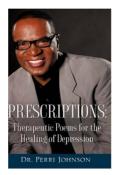
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PRESCRIPTIONS: THERAPEUTIC POEMS FOR THE HEALING OF DEPRESSION (HARDBACK)



Xulon Press, United States, 2008. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Prescriptions is a self-help book which combines poems to help heal depression with a discussion of the causes of depression and how to overcome it. It can be read straight through to gain a broad-based understanding of treating depression or readers can select poems with specific therapeutic qualities. It is written for those who are or have been depressed in reaction

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- Authored by Perri Johnson
- Released at 2008



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Reviews

This publication is definitely not straightforward to begin on looking at but quite fun to see. It really is loaded with wisdom and knowledge You will not really feel monotony at anytime of your own time (that's what catalogs are for relating to should you check with me).

-- Twila Gutkowski

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