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# whose life is it anyway?

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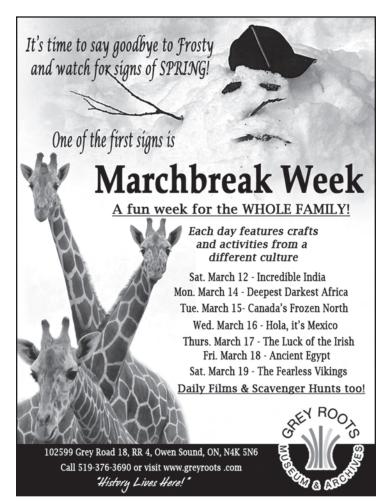
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#### OSAIG Arts, Entertainment & Lifestyle

March 2016 Vol. 23 No. 6 **MOSAIC** 

A composition created by inlaying various pieces to form one picture.

Established in 1993, MOSAIC is the only publication in Grey-Bruce dedicated 100% to encouraging and supporting all the local arts and entertainment.

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MOSAIC is available in the places where people gather from Tobermory to Kincardine to Collingwood and everywhere in between. Current and back issues are also available at www.greybrucemosaic.ca.

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The views expressed by the contributors are not necessarily those of the publisher or editor of MOSAIC

# From My Desk

elcome back! As we approach the end of winter and welcome new beginnings, I have been reflecting on a remarkable weekend in downtown Owen Sound. The coldest two nights of this year found 1,100 keeners participating in sold-out events a block apart. There wasn't a ticket to be had at the historic Roxy Theatre's final two performances of To Kill a Mockingbird performed exquisitely by the Owen Sound Little Theatre. There also wasn't a ticket to be had for Lupercalia's amazing concerts featuring the Junoawarded Sadies on Friday and the Juno-nominated Souljazz Orchestra on Saturday at the incredible Heartwood Hall.

Let's do the math: Even if we lowball the average price at \$25, that's \$27,500 in ticket sales. And if we under-estimate that only 25% of attendees had dinner out beforehand at \$20/person, that's another \$5,500, totalling at least \$33,000 invested in cultural and culinary experiences around the Sound.

And, when I attended the Grey County Warden's Breakfast last week, I'm pretty sure I heard the new Grey County Chief Administrative Officer Kim Wingrove say something like: "If we want to keep our young people here in Grey County, we have to support and invest in the businesses that are already committed to this community." Now that's the kind of economic development we need. Things are happening right here. Because, 2016. Right?

Maryann

## Counting Our Birds

The 45th Annual Owen Sound Christmas Bird Count was held on Saturday, December 20, 2015. Twenty-nine observers in 9 groups recorded 6320 birds of 46 species, the lowest number of species observed since 1986, with the average for the last decade being 58. The total number of individual birds was only down slightly.

Ducks were the marquee performers this year, in part because standing water was still open after a very mild fall. Four canvasback ducks were the most unusual sighting, recorded only once before in 1991. There were also count highs for ring-necked ducks (4) and hooded mergansers (31). Other sightings of note include: 1 northern harrier, recorded on only 10 of our 45 counts; 17 mute swans (first recorded in 2005, the number of swans wintering in Grey and Bruce continues to rise); and 133 wild turkeys (first recorded in 1999, the numbers peaked in 2009 at 340 and have, over the last five years, stabilized at about 140). Overall finch numbers were quite low, with no redpolls or siskins being observed. Another notable miss were the waxwings – recorded 27 times in the last 30 years.

Compiler Freeman Boyd is a member of the Owen Sound Field Naturalists.

## **Calling all Creative Writers and Musicians!**

e just finished our first Creative Writing course at Georgian College and, with so much creative work being produced, our students want to perform. The Ginger Press has graciously agreed to host a Coffee House on Thursday, March 17 from 7pm – 9pm for everyone interested in performing a written piece or playing some music. There will be readings from different genres and formats, and we're hoping people come join us to share their work in a relaxed atmosphere. This event is in conjunction with the new Georgian College arts newsletter, the OSCAR, which began in October and showcases student artwork, photography, poetry, creative fiction and reviews. Copies will be available for free at the event, so come on by and grab one and, while you're there, get up and do a reading or play some music. Or just come by to listen to the creative works that are being produced in this area. A sign-up sheet will be available at 7pm for anyone interested in performing. **M** 

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# **AT THE ROXY**

## Whose Life Is It Anyway?

Maria Canton

This funny, smart and uplifting tribute to life has enjoyed success on stages around the world and as a feature film. In April, the Owen Sound Little Theatre production of Whose Life Is It Anyway? will be featured on the Roxy stage. Directed by Shirley Holmes (The Odd Couple), the play centres around a witty and artistic woman who wishes to regain some control over her life after a devastating accident leaves her paralyzed. Claire Harrison, played by OSLT veteran Corry Lapointe, simply wants the right to accept or refuse treatment, even if refusal leads to death.

Written by Brian Clark, the play is very much about freedom; the freedom of choice. It also examines the role of the medical profession in such cases: What does it mean to be a medical professional in such instances? How does that professional cope? Medical Director Dr. Emerson, played by Bill Murphy, conflicts with his subordinate Dr. Scott, played by Jamie Smith, on how to approach and care for Claire. For her part, Claire attempts to gain control of her future by hiring a lawyer (played by Sheilah Spurr) who takes her case to the courts to be heard by a judge (Katherine Bell).

The strong cast is rounded out by Donna Henry as a well-meaning social worker, a court secretary played by Valerie Underwood, and a supervising nurse played by Catherine Tilley, who is training a young student nurse, played by Jennifer



Mackinnon. Tim Engel plays a young orderly who finds himself very attracted to the student nurse, adding love and laughter to the mix.

Whose Life Is It Anyway? explores one of the most complex and engaging issues of our time in a balanced, humorous and open-minded way. Please note it is mature subject matter with some coarse language. It is playing at The Roxy Theatre from April 7-9 and 13-16. Visit roxytheatre.ca for more details. **\Omega** 

## **SOUTHAMPTON ARTS**

April Patry

The Southampton Art School has been holding classes in the historic yellow brick building in the heART of Southampton since 1957. In 2016 the Art School offers adult and teen classes from May through to October, and children's summer classes are held in Southampton's G C Huston Public School in July and August. Classes are small, ensuring that students get more one-on-one instruction. This unique and friendly atmosphere keeps students and instructors coming back year after year with a variety of classes to suit every skill level and artistic medium, from beginner, intermediate or advanced painting classes for the would-be artist, to beadwork, drawing, sculpture and more for those who want to try something new. Classes can be viewed at

www.southamptonartschool.com or you can pick up a catalogue throughout Saugeen Shores, or at the Southampton Arts Centre at 201 High Street.

