### **PICKINGS**

RED LENTILS	
Curried sweet potato, agave, flat bread	
UHOME FRITES	
curly fries, truffle oil, parmesan and parsley	
UBUFFALO CAULIFLOWER WINGS	
crispy cauliflower, rum runner hot sauce, vegan bleu	
cheese, celery slaw	
CHARCUTERIE PLATE	
Assortment of cured meats, La Bella Duck Prosciutto,	
Soppressata, Pickled Beets	
WALDORF FLATBREAD	
Arugula, Pear, Candied Walnuts, Balsamic Glaze	
BAD BAO	
Sweet spicy chili chicken, pineapple, pickled jalapeño,	
ginger sriracha aioli, scallions, steam buns	

NO CORKAGE FEE: Wednesday Nights

### ENTRÉES

FLOUR CITY PASTA	18
Heirloom tomatoes, caramelized onions, shiitake mushrooms, in basil balsamic pesto sauce	
SWEET POTATO STEAKS	18
Spicy sweet potatoes, smoked baby carrots, maple beet puree, chopped walnuts	
COWBOY STEAK	
32 oz tomahawk ribeye, garlic parsley butter, mushrooms, fingerling potatoes	
BIG BEN	28
Southern style buttermilk fried chicken, with a side of cole slaw and bourbon molasses BBQ sauce	
SQUID INK SCAMPI	22
Cherry tomatoes, muscles, shrimp in marsala sauce with squid ink pasta	
STREET TACOS	I2
Pick 3: Pollo, Al Pastor, Asada, Chorizo, Pescado, Lengua, Vegetariano	
SICILIAN PIZZA	ış
Coppa, carmalized onions, fontina, sage, thyme	
MARGHERITA PIZZA	18
San marzano tomato, buffalo milk mozarella, basil	
GREENS	

#### SEASONAL HARVEST SALAD 12

Mix of bib and arugula lettuce, delicata squash, pumpkin seeds, feta cheese, tossed in cranberry lemon vinagrette

#### KALE SALAD 12

Chopped kale, broccoli, walnuts, apples, grapes, aged cheddar, with house made ranch dressing

# WEXICAN GRAIN BOWL 12

Red jasmine rice, black beans, corn, sweet tiger sauce salsa, lime and avacado dressing, on a bed of spinach

## VHOUSE SALAD 12

Bed of mixed greens, locally sourced & organic seasonal veggies, your choice of dressing

vegan options. Substituions also available.

Inform your server of any allergies.

CHIPOLTE CHICKEN SANDWICH  Grilled blackened chicken, roasted red peppers, onion,	Ις
chipolte mayo on a soft roll	
BACON BURGER	18
Grassfed beef, pepperjack cheese, onion, applewood	
smoked bacon on kasier roll	
VEGGIE BURGER	13
Beet and chickpea patty loaded with fresh veggies, topped	^)
with sriracha rasperry jam on a multigrain roll	

# **SWEETS** ICE CREAM Eat me Ice Cream: Lilac, Basil, or Pumpkin CARROT CAKE Cheesey Eddy's four layer carrot cake APPLE CRUMBLE PIE From Scratch Bakeshop, with vanilla ice cream UGOURMET COOKIE House made vegan chocolate chip chunk cookie BAKED ALASKA A classic, firey favorite

280 N. UNION ST, ROC NY TUES — SUN \* 5PM - 2AM585.924.9599