

# Monday 4.25.16 - Sunday 5.1.16



## Monday

**Breakfast-** Blueberry Pancake (v) Home Fries (VE), Scramble Eggs (V), Egg Whites on Request (V)

**Soup-** Vegetable Noodle Soup (V)

**Pasta Station Lunch** – Penn with Herbs, Tomatoes and Peas (VE), **Dinner** – Vegan Chili (VE)

**Lunch-** Roasted Chickpeas Pita Sandwich (VE), with Arugula and Tomatoes (VE), Lime Tzatziki (V), Quinoa Asparagus cakes (V), Sweet Potato fries (VE), Braised Napa cabbage (VE)

**Dinner-** Vegan Chicken Fajitas (VE), with Tomato Salsa (VE), Sour Cream and Cheese (V), Chipotle Grilled Tofu (VE), Spanish Rice (VE), Wilted Spinach (VE) Steamed Corn (VE)

## Tuesday

**Breakfast-** Egg Sandwich with Fried egg & Cheese (V) Yukon Potatoes Home Fries (VE), Scramble Eggs (V), Egg Whites on Request (V)

**Soup-** Indian Sweet Potato & Lentil Soup (VE)

**Pasta Station Lunch** – Cheese Tortellini with Fresh Vegetables & Pesto (V), **Dinner** – Chickpeas Curry (VE)

**Lunch-** Baked Sesame Tofu (VE), Southwest Vegan Chicken (V), Steamed Rice (VE), Wilted Kale (VE), Roasted Cauliflower (VE)

**Dinner-** Indian Vegetable Curry (VE), with Naan Bread (V), Seitan Makhani (VE), Indian Vegetable Rice (VE), Indian Cauliflower (VE)

## Wednesday

**Breakfast-** Breakfast Burrito with Toppings (V) Potato Tots (VE), Scramble Eggs (V), Egg Whites on Request (V)

**Soup-** Vegan Tomato (VE)

**Pasta Station Lunch** – Pasta with Blue Cheese & Walnuts (V), **Dinner** – Mexican Corn Casserole (V)

**Lunch-** Southwest Tofu with Tomatillo Pico de Gallo (VE), Grilled Falafel Burger (V), Baked Sweet Potato (VE), Wilted Spinach (VE), Corn (VE)

**Dinner-** Grilled Tofu (VE), Vegan Chicken Tostadas (VE), with Tostadas (VE), Black beans (VE), Lettuce, Tomatoes (VE) Cheddar Cheese (V), Roasted Brussels Sprouts (VE), steamed Cauliflower (VE)

## Thursday

**Breakfast-** Greek Omelet (V) Breakfast Potato (VE), Veggie Bacon (V) Scramble Eggs (V), Egg Whites on Request (V)

**Soup-** Vegetarian Sausage Soup (V)

**Pasta Station Lunch** – Pasta Fagioli with Escarole (VE), **Dinner** – Green bean Casserole (V)

**Lunch-** Fresh House Made Pasta (VE), Accompanied by Roasted peppers (VE) Crispy Tofu (V), Steamed Broccoli (VE) Roasted Corn (VE), Eggplant Meatballs (V), House Made Marinara Sauce (VE) House Made Pesto Sauce (V) House Made Alfredo Sauce (V) Garlic Bread (VE) **Gluten Free Pasta Available Upon Request (VE)**

**Dinner-** Baked Penne with Sausage (V), Creole Tofu (VE), Basmati Rice (VE), Steamed Carrots (VE), Roasted Carrots (VE)

## Friday

**Breakfast-** Fried Egg (V) Red Bliss Home Fries (VE), Veggie Sausage Patties (V) Scramble Eggs (V), Egg Whites on Request (V)

**Soup-** Mexican Tomato Bean (VE)

**Pasta Station Lunch-** Rice Noodles (VE), **Dinner** – Lasagna Rolls (V)

**Lunch-** Seitan Stir Fry with Black Bean Garlic Sauce (VE), Vegetarian Eggrolls (V), Wilted Kale (VE), Jasmine Rice (VE)

**Dinner-** Roasted vegetable Burrito (VE), Bean and Cheese Burrito (V), Spanish Rice (VE), Roasted Onion, Sweet Peppers and Mushroom (VE), Burger Crumble (VE)

## Saturday

**Brunch-** French Toast (V), Potato Tots (VE), Boiled Eggs (V), Scramble Eggs (V), Egg Whites on Request (V), Vegan Nuggets (V) with Honey mustard (V), and BBQ Sauce (VE), & Broccoli & Cauliflower (VE)

**Soup-** Potato & Spinach Soup (V)

**Pasta Station Brunch** – White Bean with broccoli Rabe and lemon (V), **Dinner** – Fresh Pasta (VE), with Tomato Basil Cream Sauce (V)

**Dinner-** Buffalo Vegetable Pizza (V), Vegan Pizza (VE), Cheese Pizza (V), House made Fresh French Fries (VE), Broccoli (VE)

**Full Nacho Bar Starts @ 3:00**

## Sunday

**Brunch-** Cinnamon Apple Pancake (V), Hash Brown Potatoes (VE), Boiled Eggs (V), Scramble Eggs (V), Egg Whites on Request (V), Broccoli-Mushroom Quiche (V) Vegetable Sausage Patties (V), and Roasted Asparagus (VE)

**Soup-** Vegan Coconut Lime Soup (VE)

**Pasta Station Brunch-** Spinach & Feta Pasta (V), **Dinner-** Lentil & Spinach Stew (VE)

**Dinner-** Lemon Garlic Tofu (VE), Vegan Nuggets (VE), Mexican Quinoa (VE), Balsamic Glazed Carrots

**Full Ice Cream Sunday Bar Starts @ 3:00**