The Southampton Art School will be celebrating its 60th year in 2017. To commemorate this event we are looking for artists to submit artwork that represents what "60 years of Art in Southampton" means to them. The winning submission(s) will be on the cover of our 2017 Catalogue of Classes and/or on our 60th Anniversary poster. Please see our website for more information or contact Darlene McConnachie, the Art School Director, at artschoolsouthampton@gmail.com. Find your creative side at the Southampton Art School! **M** 

## 12th Annual Short Story Contest

Nancy Fisher

ritries are now being accepted for the annual Alice Munro Festival of the Short Story writing competition which offers \$2,000 in cash prizes in the adult and student categories. First place in the adult competition will be awarded \$1,500 with two runners-up prizes of \$250 each. New to this year's competition is a \$500 prize sponsored by the Arts & Letters Club of Toronto to be awarded to an emerging Toronto-based writer between the ages of 20-30. Prizes in the youth competition for writers aged 13-18 include \$500 for first place and \$250 each for two runners-up.

The 12th annual short story competition for emerging writers provides an opportunity for Canadian writers to explore the short story, a literary art form made popular by 2013 Nobel laureate Alice Munro. Submissions for the competition are now open and are being accepted until April 1, 2016. Entry fee is \$25 per entry for adults and

\$10 per entry for youth. Entries must be an original Canadian work of up to 2,500 words in the English language, fiction, written by an author not yet published in book format. Winners will be announced at the Jubilee Gala on June 4, 2016.

The Alice Munro Festival of the Short Story is an annual four-day festival that takes place in Wingham, ON, June 2-5. The festival features workshops, readings, and on-stage presentations by internationally renowned Canadian authors. Confirmed authors attending this year's festival include Elizabeth Hay, Sheila Heti, Mariko Tamaki, Shawn Syms, Samuel Archibald, Merilyn Simonds, Lynn Coady and Robert Thacker.

For more information about the festival and full competition guidelines, visit www.alicemunrofestival.ca or email contest@ alicemunrofestival.ca.  $\mathbf{\Omega}$ 

## reaming of the Stars

Zoë Kessler

Pleiades, dazzling Capella or brilliant Sirius, without wasting thick blanket of snow covers the earth; and we gardeners dream and plan for the season ahead. We dream of time locating them before the clouds snap shut again. plants. In Grey-Bruce, we astronomers dream too. Our

Perhaps local astronomers are the most tenacious on earth, given the many missed opportunities for stargazing due to overcast skies or poor "seeing" – but that's no excuse to be idle. Like planning a garden, the long, dreary winter is the perfect time to bone up on your astronomy knowledge; to study, plan, and dream of the summer skies ahead.

dreams lie not below, but above – high above – the thick blanket

of clouds that covers the winter sky. We dream of stars.

If you're a beginner, grab a copy of Nightwatch, by famed Canadian astronomer Terence Dickinson and study the winter constellations. Learn the directions where you live, so when that rare clear sky or "sucker hole" appears, you can grab a coat, a hat and binoculars, and run out onto the deck to gaze at Orion, the

Study the latest SkyNews Magazine. The January/February issue lists the top 10 sky sights for the year and reading about them will give you a better understanding of what's coming up so that when the event arrives, you'll be able to make the most of it (clear skies allowing), including knowing when, where, and how (with what equipment and what company) you can best

Mark your calendar. Make plans. Book a B&B or campsite near a Dark Sky preserve and, like any good gardener, hit the ground running when the opportune weather arrives. And don't forget to check our Bluewater Astronomical Society online events calendar (www.bluewaterastronomy.com). We've got public viewing dates or join the club and come camping with us on our special BAS weekends. Sweet starry dreams everyone! **M** 

## David Newland brings the Northwest Passage to **Heartwood Hall**

Doug Cleverley

**7** hen David Newland was growing up along the shore of Georgian Bay, he never thought he'd wind up making three trips to the Northwest Passage through the Canadian Arctic. And he never thought he'd one day return as a Fellow of the Royal Canadian Geographical Society. But the host, songwriter and lead vocalist of "The Northwest Passage in Story and Song" credits his childhood for starting him: "I remember reading Farley Mowat at school, then coming home and trying to build a log cabin," says Newland.

He learned to drive boats on Georgian Bay at a young age and gained a love for the Canadian outdoors that remains his greatest passion. Today Newland channels that passion into the show,

which combines photos, video, spoken word and songs based on his Arctic journeys with Adventure Canada, an expedition cruise company. Newland's role with Adventure Canada includes driving Zodiacs, hosting and performing on expedition cruises to the fabled Northwest Passage, as well as Labrador, Sable Island, Greenland and other remote destinations.

Newland returns to Georgian Bay for a series of engagements including March 10 at Heartwood Hall in Owen Sound (contact 519-270-5382 or dlcleverley@gmail.com for more information) and March 11 at Simcoe Street Theatre in Collingwood (contact Liz Scott at 519-477-0077 or lizscott555@gmail.com for more information). M

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Antiquarian Booksellers' Association of Canada

## Walk Light and Strong

#### Sandra J. Howe







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## THE PHOTO

by Ted Shaw (assisted by Grey Bruce Archives)

any years ago I wandered through a Flea Market and, for a few cents, I picked up some early studio photographs of people. Most were portraits with some groups. By rough count there are about a hundred. Black and white. Some with a light sepia tone. Who they are I do not know. Of course! Sometimes there is the name of a studio where the photo was taken. This is loud and clear. The size of the photographs is about six inches by four. They are mounted on stiff card, often with artistic imagery upon the back.

Obviously the "in thing" was go to the studio for your photograph. Thus we have, for instance, "G. CHURCHILL, PHOTOGRAPHER TO HER MAJESTY THE QUEEN, AND MOST OF THE IMPERIAL FAMILIES OF EUROPE", along with a Royal Coat of Arms: EASTBOURNE. And, hand-written in ink, there is a date: 1883.

Another photograph reads: "BOSTON ART GALLERY, FRANKLIN ST. JOHNSTOWN, PA. ARTIST PHOTOGRAPHERS, INSTANTANEOUS PROCESS USED EXCLUSIVELY. DUPLICATES CAN BE MADE. PROCURED AT ANY TIME."

