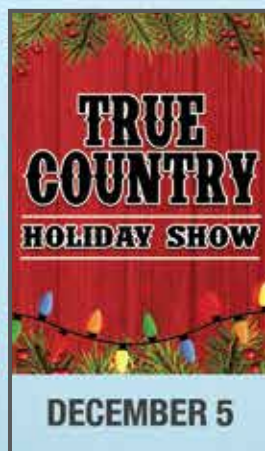
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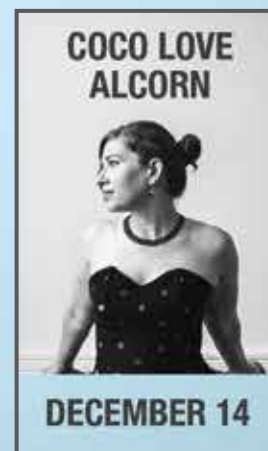
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NOVEMBER 28



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