



ARTICLE: Mental Health Problems Worsen with cosmetic surgery ABSTRACT: Plastic surgery does little to alleviate mental health problems. In some cases, the new look even worsens symptoms of depression and anxiety. Girls who undergo cosmetic surgery are also more likely to have sustained injury from cutting themselves. That is the conclusion in a new study by Tilmann von Soest and colleagues at Norwegian Social Research, who looked at younger women's mental health before and after plastic surgery. They found that girls who decide to undergo cosmetic surgery are on average more depressed and anxious than those who do not. They are also more prone to self-harm and suicide.