And so we go, on and on. Here is one from Toronto. One is from Chesley, another from Chicago. Lo and behold, there is one from Owen Sound. A border below the photograph reads: GEO. HOLMES 116 POULETT STREET OWEN SOUND, with a symbolic artist's palette, holding several brushes. There is a handwritten ink signature, Bar-something; it is hard to interpret. And on the back, interwoven initials GH and "GROUND FLOOR STUDIO. NEGATIVES KEPT. COPIES OR ENLARGEMENTS CAN BE HAD AT ANY TIME" along with an artist's rendition of a lady sitting upon tree trunk in an ivy-strewn patio. A delightful cherub is



taking a photo with a large box camera upon a tripod. The George Holmes Studio operated from 1879 to 1907. And Poulette Street became 2nd Avenue East about 1907.

#### 25 YEARS of Kincardine Summer Music Festival

D. Schnarr

SMF celebrates 25 years with an expanded Concert Season beginning in April and running through to December. Explore diverse musical traditions and experience engaging performances by remarkable, award-winning musicians starting with London jazz and classical vocalist **Sonja Gustafson** and her quartet on Saturday April

16 at 8:00pm at the Best Western Governor's Inn, 791 Durham Street in Kincardine. For dinner reservations, call (519) 396-8242.

Gustafson's ability to do justice to music has won Jack Richardson Music Awards for both her classical and jazz singing. She's been centre stage in operas and is at home on a club stage, working with London's top jazz musicians. Tickets (\$25) are available at Jerome Flowers and Kincardine Scottish Shop, Kincardine; Ralph's Hi-Way Shopette, Port Elgin; online at TicketScene and at the door. Visit www.ksmf.ca for updates and information and to register for August 7 – 12 daily music classes or contact info@ksmf.ca or (519) 396-9716. **\Omega** 

## THORNBURY JAZZWORKS CONCERTS

Anthony Bauer

fter a number of successful performances last year, Jazz at the Library will continue with another series of outstanding Jazz Concerts this spring presented by Thornbury Jazzworks, a non-profit community group dedicated to encourage excellence in musical performance of notable works, provide opportunities for area musicians to exhibit their talents and is financially support music education for students in our schools.

The March event will feature **Russ Little**, trombonist extraordinaire, giving us his interpretation of Swinging with Count Basie. He was a member of the famous Count Basie Orchestra and appeared with Woody Herman, Rob McConnell's Boss Brass and the Lighthouse band. Russ is accompanied by **Andy Harasynczuk** on guitar, **Jack McFadden** on double bass and **Ted Warren** on drums.

This concert takes place on Friday March 18, 2016, 7:30 pm at L.E. Shore Memorial Library, 173 Bruce Street South in Thornbury. Tickets (\$20, Students \$5) are available in Thornbury at Pharmasave and Studio 16, in Meaford at Stuff to Read and in Collingwood at Blue Mountain Music.

Stay tuned for details of the following concerts: April 22 – Dean Hollin: An Evening with Nat King Cole; May 27 – Matao Trio with Mary-Catherine Pazzano: Antonio Carlos Jobim; and June 24 – Wayne McGrath Ensemble: History of Jazz. **1** 



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#### **PROFILE:**

## Rabbit Dash Coffee House

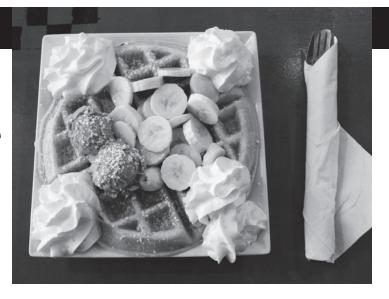
Sandra J. Howe

Step out of the cold and into the welcoming warmth of Rabbit Dash Coffee House at 688 Goderich Street in Port Elgin. The smell of fresh espresso and baked goods wafts in the air. Staff and customers are relaxed and friendly. Gourmet beverages are made to order by smiling baristas. Tables are painted with built-in checkerboards. The walls are adorned with local artists' fine work. Life is good!

Jon Hepplewhite says, "I am the third owner of this cafe. I came here as a teen skipping school, and loved the place. There were management changes, and it looked like it might close. We have such a strong community here that I wanted to keep it going so I took it over. We serve really high-quality and ethical products, and connect powerfully with people. We love what we do!"

Jon and his fun-loving, artsy staff offer great customer service, often calling loyal patrons by name. It feels like community is happening here. I order a Chunky Monkey Waffle, complete with banana, peanut butter, whipped cream and chocolate. Heavenly! Waffles are served from 7am to 3pm and feature great names such as Saucy Rabbit, Lumberjack, and Salted Caramel. The homemade daily soup and salad taste wonderful too, and use fresh, seasonal ingredients. For a sweet fix, don't miss the Nanaimo bars.

Rabbit Dash also sells certified, fair-trade, organic coffees and high-quality loose leaf teas in bulk. The jars and dispensers add the flavour of an old-time general store. A variety of espresso makers, coffee grinders, silk-screened t-shirts, artwork, and mouth-watering



chocolate are also on display. So come in, savour a fancy latte, play checkers, take a coffee break at Rabbit Dash Coffee House (www.rabbitdash.ca). You deserve it!

#### Regular Waffle Batter

2 eggs
2 cups flour
1-3/4 cups milk
1/2 cup vegetable oil
1 Tbsp sugar
4 tsp baking powder
1/4 tsp salt
1/2 tsp vanilla extract



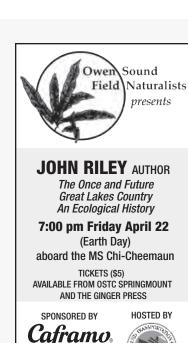
Beat eggs in a large bowl with hand beater until fluffy. Stir in all other ingredients until just smooth, no lumps. Pour into waffle maker and cook until golden brown. Top with all your favourite toppings: fruit, yogurt, syrup, marmalade, chocolate syrup, peanut butter, whipped cream... Make it your own yummy creation!

## Women's Day Breakfast

The Women's Centre Grey & Bruce invites you to their Annual Breakfast to celebrate International Women's Day at 7:30am on Tuesday March 8 at the Best Western, 1800 2nd Avenue East in Owen Owen Sound. The keynote speaker is **Dr Dawn Lavell Harvard**, President of the Native Women's Association of Canada, who will speak on Truth and Reconciliation. She is a proud member of the Wikwemikong First Nation, the first Aboriginal Trudeau Scholar and has worked to advance the rights of Aboriginal women as the President of the Ontario Native Women's Association for 11 years. Co-author of *Mothers of the Nations*, Dawn has been working toward the empowerment of Aboriginal women and their families since 1994.

For more information and to register (\$20 or \$10/youth or student) contact info@thewomenscentre or www.thewomenscentre.org or (519) 376-0755 ext 103. Pre-registration is recommended as the event usually sells out. **\Omega** 





www.osfn.ca

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## Nokomis: Grandmother Drum for M'Wikwedong Louise Jarvis

fter hearing the stories brought to light by the Truth and Reconciliation Commission and attending Wasa-Nabin at the Harmony Centre last year, I felt it was a good time for our community choir, OSSIA, to acknowledge and honour First Nations people through song and drum, in a concert in Owen Sound. The concert, called Earth Tones, will be held at St. Andrew's Presbyterian Church on Saturday April 16, 7:30 pm, and Sunday April 17, at 3 pm. Admission will be by donation. The proceeds from the concert will go to build a Grandmother Drum for the M'Wikwedong Native Cultural Centre.

Within many First Nations, the drum

represents the heartbeat of the people and mother earth. It provides a place to for people to come together in community, to sing, to share the teachings, and to pass them on to each generation. Mishomis/ Grandfather Drum, and Nokomis/Grandmother Drum, bring balance and oneness to men, women and families on the mental, emotional, physical and spiritual levels.

The idea to build this new drum came from the heart of elder, Shirley John, who is a source of wisdom for the community. We will come together in a community social, to build the drum.

Drum circles, led by Mara Bouman and Tanya Coulter, are held every Wednesday at 4:00 at M'Wikwedong, and are open to

the whole community. Both Indigenous and non-Indigenous peoples are welcome. All ages participate in drum circles, from babies to grandmothers. Eight year old Lindsay told me that the drum is calming and it relaxes her. In a drum circle I attended, an eight year old boy drummed steadily with exceptional control and focus, while a tiny baby slept blissfully as her mother and grandmother drummed.

For more information about OSSIA, and the programs offered by M'Wikwedong, the websites are: www.ossiachoir.com and www.mwikwedong.com.

OSSIA Director Louise Jarvis is the recipient of the 2016 Owen Sound Cultural Award for Cultural Catalyst.

## Tree Awakening

Stephen Hogbin

The extraordinary tree in winter silently sleeps. Quietly it rests and waits. When the warming sun strikes the dark bark surrounding the tiniest twig to solid trunk, the thawed sap calls to the roots. Before any visible signs of life, roots beneath the frozen ground draw water up in the finest vapours to meet the sun. The frozen cambium layer just beneath the bark thaws and the osmosis action starts. Sap flows intermittently, needing the warm sun of the day and cool of the nights. After the maple sap is harvested, spring arrives and everything is alive.

2016 is the year to think more deeply and acknowledge the importance of trees in our culture and agriculture. This is a time to understand our extraordinary trees through 25 different local events. Soon the Emerald ash borer will take down a third of the forest cover and the magnificent ash trees in our towns and cities. So what is left needs special appreciation.

The sap is rising at the Owen Sound Artists' Co-op now on the main street with **The Tree Show** exhibition. The artists' reception takes place on the Vernal Equinox, Sunday March 20. How many ways do we see the tree? Details at www.artistscoop.ca.

The sap will rise for sure in the 7th Annual Kemble Maple Syrup Tour on April 9. Experience the unique methods of maple syrup production - from small-scale to commercial - used to make some of Canada's finest maple syrup. Enjoy an amazing maple-themed meal, discover the work of local artisans and cap off the day with a rollicking evening of dancing! How many ways do we taste the tree? Details at www.kemblemapletour.com.

During 2016 as the sap flows and leaves appear there will be many more celebrations of the value of trees in our region. The Extraordinary Tree Project will embrace the tree with events from history, science, art and education. Details at www.extraordinarytree.com.

## INTO THE OPEN Jonathon Farmer

**VIOLENCE PREVENTION GREY BRUCE** 



rt helps people express what they otherwise struggle to put into words. Few issues are more highly stigmatized than sexual violence and, on April 9, a free arts workshop at the Harmony Centre in Owen Sound will try to change that. Violence Prevention Grey Bruce is inviting artists, sexual violence survivors and all members of the community to create dance, music, poetry, and visual art pieces that will bring sexual violence out of the silent shadows. Discussing sexual violence is difficult but conversations and education are the first steps to change. Everyone interested in breaking down stigma is eligible for the workshop and youth under the age of 29 are especially encouraged. Registration is first come first served. Materials and lunch will be provided. See www.violencepreventiongreybruce.com/events for more information. n

Life Financial

**David Huntley** 

Advisor

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# 2016 OWEN SOUND Cultural Awards

Doug Cleverley

early 200 artists, musicians, writers, supporters, and fans gathered to "show their love for culture" at the 7th Annual Owen Sound Cultural Awards Ceremony on Valentine's Day. Over the afternoon eight awards were handed out to celebrate excellence and achievement in Owen Sound and area's arts, culture, and heritage.

Highlights included a **Lifetime Achievement Award for Alfie Fromager**, the man who gave Canadian music legend Stompin' Tom Connors his first live TV appearance on the show Make Mine Country on CKVR-TV in Barrie. A musical legend in his own right, Alfie accepted the award with his usual humility and charm.

The only award with a cash prize included, Emerging Artist, was given to multi-instrumentalist and bandleader **Nolan Murphy**. Nolan is deputy bandmaster and assistant conductor with the City Band; he has led the City Band brass quintet, played in the pit band for "Brigadoon" at the Roxy Theatre, conducts the St. George's Anglican Church ensemble and is active with the Georgian Sound Big Band in Collingwood.

Two Cultural Heritage Awards were presented: to researcher/writer **George Auer** for his book *Soldiers of the Soil: Grey County goes to War 1914 - 1918*; and to **Harmony Centre** Owen Sound for its successful



preservation and re-purposing of the former Knox United Church.

Other recipients included the **Owen Sound Artists' Co-op** (Outstanding Group), actor and long-time Little Theatre member **Bill Murphy** (Outstanding Individual), choir director **Louise Jarvis** (Cultural Catalyst), and **Pratie Oaten Irish Festival** at Grey Roots (Outstanding Event). The City of Owen Sound thanks sponsors The Alliance Lawyers, Investors Group, Mix 106.5, and the Owen Sound Sun Times for their support of the 2016 Cultural Awards.

For a complete list of award nominees and recipients please visit www.owensound.ca/cultural-awards. Nominations for the 2017 Cultural Awards will open in September 2016. Watch MOSAIC for an announcement, then show your love for culture by nominating that special someone whose dedication and talent deserve community recognition.  $\mathbf{M}$ 

#### **NEW BOOK:**

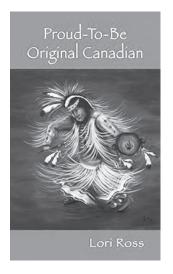
## Proud-to-be Original Canadian

By Lori Ross

Proud-to-be Original Canadian written and self-published by Lori Ross is an easy-to-read primer that celebrates the culture and heritage of Canada's original peoples: First Nations, Inuit and Metis. Released last December, the official book launch will be 7:00pm, Tuesday, March 29 at The Ginger Press in Owen Sound. Mohawk Elder and renowned environmentalist Danny Beaton from Six Nations will give a talk on "Native People: A Culture of Ceremonies" as well as a concert on his traditional flute at the launch. Admission is free and everyone is welcome. To reserve copies of Proud-to-be Original Canadian (\$14.95) phone 376-4233.

Ross wrote the book after she and her family spent ten years as members of M'Wikwedong Native Culture Resource Centre participating in various programs and attending ceremonies. She then spent another two years interviewing Aboriginal peoples and compiled their collective experiences and teachings into this book. Bob Rice, of Wasauksing First Nation, volunteered his time to oversee the book as a cross-cultural advisor. Local artist Elaine Doy's painting "Pow Wow Dancer" is featured on the cover.

Visit www.proudtobebooks.com for more information.  $\mathbf{\Omega}$ 



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## UPDATE: at the Owen Sound Artists' Co-operative

by Morag Budgeon\_

Then last I wrote, The Owen Sound Artists' Co-op had just signed the lease to move our fine establishment from the historic Chicago Building on 10th Street East, to the historic McKay Building on 2nd Avenue East. After an extremely busy festive season, we closed the doors on New Year's Eve and said goodbye to 15 wonderful years. A flurry of activity ensued and, on January 11, we opened the doors of the Artists' Co-op at our new location.

We demonstrated the meaning of co-operative in those 11 days, and continue to embody our name as we move forward. With the help of our clever new landlord, Jeff Mundle, our members have created a magical and creative space. To this inspired mix, we welcome Birgit's Pastry Café. Birgit's delicious baked treats, light lunches and refreshments have elevated the Artists' Co-op experience.

Our official opening in early February was an extraordinary event. Over 250 people filled our space with palpable enthusiasm. Both the past and the future of the McKay Building and the Artists' Co-op were respected and celebrated. It was not really a store opening, but an enormous show of community support. You love us! You really love us! Next up...workshops in the mezzanine loft. Look for them this summer.

I often write about the importance of our downtown community. I passionately challenge all the lamentations I hear about the closing of stores and empty buildings with highlights of all the brilliant things going on. I have never been more proud of my downtown and the partnerships being formed within the business community.

After several successful 1st Friday events, ideas for more neighbourhood celebrations are being brought forward from different

groups and individuals. These ideas are current and on-trend thinking, coming from the hearts of highly action-oriented folks. The scope of music, literature, art and crafts, culinary fare and the fun times associated with them, are proving that our cultural

community is one to be celebrated and supported. Thank you to all the people taking the time and energy to do this. I am feeling supremely confident that 2016 is going to be a very memorable year.

In the Co-op's new larger space, we are able to continue with our Legacy Gallery. Every month a new show will be featured; I am thrilled to say it is rented all but one month this year already. Our first exhibit will be The Tree Show featuring all things tree during the month of March. In association with The Extraordinary Tree Project this exhibition showcases selected artists from Grey and Bruce whose work involves or reflects a relationship with trees. The works from these emerging artists to master craftsmen are as diverse as their makers. Although many of the Artists' Co-op members also focus on trees, this exhibition brings in others not usually represented in the Co-op. On Sunday March 20, the vernal equinox, come and meet the artists from 2 - 4. Celebrate spring and the rising sap!

The Owen Sound Artists' Co-op is open Monday to Saturday 9:30 to 1:30; Birgit's Pastry Café is open Tuesday to Saturday 9:30 to 4:00; both are located at 942 2nd Avenue East or check out www.artistscoop.ca. n



## HARD TIMES by Rob Rolfe

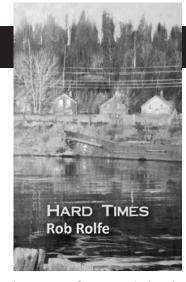
reviewed by Terry Burns

"t's not uncommon to be told that the best way to read a book of poetry is slowly, perhaps three or four poems at a time, so that you can take some time to let the complexities of theme and syntax settle in before you embark on more. There is some merit to this recommendation, when reading poetry which is allusive and enigmatic and takes liberties with the conventions of language.

There is some poetry, however, for which the opposite is true. Such is the work of Rob Rolfe, who has recently published his fourth volume with Quattro Books, this time under their Aeolus House imprint. In Hard Times, Rolfe remains true to his ongoing preoccupations with marginalized people trying to sew threads of dignity and pleasure into lives filled with poverty, toil and bigotry. Also in the book are word images

that capture childhood nostalgia, as well as the thin beauty of waste places and humanmade structures reverting back to nature.

To read Hard Times all in one go is to make your way through the poems as if you were walking the rail spur line of the 14-part "Daylilies," taking note of special details here and there but also absorbing the effect of the whole experience. You find yourself snatching poetic moments that gleam like the raspberries sagging under/the round orbs/ of ripening/yellow apples. Though the times in which these poems take place vary from the 1800s and early 1900s to the 1950s and modern day, and the locations shift from Owen Sound to London (Ontario), Montreal, Guatemala, South Korea and Florida, you have the sense of commonalities which span differences in era, language and culture.



And vice versa, there are intimations of larger themes even in the sharply observed small details of specific situations. All this is conveyed in pared down, accessible language that captures the essence of the scenes, events, or stories.

An attractive volume augmented by Patti Waterfield's warm, evocative cover art, Hard Times is an immersive collection of minimal, deeply felt poetry. It is available in Owen Sound through the Ginger Press for \$18.00. **M** 



istorically, there are many plants associated with spring rituals, both magical and religious. Vervain is a sacred herb that supposedly ensured wealth, love, and protection, and is said to have been used to stem the flow of Christ's crucifixion wounds. Broom was burned indoors to ensure prosperity and fertility. Clover and other three-leaved plants were once considered spring gifts from the fairies for protection and to bring good luck.

Fairies, elves and goblins will be explored as we search among the toadstools at March Break KidsCamp from Monday, March 14 to Friday, March 18. Through folklore and legends, from Canada and abroad, participants will investigate the wee folk in a variety of ways. KidsCamp is \$125 per child (members \$110), Monday to Friday 9am to 4:30pm. Individual days are \$27.50 (members \$25).

To celebrate March Break we are offering fun-filled, family-oriented activities including a special craft each day, family-friendly movies at 2pm, scavenger hunts and more. Bring the whole family! So much fun, they won't know they're learning. All activities included with admission. Craft Schedule: March 12: Incredible India; March 14: Deepest Darkest Africa; March 15: Canada's Frozen North; March 16: Hola, it's Mexico; March 17: The Luck of the Irish; March 18: Ancient Egypt; and March 19: The Fearless Vikings.

The Spring Lecture Series takes place on Tuesday afternoons at 2:30pm in the theatre. The March 22 lecture All About Brickworks, is presented by

**Dr. John Carter**; March 29 is Tread Lightly: An Archeological Tour of Grey County, by **Dr. Bill Fitzgerald**; April 5 is Old Growth Trees in the Owen Sound Area by **Bob Knapp**; and April 12 is Storm Chasing in Ontario by **David T. Chapman**. All lectures are included with admission (members free), with complimentary refreshments included.

Until April 16, the exhibit I Made It Myself: Folk Art of Grey County, features objects from Grey Roots and other County museums chosen for the stories they tell us about the people and cultures that created them. Some were brought with immigrants and settlers from "the old country." Most of the objects were created here. Whimsies, quilts, pottery, carvings, paintings, shell-work and even décor made of human hair make this never-before-seen exhibition a fascinating study of the human need to create.

Four years and more than 8,000 volunteer hours later, the diorama representing the east side of the Owen Sound Harbour circa 1910, is now the centrepiece of **Arrivals & Departures: The CPR in Grey County**, an original exhibit which also includes beautifully designed interpretive panels and rail artefacts. **M** 

### GEORGIAN BAY ART CONSERVATION

In the fall of 2011, owner and principal conservator, Amber Harwood, relocated her family and business from Kingston to Owen Sound. Currently, Georgian Bay Art Conservation (GBAC) is located just west of the downtown harbour in the historic Victoria School studios.

With years of combined experience, the conservators and preservation specialists at GBAC provide professional services to institutions, galleries, museums, art collectors and private individuals across Canada. One of their core operating principles is to make the fine art of preserving objects of artistic, historic, or personal significance accessible to smaller communities and individuals located outside large city centres. This year, in recognition of the importance of local community and accessibility, GBAC is proud to launch the Angel's Project which will provide voluntary conservation assistance for an important local collection each year.

What is art conservation? Simply put, it is the care and protec-

tion of cultural objects. Conservators examine, research, clean and repair these objects, while taking action to prevent future deterioration. At Georgian Bay Art Conservation, we offer services ranging from basic preventative interventions to complex restorations of all media – extending from personal pieces that hold sentimental value to large corporate and public collections.

Services include conservation and restoration of fine art, archival, and photographic media; archival reproduction of artwork and photographs; custom conservation picture framing and storage solutions; museum and gallery services for exhibition mounting, framing and art installation, collection surveys, and condition reports; disaster recovery for objects damaged by fire and flood; collection care and management; education and community projects. For more information please call (226) 923-2244 or email amber@georgianbayartconservation.com. **10** 





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## At the DURHAM ART GALLERY

Debbie Ebanks



Our bodies are our gardens to which our wills are gardeners. 'Tis in ourselves that we are thus or thus. - William Shakespeare, Othello

The Durham Art Gallery opened the year with two new shows: This is My Body and Rogue Goat Folk Art. In This is My Body, students from Redeemer University College in Ancaster, Ontario offer a revealing look at the corporeal traces of anxieties and concerns. Curated by Phil Irish, artist and professor at Redeemer's art department, self-portraits from 11 artists interpret the expressive potential of the figure in graphite, ink, charcoal, oil, acrylic, encaustic, photography and collage. Muted colours evoke a sense of melancholy that signal even my own vulnerability. Images of internal organs, hidden faces, torsos and limbs in impossible positions show how the will leaves its trace on bodies. Traditionbound self-portraits call to mind the ubiquitous selfies prevalent in social media. I wonder which form of mirroring is a more accurate reflection of the subject? Perhaps there is no hierarchy of truth between the impulsive selfie and the intense self-portrait. They are simply means by which to communicate different aspects of ourselves to the world.

In the Community Gallery, Josh and Allison Hill, a.k.a. Rogue Goat, reproduce the romantic scenes of the topography and geology of places they have encountered. The enchanting compositions of blue moonlit skies, stark trees and lively contours of sawn wood create a dynamic flow within and between the works. The trees approach a body-like presence, as if they are negotiating their will onto the land by carving roots into the ground. I am reminded of my own body's connection to the earth.

With these two exhibitions, we are confronted with the question of what our relationship is to our bodies and surroundings and, most importantly, how our will manifests in both. Indeed, we are thus or thus. Both shows end Sunday, March 20. Other events not to be missed: Lynn Hershman Leeson's WAR – Women Art Revolution, an entertaining and revelatory documentary about the history of feminist art (Tuesday, March 8 at 7pm, Garafraxa Café in Durham); an afternoon of music at the Gallery with the Jim Kinnear Jazz Trio on Sunday, March 13th at 2pm; and book now for a Watercolour Getaway in Creemore, April 2-3. Further information can be found at www.durhamart.on.ca/events.php.

Located at 251 George Street East, Durham Art Gallery hours are Tuesday to Friday from 10 to 5; Saturday, Sunday and holidays from 1 to 4. For more information contact the Gallery at 519-369-3692 or info@durhamart.on.ca.  $\Omega$ 

## Calling All Emerging Artists



Tell, there is no rest for the wicked here at the Southampton Art Gallery. After a busy and fruitful year, 2015 came to a dizzying head with an expansion, renovation and major Christmas event. We paused to take a breath for a week or two in January, but have jumped right back into the hustle and bustle of events planning, visiting exhibitions, marketing strategies, launching a new website, etcetera, etcetera.

Our first major event for 2016 is just around the corner: The 14th Annual Feast for the Eyes – Juried Art Show for Emerging Artists is an excellent opportunity for

budding artists working in all mediums to get some professional, constructive feedback on their work, plus the chance of having their masterpiece(s) hung at the Southampton Art Gallery for five weeks this spring. There are a number of cash awards to be won too. Submissions for Feast for the Eyes are being accepted until March 26. Please go to www. southamptonartgallery.com for submission forms and other news and events happening at the Southampton Arts Centre. This year's esteemed jurors are Lin Souliere - CSPWC, Artist and Director Santa Fe Gallery; and Peter John Reid - renowned landscape painter

and art instructor. The Opening and Awards Ceremony will be held on April 1 from 7-9; all are very welcome.

Next time you're planning a day trip, consider Southampton. You'll find terrific shopping, a number of unique cafes and restaurants, the Bruce County Museum and Cultural Centre and, of course, the Southampton Art Gallery. Our 3000-square-foot gallery represents over 40 local artists and artisans working in many different mediums. Check out our new entrance on High Street.

April Patry is the Gallery Director of The Southampton Arts Centre



#### **GREY SAUBLE CONSERVATION FOUNDATION**

is looking for Board members and volunteers to sit on Board committees.

Please email interest to foundation@greysauble.on.ca or call 519-376-3076.

#### Spread the love of reading around.



WE NEED volunteer tutors and drama workshop helpers for school-aged children all over the area. If you are a patient, flexible individual who enjoys reading or math and can commit an hour a week, we'd like to hear from you. Training provided.

(Drama workshops are eligible for high school community hours for teen volunteers 14+.)

For info contact Kimm at 519.364.0008 info@sgbyouthliteracy.com

## QUAYSIDE CHRONICLES



**STEP 1:** go outside. You've heard it before and you'll likely hear it again. From the absolutely new perspective of first time snowbirds, it's an incredible phenomenon. Birds migrate - in fact I'm sure I've seen the same Piping Plovers down here on the Florida Panhandle that I saw at Sauble Beach last spring - so why shouldn't we?

Every time we seek some beach therapy on this long spit of land called Cape Sans Blas, I am stung with the link between being human and the power of nature in this place. I've been missing the profound sense of humility and wonder that this experience can instill. Is it possible that the daily pattern of living can distance us from this magic?

This is a time for hitting the refresh button of our lives. It's like the sensation of doing something again for the very first time. No deadlines or have-to's...only the luxury of fulfilling desire...and in this place of such natural beauty, I am in awe. So in this context, Step 2 could be: eat a cache of local food and Step 3: phone Dorothy and thank her for reminding us that there's no place like home!

Time away is the mirror of reflection we need to appreciate what we have. The purpose of this hiatus has been to do just that. Yes, but the party will end and we will be returning home at some point. Thank goodness technology keeps us in the loop, when the wind isn't knocking out the internet.

One of our first tasks down here was

to search out the local Farmers' Market in Appalachicola, a great source for local. The highlight has definitely been citrus. Grapefruit the size of beach balls! Who needs cauliflower when you can live off vitamin C?

Biscuits are a big deal down here. So, you might ask, what could be better than a hot-out-of-the-oven biscuit with some fresh grapefruit compote? Well I'll tell you. All you have to do is walk down the main street of Appachi (as the locals refer to it) and breathe in the unmistakable aroma of rosemary. It's everywhere. In full bloom. Perfection.

So in a small pot combine 1 cup sugar (bonus points if you infuse it with a vanilla bean first), 1/2 cup water, 3 Tbs honey and as much rosemary as your over-wintered rosemary plants can spare. Bring to a boil and reduce for at least five minutes. Let cool and prepare your grapefruits by sectioning them away from the skin. Then remove the rosemary sprigs and pour the syrup over the fruit. You'll want to serve the biscuits in a shallow bowl so you can scoop up all this goodness. You can also heighten the rosemary effect by adding some of it minced to your biscuit mix. Inhale deeply, this spirit of the south, and know that spring is just around the corner (nothing personal Willie).

Speaking of which, this spring marks a turning point as we transition from Market-Side Cafe to OuavSide Landing B&B and Catering on the north shore of Colpoy's Bay. We are delighted to announce that during

the Easter Weekend we will be having our Open House at QuaySide Landing. It's time to share what we have been up to and offer you a wee taste of our new venture.

Mmmmmm, I can smell the fresh biscuits already. We will be open Saturday, March 26, through Monday, March 28, from 11am to 3pm. Our address is 220 Bruce Rd. 9, South Bruce Peninsula. Take the County Road 9 turn-off north of Wiarton. Head down Spragge's Hill and along the water's edge. When you see the dock, errr, I mean quay, slow down, we are on the left. You can't miss the yellow brick house. We are looking forward to welcoming you and your friends during this time.

You know we all receive inspiration from different sources. It's what keeps us fuelled. This winter I have been super stoked by something Larisa Yurkiw said in a recent interview: "I'll continue to work hard because that's one of the things I can control." It's true; so much of what we are dealt in life is beyond our ability to influence or control. The one truth is that we have the opportunity to give whatever it is we are doing, our absolute all, at that moment. Bravo, Larisa. You are not only reaching your own goals and shredding the ski slopes, but you are an inspiration for so many others along the way. Hometown heroine. One step at a time, even if the first step is on a sunny southern beach in the middle of a Canadian winter.

Eet smakelijk! n

## EAT, DRINK, AND SAVOUR OWEN SOUND!\_\_\_

Paulette Peirol

**¬** njoy a three-course meal at eleven local d participating restaurants from now until ■ March 13 with a wide range of tempting appetizers, entrees and desserts for a special price. The choices range from authentic Mexican cuisine at Casero Kitchen Table (see what their cooks have brought back from their recent trip there) to Creole cooking at the Avalon Jazz Lounge and flavourful tastes of India at The Curry House. Savour handmade fettuccini with woodland mushrooms at the Sweetwater Restaurant at Cobble Beach, mussels and chicken Kiev at Norma Jean's, beef souvlaki at Shorty's Grill, home-made turkey pot pie at Elsie's Diner, Vienna schnitzel at Villa Nina Bistro,

duck ragout lasagna at Jazzmyn's or a New York strip loin steak at Nathaniel's. Full menus available at www.owensound.ca/savour-owensound.

While you're out dining, enter our draw for one of three Savour Owen Sound gift baskets filled with local goodies and Owen Sound swag! Sponsors include the Downtown Improvement Area, Frog Ponds Cafe, the Owen Sound Farmers' Market, Coffin Ridge Winery, Kilannan Beer, Heritage Place Shopping Centre, Grey County Tourism and more.

Dine once, dine often, try something new! Savour all that Owen Sound has to offer this



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#### COMMUNITY WATERFRONT HERITAGE CENTRE:

## Celebrate Our Story



2015 was a big year for the Community Waterfront Heritage Centre. We became a registered charity, acquired and began restoration of CN buffet coach #4884, and hosted several successful events. The public support continues as community members donate their time, money, family heirlooms, knowledge and passion. The City of Owen Sound is supportive of CWHC and together we have forged a positive working partnership, that includes CWHC gaining custodianship of all of the heritage train station along with the responsibilities of dispensing tourist information to visitors in the summer season.

Through the hard work and dedication of our volunteers and staff, the Community Waterfront Heritage Centre has become a vibrant, active part of the neighbourhood, with a strong organization at its core, dedicated to the long term sustainability of the museum and the development of Owen Sound's waterfront as a

cultural attraction. CWHC's efforts were recognized in late February 2016 with the Lieutenant Governor's Ontario Heritage Award for Excellence in Conservation. This prestigious award recognizes exemplary contributions to heritage conservation.

Everyone is invited to attend CWHC's Annual General Meeting happening on Tuesday April 26, at 7pm, at the Owen Sound Legion. The evening will celebrate "The History of the Port of Owen Sound," with a special presentation by noted local author, Richard Thomas.

The Community Waterfront Heritage Centre celebrates and preserves Owen Sound's heritage on the waterfront: the marine, rail and industrial history of the City and surrounding communities. For more details visit www.marineandrail.ca, like us on FaceBook, call (519-371-3333 or email info@heritagecentre.ca. CWHC is located at 1155 1st Avenue West, Owen Sound and is open daily from Victoria Day to Thanksgiving, or by appointment. **1** 

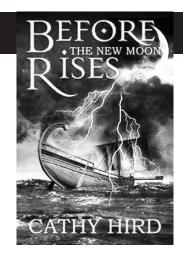
#### **NEW BOOK:**

#### BEFORE THE NEW MOON RISES BY CATHY HIRD

ention Greece and images of blue water, islands and cities with the ruins of marble temples come to mind. Remember Ancient Greece and it is the stories of Olympian gods and goddesses that stir. But back in the era Homer wrote about, the Olympians and the cities were young. An older goddess tradition existed in that society, which was dependent on agriculture. In the stories of local author Cathy Hird, the underlying tension comes from the clash of ideologies represented by an earth goddess and the Olympians.

One of the standard story lines of Greek mythology is the kidnap of a princess. In her first novel Moon of the Goddess, Hird re-worked this trope in a way which gave

agency to the princess. Her rescue avoided the kind of ten-year war Homer described. Poseidon was the driving force behind this kidnap; he was furious when his plans were defeated. In the sequel, Before the New Moon Rises, his revenge strikes like forked lightning. Instead of enjoying a well-earned peace, the prince and princess must uncover his plots and find a way to defeat them. New allies are discovered but, at the same time, divisions appear among the Olympians. Artemis and Apollo get involved, among others, as the ambition of Poseidon threatens the whole of Greece. Beginning in the valley of ancient Ephyra near the island of Corfu, Before the New Moon Rises takes the reader on a fast-paced adventure across the mountains



and waters of Greece.

You are invited to attend the launch of Before the New Moon Rises at The Ginger Press at 2:00pm on Saturday March 12. Author Cathy Hird will read from her new book and talk about the research and writing process. Everyone is welcome. Autographed copies (\$25) can be reserved at 376-4233. **1** 

## WHAT'S ON AT Santa Fe Gallery

Lin Souliere

7 pring has arrived and the art at Santa Fe Gallery is changing too. A group exhibit will open late March and area artists interested in taking part should contact me at the gallery or linsouliere@gmail.com. There is no theme for this show but lots of colour to welcome spring would be great.

Mudtown Art Supply has closed within the building to make room for more solar business, but the sale of art supplies will continue out of my studio Dragonfly Ridge. If you want anything, it can be picked up at Santa Fe gallery; just let me know ahead of time. The new number is (519) 270-8717. We can also special order items for you if needed. Artists still get a discount too.

Located at 828 3rd Avenue East, Santa Fe Gallery is open Tuesday to Friday, 10:00 to 4:00, Saturday 9:00am to noon. Enter through the Grassroots Solar main door. **1** 

# GREY BRUCE Youth Film Festival



Nadia Danyluk

e want your films for the 2016 Grey Bruce Youth Film Festival! With the submission deadline of April 1 coming up fast, I am eagerly awaiting a new crop of films. This is the seventh year the Library has organized a youth film festival. The films never fail to entertain and, over the years, there have been a few gems that really stick with me: a music video about taco shells in a Hanover park; a giant Claymation slug terrorizing Owen Sound; a high speed car chase complete with explosions on the country roads around Wiarton; and a Kincardine bank heist musical, to name a few.

Students in grades 7-12 can submit short liveaction or animated films to be included in the festival screening at the Owen Sound Galaxy Cinema on Wednesday, April 27, and a chance to win cash prizes. In addition, some of the films submitted to the 2016 Grey Bruce Youth Film Festival will be selected to screen at both the Meaford International Film Festival and the Scenic City Film Festival.

Interested teens can pick up an application

form from any public library in Grey or Bruce or download one from the Owen Sound & North Grey Union Public Library's website: www.owensound. library.on.ca. Deadline for submissions is Friday, April 1, 2016. Winners are selected by a panel of judges and will be announced after the screening on April 27.

The 2016 Grev Bruce Youth Film Festival is organized by the Owen Sound & North Grey Union Public Library, with the participation and sponsorship of Galaxy Cinemas, the United Way of Bruce Grey, Richard Thomas Communications, Wightman Telecom, Bruce Telecom, the Meaford International Film Festival, Bruce County Public Library, Grev Highlands Public Library, Hanover Public Library, Meaford Public Library and West Grey Public Library. For more information, contact ndanyluk@ owensound.library.on.ca or call (519) 376-6623 ext.

Nadia Danyluk is the Youth Services Librarian at the Owen Sound & North Grey Union Public Library.



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